

Catch the Wave

Mr. Tan 87



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Scottie Fever ... Catch The Wave

Tartan 1987

Helix High School

7323 University Avenue

La Mesa, CA 92041







Helix



High





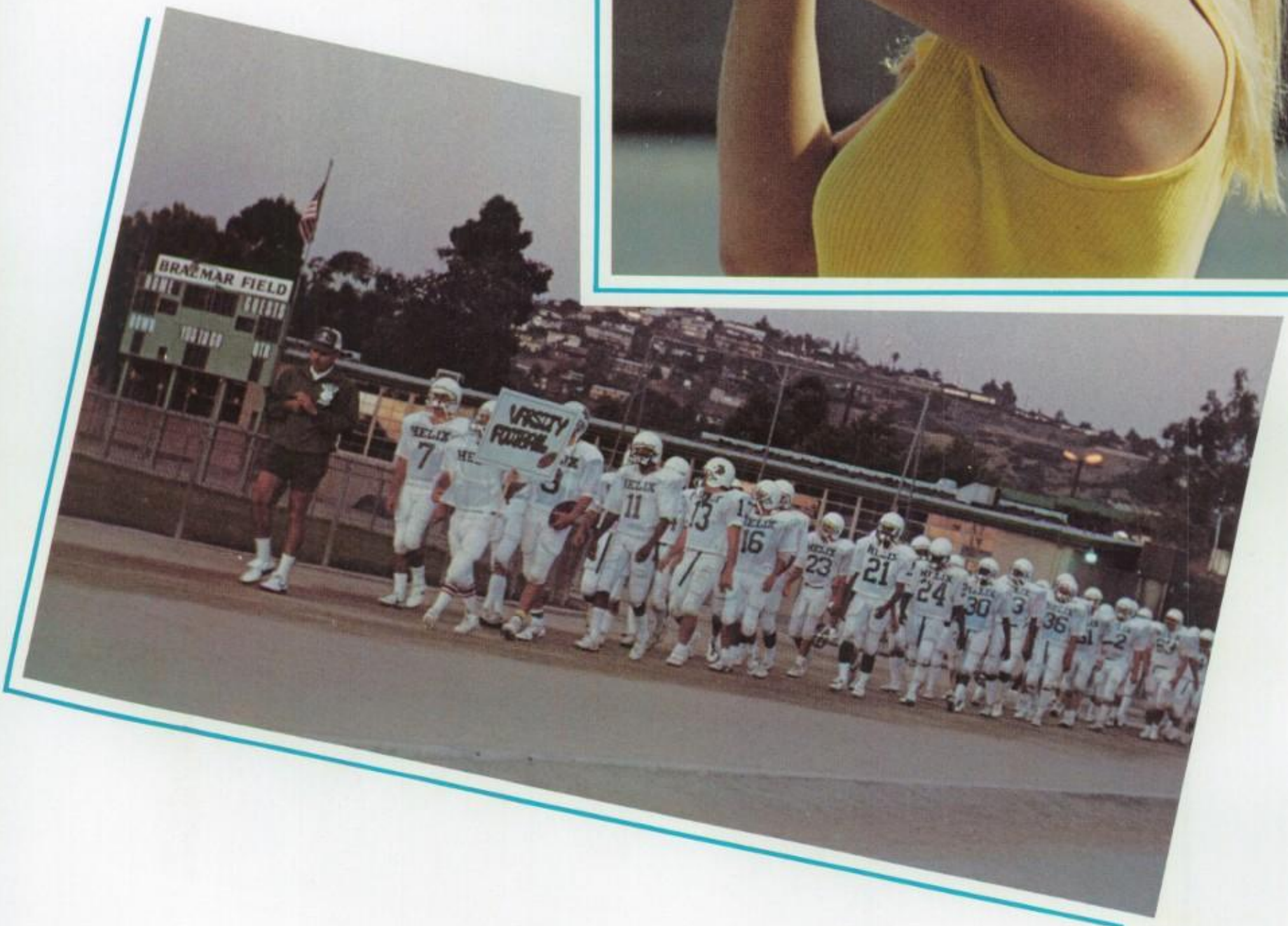
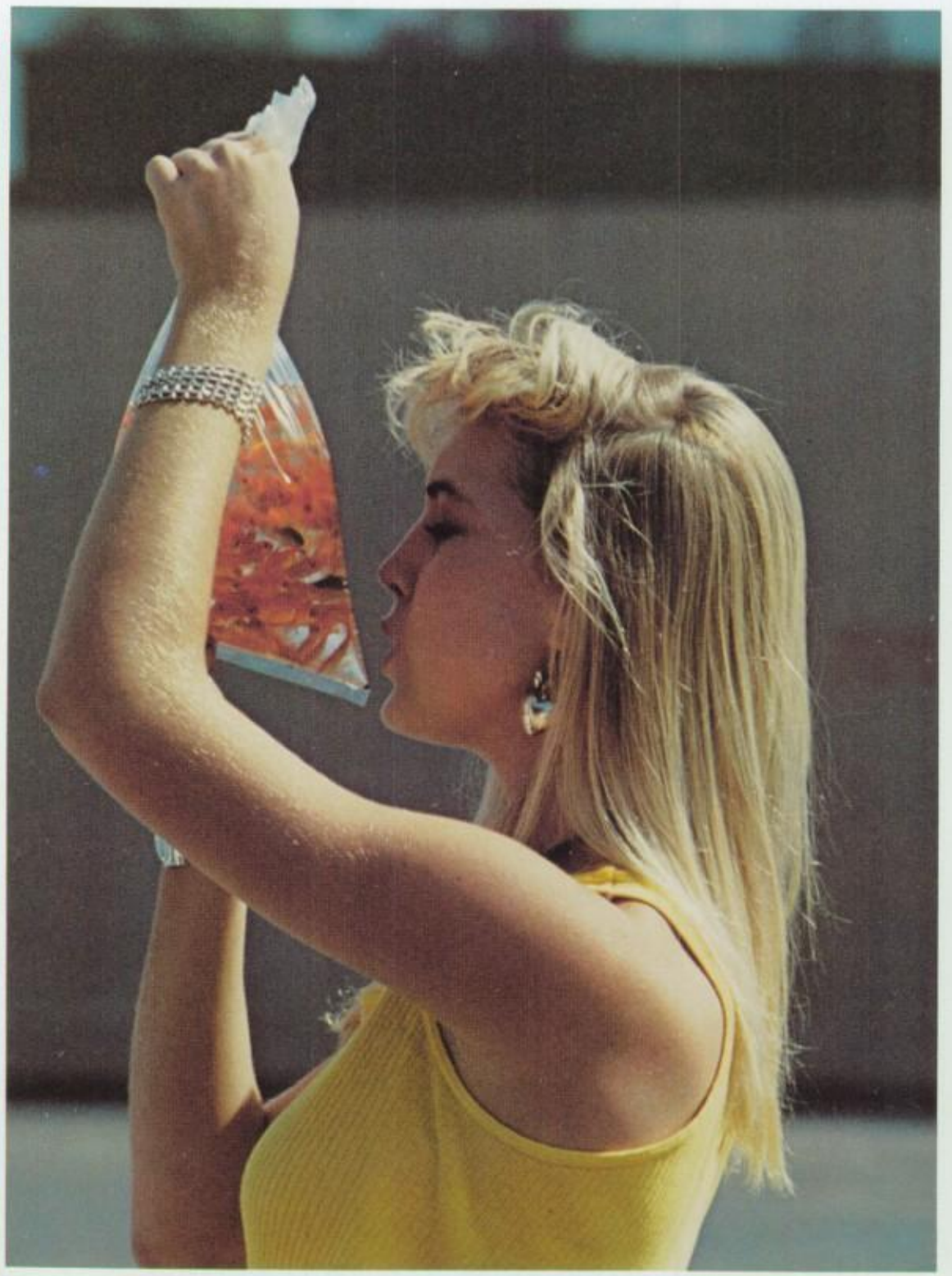




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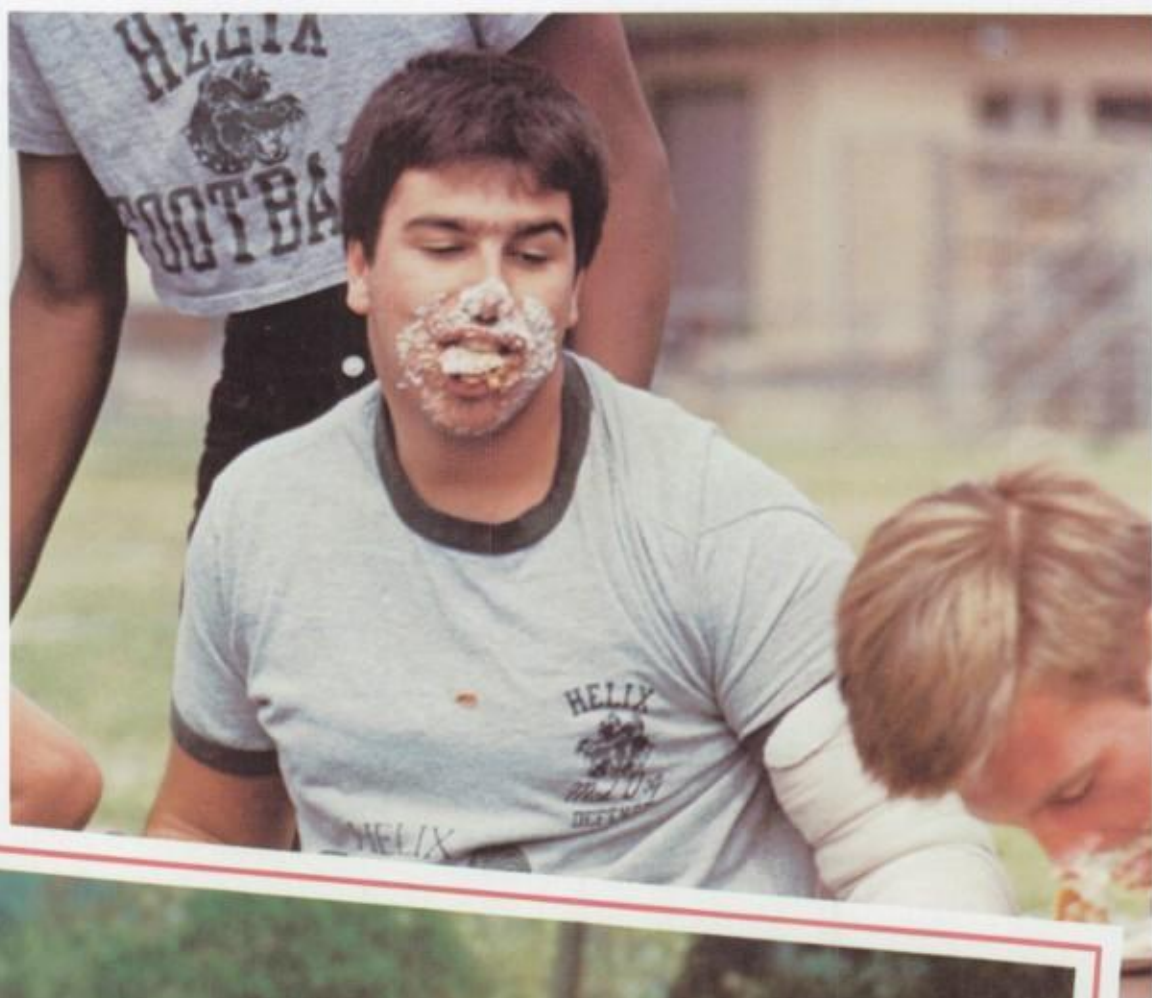




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Student Life

Student Life

Student Life

Student Life

Student Life

Student Life





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Kristin Shamordola

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Andy Mounts  
Amber Allgaier  
Steve Bridge  
Marisa Cimmarrusti  
Courtney Mills

*Senior Section*  
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Donna Allsing  
Loan Nguyen  
Brett Soliday



# Catches The Wave



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 Neda Moshtaghi  
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 Beth Weiss (Assistant)

Adviser: Mr. Ron Ray



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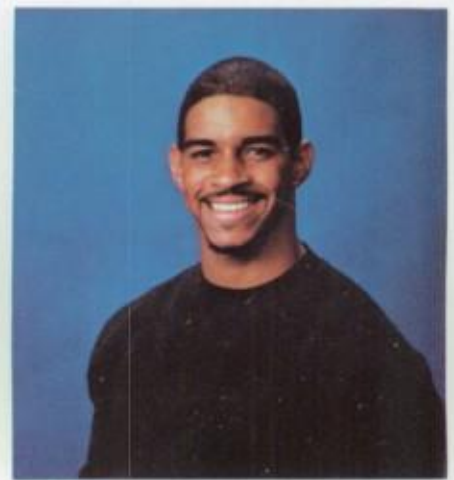
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Derek Lobbins  
A.S.B. Treasurer



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Jr. Vice  
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Lesa Fisher  
Special Events



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Beth Lydy  
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Public Relations



Andy Seales\*  
Academics



Heather Swaney  
Assist. at Large



Beth Weiss\*  
Leadership Dev.



Christina  
Worthington\*  
Spirit



Keith Wozniak\*  
Concessions



Ilana Zuckerman\*  
Publicity



Don Bonney  
Advisor

\*Commissioner



# Varsity Cheer



Carrying the wave of spirit throughout the year, Varsity Cheer promoted school spirit and team support by leading cheers and chants as well as performing stunts at sports events and pep rallies. They also carried this spirit to cheer

competitions, representing Helix at the Grossmont League Cheer Competition, the Pacific Coast Talent Cheer Competition, Magic Mountain Cheer Competition, and the Skyline Wesleyan Cheer Competition.



Laurie Hazel, Captain



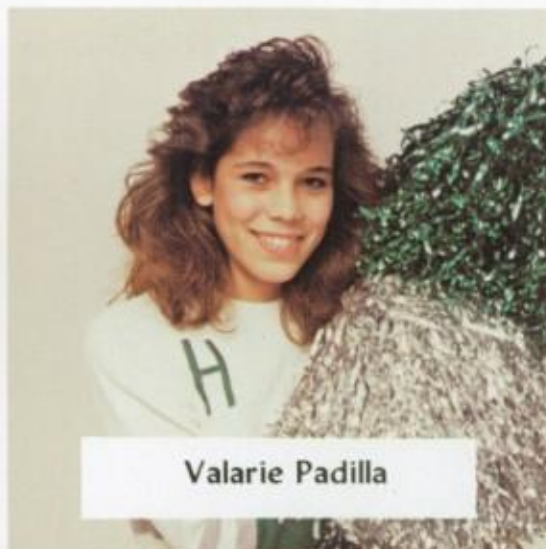
Melissa Learn, Co-Capt.



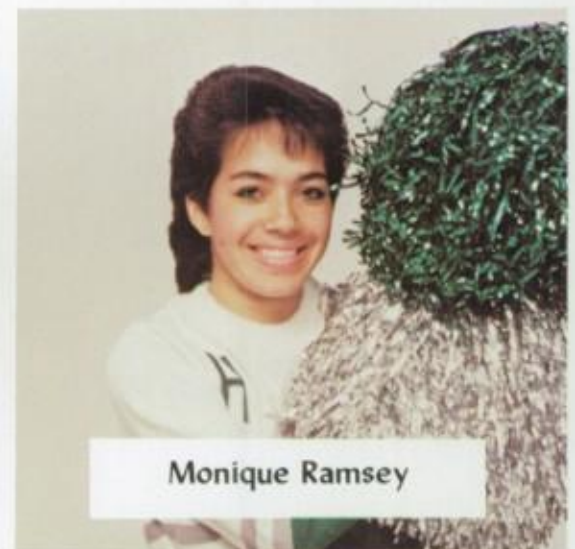
Stacey Hernandez



Monica Orozco



Valarie Padilla



Monique Ramsey





Tricia Barnett



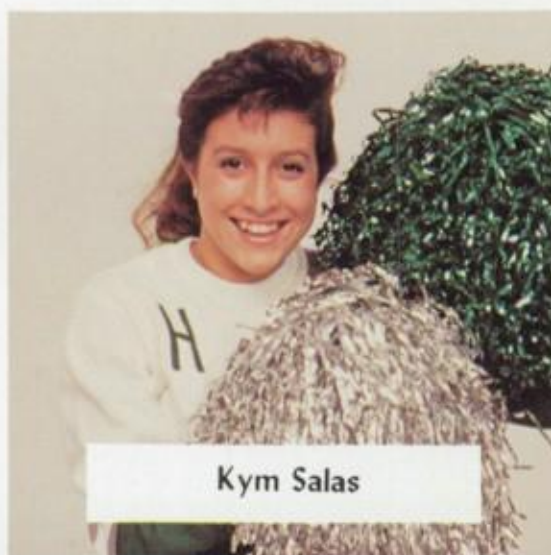
Katrina Clayton



TaLonda Cossingham



Viki Perez



Kym Salas



Meilanie Virola



# JV Cheer

This year's JV Cheer carried the wave of spirit throughout the year. They put in hours of hard work supporting our athletic teams. They attended cheer camp as SDSU and participated in the Grossmont League Cheer Competition.



Kim Simmons, Jody Flowers (Captain)



Nicole Katzenmeyer, Kristen Gatley

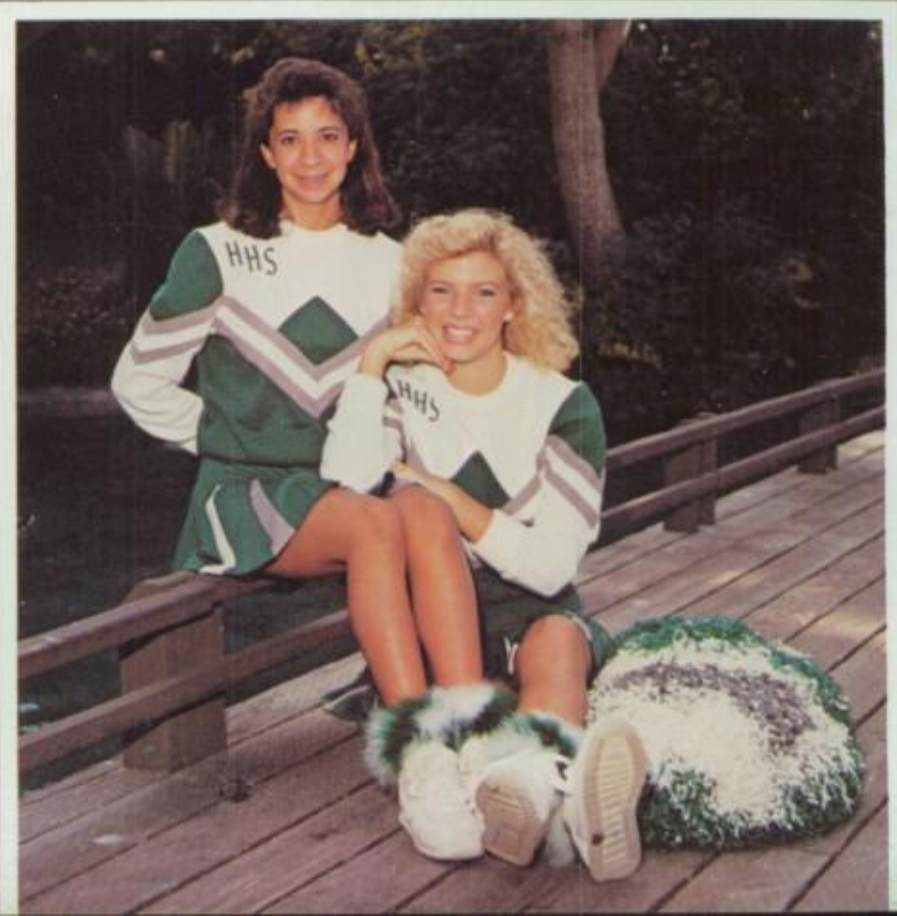


Debbie Storm, Lori Black



Linda Kinnard (Co-Captain), Lisa Del Gatto

Dina Serrano, Michelle Adamonis









# Mardi Gras Celebration

Mardi Gras Homecoming '86 attracted a roaring crowd of 25,000 to Helix' Braemar Stadium. Enthusiastic fans cheered on the Scots to a 257-3 victory over the Granite Hills Eagles. (We're lying. Helix defeated the Eagles 14-7 before a crowded stadium.) The National Anthem was performed by Whitney Houston and halftime entertainment featured Max Headroom, Eddie Murphy, and the Solid Gold Dancers. (Again, we're lying. Twenty-five hundred balloons were released as the 1986 King and Queen were announced.)

The after-game dance was a big hit, with catering by Carlos Murphy's and a three-hour performance by Oingo Boingo. (More lies! There was a pre-game Food Fair, and the dance was DJed by Mid-City Productions.)

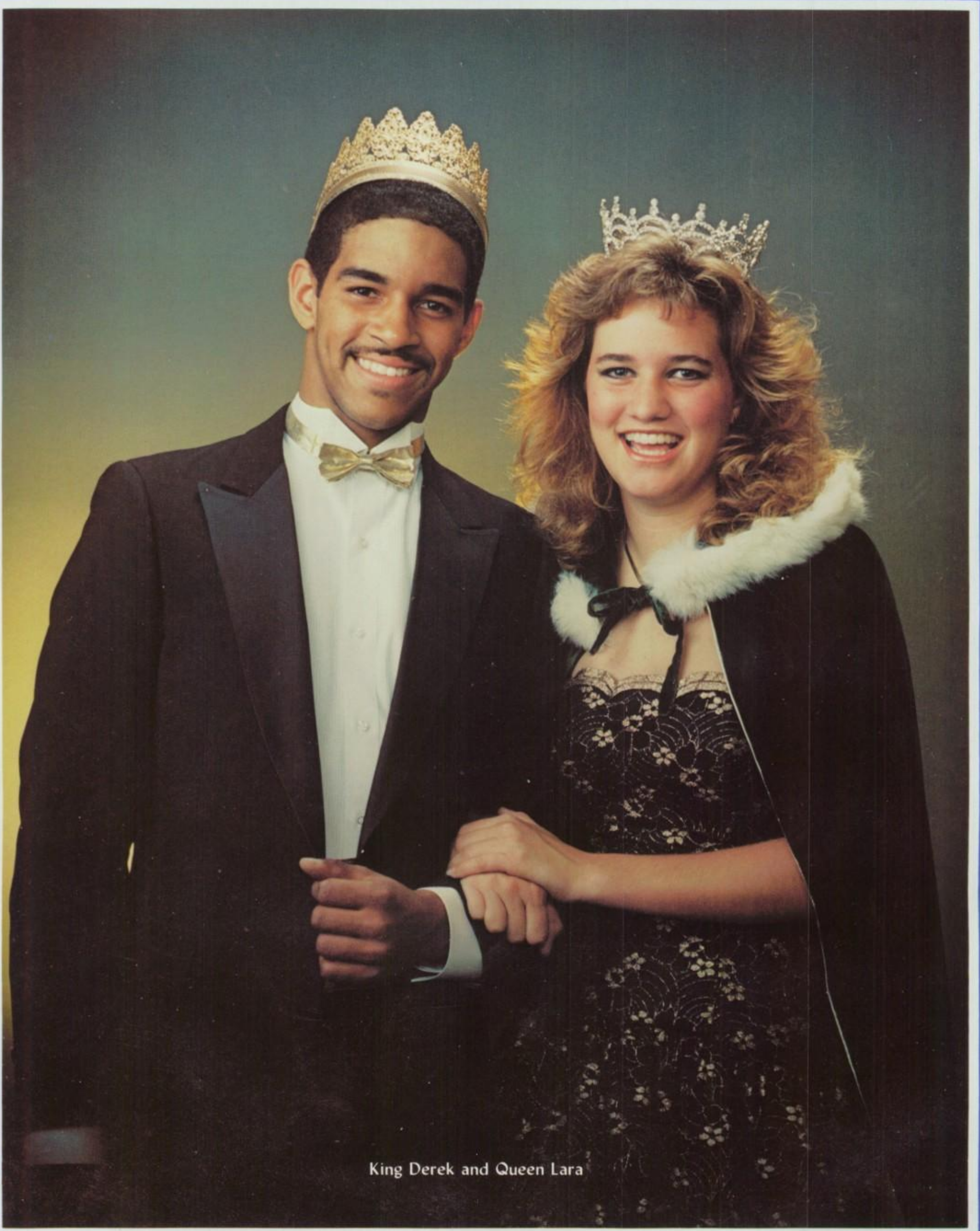








# Homecoming Court '86

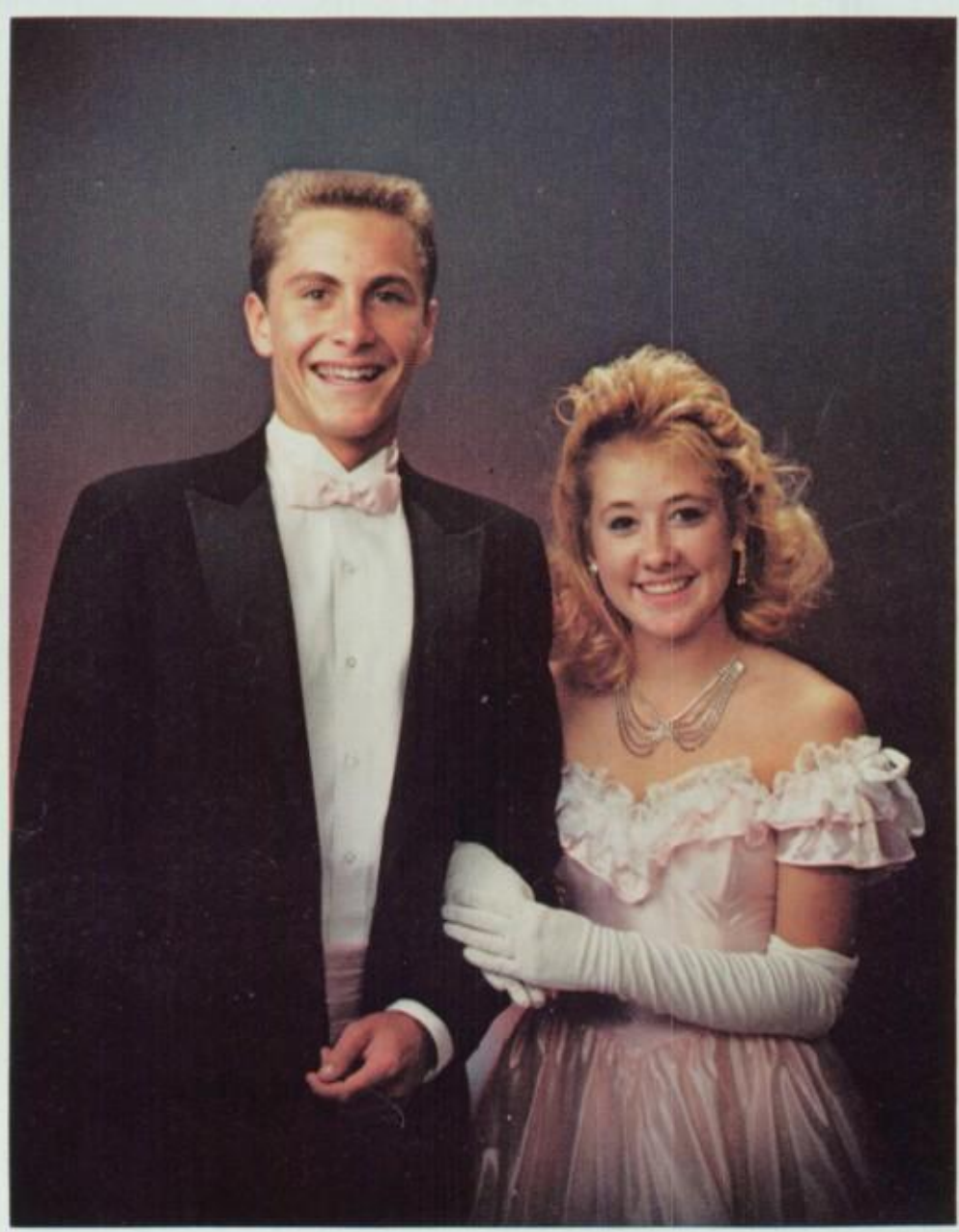


King Derek and Queen Lara

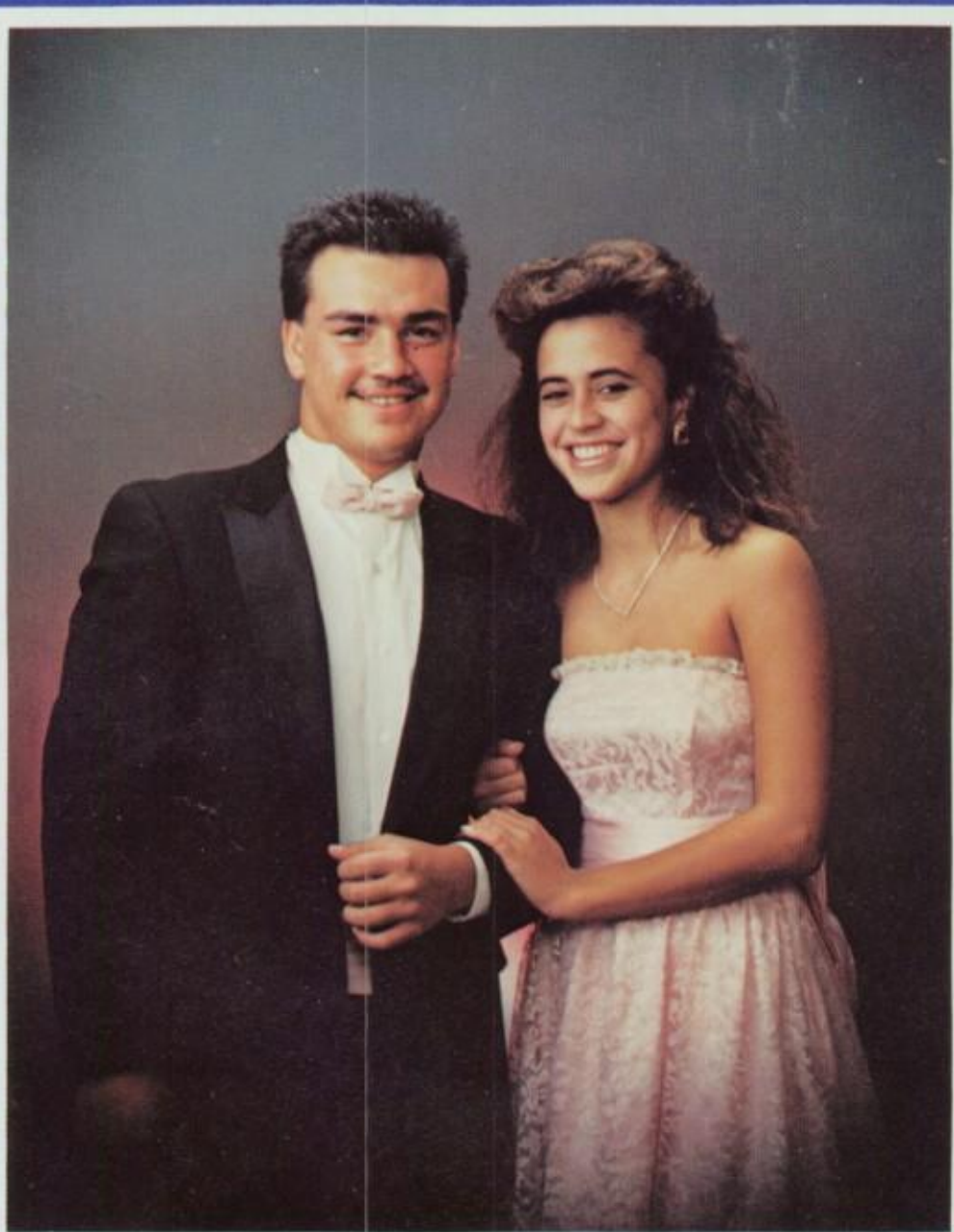




Prince Jim Ehlers and Princess Loan Nguyen



Prince Todd Sleet and Princess Laurie Hazel



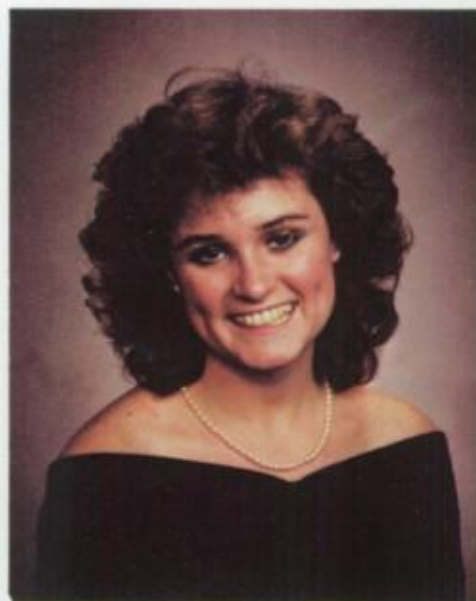
Prince John Joralemon and Princess Stacey Hernandez



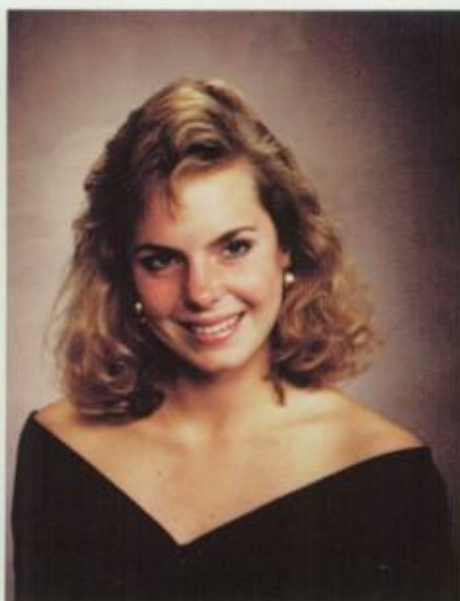
Prince Kerry Barr and Princess Aurora Perez



# Highland League



Kathleen Quinn, Pres.



Linda Hodge, V.P.



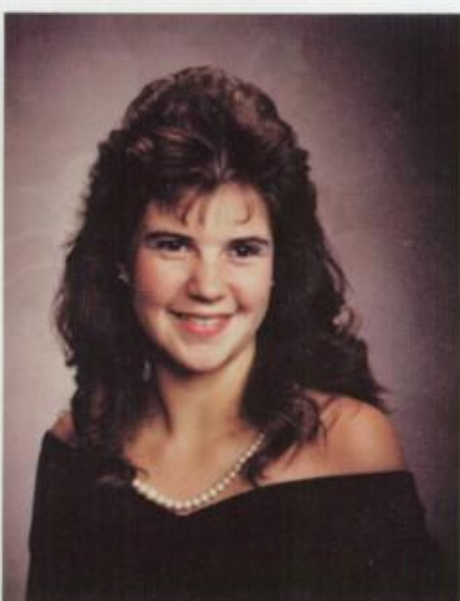
Billie Jo Geers, Sec.



Sandy Ippolito, Asst. Sec.



Tamara Brinkman



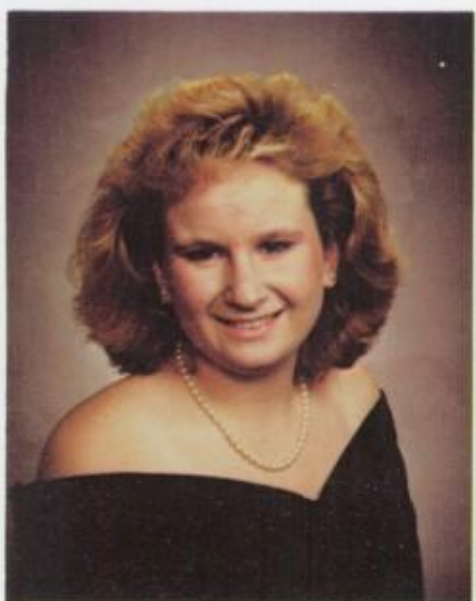
Kim Christiansen



Marisa Cimmarrusti



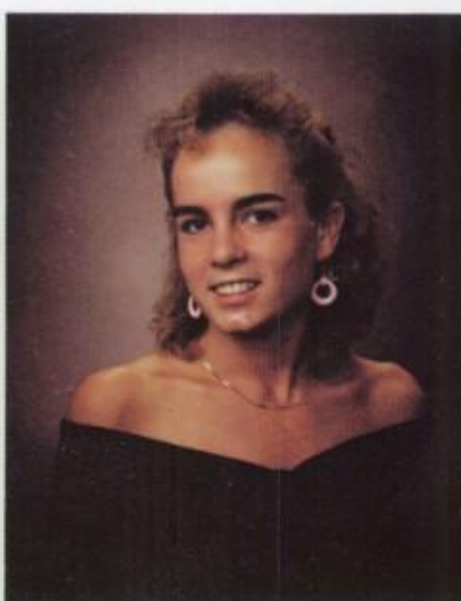
Julie Garrett



Stacey Gregg



Wendi Sanders



Carrie Schindler



Heather Swaney





Kristina Worthington



Laurie Hazel



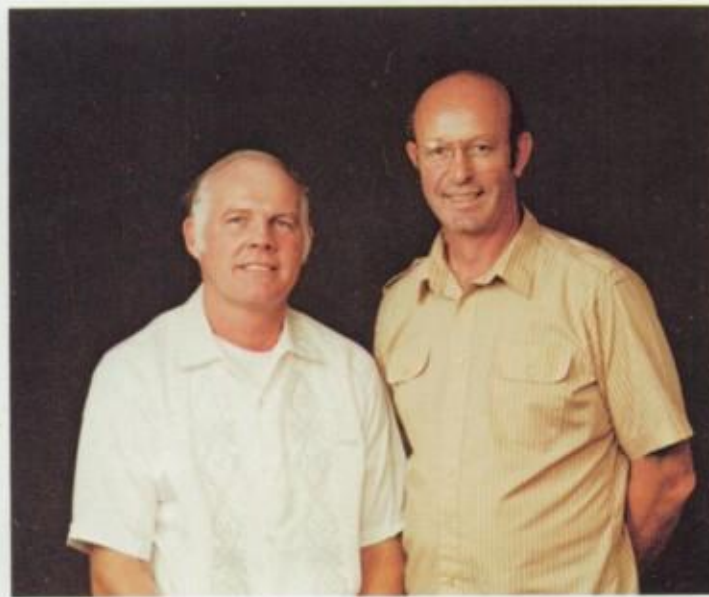
Melody Lanzo



Jill Nelson



Aurora Perez

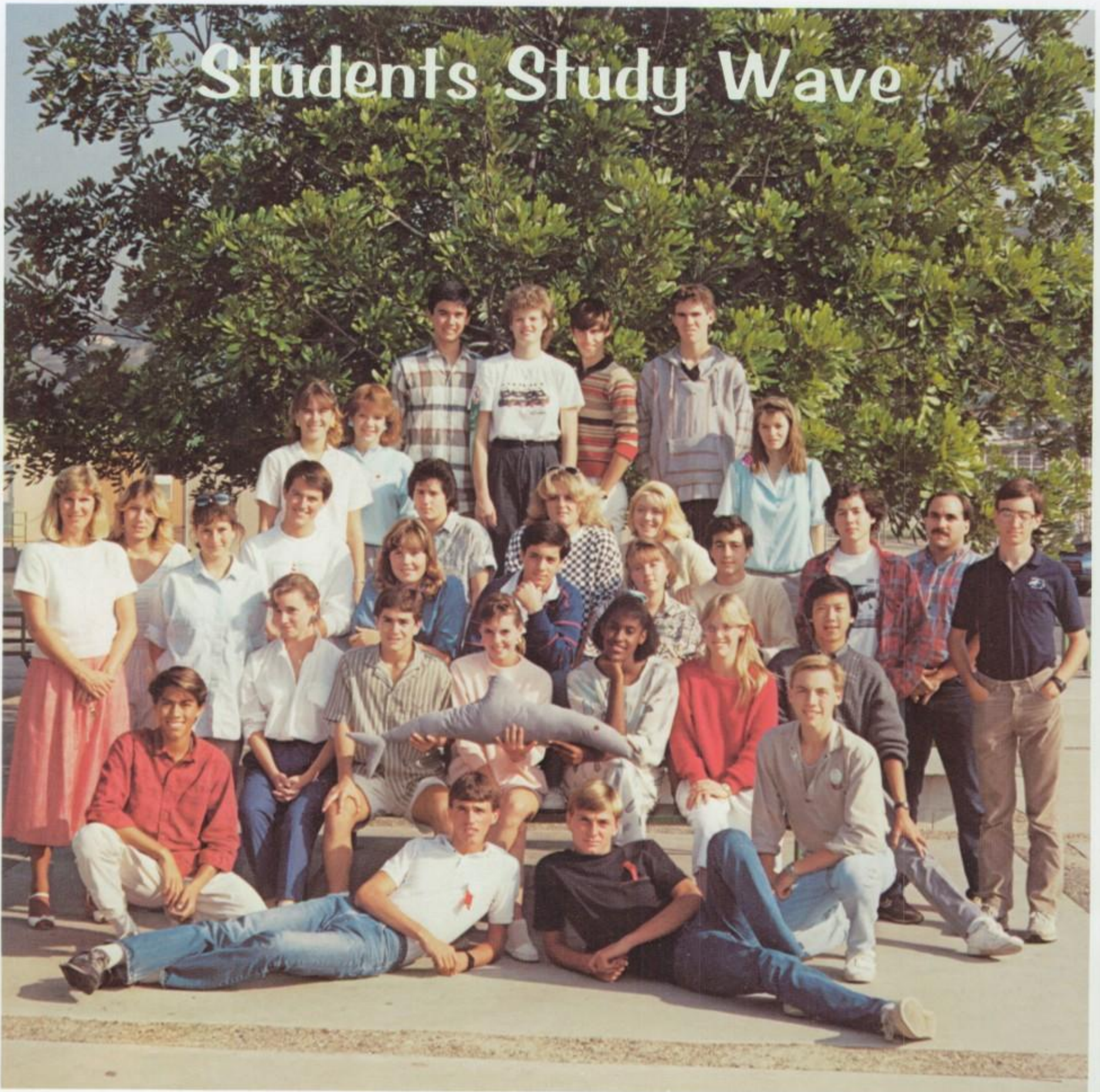


Advisers: Parker Olsen, Ron Ray

These girls dedicated their spare time to innumerable activities throughout the school year. It all began with two summer car washes, then there was the Frosh Picnic held in the Senior Patio in September. As the school year began rolling along the girls sold spirit ribbons and held a candy sale as fundraisers. They sponsored the annual Leading Lads and Lassies recognition and were successful with the November Canned Food Drive designed to provide food for needy families at Thanksgiving. Because of their diverse contributions to our school and community, these seventeen girls earned the respect of all Highlanders.



# Students Study Wave



Students this year were given an opportunity to explore their interest in the life of the ocean as never before when the Oceanography Club, a club new to Helix, was created. Advised by Mrs. L. Hays and Mr. Anderson, the members were able to visit Sea World, Catalina Island, Scripps Aquarium, and go snorkeling at La Jolla Cove. Members included Stephen Sikes, Arthur Bruhmiller, Paul Downs, Steve Kimbrough, Kelley Boutilier, Ann Marie Lazok, Lise Collier, Kathleen Kilpatrick, Shallen Sheridan, Laura Saylor,

Jason Clevenger, Shannon Young, Riley Mullaney, Sarah Harbin, Michelle deVos, Stefanie Downs, Sean Tousrud, Lisa Mintesde-Dea, Tonya Kleinick, Joe Spain, Brian Thomkin, Tony Hanley, Beau Cantrell, Hannah Bianchini, Julie Garrett, Stacey Anderson, John Angione, Robert Baker, Sean Costa, Hilary Gaughen, Len Hicks, Linda Hodge, Sean Karimi, Crystal Lee, Courtney Mills, Cuong Nguyen, Thanasi Preovolos, Jessie Smith, Karin Stevenson, Travis Stodelle, and Keith Wazniak.



# Pep Band



Adding spirit to every football game and pep assembly was the Pep Band, led by Jason Justeson, which also stirred up spirit with its music at home basketball games and lunchtime activities. All members also in Marching Band, this student-run organization included Jeremy Justeson, Jans Baltgalvis, Darrell Arrayan, Ralph

Carrasquillo, Gretchen Ingmanson, Jason Justeson, Derrick Phillips, Kevin Smith, Robert Fisher, Kevin Laney, Jaron Lyon, Paige Satter, Briar Segal, Max Vezza, Laura Bingham, Kerry Farrell, Dan Harrison, and Marion Bowser.













Jennifer Berry



Hannah Bianchini



Mindy Bowman



Trevor Drummond



Krishna Foster



Coach John Geary, Coach David Schultz



Patricia Horton



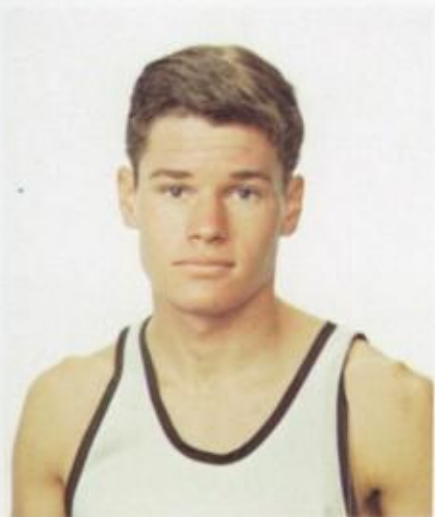
Elizabeth Jorgensen





Yvette Marzullo

# Varsity Cross Country



Jeffrey McCreary



David Normandin



Gordon Robinson



Robert Thomas



Keith Wozniak



# Ensemble

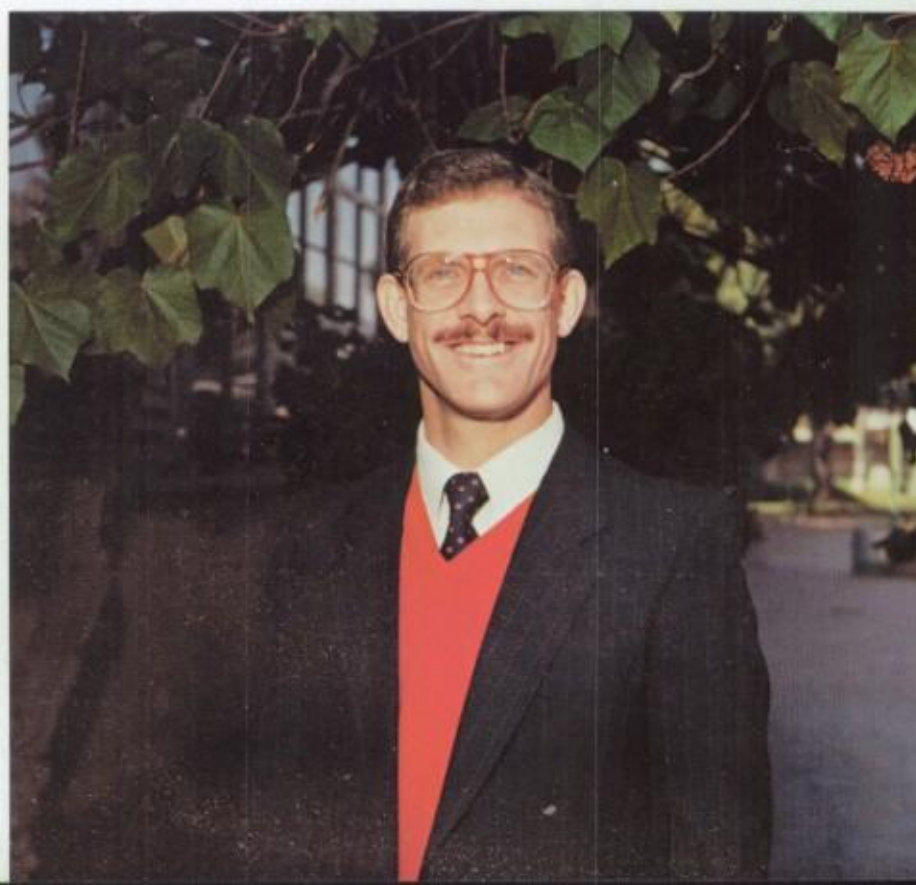


*Ensemble Members:* (Row 1) Laurie Hazel, Marilu Simpson, Carolyn Sledge, Amy Pilkington, Mindy Bowman; (Row 2) Katrina Clayton, Shaleen Sheridan, Wendy Bailey, Stacey Lange,

Leah Andreone, Penny Hammell, Tricia Barnett; (Row 3) Gina Spadaro, Laura Saylor, Ayrin Allgaier, Kim Bresler, Michelle Adamonis, Noreen Breuninger, and A. Michelle Hendee.

"Helix Choral Music was comprised of three performing groups: Treble Clef Glee, Concert Choir and the Ensemble. Each group participated in various festivals and concerts during the year, bringing recognition and honor to all Highlanders. From service clubs and convalescent hospitals to festival concert stages our groups have excited and won critical acclaim through their superior performances. Each year audiences are thrilled and entertained by two major events presented by the Choral Department: the Winter Concert and the Spring Pop's Concert. The Pop's involved a complete transformation of the gymnasium where setting, lighting, sound equipment, and technical crews set the stage for a three-night extravaganza filling the gym to capacity. It's a night to remember! The Choral groups also plan a major concert tour each year with all the trimmings. We're proud to be a part of Helix. Together we are better than ever."

*Mark Faulk, Director*







*Glee Members:* (Row 1) C. Miller, C. Allen; (Row 2) A. Rasmussen, P. Balut, V. Nowakowski, R. Hudson; (Row 3) L. Barnett, J. Anderson, M. Nelson, A. Cannataro, K. Kuhfal; (not pictured) D. Brown, B. Bryant, J. Hixson, D. Hughes, L. Jackson, K. Lee, M. Romero, D. Schoolcraft, W. Sexton, S. Shumaker, J. Swaney and A. Timm. *Concert Choir Members:* (Row 1) J. Early, T. Dement, S. Stewart, C. Baird, K. Spencer, J. Nunez; (Row 2) K.A. Hendee, B. Lydy, D. Flynn, C. Blanas, S. Whitmer, J. Junior, A. Johnson, S. Hernandez, C. Knox; (Row 3) M. Lanzo, M.R. Smith, M. Rodriguera, T. Vaughn, J. Levine, P. Appenzeller, M. Salazar, D. Radice, L. Hoffman, K. Hall; (Row 4) K. Howard, H. Wilson, M. Cummings, A.M. Hendee, J. Bottroff, M. Bukraba, J. Hyatt, M. Kuss, S. Quinn, S. Hovland, M.M. Smith, D. Frisch; (not pictured) J. Barnes, R. Braddock, S. Brown, M. Dedarian, R. Mack, S. Murillo, H. Murphy, R. Peron, J. Swanson and D. Gilbert.



"Our Praise

We Sing To Thee"



# Marching Band

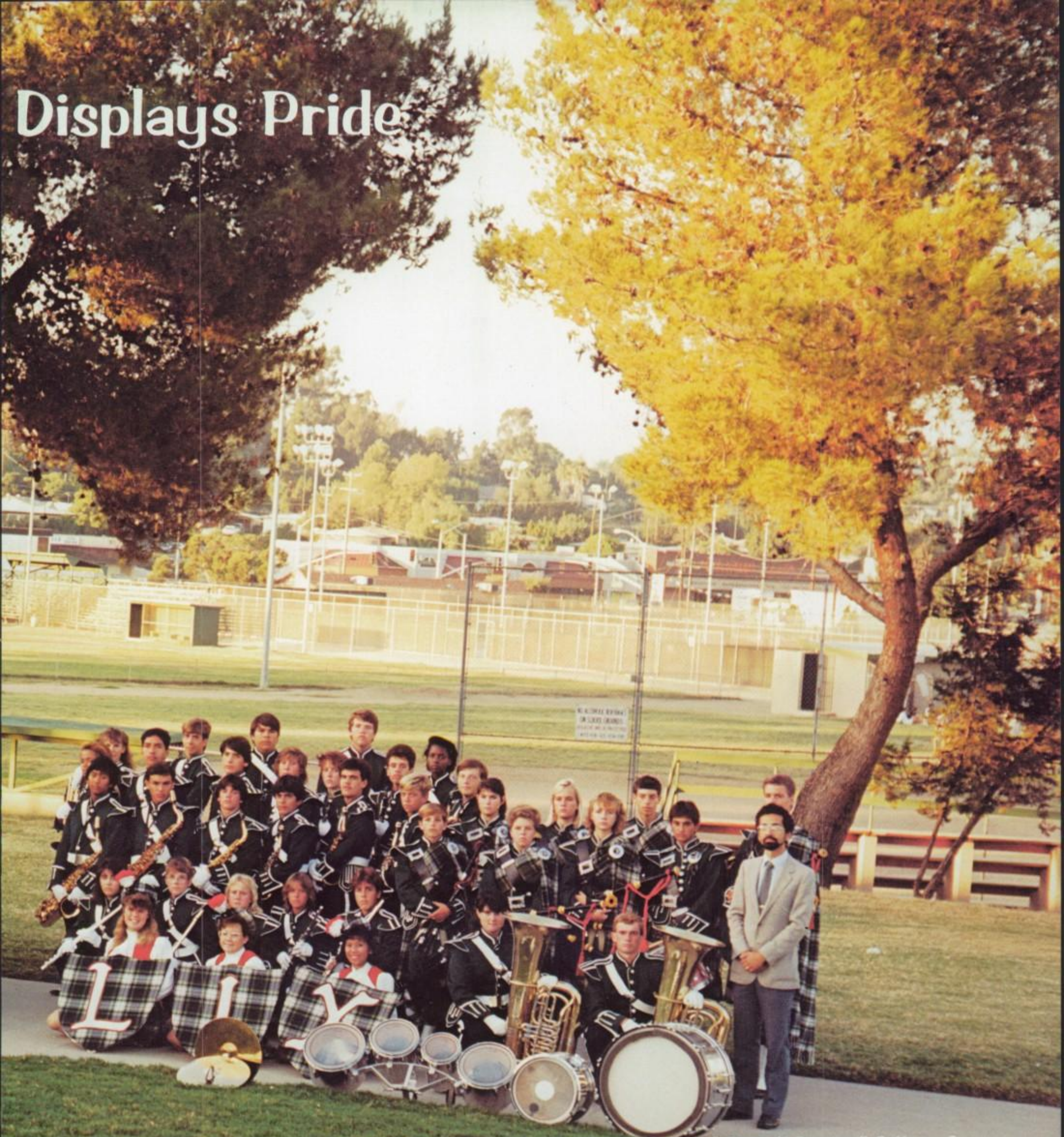


"Sometimes you wonder if all the work is worth it," said Marion Bowser, a member of the Helix High School Band. And indeed this is a question many members of the band may ask themselves, as they made tremendous sacrifices to produce the impressive, award-winning band. Requiring intense discipline, drilling for hours on end to achieve the note-and-step-perfect performance they took pride in, they learned unity, patience, and the importance of every individual. Band members practiced five days a week during marching season, participating in an event nearly every weekend — and this hard work paid off,

making it worth every bit of effort as they placed Second in the Columbus Day Parade and First in Fiesta De La Luna as well as consistently doing well in other performances. Jason Justeson served as band president, Ralph Carrasquillo as vice-president, Laura Bingham as secretary and Michelle Genderau as treasurer. Thand band was directed by Richard Almanza while Kevin Smith was drum major. Senior members included D. Arrayan, R. Carrasquillo, G. Ingmanson, J. Justeson, E. McElroy, D. Munyon, D. Phillips, J. Purnell, and K. Smith. Juniors included J. Baptista, M. Bowser, J. Bryant, J. Carlson, D. Durland, S. Fink, R. Fisher, J.



# Displays Pride



Justeson, K. Laney, J. Lyon, B.J. Pellegrini, T. Pryor, J. Reynolds, P. Satter, B. Segal, T. Spahn and M. Vezza. Sophomores included M. Berry, L. Bingham, R. Carrasquillo, S. Chavez, T. DuFrene, K. Farrell, D. Foster, M. Gendreau, L. Glover, D. Harrison, M. McCullough, T. McGalliard, St. Minet, R. Murillo, B. Phillips, D. Pitman, C. Ramsey, C. Roberts, A. Smith, M. Sobke, J. Nettles, A. Whaley, A. Whitney, M. Wilson. Freshman members included J. Baltgalvis, T. Davis, P. Cao, J. Duncan, K. Eimers, S. Hoover, M. Hoy, M. Kilpatrick, P. Jessop, C. Lewis, E. Montgomery, M. Montoy, A.

Miller, D. Miller, M. Munyon, C. Perea, N. Preston, B. Rafferty, G. Smith, J. Sutic, R. Valdez, D. Voinov, A. Wilson. Bagpipe Band included F. DeWitt, J. Durland, A. Gillingham, K. Harris, P. Hathon, A. Lafferty, R. Lloyd, R. Hoursamadi, N. Preovolos, P. Rigopoulos, B. Sampley, L. Satter, G. Smith, T. Speck, L. Tennehill, K. Venable and M. Vezza. Tall Flags and ID Unit included captains J. Bechtol and A. Hartig, lieutenant S. Petersen, and members F. Dewitt, F. Diola, T. Drew, K. Hoffman, S. Shumaker, S. Swaim, K. Venable, L. Hoffman and S. Johnson.



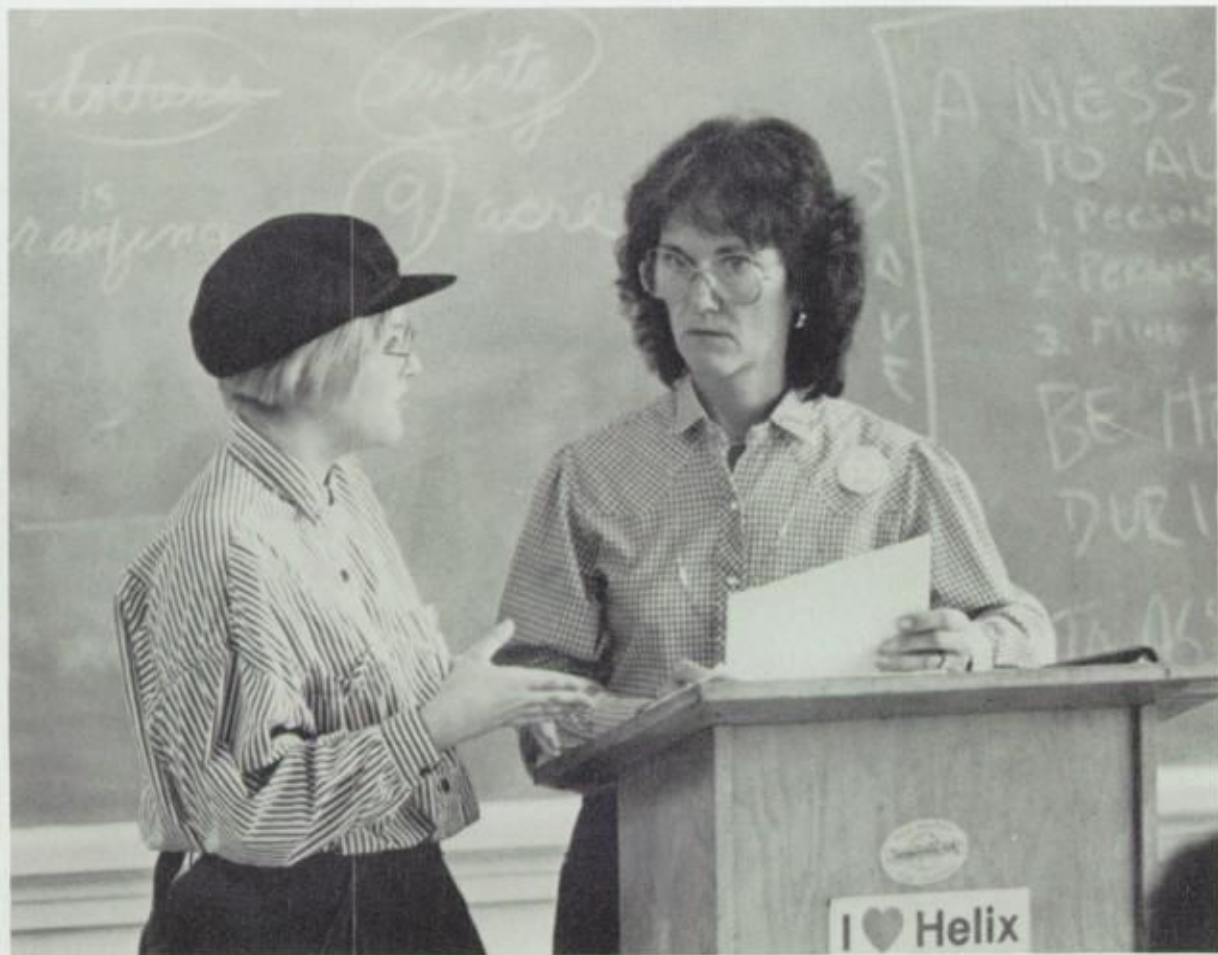


Editor-in-Chief: Jon Pettis, Editorial editor: Jason Ohmstede, News editor: Sandi Huskey, Feature editor: Dominique Beck, Sports Co-editors: Krista Elliot and Jeff Meyer, Ad editor: Barbara Giaquinta, Layout editor: Karen Davis, Copy editor: JoJo Smith.

Reporters: Jeff Andrews, Richard Cando, Erik Gorka, Yolanda Hayward, Todd Howerton, Jaime Jeffers, Laura Kathol, Laurel Lain, Steve Limon, Mija Meiss, Eric Nyenhuis, Heather Poulson, Tracy Shacklett, Christy Turner, Stephanie Wynn.



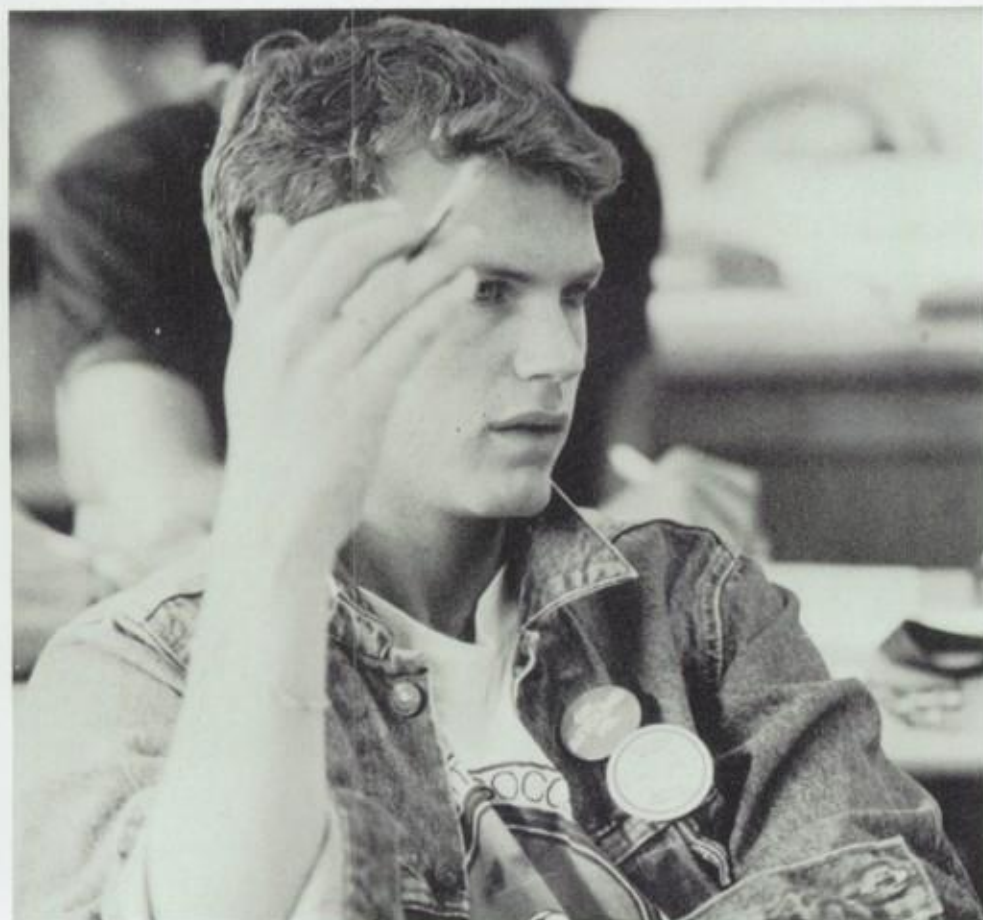
# Fling Staff



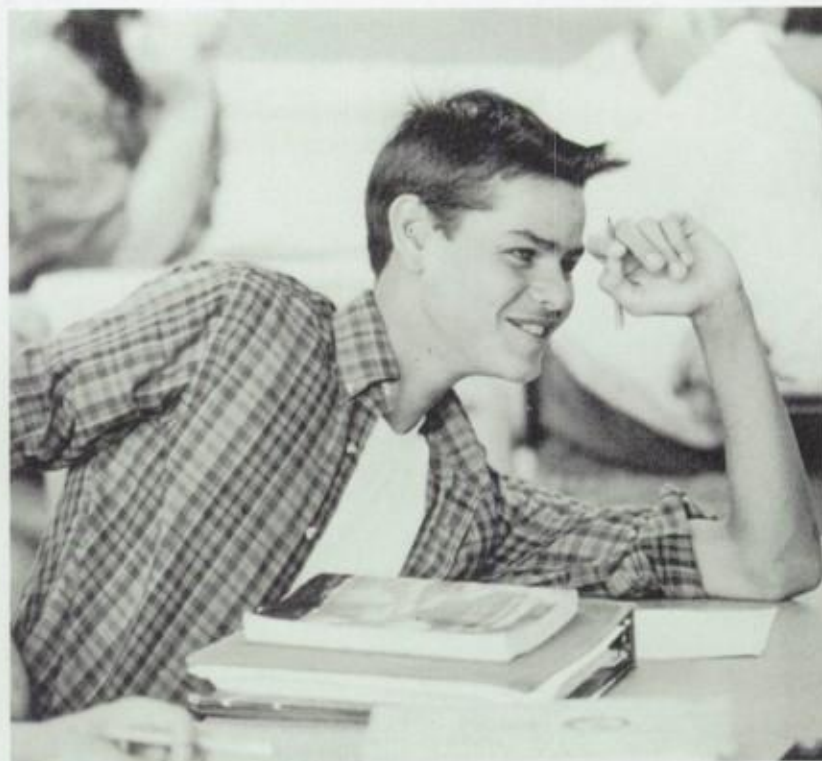
The Fling Staff this year has been successful in providing an informative and entertaining school newspaper. With their wave of new and interesting ideas, the staff has reported school events and issues while learning writing skills and an appreciation of journalism.

Members are looking forward to events such as the Journalism Education Association National Convention in April, San Diego County JEA contest and the Southern California JEA in April also.

What do you mean the presses are not working?



Who says the deadline is today?



Now it is time to listen to my ideal



# Speech Team

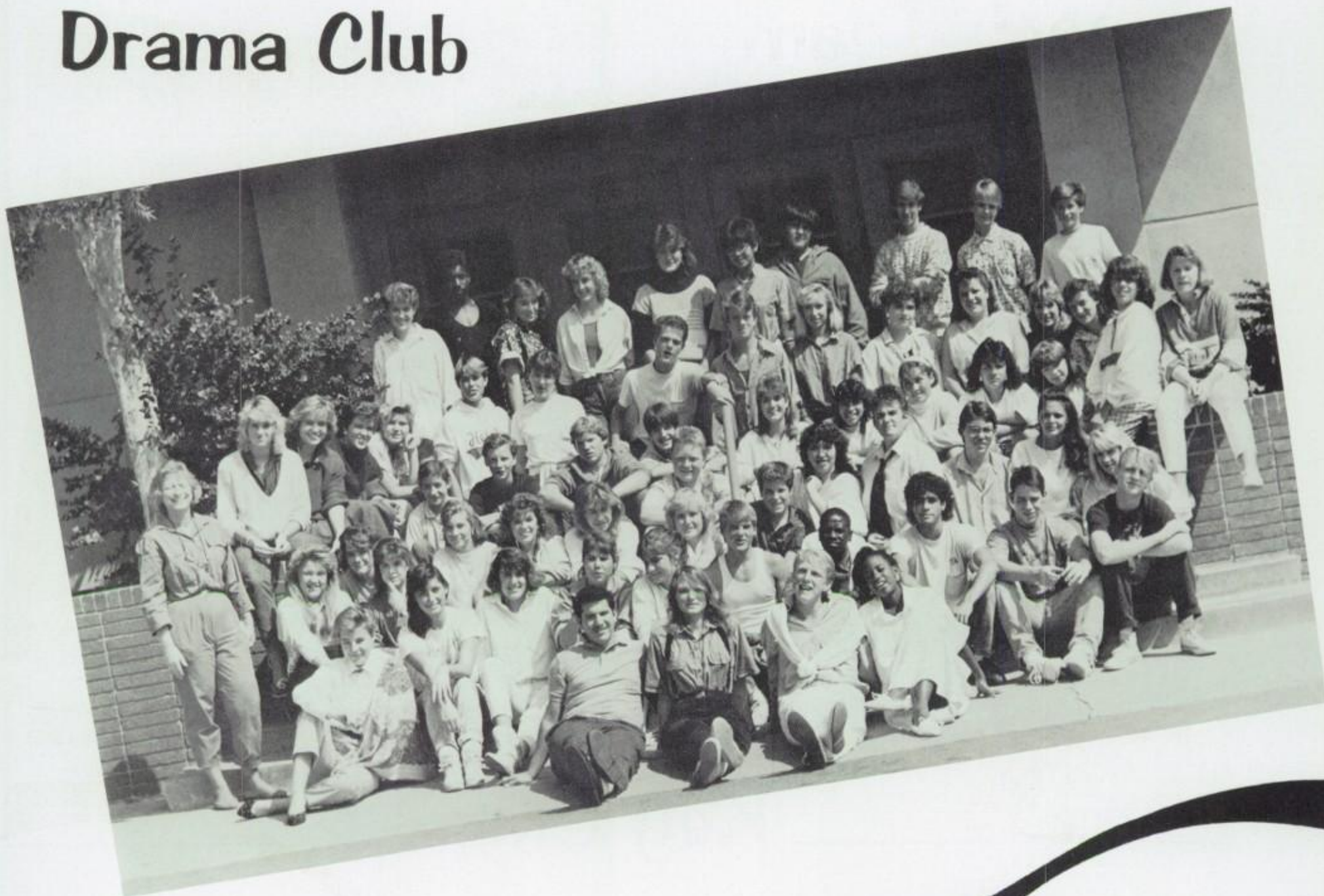


This year's Helix Speech Team rode high on the wave of success! The members participated in competitions around San Diego, such as the fall forensics and League Interpretation at San Diego State University, Patrick Henry High's Christmas Classic, and have qualified for tournaments at other schools. The speech team's ability is evident and their wave of success will continue to flow strongly throughout the years!

Members: Coach — Rochelle Dawes, President — Beth Weiss, Vice President, Secretary — Joe Freed, Treasurer — Dominique Beck, Robert Baker, Nichole Bronsteel, Cathy Chipman, Laurie Hazel, Leila Hebsi, Patrick McDonold, and Courtney Mills.



# Drama Club



Who's on top of the drama wave? It is the Helix Drama Club! Otherwise known as the "Descendants of Sophocles", the group brought dramatic culture to Helix with such performances as the Fall Play, Record Pantomime Performance, Drama's night of Pot Pourri and Musical Comedy Night. The talent and performance ability in the Drama Club has been illustrated in activities and as a result have been successful in our school year!

Members: Advisor — Evonne Noll, Officers: President — Aaron Johnson, Vice President — Shannon Underwood, Secretary — Jerry Ruby, Treasurer — Krishna Singleton, Holly Allen, Jenny Angone, Shelley Bays, Joe Cohan, Steve Cotter, Charity Erb, Traci Flynn, Melani Hall, Will Ingram, Laura Kathol, Caroline May, Nicolle McCrystal, Kathy Monahan, Lisa Monahan, Patrick Monahan, Cathleen Morgan-hill, Monica Mudock, Amy Rice, Ric Rushing, Teresa Sapien, Mark Stalnaker, Tiffany Tinsley, Jamie Varath, Peter Watson.





## Key Club

Key Club members were: D. Allsing, J. Angione, D. Beck, H. Bianchini, J. Binkerd, S. Bridge, T. Brinkman, S. Cameron, R. Coney, C. Engblom, P. Espinoza, J. Freed, C. Frisch, P. Frosio, C. Fuller, H. Gaghan, E. Gatley, L. Hanson, L. Hebshi, L. Hodge, D.

Hodge, C. Iverson, J. Kerschener, M. Learn, A. Lee, D. Lee, M. Leffler, J. Minnich, L. Montalto, R. Morgan, M. Morrison, M. Pettis, H. Presenkowski, B. Reynolds, E. Rittershofer, T. Vaughan, K. Worthington, C. Worthington, J. Rogers, H. Schudel, A. Seales



Advisor: Susan Ehlers

This year's Key Club theme, "Understanding: Pathway To Progress", fit in nicely with the school theme of "Together We're Better Than Ever". Key Clubbers donated thousands of hours of service to the school and the community. Projects included answering phones at the M.D.A. Telethon, working with the handicapped at Special Olympics, and upkeep of the student parking lot. Clubbers enjoyed a weekend in Santa Clara in April for the Cal.-Nev.-Ha. Convention, and look forward to many more years of valuable service and fun times. The '86-'87 officers included Jim Ehlers, president; Todd Sleet, vice-president; Tristan Svare, secretary; Shelley Glenn, treasurer; Richard Taylor, District Governor; Jeff McCreary, Division 31 Lt. Governor; Andy Mounts, District Project Chairman; Jon Pettis, District Bulletin Editor.





## Letter Club

President: J. Joralemon, V.P.: Erik Bliss, Secretary: Lori Almeida, Treasurer: Todd Capezio. Members included: Front Row: C. Patterson, L. Morton, K. Mobley, P. Gomez, D. Lobbins, Y. Hall. Second Row: L. Wallace, A. Krayhik, K. Hendee, D. Bordeaux, R. Savage, M. Cortez, D. Luban, J. Mendez, W. Ledford, J. Jarman.

Third Row: N. Katzenmeyer, E. Jorgensen, M. Orozco, L. Hazel, S. Hernandez, M. Johnson, R. Northecote, K. Katzenmeyer, D. Omaha, M. Wu, J. Hull, J. Munch, M. Rabb. Back Row: F. Mirze, J. Moser, A. Pniak, T. Gleason, R. Meinung, D. Tiumaw, K. Barr, C. Mills, C. Carlson. Coach Van Hook was the advisor.



# Mid-Winter Fantasy

Montezuma Hall at San Diego State University was the setting for the 1986 Winter Formal entitled "Mid-Winter Fantasy." Planned by the Class of 1988, it was held from 8:00 to 12:00 on December 12. The music was DJ'd by Mike Ales, while couples danced, enjoyed refreshments, and conversed with other students. The Court was chosen a few weeks before the dance, and a short while before the big night, the student body voted for the King and Queen. Mid-way through the evening, the Court was called forward, and the results were announced — Doug Kriedeman would be King, and Courtney Mills would reign as queen.

Queen Courtney and King Doug display their excitement at their new titles.



Court members included (l to r): Melissa Learn, Keith Wozniak, Linda Hodge, Steve Strong, Christy Iverson, and Yoshio Hall. Donna Allsing, Mike Buckley, Courtney Mills, Doug Kriedeman,





Donna Allsing, ASB Secretary, has played four years of basketball, two of track, and one of tennis. She has also been on Jr. and Sr. Board, Key Club, the Ski Club, FCA, and Tartan.



Melissa Learn, Co-Captain of the Varsity Cheer squad, is also involved in Student Council, Student Connection, Key Club, and Tartan Staff. She also served as Frosh Secretary.



Linda Hodge is very active on Senior Board, serving on the Prom Committee, is Vice President of Highland League, Treasurer of the Oceanography Club, and is also in Key Club.



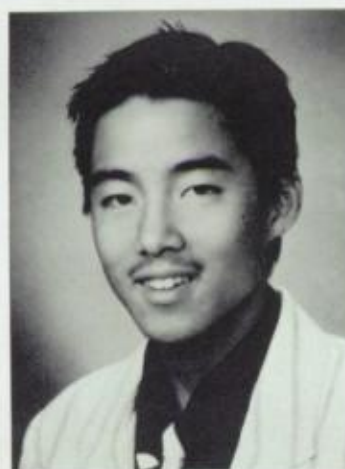
Courtney Mills, ASB Vice President, has also served as Publicity Asst., Sophomore Pres., and Frosh Treasurer. She has been on the Spirit Club, Speech Team, and has swam for four years.



Christy Iverson, ASB Commissioner of Activities, is also social chairman for Key Club, was on Varsity Cheer her Junior year, and is active in her Youth Group at College Avenue Baptist.



Mike Buckley, Co-Captain of the Varsity Water Polo Team, has played water polo for three years, as well as swimming. He ran track his freshman year and is on Senior Board.



Yoshio Hall, captain of the Varsity Soccer Team, is also on Student Council, Jr. and Sr. Board, on the Math Team, Letterman's Club, as well as involved with JACL Youth Group, and his Church Youth Group.



Doug Kriedeman, a leader in his Church Youth Group, has played water polo for four years, swam for three, and was on track and field for one year. He is also on Senior Board and Spirit Club.



Steve Strong has played four years of water polo, two of those Varsity, three years of Varsity Baseball, and one year of basketball, as well as being a member of CSF.



Keith Wozniak, commissioner of concessions, has also been on CSF, S.A.D.D., Key Club. He has run on track for four years, Cross Country for three years, and was assistant commissioner of concessions his Junior year.



# A Night



Kathleen Quinn takes a refreshment break.



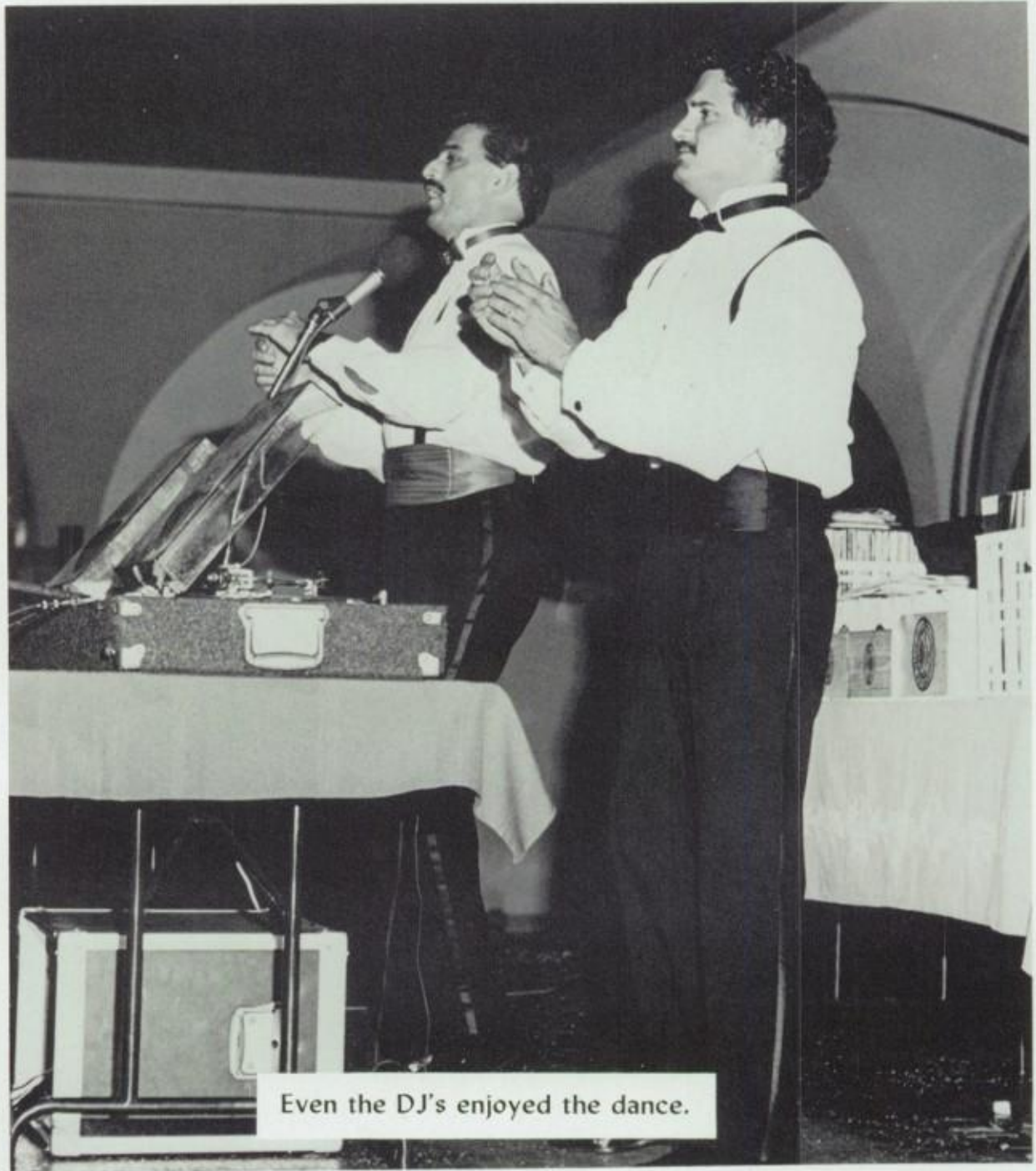
Susan Allsing and Erik Bliss share a dance.



Dancers wait in anticipation for the announcement



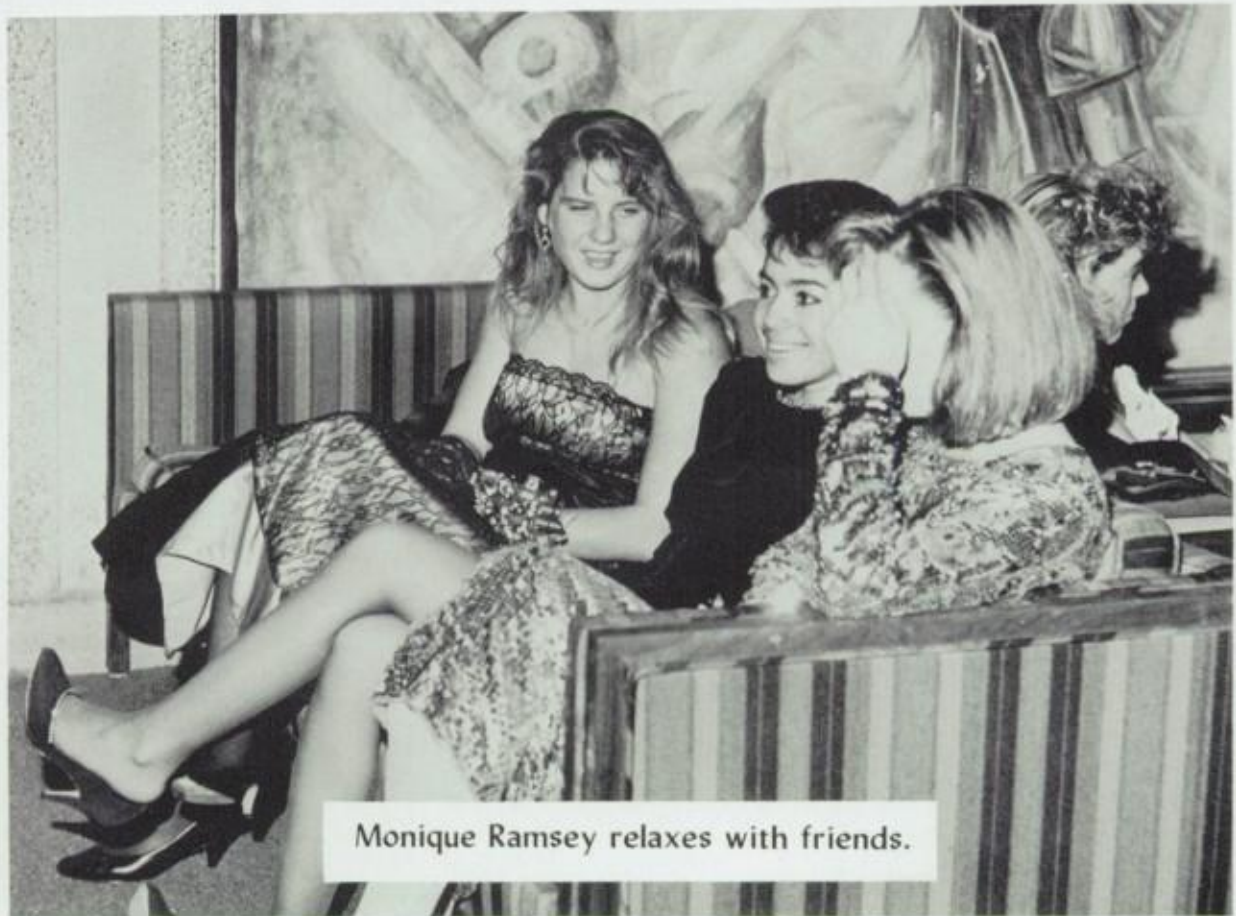
# To Remember



Even the DJ's enjoyed the dance.



of King and Queen.



Monique Ramsey relaxes with friends.



# Orchestra



This year's Orchestra, with hard work and determination have been busy practicing and performing all year long. Their musical abilities and talents are exhibited in the performances given and willingness to strive musically as the best. The wave of music that Orchestra has brought out in Helix High will be remembered for the quality presented.

Conductor — Mr. Almanza Members: Wendy Bailey, Rosalind Bishop, Vanessa Blevins, Micheal Bottroff, Dionne Desatoff, Katherine Frisch, Vito Gancitano, Kimberly Hoffman, Carrie Hoy, Elizabeth Jorgensen, Joseph Kilcoyne, Rowshanak Maghsoodi, Lori McCallister, Michelle McElroy, Anne Minnich, Luc Olfield, John Rogers, Elizabet Sledge, Christine Sperry, Lisa Stallings, Leslie Williamson, and Rebecca Zollinger.



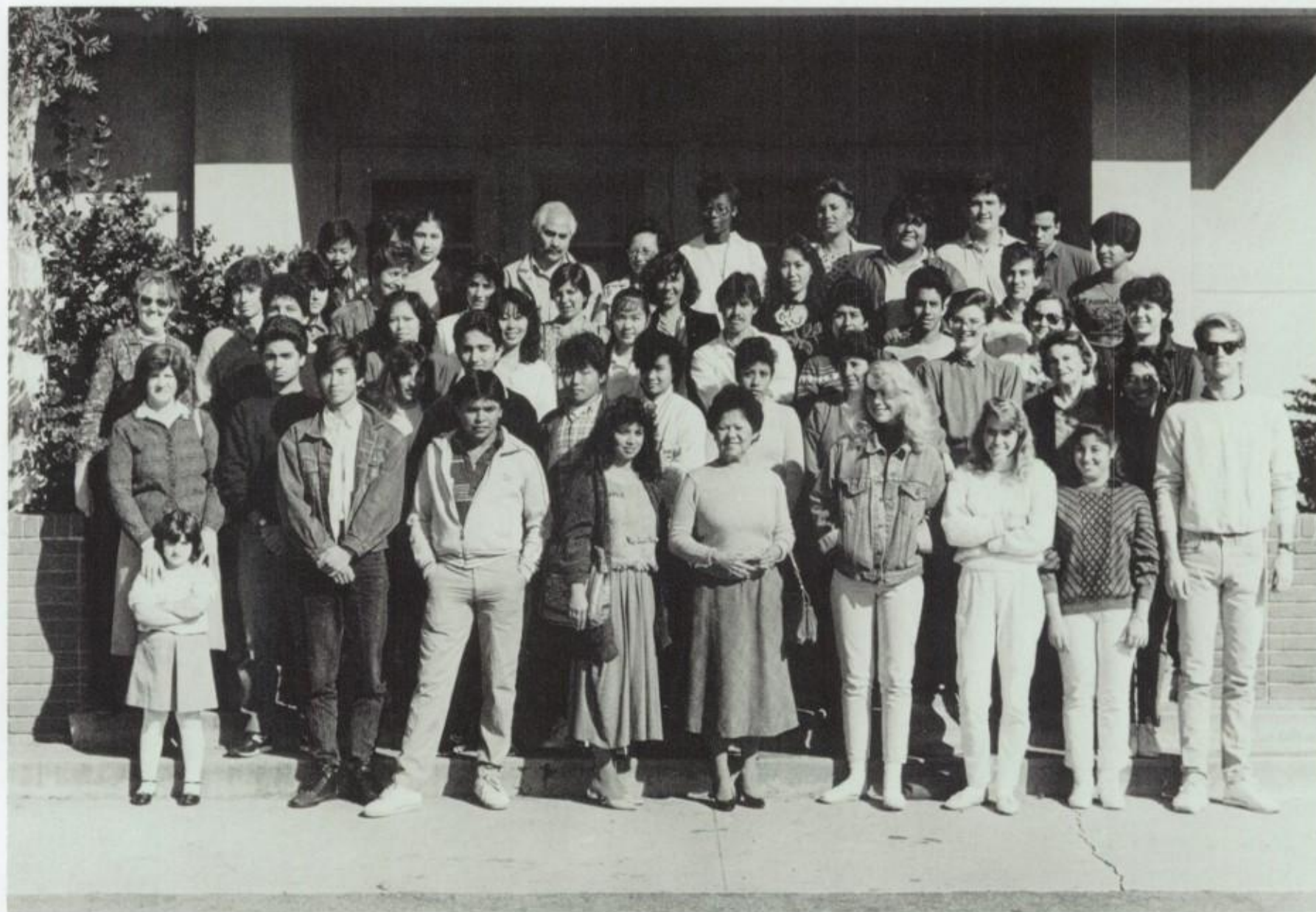
# Spirit Club



The wave of spirit and enthusiasm has been carried on through the year from the contribution of the Spirit Club. In supporting school activities, their main goal was to promote school spirit in others and to carry the spirit into games and rallies. Their strong spirit wave has brought pride and excitement to the school this year.

Advisors: Jackie Broadwolf and Laura Boehmke. Dominique Beck, Melissa Bjornson, Jessyca Elgar, Eric Fenex, Patti Frosio. Jeff Hill, Bill Miller, Kathy Paige, Heather Swaney, Jennifer Swaney, Beth Weiss and Craig Weiss.





E.S.L. (English as a Second Language) is a class offered at Helix for foreign students who have a limited knowledge of the English language. The group tried to provide a forum for interchange between the various cultural groups on campus. The students came from all over the world and worked together in a friendly atmosphere to master English. Some of their activities were, cross-cultural food exchanges and bike rides. Miss Heimpel is in charge and she is assisted by Mrs. Pastula and Jan G.

E.S.L. Students were: Abraham B., Ahmad E., Antonio R., Carlos V., Carmen V., Consuelo V., Diana L., Dina R., Du T., Ethelvina P., Farzana P., Francisco R., Hikmat M., Hoang K., Hossein E., Jinny L., Jintsu C., John C., Jorge V., Lidia H., Lilia W., Lourdes M., Madelaine

G., Maria E., Martin G., Mieko H., Mohammad E., Mojgan H., Mona A., Nancy W., Naoko S., Parivash E., Sahira R., Saul G., Takeshi M., Teresa A., Teresa N., Victor C., Violet G., Yassi Y. Student Assistants were Denise B., Eric T., Karin S., and Sameerah E.



# FSIC



F.S.I.C. (Fashion and Self Image Club) was a new club on campus this year. They tried to promote each club member's recognition and realization of their individual potential. They also tried to develop and improve member's positive self image and confidence. Some of their goals for the year were to put on a fashion show in the Spring, modeling demonstrations and have diet, nutrition and exercise sessions.

Members: President — Medawar, G. Vice Pres. — Clayton, K. Secretary — Lain, L. Pub. Rel. — Virola, M. Appolito, J. Banach, G. Burnelle, T. Christiansen, K. Ellis, C. Friedman, S. Gadler, M. Giangregorio, S. Gonzalas, A. Ippolito, S. Kiss, A. Kopel, K. Kraynik, A. LaPan, D. Levant, C. Morse, J. Nelson, J. Orozco, M. Quinn, K. Rosen, L. Seal, L. Vince, P. Yrinio, J.



# Student Council



This years' student council communicated a wave of information between class representatives and A.S.B. These representatives kept their classes informed and aware of activities and functions taking place at Helix. Suggestions were also welcomed by the A.S.B. for comments and new ideas.

Advisor: Don Bonney, Members: Dominique Beck, Erik Bliss, Rosa Bonilla, Richard Bonilla, Marion Bowser, Tina Brunelle, Richard Cando, Holly Chapple, Tracy Dill, Farita Diola, David Engblom, Robert Fault, Holly Fisher, Ed Gatley, Shari Giangregorio, Michelle Gleason, Lori Harrison, Lisa Hanson, Carrie Hoy, Laurie Hazel, Nicole Katzenmeyer, Amy Kraynik, Melissa Learn, Stormy Masson, Karen Meyer, Monica Murdock, Paul Murphy, Mark Raab, Traci Regan, Sarite Rodriguez, Angela Rupp, Kym Salas, Derek Samperi, Tony Sanfillipo, Susan Schroeder, Marilu Simpson, Jason Swanson, Max Vezza, Meilanie Virola, Jennifer Weast, and Heidi Wilson.



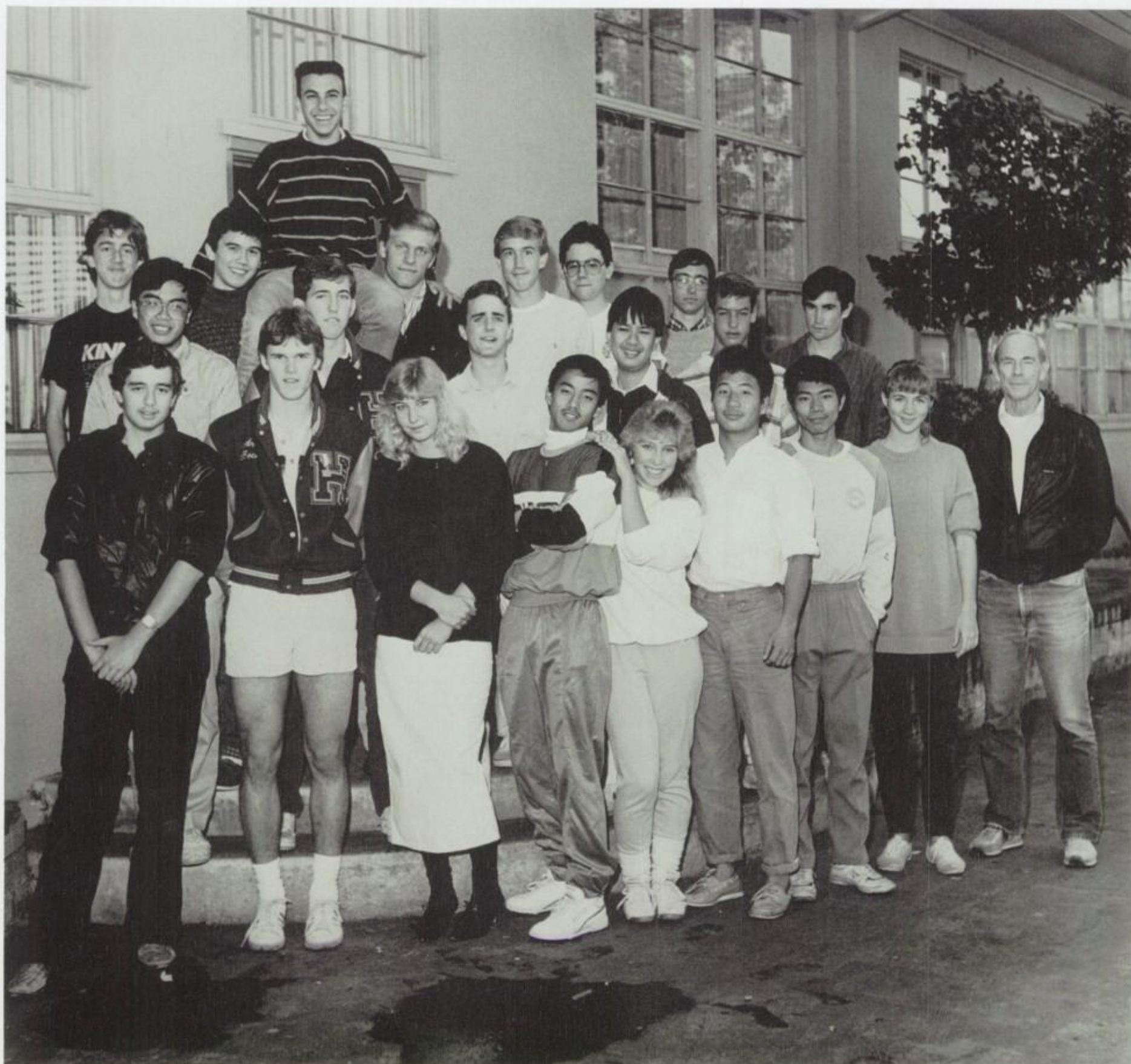
# Student Connection



As a group of students, under the guidance of Bob Lucas, Student Connection listened to problems or possibly talked to students, if necessary. Student Connection lent a helping hand to H.H.S.

Members: Kathy Akers, Chalon Barnett, Terri Carlile, Pricilla Carter, Rita Covey, Dawn Cross, Ron Foreman, Shannon Friedman, Patty Frosio, Sandi Ippolito, Tonya Kleinick, Melissa Learn, Crystal Lee, Marshelle Lehman, Heather Lyon, Yvette Marzullo, Carrie Hoy, Paige Satter, Debby Schrock, Todd Sleet, Beth Weiss, Kraig Katzenmeyer, Nicole Katzenmeyer, Bridget Pote, Neda Moshtaghi, Stormy Mason, and Carrie Higgins.





## Math Team

The Math Team caught the wave of success this year, placing first in the United States in two different competitions and competing for various prizes and trophies in others. They obviously met their goals for this year, which were to improve their math skills and learn new methods of problem solving. Their guru was Ed Gatley, and other members included: L. Aimone, J. Angione, A. Bocko, J. Bottroff, Y. Hall, J. Hull, D. Lee, D. Lin, A. Pilkington, E. Rittershofer, J. Rogers, A. Seales, A. Shapiro, J. Wong, M. Wu, E. Bliss, D. Engblom, M. Gottlieb, J. Horn, A. Pollack, S. Scheafer, L. Stallings, and T. Vaughan. Advisor was Mr. Munson.



The '86-'87 International Club concentrated on lessening the gap between the foreign exchange students and Highlanders this year with posters, bulletins, word of mouth, and the all important interaction. The club planned trips to see foreign movies, Horton Plaza, Indian festivals, the mountains, Los Angeles for shopping, the Museum of Contemporary Art, and the Huntington Library, as well as numerous parties. This year's co-presidents were Jennifer Looney and Lisa Monahan, secretary was Marie Ange Le Boulaire, and treasurer was Jenny Shinall. Members included: E.A. Ahmad, J. Angione, J. Angione, T. Bagnard, H. Bianchini, E. Bliss, M. Bloom, B. Case, J. Clevenger, T. Davis, L. Diels, A.K. Eskakhr, D. Graham, T. Hernandez, S. Huskey, A. Jennings, M. Kanstrup, C. Knn, S. Lansman, J. Loftus, T. Lusignan, C. MacMillan, C. MacMillan, R. Maghsoodi, F. Mirza, K. Monahan, P. Monahan, S. Nakajima, R. Nordean, A. O'Gorman, R. Penin, B. Preston, F. Reyes, B. Robins, T. Shacklett, S. Schaefer, H. Simonin, L. Sjarbaini, F. Soderberg, D. Walker, and H. Wilson.

## I-Club







## A.D. '86

Placing eighth in San Diego County, the nine members of the 1986 Academic Decathlon team participated in an academic competition involving teams from the high schools in San Diego County. They competed in mathematics, literature, speech, essay, economics, the arts, history, Constitutional trivia, and an interview. Preparation for this event began a month before, with the team meeting several times per week to study and listen to lectures by teachers in these specialized areas. Individual awards were given to Jason Rogers for 1st in speech in East County, John Angione for 2nd in economics and 3rd in both literature and math in East County, and to Jon Pettis for 1st Varsity over-all in East County. Team members were: top row (l to r) Jessica Smith, Princess of Power; Mrs. Hayes, House Mother; Richard Taylor, Grand Poobah; Jason Rogers, Court Jester; Tristan Svare, Boy Wonder; Steve Jentoft, Aquaman; and Mr. Andersen as The Beaver. Second row: Jon Pettis, Poppin' Fresh; Jason Ohmstede, Nanook of the North; and John Angione, Rookie of the Year.





## Dance Team

After a one year absence, the Dance Team has returned to Helix. Weekly practices helped to prepare them for their performances at the halftimes at the high school basketball games. Advised by Mrs. Shaw, team members included (l to r) Jennifer Kay, Patti Horton, Lori Black, Melissa Learn, and Amy Kraynik



# Around the World With

Howzit! My name is Mica Bloom and I come from the city of gold, Johannesburg, South Africa. I enjoy watching most sports but my real interests lie in music, drama and literature. The United States and my home have a lot of common ground but there are some fundamental differences. The biggest difference is in school and school life. At home we have to wear school uniforms and are subject to a lot of discipline. I have enjoyed the on campus activities and school spirit, but mostly the relaxed atmosphere. The United States is a very special place and I will always look back on my year at Helix with a big grin, but my place is at home in a changing South Africa.

My name is Seio Nakajima. I am an A.F.S. foreign exchange student from Tokyo, Japan. I like to dance, to do gymnastics, to skateboard and to listen to music. I play the piano and a little bit of cello. The reason I became an exchange student to the U.S. was to learn English and to have the experience of a different culture. I think the U.S. is very interesting and quite unique. I have been enjoying the fine weather in San Diego and my English is getting better and better. I especially enjoy the way classes are taught at Helix. I hope the year I have spent in the U.S. will be one of the most significant ones in my life.



Mica



Seio



Sisko



Sebastian

Hi! What's up?!? My name is Sisko and I come from Finland. If you don't know where it is, it is in northern Europe. I actually come from 20 miles from the Arctic Ocean. I like skiing and jogging, but not studying. The reason I came here was because American English is so fascinating and fast. I hope I'm gonna learn to talk like you guys. I'm enjoying the school because I'm having fun and meeting lots of people. I'm really glad I got to come to San Diego, because of its beaches and it's so warm, WOW! I'm sure when I go back to Finland I'm gonna die if I don't learn to make American pancakes and cookies. Also, you people are super nice. I've been enjoying my year so far! Thanks for all of you!

Hi, I am Sebastian Schaefer and I am from Germany, near the Baltic Sea. I like many different kinds of sports, except for soccer. But my two favorite hobbies are windsurfing and playing the violin. One reason I came to America was to find out what the land of Coke and hot dogs is really like. I discovered that Americans do not chew gum and do not watch TV all day long. In fact, I had so many different, more interesting things to do (like partying), that I didn't watch TV very often (but I always had time to watch ALF). I had a wonderful time in the United States, especially here in San Diego. I could handle the weather very well. I'm glad that I went to Helix High and I'm gonna miss all the school spirit and the football and basketball games.



Sebastian gets tough with the Water Dogs.



# ... Exchange Students



Christian



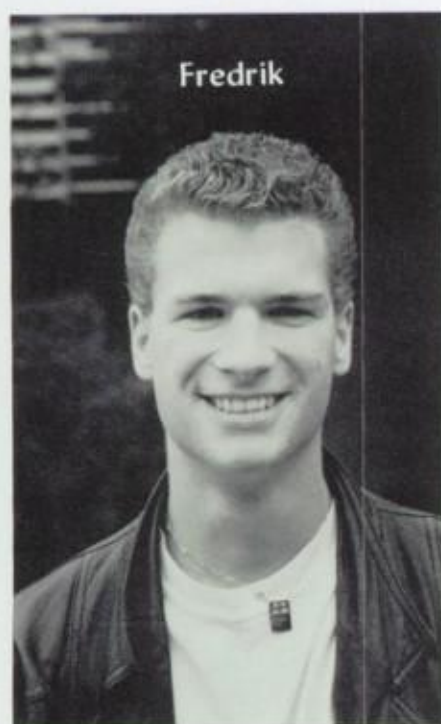
Marie-Ange

Hi! My name is Christian Wejse and I am a Y.F.U. exchange student in the class of '87. I am from Denmark, the little country in Scandinavia just north of Germany. I am here in the states for a year and like it very much. I enjoy learning about other countries and cultures and wanted to have some fun while I am young so I decided to go to the U.S. for a year and picked California because of the weather and the nice pictures I had seen of palm trees and beaches. I like warm weather and have not been disappointed here! Besides my interest in foreign stuff, my hobby is also basketball. I played on the Helix team and really liked the spirit connected to sports here. The facilities and ability to do sports are so good. Helix is a fun school and San Diego is a great place to spend an exchange year. I have learned so much and am thankful to the people who have made this year worthwhile. It is something that will stick with me the rest of my life. Thanks!



Fredrik proves there's plenty to smile about in San Diego.

Hi dude! My name is Marie-Ange Sylvie Le Boulaire. I'm from France, the most beautiful country in the world. My hobbies are surfers, surfing and aerobics. I have a few reasons for visiting the U.S.: to learn English, and to have fun — I don't know if my English is good but I have fun anyway. I met great people I love like my host family and all my friends. I enjoyed living in the United States so much that I would like to stay here next year. The U.S. is the most fun country I've ever been in.



Fredrik

I'm Fredrik Söderberg and I live outside Gothenburg on the west coast of Sweden. I'm 17 years old, and my interests are: downhill skiing, golf, music, and I also like to travel. Being in the U.S. as an AFS student has given me a whole new perspective of the U.S. There are not very many things in school that are the same here and in Sweden. One thing I liked was all the different clubs at Helix, and I really enjoyed being in a couple of them. I really like America; the people are very friendly and helpful. I think that I will be visiting America, and San Diego, soon again.

My name is Takeshi Mataka. I'm an exchange student from Osaka, Japan. I'm a junior and seventeen years old. I like to play tennis and play the guitar. I came to America because I was interested in America and I wanted to learn English and American customs. America is freer than Japan. In Japan, we have to wear the school uniform and go to school on Saturday. I can go to many places here: Disneyland, Magic Mountain, Sea World, etc. The weather is very warm here. In winter I have a lot of snow in my city, so I missed snow. I think American teachers and Japanese teachers are different because American teachers and their students are very friendly. I was surprised that high school students could drive because in Japan they can not drive until eighteen. I'll never forget my American life.



Takeshi



# More Exchange Students



Nicole Riechmann  
Germany



Robert Penin  
Germany



Mei Kanstrupp  
Denmark

With their infinite wisdom, my parents named me Ludo. I am from Kerkrade, a town located in the southern part of the Netherlands, close to the German/Belgian border. I would like to clarify a point — that I do not wear wooden shoes, nor do I stick my finger into leaking dykes. I'm interested in rock and roll music. Rock and roll never forgets. Many Americans ask me why I chose to come to the U.S. I came because I want to learn what the U.S. is really like. I am interested not only in the sights but also the culture and the attitude of the American people. Certainly I'm lucky to be able to live in San Diego. The weather here is mild, not like the Netherlands, which gets very cold. I also enjoy being with the people in San Diego. They are generally laid back and easy going. Students here at Helix are very nice, they made life a lot easier for me. I would like to list their names, but the list would be too long. I also want to thank my host-family for their support.



Ludo Diels





## Mat Maids

This year's Mat Maid officers were: R. Ney, President; D. Konold, Vice President; C. Lee, Secretary/Treasurer; and Adviser: R. Langston. Other members included: K. Akers, D. Baldeaux, D. Brown, P. Carter, J. DeClairville, T. Kleineck, D. Martinez, H. Murphy, V. Nowakowski, B. Paniagua, S. Rodriguez, D. Schrock, V. Simms, M. Virola, and J. Yrines.

This year's French Club members were: M. Anghesom, J. Angione, G. Banach, J. Bi-lotti, G. Bjornson, T. Bruck, S. Cameron, E. Carpenter, G. Chadergian, K. Clayton, J. Clevenger, L. Covey, L. Diels, R. Downey, S. Downs, T. Drew, D. Erskine, K. Farrell, A. Field, M. Fonseca, H. Gaughen, M. Gendreau, N. Gill, A. Gillinggam, A. Gonzalez, A. Graf, S. Greggs, J. Gutierrez, Y. Haywood, J. Hill, S. Huskey, G. James, K. Kendrick, L. Kinnard, A. Kraynik, D. Kriedeman, C. Lee, J. Lee, J. Looney, R. Maghsoodi, C. May, S. Masson, T. McCarthy, C. Miller, M. Morante, R. Noursamadi, A. O'Gorman, R. Price, C. Pykles, C. Ramsey, K. Runyen, C. Russell, G. Scribner, K. Sharpe, S. Sheridan, B. Smith, C. Smith, J. Smith, N. Riechmann, R. Taylor, R. Tremblay, D. Vajdos, B. Von Gietzen, A. Wheeler, and Adviser: Mme. Gormley.



## French Club



**HELIX**  
 DRAMA DEPARTMENT  
 PRESENTS

# OUR TOWN



**BY THORNTON WILDER**

(By special arrangement with Samuel French Inc.)



Mrs. Soames was portrayed by Junior Krishna Singleton.



Larry Rosen played the part of Mr. Warren.

The Helix Drama Department presented *Our Town*, a three act play by Thornton Wilder, in late November of this year. The cast and crew of this production consisted of drama students, under the direction of Evonne Noll, assisted by Debbie Konold, Any Rice, and Jennifer Rohowits. The cast members included:

Stage Manager  
 Dr. Gibbs  
 Mrs. Gibbs  
 George  
 Rebecca  
 Mr. Webb  
 Mrs. Webb  
 Emily  
 Wally  
 Mrs. Soames  
 Joe Crowell  
 Howie Newsome  
 Mrs. Stimson  
 Prof. Willard  
 Mr. Warren  
 Mrs. Stoddard  
 Mrs. Craig  
 1st Dead Lady  
 2nd Dead Lady  
 3rd Dead Lady  
 4th Dead Lady  
 1st & 2nd Act Choir:

Ball Team:  
 Understudies:

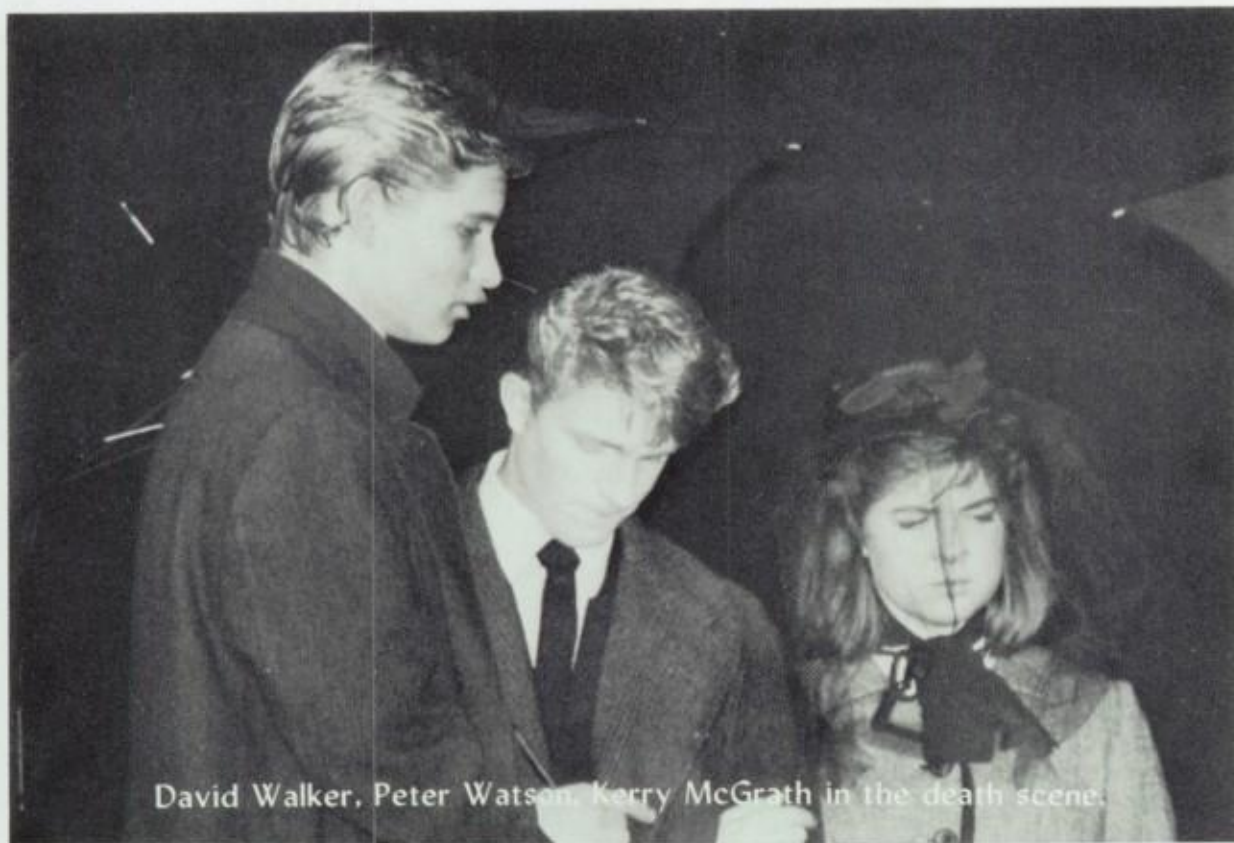
Mike Hubbard  
 David Walker  
 Jennifer Looney  
 Peter Watson  
 Kerry McGrath  
 Mark Stalnaker  
 Yvonne Willrich-Teague  
 Shannon Underwood  
 Joe Cohan  
 Krishna Singleton  
 Jeff Heidt  
 Jerry Ruby  
 Rachelle Sabo  
 Carolina May  
 Larry Rosen  
 Cathleen Morgan-Hill  
 Jennifer Angione  
 Lisa Monahan  
 Carolina May  
 Shelly Bays  
 Renee Sadulski

R. Sadulski, C. Morgan-Hill, J. Angione,  
 S. Bays, C. May, R. Sabo, L. Monahan  
 E. Moyal, J. Jones, H. Kotas  
 L. Rosen, K. Singleton, J. Jones, H. Kotas,  
 C. Morgan-Hill, L. Monahan, S. Bays,  
 Conner, J. Angione, R. Sabo, C. May,  
 E. Moyal, G. Banach, R. Sadulski

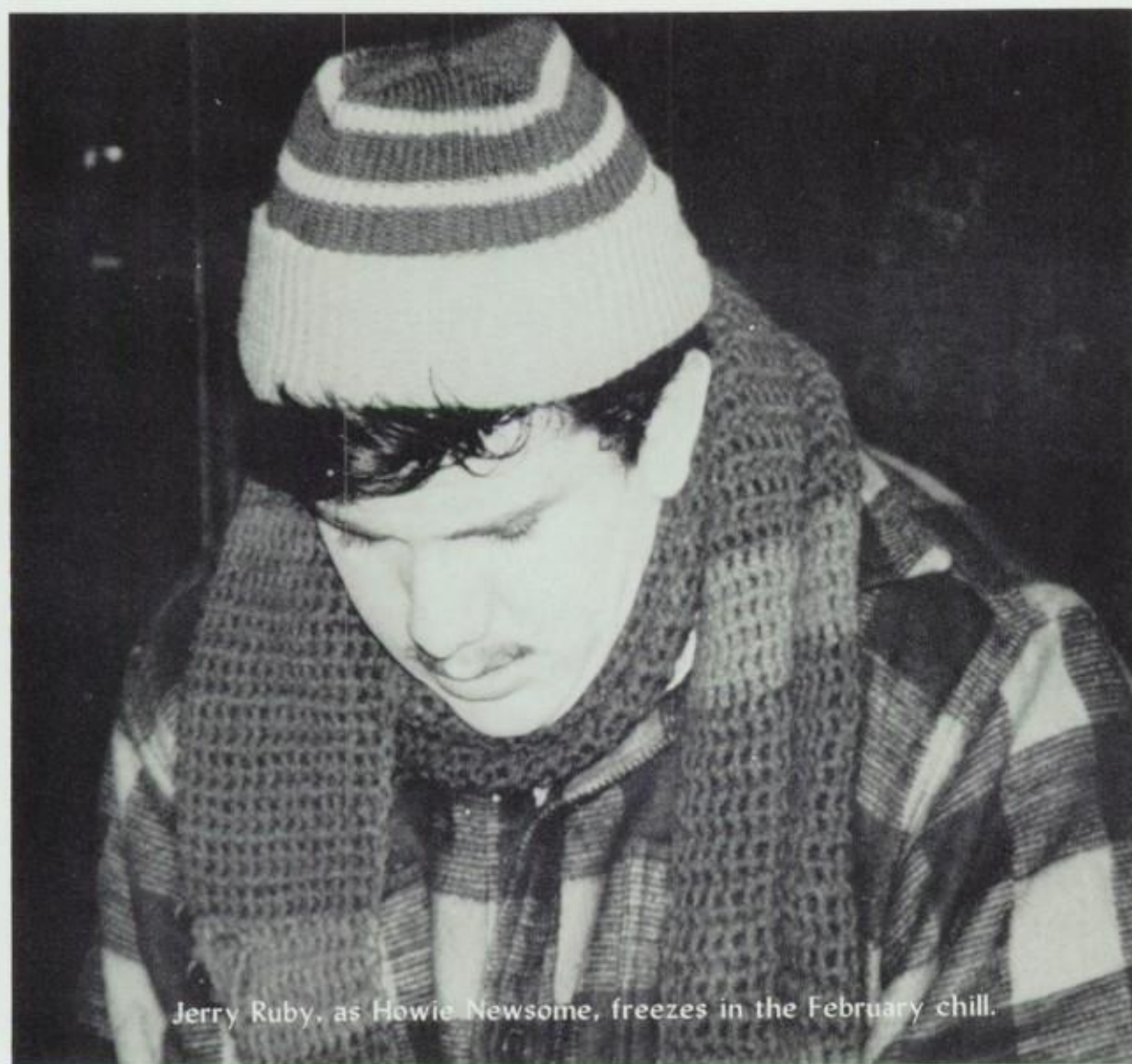
Crew members included:

T. Austin, K. Monahan, K. Beebe, T. Paniagua,  
 P. Monahan, J. Rubiano, C. Erb, K. Shield,  
 C. Ayers, T. Tinsley, J. Hitt, S. St. Clair,  
 M. Mays, R. Warren, K. Northam, E. Holiday,  
 S. McCarthy, J. Little, S. Kral, S. Laslo,  
 X. Phuong, A. Telles, M. Murdock, R. Mulvaney,  
 A. Hargis, R. Sawyer, T. Bagnard, A. Dominguez,  
 S. McKeig, K. Miller, K. Singleton, J. Ruby,  
 S. Underwood





David Walker, Peter Watson, Kerry McGrath in the death scene.



Jerry Ruby, as Howie Newsome, freezes in the February chill.



Dr. Gibbs talks to his son, George, about his allowance.



# Library Club



This year's library club concentrated on improving library service to our school. Members were rewarded with field trips and social gatherings. This year's president was Michelle Gleason, vice pres. was Douglas Munyon. Secretary was Jana Wald, and other members included Dennis Burkett, Tony Hanley, Aaron Hanson, Jason Hitt, Millissa Kropp, B. James Lord, Michelle Smith, Kristie Gudith, Tiffany Mills, Vincent Angulo, Jeremy Hargess, Anthony McGirr, Jason Super, Jena Waid, Heather Caldwell, Teresa Biser, Jason Butler, Alvalda Jesse, Kathy Perkins, Patty Bradley, Stephen Hurst, Stephanie Johnson, Katherine Morgenroth, Kevin Sabins.



# Inter-Club Council



This year's Inter-Club Council, headed by Lara Slater, and advised by Mr. Don Bonney, united the clubs on our campus, and improved inter-club communications. Members were all club presidents or heads, and included Dominique Beck, Jim Ehlers, Jodi Flowers, Laurie Hazel, Michelle Hendee, Carrie Hoy, Jaime Jeffers, Steve Limon, Lisa Monahan, Loan Nguyen, Kathleen Quinn, John Rogers, Tristan Svare, and Heidi Wilson.





## CSF

California Scholarship Federation — Seniors: Allgaier, A., Bowman, M., Bresler, K., Ehlers, J., Fisher, H., Hall, Y., Ingmanson, G., Kilpatrick, K., Murphy, A., Nguyen, L., Pierce, D., Rogers, J., Singer, D., Slater, L., Strong, S., Sun, W., Svare, T., Weeber, C., Weiss, B., Wozniak, K., Zinn, J., Juniors — Auton, B., Bliss E., Bottroff, J., Carlson, C., Cimmarusti, M., Foster, K., Frosio, P., Halterman, G., Hull, J., Jenkins, G., Katzenmeyer, K., Knowlton, C., Lin, D., Marzulo, Y., Meyer, J., Moshtaghi, N., Mounts, A., Munch, J., Pilkington, A., Poma, L., Seals, A., Siepert, M., Stodelle, T., Tonkovich, M., Vaughan, T., Wu, M., Sophomores — Bianchini, H., Bilott, J., Cameron, S., Chipman, C., Cohan, J., Engblom, D., Fink, W., Flynn, T., Fonseca, M., Freed, J., Gillingham, A., Gottlieb, M., Hall, D., Hall, K., Hernandez, T., Jorgensen, E., Naghsoodi, R., Pettis, M., Price, R., Reep, N., Ring, K., Sawyer, S., Schroeder, S., Swanson, J., Williams, R.

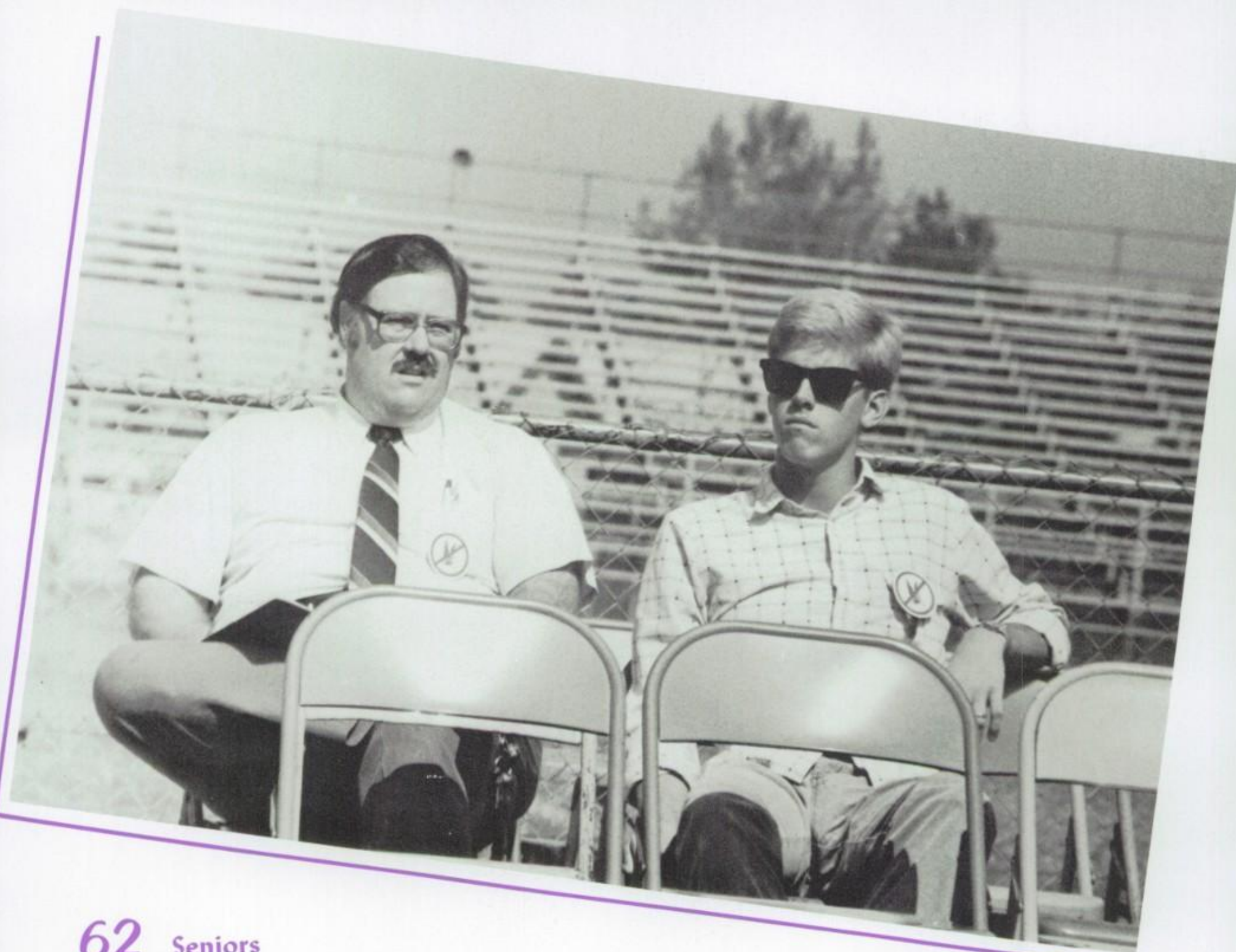
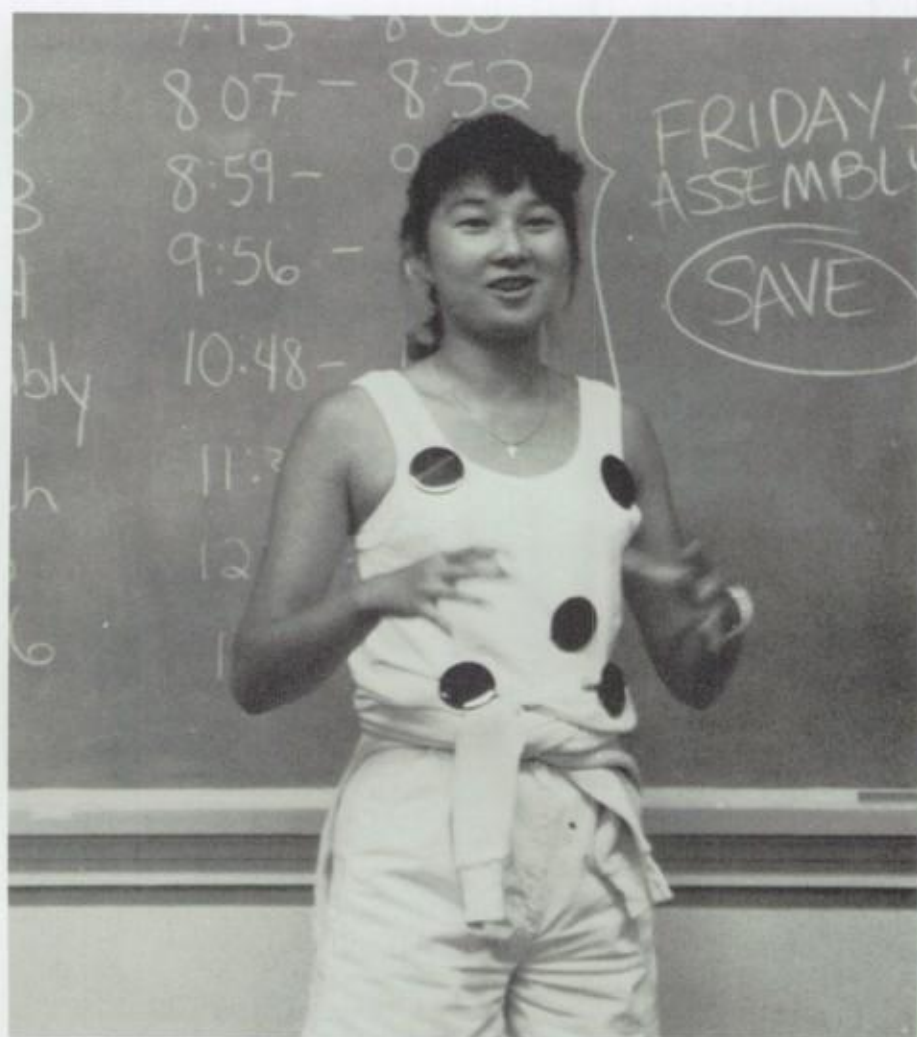




## Academic Quiz Bowl

This year's Academic Quiz Bowl competitors consisted of Erik Bliss, Chris Carlson, Troy Dufraine, Jason Rogers, Doug Singer, and Tristan Svare. Samuel Singer acted as advisor.







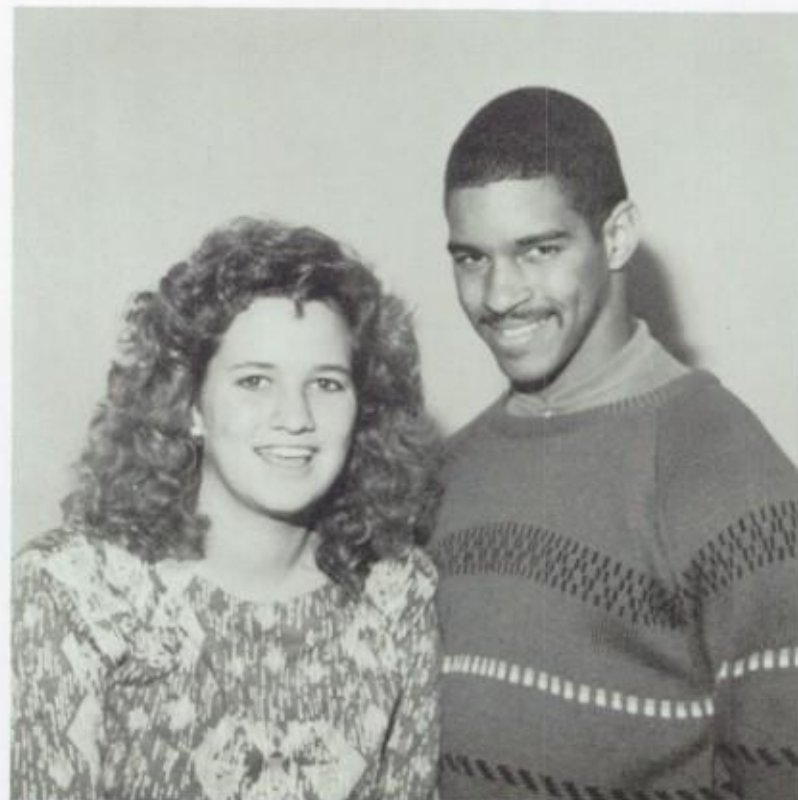


Seniors  
Seniors  
Seniors  
Seniors  
Seniors  
Seniors





# The Wave of Standouts



Best All Around: Lara Slater and Derek Lobbins



Mr. and Ms. Senior Class: Loan Nguyen and Jim Ehlers



Most School Service: Laurie Hazel and Keith Wozniak





Most Likely to Succeed: Beth Weiss and Yoshio Hall



Most Memorable: John Joralemon and Melissa Learn



Most Athletic: Steve Strong and Jamie Speidel

'87





Best Dressed: Julie Farrelly and Jirus Junior



Most Talented: Jason Rogers and Mindy Bowman



Prettiest Hair: Robert Conrad and Gina Spadaro



Best Figure: Paul Appenzeller and Stacey Hernandez





California Kids: Jenny Ruffer and Eric Legerton



Most Wanted For A Date: Monica Orozco and Gary Boedlt



Prettiest Eyes: Sandy Quinn and Jason Zinn



Shyest: Perry Gomez and Windi Ledford





Best Personality: Kristy Selder and Todd Sleet



Biggest Flirt: David La Pan and Missy Adams



Most Humorous: Gregg Clubb and Jaime Kreitz



Prettiest Smile: Kathleen Quinn and Kenny Bonilla



# Senior Advisers, Officers



Parker Olsen, Adviser



Ann Larivee, Adviser



Howard Estes, Adviser



Ron Ray, Adviser



Senior Class Advisers and Officers ... they were the center of all senior activities. "This year got off to a great start!" exclaimed Loan Nguyen, class president. The year began with the successful Senior Parking Lot Auction, which raised approximately \$2000, followed by a car wash, teddy bear sale, flower sale and eventually,

the Prom held at the U.S. Grant. It ended, of course, with graduation and after-grad trips to Mexico, Hawaii and Europe. Clan Johnston's main goal was to lower the cost for its various activities so that more students could participate. They just wanted to have fun!



Loan Nguyen, President



Aurora Perez, Vice-Pres.



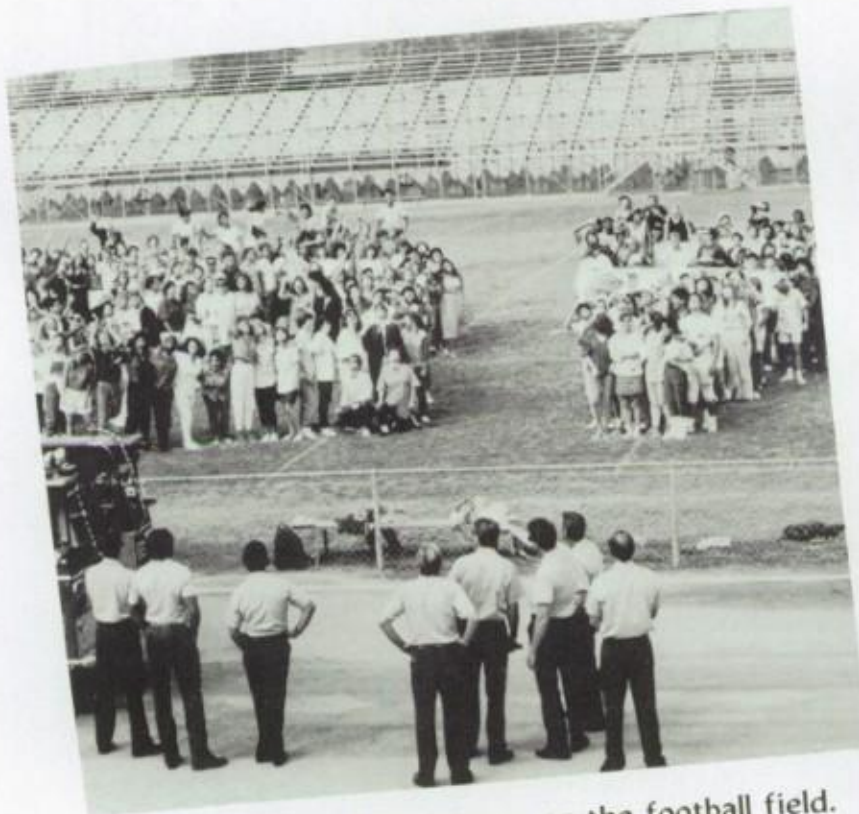
Laura Almeida, Secretary



Windi Ledford, Treasurer



# Senior Board



Seniors pose for '87 picture on the football field.



Principal Gerald Reckin discusses Senior parking privileges.



# Class of '87 Top Ten Percent Valedictorian Candidates



Yoshio Hall — 4.0

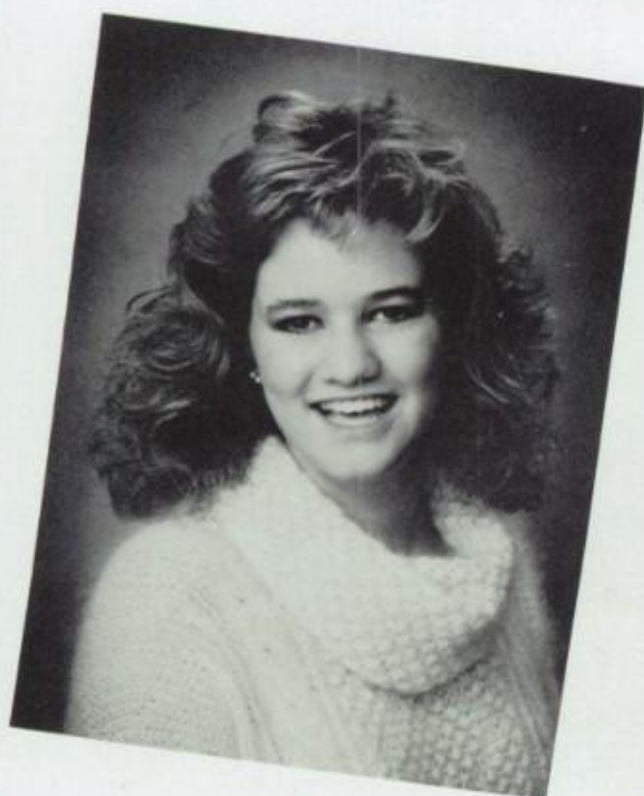


Loan Nguyen — 4.0

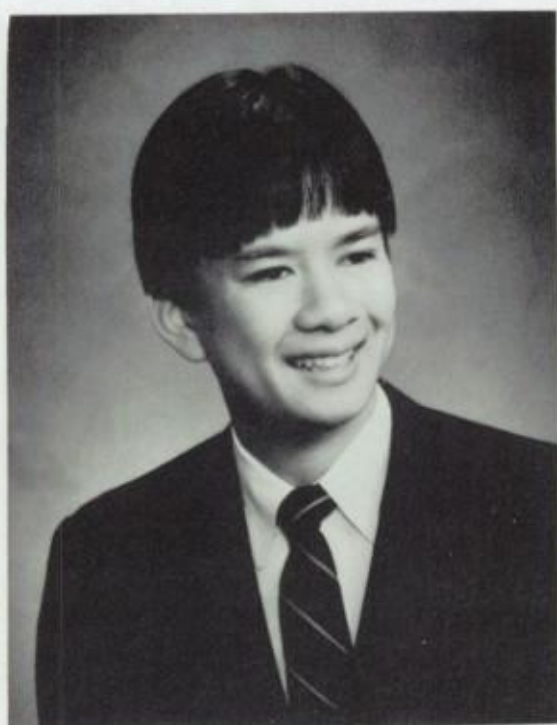


Jason Rogers — 4.0

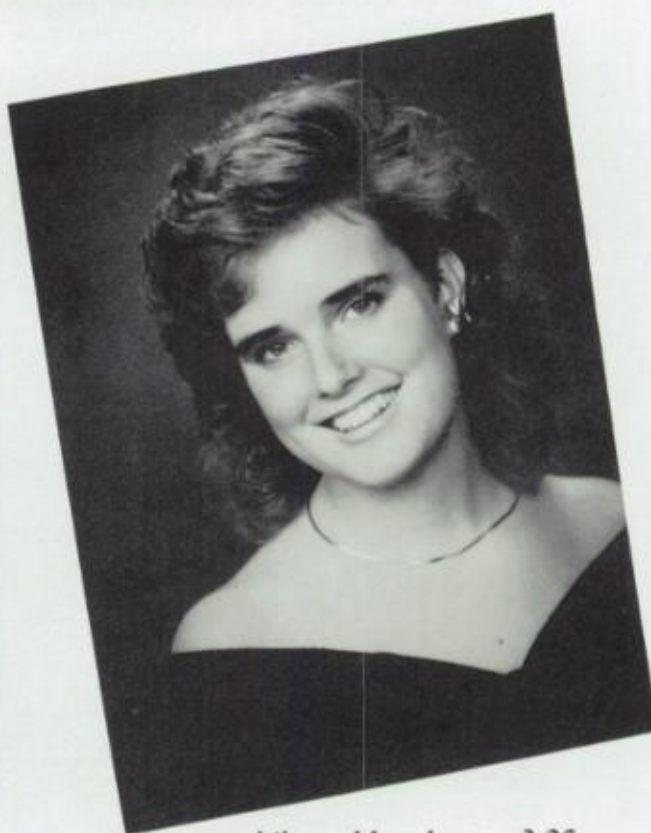
## Salutatorian Candidates



Lara Slater — 3.96



Joseph Wong — 3.96



Aileen Murphy — 3.96

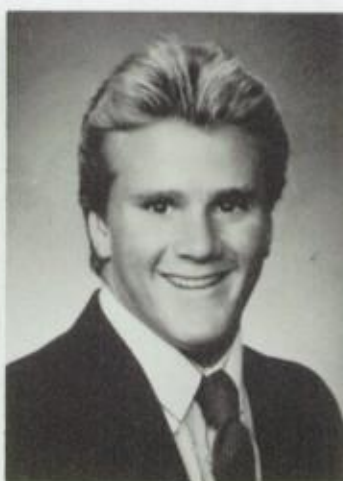




Amber Allgaier 3.95



Eric Rittershofer 3.92



Daniel Comer 3.92



Julie Farrelly 3.92



Wei Sun 3.92



Edmund Gatley 3.89



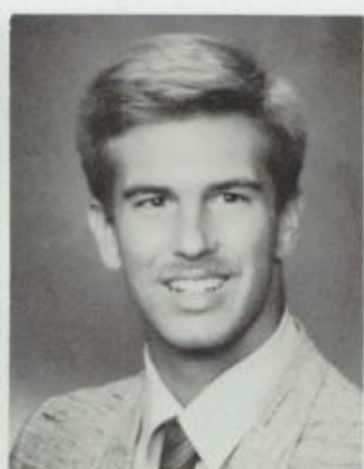
Douglas Singer 3.88



Michael Wear 3.81



Richard Taylor 3.80



Steven Strong 3.80



Albert Cascia 3.78



Bethel Weiss 3.77



Mindy Bowman 3.76



Gretchen Ingmanson 3.71



Jason Justeson 3.69



Craig Weeber 3.68



John Angione 3.66



Dena Pierce 3.66



Eric Toshalis 3.66



Kathy Holton 3.65





Kelly Bresler 3.64



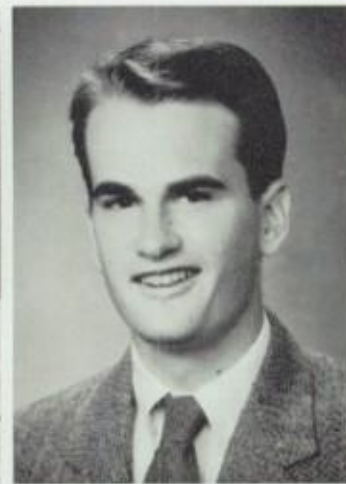
Holly Fisher 3.64



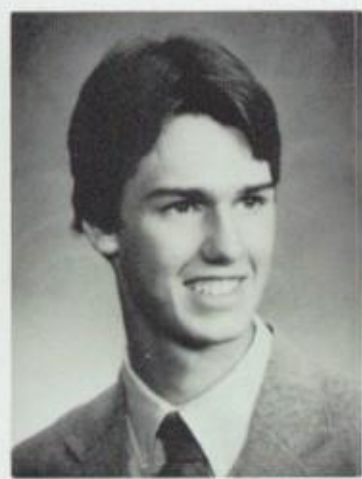
Marc Raab 3.64



Eric Schroeder 3.64



James Ehlers 3.60



Christopher Hamma 3.58



Kristen Shaughnessy 3.56



Jeffrey McCreary 3.55



Kristen Whitney 3.52



Richele Dickerson 3.52



Summer Frost 3.51



Gregory Scribner 3.50



Duane Schweitzer 3.48



Kristen Shamordola 3.48



Dale Webster 3.47



Wai Lee 3.46



Courtney Mills 3.46



Erica McNeil 3.44

NOT SHOWN:  
Kelly Boutilier 3.43



# The Wave of



Mark Acaldo

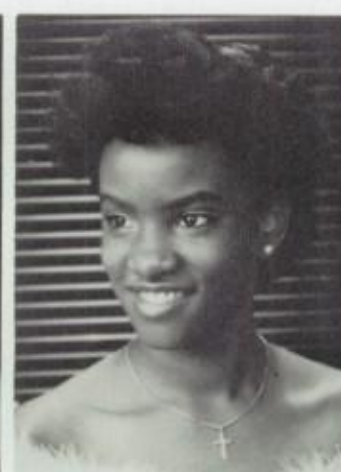


John Aceves

# Seniors



Melissa Adams



Teresa Adams



Tom Adams

'87



Leslie Aimone



Amber Allgaier



Donna Allsing



Laura Almeida



Bethany Almon



William Anders



John Angione



Paul Appenzeller



Stephanie Arceneaux





Darrell Arrayan



Angela Arrington



Bernadett Babauta



Roger Bailey



Robert Baker



Susan Baker



Stephonie Banks



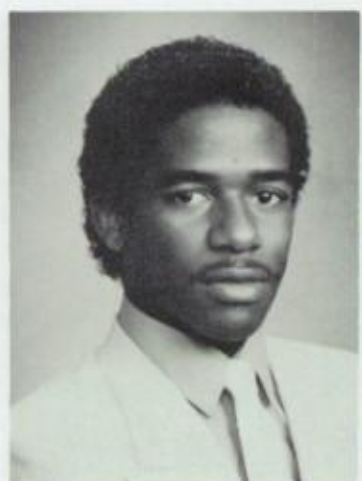
Kerry Barr



Michael Barr



Eugene Barron



Sidney Baxter



Bryan Bean



Kimberlee Beebe



Robert Bell



Paget Belling



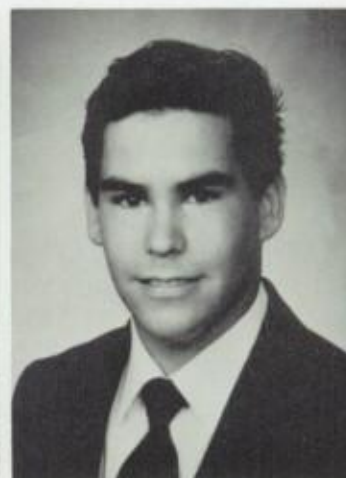
Monica Beltran



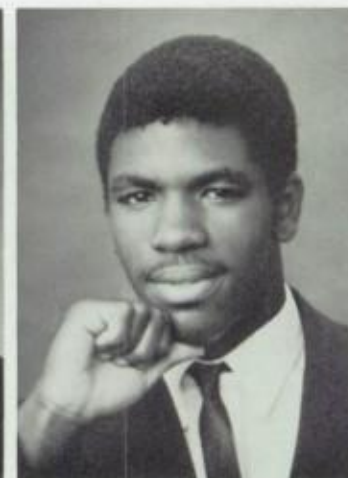
Shannon Black



LaTanya Blackman



Chris Blanas



Clifton Blevins





Mica Bloom



Julia Bobb



Gary Boeldt



Kenneth Bonilla



Rosa Bonilla



Mike Bottroff



Jirus Junior and friends survive Hell Week: "We've made it, Babel!"



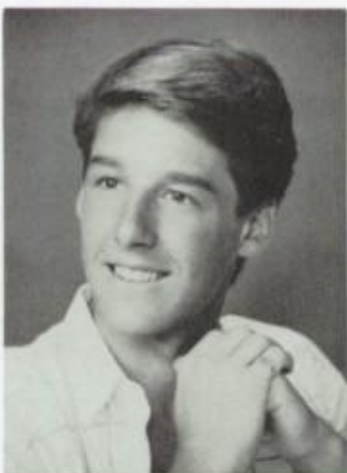
Donald Bourdeau



Mindy Bowman



Gary Bradley



Gary Brannon



Kelly Bresler



Kimberly Bresler



Conni Breuninger



Stephen Bridge

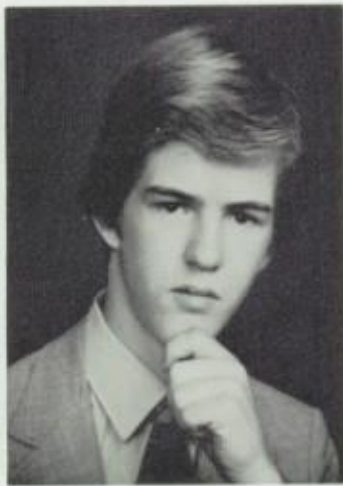




Joseph Briz



Michael Buckley



Michael Bukraba



Correen Burchard



Dawn Burkett



David Cain



Deanna Camacho



Charise Campbell



James Canady



Todd Capizzo



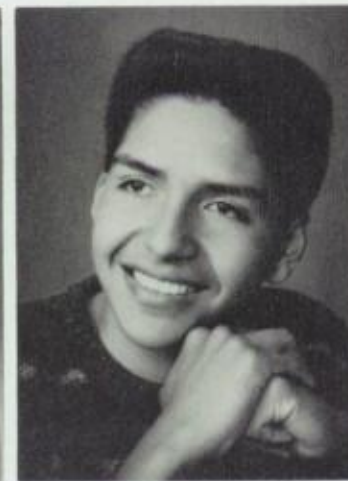
Robert Cardwell



Theresa Carlile



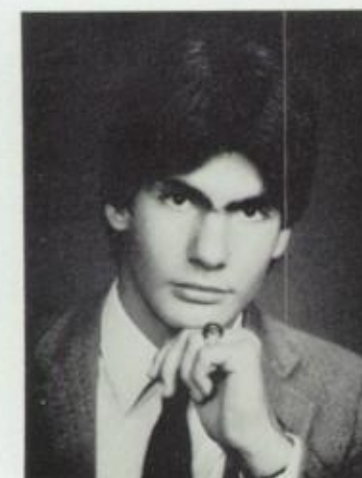
James Carlson



Ralph Carrasquillo



Angela Carson



Gregory Carson



Albert Cascia



Rebecca Case



Tony Castaneda



Arpie Chadergian





Rebecca Chambers



Robert Chaney



Holly Chapple



Louie Chau



Michael Chavez



"No, I'm not asking for donations!" . . . E. McNeil



Wendy Chevalier



Judy Chiang



Rosina Ciamacco



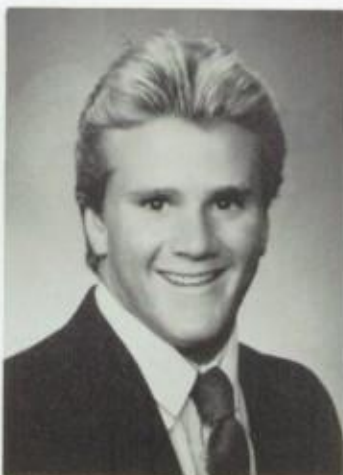
Gregory Clubb



Kelly Cluff



David Cole



Daniel Comer



Robert Conrad



Mara Copley





Otto Corley



Rita Covey



Kelley Coyne



Charles Crisafulli



John Crone



Michelle Cummings



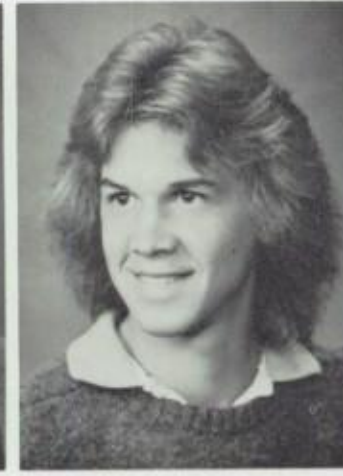
Tony Cunningham



Katherine Daglio



Kenneth Darby



Paul Daves



Karen Davis



Sheryl Davis



Nicole De Chaine



Sean Decker



Mark Dederian



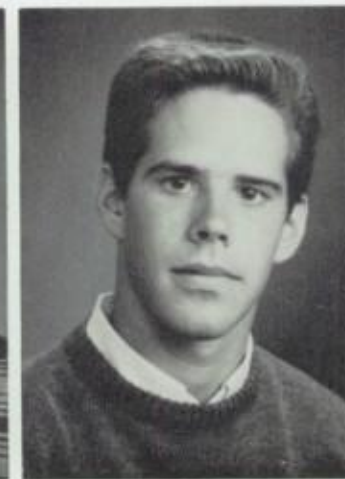
Richard Diaz



Richele Dickerson



Ludo Diels



Stephen Dieterle



Glenn Diola

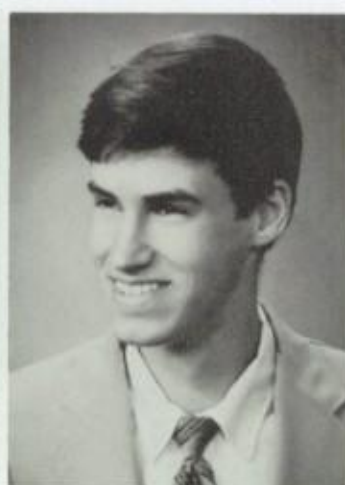




Robert Diplock



Matthew Dowd



Paul Downs



Trevor Drummond



Denine Dube



Angela Duenas



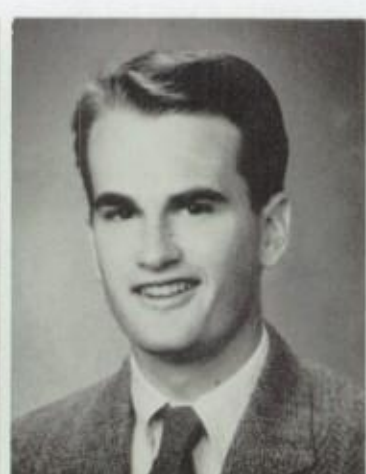
Marc Duggan



Ronald Dyar



Janice Early



James Ehlers



Lori Elder



Bob Ellis



David Espinosa



Gina Espinoza



Scott Etzel



Sandra Fakhouri



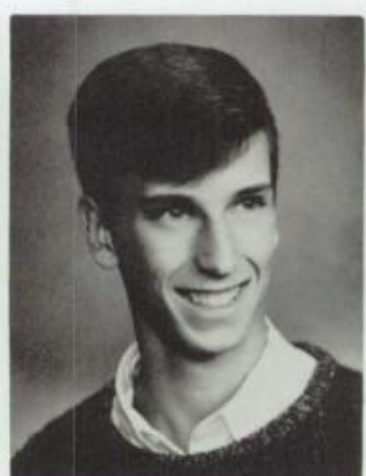
Sonia Farmer



Julie Farrelly



Matthew Ferguson



Toby Ferguson





Holly Fisher



Lesa Fisher



Tracy Flowers



Chris Forrest



Paul Fowler



Barbie Fraitag



T.J. Frederico



Shannon Friedman



Summer Frost



Julie Garrett



Darlene Garrido



Jennifer Gaskin



Edmund Gatley



Hilary Gaughen



Jeff McCreary diligently prepares for the Naval Academy.





Michael Gawat



Billi Jo Geers



Barbara Giaquinta



Lara Gibson



Dawn Gilbert



Shelly Glenn



Brett and Todd feel the effects of high school.



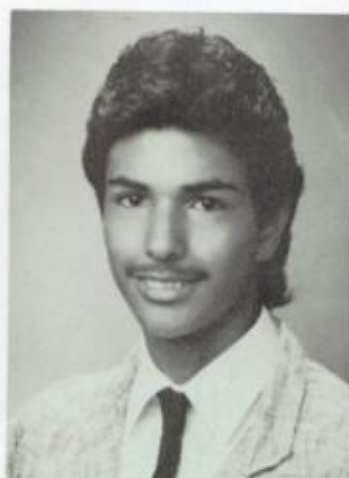
Mary Glunt



Matthew Glunt



Loyle Goff



Perry Gomez



Drew Grading



Dawn Graham



Julia Greene



Ralph Greene





Stacey Gregg



Eddie Gross



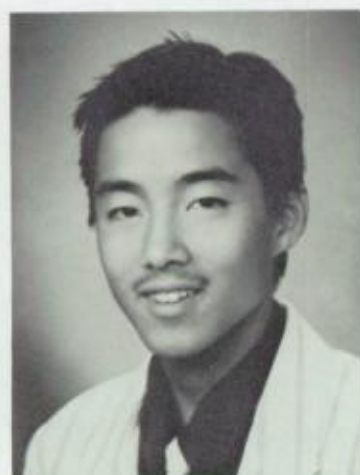
Leticia Gutierrez



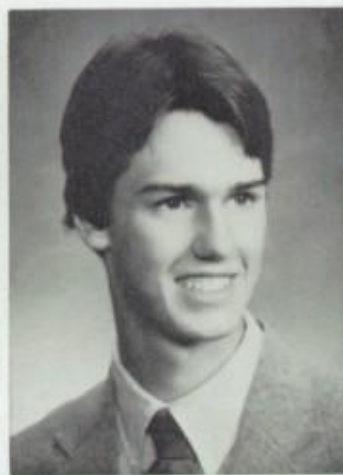
Kelly Halavais



Tamara Hall



Yoshio Hall



Christopher Hamma



Dana Hardin



Kimberly Harman



Lori Harrison



Brian Hayward



Laurie Hazel



Michelle Hendee



Cheryl Hereford



Stacy Hernandez



Victor Hester



Kimberly Hickey

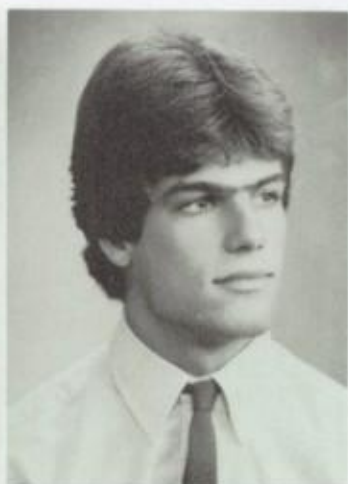


The library crew takes time off for a photograph.





Caroline Higgins



Steven Hinck



Linda Hodge



Victoria Hodges



Le Anna Hofmann



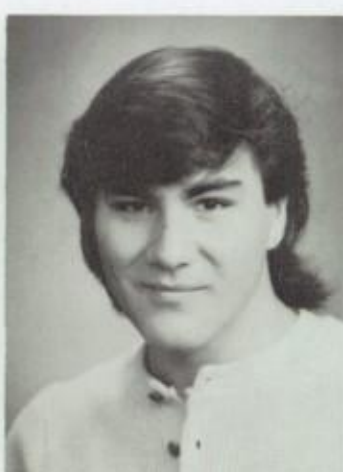
Kathy Holton



Debra Hopkins



Gina Hopper



Joel Horn



Carolynn Hoy



Michael Hubbard



Chad Hurley



Sandi Huskey



Shirley Hutchins



Theresa Hyatt



Gretchen Ingmanson



Sandra Ippolito



Christy Iverson

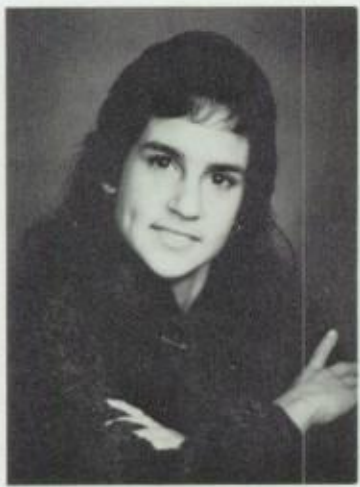


Phillip Jackson



Janina Jarman





Christina Jenkins



Antoinette Jennings



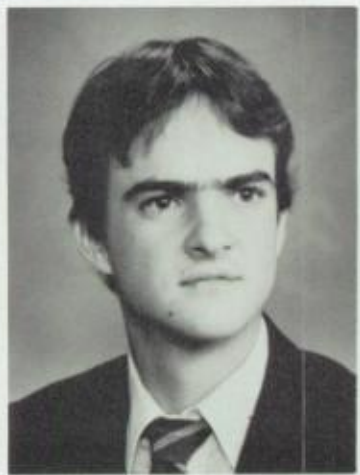
Steven Jentoft



David Jessop



Mark Johnson



Chris Jones



Melissa Jones



Samuel Jones



Susan Jones



John Joralemon



Robert Joyce



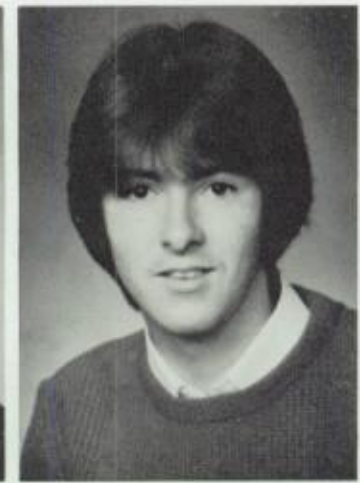
Jirus Junior



Jason Justeson



Sean Karimi



Brent Keller



Lisa Keller



Michelle Kelly



Ronald Kessler



Kathy Kilpatrick



Raymond Kimmel





Jeffrey Kinnard



Tonya Kleinick



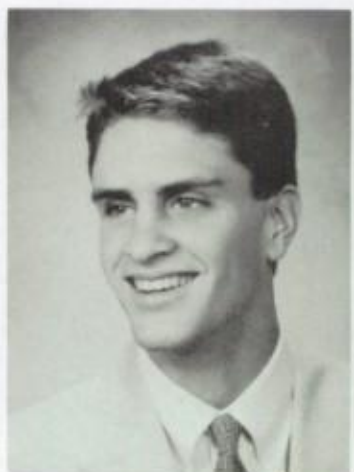
Diane Klepser



Darren Korn



Jamie Kreitz



Doug Kriedeman



Robert Kunik



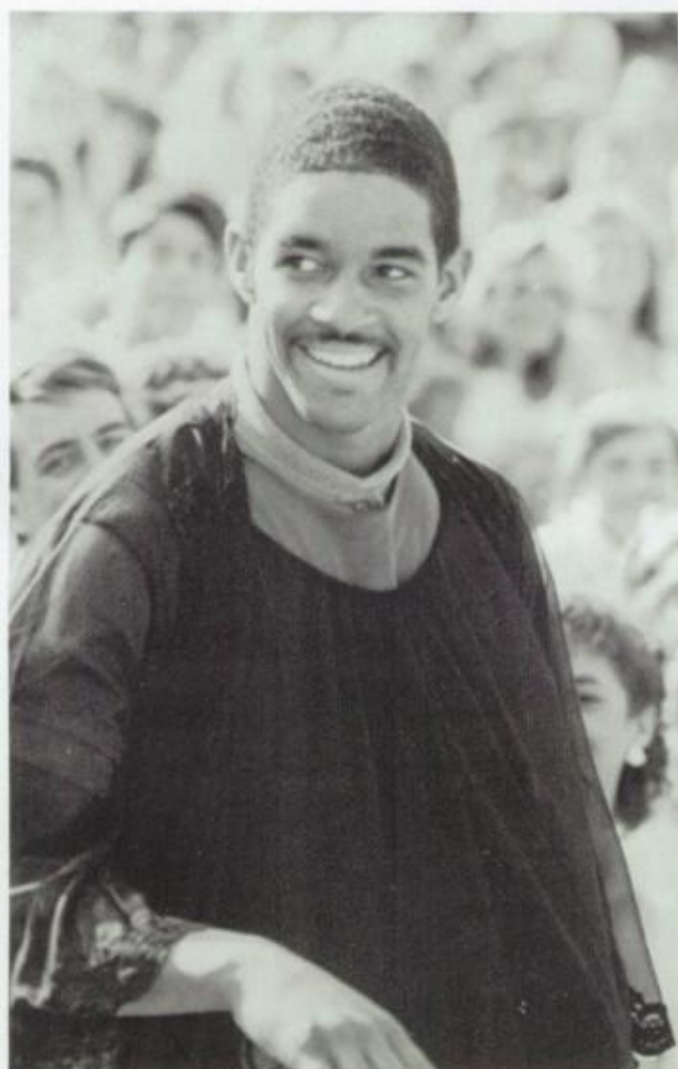
James Kyser



David La Pan



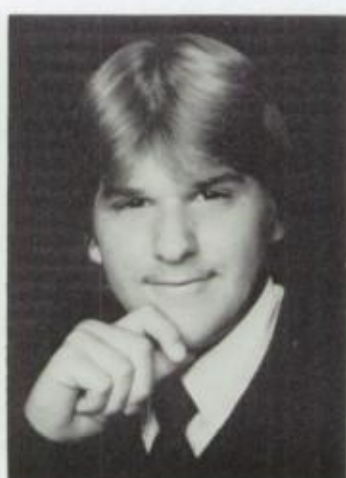
Amber Lafferty



Derek Lobbins models the latest in evening wear.



Louis Lake



Michael Lancia



Stacey Lange



Sisko Lansman



Melodie Lanzo



Glen Laube

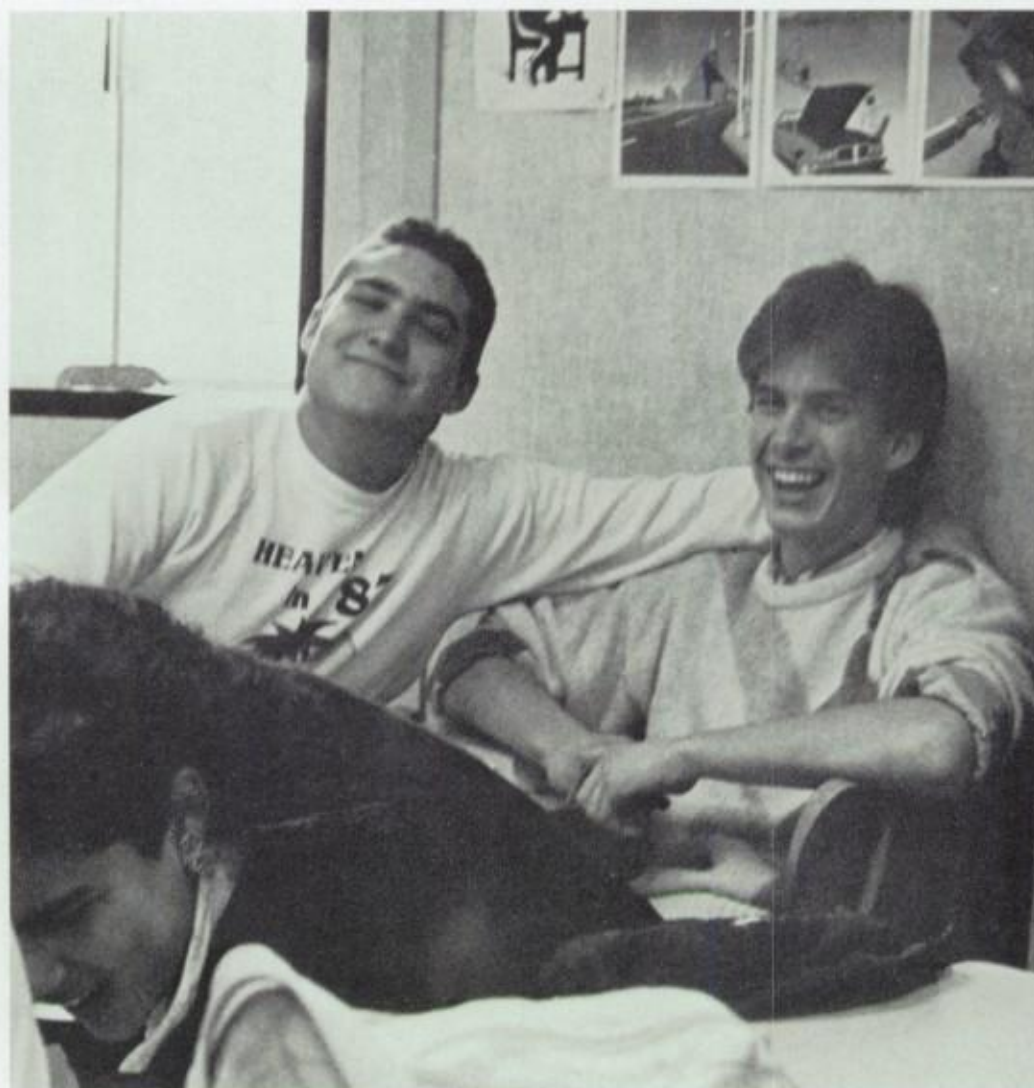




Marie-Ange Le Boulaire



Michael Le Duc



Matt Ferguson and Brian Sams enjoy Fridays the most.



Melissa Learn



Windi Ledford



Wai Lee



Mark Leffler



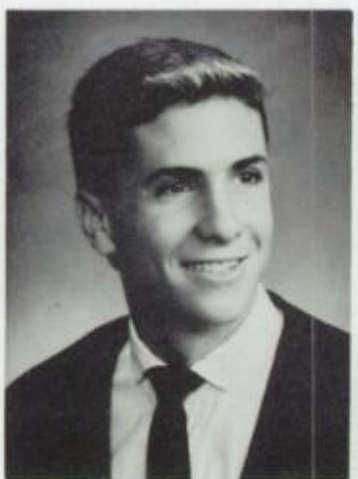
Eric Legerton



Cynthia Leitner



Heather Leon



Jason Levine



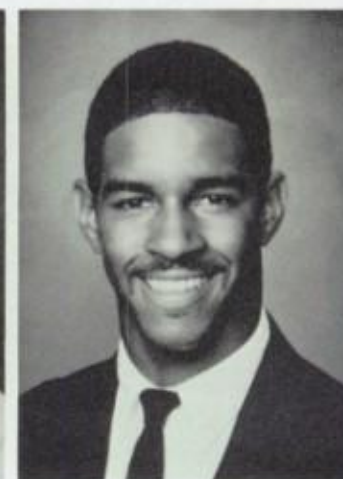
Robert Lewellin



Judy Lin



Colleen Linnertz



Derek Lobbins





Jennifer Looney



Aroonrath Lord



Kirk Lovewell



Renee Lucas



Beth Lydy



Shelly MacNeil



Kathleen Madigan



Holly Mallette



Philip Manzano



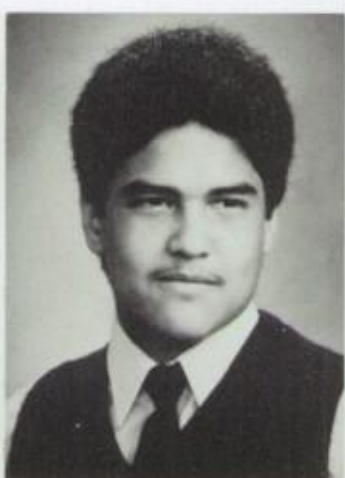
Christina Marmo



Angela Marshall



Raul Martinez



Raymond Martinez



Chris Maruschak



Jacqueline Mattison



Cricket finds Mondays extremely exciting!



Janette Mattison



Chris McAllister





Thomas McBride



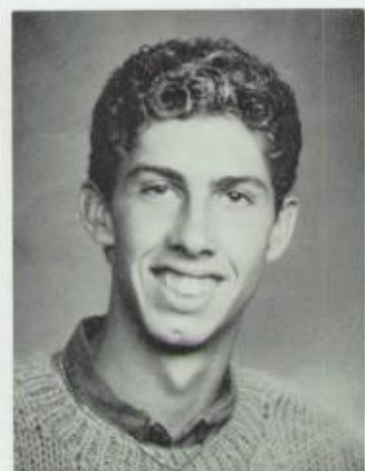
Dawn McCabe



Louisa McClelland



"No problem!" — Mary Lou Simpson



Michael McCombs



Jeff McCreary



Darin McNamara



Erica McNeil



Joseph Mendez



David Mentzer



Karen Meyer



Tawit Middleton



Elisa Mikkonen



Dionne Miller



Jeff Miller



Tamara Miller



Courtney Mills





Keith Mobley



Lisa Monahan



Lisa Montes De Oca



Mariano Moreno



Leon Morton



Mike Moskowitz



Sean Mullin



Douglas Munyon



Aileen Murphy



Jill Nelson



Marla Netzer



Reynette Ney



Huyen Nguyen



Kim-Loan Thi Nguyen



Kimberlee Nowell



Nicole and Janina reminisce on a fun-filled weekend.

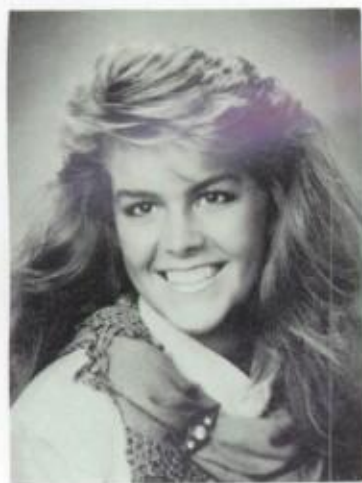


Eric Nyenhuis



Jason Ohmstede





Monica Orozco



Talesein Osborne



Valarie Padilla



Belinda Paniagua



Scot Parriott



Robert Penin



Aurora Perez



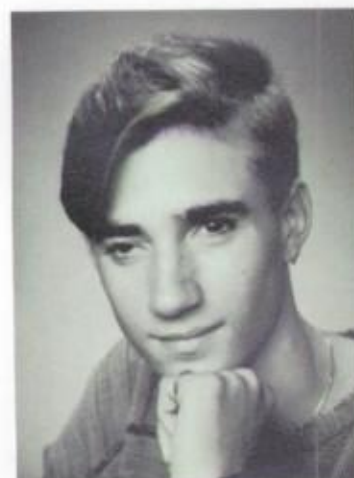
Laura Perry



Jon Pettis



Derrick Phillips



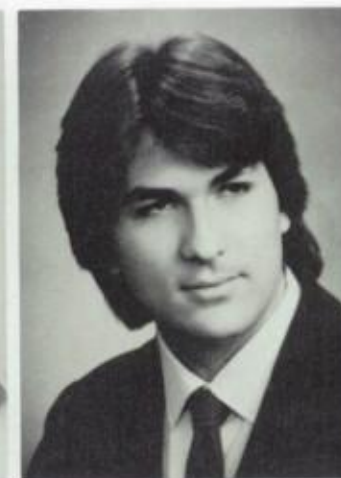
Larry Phillips



Nga Tu Phuong



Dena Pierce



James Pinkerton



Kristin Plasencia



Bridget Pote



Jacque Pressler



Bonnie Preston



Kathleen Quinn



Sandra Quinn





Barzel Segal



Kristan Selder



Kristin Shamordola



Steven Shapiro



Kristen Shaughnessy



Courtney Shea



Robert Shellman



Kerreen Sherman



Eduardo Shimizu



Lowel Silvernail



Mary Lou Simpson



Shelly Simpson



Douglas Singer



Lara Slater



Todd Sleet



Troy Sluder



Melissa Smart



Beth Smith



Kevin Smith



Fredrik Soderberg





Brett Soliday



Heather Souza



Gina Spadaro



Jerry Spees



Jamie Speidel



Karyn Speidel



Tristan Svare's aid for fighting off women!



Rebecca Stahl



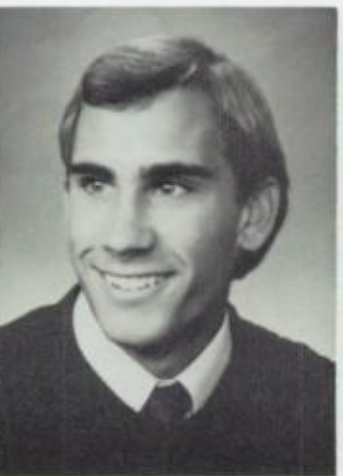
Mark Stalnaker



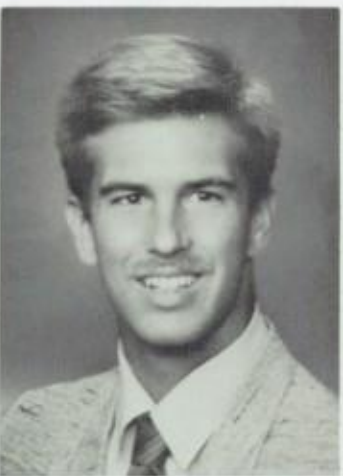
Carole Stangl



April Star



Douglas Storm



Steven Strong



Lisa Sullivan



Wei Sun





Donna Allsing prepares to meet that special one.



Jane Suter



Tristan Svare



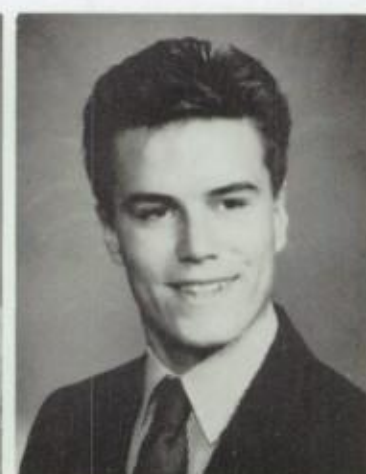
Richard Taylor



Annette Termini



Clark Thom



Robert Thomas



Charles Tillman



Eric Toshalis



Thomas Travis



Allyson Triplett



Renee Tull



Amy Urbanek



Rose Vatalaro



Paul Veerman

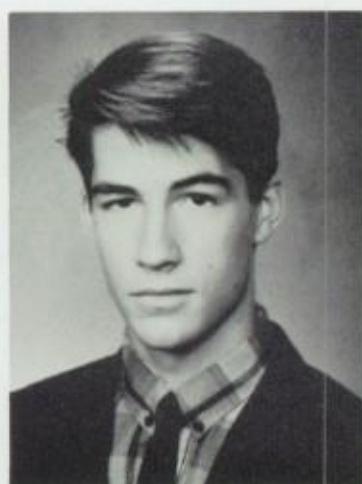


Kareen Venable

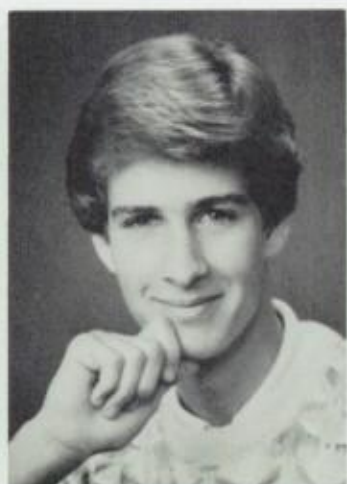


Andrew Viernes

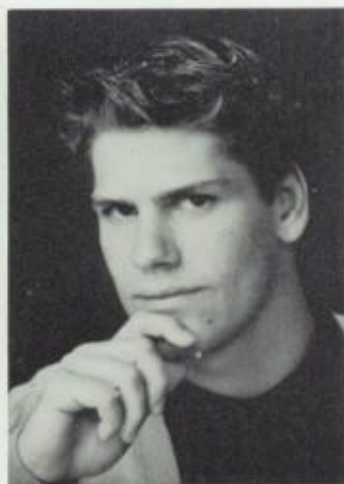




Brian Von Geitzen



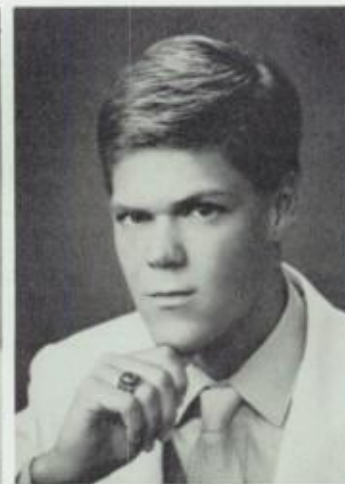
David Walker



Loren Wallace



Sheri Watwood



Paul Waymire



Avery Wear



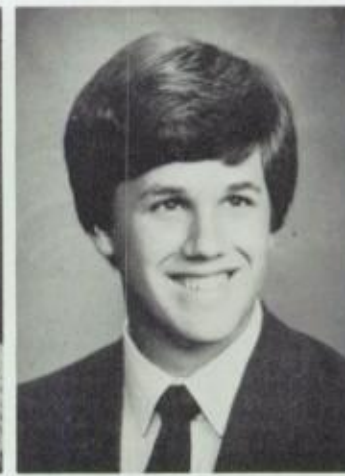
Andrea Webb



Elizabeth Webb



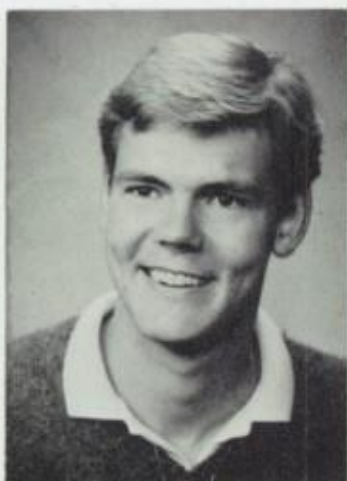
Dale Webster



Craig Weeber



Beth Weiss



Chris Wejse



Brian Weller



Chris Wheller



Lyric Whitby



Troy White



Wendy Whitney



Andrew Wieher



Virgie Wiggins



Douglas Wilson





Heidi Wilson



Jason Wilson



Latanya Wise



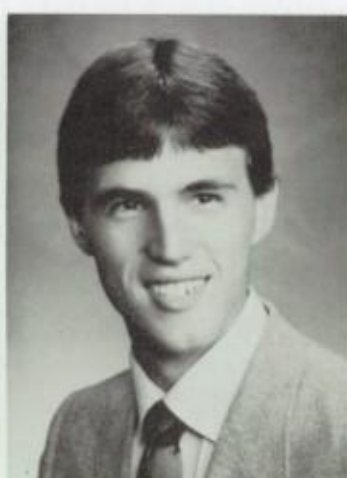
Laurie Wissinger



Joseph Wong



Lee Wood



Keith Wozniak



Dean Yale



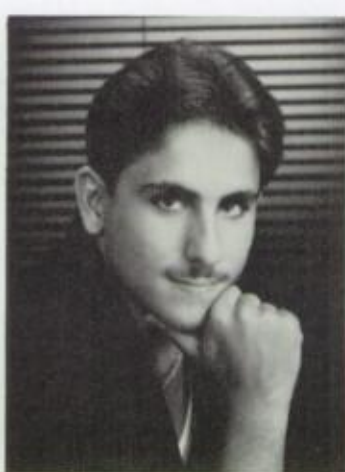
Shervin Yazdanparast



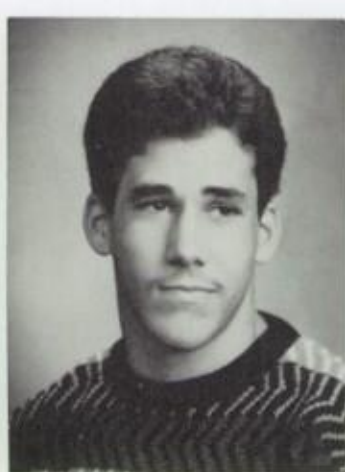
Liz Zacholl



Jason Zinn



Tige Zionskowski



Randal Zollinger



Ilana Zuckerman

Camera Shy  
Annette Amrine  
Joey Appolito  
Julian Arellano  
Randal Atencio  
Richard Avalos  
Rose Baltazar  
Kelley Boutilier  
Joseph Brown  
Mesha Brown  
Daniel Buell  
Tammy Buell  
Aaron Carter  
Alex Castillo

Marcus Caudill  
Robert Christiansen  
Daniel Corkill  
Cathy Curtis  
Michael Daglio  
April Davis  
Hildeliza Diaz  
Paul Drapeau  
Sameerah El Amin  
Ahmad Estakhri  
Berness Ferguson  
Brian Fernandez  
James Galkoski  
James Hamilton

Todd Heath  
Len Hicks  
Jeff Hurlbert  
Alvilda Jesse  
Jeffrey Jones  
Mei Kanstrup  
Les Kelly  
Erik Krupp  
Nicholas Lasher  
Aaron Lee  
Page Loveday  
Jason Lowder  
Maria Lozano  
Ernie Marrujo

William Martin  
Stephani Matson  
Esther McElroy  
Eric Myers  
Seio Nakajima  
Linda Nephew  
Nanci Newton  
Chu Nguyen  
Anne O'Neal  
Miho Obuchi  
Jenny Parks  
Tara Peters  
Luke Pniak  
Joseph Purnell

Huy Quang  
Eric Richter  
Michael Robbins  
Tahnee Roper  
Larissa Sjarbaini  
Jessica Smith  
Sean Sullivan  
Joan Swanson  
John Swanson  
Aundrea Tavakkoly  
Gretchen Warner  
Chun Yung  
Jason Zullo



# '87 Senior Memories

Acevedo, Chris. Best times: party T.J. Special Friends. Tony C., Stephanie S. Show C., Wendi S. Tony hot waiter in T.J. Best Friend, Tony Casteneda, mountains, fishing Mex. Party choke on "T". Jodi Christmas dance your house. Wendi Jr. Prom May 3, 1986 in scorcio, Butterflies. Eyclie Prom Limo Hotel Coke is it, Cris, I love you all. James thanks for the loans during school proms. Love you Brother. Hold the wheel my turn don't spill it. I never could do it without you Mom and Dad I love you all. Little brother take care I love you. May God Bless you and take care of you I love you. David. Tie, ramberler next time knock before entering. Tony we can look towards the future in D.E.A. I got your back, you got mine. James, Tony should I wear my glasses or is it cool? Homies in the grove. Tony, Lukent. Latwat in the monkeys cage. Choke one boys. I LG I have Charger tickets? T, may you all live to be as old as ... Love you Ace.

Aceves, John. (Tourist, John Boy, Pap, Mex, Ace). Best Buds: Jason Ledford, Kenny Bonilla, Kristen Miller, Brian John Kalch, Karen McCarthy, Ron Douglass, John Jorammon, Robbie Ledford, Joe Herman, Bill Anders. Memories: Pressing ham at Grossmont Center with Jason Ledford, Rod Nichols, Dave the Mole Cole. Fun times on junior varsity basketball. Fun times at the beach with friends, bowling, concerts, Tiajuana, Working at Round Table. Eighteen days without my girlfriend. Emotional withdrawal, eating three times a day. Walking Buck at Grandma's. Peace Buck. Shopping at Horton Plaza in Amber and Fitch, Massage chairs, Ducks in running water joke books, cat chucking, Video Fixs. To Ron Douglass, it sure wasn't one of these, free yogurt, we're just pressin a little ham officer. Working with Bob the oven man at Round Table eeyeahh! you Jeffery, Sea World parties, Crown Point, Belix on the Tosser Luv ya Ron. Very special times with my girlfriend. I love you so much Laura. California Buds. Forever never too low, slam it sambo. Thanks Mom and Dad, luv ya, later Helix.

Adams, Melissa Jeniene. (Wonder Dog, Bissy, Flirt, Missy) Scotts Service Squad 1. Boards 1234, Spirit Squad 2, A.S.B. 234, Commissioner of Special Events 4, Mardi Gras Homecoming, Ski Club 4, C.A.S.C. S.B. 2 '84-5 Counselor '86. 50 yard line spirit thanks Mike Seifert. Best Friends Traci Richardson L. Jodi Gutman 2, Laila Johnson 3, Beth Lydy 4. Thanks for the fun, guys and memories Traci lost Freshmen together A.S.B. best buds Jodi my man finder, so much fun so many dates. Good times double dating. Laila sailors at the beach, ASB 85-86. Beth, Meth & Bissy, Big Airheads not us! Sandy Boyer, Beach. What should I do? Hien Ngyuen 2, Kenny Strauss 3, Mike Martinez 3, thanks for the formal dances. Mount Miguel guys: Joe Pompa, Brian McClendon, Mike Stutz, Jay Hoffman, Jason Pluto thanks for the fun. David Book my first boyfriend. Santana's X-mas dance with Robert 4 thanks. Zoo's 70th Birthday with Pat Sanford free. Climbing out of Matt Webb's window. My favorite teacher, Mrs. Hays. Thanks DB for putting up with me. Thanks Mom, Dad, Jimmy, and Cindy I love you! Hasta Helix. I will miss you.

Adams, Teresa. It's been a long four years, I'm gonna miss you Helix!! 9th grade: Best all-around high school year. Me, Mesh, The Cain's, Huey, Jason L. etc. Mesh remember, The — house on the hill. Ms. Ornelas — the nicest teacher, Virginia and Stacy — I'll never forget. Tenth grade: Best academic school year. I was a hermit. 3.5 GPA. Steph B. in Espanol. Krish in Key Club. Eleventh grade: Mesh, Me, Steff, and Rosa. Disneyland with Gary and Chevis. Bulldog is bunk. Gary likes Pizda (your welcome). Keybo, you're a sweetheart. Ricardo (Richie), boy do I miss bugging you in Espanol. Finally got over Chris Acevedo syndrome. Mr. C. Cain — I'll get you. Scotty, you're a goober! Mr. Boone — I love you! Twelfth — As I end my years in high school, I'd like to thank the special people: Melissa "What time is it?" Rafael you're the best, Mariano — the coolest friend, Krish — the concert was bumpin' chica, to all these people and one's I forgot, I'll miss you all!!! Thank you Mom, Dad, Mommy, Mike, Tom, Annette Leland, and all my family for sticking by me. Special thanks to mi novio Robert ANTON-IOSITO (lo siento) for helping me to jam in my senior year, I love you so much, all of you. Also, I LOVE YOU GOD, thank you. Without You, I wouldn't be here! Hasta Helix!

Adams, Tom. Nicknames — L.C. Tomie Creator Frosh just chillin with homies Soph Stacy Hernandez I still love you Purple "Rein" Savage Joan Swanson the Daydreamer I love you Junior The homies Yo "D"! 300 press and L ski soft suckas Tony Riley Ronnie Turner James Johnson Eric Peuralt Philip Manzano the Rap Lord now the FREAKS Ms. York Carla Cruz Black Pulsar Mercedes Yo-Yo Gina Cricket Baby Dove Kit-Kat Steph Vicki Divine S.O.S. Perez sorry Melissa Best friend Buffie 2 Pattycake Victoria BANANA Jen Dog is #1 homegirl cheerleaders Monique pool parties and doritos Valerie Val gal hi Roxanne Stacy best friends "84" To Riza, I will love always Good times T.J. was bawlin Yo girl What's your # boyfriend? Thundercats Ho! Cuz I'm d Soul Man look at those backsl its cheaper to keep her the beach with Peg Leg Joe Love to Cepeda Sisters. Weekends. Frat house Montezuma Hall City '86. Fads: Gucci Guess Vutton Lotto Ellesse Fila. JC: Long live enraged miracles Yo shakes! Philip: Thanks Caz. Best friends always remember Yolanda? Melissa and Steph, Tag team? Fila de jeebal Girl! But I love the clownner double rock eMCeez! O.G. Rock the Jeebal "Rub I love you baby! yo ally cat 8th grade Karen I was gone at City Mesa freaks are rockin M.C. Hip Hop and Mid City. Serious: I truly love my family, Teresa, Mike, Mom, Dad, and Mommy. To Big Sis I owe all achievements to God thank you all right Helix

Aimone, Leslie. (La, Leus, Whoette) Bst bds: Sum, Dree, Dars, DR, LB, Spcl frnds: JB (my twin Symr), BD, DD, BM (HB), JK, AT, LP, CB (B#1), EK, J-JF, MA, Bnd L2 Mth Smnr, bg fsh in a little pnd w/AA, ER, EG, AB, ... Smmr '85 — QUARTERS & prtyng w/KEN & TW! College hs prty, 2nd st, Crwn Pt, btills, lost D&S, El Crml nite, rning awy. GoodXs w/ BM, Hmcng, kcked out into the st. D'Ln's hs. S Crmf at condo. We R the Wrld, hndcft Pte, brkng into ju hgh, msion bch, Mgc Mtn for dys. Dr II Seeing The Who at Live Aid in Lndn 7/13/85! Klan bds 4ever ILU mo II V THE WHO. We md it Sum, soon we'll b on r wy. Thnx 4 all the grt tms we've hd & mny more to come. W.F.F.

Allgaier, Amber. Life in a world of the blind. J.D. and Robin Hood shall live forever. Love to all the Lrls. Someday Bam-Bam will come ouchin' at who? So close to victory over the somoans! M.J. — so much laughter and love. Illegal excursions downtown Sylvester and pier — what pier? White BMWs. Too often waterlogged How loose is you suit? Biatholons etc. Supported by so many, can't stand by myself. Meryl Streep no competition every day. 2Cor 6:10. Pressure from outside then inside. Running, running trying to escape, songbird hides. — one month hangs suspended someday we will meet again. Strength to the strong who don't know it and the weak who aren't really namely those beating fingers know it. Don't be like me. These are the essential insanities. We will fade away for others to stand tall. Goodbye to everyone!

Allsing, Donna. (Duck, Wassa, Dorothy, Rookie, Twinkletons) B-ball 1234, Track 24, Tennis 3, ASB 4, FCA 3, Tartan 4, Key Club 4, Unforgettable friends: Courtney Mills, Stephanie Brandland, Kyra Phillips, Leslie Burke, Erik Bliss, Keith Wozniak, Susan Allsing. Thnx for all the fun and laughter! Court and Steph, you guys have made my life so worthwhile, exciting, and especially FUN!!! We've had so many weird, funny and special memories this past year — thanks for them all! ILY guys!! Summr fnl Julian and Rlr-aktng! Psycho and ASB w/ my 2 bst buds! Fun in ASB w/ DL, LMDQ, JE, CM, SB, KW, AM, & Sall Kyra, thnx 4 all of your supprt and love. LIR my bestest bud! ILY! Leslie, since 1st grde we've been spcl friends. Thnx 4 all the bizarre memories. Susan, thnx U 4 being nt jst a gr8 sis, but such a spcl friend! I will nvr 4get Wash, D.C. Michigan Menll Radage — GGGGary — Cruzn til 3 — Arlington! 2hrs on the METRO!! Thnx Beth, you are a wndrfl big sis!! My H2O Polo buds: MB, DK, TS, KK, & My QT, JMI! X-Mas Dance w/ MB — funnest! ILY guys!! Thnx 4 a grt year! B-ball buds: JS, MJ, KP, and Singer. Thnx 4 everything! Kat, UR a gr8 little sis! You've made my life full of laughter! Thnx Dad, Mom, Steve, and Sue for being such a wndrfl fmily. Thnx 4 stckng w/me even in me, loves! ILY! Bye Landry! I'll miss U! Thnk You, Lord for evening my mood, and Watching over me. IXOYE Thank you Helix for the 4 bst yrs of my life! Bye HELIX!! Is. 40.31.

Almeida, Laura. (Louda, Ori, T?) Softball JV 1, Varsity 234, FCA 2, Senior Class Secretary 4, Student Council 4, Letter Club Secretary/Treasurer — Best Friends: PG, TR, BS, RS, WL, MA, VM, ND, VP, JM, MR, JJ, Tac — summer sneaking out, Frisco and Tahoe hotel? You are the greatest! Mar — Ensenada Tortilla Flats hammock? Too much fun! Rein and Win — all the special talks and fun times. Beck — Cama? Ensenada are you chile? Vic — friends forever 25c before practice, how long is the song? MF — you're a great person! Christmas dance 84 MN, 85 SW, Scott — first love, thanks for all the memories never forget you. Bub — that's some serious? Prom nite with PG, is Jim there? Grad Nite '86 with VM, RF, JR, JJ babbb? Val — I like your car, no really! Jose — Stop-n-go! Ti — ori, ori, sing it. Our late night talks. Marc thank you for all your help. Your mom is a sweetheart. MA — Miss you! V-Hook thanks for always listening. Jamz — Speedle always remember you! 16th Birthday Big thnx to Mom and Dad for everything especially car. I love you! '84-86 together with Perry Secret Lovers! Hal You are very special, too many great memories and special talks! Best Friends! Shyest? Thanks so much you are definitely the best. You've made me happy! Thanks to anyone I forgot but always in my heart. All my love to Dad, Mom, and Brothers God Bless you! Bye Helix! I love you Perry — Always and Forever Special

Anders, William. (Bill, Billabong, Buildabug, Billboard) Hearo Hiranders. Best Buds: Brett Soliday, Jeff Kinnard, Bob Drew, 85 Erik Schroder, Dawn Patrol Crew John Aceves, Paul Appenzeller, Mike Barr, Ray-Man Martinez, Dogman Kriedeman, Todd Sleet, John Jorammon, Ron Dyar, Nicole Katz, Nicole Winnie, Christy Iverson (you're different), Jenn Kay Surfin Cliffs Scripps Marin Streets, 9th and 13th, Del Mar Beach Oh Blacks! Jeff was First Matt, Rusty summer Jason Comp Cook Gordon Glue and Garon Polo Robinson. R.A.D. big bro Alex Edwards and one foot board swapin winter 86 Bob the oven man 56 fire 1st sorry! Highgate cruzin' for gaci 3l Flavors, Fletcher Pkwy girls. White Cal bug gummi bears Top Gun LoCal Motion II. Cal Cruzin with Bo, Brett, John, Chris, Derrick, Rob. '85 Prom with Ape, '86 Xmas with Disa Geometry Paul that's nasty! Poor Coach Fitness, Pili Sci. I ask Traci out Mike! Going down town at lunch, Friday nights #63 the Helix chair incident, Drive in at Burger King GC, RT, Christy, Disa, the alarm Cals will live forever thnx for everything mom from least to most you've done so much for me filling two positions I Love You for that. SEE YA HELIX

Appolito, Joe. Tomorrow, there will be more to do ... failure waits for all who stay with some success made yesterday ... Tomorrow you must try once more and even harder than before. Thanks Mr. Lucas. Unforgettable friends: Gary Boeldt, Eric Arcio, Jason Zinn. Love Always to Joan Swanson.

Arceneaux, Stephanie. (Lady Loveable) My last year at this school, thank God. 9th grade is one year that I will always remember. Philip Manzano and Ronnie Turner made it a trip. Something that I would never do again! Rosa Bonilla a very sweet special person, I love you. If it wasn't for you and your beautiful smile, I wouldn't have made it. You helped me through the 9th more than anything. You always were there for me. You are a one and only. (original) and Mesha, I love you also. There's something special about you; maybe it's because we're so much alike. You and Gilbert have gone thru a lot, of course you'll marry. Thanks for being there for me. Mesha, Rosa, and Wendy Reeves are the best friends a person could ask for. I miss you, Wendy. All three of you will remain in my heart always. Rene Gonzolaz, my secret love will always burn for you. I love your innocent facell it was fun kickin it at stratus and the beach. I'll Party till I die. Thanks to all of my friends for making these four years a little more bearable. No more Helix! Goodbye forever Michael Hubbard and David Arreano! Goodbye all my friends. Thank you Mom, I love you. I wouldn't have made it without you. I enjoyed sharing all of my feelings with you, you're one in a million. Goodbye Helix, hello world, love you. Bye to all underclassmen.

class of '87 in 7th heaven, Lady Loveable

Arrayan, Darrell. (Flying Hawaiian) Band 1 2 3 4, Jazz Band 1 2 3 4, Pep Band 2 3 4. Sweepstakes 85-86 Fairfield, Fiesta De La Luna, San Dieguito. Long Beach 83-84 95.8 6th best band in Calif. Best times at Bob's house dud! Let's party and at Brother's wedding. Best Buds: Joe, Derrick, Kevin, Jason, Gretchen, Ralph, Doug, you know their last names. And almost everybody in the band — non band members too: Matt, Heather, Lori, Tricia, and most of the seniors. You guys know who you are. Favorite slang: Have a day. Favorite girl: ??? Well so long Helix, it has been a fun 4 years. I luv you Mom, Dad, gige and Lori. Thank you Lord for letting me pass. Good bye!!!

Arrington, Angie. Hi my fans smack smack Thanks mom for being you. You are the greatest. Fooled you. I made it! Thanks for understanding me all those times I came home late. My years! Thanks for concert with Sherri, Brian, Billy, Tony, and Armondo. At Brian's (my baby) apartment I'll never forget those wonder months. When Lisa and Belinda came over and we partied. Just one more, I'll show you how, slam, fizzle, gulp! WOW! That did its job! Let's get some coolers. See yal I didn't forget the mountains Brian! What a wonderful adventure. Watch out for the pines on the ground. Oh no it got all over. There's John and Shawn. I found an acorn. Oh wow I gotta go. Off to the cabin. That felt great! HA HA! Stop taking pictures! March 6th with Brian was an experience. Let's go to Kmart. How about safeway? They both were great. Angie shut up I'm trying to sleep. I'm gonna scream! Session time. Are you waiting till Christmas or what Brian? Oh yeah I forgot. Too late its out. Lets go to Sherri's. Whats up girl? Wheres Ken? Hey Brian did you eat figs? HA HA Cute! Its been 9 days Hey me too. Wow. Taking a shower John? Camera time. Click. He had a towel. Click click. Last of all I want to say thanks for the wonderful 7 months and 2 weeks Brian! I love you. Baby!

Babauta, Bernadette. (Bernie-Bee) It's been a rad year. Its like party all the time. And, thats what its all about. Stratus, beach coves, lisa's pad, and of course, Cruz, Felicia, really do appreciate all you've done especially with de' support "what is it" let's get a joint account going. Tom thank you so very hard for always being by my side though some try to hard to keep us apart but it never seem to work. And it never will. Little Marsh, you're something, thnx for understanding how my family are. You know what I mean. Jay and Nit road agents of Guam. Cruzing any time, at anywhere on the island. Betsy 210 was our trans and our Buddy. Understand you both was amazing. We've gone through a lot of headaches, as well as heartaches. My best buddy in Guam was both ya all. Love yall Joey — N-E-D-D-O-G — you stole my heart. I love ya always and forever. Hope to see ya soon. Special friend: Jo Jo, Lori, Melissa, Liz, Ricky, Elliot, Maurice, Jean Marie, Jackie Sablan, Lal, and the rest of the Guam, Last but not least to my Mom and Dad, sorry for the pain I've caused really do regret them. Gwen, Grace, Jeff, Lenny, Aunt Lia, Aunt Mau and Family I love ya all! I hope to be returning to ya beautiful island of Guam. See ya soon Chamorro's!

Bailey, Roger Kurt. (The wizard) Judas Priest Iron Maiden Black Sabbath AC-DC Metallica Hrax Led Zeppelin Anthrax Ronnie DIO OZZY Osbourne Randy Rhoads White Snake Rad Women. Party, motorcycles. All the time!!! Kiss For whom the bell tolls time marches on.

Baker, Susan. "Amazon women." "let's party dude!" "Let's go to the snow" "The happy camper family" My high school years have been a blast. Thank you Coach Arnaz for letting me be equipment manager on "Varsity Football." #84! "Hey, Carl remember what we did before each game on Fridays?" Never missed a Friday. I'll never forget about the 4 sponges! I will remember all my friends! We all have memories of all the crazy, weird times we shared! Party Buds! Paula, Mars B-fri. Let's go to the beach Karen! Shorty, luv ya. Yes, you should afair! Vic, Kent, Mars, Scott, Dictionary Hill, Mount Helix Vic's Parties, NEVER FORGET! Jobcore, Dulaines car, Dulaine, Kim, Skip, Fun Times! Hey, Miguel, lets go into the kitchen! Thnx Jeff, for the memories! Tom, Dree, Mars, wanna go to mount Helix, give me your gum Susan. Luv ya Tom, Dree, Mars! Why aren't you at school Mike? TMDM Lets go to Neda's, old grandad. Tripy and Snooze Friends forever. I luv you guys! Our memories will last forever! I'll never forget you Joe. Thank you Jack and Rose for being there. "Let's go to Rose's house" "Let's go for a motorcycle ride." Wheelies Miguel. Thnx Will and Dris for everything. Hey Brian, can you give me a ride? Matt, let's party. Thnx Mom, Steve, David, Beth, and relatives for helping me out through the rough times. Also, for putting up w/me. I love you! "87" rules "Peep Peep" remember Kelly I'll never forget! See yal

Barr, Kerry. The high school years are gone. The three years have been the best. Moving from Ohio to Coast. Thanks coaches for giving me the chance to play football. I'll always hate the wishbone. We broke the string. Best feeling of my life. And Hammer what an athlete. The Mac Attack what a job they did. Coach Hooker being like a second dad to me thanks for everything. Payback on Halloween God what a great feeling being a part of the hundreth win putting granite out of the playoffs being up for king. Going out water ballooning with the boys Grossmont Center. Lifting at Fitness advantage. The whip! Best Buds: Dan C., Jim O., Alex M., J.J., Sidney B., Paul A., Carlos R., Loren W., Mark J., Hammer, Todd S., Roman N., Mike M., Joe S., Joe P., Sam J., Travis G., Ken R., Derek L., Keith M., Tim Z., Aric A., Gary B., Shannon B., and of course the offensive lines who says I never give them ink with Erik B., Mark R., Mark D., Todd C., Gary J., Jim p., Ron M., Chuck L., and of course the one and only Duey Oxburger also known as the house thnx for everything thanks to Mrs. Davis for being my mother in school and also Mrs. King for being so nice and patient. You two are the best. Thnx to Kim N. for being like my sister and who is always there and to Cindy we've made it through this year we can make it forever don't ever 4get that I love you always and thnx to my Mom who stayed out here with me I love you. I love ya HELIX!

Barr, Mike. (Mikey) Best Friends: RK, RW, CW, ML, Summer of '86



surfing at Ocean Beach Pier and breaking board 8th grade. Spending night at Ron's house and sleeping on the balcony while it was raining "that was smart" "get out of my car jerk, wanna try and get me out?" "Pile driver" great Xs at College Avenue Baptist Thank you Mike Crooker for all of your help and advise. Golfing with my step father and his friend rolled the cart over his foot. Time at La Jolla and Mel got sand on her because she "fell". Hanging out at the beach all summer long miniature golfing with Stacey and her friend "Watch where you're swinging that club!" Moving into first apartment w/Ron. Thank you Melody for making my life so special. I love you Mom and Dad thanks for being there when I needed you the most. Bye Helix!!

Barron, Eugene. (Rockberry, Bear, Gene, Gene the dancin machine). Special thanks to Mom, Dad, Grams, Gramps, Sis, and my little nephew David. I love you all. Also, special thanks to Anthony Peggins. Goodbye Patti my first love thanks for all the good and bad times take care. Special friends: Matt, Loren, "Rockos," Mike, Hielstyle, Lisa, Sharoky, and Shabaz, and nothing but a chicken wing. Todd, the, mudduck, Leigh, Michael Hubbard, Marc Johnson Dan tiamolu, Rich Pedrin, Ron, "Bo," "Ji," Derk, Joe Purnal, Shon Cardwell, Philth, Kelly, My Devil, Mike, and Phil Kristen Klaus Chives Chuck and Tye, Michelle Adamonie, Christina Blessing, "Lil ledge," Barbie, the Homeboys Panther, Alicia, Cobra, the Punks Lima, Verman, Petrazel, Amy, Christy, My best friend: Karen I love you. Loren, the beach 3 hrs. Younglife, Com-mando, Bigwheels, "Primo" "Pretty" my creeps havin fun in the wan-abe lowrider pink bomber. "Wowie" Yapple Dapple. The beach boogie just kicked it dude. What up dude Good job Loren and Carlos and the rest of the Scots at football town and country all the way. Thanks to Mr. Benson for all his help I will use all your teaching. Well Boyz this is it Real Life college the big time lets make it work and work on it together. I love you all and don't ever forget it. Keep in touch and don't be a stranger. Goodbye Helix thanks for everything take care later on Buds-kie love Gene the Red Barron.

Baxter, Sidney. I just want to say that it has been a great four years. Thanks for all the love and support through the good and bad times Mom and Dad. To my second Parents Tom and Rose thanks for keeping the door open to me and a place at the dinnertable to my Mexican twin brother Javier Padilla We will always be best friends. To my little brother Ryan Baxter, I love you dearly. I hope you are as good as me. I want to say what's up to good friends: Steve Moore, Jason Ridgeway, Tony Mckaskill, Carmen Rubio, Christina Rubio, Lori Elder, Chad Hurley, Derek Lobbins, Marc Raab, to those special Loves Juliana Gaudin, Ruth Carasquillo, Jody Zollinger, Sandy Coreras. Meeting you will never be forgotten. CIF in the stadium was the most exciting time in my life someday you will be as big as me, Derek Lobbins. Prom is going to be the greatest. Driving in my Mom and Dad's new car. Paul Appenzeller you know I have the best Physique on campus. Good Luck to the Class of 1987!!!

Beebe, Kim. (Berlie, Bear, Beebo, Keebe) 86-87 has been a rad year and thnx to LH, VP, MS, DL, RJ, and my very bst frnk, Chelsea Heinrich or Sissy, "H-D", all these people have made my senior yr. the bst. I will never 4get moonlighting dwn south w/ LH, fst x in TJ w/ DL, \$80 bracelet. Murphy's stadium bridge seeing the angle cop. Fav. sayings: funky, hokey, full-on, how sadd, seriously, and sounds good. Late late nights walding 27-11 and buying candy stopping to talk. Ist X golfing w/ Mike and Mark. LH member our first time?, how U stayed out of trouble. Almost losing my ? w/ TC. Staying up all nite and laughing, crying, and arguing w/ Sissy. Always mking Mistakes. Getting out of all my classes 2 talk 2 Kim Bohart my bst buddy. Thnx 4 always being there Sissy, Debi LaPan, lu, and val. Tradition bringing all our ? 2 your house and showing mom. Kicking our bad habits and always pulling 4 I another, Sea World, moving, making me sick over it. Finally understanding U and your trial and error. Thnx to all my buds and teachers who put up with me. And I love you Mom and Dad. Thnx Sissy and Ellie 4 always being there I love U both. Goodbey Helix, Hello world. P.S. Thnx for the food Kiko. Smkn' in the girls' rm. SB.

Belling, Paget. (Pag, Pumpkin) Stoked — I'm outta here! Great times w/ friends: RL, CS, MC, LP, LE, AE, JM, TK, DS, JH. Volleyball and killer party times with Marie! The Heebie-Jeebies "They hit me!" P Park, Lazerium, "Just candles Mom!" Team Smeg with Rie and Jef, Nick "Sammich" Prom '86, Van Halen 1984! Wild summer of 84 with Renée! Judas Priest — Oh no! Bio "Weezer" Bud — Loril White initials with Carole — oooth yeah! Special times w/ Luke — I love you! Trailer in Rosarito Mexico — Sun and fun! Moosehead Surf Club! Skiing Park City! Summer of '86 — YOWZAI AC/DC, George Thorogood, skatin the boardwalk — havin fun! All riters with DS and crew — I love it like that! "C" week with TK, Surf Bear! Baja 1000, Sky Shows — too much but never enough — touching the edge but never falling — Here we go . . .

Beltran, Monica. (Moki, Moke) Special friends: Heather Philhower, Holly Chapple, Dianne Klepper, Ghada Medowar, Marta Mendoza, Mike Croman, Kenny Bonilla, Renee Siefert, Tessa Daily, WILD N CRAZY times with Heather Philhower, bathroom window, window wipers don't work? Marta Mendoza there's not enough space here to express how much our friendship really means to me. Just remember our joy ride downtown, the kooks, killers, and "Robby." I love you! Jim Fox our times were unreal but too bad the dream had to end! Holly this is for you. Biology was the greatest. Tom Mulvaney and Todd Arivee were tops in 85-86. Biology was never so much fun. Coming home from "Mex" and the freeway breakdown?? Balloons at Charlies and roses at Tucan! WOW!! Thnx Holls for being there and sharing that with me. Ricardo Beltran 'drive' carefully and remember me in your will! Alex Beltran surf forever and get your own phone! I love you both, bros' can't get any better. Mom and Dad sorry just isn't enough, you know that! I really do realize what I've done and, you were right! I regret MOST of it!! "Love you the most" to my lucky dog. I love you too Daisy! Chica I'm sorry! Mike Eddie I'm more sorry!! Mikey I LOVE YOU SOOO MUCH!! That pretty much says it all don't ya think? Stay with me forever too! Mom, Dad spread the news, I'm outa here for good!! I MADE IT!! Now where's my new car??? Thnx Helix!! It's been "wild!!!"

Black, Shannon. (Shay, Sha, Shanahan) Crazy for you know who, summer '86. Burn burn Beatnik beach P P in alley and laundry room. No go Tijuana. Cute guy from Arizona go Tijuana. Sweet sixteen birthday party. Too many people so much fun. New car Shay 16. Help me I'm lost.

Trust me I know where I am. OOPS STAY OUT! Heads new Hun. Blasted in the spa double D getting caught in the mall. Skippy. Hit the roof there's a bee in the car. Shannon ooooh thats gross. All that ketchup yum. Dan thanks for all the good times and all those rides home. 6th per. Jr. Yr. Mrs. M with Ker great times. The big bend over don't say it Kerry! Look Shay there's John. I say 5 thousand dollars. Smoking in the girls room. Tre I miss you. What happened to all those wrestling nites and snowball fights? You too Allen. Look out for that car. Rio Rio carrying that cigarette poor puppy! Ha throng. And my poor popcorn w/ all those snowballs on his feet. Maybe someday I'll get back there. Don't 4get Spanish w/ Mr. A. Keep w/ your dreams and always know I'm there. Thnx Dad and John. It's your turn Wendy go get them. Grams you helped a lot thru out these years and I love you now more than ever. I love you Mom. You're so special. Signing off adios au revoir aufwiedersehen. May the door knob hit ya where the good Lord sits ya. Bye High School

Bloom, Mica. Wow, so this is America. Big Macs Chocolate chip cookies, but where can I find tea? Loved my pink room. Fred every move you make every breath you take I'll be watching you. I couldn't have done it without you. Thanks, hey whats on the sandwiches, cheese? Ha Ha. Toni, where am I? Oh wrong classroom. Time for a bathroom break. Tiffany thanks for cheering me up 30 44 8 you will haunt me for life. Is vandalism legal? Camero that for Missy, watch the cellulite. Erica no tickling, tonight. Leigh-Anne oh wow its so big, where's the jawl to-night? Hey I'm British and 21, good one. I'm 'laging' at you. MTV I can't live w/out you. Go Highlanders Scotties, greens the color. Its been such fun being an exchange student. Thnx to everyone 4 making this a wonderful, 'lekker' year. If your ever in South Africa look me up. Helix you will always be remembered with a very big grin. Here's to you. Exchange students will drink to anything. Thnx for a memorable, interesting and definitely different senior year.

Bobb, Julie. (JB, Julibob, JJRBRBJ) — Right DA? Tping DS's. Brad w/ the baseball bat! RUN! Moscow on the Hudson. Snail on the wall — get it! Flowers from BH, TH, and PW — thnx guys! Summer '84. BEACH GANG! SWOOP! 16th B-day party: Children of the Corn, Psycho II, High Voltage Above (Shh David!) FUN at KS's sudsudsuds in the spa; count every cap! TUFFY! Fashion show from TH and PW — stretched suits! Beverly Hills Cop, Trukin' at ET! Beach Boys Concerts '85 and '86. Ketchup fights, Chinese food — big dog! Monkees. Fall off Nissan going 35 mph: OUCH! Orange P . . . spasi; rented movies; BLOBS! ( an O or a U?) Let's DO breakfast . . . waved bagels! X-mas dance '85. Alpine Inn . . . Surprise DK, it's your b-day! Over the curb with ML! Never laughed so hard! MB — goin on a manhunt? OB and TT concerts and Santa Barbara w/ KS. LA train station: anybody going to Santa Ana? (NOT US!) Buck's Pad: washing trucks, BBQ Chicken. Mtv, cold showers AND a night to remember! Knots Berry Farm: Red Lion and "dipping for Dogs!" Summer '86: Special times with PW. H2O fights and polo games! Dave's party: coke and what? No elbows on the table? OH NO! Tad's yellow marker! My "party", PUNISH!! Cheez ball fights. Lotsa fun! Diving 1,2,3,4. League Champ. '84 — Miss you Stan! Thanks to all my friends especially Courtney, Mindy, Melissa, Shellie, Donna, Kristin, Tad and Paul: Love you always — you're super special! Mom, Dad and David — I love you! Thnx for putting up with me! MMMbye Helix!

Boeldt, Gary. (Garr) Dang time sure flies when your havin fun. And this is what its all about. To all my Homees, EA, TM, EC, JH, MH, SB, your for real friends, and I've always got your back. The greatest memories: growing up on Ohio Ave. Eighth grade. GLM football. 1999 concert. My surprise 14th. Crazy nightin. La Rocca w/ family. Kick-n-it w/ RLO, JH, EC. Living w/ my Dad. First time buzzin w/ TM. Trips to Mexico. Jamin the old slow jams w/ EA and of course Christina R. Me and CR up north to Hearst Castle. SF. LT. riding my Dads Motorcycle w/CR. at the beach was the greatest, by the stream, in the movies oh no! yes! All the long talks, holding you, laughing w/ you loving you always. I wanna go outside in the rain. The X-mas dance '86. Giving Chris her ring. Cruzin the Cryslar. Me and EA stealing Mom's car. To all my friends thnx for caring and the memories. Mom, Dad, Jamie, Festus, Ozar, I love you your the best. Jamie next year this is all yours sis. Eric Arcio your my brother man. The best to you, and PB, Aunt Mary, And Malia. I am always there and thinkin about you bro. To my one and only girl CR it's just the beginning. Let's make it last a lifetime. I love you. PT thank you for all you've done I love you. Time flies when your having fun, but life has just begun. Thank You Lord!!

Bonilla, Kenny. JJ, MJ, SH, SL, MO, ER, MB, MR, VP, LH, GS, JP, SD, JA, RB, PG, LA, BS, "The Gang" RP, RN, Kiko Savage, JH, RL, JL, BG, Kiki Amarillos TS, DL, DC, DM, DC, RH DORKS!! Neda Queen, TR, TH, TB, HP, "Rock climbing w/ John" "Mark finally got eligible" "Stacey Sunset Cliffs July 4th" "Becky Happy Halloween" "The sleep over in the bug w/ Kiko Herm Madrid." "All the trips down to Tiajuana w/ the main gang." "Page Navarro DeAnza Trailer Harbor resort!" Kiki Yakin on the waiter." "The bodacious one lives on!!" "Losers for ever!" "Brad take the wheel!" "The summer at Savages" "Quarter for a Dime" "Jirus the hog" "Neda too bad it was so hot!" "Herm don't do it!!" "Arrested in Rosarito cost more than Catalina Page" "H2O ballooning the bean on onramp to I-5." "Well gang I tried to stay but no go." All good things don't have to come to an end. "Good luck to the gang." "I'm off to fly." "Thnx to all my teachers especially Ligon. I passed you finally!" Thnx room 560 I'll miss you. "Mrs. Shanks thnx for your support." "Gang, I had lots of fun while being with you." "Thnx Reina for being a sister." "Mom, Dad, and brothers I love you!"

Bonilla, Rosa. Special thnx to Mom and Dad for all the support and love that they've always given me. To the Lord for making me the person I am today. To all my cousins: Poly, Stina, Rachelle, Angela, Erica, Bobbie-Jo, Mary, Janette, Kenny, Gilly, Tuby, Joe, and Richard . . . LOVE YA ALL! Congratulations to Olivia and Kevin, God Bless You on your new life together. Maid of Honor March 1987, THNX!! My friends for life: Meesh, Melissa, Page, Lillian, Philip, Ronnie, and Tom (where's my Money?) I won't ever 4get our Jr. High days together. My number one sister's always, Olivia and Maria (Lena). Lot's of love to my brothers: Andy, Rudy, and Gibby. Softball w/Page, Angela, and Lena. Alpine All Stars in Andy's Mustang. Disneyland 1981 w/ Stephanie, Meesh, Deon, Mike, Dane, and Sam. Thnx to Steff for my surprise birthday parties! Thinking your were ditching me. 10/19/84-5. How about yours? Remember the "PRETTY EYED" boy, PONY BOY? Gary

Boeldt and Art Valdez: You are "Too GOOD TO BE TRUE." WOO WOO! I'm gonna smash you! Tripping off Melissa and Aurora. BEST FRIENDS. Don't call me a cripl! Thnx Stephanie for the help. I couldn't have done it w/out you! You were always there for me when I needed you most — I appreciate it much! Our friendship has gotten so strong these past six years! I love ya kiddo! We'll be the BEST OF FRIENDS FOREVER! Good luck to Lena, You'll Need it! It's Party Time!!

Bowman, Mindy. (Min) Activities: 3 yrs. Varsity X-Country, 4 yrs. Varsity Track, Jr. Class Treasurer, Comm. Human Relations, Dance Team, 7 yrs. Ensemble, CSF, Teaching Trims. Special thnx to my very sepcial friends, TK, AP, TB, KF, Ensemble Aim couldn't have made it w/ out you. Gonna miss you but hey just Remember Pop's '86 Material Girls Television Debut Go in Dart in Go beach Pink sun glasses catch that wave Aim OOO yuk 3:00 Aim's driving. Unforgettable times w/ the X-Country girls: KF, PH, EJ, HP, YM, HB, MS, JB, AO. Hurry up I am late yuk intervals Mount Sanantonio 4 am Pack attack Krishna we are late special cool downs w/ Krishna. Special talks w/ Elizabeth what time is it? Running up University Ynk Lavern my bud CASC. Go Grey hound plane ride special talks trims 6 AM our dorms. Teresa thnx for everything special talks Choreography portfolio. Pop's 86 going to the lake. Thnx I luv ya JB! Bobb Bowman 3 yrs. straight silence La Bas! I miss you Jules. Tonya my special bud thnx so much Burnt Beauties Yogurt Dart in fun times. Other buds: LS, KS, CI, PF, SD, DK, EN, JE. Dina Ken Marc Brenty, summer East Coast. Special thnx to my family always there always listened Special talks w/ Mamma Dina. Thank You Lord for always being there.

Brannon, Gary. My first year here. 10th grade new school. New people. Special times with Melissa Bjornson. Soccer CIF Playoffs. Las Vegas w/ soccer team. Ist job Kentucky Fried Chicken. Best Friend: Jeff Miller — we've had some times eh Jeff. Shopping at 4AM Party at Jeff's house. Going to Santee at every chance. Our cars! "lets blow them up!" Talking until 3AM and I had to get up at 3:30. Grossmont High at 11:00 "I just lost 10 yrs." Jeff's real girlfriend the santee garage pulled over for running a yellow light pulled over for no taillight with Carolyn pulled over for knocking over traffic barriers after school. "Here Kitty Kitty" "My clutch cable broke" Jeff you're the best friend I've ever had. You've been there when ever I've needed you and just remember I'll be here next summer Hawaii Colorado Mom's wedding Baby sitting Jeff because he and Carolyn got in a fight special friends: DP, BC, SL, WS, thnx for everything I'll always remember you. Thank you Mom, Johan, Dad, Susan, and Grandpa if it wasn't for you I would never had made it. I love you all very much I want to thank all of my friends for always being there when I needed them JM I'm going to miss you most of all. Well Helix Its my turn to go Have fun and thank you for everything, byell!

Breuninger, Conni. (Noreen, Nor-Nor, Nani, Snornie) — my "gang" MC, (Mel-mel, Chelle, Chelly-belly), MH, MS, LW (Qui) TT, & CB. Well, we finally made it — together! Thnx MC for everything! Remember the pool? (9th) No, you can't swim with all your clothes on! (Ha Ha) Remember TH and JB? "What were they laughing about?" (Christmas 84) Camp Counselors?? What a laugh!! US? Sail? "Hot Peps!" (86) LOVE YA! I couldn't have done it w/out you! Good luck with Rene! Thnx MH for all the pep talks and support remember CB? (HaHa) Counselors (Summer 86) "Let's ditch William" Love Ya! I'm sure you two (MH&MC) will get me back one of these days!! (HaHa) But wasn't it fun?!! Thnx MS for being there! Remember my "corny dog"? (HaHa) Qui — "you can't beat Davey" Thnx for making these years more "interesting" love Ya both! Clifton (lord Clifford) "I say we hang him" (princess) U.S. History (85-86) to DK — it was a lot of fun. thnx! JO — friends for life! Well guys, it's almost over! Let's stick together forever! Helix Choral Dpt. will never be the same again! Thnx to ALL my friends here at Helix and especially Mr. Faulki To Mrs. Hays — is that class what you call "Mad Science"? Thnx for putting up w/ us!! I love you DL. Thnx Mom and Dad for everything! I love you both!! God Bless you all! Good bye Helix!! It's been great!!

Bridge, Steve. My freshman year, what a drag. Then came my sophomore year. It wasn't as bad but it was boring. My Jr. Year was the best. I joined Key Club and met a bunch of friends. Met Shelly, Kim, Charel, and Bill. Bill, URA very close and good friend. Then comes the Christmas Dance, what a nite Bill and Shelly, Kim and I all in an extra stretched limo. It was fun. At the end of the year Bill and I had lunch w/ Ms. Hays. God Ms. Hays is nice, she really knows what it's like to be a teenager. That summer I worked at Sea World and bought myself a 86 Toyota 4x4, with a little of my parents help. I hate that whale. Then came my senior year. The best year of all. Had fun. Ice blocking with Bill, Jim, Andy, Ed, Shelly, Mike. Halloween, the best day of my life. Amber in my truck learning to drive a stick. WHIP-LASH!!! She learns quick. Mike, Ed, and I had fun at Glamoss ATC riding, maybe we will go to Ensenada and ride. I will never forget Tartan staff. The best class I ever had. Andy, Heather, and I ditched 6th per., but Mr. Bonney understood. My prom, I hope the girl I ask accepts. I love her a lot I want to thank my parents for everything. I love you both. I wish all of my friends the best of luck. Hope to see ya'll in ten years! Thnx again!!

Brown, Mesha. Fun times 9th grade when I was a freshman. Being wild and loose. Drill team was fun going to parades. Never forget DL, JL, MC, and Lona-tick Luna. Glad to get back together with Gilbert. I love you sunshine. Nvr 4get you either Barbara. Best friend ninth grade. Special mem. was to IS & AC. I really had a crush on. 10th grd. school getting better. Still w/ Gilbert. Chill out more. Best friend Stephanie Arceneaux. Kickin it in the summer. 11th grd. wanting to go to the X-mas dance no date. Gilbert not here. Missing you daily. Crying at LH's party. Acting goofy at the Aceveda's party. Miss you SB you dogged me. Disneyland trip DH made it real fun. Micky Ds on way home. 12th grd. finally made it. Still w/ Gilbert. Grown very close. Stphnies the homie Rosa's the chiller. I love you both. Thank you for helping me during the summer. Could have never made it w/out your support. I'm back to stay now so lets party! Working at Coast2Coast what a let down. Discrimination! Trippin with Dwanzay from PH that's the homie. Gettin fired from Coast2Coast yeah! There's better things. Kickin it at Jack in the Box eating breakfast jacks drinkin water. Woop!! Getting hired at Jacks not being able to get work experience. Don't need the job anyway. Gilbert gone, so unhappy. Got something to do. "Mamma don't preach" I'm keepn my baby. Bye Helix hello world. Class of "87"



Gilbert's girl.

Buckley, Mike. My buds: TS, DC, DK, PW, JM, JM, KK, MS, EG. Dudy at Toad's 7-11 runs, weird shorts, flat tops, scammin on the chics, TOP GUN, oh really finger paint in man, look at those teeth, D.C.'s everywhere. TP raids after Rama, Jack Donut. Parties, parties, and more parties! Dream dates. Cif here we come. Look out Valhalla, down with Miguel. I HATE LOSING!!! Crazy insane for girls, remaining the eligible bachelor. Volleyball w/ my buds at the beach and Craig's. Don't forget the 49 club Todd! Rowdy football games. College applications yuck! Go home NA and CGA I'll never go. Southern California is awesome. Love those women! College polo look out. Choke-a-horse spaghetti feed. To physics and calculus I stick out my tongue. I'm not growing up. I plainly refuse! Picnics w/ LH X-mas dance w/ Donna and friends. Hang in there polo '87. I shall return. Polo rules forever. Good luck to continuing Buckley's: Matt, Jill, and Kathy. Take care of yourself Sebastian and keep in touch! Love to Mom and Dad. I owe you more than you'll ever know.

Buell, Tammy. There are only a few people who made my high school career memorable. For making it bearable I'd like to thank Jessy Elgart, Cheryl Leffler, Steve, Trevor, and Wendy. Let's not forget Cindy Leitner. Special thnx to Mrs. Mentas for being such a neat lady and to Mr. Lucas for being so nice sweet and understanding. I want to thank my Dad for letting me loose when I felt it was time for me to go. Thnx to Tricia and Megan for showing me how not to be. Thnx to Emmett for sharing his lunch w/ me. Thnx to Tiff for seeing the light and renewing our friendship. Thnx to Lisa for being my friend. Thank you Mom Stewart for not shunning me when you found out I was only 17. Thnx for deciding I'm not too young for your son. Now for the most important person in my life, my fiancée, Mark Stewart. Thank you for being you and for making these last two years so wonderful. The future looks so bright and it's all because of you. I can't tell or show you how much you mean to me or how much I love you, but I am going to spend the rest of my life telling and showing you that. Tammy Buell

Burchard, Correen. (Corrie) "Hey are you Charles' sister?" Best Buds — Louisa McClelland, Melissa Mesko, Susan Baker, Angie Arrington, Cindy Lightner, Kathy Madagin, Lij Mackel, Louisa I hope your marriage to Greg is happy. Melissa I am glad about you and Noah. Susan party hardy all the time with Joe? Angie-n-Brian. Cindy-n-Jerry. Who's going to the party at Crown Point? Louisa? We will never do that again, but we had fun. Be quiet Louisa I can't hear the radio. Melissa just like a little sister, staying over all the time, sneaking out, getting home just in time never getting caught? (I wish). All the Buggers, Mike Barri R Mc, A.O. G.B. R.P. D.L. Only kidding. Thanks to all my favorite teachers. Ms. Basgal and Ms. McGee. Ms. Basgal who made me work very hard, but I did it. Ms. McGee always fun except when you called my mom! Always arguing with me but how come I never win? Thanks Mom and Dad for always understanding and Mom you will always be my best friend.

Campbell, Charise, Nikki and Lisa don't forget all the good times at "Stratus" and "After Dark." Oh Nikki we can't forget "Distillery" JR Boogaloo. Madonna don't you forget "Glide Master." Uh oh I can't forget Joan working out at San Diego State with all the cutie pies. Joan that is not good! Hey girls don't forget kickin it hard at Jack-N-the Box with my Big Brother Bob Hey Bob leave us some Hamburgers. We can't forget Junior, Black Marcos, and Drip Curl John. Fun times. To Robert Conrad and Eric Legerton Whoop up Dudel To my best friends Nikki La-bossier, Lisa Sullivan, Diedre Gary, Hubby Jones, Lillian Haggerty, and La Tanya Wise with the big beautiful eyes. I love you guys. Darleen Garrido and Paget Belling its been too long to remember. Lillian Haggerty I hope you and Vincent last a lifetime. Word up to Mid City Productions. Vanity keep up with the pretty mess! I know we won't forget Prep Master Phil. Hey Diedre and Hubby we won't forget it all. Hey stay away from the Roach Motel! Last but not least all my love to my brothers and sisters. Especially Bob. May the Fat Boys be with you. I love you Mom and Dad. God Bless the two of you. Oh ya I love you to "lips" So long "Nasty Girls." Hey hope you are sprung to the Nation with No Education. Number One Mexican Jacky Mattson.

Canady, James. The years I have spent in Helix High School were really nice I'm going to miss some good friends such as The Rob, Louis, Lisa, Lorenee, Richard, and many others but one person I will especially miss will be Genee The one who made my years worth while. I want to thank God for helping me make it to my senior year. The school year went by so fast but hey I'm out in the world now so it's time to be a man I really had some good times in school I will not forget those crazy people in my first period class. I just want to say Mom I made it and thanks for being by my side when I needed your help. I also want to thank you too dad, for being there when I needed you. Well, I would like to thank all my friends for making my years at Helix a crazy one Thanks, Sir James.

Capizzo, Todd (TGT) Thank you Helix for the best time ever. I would like to say thanks to all of my friends: Erin Rodriguez, Valarie Padilla, Sandy Quinn, Stacey Lange, John Joralemon, Windi Ledford, Melissa Learn, Jirus Junior, Jason Levine, Joe Mendez, Christy Iverson, Mark Johnson, Stacey Hernandez, Perry Gomez, Kenney Bonilla, Gary Boeldt, Holly Chappell, Sherie Davis, John Aceves, Kerry Barr, Paget Belling, Gina Spadaro, Karyn Speidel, Steve Strong, Eric Toshalis, Yoshio Hall, Carlos Ramos, Tricia Barnett, Jenice Barnes, Marie Cortez, Richard Dryer, Tiffany Hopkey, David Lin, Chuck Leptich, Zack Mendoza, Kries Mae, Mike Murphy, Neda Mostaghi, Michelle Perry, Derek Lobbins, Laurie Hazel, Monica Orozco, Karreen Sherman, Kym Salas, Patti Horten, Travis Gleason, Becky Sapien, Julie Salas, Reina Savage, Travis Hopkey, Joe Plum, Kyra Phillip, Matt Layton, Joe Sanchez, Scott Andersen, Jeff Hammerschmidt, Mike Adams, Aaron Christian, Eric Christian, and family, Shannon Kelly, Tacie Reynolds, Teresa Santos, Larry Todd, Larry Young, Buffie Zayes, etc. Thank you all football 85-86. Coach Van Hook, thanks for everything that you have done for me and thanks for helping me, well have a great life, you're the best coach ever. Erin Rodriguez, thank you, you're the best friend I ever had. ILUI Neda Mostaghi or my little sis, thanks for everything, remember ILUI LH love ya Monique Ramsey this is the truth. I have dreamed about you, the dreams I have had you will never know. Cif 85 let's go in 86 too. Thanks you all of you. MR The dreams & ER thanks again. Thank you Mom and Dad and my father ILUI all.

Carlile, Theresa L. (Terri, TC, Ter, Terrance) Journalism, Student Connection, Stats. Fling "Ace Photo Ed." What a joke! Mony, Ken great fun. Time for lunch? Stats with sings. What an experience. Never forget all the gr8 fun in C Center. "That's what she said!" Baseball for Jer was fun. Thanks for being special friend. Favorite coaches: Sings, Jer, Frank and Ed. Student Connection the best thing I ever did. Best friend for life. Teri E. Special times Campo, Palm Springs, Christmas Dance with 2 SM's. Thanks for all your help. Never forget how special you are. Prom with Joe and Sean. Air Show too. Lori I love you. Hon. Forever special friends! Photo started it all. Now look at us. Steven and Joseph! Lunch time! Thanks for special times and talks. Great friends Teri, Lori, Carole, Darren. Friend for life and closest ever is my Joseph. Junior was the greatest! Best of times, especially Joe. Thank God for Powder Puff, 17 b-day best ever. "There's a nice church." 15 min. Lunches never long enough. Prom, Grad Nite, Romantic Picnics, first time in TJ just a few special times Joe and I shared. Easter will always have special meaning. Could never put in words how much I love you Joseph. Rings special token of our love. Bound to be with you always. I love you Honey. Remember "Together we are better than ever." So let's make our life together happy and successful.

Carrasquillo, Ralph Louis Peres (Ralfy) Four years of Marching Band. Have fun, JJ SF BF LB JB KS Best Friends Jason Justeson (Jay) Randy Zollinger (Woody) Mano Moreno (Dum Mexican) Leon Morton (Lipps) Cristy Ramsey (Larss) Thanks for all the great times Memories: Long Beach, aerobics, Band Camp, X-Mas Dance with JJ KM and CR. Band Tour '84, '85, ISOMATA, Pops Concert, Parties, Beach "CATS" with CR and "nany" Rad! "Accorn head", I will slam by '85 "Well you know". Can I ask you a personal question? Knotts Berry farm, Solo ensemble festival, Margarita Village, CRC. Yeh thats it! Have fun DP GI KF KS \*Special Times with CR JJ RZ KM and GP Luv ya ALL! Good Luck Sis The "Gang" shall live always Thanks uncle Thanks for your love and for you being there MOM and Dad I Love you I love You all But ...

Carson, Angela A. (Gator, Angie) Good times at lunch with Aurora Prez, Shellie Simpson, Jeff Samms, and Melissa Rodriguera. Nice nachos Shellie and Jeff ballin at the table. Big Foot Witch Beaner Bob, I'll never forget all our nice lunch talks. Shellie gambling till 4:30 am at Tahoe. Balba Trip Whitewater and bathroom floor and the beach. Nice tans David and Aaron. Best times with Shellie, David, Aaron. Sea World, Wana Jacuzzi. Are best bud Jose and fitness. Shrimp and slushies with Mom in Mexico. Aaron I love you, 4-7-85. Christmas Dance 85, 9-8-87, orange juice and whitewater, lobster and french fries, extra mayo fitness everywhere, 3 diamond ring. Softball and umpiring Michelle Shrin and Richard Graham. Drive-in Magic Mtn. Short Circuit, 12pm every Friday night. Cindy Yong I never forget you. Aurora, Beach boy and TJ wrong time of the month. Long nails Christmas Dance, lunch. I will never forget you. Best friend Shonnon Kreckelburg, coolers Carlos Sunday drives. Cool rider — Pat Benatar Don't over dose or Nostalgia Mowtown 25 Diarys, Bobby and Tony Trouble. Penny or Dollar bikes moped, car finally. Best of luck Shellie, Aurora, Michelle, and Shonnon. I love you Aaron. "Shellie remember Dancing Dave" and "Dancing Grandpa." Congratulation to you princess Aurora. Good luck Carrie with you know what and who. Thanks Mom, Dad, Tristin, and Tyler. I love you all. Santa Barbara, here I come.

Cascia, Albert Thanks Mom and Dad. I got homework and more homework at Helix. Straight college prep and honors all four years. 3.72 GPA. Good luck buddies: Mano Moreno, Leon Morton, Randy Zollinger, Tony Cunningham, Sean Decker, Clifton Blevins, and Derek Lobbins. Competing with Clifton Blevins and Mano Moreno. My first car was a green machine. Eight speakers and four moon cups for cruising. The fishing club at Helix. A member of 4 years. Fishing is the best. Fresh water or salt water. Do not forget Bob Bass. He will live forever! Skateboarding on street, Main Street, Orange Avenue, Imperial, gutters and ramps too! The Oceanside meet was hot! Sixteen pound Coruina at Salton Sea with Larry Lauve. Thanks Mr. Nash for the fishing trips. All "A" grades sixth semester. I am going to UCSD. I think! Thanks for the mixed Steve Moore. They jammed fresh. Dirt bikes and plaster city desert. By the way, what happened to fat shoe laces and Puma suede shoes? See you later, Helix. Old budy Butch Quesenberry, thanks for the rides home.

Case, Becky (Smiley, Becky Boo) Fun started in 10th. Great times running around with Wendy. Chasing the FATHERS of our egg babies! "We want to be Indian Chiefs" careers. "What is that?!" Ha Ha Family Studies navel! "Look at this!" Child Develop. Biology. Snail races, urine tasting — umm! Fun! "Have a cray fish leg!" 11th Happy Sweet 16 to US! Surprise! A CAR! Oh no! STICK SHIFT! Help! Lots of "We almost died!" Rain, fog and Mt. Helix! Ahh! "You sat on your Big Mac!" Ali discovers HS football. Double (scarey) date. CAMP! Laguna testing grounds! Long talks, tears, GUY! Fears and Fun! Thnx Ali, Love you! "Do the Peppermint Twist" The Duran died. We miss ya Sony Bop! Penguins! PAUL V. gay? NYLONS! Enjoy babel Chiters for prettiest eyes. Squeak Squeak to ALL! Especially KIMI! Best buds, forever Be-fr! and Est-ends! Dreamy and Smiley! Thnx for fun and laughs! Thnx to Pat and Dad and Jenny for loving me! Love ya — Todd, Cindy, Ashley, Grandpa and my Le Car! I love you Jeff! You are very special! Florida here I come! Watch out for alligators! Bye Helix — it was fun! PS thnx for the job Aaron, even if we are too good for it right now

Chadergian, Arpie Thnx Shervin for being my #1. I'll never forget all my special buds: Shervin Y, Susan R, Steph R, Theresa H, Tammy M, Henry C, Dan R, David L, Eric L, Becky W, Aundrea T, Veda T, Anthony, Mike A, Tony M, John A, Little Ricky, Wendi N, Rob F, Matt F, Tom, Rose C, Troy S, Shelly S, Shelly L. Merci for all the memories guys. Times at La Jolla with the Killer Seagulls. It was a joint effort. Thnx Matt and Lou for the title of Miss Chick-a-Rocka. Queen of Arpeenla Goddess of all Jewelry. Mrs. T in the flesh. Troy, Steph and Chris thank for the great time in Laguna. Ima Hungry. I don't know about you but I'm an Icacuba. Leggs. Come on now? Burger King Modeling triple pivil, spots wear turn get it right sweetheart. Do you have a boyfriend, do you want one? Nice boat trip, the convent. Bug test. Sorry Shelly babes. Jai Solf, I like can't handle this. Aghmed Follie, Serge Tom and Mitch, Yo Dave does 72129W sound familiar, nice truck sweetie, you be fresh babes, ring me. Hey John word up? OK Sherv and Rob you're getting totally on my nerves Encineda? Are you in the shower Dave? Rob learn how to drive. Beach times, fun in the sun forever. I guess we're off baby. Look how far down it is! Special thanX to my sister Liza,

I love you Babe and my bro Joe too. Merci Beacoup Moll, Dad and Tata Michele Bye Helix. C-ya Babes.

Chaney, Robert (DOC) Goon Squad, Beep-Beep, Desert, Indian Reservation, Hawaiian shirts, Boots, Punk Rock, 4 cars, Parties, Bob's Big Boy, Football, Baseball, Gum, D&O, Girlfriends, used, abused, find another, Carl's Jr. Love letters, Ditching, the Stangl Innocent Killer, Pinto, Le Car, Camaro, Life's A Joke, Poems, notes, Engine Bug, Kinky, Pilot, Bubble Bath in pool, one nite stands, Thnx to all the teachers who failed me, Single! God dang it. Hell week, Van Hook Club, Bonzai, "Oh well". Oh no, nicknames, Fish heads, Mom and Dad in Las Vegas, Blue Flame, Slam Dance, to all my sisters, love you forever Dearest Friends: MaryAnn Fowler, Carolyn Sledge, Lizzy Sledge, the Plumms, Tina Saincome, Holly, Traci Gerri, Carrie, Gretchen, Susan, Jenny, Kristy, Becky, Wayne Murry, Brett Anderson, Zach and Andy McClish, Mike Dagleo, Greek Guy, Kim Biever, Kiblets, Cuddles, Lover Girl, Hubby, Anna, Flynn Chang, Pope, President, phone numbers, goon time call, Ray-Marcos, Joey Brownly, Kathy, Jenny, and everyone else I forgot too bad. Raggo, animal, toga-toga, Los Angeles, Ruff time, Essays, 2 to tango, Love Birds, Suicidal Tendencies. Don't want to grow up. Dearest Kim, Gretchen, Caroly, Maryann, Tina, Jenny, Micheal, Love you forever. Cow's Mountain, Goon Squad Wedding, pick up pieces of cake, Banana slices, Marc off Blender, Carolyn Crazy with my car, Crash Bam Boom, Danielle Cass, Love stinks, ninny, nitti, Basketball, Squirt Gun, Chair Blender, Bowling, "Yeah!" Halloween, Disneyland, Loo bucks, Boogie Woogie.

Chapple, Holly Times in you know where with Diane, Moki, Nick, Marty and the rest. 25c and our first resort. Swimming with Lara, Stormy and Sharon it was great. Todd, my Jr year was a blast. Christmas dance 85. Prom 86, classics. Marty and Mike thanks for your help over the summer, I love you two! What? What? What? Oh forget it! Disneyland ride fun, fun! Souxie and the beach that night. My hair has got to be messy, spitting crackers, air pockets. Kids these days, blue hair. Geometry was unusual. Nice pictures, Farmarz and Duff. Diane we've definitely had our fun. I love you. Please don't forget me! Timberline it was fun while it lasted. Schmilie we'll be friends forever. Dionne, you were always there for me I couldn't have made it without you. Skating, Mikey, Kevin and all those others problems. Las Vegas, Chala, Rancho Bernardo, Kevin, I love you and always will. Lightning and thunder, waterskiing and oh so many more memories with Kevin and his family. Kevi, you're the only one for me. "Stay" with me "love always" Holly, You're my "Firestarter" Mom and Dad thanks for your support and love. I'll love you both for as long as I live. The Christmas Dance 86 and Prom 87 will be the ultimate. Making eyes at those rad ones in the halls soon it will be at the rad ones on Campus. Thanks Helix it's been a great 4 years, I'll never forget that early morning toilet papering job.

Chau, Louie (Ah Louie Louie) Tennis 1-4, Totally Awesome Bud. Thanks Coach Walker and teammates. Best times of my life. Jr and Sr year. Summer of 85 and 86. Beach, Todd-Trash can. Whoo, almost dud. What? TJ ok. Oh my God. Could have made it. Your turn. Drink, you drink too much fun. Raging times. Tj what id. Si Aquil. Too Many. Stratus "ha ha" Best Buds for long time: TS, TH, GB, RC, JZ, DC, JA and all from Maryland Ave. Best of luck friends, Meeting KK. Thanks for great time. Movie was great! Love you. Thanks Laurie Hazel for nick name "Chewy". Will never forget it. Love you and best of luck "Mig". Thanks for being there Todd and Tony. Can't believe it. She's so hot! (To a special friend) Christine Blessing, who I will never forget. BEast of luck, you cutie, I love you. But me got to go now, well, it's been real. Thanks family & friends, here I come.

Chavez, Mike I have been to 7 high schools and met 1,000 people. Unfortunately I was not here more than 3 semesters and a constant work schedule has left me uninvolved all except for music. I love to play volleyball and have been on other teams. I wish there was one now. Since I wrote this after only 1 semester here, I really don't have many memories from here but here are a few from before. I was the star player in volleyball, 700 miles north. I have lived directly below Shasta Dam and went to a school 5 miles from there in Central Valley, CA. It snowed and rained and had Autumn unlike here. I have played the flute, piano and now a bassoon. I'm not a stoner. Heavy Metaler, New Waver, or any others including a loner. My main friends now are from other schools in this district such as Santana, Granite Hills, and Monte Vista. Hopefully by the time this is printed, I will know a lot more people. Unfortunately there is not enough space left so all I can say is thanks because high school for me went too fast.

Chevalier, Wendy (Dreamy Wen) Lots of fun with Becky Boo. Don't forget the crocodiles! Do not forget babe Etienne, crawdad legs and computer class! I want to be an Indian chief! Bye David, Brian, Tom, Steve and you know who. The joke is on you Paul., enjoy! Rosy you never listen! You are my best friend anyway. Let's not forget Robert and Simon. Grow up Steven. I miss you Sony. Had good times and hopefully more to come. Jenny behave yourself. Kim shhh. Hi Tammy, rose, Stephen and everyone else! France, Norway, England and Australia, I'll see you soon. Pat and Don Case, Bobbie and Don Wise, Jenny, Becky, Rosy, Steven, Zipper, Ginger, Mum and Mr. Duane you are all very special. Thank you for everything! Sweet Dreams!

Club, Gregg Buds: D.C., E.S., R.K., soccer B.M., D.B., and father Jay Sevier. Unlucky jokes on the bench with E.B., K.B., E.S., T.C. Freshman year with Mr. Spear and D.C. Uh Mr. Drapo you have an "F" in the class. Listen. Please Listen. Please, the sun is ai it's zenith. Sophomore year with Larivee and D.C. Watch out for that stick. Lab Band. Hoa Nyguen the pyro, voted most likely to blow up the lab. J.G and J.F. in chemistry. Junior year in English with Comer and Kessler and Drake doing nothing. King Jvr Malee singing Puff the Magic Dragon. Lord Irv Willy. S.S told Mrs Drake J.A and J.Q. History with Boone S.S and his Romeo costume. The Duke. Some things to never forget: J.E and Key Club, F and G, M.D jokes with C.B. auto shop with Polos and Sheffner, B.S job at Bubble Machine., Datsun truck, Cricket and Wa, Spanish with Aileen. Look at that dwid. Junior year in soccer. Let us never, not ever, forget assemblies with Rick Delgado.

Cluff, Kelly I just want to give a special thanks to my mother, father, all my friends, teachers and anyone else who helped me make it through high shcool. Thanks Helix and Good luck to all the future classes ahead.



Cole, David The things I will remember most about high school is those nights at Kikos and Robbies. Those nights across the border and not getting home until 2:30 or later. That night at Amy's was fun, but what a headache, ugh! The times at beach on my day off. All those times spent messing around at the Ledford's. They're like my second family. It has been fun hanging around the "gang" these last two years. I wish all my friends the best in life and to them enjoy being a kid now because when you get out of high school your parents are going to charge you rent! There are other things I would like to mention but I think it would be best not to. Hasta Helix!

Comer, Dan Hello! What up friends? G.C. Spear. Listen Please! Zenith, Liberty Bell, Hoa, blow up the lab! Fun with mama Drake. Homework? Right! That's burnt dude! Helix polo kicks behind. Polo studs: D.K., nice mop spin the love machine. Junior Varsity days. S.S. T.S. Yogurt Mill. 4 guys 3 stalls woops! Gunigoo! Gus she's falling down the steps again! Duff Harold too bad you had to leave us. Coronado '86. No hard feelings O.K.? I only understand Chinese. P.W. I got dudyl! Close the door! You wanna eat? Coach, check their nails, I got scratched. Morning workout. M.B. nice flattop. Girls, girls, girls. OH Really! Helix Polo #1. Valhalla, right! They are going down so what. We know we're better! Sore winners. C.C. look at all that hair. Man's best friend what a riot! No creo mis ojos! Que malos chicos en mi clase! Coach Schmit, thanks for getting me started. M.S. thanks for fun and successful years. League champs '86. Polo victories. Sorry Coronado. It wasn't your day B.H. Keep flying don't break too many hearts, you big stud, my shoe! Don't slap neck (SLAP!) That was a good one! Get that lighter fluid out of here! You can smell it. Friday night Football. Gat Rowdy! Cheerleaders we've got smelt! Oh Really! Right! Where's mouse? Toward power what a pile. Hey look at that Dee Cee. Thanks friends. Thanks Mom, Dad, Bros. Thanks Helix it was wild!

Covey, Rita (Turtle) ASB '86-'87, Senior board. Key Club. Student Connection SADD, Tennis '85-'86, SOS, Lesa, spare like we are on drugs. Carlos Murphy's and Tom, toast, dangers, burritos, the world turtle, rotunda and D.S.S. tanning salon. "I'm scared all the phone calls." Mark, HA! Let's go forking and oreoling. Derek and John, Taco Bell. "Hey sweet thing." Melissa — Burger King and gummi bears, YUM! The beach. T.P. "Let's go shopping even though we don't have any money. Oh, let's go see if you know who is home, he won't see he'll never know — OH! D.P.R.M. HA! Sea World, that was neat. I'll never forget our trip to Canada, thanks to your Uncle Dick we got to go. Kelley — I'll always remember you and all those trips shopping and going to work together, we had to be on drugs! Lisa (Penguin), Tonya, Traci — See ya in the library. You're so mean. Special friends: L.F., M.L., K.C., A.P., J.G., J.B., N.B., L.N., D.L., J.E., D.K., T.S., R.N., M.A., B.L., P.J., C.E., A.A. and C.B. Mike — You are so special to me, I'll always remember you! Mom and Dad, I love you both so much, thanks for everything! I love you too Lisa! Bye Helix, Europe here we come!

Coyne, Kelley (Malorey, Kel, Gel, "I know girl.") Best buds: T.S., W.S., D.K., G.G., S.M. Dianne, thanks so much for caring about me! I love you! Thanks Mr. Estes! Wendi, seen any telephone poles lately? Kym's house — no parental Cruz in fun. So Tigh what's your point? Bakin soda! What's that on your head . . . It's a wig!! Monkees! That's me no doubt! MmmHmml! 20-10 fun! Homecoming weekend! Santa Cruz, San Francisco, Hawaii '86! Fines! A.A. President forever! Skiing '86 Utah! Rita, I love you sweetheart! More shopping! 2 can't I like peach and orange — guzzle Kym! X-mas dance '85! MBI Wilbur Wurml How big! WHOA! 8 years with Gissy — I love you! You are so special to me! Mark's business card, bad move Kym! Prom '87! Football games, parties! Miss you Messy, you'll always be in my heart. Kym and Wendi, you are too much! I love you guys and I'll miss you. (Falling around the corner. Kym!) Renee, I can still hear you laugh and see you smile! Love you! Tracy, you have given me so much to be thankful for, I am so lucky to have you in my life! Thanks for all you have given to me! I can't believe I finally made it! Mom and Dad, Because of you I am able to grow share and love. I thank God I have parents like you. I love you! B.C., M.C., T.C., you guys are too much! One more thing make your dreams come true! Here's to the future, watch out world! It's all yours Traci! Hasta!

Cummings, Michelle (Mel-Mel, Chellie, Alli) Best buds: N.B., R.W., L.W., M.H., M.S., T.B. Thanks for everything. I love you all very much! I couldn't have done it without you! Many special times spent with Rene. You've helped me to grow through good and bad. I love you more than you will ever know! Memories with you: Seaport Village, Sunsets, Movies?, bowling, miniature golfing (can't you let me win?) Big hugs, long talks and best of all lots of caring and understanding. To my best friend in the whole world times with you have always been memorable! Two of a kind or what? Well we've finally made it! We're not on the five year plan after all! We've stuck together and have come out on top — as usual. I love you! Let's keep our pact! Special summer of '86! Lyric, I want to thank you for putting up with me and letting me drive "the Wally!" I love you lots! Chelle and Chelle, I love your names! You are both so special to me! To Tab, who I grew up with. "Do we have neighbors?" Boo and Smoo forever! Too little space to write exactly how I feel! A very special thanks to my mom for putting up with me through the years. I love you so much! Hawaii '85! I love my new family, thanks Brad! To my sister Joan and brothers Mark, Brad . . . I finally made it, I love you! Thans Lord for seeing me through! Goodbye Helix, I'll miss you!

Daglio, Katherine (Kat) Happy times with J.B., L.B., M.G., A.S., J.P., A.G., Alison and lil sis. Luv you always. Member green, red go. Crawford parties with the jacuzzi, dunes with Keeka, no bathrooms, Mt. Helix, Disneyland I'm driving, wrong turn, wings and things. Ha ha, red fries, T.J. at the Tucan. Me and Lisa and Jenny going to parties and thanks to Alisa for those comments here and there. Tim and Jim Family Fun yea, what an adventure. I'm on a diet tomorrow, right! Taco Bell, shower, sweating in the sun at Mission Beach. Burger King pickle fight, "ew mustard!" Don't do anything I wouldn't do. Beach, long cruises, walking boardwalk, homemade cookies, yellow and white, "let's! No, Let's not. Shall we!" Sunset cliffs over the edge. Scooter time, Ha ha can't wait. Dancing weekends, beach parties, adventurous all around parties. Crown Point, Downtown party what a fall. Fun being with Lisa and Jenny ever since I have known you. Limo ride with Drea. Thanks Mom and Dad, Mike and Annie for all of your support. Hasta la Vistal!

Davis, Karen (K-Kare, KareBear, Kaen) Special Friends: H.G., A.M., S.G., P.L., P.J., M.G., L.H., S.B. Jr high — The gang! Valley girl — me? Like totally you know? Froth year — really boring. Soph year — not much better. I wanna play football! To Coach Frank: Thanks for putting up with me! Why can't people be responsible for there own actions? I hate red tapel Junior year — lots of fun. Mac attack, football season, letter jacket. Larry Stirling: Thanks a lot you are the best! Letterman sweater. Algebra — I finally passed it!! Graphics — I love this class!! Mr. Benson you are the greatest teacher! You know I love you! Thanks football coaches and team! CIF finals — great job! Good ol' bodybag! Running around the stadium with Melissa and Jenice. Senior year — the best yet! Never forget those Trix wars! Mt. trip with Kev and everyone. El Indio! Motor Sheep! The datsun! Vons — No old produce clerks! My best friend Hilary: Thanks for everything, you really are the best. Concerts: Dsx2, Judas Priest, Van Halen, DIO, Goodies, etc. The best of times. Summer of '86 — Beach and many guys. Steve times with Susan and Laura. Yes we cruise the beach. No bottles allowed. Jack in the Box. Peter. "Scream" with Mike. Grossmont Center. Thanks to Mr. Estes, Mr. Lucas, Mrs. Larivee, Mrs. Patton and Mr. Benson. Thanks Dad and Nancy for trying to understand Thns Mom for always being there. I love you. Bye Helix! Karen.

Davis, Sheri Bear's my name this is true. I have a poem just for you! Freshman this year was just fine, Senior year is when I shine I was myself, that made me great. I still couldn't find that perfect date. This is my last year. It's yours too — I'm off to Utah at BYU. I've done a lot the past four years, I laughed so loud, and cried some tears. My friends helped me when they could, I was glad to have them like everyone should! I guess I'm done, I didn't mention anyone, like a famous super star, but you all know who you are! Helix was great, I was naive, now it's time for me to leave! Had a great time Helix thank!!

DeChaine, Nicole. (Airy, Blondie, Pickles) Softball I234, volleyball I, ASB 3, Tartan 4, Buds: J.J., L.J., J.S., K.S., S.Y., S.H., L.H., J.M., W.L., L.A. Laila- Jesus, Rafa Pancho closet: Thank you for making my first 3 yrs wild!! Joanie- in the canyon? My 2 front teeth! To DM and PB SWAN LAKE! I'm not as airy as you think DM just wait 25e DOG!! SY Biology trivia on a tissue- you're such the goon. JS why don't you wear a dress? I'm a miller! Sweet "IDQ! Jage- Mike and Rob — football games big gulps- Softball Burn Rubber in Gemco Parking Lot- twinkies BG, DH smack into back of your car- San Francisco- San Jose EAT MY EGGS PLEASE Sushi w/ PS Jage is a chocolate chip cookie- Fall down the stairs? TJ w/ girls 3/26/86 Tucans-Barry! My party where's Nicole? 2 many memories to remember thank you for being my best friend. Lori A "GET THE FUTON EXPERIENCE" Fever '83, '84, '85. Goin' down South D-land w/ Jage and Laila-bowling-movies- beach-Mt. Helix and the house summer of '86 RR thanx for the special time- it was fun-STRESS-Love is forever!! 12/2/85 RF Xmas dance I month thank you for the memories that will last 4ever-always #1 in my heart. ILY! Thank you Mom and Dad for inspiring me to be the best that I can be. Denise and Monique . . . the 2 best sisters in the world. I love you both. Thnx to all the men who've made it fun!! Toodles!

Decker, Sean. Off roading in the dodge dart "shock me in Photography" "transporter tray coming through" bucking for an "A" in Mrs. Hayes class. Watching Gary Bruso movies. Digging out the Bronco at 2 am working on the Duster too long. Battle of the Mom's cars. Going from a '57 Chevy to a '73 Duster. "Godzilla" Listening intently to Mr. Shepard's radical ideas. Special thanx to my family.

Dickerson, Richele. (Rish, Richy, Shelly) Best friends: Karrie V., Kim S., Diane T., Michonne H. We had some great times in Mexico. Surgery, skiing. (Bonzi), shopping and getting the same clothes overnight and MM's the letter to B. movies wild and crazy at Mickey D's camping (the room) the beach and wet jeans Mexico horseback riding on the beach flying w/ Bob the station wagon w/ Julie and 6 other people (UGH) going w/ Mario and Satul and delivering the baby the football games (Christian high and Homecoming) B. T. and R. those cute guys (Oh Man) don't forget the straight A's best times w/Dawn on sleepers, guys Wednesday nights guys, P.E. w/Shaw, and her Texas accent great times with Kim horseback riding, camping, cruising, best of friends, equal love in TM, great times w/Steve, Eric, and Jeff. Grace and Mexico what a bust. Diane and great times at girls onlys, parties, moving the pool, the beach, baby sitting, bowling, fixing and driving the bus too, and Bonnie gr8 times at Homecoming and the dance and during classes. Great job guys we finally made it and we're all still together, YEA!

Diels, Ludo. Good times in French w/ RT, TB, HG, CM, and MF. Poli Sci — in I ear, out the other! My first Halloween. Fun times in English w/ Dana, Debby, Greg, Doc and Conni. I-club mtgs. "let's vote for a change!" Key Club-a nice memory! Lunch always sitting in a circle w/ Torben, Sean, Denny, Richard, Jimmy, BuBu (Mike), Jennifer, Renee, Hilary. Hilary, that was a nice trip to the 200! Thanks Torb for doing drivers ed. homework! Thnx Uncle Herbie a good match. Thans Helix High for flashing the huge parking lot at us as we flew over. That was all we could see.

Dieterle, Steve. To all mu Mt. Miguel Pals: CB, KG, AL, LD, and JF. Kyle and John remember all the before school get togethers at John's house. Sorry the Ace closed. Fleming remember all the days watching the sun come up. "Silver Bullet" Going skiiin face first every Friday w/ Kyle and Fleming Hey John remember "Big Al" the good old days. John's house when his Dad was gone all weekend. Party at my house summer '86". "Who's not sleeping tonite." Kyle's MB5 that was fun. Remember Halloween '85 Kyle and John. Andy I will never 4get the 3 minute job (HaHa). Clint trout fishing twin lakes '86. Hey Clint we're staying at Caesar's Palace. Clint I know you will never forget "Federal Blvd" Clints house to listen to Led Zeppelin Mexico! My Grandmother's cabin. "over head sets" 'getting stuck outside when it was set time' Brianhead '86 w/Kyle and my 4th grade teacher 'hey guys remember the church' 'My Moped . . . ' Andy when we went camping the 'two big ones' in the tent. By the time Mom and Dad read this I will have finished 'high school' And you did not think I could do it. Love, Steve.

Diplock, Robert. (Rob, Hippie, F-stick, Rub) Partyin' w/ANKH OMEGA. Dan my man. Rich. Bonehead, Sponge, Mony, Mikey, Fenton, Brian, Rolf, Kenny, and who could forget Davie? Standing in at graduation. July 7, 1982. That was hot! Jammin in Dan's garage. That sounded rad.

huh? Party van to LA getting picked up at Knott's. Tough luck guys, goin to the beach. Seatbelt violation at Santa Clara. What a dud. Thrashed in Mexico. Let's throw down! We're gonna die. Hey Dan, what do you want to do? I don't know. Late nite Denny's drinkin tea w/ Dan and Skid. Sign stealing w/Dan and Mikie. Camping in Cuyamaca. Awesome concerts. Scorpions, Dio, Maiden, Ratt. Going to Heart and Rush w/ the Aussie on KGB's bus. Deep Purple also courtesy of KGB. Thanxx guys. Crusin the beach w/Dave, Mike, Paul, and six-ers. Eating lunch w/you dudes for three years. Good timz in graphics. Thanx for all your time Mr. Benson. Gr8 times w/my baby. Rooting at Santa Clara, Sunset and Mr. M's bed. Too much of the hard stuff. "WHEW" Hopefully things will only get better between us. Thanx again to everybody, and to anyone I may have missed. LATER! To my parents: We may have had our differences but I still love you both. Thanx for everything you've done for me in the past, but I've got to move on Well Helix it's been real, not fantasy. I leave it all behind me now, so many worlds away. Let's Party!!

Downs, Paul. The lunch time gang: Tania, Stef, Rowshie, Sharon, and Steve. Food fights. David's discussions on philosophy. The fun fruits! 'Last' books thanks to Tania! Homecoming! The shark exhibit Jaws. Steve: 'she had nothing on.' Grossmont Dineyard. Tania's wheel barrel ride. Monty Python Stef at the beach 'there's another one! Lunch time book theft. Sparring. The deck construction Cristy's Ice fights. The oceanography club picture. Tickle torture. Balloons, popcorn, funnel cakes, Star Wars. Christine stuck in laundry chute. Steve's Cinnamon roll. Lori's grape that started it all. Tickle torture (empty threat!)

Drummond, Trevor. (Track star) I didn't find high school hard! Band freedies it was fun for the year & 1/2. First year of track, ran a 5:02 mile. 10:41 two. Heard of X-Country, what a sport, love those hills, and straight ways. Pckd up three medals, became 1st man for HHS. The trip to Fresno was an experience. 5 hrs sleep, wakeup call to coach at 3:30 am, placing 20econd, Knott's. Track season 11 4:39 mile, 9:48 two, 5th in league. X-Country '86 a few changes made, still first man team leader top 3 league possibly top 5 CIF. Kinney (seated) race I'm ready for the challenge. For those who witnessed my I and only bad day all I could say is that I'm not the bionic man. Set goals (realistic future) never give up. Thanx Coach Schultz, Geary for the proper training and knowledge. I hope I answered that question what would your times be like if you practiced everyday? Good luck in the future years Shawn, Keith, Jeff, Alex, can't 4get Bob and the rest of the team. Thanx Mom for everything you have done for me.

Duenas, Angela. (Angel, Ang, Teamledford) Special times with special friends my other half KN, CM, SW, the lunch bunch girls we made it rager parties at LL's New Years Eve 1984 'I don't remember' oh no Confetti Crashing bachelor party at Mariott 'surprise' wild Mexico trips w/the girls shooters w/NM emptied stomach in fountain dancing w/Jyrus desert trip w/RK nippy nites watching SDSU baseball games w/Kimbo Amigo 25e at Scotts we lost and liked it while creaming MH's truck LS the chase was fun sniffles w/RS EL thanx for the roses and trying to understand me you are very special late nites w/PA, Monte Vista parties w/LF reunited w/Jeff and Eddie, Laura 'burp' homework w/KB you heartbreaker hot tuna shirt drinking w/Laura at 8 am Xmas dance 1984 RC our time will come. Fun timz watching JL play baseball you yuckie face I love you. Thanx Kim, Chris, Sheri, Lisa for all your support Laura lets rage Kim thanx for your special friendship we'll make it teamledford. DM, babe my only love thnx for the memories I'll always love you thanks Mom, Dad, Tommy, Rene, Tim, I love you all Kim Sheri Chris were outta here!!

Duggan, Marc. (Cover Girl, Marc E., Duggs, Stud) Soccer I234 My #1 girl: CH. best friends: EG, MB, RT, HS, AP, JE, LS. Duran Duran. Pink socks. Green eyes. Mr. Matthews-Christy fainted. Basgall caught us Buck, Mr. Mudd's science: finals-potato chip cheat sheets. Thanx Heather S. for good times. "can I use the bathroom (during lunch)?" Birthday brownie-thanks HS and AP cover girl — Lesa F. speed bumps. Amanda. Kilt pins. Full moons and Vampires. Teddy bears! Ski beach. Freeway football, getting ahead while driving, volkswagen cops, Bobby G's initiation. Hell week: 5:45 am stairs Andy W got handcuffed to the net. Thanx Ramon T for being superstitious. Las Vegas '85 3 am toothpaste Eddie and Pumpkin Pie Circus Circus: 'Craig took the frog!' Iceplant stains peanut-butter ice cream — YUCK!! Stuck contacts searchlights: 'is it a cop?' locker lipstick 'she's kissing a teacher!' parking lot crash caught comp/fam studies rm. 1340 where it all began. Kibbles & bits reincarnation breen and black: PROM '87!! All for the GOL. playing dead on Mt. Helix: 'are they gone yet?' ELK 'stop, you're waking him up!' Cinco de Mayo 1986! Long John Silver "Cousins" soccer tournament Mar 29, 1986. October turning point Halloweenie sunglasses BO romantics forever! So many firsts thank you for the best times of my life Carolyn Hoy I will ALWAYS remember and love you. Thanx Mom & Dad for making me and supporting me through life. I love you both. Look out, Helix, here comes Aaron! So long guys. Take care of yourselves. Bye Y'all!!

Dyar, Ron. Surfing big Wednesday w/Bill. No fun sliding down the cliff at blacks. Hot spots: the cliffs, 8th st., 13th st., turtles, and just for Jeff Scripps. Crusin the Battle wagon to the beach w/Bill. Gotta go, gotta go! Waiting for ride in early morning on big Tuesday that never showed up. Breaking the dull barrier, what time is it? Time to rip! Collision at scripps. Surf insurance, if you don't have it, you'd better get covered. Hawaii '86 surfing Maui and watching Bro rip Hawaiian juice, shoulda brought the Camera. Driving the Healy to school, top up or top down, that is the question. Wrestling for 3 bloody, and I mean bloody years, but I had fun anyways. Hot shots of Kenny and Mike at Grossmont league tournament. Pictures in Del Mar fair, Rowing summer '86 fun but surfing's more fun. Lunch crew: Eric, Bill, Brett, Jeff, Ernesto, Matt, Brian, Dean and everyone else it seems. Thanx for the lunch Eric, it was fantastic. Oh well, thanx Mom and Dad. Dud- mom, sis, and see ya in the tube brodda!!!!!!

Ehlers, Jim. (Jimbo, Jimmu) HEYY Scotties! These past four years have been great! I thank Jeff Kinnard and his family for all the great times during summer and after school! Hey Jason Rogers, Todd Sleet and Jeff Kinnard remember the 37 hours of no sleep at Disneyland? Key Club '86, Best Ever! Shelly Glenn thanks for almost getting me killed. Tristan Svare you finally got the B-52's! Thanks a lot Courtney Mills and Donna Allsing for the many ice fights. Mr. Bonney thanks mucho



for the help in ASB! Mr. Boone, you big Bozo — thanks for all the fun in history! Andy Mounts thanks for all the uplifting comments! Keith Wozniak good luck in the world of CASC! Loan Nguyen don't forget Homecoming '86 — partners! Tamara Brinkman thanks for the good times at the '85 Christmas Dancel Tamara Brinkman, Mr. Anderson, Eric Rittershofer, Kristina Worthington, and Paula Espinosa don't ever forget Disneyland in the rain. Hey Heather Schiedel and Jamie Jeffers I'm giving you the eye! Mindy Bowman do not get paranoid you are a cool chick! I will never forget summer of '86 Sea World and Expo! Linda Kinnard and Casandra Gothrie It was fun watching you run down the street on New Year's Eve! Hey Stephanie Brandland what is that on your head you taurus! I have enjoyed all the activities and fun at Helix and I thank all of my friends and my family, Mom, Dad, and Gretchen who have helped to make my future so bright! Hasta Helix!

El-Amin, Sameerah. I made it! I could not have made it without you Mom and Dad. Thanks for all your support. To O.E. thanks for being there. Remember Algebra with Mr. E. Put your head down and go to sleep. M.A. and T.A. what a Pair! He'll shape up in time, Mikey Likes It! How can you ever forget D.H. Nice guy right? Don't forget two of your best friends J.M. and C.Y. Stay out of trouble and have a great senior year! Friends 4-ever, Sammy.

Elder, Lori. (Oreo Cookie, Missy, Goldilocks) Hey T.C., "Letz du lunch!", 16th b-day with Dani. Gettin' stuck! Like Marina with Carde and the "Baja Boys", Thrashn with my baby, KOOL Trails with Holly and the "Baja Boys", Gettin' crazy with Roli, Laff, Laff, Laff, I lov Jiraffes!, Thank Mom and Dad and Mom and Dad and Gramma and Grampa, luv ya bunches; bee good Lees and Sean! But most of all, I lov u Steve — U will always be my Weebie — always and forever ... Bat Friendz! S.F., N.H., C.G., C.S., T.C., R.C. "U cut him up! Weezer." Steven — Ice Cream!!!! P.S. My name ain't Missy!!! Well ... Bye bye Helix — it wuz REAL!! Thanx Dudley ...

Espinosa, Gina. Special friends — Jenny, Frankie, John, Larissa, Shawn, and Erin. Great times — Police Concert '83, Disney Janitors, Presidio Park, El Paso, Club Zu, Plays, Skiing, Bohunks, White BMW's, Donuts at beach, Knevil Instructor, Frat Windows, Pearis, Aztec Games, Caribe Cruise, Dance on Balcony, Car surf, photo shoots, Berkeley, Far East, Ling, Lloyd Cole, Taxis, Cats, the Dart, Salad Slave, Ocean Beach, Ellie, the Clam, Strobe Lights, Oppro, REM, Baba O'Riley, Squeeze, so you may find yourself ... thanks Mom, Dad, Grandpa and Grandma. Danny, my favorite little brother. Wherever you go, there you are. Yo!

Fakhouri, Sandra. (Egyptian Bull Frog) Peace, Love and Rasta Fari sessions. Long live my rebel days with Landa Hodge, Jamie Krietz, Jayne Suter, Kerry Sherman, Gretchen Warner, and the rest of the obnoxious clan. Wild times when the sun goes down. When the parents are away the children shall play. Boones farm for everyone Roch n roll Vamp partys with Cathy Scalzitti. Pink Floyd lazer show with Art and the Black Flag death machine. (Leather and chains) THE SMITHS, DAVID BOWIE, THE CURE, SOFT CELL, R.E.M., ECHO AND THE BUNNYMEN, Special Sundays with David Rosemen and Mark Allen. Boogie bum and THE YOUNG ONES. Psychodelic adventure dreams turn me on. I thank my parents for having me and my teachers for passing me. Goodbye Helix and Europe look out!

Farmer, Sonia. (Sonia baby, Sony) These four years at Helix have been very special to me. Thanx to Barbara, Sue, Ivan, Brent, Rene, Rafael, and Andy! You guys have made my high school years happy memories. Thanx for Bania Sundays, Goose lives, Hey you nerd, have you seen your face lately? I don't know, I'm so stoked. Kagh, How about no, Okgable, New Years Eve, the Show Boat nights at Barbara's and my house, the Catillacs, the parties, the Del Mar Fair, Mr. Mister, friday night football games and the lots of other things we have been through together. Our friendship has become stronger through all these things and will continue to grow. Special thanx to Tracie Burt and Monte Vista and everyone at the Mission Bay Sport Center! Chris Gilson you are one cool dude! To the surfer Dude in the second period biology you really made my days! Tom, Brian, Joe, Mark, surfer Dude, and Brian you will just have to wait. Donna, you really helped me make it through Algebra and Geometry. It would have been horribly boring without you. Hey, Buds here is a toast to Corey, Peter, Phil, Otis, Mojo, Beach Boys, Doors, Outfield, Mr. Mister, Smiths, the Monkeys (for Sue) Elton John, Catillacs. So on that note I say "Thanx" and may we always stick together! Asta La Byebye Helix! Mom and Dad you're the best! Thanx for everything!

Farrelly, Julie. (JAF, Jule, Frieda Fishhead, Leftie, Lame Ranger) Words can not describe thoughts, feelings, and events transpired these four years. Hopefully we did not lead a normal high school existence. I am almost sure we did not. An exclusive group? You might take it that way, I will always hold these times in my memory, so no need for a more concrete regurgitation. Mom and Dad thanx for being so insane and understanding. I promise not to wear my shorts outside my pants. Mom and Dad Shaughnessy & Heather, the best pseudo-family a person could have. Aileen. Have fun at Psychotic State, I mean, uh, that crazy Jesuit School. Cricket. My God, must you always hang around! It's what you make of it huh? Well, I think you know what we'll make of it. UCI ... why? Simply because. Friends: Have fun at your Stanford or Harvard — it won't be the same w/out you all. To Life. "Gimme the biggest burger you got and an order of rings!" "Here's to salad days ... and an insane future."

Florica, Andrew. Will D., pylons, dirt, scrub, CHS, Fruity, Jerry, Tam, Helana, baseball, parked cars on Halloween, Herb, Michelle, Eileen, Robin, Air Force, detention, suspension, off campus lunch, Basketball I, chapels, Ted and kids, Ben & Debbie and their patience, Nikki, COTGS, La Jolla, Aliens, Major uncool, Julie, Heather, Melissa, Dwight, Turkeys, Kenny & E&J, Dean and the DeSelmes, Jim, Mark, Greg, all under ATWELL, Kelli, Sean, Michelle J, JP May Kth, Oct 15th, Moosehead U, Trips to CREST more or less, BRENDA and her advice, trouble with Will, JOHNSON AVE., Lugars, cough syrup, transfers, Helix and new friends, SUZANNE, SPIKE, Bel Aire, moods w/ Fruity, whom I love, alternators, AA, AAA, NA, etc ... Puruis, Dear Gorgeous, backward drive thrus, SDSU concerts w/ Will, traffic school, violation 3000!, marmalade, Mammoth, and everyone or anything else that I have been unable to recall. ERICA DOWELL-I love you, FOID #18.

Fisher, Holly. Thanx for all the memories buds. TE, CT, DH, SY, AC, TM, JF, CB, Robert, "Doc" C., JG, LH, JR, WN, LF, SK, MB, TJE, MA, HG, & KG, I'm an Oingo Boingo brain! Thanx for all the tardies zip! Hey Les-al RAHH! We've got Fisher power! I love ya sis! Hanging out at Danielle's. Cruising w/ Danielle and Cindy. Midnight rides to San Marcos and Escondido. Playing football with glue toilet paper at Ralph's! Eric Scharf who? Me and Danielle: destined to be South Mission surf rats! Exposed? Oh my! Surfing in our clothes! Like fully! Friday nite bowling! and what about Bob?!! Cooling down the California way! Dancing at Mulvaney's w/my buds. Best times of my life! Shreding up the road in Keiths RX? and jammin to Judas Priest. Turbo! Hello Mr. Happy! Nice to see ya again. Frostie and fries (lots of salt) Big guy strikes again. No deal? Sacramento in the summer time. Jeff's BMW. Fishing? no way! Square Pan at SDSU. Jonath what a cutie. Getting caught by Feil at the vagabond. Blisters and no sleep. Tons of burgers. going to the beach in the convertible bomb! How embarrassing! I'm DYING!! Causing trouble at valley bowl! Love your hugs Keith! Australia, here we come. Thanx for being my lab partner Shervin! Also thanx for the support (all my lunch buds) when things went wrong! You're a cutie Goldman! I love you, Mom, Dad, Sarah, Jordan, and Keith Long Beach here I come!! Luv Ya Helix!! Bye!!

Fisher, Lesa. (Lees) Thanks to all my special friends! RC (Turtle) phone calls-Weeds! World turtle. TB Let's go forking (oreos too!) We got you JW Not your average t.p. job! SDSU. BL- (Rotunda) t.j. dolls live oh! Blondes have more fun! 2 a.m. sleeping in the car. All cried out. ML (Proper) B-days, ET fire up! Connection Yes! JG-(OWC Bud) Thrashers, Hawaiian Motel! Rob Lowe Jr. "He's in my living room!" KB-I miss you hon! Visit soon! Best of SPECIAL Frenz always! Kimmers can I sit by you? such gentlemen! The limo Roger Ci-Pizza! Hi Polly! BN-it works JW-(My Teddy Bear) thnx for all 5-30-86 Prom (Tender love) jailbait. 6-13-86 ILY It'll never change lat real love. thk twinks and all at CABG. Crook, Karen-you're the best! Others OL (My Bro) HE (- my Sis) AP (Purple) DH JR RK OM MA JH CH TC EN DL MH DA RM Hood Luck, God Bless, Bob (My Bug) Wanna race? BBB Parking space #4 Let's try reverse! the green machine. Thx Helix it's been fun-on our way to the top! Deloux, U of FH look out! Thx mm dd and Bri for all the helpl mums too! I love ya lots! C Yai Smile. Europe at last! (Oh! Is it Canada?!!)

Friedman, Shannon. Ang bst bud since 2nd hue alwy remebr dancing partys stratus "3 in frnt" "5 in the what?" Rndtable yr home Polce uh-oh! Mvie w/Lori/ work/John-JR wnt some-Dave-Nigel yr tops dn't forg't Tony "JAMIE" Kevin an u know the "REST!" RollerLand How mny crushes Oh I cn't count that high-? about u? How x flies when yr haven fun Jamie what's up sh-later Paul bowling a monster-Mike alwys! Marc s. Here we go again Hapy-B! Dan T. thanks 4 the lesen Sr. Patio Oops! Graceful I am call me Grace-Cheaten Annetle! Heather Shan out 2 Inch there's a-bee in car-Bug-webs Shay-John! Susan shld I? Baits Manor wht fun-9th gr lcker how mny shre it? Oh "B!" Prom Gmes Dnces X-mas Hallow Del-M T & J I X Lisa 37 wht. Tacks dn't feel Hil Kar alwy I remebr u & MW RH JL DL MB TH ctie Dale ur a spcil frnd Derek hw's yr tape we sent Sr yr ws grt mny fun x bt it wnt 2 fat my frnds hlpd combine 2 it Mom Mom Dad thnx U 4 evrythng Sis U 2 hve U Helix By By.

Garrett, Julie. AKA: (Jules, Ms Aqua) Mr. Foo Foo's southeast window crawl. K.S. and D.M. Shake pull saw jump and scream at any stop sign sober any day! Let's just not make it a habit. J. Ruffer: September 6, 1983. Scrubens and Gomzo, Oskate dog lives the memory on. Monterey and Santa Cruz- love that R.T. pizza and its xtoppings. El Torito with-drawls Sochmont-Beneficial not destructable "Thank God!" J. Suter: Heartburn, whiplash, pizza, Burger King, gnarley dreams, Mt. Helix remind us of: who cares? What? No linkage in Leucadia? Let's hit the bottle of apple juice. Roommates "authority on everything" and all night talks made us the best house "party animal" chicks there is! Jamie and I are really ticked off about the J.A. waterbed down boones farm if they only knew? Being aware of ones friendship is the key to avoiding boredom. Gretchen: we are two in one (S.J.) Big bro Kereem "You be the best bro Nakassia could eber ask for!" Hell is for children Darth Vader and Malakai lives on! Thanx for your shoulder. OWC!!! Camping with thrashers, moo-moo's and libbs L.H. Moonroof easy accessed dryer (requirement: need a freeway) 232, 116 "the tile room" you're definitely one budget date! "Someone Somewhere in the Summertime" Phone conversations "I feel so close to you" Always yours-I love you David Christopher. My happiness has evolved from the support of my irreplaceable father. Thanx mom and Dan for love and killing of my car! (ha ha) Adieu Helix! Bonjour "to the fishes in the deep blue sea, joy to you and me."

Gaskin, Jennifer. (Nico, Jenipher) always dressed in black best buds Erica you be my honey I love you. Frederico jo little girl where's that little man with the fish on his back science will never be the same Goober you're just like a sister to me gobs of x's and o's Neene well what can I say you'll always be my best friend so many others who made my 2 years at Helix a strange visit you know who you are Best memories '86 summer in the sanctuary with Hanoi Rocks and the man who knows how to wear lace stockings. Oh honey no! All the girls at Stratus Highlights: meeting the core Siouxsie gene loves jezebel Thanks to my chauffer Jeff for making all these possible You're the bestest bud anyone could ever have I LOVE YOU SO MUCH so do a lot of cats ha Disneyland you will die photo anyone? Lunchtime was the best time of the day. If you know what I mean Last but not least I want to thank Lara D. for being my best friend even though it hasn't been the best year for us Remember I'll always love you. I also want to thank my mommy and Barbara for putting up with me and believing in me, no matter what. I love you both so much! Ciao Babes.

Garrido, Darleen. Where shall I start? I guess with Erin Rodriguez, hey baby you look sexy! No really, thanks for keeping our friendship so strong since the time I left until the time I came back. You are a true friend! Don't you go off and forget me now. Keep up the pretty smile. Thanks again Erin. Next up is you Sheri. I'm glad we got to know each other again. You never change do you Sher. Well stay "awesome" and "sexy" because "that's you." Now last but not least the one and only Sid Baxter, number 24! I want to thank you for the good times that we had shared. There are so many things I want to say and yet so hard. I'm really glad that I met you. Keep in touch and good luck with your future goals even though I know you will be successful Thanks again Baxter! I almost forgot you Charise, "Hey we finally made it!" We have known

each other since elementary school and you haven't changed since. Keep it that way! Well to the rest of the class of '87 Good luck! Oh before I forget to the handsome, gorgeous, and nice guy Alex Castillo I hope that in the near future we (Kim, you, and I) candgo out! Stay the same. Bye.

Gatley, Ed I finally made it! Special thanks to my good friends — the Water Dogs AM JR AS JM EB DA MJ AA AP HS JJ and all my other great friends that made my stay at Helix really terrific. Good luck to my sister-Kristen and all her friends. Hey cheerleaders "You're a winner." Great time at beach and parties ... if I could get off work?? Great times AM, volleyball, football games, parties-cops?? but officer we were just watching movies at a friends house, Mt. Helix, you driving??, getting caught at toilet papering we got dogged CS and AM Should've kidnapped us for Tijuana coincidence: same lives wow?! Well hope to see you at M.I.T. if I got accepted! Enjoy life! Watch out for old men and hub caps, AS, don't get spit on! We're still alive! Rollerskating was insane, blisters, sore fist from beating on Jack in the box drive thru. Congrats on homecoming TS Let's keep in touch after graduation, we've got to keep up the serious partying dude. 9I-X party you introduced me to LHI Never forget!! Surprise party, how was that drink skling for the first time totally awesome. HS in my trunk? Speeding? Other drivers? Never got a ticket! No 49 club. Well class '87 will miss you all! God bless Thanks for everything mom and dad. I love you. Bye Helix!!

Geers, Billie Jo. (Billie, BJ, blue eyes, and space cadet) It's been a proven fact ... blondes are more fun! Would i lie? Never. Craziest times i'll never 4get Boy did i see fireworks on a wummer night at Disneyland. Most embarrassed at private boat party. I had one two many and BJ overboard next stop San Francisco. Jim's gr8 idea too bad we couldn't stay. (Maybe next time daddies gone.) k really would be lost w/out you. Mike you are the most bestest. Way too many gr8 timz together Let's go for the gusto. You will never give up will you??! JG you were my first friend at Helix and many thanx i could never say. But most of all thanx for the introduction to Mark! Stole my heart away with orange juice in bed, walks along the beach, teddy bears galore, a puppy and lots of love! My happiest day was the 23rd. "I didn't forget" Hugs and kisses will always be given to you! Mark, k love you! very much! XOXO Helix has been fun w/ lots of memories but my big baby blues just adore the sites of SDSU (Chocolate shakes w/french fries ummmm) Even better, cookies n cream (ice cream of course) LS thanx for all talks and support! Lunch time will always be our secret. Unless we have 'peeping Tom's' watching us. Especially for my friends and family i didn't mention you weren't forgotten there is just so little space. Love YOU!!

Giaquinta, Barbara. (Curley, Babs, Bob) Fling 34 well ever since my freshman year Ive been writing Class of '87 on my folders, now it finally has come the Class of '87 is here! I have made a lot of friends here at Helix. All those wonderful teachers and friends i'll never forget! Sue and Sonia, you guys are my bestest frienz forever! I love you! Ivan Ne Chris. Gilson wherever you may be always eremmbrr Goose lives! Friday at the football games. Bongo's blue moon! Round Table thenx to the Catillacs Mike Steve Wynn for making my weekends more enjoyable by your singing. Sue we are too bad buddies or what? I'm glad that we became friends our freshman year! Dimented and Sad but definitely social. Rolando Park! Sonia baby 10th grade is the year that we met. You're a re8 friend. We've had so many fun timz together. Sue and Sonia our friendship is like a circle one beginning no ending! Journalism has been fun Jon and Jason you are crazy! Sandy and Karen what pals! And Erik Gorka thanx for those talks about 'this and that' Rolando elementary kids I love all you guys, each and every day you make my life better! Rafael have you seen your face lately? You nerd! Obukable Mom Dad and Chris thanx for vbeing the special family that we are! Chris good luck for the rest of your years. Mom and Dad I love you both and don't 4get it! HASTA HELIX Love Barb.

Gilbert, Dawn. (Bambi) It's over — JoJo, Zana, and John I hope your last year is better than mine. What should we do it baby turns blue? Panic we will, but if I die, I die. In ten years will we all be fat? I can't wait to see. I hope I never go to Disneyland again although I love going up and down. If it wasn't for your mommy and your daddy you wouldn't be here today. Marilyn lives on. JOJO keep smiling the cats are upside down. Zana I'll always remember what you said sack hips. Car wash everyday John. Dance dance dance. JJ twins don't scare the creatures with your evil eye you darkies. The birds are flying free but where do they go when it rains? We must find a cure. The cats eye is gone, I hate it when you treat me cruel. Ain't got time for what you feel. Paul Lima we want you in Breakfast Club. When are these people going to grow up? Blue eyes Paul. I will miss you. Joel have another glass of water I am. You are such a great brother. Jason keep playing or else. Lara be Fri remember? Romeo you are so cute. Don't look back just drive away. Astro projection here I come We are out of here Mom you're so cool ... Now that is inspirational! Kiip in touch JS, JG, JR, LS, LH, SF.

Gawat, Mike. (GWAT G-WAT, Mikeey) This year was the best. Mass parties, Mass urskies, mass everything. Later Mazda Hello Olds Super Tuna Boat Corkill our hatred for each other will last forever. Heavy Metal rules. We Rock. The GWAT patrol will cruise eternally. With all we wrecked total havoc all across the land. I proved that you don't have to be popular to have fun. Jess, Susan, Karen, Michele J. Don't forget about me. Dudes and you know who you are keep the party goin'. Helix been bery bery goood tooo meee. Off into the unknown I go. Mass Lineas. No Corrie you were'nt forgotten nobody's forgotten. 4-day sucks. 86-87 an insane year. Maiden somewhere on tour. No lowered trucks please. I love my want-to-be. 442 IO-28-86 my day. Shortie you'll always be Jess to me. Hey world Mikey Likes It! And he likes it a lot. School ain't so bad but I know hundreds of places I would rather be Karen D. you made this a killer year.

Glunt, Mary Kathleen. Thanks to my family and friends for all the help and encouragement to get me through Helix. A special thanks to my best friend Cori Shea. You're the greatest ever! Memories of 9th grade Deemeettee Chong and you know who else. Parties, family, fun, and just cruising acting like fools and having fun. Slipping and sliding down the halls. And don't forget good old Joe Murdock with his yacht, what a joke. Youth group — parties, etc. Thanks for being there through good and bad. Thanks to Chris Forest, Cathy Daglio, Colleen Linertz



and all my other buds. I'll never forget you Jeff Bailey. I'm glad we are now friends, good luck! Thank you Steve Hink for all the fun times we have had together. You've helped me a lot and brightened things up. For me, I love you and hope we continue. Steve, you're a sweetheart and I hope this last year for us at Helix is the best ever. May your future be happy and bright. Good luck to everyone! Our lives have just begun! ZOWWIE! Live it up and go for it! Well, bye everyone. I will miss you. Take care and believe in yourself. May all your dreams come true BONZAI. The time has come at last.

Goff, Loyle. From Velvet Von Ragnar thanks to Christine for all the fun through the years. Band 1-3 Band camp '85 The year I got caught Friday's with Rick Maranatha. 1-4 Bowling Club. 3 "snookers" and "cosmic" friends forever. Fun in Child Development with Alyssa and Wonton's friends that helped me through school. Special thanks to my teachers. It's been fun with all the people like Alyssa Henning, Tina Hughes, Darell Arrayon, Derrick Phillips, Michell Cummings and all the other friends that I have. No thanks to Mr. Geck. I think I've finally made it. To "cosmic" with love remember always that we love JAKE "E" LEE. Bon Jovi kicks \*\*\* (censored). "Throw in the rest of the turkey and a bucket of tofu. Ooh it stings — To Ann you will always be a moose! To Christine Bentz or "cosmic" you beat me you saw ALIENS more than I saw Top Gun. Well, I finally did it. I got my 64½ Mustang too cool — special memories with "cosmic" such as "OK" and things like the "Cinderella" and "David Lee Roth" concert. Special thanks to "cosmic" for being such a great friend. Remember always to everyone "Cosmic" and "Snookers" love Jake "E" Lee! Special thanks go to my parents for helping me through the battles with the Vice Principals especially Geck. Thanks a lot I love you both. Now it's goodbye from Loyle Goff. Alias "Snookers" Bye to Helix.

Gomez, Perry Lopez. (Flaco) I'm proud to be a Highlander. Thank you teaching staff of Helix. To all my Spanish teachers, "Gracias." To all my special friends, thanks for the memories. V.P. thanks for always being there. "Bloop Bloop Bloop." Marc "Dinosaur" Raab thanks for the pep talks on the women. It helped. Also, thanks for your knowledge and support. Mrs. Raab my sweetie thanks for making me feel special. J.M. "Stop N Go." Learn how to drink. J.S. thanks for the advice. Surf mates Bub, Joe, Paul, Tracy. The Force D.B.'s, Derek, Mobely, Joe, Paul and Jirus? J.J. sing it! We had some fun times. T.S. be a D.B. John stand up! You are? In Vegas thanks for that quarter. Dance Team the originators not the imitators. T.S., J.J., M.J., P.A., L.M., chill, whip it, Mobe and Sam "Give me a ride to the pad." T.C. suck it in. The Happy Camper "Tacie." Janina thanks for the talks about Lori. Tawit and Tracy best friends since Elementary. Gilbert pin them all. Bub keep my number live. 33. All coaching staff thanks very much. Coaches Hernandez, Rodriguez, and Baksh, thanks for my nickname "Flaco." Hernandez, cover five? Thanks for the pies. I learned more than coverages from you. Gracias. C.L.F. bound. Pluck the Eagles. Wild African Dogs Rule. Lori my very special person. Together forever. I love you very much. "Julio" yeh, yeh, that's the ticket. That's me loading the camper. Mom and Dad thanks for your blessings and support.

Greene, Ralph. It's over.

Graham, Dawn. (Sunrise, Marauder #4, Balloon killer, DonWon) BP, RD, KV, JE, JM, AJ, JL, LM, DW, CH, LP, CR, JC, WN, RC, BG, SH, especially TC and all our talks Hooters, A-ha, Mr. Mister, Pretty in Pink, World's best Catbury NEW addition Hobie Zoo more 25c. Down the road and on your left. I-club what? Drama bananas! Christmas party leaving me w/ DB. MS moped rides. 'the key won't fit! Monkees no Peter Peter Tork for Pres. "Jeans" nose Disney Mr. Toad's ride you killed us! love his shirt. Looks like Eric. Kearly departed cousin Dave he followed a bear into a cave. Dead center. I want this bat. Attack of the falling fries Oktoberfest Hellum, Dunking GS Poltergeist that Billy Idol dude. Biology table six, stage right. Stuck in chair. PK far side can I leave? My brain is full. OBKB? TOP GUN. SAVE FERRIS. How do you expect me to go to school on a day like this? Chicago You're still here? It's over. Go Home. Family Fun Flash. Don't look so serious. I don't trust you with balloons. Valentines dance. Long live Hooterville. Mags and Pal's hand shake. How cute! SDSU Hi Eric, guys GB, PK, DG, DB, TW, KB, TH, MH, PW, MD, TC. Love you JT & Mags. SOC letter shredder, love the little #6 HE David Bowie just for Missy, peace to all FIDM LIFE moves too fast. If you don't stop to look around, you just might miss it. We are the good job doers forever.

Gregg, Stacey. (Spacey, Space) Best buddies: ER, KM, RS, HS, Sid, Mont Vista best buddies: TF, LL, DO, KG, TS, JS, TG, Erin thanx for all the fun times. You truly are my BBFF Krissie our LBB Reina our talks the bathroom MV seven parking places 8.9 Heather oh no we broke the rule Sidney you're the gr8est pal. YO Tracy walk this way. Is she right? That's what ACY's do for Money. Sea World Volvo Cruisin' it Laura 5:40 oohh dude thanx cousin Peter Pan and Tinker DOMBO Kelly explorer warehouse party CJ throw it away Tina summer loves Summer '86 TNT CANADA I hate Oregon. TNT Del Mar Fair Jennifer baseball games Tya coronado Kinbe CAT diesel power Val Brandyes room LaurieH gremlins MTV Lori S, english, will they ever learn? Sneaky TC and me Chocodile you R my #1 love. Mem. w/ you will last forever. Janet Jackson the gang TC, JC, LL, JC, JD, DM, JW, AV, .29e low profile, party week at John's what's sleep? Bobbin thumper mascot BOB don't freeze him/ August 12 bear trap questions? yes it's true PJs sniff TOME Hop Duke. STACE Z Black Dec. 22 1985 ST nasal sketchy unfaithfuly rumors, jealousy, Cuyamaca college Robin PJs at 4am we almost died. TDs turfed glad you're back Darleen Ambition to become a newscaster and be happy w/the one I love. Serve JC forever thanx for everything Kad, Mom, little bro's and family I love you all!!! Hasta Helix, too much to do too little time C-YA!!!

Gutierrez, Leticia. I made it! thanx to all my family for supporting me in my school years. Going to three schools in my high school years. MHS, SDHS, HHS which I all liked thanx to CR for being the first person to talk to me at HHS JM for being my friend in senior year, and for being there for me all the time. Sharing many things w/ me and me sharing many things w/ her. CR, KH, KH, KH, LH, RW, PG, CB, SB, SA, for being my friends thru the school year. EP, RP and family for making my summer of '86 very fun. EP for being my Godmother and being there for me. RP for veing my friend for the longet time and sharing some fun moments at SDHS missing all myu friends at SDHS CA being another good friend who I will always treasure. Being in youth group w/ me for

the time I was there, for never changing her attitude towards me and being there for me when I felt alone. Sharing things w/ me about EG that were very personal always. Knowing her for the longest time and still be me friend Having a big crush on JS and always will. Liking Top Gun and TC since liking CL at SDHS My love always to FB to two special people who helped me alot Sister Moira and Fr. Ned. To my Parents: Dad and Mom I love you Bye HHS.

Hall, Tamara (Tami) In love with Grant. Friends with 24 girls and 27 guys. I LOVE Helix. Varsity football rules. Peachy Peaty. Mr. Kirk is my favorite teacher in 11th grade. No ditching. Valhalla is an old memory but Helix rules schools. Going out with Mike. Beating Mount Miguel. the school my sister goes to. Mr. Schmidt's math was cool. Bridget, Tina, Grant, Chris, Bill, Steve, Shirley, Cheryl thank you all so much. Carlos, grow up. Robby O'Byrne cutest guy in 12th grade. Ray Martinez best personality. California girl (YO). Hall was Loftus unmistakable Andrew thank you for your reassurance. Doug's tennis "smoke 'em." Tricky "T", Shorty. Thanks to the nurse who got me through when I need help. Mr. Robbins best counselor. Ed Gross arm wrestling tie. Prom night expected to be great. Mrs. Costa typing is a great experience. No more geography. Nursing agents here I come! Seniors are cool. '87 rules. 4.0 average is nice but not so easy. I got stuck with a 3.5 yuk! What did I learn in school? How can you learn nothing? Love you all and hope the frosh can make it to the top like the seniors. Short but not forgotten. Koala bears are the best animals in the world. Looking forward to a trip to Australia. Thank you Helix for the best education in the whole Grossmont district. See you around!

Hall, Yoshio (Yo, Yosh) — good times with great friends: SD, JJ, TB, DP, and TK. Special chicas: SL, MO, LH, KQ, and LS. I love you all Honors Buds: JJ, JR, JM, LS, and TS. Success is inevitable. Best Friend Forever: SH. I will never forget you. Soccer 1-4, CIF 1-2, Nomads are magic, state and regional champs, National Finalists. Tijuana with JJ. Try them hot dogs! New Year's Eve at Kaiser with broken leg. Denny's at 3 a.m. with DP. Hey where are his clothes?? Thumper at LS's. Summer of '86. Too many memories to write about. Thanks Mom, Dad, and Brothers for support. I couldn't have made it without you. Let the Magic of Helix reign forever!!!

Hamilton, James (Jazz) ("J") I would like to thank my MOM, SISTER, and GOD for making me the person I am. Also, I can't forget the HOMIES: Mike Hubbard, Mike Chestang, Philip Manzano, Tom Adams, Eric Arcio/my BIG BRO., Eddie Conant, Sam Moore, Kevin Gordon, don't let me forget the gurlies: Tanya Wise, Reina Savage, Kim Yale, and last but not least chillin in poly sci. with the Homegirl Lisa Johnson. Fun times: throughin up on BMW, chillin at the house with my sister and her beeper going off like a high school bell, misdemeanor, Missy, J-Von, Eric A&T, and dogin the people with the freshest moves, don't let me forget all my broz: the OG WILD BOYZ, don't forget M4 Babie Antoinette and the love we shared, all the Rasta family, Mike Hubbard, Eric Arcio, Eddie Conant, Jamie Galkowski, and kickin it at lunch with Mike Hubbard, knowing we are rrrrk to the curb. Kickin it at the Jack was pretty chill, but I can't hang with high school so Booyow I'm gone.

Hamma, Chris Are you in a rut, working without a future? Then do something about it! Lou Freed's school of Jive teaches students to "take a walk on the time line" in nine short months. Any graduating students (Bill Pork, the mole) continue their education at the Coleman School of Bartending and U.S. History. Professor Myra Lee "makes the world safe from democracy" by giving daily doses of Howard Zinn (which is really just puppyzschau). Driving her ion-powered Jaguar XJ-6, she often enters racing competition with team member/Honors student Jason "I Can't Drive 55" Rogers, who can sometimes be seen swapping clothes with Tristan "Laughing Boy" Svare in the Sports Arena parking lot after hot concerts such as last week's where "EIF" opened up for "Doc Bob and the Stamp Act Congress." Well, with such experience as the "Campbell for Controller" (mind bowel) Chili Bash under our belts, we now "rally with the Clan" one last time and sing "the Duck Song" in tribute to our younger and lesser friends, the underclassmen. Might as well. (Brought to you by Winchell's Donuts. "Winchell's — we put the 'A.P.' in A.P. History")

Hardin, Dana I finally made it through my senior year. Best Buds: Heather, Carrie, Shelly, Debbie, Dawn, Sarita, Troy Sluter, and Carole Stangl. Remember Rod? Too hot to handle! Cool Dazel Fun times with the Pud Brothers. Summer of '85. Life sure was a beach. Rad guys-scum. Dave the wave, pineapples and whipped cream. Crue concert — Live Wire. Rides to school with Jeff Powell — so many tardies. Crash with Stephanie Tillman. Partying with the CATS-Sean, Shawn, Adam, Wayne, Ron, Cary. Parties at Porcho's. Chris Jones and the War machine! Kevin O'Toole I love you, what would I do without you? We have had so many good times together. Hope it lasts forever. Can't forget coast to coast firefighters. Who's Johnny? Favorite teachers: Mr. Boone, Mrs. Moretti, Mrs. Drake. Lots of laughs, friends and good times. More to come. Thanks mom, grandma, Heather, Nicole, Uncle Kelly, Michael Nagle, Kevin O'Toole, Paisley, Brother, Ralphie, GIGI and of course my grandpa Peeps who will never be forgotten. Thanks again- I love you all. I am on my way!!! Congratulations class of '87

Harman, Kimberly Best Friends Liz Z., Karen H., Penni V., Leslie B., Paul H., Ed G., Katrina C., Kathleen W., Kevin C., Kenny B., Ronnie T., Carie E., Best Boyfriend: Scott W. Cute guys: Ronnie T., Ed G. Kimberly and Scott forever. Best teachers: Claudia Townsend, Tony L. Thanks Mom and Mike for everything you've done. So long Helix High School! BIKO Rules!

Harrison, Lori (Lorikins, Lu-Lu, Lor-chin) International Club '86-'87. Shopping for laughs. Best buddies: Sebastain Schaffer, Sandi Huskey, Ronnie Turner, Derek Lobbins, Laurie Hazel. Thanks for all the good times AHA yeah prom 1987. Cheryl Herferd thrown in pool at '83 Hawaii party. Giggle giggle hunting high and low for aussies. Ronnie you will always have a special place in my heart. Well Sandi, we made it after a long haul. Our turn has finally come. Howie thanks for every thing. Sebastain I am really glad I met you. You're really sweet and have made my year a memorable one. I will miss you. Eric thanks for being so sweet. Huntington Beach Surf Competitions. Smile its Monday. Blues eyes look out for those lockers. Jim Elbers thanks for being there through the years even through the boring films in science. Sandi say cheese. Sandi remember our prom of the future moe and boe yuck!

Homecoming '86-'87 yeah. Mariane thanks for your jokes. Sebastain thanks for your smiles. They meant so much. Thanks mom, dad, and audra for all your support. Well Helix this is it. I have served my time now its time to move on to bigger and better places. I love you Sebastain Scaffer bye-bye.

Hayward, Brian Swim, Polo 4 years, CIF swim 10 and 12, Polo II, 12. Swim and polo memories. Mount Carmel robbed us! Dropped Valhalla! Swim Buds: Bryan W., Dale W., Cary C., Polo Buds: Dan C., Paul W., Doug K., Todd S., Mike B. Where are we going today? Gotta Doodle! We needed Schmidt! Best year '86-'87! Best Friends. Toby the good times and the bad! Red Hot Rasta! I was dipping it and you took it away! Finals: Scooter Bike throwing the cone in the back of the truck! And the 12th grade fwho knows? Bryan that one year getting verticle those rides together we can do it we are waterdogs! Summer of '86! Club agave and we be jumpin up! I'm missing you Bry.! You guys are the best! Thanks for everything Toby! Thanks Tol Estes, Landry, Crawford, Garcias y las maestras de espanol Ornelas, Costa, y Heimpel. Se quierol Thanks to everyone who helped me through! Thank to my family, I love you! Special thanks to Ivani!

Hazel, Laura Ann (Laurie, Spazz, Chinese-Midget) Activities: Captain JV Cheer — 2. Varsity Cheer 3. Captain Varsity Cheer 4. Highland League 3,4, Speech Team 2,3,4, Ensemble 4, Tartan Staff 3, Inner Club 4, Student Council 2,3, Jr & Sr Board, Scottie Service I. Best Buds: SQ, MO, SH, SL, GS, JN, Special friends: DP, TC, SD, PS. Christmas Dance Craig, Sandi, Scott, special times, first love, weird chick at Taco Bell. Ditching to Pt. Loma. SQ That will be \$125 oooh! Quinn nose yeeeah! SL bailed Santee to my house. Stace how's the ankle, ooh yeah? Monica the gas slipped. SH and MO what can I say but oh wow! Rock and bowl Ginas get together Octoberfest with Jill. Cheer memories forever competition camp, Choo Choo. Best times of my life sheppy, love ya like my dog SQ. Forever friends with Lori Jones, 3 yrs of friendship Chewee. Thanks for name Midge David Padula. I love you with all my heart and I'm waiting for you till the end. Senior Prom '85, July 4 what a night. Jan. 30, '85 the ring secret. Our Mexico trips down South Shakka, that's me. State concerts my laugh 7 what a lucky number Dad, spending the night at uh! Sandy's. Love ya girls let's strut MO, my dancin partner, let's hit the beach, object of my desire MO, summer highlights in depth conversations KB, first time quarters Becky Snoopy! Twist and Shout Cheer Friends what a squad, thank you God for everything. Mom, Dad, James, Kathy, Davee I love you. Rally thanks Helix. C-ya.

Hendee, Michelle Anita (Mouse-Cheti-Chell) NOR — It's been? Reall Remember the deodorant fight, pizza boy, Chris Brown, Jimmy Loucks, my pee-brain? Cowboy, Robert Waite, Dave Kinneman, David Jurgens, Mark Cummings, Ensemble, new car — where's the smoke coming from? You know I Love You! CHELLE — We've been through it all! Where does she live again? I forgot! I need some chocolate! I need some Life Savers! Football game with NOR, see that girl over there? She wants to go out with you! H/Hi Love ya! SHELL — I don't know what to say except, I Love You! Remember Mrs. Bailly-Chris Brown, put on a seatbelt!!! Want some candy? Smmm . . . O.K., Steve Goebel. CARE-BEAR & JAN — I love you! TOM Remember always I love you and I care!!! LYRIC — Remember Breakaways, Uncle Jackie and Aunt Floyd — scary story 16th Birthday — how much for the dog chain? Do you do Mohawks? H/Hi Love Ya! NEICY & CAFFY — I love you two like sisters! JOSH — Hi how are ya? Sound familiar? Love ya! BRUCETIFER — You know I love you! Friends forever! Steve G. (Teddy-bear) — Although you're not here, my heart is with you! SPECIAL GRADUATES — Blair Sutherland, Jimmy Ybarra, Brian Stoddard, Dana Williams, David Jurgens, and many more! "From The Heart!" "We Are The World!" "Rhythm Of The Night!" Magic Mountain, Catalina, Disneyland. BAS-KETBALL — Dan Seymour, Eric Mobley, Tim Neal, thanks Singer! To all my friends, I LOVE YOU! I'LL MISS YOU! MOM & DAD — I know we fight — but in the end — you know I'm right!!! I LOVE YOU!!! You have two more to go, H/H/H/!!! GOOD BYE HELIX! "JEG ELSKER DEG, TORE!"

Hereford, Cheryl Best friends: TH, LH, MB, DH, LL, ML, TG, BP, DG, JB, RT, TC, WC, KH, CC, CR, JM, LP, GL, AS, TR, DA, LH don't forget about the pool. Your Big Splash! TH don't forget Math Class! Did you do the homework? What's the answer? DG and LP it's the greatest class (Personal Finance) with you both in this class! MB don't forget Walker's class. CJ and RD: DH, ML, and LL we had a great group during lunch! All of you have a great life! DH science was great! BP don't forget photography! The darkroom! What's that? What's! What? the glowing thing! What glowing thing? Are you on something? RT and TC you guys are great friends! WC it was great knowing you. I hope you have great time the next couple of years! LP it was great knowing you in Personal Finance! DA I hope you enjoy your years! TR good luck in the future of playing tennis! Keep it up. Football games with all my friends. Thanks to you Mom, Dad, and Daniel, I finally made it. Later days Helix!

Hernandez, Stacey Cheer 2-4, Best buds: MO, SL, GS, LH, SQ, JN, BS, Summer Blast to all the sun bunnies. I love you! "The Rebels" State Concerts, El Torito 10-18-86, T.J. Bound, Colorado River trip H2O skiing, fun under the sun, Prom '86, Juniors all went, Bahia Toga Stealing Sheets, JN, MO 4th 9:30am. SQ that's me! Special guys: KB, YH, (thanks for all your support my best bud), TA (Never forget your dreams), PA (F.F.C. Midnight talks you know me!) JJ (Never forget our dreams and fantasies. You're always in my heart) Songs: "Louie, Louie", "Twist and Shout" Cruisin in the Love Bug, MO McDonald's Dancing on table tops Peeetel Sunrise Point "Every nights like Halloween" Cruisin in Convertibles, Lamb da Boys, Not too young until their done. PH my dream guy. G & T Hello to all the guys AS, JM, DB, PH. To MO, never been closer to anyone. You will always be my best friend and other half. We've been through so many tears, laughs, and pains. We are inseparable. I love you and will never forget our friendship. To my family, I love you. To my Pop and Mom, thanks for loving me so much and to my great brother, take care. Gramma, I love you! Thanks Helix for all the good times. Looking onward to a great future at UCSC! To LA GMPH David Madrid get well! OTL's thanks for the fun. To MR, IP, TJ, running. Without my friends I wouldn't have made it. Stay in touch.

Hickey, Kym (Bubba, Cookie, Breezy) Kym and Wendi best frenz for life! Special frenz: ML, KC, TS, KV, SD, TS, TS, GB, TS, JB. Thanx for the



fun times. "AA" forever, let there be more to come, that's me, no doubt. 20-10 how could we forget. Kelly don't forget to give me back my underwear. Wendi let us not forget our mums. Summer '86, parentz away, running into walls, special talks. Paul's party hot tub, stairs, no ... getting in trouble. Steve's Halloween party. Don't forget you know who. Party with red coats. Stalling in one intersection 20 times (Mom get in the driver's seat). Boy Bob's big. Tahoe '86 Pauli, Wens and I sliding down stairs, hamburger patties, dock with SDSU guys. Gizmo in lake. Gizmo, Jason. Shopping cart no thanx way gay. Midnight laugh attacks. Bowling, throw the ball the other way. Fun and good times with Youth Group: dancing, 9IX, Sea World, Mark's house, softball. The lost bonfire, full moons. Thanks. Crown Point, glow in the dark fish, swings, buzz, pop rock candy, parties. Thanx for the help Mr. Vivarin. Burger King, gulps, whoppers, Market Street. Leisure Lane buds Mike, Tim, Dale. Hey, hey we're the Monkees. Thanx Ma and Pa Sanders for everything. Thanx Paul and Pauli you're the greatest. Love ya always. Luv ya Ma, Pa, Steve, Dyane, Bre, and rest of family. My love forever Marc Drew. We finally made it Wendi. LUV YA ALL!

Higgins, Carrie Frames of reference, rights of passage, and mile stones. In these rooms, I've learned what they were, and in these halls, I've lived what they are! At times I thought I'd never make it, but thank God for special people: AM, DG, DS, EK, LW, MS, NJ, TV — THANK Mom, Geoff, "Mr. Crawford", "DONUTS", Glee Noopy Pam "NO! If I can't have MY chair, I'll sit on the floor!" "Shoes? What shoes?" "Sunglasses" — Centro America, P.E. — RUN? US? Adventures Through Inner Space "Jump Cari, Jump" YEAH! Kth: "Tarde?" — "Indian Chief" Spring Tour '85 Catalina X-Mas "Ear balls" "So — I hear you play bass" SNATCH DOG FOOD. 11th: Train tracks "You don't have to be such a snob" "Sweet 16 and never been — missed" Break Away "Eric!?! Clue "Pa-Ram-Pam-Pam" Miss Piggy "The upstairs maid, in the scullery, rat poison" Chinese Fire Drills "Are you Herb?" "Smile" Jan. 12 "Friends" Ouch! Arthur Listening to Electricity Pops '86. June 2 Chili "Pass Out" Derek — reclusé FINALS Mamma Drake. 12th: July 4th Fiesta — Faith Hume '86 Expo '86 Registration Flash Boom. OOPS Homo Phobia "I should have known not to get out of bed ..." "Cool Shades" Babies and Bears and Hearts and Flowers and Friends: ER, BP, IZ, SG, Lesa's Smile and ALL my favorite teachers VERN, The wally, ESL and hair brushes "Thank for the times ... Now that we've come to the end of our rainbow ... I LOVE YOU!"

Hodge, Linda I'm better known as Bernie. To all my faithful obnoxious friends. You've been irreplaceable. Sandy F. it all started in 7th grade you crazy Greek girl. Sandy I could never thank you enough for being such a wonderful friend. 2 guys 2 beautiful girls never failed. Sandy there is a first time for everything. Her JA gang Jaime K., Jayne S., Julie G., junior what? Boones farm Jenny R. Hope it goes well with Chase? Bob? Kerry? Kathleen we are true girls with a valley dialect. Julie you're a twinkie. Lara you're a package deal! Dawn G. Mr. Fitz Bowling Thanksgiving. You introduced me to the bue of my life! Kathleen and Linda SDSU girls woo yah! Jayne you've always been a great friend. Ippy you're great as a future cover model. Shayne the gang wouldn't be complete without you! Greg my tangible sushi, loving yuppie of again! La Jolla mi novio es muy grande. I love you Barney, want to do it again! Mexico don't move me too grande. I love you Kristy, Greg we've got it made, house on hill, 2 Irish setters. To Loreal and Mitch, your parents are rad! Greg we are true acrobatics. We are so close, 2 1/2 years and counting, you're there for me, we can be friends and lovers. I Love You! Jaime Del Mar throw it in reverse. Boones farm Highland League we're rad. Mom, Dad, I love you. Thank you for standing behind me. I gave it my best shot. Love ya Greg!

Hodges, Victoria '87 is here and it's time to say good-bye to Helix! Renee remember "OUR" Parties? Who could forget! There's too many memories to write them all. 9th, 10th, too much fun "Purple Rain" Well girl good luck always. Jackie my wild and crazy friend, I wish you the best in the future (with Troy). OH I can't forget you Lilian "Mrs. Thang". Yes, I love too bug! Leif and I in "our" purple bug "I wonder u" We will run any bug! I love u Leif, couldn't have made it without your support! July 11-12-85 till the rain turns "Purple" our song "with u" by the one and only "Prince" He's HOT! Also thanks to my grandparents you're to greatest! Signing off — watch out cause I'm ready for the world! College here I come.

Hofmann, Leanna (Leanna Banana, Red) Party, party, party. Vampi! The best parties ever! The gang, Augie (Smoggie), Mikie P., Doug (Smugly), and ? as drummer. Play too many all nighters. "I don't wanna face the day." My best friend Larry Rosen, Rest in peace diver Dan. We miss you, Cocco Puff, Christmas Dance '86 and Prom '87. Hotel Del. Leanna and Larry are ready for kastaparri this year. Parties and more parties at Rosen's. We broke our promise and fell in love. Your RADD omelettes and breakfast. San Filippo's experience, food fight. I love you! Scott, Blondie, Puppy toes, Snotty, leAnnDerthal to you only, make me burritos. Suntan oil fights and singed moustache. "Put guitar away!" My favorite boys at Chevron. Rodger Dodger, Super Bowl Twenty. One, play it again bears! Last but not least of my favorite men: Steve, my Hunny Bunny! Cuddling, playing house, Christmas Dance, the epitome of it all. Candlelight motel in Camprillo. Scrapping, and surprises, Boxer shorts and concert shirts. "Are you gonna ever cut your hair?" Rebound action. "It was an accident, I swear." Limerose action I will always be your "Tiger" Let's get rich. Good. "Get really get ready." "I'm still loving you" you jerk. I love you mom and dad. Thanx for the condominium.

Holton, Kathy Swim 2,3,4, KH, RP, CR, LS, CR, KM, PJ, DS, SP, MP. The greatest friends ever! Swim Finals, fun! Fun! Speedo tans! More water please? Yeah, that's the ticket! Christmas 15th and 16th, Lita's 17th, Valentines Day party, Rosie and Lori's party, Lita's prom! Lita's Grad party — best yet! The Beach gang, CR, SP, CR, TR, SB, YM, LH, BE, and MP. Pepsi stand! More Bunch! You have to win Chris! Don't fall Roach! Rubios. Thanks for adopting me! Rozee Te amo mucho. No Lori you can't have my blood! Christina you're the best, sweetie! Lita my almost Ewin! You're so special Kath, take care of my babies Popeye! Roach you're the greatest Sam! MP eres tan especial. D5 Summer '86 dumb movie! Who cares? Love ya! Beth Thank you for all your support! You're the greatest older sister I have! K I don't know what to say except that I would not have made it sin ti. I love you. Mom, Dad, you've given me nothing but love and support. I can't begin to thank you enough for all you've done. Thanks for keeping me around all these

years! I love you tantol

Hopper, Gina "G" Karren V., Michelle S., Maggie L., Maria C., Heather S., Lori G., Betty F., Tami C., Kelly P., Anissa C., Thanx for all of the great memories. Dwarfs in tunnel, graffiti, Camp meeting, Joe Leon, playing cards night swimming, Disneyland, Naugles, dirty deeds getting in trouble poor disc camera, roller coasters. Lori G., I hope you have plenty of Mississippi's, babysitting, making wonderful lunches! "KV" stand on your roof again, it's graduation, fun 4th of July, Montreal practices, ditching English, Twin sisters. Heather got to push the car up the driveway still, grapefruit and firecrackers, swapmeet, musical instruments, and ice cream cones. Favorite teachers, Mrs. Stein, Mrs. Garrero, Mr. Seitz, Mrs. Young and cooking class. Betty F. making dirt walls, dirt bike riding through pecan fields, slime and tomato fights, building 3-legged buildings, Steve concert, Jamie K., Renee S. Let's go get a Coke. Never break the chain Phoenix. I hope I'll know you forever. Great and wonderful times at TJ. Mrs. Young thanx for the patience in typing and taking us delinquents on all of our little journeys. Debbie and Dana great conversations during English to keep me awake. Stephanie and Rosa thank you for keeping me awake and keeping me happy in photo. Cary H. my buddy in Algebra. Thanx Mom for your support and courage.

Hoy, Carolyn (Carrie, Care Bear and Caroline) To Ann and Summer, is it true what they say about Cello players? Have fun Orchestra. You (ya) all have made my 4 years fun. Mozart and Bach #3. Angela, thanx for being my partner in crime. The funny talks? Toby bud red and black Christmas '84 the only person I never could understand. Well, Marc it has been a long time since red and white carnations. Remember to do as the Gummie bears do. Vampires and October. It's your night. It all started in Computer Studies '84-'85. Sorry about your baby. New Wave Cards. Storms and big houses. Scottie Dogs Kiss like the Italians do. Thanks for "Patron of the Arts" Green eyes forever. Marc we have to talk. Take me to your castle far away. Remember the pink rose? Glad to be of help. Little brothers and sisters are great! I love you Mr. Marc. Thank you for a wonderful senior year. Hay Aaron good luck in high school, don't knock the girls dead! To my family Mom, Barry, Daddy, and Tammie. You're always in my mind. Slug. Tam Tam be good! Well Pop and Grannie we made it. I love you, thank you. God bless and Keep you.

Hubbard, Michael Rastafari Friends: James Hamilton, Lisa Johnson, Lori Johnson, Cleveland Haggerty, Mike Adams, Fletcher Jones, Curtis Tuill, Rastaman Vibrations: Aaron Johnson, Steve Cotter, Cujo: Krishna Singleton, Rachelle Sabo, Rene Sadulski, Michelle Sadulski, "B" ball before games: John Hubbard, Mike Cain, "I love you" Erin Rodriguez "Does it come without seeds?" Drama: Lisa Johnson "You burnt my hair!" Kickin it with sister Cherel Williams "Mercedes" our fun time before school — the live "kaka". Smurfin Charlie Quatz. "Uh oh" bustin that locker action with Lisa Johnson. The fresh "IDIOTS". Tanya Wise, Jason Lowder, Scott Brown, what's that smell in Charlie Quatz's bathroom. EATIN parties at the pad — Cherel Williams, Hubby Jones, Deidra Gary, Charlie Quatz, Prom '86 — Cherel Williams, Hubby Jones, Kicks it times with Tanya Wise — Magic Mountain/the church times/sweatin the fresh Morgan Webb. Never forget checkin out the flicks (fresh flicks) — Cherel Williams, Hubby Jones, Deidra Gary, Charlie Quatz Disneyland '85 — Kelly Cando, Ronda Brewer, Tammy Castro, Robby Sexton. The great times with Reynette Ney (Feb. 14 — Love ya). Great car adventure on Waite Drive — Gary Boeldt. Scholastic Aptitude Test — Erin Rodriguez — "My mind keeps wandering" nice note. Fresh Festival — Philip Manzano, Tom Adams, Sydney Ethridge. Work days at stadium — Gene Barron. Summer '85 with Stephanie Arcenaux — Magic Mountain. Drama plays with Aaron Johnson. I'm feeling "IRIE". Thanks Mom and John Hubbard for always being there. I love you both. God for life. So long to the HOMIES! Good-bye Helix, hello MOREHOUSE! "That's what I'm screamin." RASTAFARI — HELIX.

Huskey, Sandi (SiO2i) Here's to Helix! Four years of unending essays, worksheets, and various unnecessary assignments. It's finally over! Best friends who've survived it with me. Lori Harrison — Huntington Beach Riots, sexy young men on freeways, curb Lori! Jill Hamilton separate schools but still best of friends. Summer Frost remember A intercept B=C. Tom my special friend, I'll love you always. Leslie Aimone you'll meet that special guy some day. Jennifer Looney just what is the meaning of life and small fish? Steve Limon the temperamental Artist, can my picture be done tomorrow? Fling '85-'86 What's gone wrong now? Missed deadlines, magazine format, brainstorming and current events. Australia '85 I miss you Dad, Mum, Jenny, and Andrew, my foreign family, and all my Aussie mates, hope to see you all again soon. It was fun! Parties, dances, and good times for everything. Working at Regency Park, meeting Chris Senkle "I'm going to quit ... not right now of course." That's right Chris, Regency Park Dating Service. Youth for Understanding — not another YFU weekend! I'll never get any sleep, with all those gorgeous exchange students around. Chris — It's been great. Dinner salads and french fries, pizza deliveries, Regency, section four, and unemployment. I hope the future is good. Love you babe. Graduation is finally here. This summer — Australia (maybe?) and serious partying. Next year it's the real world. Thanx Mom and Dad for putting up with me. Love you. Goodbye Helix. It's been fun!

Hutchins, Shirley (Squirrely, Marie) Best Bud, JoJo Miss ya. Good times with JoJo, Drea, Lisa Magdaluyo, Page Loveday, Missy Smart. DIO concert with Page Loveday, Tracy Flowers, cruising secon street, Beach with JoJo, Joe Crutchfield, George Quidachay. Last party with JoJo "What a party." Can't forget the gas man, Jason Diamond. Movies with Drea, Led Zeppelin Lazer Show with JoJo, Drea, Page Loveday. VAN HALEN RULES! Late night rummy games with Drea. "Hot Chickens", Picture happy. Elite time (a big let down). Great tan July 3, '86 (Strawberry or Vanilla) Leatherbys "Hot Fudge City" Breaking guys hearts. (Plaza Bowl Arcade) Guitar Center, drumsticks for boyfriend. "What boyfriend?" Shopping spree, one item per store. Breaking into the car at Toy R us — Dropper Boxes. Embacadero Park — skateboarding, crab catching at Mission Bay. Walking the jetty barefooted "OUCH" Meeting Matt and Pinking on the boardwalk. JoJo "I gotta go" Great bunch of guys. JoJos saying "Guess what chicken butt" Nightmare on Elm Street on birthday, Drea sleeps with Teddy Bear. Painting my room, great fun. Lisa Magdaluyo — walking through College Grove

with paint brushes, cleaning in bathroom. JoJo throwing gum in Lazarium. Two hour walk to JoJos house. Dales house, tripping out on junk. Hot dogs and more (we got more) calling anyone (guitar) and calling old ladies on Mothers Day with JoJo. Never saying good-bye. Class of '87 rules. JoJo you're the best friend I could ever have. Thanx Mom, Dad, Tim, Janet, Drea, and JoJo for everything. Luv ya guys. Heaven in '87.

Ingmanson, Gretchen (GG, Gren, Ingmaroon, Gwetch, Ingred, Gerty Gertrude) My Fresh year — Last generation all-westerners! Russian Christmas under RB and Mosque — those trombones! I hate to swim! DA (tree), EB, SF, AW, LA, AA (munchkins), HW, BW, thanks! England, Portugal, and Idyllwild! Jazz horn? Dan my tenor. Last year alone — that was the life! Shauna and Laura, thanks for the fun! How close do people walk in Greece? Two pennies for Tom, Heather, Kiki, Jenny and Kirsten. Scream in the dark, horror movies, Fairfield — finally a sweepstakes! Laura, my RB, late night milkshakes. I won't say anymore! CH. I'll miss mountain climbing! Missy and Mission Beach, eh? Mexico — did you get my message Christopher? Catalina windsurfing — now I'm addicted. Hi Alisa, David, Jackson! The Idyllwild concert, you guys were wonderful! Remember Silver Strand? Oktoberfest? Scott, what a chef! Thanks quintet guys! Little-ahhh! Trixie, glad you're back! Benton — I'll never forget you! Jeeze you're wonderful! Mom, Dad, Sl — I have always loved you even when you didn't think so!

Ippolito, Sandra (Sandi, Ippy, San Cleo) Activities: French Club 2, SOS 2, Student Connection 3,4, Senior and Junior Boards, Highland League 3,4, FCA 3,4, Student Council 3, Fashion Club 4. At last! Too many good memories to account for — those silly ... chic ... worldly ... pensive ... sporty ... naughty ... daring, lovable, and right friends that enriched my life, I love you all! Blasts from the past — Michelle '84 green machine — pink — nostalgia — yaz Taco Bell — Joey A. eenennnd-less talks — dreams — a cut above the rest — baseball games — Sr. Patio — Italian oh yah! Tutto stlyissimo! Amor vinict omial Martz — dancin days — clothes obsession — biking — '85 summer — lake — penguins — Stratus — mission — Erica umm em'green? Looking so ... How do you say? ... C'est une knockout now? Sister sweet sixteen, sexy seventeen GC — Chirysalis make over magic — cardio — job — reps oooh la la, thanx doc — lin — blonde bombshell kimbo (Steph) relating — good times "Let's do lunch" Tierrasanta shopping — Linda — Great state cheer — item forever food o'ramas — Prelude — apt. stunt! Cute?! Spare well Sade — class action — Biology frog lab hee hee! Anniversary '85! — Mademoiselle — dancin — hip times! Yuppies — Linda broke Greg — B\*A\*N\*K — Louis Vutton — Fitness Fever F — Center Aerobics — wipe out — Michelle sp. sporting life mad about music! Jazz dance — spazin Lissa — JC + Sevier Buds — shows — Jazz and pazzazz of the industry — petites — that's the ticket! Techez Lucas — Ornelas — Shep — Mann — thanx Broader horizons — sings "Jus Ippy" Found myself \*GOD\* — Treasured experiences — Mom — Dad — thanx for freedom, love and support you given me — I love you + Wesel — o'dance baby — blow this taco stand! We're outta here!

Iverson, Christy Varsity Cheer 3, ASB 4, Jr. and Sr. Board, Key Club 4, special friends throughout the years: Reynette Ney, Melissa Learn, Kathleen Quinn, Wendi Sanders, Todd Capizzo, Shelle Simpson, Kristy Seider, Jacque Pressler, Katrina Diller, Erick Nyenhuis, Jim Elbers, Lesa Fisher, Deric Carley, Marc Acceres, Wyrie, Mindy Skisman. Special thanks with Terri Bailey, John Abbeves, Laurie Hazel, bowling at Rim of the world with Eric Bliss, Melissa, my number one cheer bud, Monique hal! We did get the blue ribbon! River trip '86 water skiing, ouch! Jacques, there is a hole. HELP! Early morning surfing with Bill Anders. Finding the LORD '86 HUME LAKE. CASC, Eric. "Hey bud, wake-up" Andy Mounts, Donna Allsing, Jeff McCreary, oh my gosh, where is the car! Ten days no parents with cousin (a coppa). Fishers, thanx for everything, you are special people. Lesa Fisher, too many good times to count. Jerry Speez what a stud! Water polo buds you are super! ASB, I will never forget you. Brock watch out for those Jrs. next year! All my buds at College Ave. — I love you! Eth — you have Ethanized me. "Friends and Lovers" you mean the world to me! I love you. May we grow together through the Lord. Good luck George, John, Jeff, and Tim. Thanks Helix, Mom, Dad, family and friends. I love you all. I owe it all to you Lord.

Jackson, Philip Let's start with by best friends: Paul Appenzeller, Matt Dowd, Jirus Philip Let's, Jason Levine, and how can I forget Bill Anders. I thank Paul for all the help he has given me through situation and also letting me stay at his house. Then there's my girlfriend, Kelly Mitchell, who I love a lot always and forever. We have had our good times: Sunday nights, TJ, Brett's parties, our very first half time trying it and almost succeeding. I will always be there for you and I could never forget. Thank you for the necklace I love you. Hey Jirus who can forget you being ineligible for football, what a drag. You had a good thing going, keep trying, never say die. Huh! Paul who knows we've been on each others baseball team. Forever who knows what will happen in college. Matt thanks for all the electrical work in may car, you almost blew it up. You have been a good friend. You too Jason, Hey Jason, Paul, Jirus, and Matt, we have known each other since 4th grade. We've been through a lot together huh! I'll never forget any of you. Let's stay in touch till all of us die. I love all my friends like brothers and Kelly I love you the most. Good bye '87. It has been real.

Jarman, Janina (J.J., Jage) Activities: Softball 1-4, Basketball 1-3, Tartan 4, Letter club 4. Friends: NAD, RDM, JS, PB, RS, LA, MF, PH, PS, NW, SLM. X-Mas dance '85 w/ MR. nice Budget Hotel. X-Mas dance '86, Prom '87 RDM did a Rambo. One on one 25c w/ RDM midnight munchies. To kill over. Yum. Yum. 3-26-'86 first time south w/ softball team. Almost there 9 am speeding. Passenger driver JS. Swan Lake. Summer Beat NAD, S Mission JB. 3 am Jac w/ NAD get the camera and futon exp. cruzin in Rabbit. Pys at NAD. PB, RS, JS, PS, and my house playing 25c nice stick shift NAD let's run over a curb NAD. To a best friend Nicole, always there making me laugh. I don't know how things would of been if you weren't there, helping me through. I will always remember and cherish our memories. Thanks for being that #1 friend. To a very special friend RDM, thanks for caring and understanding and helping me out through the rough times. You mean a lot to me and I'm always here for you. Special friends always. It takes a two. Special time together 10-24-86 always remember. I luv u. To a dear, sweet, heart candy, thanks for everything. Thanks Mom, Dad, Jen, Greg, I



finally made it through four rough years. I love you all. C-ya.

Jenkins, Christina (Tina) The best years have passed as being a teenager and getting into trouble half the time. In '84, my sixteenth birthday at Dawn Smith's house and at Mount Helix, it really kicked. Dawn McClains birthday weekend was spent at her dad's house, I got sick. All the best times with Dawn McClain, Chris Dahl, Matt Pierce, Paul Davis, and Paul Fowler before and after school, we all stuck together as one party group, until one day, one of us had to move away from the party group. That's okay though because all that counts is the memories. Dawn and I will always keep these times in our memories forever. The time Dennis came over to the house to party with us it felt that we never quit, after that we had to go to the bowling alley and I couldn't get up to go. That was the best and funniest time we had. Special dates: Nov 27, '84 "DIO", March 23, '85 "IRON MAIDEN", Sept 25, '85 "LOUDNESS" This was the best time of my life, I met "LOUDNESS" in person. I have their autograph and had my picture taken with them, I also partied with them, I thought I was dreaming this, but, I really wasn't. It's all true, I would like to give a special thanks to Dawn (sis), April Davis, and Matt for being there when I needed them. God Bless Mom and Dad for helping me through these years, and I love you both very much.

Jentoft, Steven J. Football games and ice skating with knit shirts and ties. The bike ride to Singing Hills. "Just a couple of golf course scum buckets" Rush or The Police. Maybe Men At Work. Fun until Gina came around. Water polo with Bill Barhau. "Okay guys, let's get in the water." First period P.E. and sixth period Geometry with Erin Rad. Swimming and my first 100 free at I.21. League finals. "Gosh darnit Sally!" My 109 Backstroke. Magic Mountain in the Chevelle. You like heavy metal? I thought you were a mod! Dad's gonna be bad. Poker with Mija and Richard. Mija and Steve best friends forever. Sept. 24th. "Who was the blond in the recliner?" Marla Next Friday ice skating and Round Table Halloween '85 Scream in The Dark. Nov. 10. Friday the Thirteenth. CIF Polo. He shot after the buzzer! Swimming '86. We beat Valhalla! Twice! Summer '86 with Franz and Rerris Bueller. Nine times. What are you doing? I'm spying on you but that's not important right now. Gosh! What a blow. Yeah, yeah, well... San Francisco '86 Danke Schon! The beach, excuse me the shores, in the Rabbit. DeAnza at UCSD and the Barney Board. Special friends: Franz W. and Mija M. Best friends forever. Richard my other brother, Robert. I'm gonna kill you, Bob Baker, thanks for being there for me as a good friend. Linda H. thanks for all the talks. Richard an awesome DM. and friends. Erin R you're beautiful inside and out. And Marla N love you. By Helix.

Johnson, Mark Helix High was great! There all a bunch of #11 holes. The Whole Crew and Lisa Lisa. This is all spur of the moment, like dancing on the freeway, after TJ. Thanks to all my friends I get to graduate. Coach Singer, Arnize, Mom, Dad, and God! Best Buddies: John Joralemon, Derek Lobbins, Todd Cappizzo, Todd Sheehan, Tim Zeddies, Paul Appenzeller, Jirus Junior, Perry Gomez, Marc Rabb, Keith Mobley, Freaks Stacey Hernandez, Erin Rodriguez, Valerie Padilla, Monique Ramsey, Laurie Hazel, Sandy Quinn, Gina Spadero, Stacy Lange, and to my football friends: Mike Murphy, Carlos Ramos, Loren Wallace, Eddie Evilizor, Chuc Leptick, Lerry Barr, Sidney Baxter, Joe Mendez, Bubba Gomez, Rick Rushing, Erik Bliss, Mark Dedarian, House Sam Jones, Leon Morton "The Detroit Boy", Basketball team, Clifton Blevins, Jeff Andrews, Chris Carlson, Mike Seipert, Robbie Ledford, Richy Harr, John Presslet, ex-players Eric Mobley, Dan Seymour, and to Chill, Wip, Wiggle, Crew Lori Almeida, Perry Gomez, Leon Morten, Paul Appenzeller, John Joralemon, Marc Rabb, Valerie Padilla, Monique Ramsey, Monica Orozco, Stacey Hernandez. The summer of '86 with John Joralemon, Valerie Padilla, Arron Christen, Erik Christen and family and special friend Erin Rodriguez. "Super Soccer Stud" the Oriental lover Yoshio Hall, the guy's Derek Lobbins special friend through 9th and 10th grade. Other friend John Joralemon 11th and 12th grade. Going to the class of '86 prom "ba". Ours will be better. John you're one of the best frenz I could have, and long known friend at that. Specail lady, I love you Tanisha Henry.

Jones, Melissa (Missy, Mel, Judy Punky) The Judy is for you Amber and Landry. Thanks to best buds: Donna Allsing, Annette Amrine, Krista Elliot, Barbie (Ailing), Heather Schudel, Eddie Gately, and Gretchen Ingmanson. Could never thank you enough Donna. Thanks Amber you've been the BEST. Remember Doctrine and Covenants 121:7-9 and "our quote" 10c. Bet who will win? 4:30 phone calls. Never became Stud biker! Met Sylvester! White BMW's No more Ocean Beach pier. Annette save me from philosophy! What will I do when you're back in Montana? Thanks for all the love and support. I'll miss you lots! Gretchen and Elena been to the beach by bus lately. Fun times ditching with Heather Schudel, Kevin Hand and David. Are we lost or out of gas? Blanche (Krista Elliot). What an embarrassing class! Broken any fingers lately? Still not bilingual. Volleyball '86-'87 awesome (haha) Kim Hendee and Krista Elliot avoid all basketballs and volleyballs might break another finger or two. The Mormon Wall — what romance. Been high on PB lately! Our inappropriate connection (cute Landry). No more Monday night Rendezues, glass shards, or twigs. One day we'll find the one! Thanks guys you've been the best. Love ya lots Mom and thanks for all the support. Class of '87.

Jones, Samuel Jr. (Jones) Football 2-4. CIF runner up in '85. Thanks to all coaches, for all your help over the years, putting up with me one thing I will never forget is when we beat Sweetwater. Before I graduate I would like to beat Granite Hills on our homecoming. Good luck Charise, Melissa, Aurora, Talonda, Tracy. I will never forget you. Now to homies Keith M., Mr. Mack, E-Rock, Derek L. Gary S., I will never forget homies. I will never forget my best friend Gary S. — good luck. I want to thank God and my family for helping me to be the person I am now. Mom, I never could have done it without you. I love you very much. SO LONG HELIX.

Jones, Susan (Sue, Giggles) Barb, Adrienne, Rene, and Sonia thanks for being my best friends. I love you all. I know we'll be together forever. And to Ivan, Brent, Bill, and Steve. I hope our friendship will continue to grow. Best memories: Friday night football games, Bahia Sundays, Stand By Me, the Catilacs, New Year's Eve, Handyman (our spot!), exact change, Rocky Horror Picture Show, Goose Lives! Blues Brothers. Favorite songs: Otis, the Monkees, Gloria, Respect, Tequila, Lollipop, Elton John, Wipe Out, and Get A Job. A special thanks to Carl,

Chris, and Bryan. Barb: Too bad buddies. Rolando at night. Easter vacation, o boo k bee, or what? Dimented and sad but definitely social. Adrienne: Andil Laverne and Shirley, hey chickie baby, the MACS has died but our friendship never will. We'll never forget you Mrs. Campbell, Rene: We're mutants, we're strange, we're different, we care. Forever Always Young. Best best buds. Have a great senior year! Everybody: What is Goofy anyway?! I love you Mom, Dad, and Chris. Hasta la bye bye Helix!

Joralemon, John (J.J.) #12 Great times at Helix High. The fellas: Mark Johnson, Kerry Barr, Perry Gomez, Kenny Bonilla, Ricky Page, Joe Mendez, Paul Appenzeller, Jirus Junior, Todd Sheehan, John Aceves, Yoshio Hall, Eric Arcio, Gary Boeldt, Steve Dieterlic, Mark Rabb, Derek Lobbins, Todd Cappizzo, Mike Murphy, Clifton Blevins, Danny Tiamalu, Keith Mobley, graduates of '86. The TJ Crew: Lady Friends, Stacey Lange, Gina Spadero, Monica Orozco, Valerie Padilla, Kathleen Quinn, Monique Ramsey, Carol Stangle, Erin Rodriguez, Laurie Hazel, Windi Ledford, Reina Savage, Lori Almeida, Beth Lydy. Too many memories to put on paper: Stacey Hernandez will our path ever meet again? You will always be in my heart. CIF '85: Broke the string: The WAD pack Great Times with Kenny Bonilla: La Jolla Coves the brutal journey. Stay real Kenny. Mark Johnson a friend when I really needed one. Through the hard times I survived: Perry Gomez and Todd Sheehan, Las Vegas trip: Perry, shut up; you talk too much: Todd: But you are a etc. Thanks for taking us Eric Christian: Arron Christian go for that goal: Chris Cronk the man the myth the legend. TJ burned out: Helix coaches are the best: Arnaiz, Van Hook, Rodriguez, Hernandez, Ash, Baksh, Van Mater, Rip, Thanks for everything: Coach Baksh, we love you too. Great speeches: Brother Bill, David, thanks for your support Mom, Dad love you. Helix High was the Best. Shall see old friends at the ten year reunion: Farewell Helix. Class of '87. Granite Hills 60 Home "word"

Karimi, Sean See you later juniors. That means you David A., Eric S. I would like to thank those three sex kittens: Hil G., Holly F., Servin for all those fun filled moments. Hil G., learn how to drive the next time we go to Sea World. To all those seniors, I might not see again after this year: Jimmy C., Richard T., Vic, DS, Trist S., Den L., Andy V., and many others, it has been great knowing you. A special thanks to Jessie S. I'll never forget Drowsy Maggie's. And to all those teachers and counselors at Helix, you're all a part of my memories. Thanks for everything. Long live surf insurance!

Keller, Brent Michael Best Buds: Tracy Flowers, Paul Daves, Tammy Bradley, Page Loveday. Feb 7, '86, Missy and I met. Thanks for the Introduction Tracy and Page. Missy you're dinky and you talk too much. I love you anyway. What a Bufu! We won't forget Valentines Day '86. I'll always remember the great times we've had together, no matter what happens. You'll always hold a special place in my heart. Tracy we've been through so much together. I'm surprised we're still alive! Remember: Partying with Lou, he's a trip. That night with John Lennox, Hacky Sack every morning, I hate that game! Single Survival class, are you in this class? Well, uh, yeah I am! Come over, my Mom stocked up the yogurt. Dogface, if she only knew. Hal Hal I could go on, but you get the picture. Need a ride Belinda? and Ted Tool Hey, I can't find my parking space! Tracy's party, Missy was gone! I wasn't all there either. Sarita you shouldn't leave your locker open. Tammy you're a great friend. Don't forget the good times we've had. Especially summer '86 Otay! Page, (The Competition) Thanks for being a great friend and good competition. Hal Hal Like them green shoes! Paul we had some pretty rad times over the summer. Let's jam again sometime. Slayer, Anthrax, and Exodus kill! Rest in peace Cliff Burton. Metallica rules forever! Thanks Mom and Dad and Big Bro too. I miss you! C-ya Helix, for good this time! Missy I love you always.

Keller, Lisa (Lees) Special Buds: NG, NC, BP, SR, DS, TK, PC, BB, TP, HL, and many more who helped me through the years. DD, I'll never forget you! NC thank you for helping me when I needed you. I love you RR. I hope our love and friendship will last forever. All those long nights staying awake talking a lot. Yumi! This hot dog tastes good. Belin let's use the towel to wipe. It's so cold. Bill my head is spinning. Sarita let's stay away from our "phase". God forgive us! Sharing lockers with Belin. I need to get organized. The gang at lunch on the "wall". My chocolate chocolate chip cookies and doctor pepper. Stop doing that with your hair! Rocking with Led Zeppelin, Slayer. I'm not turning satanic! Some day Bon Jovi, some day, All those concerts and good looking men. I slipped. Sarita don't laugh. Everyone is staring. The pigs in the parking lot. Where are your zebra shoes? Sarita watch out for that car. Belin we have to get you on the road. You guys are so much fun to party with. Thank you all. Ditching school. Should have done it more often. Best of luck to you all. I love you. Thank you Mom. I know it has not been easy. I love you. Later days Helix.

Kelly, Michelle I've come a long way! Lake, 7-11 stairs, concerts, partying, ups and downs, the best and worst times. Bob best bud forever. Buddies: Aileen, Andrew, Lara, DiStefanos, Ricky, Russel, Renee, Nate, Jerry, Tiko, Anne, Julie, Cricket, Brian, RJ. I love you always Troy. May dreams come true. You know I'm a dreamer but my hearts of gold, victim of changes, diamonds and rust, try baby try, shot through the heart, evil fantasies, before the dawn, love bites. If the sun refused to shine, turning circles, fight the good fight, it's only love she's hoping to find, merry go round and round, my heart prays, my mind laughs, follow your heart, fool in the rain, pain and pleasure, there's still time to change the road you're on. It's not as hard, hard, hard as it seems. I'm going through changes. How much pain does it take before your heart breaks? I remember the things we used to do. In my dreams it's still the same. In trance my street of dreams lost in a world of fantasy. Fly away, by day we'll live in a dream and this bird you cannot change. I guess that we'll meet in the end. Paradise is waiting for the chosen few. Piece of your action. Take hold of the flame; you think that this feels good you ain't felt nothing yet. Now I understand at last what it all means. You don't know what it's like, electric shadows, starry eyes, lady starlight to the top!

Kessler, Ron Best friends: Rob Wollack since 2nd grade and more to come. Mike Barr since pre-school. Great times. Co-apartment owners. Greg Clubb. Top Gun. Ferris Buellers Day Off. "Hey whatcha got there? Can I have some?" Mrs. Drakes 2nd period class. Dorks! The King, Mike Crooker TNL. CABC Dan Comer, CG, DH, DH, Rand KS, CW, JW, MH, SC. Lunch with GC, EG, CG, SP. great times with all of the

above. Thank God it is finally over! or is it just beginning? Thank you God for getting me through the first half of my life. Please keep your hand over me and all that surrounds me for the rest of my life. Thanks for all of your help Mom and Chuck. I love you. God bless Helix.

Kilpatrick, Kathleen Whatever happened to the Renaissance Man? Where have those of many talents gone? Those that have mathematical talents and hold artistic views? Today is the age of specialization. Each to his own craft, don't step over the boundary lines. There are infrequent intersections of separated worlds, few dare to travel the roads that connect them. I am one, yet I am young, my time here short, my curiosity long. Some call people like me dreamers, they call us silly because we do not follow their rules. Dreamers are we, each and everyone, but they never say the same of Benjamin Franklin. The echoing whispers call out from the past, whispers about an old fat fool. I have a broad range of interests, from American History to the properties of uranium. From "Beethoven's Fifth" to "the Flight of the Bumble Bee," From the recombinant of genes to the birth of a sun. I have a thirst for life and what it has to offer, some look and call me fool. I pay no heed, and plunge ahead to see what I can see.

Kimmell, Ray Senior memories? Since I'm from another school all of memories are from there. They say your senior year is supposed to be the best year. Well so far Helix has made that true with teachers like Mr. Benson my favorite Graphic Art teacher and Mr. Manner my tough psychology teacher. To Shawn and Glen who I had in Graphics and psychology just call me one eye. To Cindy C. Cooke I will love you always. Steve or Opolose my best friend thanks for all that you have done for me and putting up with me for all those phone calls. Aurora? Hum what can you say about her except that you're a good friend and I'm going to miss your little comments. Thank you everyone for making my first and last year at Helix an enjoyable one. Thanks Mom for your support throughout my years in school and for being there.

Kinnard, Jeff (Buffrey, Red) It's been a great year. I've done too much this year to write, with lunch crew and all my other friends. If it wasn't for Brett, I'd still be in the USA. Great SOL. Remember Bill the perfect day at blacks, I was the first one down. Many good times with the surf buds at La Jolla. I had too many good times with Jim Ehlers. Was that Magic Mountain you liked. A classic experience on July 17 with Todd Sleet, Jason Rogers, and Jim Ehlers remember that. Where would I be without the bus, it took many different people around and many trips south. Hey, Matt I was glad to see you out playing football this year. Thank you Erin for Christmas Dance '85. Thank you? for Christmas Dance '86 and Prom. Thank you Susie and Michelle for the support in the beginning. I appreciated it. Fridays lunch was always good, making use out of special permits. My favorite movie this year was Beach Girls. It was quite a classic so funny it hurt. Hey you guys are you going out today? Look outside I've had many great times here at Helix. I just can't seem to remember them all. I wonder why? Could it be that Chocodile I ate. Thanks Mom and Dad for all the love and support. Mike and Linda, you cheer great, but could you take it outside. So long Helix. Stay green and HANG LOOSE.

Kleinick, Tonya (Babbles, Termite, Ton) Activities: Sr. Board, Jr. Board, Mat Maids, Student Connection, Students Against Drunk Driving, My pals: Lisa Montes de Oca, Mindy Bowman, Heather Leon, Debby Schrock, Kristy Seider, Jaque Pressler, Priscilla Carter, Rita Covey, Cliff Blevins, Christy Iverson, Jamie Speldel, Barbara Giquinta, Beth Weiss, Kathleen Madigan, Traci Richardson, Doug Kriedeman, Randy Zollinger, Tristan Svari, Jason Rogers and all the others who make my life great-love you all! Unforgettable times: Water skiing at Colorado River red knees, Sunburn in Coronado getting lost: "What do those directions say?" Ski Utah! "Skiing" in Snow Summit and those Big Bear Nights: "Never mind" Razorback! Pizza at Midnight, "Nice hair, dude!" Do not trip, Sarita! "Want to steal the Coke trash can?" Round Table Nights, Scopophobia-Feels Like I am in the Twilight Zone. Football Games "Where is He?" Summer Nights at Yogurt Mill-all our guy talks-Thanks Mini Out of control in "Library Club" with Penguin, Turtle and Penny. Election '86 Never Again! Shopping at the movies "He is not that hard to look at!" "Shut up Lisa, you are such a gump!" (Just kidding!) You are such a rebel! Poster paint theory, Water Polo Incident, "You Bunk Me!" Scaring Red Hots... so many good times! Special thanks to Hays, Estes, and Landry-you guys are great as are my special buds! Good Luck Josh and Matt, you guys are next! Thanks to my family and friends for everything. See ya Helix!

Korn, Darren (Baby Face) Friends: Bob Buckaley, Thad McIntyre, Matt Giunt, Mark Allen, Dayne Perris, Tim Clifford, Drew Gradenger, David Roseman, Paul Kaplan, Rude Boys, Bad Manners, Madness, Dance Craze, Fishbone, Untouchables, Skank Pits, Suits and Scoots, Thad's House, Oktoberfest, Tijuana, The Beach, Ocean Beach, Skiing, Body surfing, Skating, rail slides, Our gang, a bit nippy in the walk in and dancing chickens. Souplantation, ten minute Rasta breaks, chopping at the salad bar, want to use my car? "Webbah, Wabba Sebea Cebeeds" "Bob, how's your slime balls" Wasup, Hot! Baby, carne asada, burritos, elevator action. Lake Murray Missile 5705. My slab, the lunch time block "Mon's going away for the weekend again. What should I do?" Flying to Big Bear Thad, Krysten, Reigna, and Kenny in Biology, Algebra II with Julie Bobb, Brian Voeltner, Christy, Maryann, Political Science "What would you do if?" with Julie, Melissa, and David in Political Science, with Matt before school "Trips" with David, Mark, Jamie, Sandy, Scott, well hasta Helix. It has been fun. Make the best of it Tim and Double B.

Kreitz, Jamie Ink unk and unsted go together. The Greek, the gypsy, the Italian can you say Hallucinations... "Nas tri" Scott-are you up for a limo ride?? JA with Julie and Linda watered down Boones Farm-I'll take it to my grave Julie! Thanks Eastridge-I've got the fever you got the Cure! Pink Floyd "The Wall" and the guitarist of Black Flag-give me some Raid! Opps! Sorry Sandra -That's my favorite # too! #1@ Maria! Dawn McCabe Leather by discount. Kathleen a nice girl like you shouldn't watch things like that! Special Sundays w/ Mark and David Kerren and the Lawyer in the Porche-Mom will be upset SISI! Vamp Parties w/ Cathy-must have been good! Cathy wear your glasses. The Cure Concert and my scars. Lara my #1 buddy 7 years and more to come. All those intellectual conversations, Mythical Parties, Mex, Fiestas and the Harvest Ball ILY! One questin where is Oxnard? Kerreen and our 1st Fishtail I say she say... The Bubble Machine/wet memories



w/ Kerren. GW & KS been to Jolans lately? We're happy campers! Me? Related to Jimi Hendrix? Could be! Computer Blue RC-Can you relate? After school sessions at Gretchen's House- Bring your own glass-Dad, Mom, Steph. Thanks for putting up with all my attitude adjustment days and for giving me everything I ever needed & wanted. The best family I.Y. Hang loose Helix-you too Mr. Landry.

Kriedeman, Doug (Captain, Kriede, Dogman) Waterpolo 1-4, Swim 2-4, Track 1. Thank you Jesus for my life. Best buds: TS, SS, DO, KK, DC, MB, EW, Joe M, Jeff M, J. Meyer, JR, ML. Special ladies: JP, DA, CB, KS, MC. Thank the Lord for bringing me to St. Lukes. Oakbridge, Mammoth and Virginia capture the flag. Broom ball games. JV Waterpolo, cheering at football games 2,4,6,8... Halloween '86, OTL with DS. That ones' for Jesus! Todd my brother in Christ always summer '85 Mickey and Carmen never did get them did we? Recon everywhere, X-mas Dance '85, Black Aces and even White... Kill em all "I can't wait to get my truck" AM/PM Markets, Rock climbing, ditching swim practice Mike never knew "The Big Arm... Kareen" The Youth House Magnet. "Nothings over!" Colorado '86 with Joe, Electronics, 4 years with Mr. L and Matt. Young Life OTL the "Buffsters" "Bad Meat" what a stud! Wally ball. The BB gun. Bryan Adams, EB's party, Donna remember Mammoth. Thanks Jacque for all the special times. Working at Pace-setters, finally got the job. 50 hrs. weeks no life. Espn what a channel. Matt 28-19-20 let's do it! 2 Corinthians 5:15 Isaiah 12:12 Ski Swap '85 the Punk Posters and Siberia. "I'll never be lucky to me" Thank you to all my friends who helped make the years go so fast. Thanks Dad for all the support. Thanks Mom for all those lunches. Thank you Lisa, Dad, and Mom. I love you always, see ya Helix, it's been great. La Pan, David (Davey Baby) Best times with KB, SB, VB, ER, AC, GS, BL, KN, AD, CH, VH, MJ, SS, LL. Special times with Lance, you're the best. I know we have had our bad times but I miss you Bud. I really do think you're the best. Special X with Kim going to Toucan having a blast. \$85 what it's not real Kim. I love ya, you're the best. Well Valerie I'm glad we never lost touch cause I really love ya Bud, The X's we spent were great. Erin what can I say you're super special to me. Glad we're friends. Ok Mom. Sneaking out with Rob using his charge cards. Love ya Bud. Charlie what can I say you're the best all the times we went out together, picking up people. Thanx 4 everything. Thanx to everyone! Mom & Dad I love you, stop worring. I made it finally. God bless you. Angela well my love, summer school was fun, I really do care. 4 you. Oh well, I guess we are better off being friends. I love ya Babel 9IX Beach House. Going to L.A. Tina ooo la la. Dancing with everyone.

Lafferty, Amber Band 1, Drama 1, Well, my friends, here I go into the world. Nina, remember the Rocky Horror Picture Show, Studio 9, Stratus, the beach at 2 am. I did it! Bow! Have you had a nice so far today? Spirit in the sky. Mulvaney's good times. Good memories. Lot's of parties! To my friends MV, JB, LH, TB, ET, and the rest of the gang. Keep up the fun. To my other friends FD, TD, AG, RL, LS, and all other band buds. I love you guys. Keep the spirit alive in band. Especially you, AH. Keep those flags twirling! Sorry if I forgot anyone. I love you all. You all helped make my high school years really neat by being there. You're all great people. My fondest memories are band "the Fairfield Tour" yay! Sweeps! My 17 birthday party, My first time to Rocky. Meeting JCC. The Eurythmics Concert. Yay Annie Lennox! Buzsbe Curls Best Buds Forever MH, SH, AM my best party animals. You are soo wild! What are we doing? Party! Thanks to all my teachers for putting up with me. And a great big special thanks to my mother, of course, for always understanding. I love you Mom. Also, thanks to Rhonda for breaking the boring routine. I love you kid. Keep one thing in mind: When life is mean and life is cruel follow one simplistic rule-never! Take care all of you and have great lives. You're all neat people!

Lange, Stacey (Strawberry Shortcake, Happyface, Langer) JV Cheer '85-'86, Ensemble 11th-12th, Jr & Sr Board. Best Buds: GS, SH, MO, LH, JB, BS, SQ, KN, special guys: JJ, KB, YH. Cheer Buds: NM TR, TH. I'll never forget you guys! Where to begin? Yaaa LH! 16th B-day Limo w/ GS, MO, SH, NM. Thanx Gina for always being there. THAT'S ME!!! Fun times with friends summer of '86. 6-21-86 Crown point! SDSU Concerts, parties, guys! No more left hand turns for me. Sorry VW! Is everybody happy? Tuckan watchout TCI! Sure are Beach Bound! Colorado! One of a kind bottle rack bud JN! Twist and Shout. Bail Santee thanks Laurie? 10-11-86 bye bye. The Rebels. Sneaking out bathroom door w/ GS. Louie! Where's my dream guy? Rolled taco adventures. 4th of July sunset cliffs, sorry KBI Christmas Dance '85 w/ JP Prom '86 w/ DB Varsity brag, water skiing with Teresa. English belmas w/ Val. Nice blind date JR? Red truck, my neck! Trying to surf w/ EL you CA Kid! My special friend JJ thanks for being you. Colorado River, sick! Santa Clara Pt. Falling in bushes at Jills. Almost running out of gas in La Jolla w/ TA, FM, JN. Where's a gas station? Duffy, thanks for carrying me down revolution. Crusin Prospect fake names! Laughing attack in elevator w/ MO. Put on a happy face. Tripping over stump at Dominos. Laurie stop laughing! Chris your next! Thanks to all my friends and family for all your support. I love you lots. It's been a fun 4 yrs. at Helix. Bye HHS and friends. Keep smiling.

Lanzo, Melody (Melsi) Special friends: WS, KH, SH, SD, KC, T. Lunch with K, T, S and everyone else. JW '82. 80-86 Youth Group Tahoe 83-86 Pier Heavenly "Snow Bunnies" Burgandy? 85 Catalina Stace Kdg 85-86 TG. 11th driving over crabs-green light cruising sites crown point coders only glow fish funny stuff. Summer of '86 Sea World dancing Bess House Beach Parties La Jolla CLI Camp. Youth Group Frenz. Times in TJ Toucan Marga and Movies ace night talks with Wens and Kym. 12th Highland League 17th B-day Santa Cruz Choir. Wendi and Kym-You guys are the very best there is. In trouble home late Honda Twist and Shout. Amy's Party Burger King Bobs Big Boy. August two weeks kids? Thank you Michael for making my life so special. I love you Wendi Kym, Mike, Mom, and Dad.

Laube, Glen (Mod, Fallout) Though my four years at Helix have been more fun and laughs than the mind can safely comprehend, I regret to tell you that it was all a dream. Yes we have all been fooled into a life of illusion. But hey, that's all right because I've met some real groovy people along the way. Strange days with Anne O'Neal, Wendy Whitney, Shawn Schoolcraft and his brother. Vai Not? A very special thank you go's to ANNE O'NEAL and WENDY WHITNEY for tolerating all our criticism. You two are special, but then you already know that. Right?!! Special thanks to mom, dad, and Yonky. Well buds thank's for

all the memories. Too bad it's only a dream. Love ya. Bye.

Le Boulair, Marie-Ange Paris, Boston, Saint Louis, San Diego. Bob Carol airport. Sun Mission beach Tom suit. Mel motorcycle Tijuana. Anyway holidays before school are fun. Beginning High School, Trés sympa. Thank you to Jacky, Christy, Eric, Mei, Ludo, Jo, Jessy, Brian, Sisco, Robert, Fredrik, Nicky, Jerry, and Nicole for their welcome. Adios hamburgers, hot dogs, tacos, corns. Enfin, very good and fun year with a family very very very very nice. Thanks to Bob, Carol, Lonnie, Jelly, Jackson, Cook's family and Brent's family. I love the United States of America. I love American people. I love San Diego and La Mesa. I love the sun, the beach, surfing. I love cookies and Mexican food. I love my family. And I love to be here. But I hate hamburgers. Souvenirs for Jean-Francois, Vanessa, Monique, Claire, Steve, Charlotte, and Erika. Trips in Los Angeles, San Francisco, Disneyland. Knott's Berry Farm, the desert, the mountains, Las Vegas and Mexico. Special messages: looo grosse kusse fur Nicole Merci a mes parents de M' avoir permis de passer une annee fantastique. I hope come back in the United States of America.

Learn, Melissa (Mel, Missy, Lissa, Proper) Track 1, frosh Sec., Cheer 2-4, Tartan 3-4, Student Connection 3-4, Key Club 4. Great times with special friends: LT, RC, JB, CL, LM, LF, TR, MB. My cars fireball and the boat. Beep, beep! Rides to school with TR over the curb with JB. Proper Connection, Shades, my cats! Mel and Min, cat and maid. Canada '86 with RC cheer fire up! Spaz! "Hi Bye" DK, TS, Christy, my #1 cheer bud. H2go players you're the greatest. 10-1-86. Gummy Bears, tanga tatty and Burger King. "What am I going to do?" Magic Mountain '86. "Oh Mommy." "Christy help, I'm stuck in the corner." Alpine Inn, 55. Todd what happened? Hide underneath the table. Separate Lives. Pushed into the pool. "I'm all wet." Christmas dance '86 with Pat. PW Don't touch my hair! 2 week relationships. Is he coming? Halloween '86. Spazing out with Sandi. Dopey! Heather and Marisa- Thanks for the help! 2:15-the lights are still on Run! A special thanks to Mrs. Hall for everything. I miss you grandpa. Jeff, my #1 brother, your the best. Thanks Mom and Dad and Jeff for all of your support and putting up w/ me. I love you! Bye Helix and Friends.

Ledford, Windi Activities: Softball, Soccer, ASB, Jr Board, Sr Class Treas. So many memories! Where to begin? Playing fever with ND, LA. MA best softball years of my life. JV softball with ND captains! We were awesome! OTL 2nd place! Sounds of spasticity!! LA thanks for the introduction! I couldn't of survived my little problem without you! I owe you everything! MA our friendship is very special to me! Thanks for your support! Soccer wouldn't have been the same without you! Canada was the greatest! Where's the park? Airport? We love trains and ankle tape! KQ our friendship started in pre-school and even though we have our problems it will never end! 3-29-84, the day my life changed! JH you are the best thing that ever happened to me! So many memories: Sea World, Snow, Disneyland, Zoo, Knotts, San Elijo, fishing, Magic Mt., Tucson, and we can't forget your Prom! Best part you didn't have to pay for anything! Our song "Suddenly." Thank you for putting up with me! You will always be my best friend! Phone bill \$135!! 6 1/2 hours isn't too far away! We are going to prove everybody wrong, we are going to make it!! Our relationship will never end!! Tucson here I come! I love you!! Mom, Dan, Tan, Jer you guys are the best family anybody could want!! Thanx for all your support! I love you! Bye Helix it's been fun!

Leitner, Cynthia (Cinderella, Stammer, Dee, Babydoll) Thanx to all my friends who make Helix's years great: Marci Turner, Debbie LaPan, Tracy Edwards, Cindy and Angela, Ray Martinez, Tammy and Mark, Dan Comer, Louisa McClelland, Lori Elder, Shannon Smith. All the crazy parties in summer of '85 with Jim Spears. K-Bin by the pool. All the great times with Jerry-I knew we'd work out. I love you Jer-Bear (7-4-86) 17th B-day — what a blast! I'm "diing". Taking pictures of the studs on the beach and Mike Buckley in speedo's-what a joke! Hey man! sup? "Hi" to all at North Olmsted! The millions I've made at Godfather's Pizza and nothing to show for it. 8-22-86 the ring from Jerry Odewaldt, thanx to my Mom for helping me through it all! All the great parties with Marci Turner and buds! Mr. Heyer's 5th period math class, Geography as a senior, Ms. Baggalla English class. Can't wait for Prom '87! Thanx Tracy Flowers for the rides home! Good luck with all you do Dan Comer and Mike Buckley cuz I know you'll go far! I had a great senior year-Thanx Helix! Watch out Grossmont, here I come!

Leon, Heather Senior memories today? This year? Here's a real quickie-class of '87. Uh, yeah! Too hot to handle, cool daze. Great bud, Dana, thanks for rad times. And all oldies, but goodies: DS, DB, SM, TK, SR, PC, BP, LK, CS, HC, and the rest of the gang. Love and sorry to all. We're not gonna be's, cause we don't have to be, cause we are. EEOUPPI! Hellcats and kits. Kinky deeds done dirt cheap. Finers, Blondies, Maddame. Party! Black Forest, Sanctuary groupies. Sky Show, Halloween '85. Beach bum summer. Hey babe, take a walk on the wild side. Peeling noses. Fatigue Mobile. Nips. Rad Concerts. Let me get up in ya. Pud Bro's. Ay, Jacumba. Electrical tape salad. Following shy freshman. Lunch. Pajama Party. Crown Pt. Toga. I wanna rock! I did! Limo rides. Big Bear with wrestlers. Machines of Coast to Coast. So to speak, okay? Double-time with NC. Double-trip with CS. Dugout and TJ. Christmas Dance '85. Thanks Aaron. KM, JB, you bought your stairway to Heaven. Sorry, I had to. And my new friend, Kari, thanks for the head bumping. And Ron Foreman, my baby, I love you. You're the best. Thanks for everything. I, I, 25. All night talks, Beach, Cliffs, Camping, AC DC. How many cars can I hit? Mom's gone. Rad times. Candy cane, together forever, I hope. To all, happy trails. Stars, here I come. Mom, Dira, Love ya both and thanks for the support. I made it! Later Helix!

Lobbins, Derek Oliver (Marcus, Aka "King D") I say to: Keith Mobe. "Watch dis thang now!" Homie Sam Jones: "Get on mookie, sucka duck!" Gary Spear: "That boy gettin' yoked!" Cliff Bleiv: "Berkley huh, I'm Howard bound!" Leon Morton: "I started ski-a-lism!" Tom Adams: "Your chest failed the test!" Sid Baxter: "Imma catch you Sid, watch!" Michael Hubb: "I'll check you, Hubb!" Steve Moore: "What up, Cuzzi!" Louis Lake: "C-down, Homie!" Mark Johnson: "Don't come across the middle!" Phil Monzano: "I got a fila beeper!" Tony Cunn: "Boy always readin' something!" Perry Gomez: "The force DB's!" Joe Mendez: "The Family fitness rub!" Paul App: "That car is smooth!" Marc Raab: "Fa kit-I'll call grampi!" John Joralemon: "Go out with them all!" Carlos

Ramos: "Gigalo los wears lace underwear!" F-ball Team: "Beat MV, payback, championship!" ASB: "Together we are better than ever!" Monique Ramsey: "Almost Sweetheart, almost!" "All the bumpin' fresh females at Helix!" Jenny Campo: "Someday Jenny, someday!" Liz Martin: "I love you." Lori Johnson: "I wish we had!" Lara Slater: "My pure, innocent, Queen." Lisa Montes: "Thank you so much!" Coaches: "Your help is invaluable!" Erin Rod: "We don't use you!" Courtney Mills: "Get back, Jim!" Donna Allsing: "Nice psych class!" Praise the Lord. He's brought me all the way-and will lead me on Mom and Pop -I love you! I'll never forget: Stephanie A., Mesha B., Margaret C., Yvette M., Estie H., Krishna F., Tracy P., Aurora P., Melissa R., LaTanya W., Lisa J., Teresa A."

Looney, Jennifer (Junie, Ju, Demon Queen from Hell, DOOF) Activities: Drama Club 83-87 Treas. 86, International Club 84-87, Pres. 86-87, French Club, Senior Board) People who have changed my life: Anita, Pat, Lisa, Kyle, Katie, Anne, and the three Davids-Walker (the fascist), Cronan, and especially Ballow. Drama was four years of agony and ecstasy. Many plays. Night Mother I survived because we had it. Here I am once again in my little yellow bug. I need gas money. Small dead fish. Life is an overstuffed Jellybean. Aya. Cream of Rootbeer soup. No Peter. I've been Torked. Save the Texas Prairie Chicken. Monty Python. He's not my king I didn't vote for him. Other special people. Yvonne, Arlana, Mark, Bonnie, Doug, Jenny, Sandy. I love you also Micheals. Stipe, Bowie, Huar, Pryce, Everet, Lambartt and many other Gods too numerous to mention. JPSL, DM for Pres. Ahh the British. Psuedo Intellectual Parties. Poetry rounds. Flower Children, fried rice, Uncle Bogwon's tea. Tie dye. Egotists of the world unite for we are the world. Love animals don't eat them. I just screwed up God's day. Way to be Agnostic eh? Lisa don't screech. I won't forget Lee, Landry and most of all Noll. I missed all the ones who abandoned me this year to go up North. I love you Mommy, Daddy, JoAnna, Tildon, and all my fish (Past and present). Watch out world, you'll be hearing from me soon. At the count of three Anarchy. Owah...

Lord, Aroonrath (Aruna) All my best friends: Carrie Corkin, Carrie Cornett, Wendie Nguyen and Loan Nguyen. I have made it! There were great memories during my 3 years here. Let take a drive to L.A. Wendie driving my car, we are going to die. Remember our Tuesday and Thursday night out. The best summer ever going up to San Francisco by ourselves. Thanks to Pam and Kenny and Carrie's parents for making it possible. Having lunch with you was great. Oh, Servin did you get it? (in Discrete Math,) Wendie do you have enough Money? Thanks Carrie C., Wendie N., and Cherie C. for being there when I'm down. Thanks you all my teachers. Thanks Dad for always trusting me and your support. I love you Dad and brothers. Going to Helix was great but getting out will be wonderful. Bye Helix will miss you!

Lovewell, Kirk Great Summr! R u sur this's th way 2 th beach Tby? Wht r we? Surfn in th drkl Whts going 2 JB tdy? Hi 2 evrybody at BK esp Heath, Juli, Michl, Lauri, Moe and Curly (Jst kddng) & all thrst of u who mde it fun. Whts up Mt? Crsn thru PB... In th drk? R u off rstrcton yt Tob? Lts go 2 th drtl Nce car Mtl Gt a bug! Hi 2 Bcky & Wndy. I didn't forget ul Whts tht on yer hed Mkel C u all latr!!!

Lucas, Renee Best organisms of the typical society. Paget, Michelle, Laurie, Dawn, Jeff, Aileen, Julie, Cricket, Luke, John, Toby, Enama dush peanuts and the road turned and I didn't notice kmilshakes. Why is it all happening at one time on a full moon. We can't get away from having fun in the lot and at the train because it feels soo good. Times in Mexico on top of the roof, Burp Jeff act like a girl. With Paget in Rosarito will never forget that free and uncaring summer. Hot chocolate on the sleeping bags. Furry teeth Manny, Moe, Jack detective boots. Laying at the park in the rain after he hospital. Good times bad times, times that meant a lot to me John. Judas Priest twice back seat driver Cartaganta Troy remember the bed Chelle? Fredicks of Hollywood too bad my speakers are blown. I love you soo much Dale loves in front of you and you can't believe how far will the relationship get. So many good times why let it end you say yes. I say no or is it the other way around. Sm teddy bears still loving you. Big hopes for Greece then off to college we go. Can't really say it wasn't an uneventful four years but I can say those eventful four years didn't happen at school. Are you having problems opening your eyes Laurie. Bad girls running wild the way it should be Dawn.

Lydy, Beth Best Buds: MA, LF, KH, CL, KM, KC, KN, KB, MS, CM, MD, DH, CC, MF, JE. Missy we made it to our senior year! "Is everyone over 18?" "You Climbed out of a window?" Graduation '86. "Thanks Mr. Miguel guys!" "Meth and Bissy" "Air heads" Lesa-you're #1! Forking lawns. Sleeping in a car at 2 am. "Bob's Chinese fire drill" "TJ Lils" "Toast Treen Tween Kies" "Rotunda" "Brown Nosing." KC and KH It's your turn, take care of my baby! KC remember your first love! I'll miss you guys! KN and KB and MS I can't believe we're still good buds. KN and KB we've had some rad times. CL I love you! Don't forget our weekends together, they were the greatest! The Harvest Ball was special, thanks for making it the best! You're one special guy! Richard, Linda and Larry thanks for everything you guys are terrific! Kim, Karen, Melaine, and Christy-the go carts were seriously fun. Cl remember Jan. I. Kevin and Randy I love both of you. Thanks for all you've done for me! Mom and Dad thanks for putting up with everything and for teaching me what you have! Mom "It's got to be quill!" Thanks DB for your support! Mf don't forget those English conversations. Asta Helix- thanks for the memories! Grossmont College here I come!

MacNeil, Shelly Special friends: CS, DH, HL, JR, and DM. Special thanks to SW my first best friend at Helix. To CS we've had some times haven't we? Homecoming '83 oh no, it's a nark. Throw the bottle, oops, too late. But we didn't even drink any yet. Friday nights in TJ with TS and JZ. Now I'm glad you have Troy Carrie. You're a very good friend. Summer of '84 was the best. Dana and Heather, we lived to party. Blackforest parties, beach, pajama, and Mom's out of town parties. Those were good times. Skyshow '85. Turn around and Dana's not alone anymore. Who is that? Christmas Dance '84 with DB. Thank you for being you. You taught me to grow, I'll always need you. Christmas Dance '85. By far the best. Party at the Bahia Hotel with TB and many others. It was an eye opener for all except Tom because he's going to be a cop. My 16th surprise party. After the limo ride it was less than a shock. Don't give the little schiester a tip. To say my Mom and Dad are special isn't enough. I can't thank them enough. I'll just say I love them.



In special memory of Jamey Ankney. Died Feb 6, 86 Goodbye Helix. I won't forget you. Class of '87.

**Madigan, Kathleen** (Kathy, Kath, Kat) Best Buds: Mook, Louisa McClelland, Peggy Levien, Kathy Holton, Christina Rubio, Lisa Salaizio, Jerry Ruby, Kevin Miller. Ski Trip '86. Youth Group Pres. More water please IT'S Real! 17th B-day stay the night, it's ok! Teddy Bears, Football games, Pizza, Runs, LOVE YA BABY, Beach Getting Kevin from Saints, Peg rom OLP, Horton Plaza, long phone calls, Summer trips to Mass. Parties with Sheryl. Putt putt miniature golf. Nice move, do it again! Classy! Gotcha last snowie Phil. My little "sister" Peggy Morning Caffeine Diet Pepsi and Coke "Got the keys?" "In my hand" Learning to drive my car. Concerts with Missy Cabbage Patch Kids, Kathy's and Christina's B-day parties, Pet Shop Boys, Phil Collins, Chicago, Journey, Miami Vice, Stand By Me, Top Gun, Footloose, Risky Business, Pretty in Pink, Breakfast Club, Cocoon, Howie Mandel, The Color Purple, Ferris Buller's Day Off "My Accounting won't work!" In the Faithfully Hard Habit to Break, Against All Odds, Suburbia, Opportunities. It's been a blast but there's still a long long way to go. Thanks Mom, Dad, Kevin, and You too Peg. LOVE YA!

**Manzano, Philip** (Nu-Nu, Caz "G") To my first love NB, I will always remember. My two best friends TA and PS. All my love to my sisters MC, CU thanks for being there when I needed you. Hanging with the homies TA, Hip, Hop, DL, KM, Sambo, Don Ron, LM, GS, MJ, Stay cold chillin' Night time activities Stratus, City, State, and don't forget "Fiva La Jiva." Long lost frenz AT, MS, RB, SA, MB, stop being strangers to my new special friends AP, TD, TS. Yo Leon buy a car. Tom Let me borrow a quarter Dude. Special memories with KM, MR, LH, NB, PS, CW. You are still in my heart. I-C I-SKI E-Z "D" Hail to your idle. Rap Lord Caz "G". Very special thanks to my Mom, Dad, Sister, and Brother. I love you all. You've made me make it through the rough spots in my life. To TA, friends till the end and also remember when tag team? The jack, get off my filas, Ellesse, Lottos, Adidas, Nikes, don't eat my fried chicken, our own inspiration point, dollar night movies, oh yes to get a real job! Gucci Girls, what cha' talkin' bout Bubbles, boo-ya, I was rockin! You be illini! Run-DMC, LL COOL J, MYC fresh fest, devins van, the beach, Thunder Cats hol' Though my years at Helix will e gone, my memories will live on, and before I leave I want one thing to be remembered, I love my Mom, Dad, sister, and brother and God bless them all!

**Marmo, Christina Nicole** Best buds: AD, KN, SW, BL, SC, EE, JS. 5-II-84 1st date Steve Bello you're my life! AD, we've been there and back. Jeff & Shawn "Minibagbags" New Years Eve '83. Lunch with the girls "studs", LL's house driving from EC to LG. "Tell me if I'm driving ok?" Trips to TJ with AD & LL. "Stop grab that Pilon!" "We'll have to go every Thursday" II-85 trip to desert with SB, AD, RK, BD, & Fatso. "Hey how'd that get over there?" Trips to Agua Caliente with SB "What's that floating in the indian pool Steve?" Thompson Twins I-86 Cantamar for the weekend. Fun, fun, fun with the black Chevy! Fun times with G-PZ, AD which one is it this week? Leave those little boys alone! Trashean Angela cute eye babe. NM you righteous bud you! Spring break '86 with AD & orange Rabbit to La Jolla. Late night rendezvous with Steve. Manchester & Saranac big puddles left behind. To en at Tommy's. LA with SB & family. 3-28-84 a date we'll never forget. Well Helix where did the years go? Your just the first step! Grossmont, here I come. Thank Mom! I love you Heather, you were a big part in my life. Steve, where ever you lead I'll follow, wait for me. I love you M & D. C-yai

**Marshall, Angela** (Angie, Ang) To my best friend Stephanie, I love you always and I'll miss you! Best buds: DW, HG, KD, DS, SH, KS, SF. Thanx guys helped me thru so much. don't ever forget pop's '85! '50's dance, french fry, tour '86, "Ang meet Nate", look at water, did they change the stripes? Hurry past shep's, clue: Jay, Adam, Mike. Parking lot etiquette, whose hand is that?? Walking in hail, little blue bomber, Bakers Square registration, 16th B-day, chicken pox, Pretty Boy but Mr. Crawford . . . Die on inner space, Kerblam, Dr. laywer? Stand up and disco, 3rd grade baseball, sitting problems Steph? Seapoint Hotel, sailing trips. Navy guys "I think I love you!" "Kasey the guy with the purple hair fell on top of me." "This boat reekd" Both X-mas dances Keven's peanut butter, is that rush? Hey I can do a summer sault, "I like young blonds" Ron McFee Dale?? Steph, Derek, Christy, Manika make the best of it while you can. Can the Garbage Pail Kids. Jeff and Derek Kevin remember I still love you despite . . . Carri thanx for just understanding when I needed it. Karen and Hilary I'll never forget the times. I love you all. You've all contributed so much to my life. I'll never forget any of you. Most of all I love you Mom. Thanx. Bye Helix.

**Martinez, Raymond** (Jefe, Marcos, Rayman) Waterpolo 2, Football 3,4, Chris never forget you. Biology with Shawni. We had a blast. Water polo waste of time. Football, "You want me to do what?" Hell week. "Am I alive?" Dropped to JV, bumdeal. Put back up to Varsity. Getting yelled at, yelling back. Homecoming in '85. Best buddies: Bill Anders (Billyboy), Mike Barr, Joe Brown, Fun times in Algebra and Science. Truth or Dare Mike? Comic strips in Algebra, Fudge in Science. "Who wants the last piece?" Fabulous times in English with Cindy Leitner (Cinderella). Making poetry just for you. Always love you. Weights in summer of '86. "Are we done yet?" (Uggh) Rad times in Pol. Sci. Bill Anders and Tracy Richardson (someday) Tracy Richardson's name in salt at Round Table. Singing "You Be Illin'" in Lee's class. Falling asleep in Lee's class. Bench warmer during football games. Special loves Shelly St. Clair, Shawn Morneau, Angel Ponzio, Shannyn Smedley, Chris Ostimer, Cindy Leitner, Missy Fish, Walking Blitz with Nora and Poky. Crush on Chris Marmo. Class of '87 #1. Thanks for putting up with me! Always love you Mom, Dad, Martha, it's been a great four years. Now comes college. "Am I ready for it?" Never forget all my friends that put up with me. Thands Helix. Later Days and Better ways.

**Maruschak, Chris** Best buds: DS, TC, MW. Thanks for the summer Gail, Charity. 9th Patton's class, homework, lunch, Doug & Darcy, P.E. with Doug. Rock shirts in Geography. "Stop computing olympics Doug." Freckles! Duane wimps out of math. Osborne the chameleon. 10th Moretti's crew DS, KW, GC, me. Goats rule green for points. 11th Shepperd's crew FS, DS, SD, me. Duane survives! Ed, Doug cheat! Rebel Darby! Doug gets massaged. Doug what Biology final? Wrangler? 12th home illi! Duane you got me. Bye water pals, you made things fun. Michele thanks for 3 great years more to come? Taxi's, sweethearts, beach, or what could of been, Jackie's party, Boathouse, nights togeth-

er "Heaven" I love you forever! Honk stop sneezing Doug. Irrelevant. De ja vu. Ya Ana Aoorah, Martinez #1, you always nose best. Doug I'll set you up, fast bug, bad knees, rad homework sessions, good golf, hole in one, big winner, conservative, good luck with Patty! Duane Party! How do you feel? Teasing Stacy, Rad 2 (date), 5:00 work. Get a real car! Keep the hubcaps. Tennis, we'll cruise, ohh, my! with Tige, get Missy, \$1 for guts! Many pools. A woman scorned? Halloween parties, Bay party, Subbuteo. Rad Camero John we've both been smacked now. Souplantation, Oktoberfest been fun, Maiden, Priest, AC DC, Boston, Rush, Scorpions rule. Cruise 2nd! Sean Jim! No more T-pling ok. Brook great start. Movies, party, E2-8, Mt Helix, ice cream. Shhh your parents "If ever I fall in love again. It will be with you." Bye Helix.

**Mattison, Jacqueline** To my whole family, especially my Mom and Janett for making me stay here and graduate. Janett thank for being such a great sister and tell me what I was doing wrong, well you have a terrific life and keep in touch and remember I love you, hope you get all you want in your future. I love you Mom and Mamita. Thanks for everything Mom. To my first love and always Troy Vincent Rodgers. I hope you know how much I love you and miss you while you are in North Carolina. Believe me it has been very hard to realize that you can't be here right now. I will never forget you and stop loving you. I wish you could be here for my prom but since you can't, I won't be going because you won't be here. I can't wait until you come back so hurry back. Well I love you! Well thanks to all my good friends: Lissa S, CC, VH, RT, AD, LH, SB and my best friend in Philadelphia KW. Thanks for being there for me whenever I needed you. You all have really help me out. Well a special thanks to AS for helping me grow up and being responsible. Thanks babe — good luck on your football career ok. I will always be your friend. Well thanks again everyone and good luck. I love you and miss you Troy and I love you Mom, Manita, Janett and the rest of my family. Love ya.

**Mattison, Janette** First of all, I want to thank my sisters, Corretta, Jackie, and Martha. Also my parents. I want to thank my dearest friends: CR, LC, DM, LP, DG, SC, KH, KM, SB, LH, CR, RT, LC, JS, BK and others. I want to thank CR especially for being there for me when I needed a dear friend and one I could count on and tell my problems to. Also LG for just being there to share my problems with and listening to my craziness. Helix has been a joy. I'll never forget the good times I've had these past years. They have been the best. My loves: RT, JL, DL, DY, TW, JS, GB, JB, ML, AV, JD and others. "Tootsie Roll", "My hair is poofed," Boy's Big Boy, Horton Plaza, Youth Group, Winchell's Favorite Saying, "It's in there" chair in Biology Ryan's Campaign office, Coronado Dates to remember Jan 30, 86 and March 30, 84. I love you JS. "Talk to me" The Marine, Being Sally "Bolts" #14 DG's love DMB Domiques Opps! Where did she go? on the ground. "Chilu fogs" Mother Goose "Duckie" "Goosie" "Heafy, Heafy, Heafy, Wimpy, Wimpy," football games, "The Air Force" I want to thank my family and all my friends that I included or didn't. I love you all, so dearly for the support and love you've given me. Thank you my Lord for life. Farewell Helix. Class of '87 the BEST!!

**McCabe, Dawn** (Ella, Minerva) Varsity Swim I, JV Vb 2,3, Fresno Good-bye Institution Slick Blanche Belle Renee Grace Paddy Getting away with a lot Milkshakes, TJ Jamie flashin' leather by discount. Kareen leaves and special friend. Greyhounds my favorite, leaving Mark where park. Surfing Manny, Moe, and Jack. Key Rings, Violent Femmes bare bottoms on arcade windows. Cracket Aileen holes in bleachers hanging from the window. Minerva Brandino Grace Blanche carrying Paddy to picnic table next time my turn. Upside down beach took a trip didn't have to pack a suitcase. Julie Kerreen signs and saws Mt. Helix mooning Heidi's rollerskating. Where's Dawn. Pat you sweep me off my feet. Beach dinner, mountain dinner, shivers down my spine. AC/DC, sweating Purple dolphins don't forget never felt this way before never again be mine. Never forget Fresno, Ralph, Jenny, Julie Marciella, Rain. Thanks Kimby, Pam and families could not have gotten back where I belong. Taking care of Blanch on her birthday. I love the moon. Taking chances you only live one but be careful Blanche, Ella Slick tell all to each other. I love you my palsies. New Years and New Years 1999 partee! I couldn't have made it without my family. I love you Mom. You gave me strength Paddy my forever love.

**McClelland, Louisa** (Lou Wezza) Best buds: Kathleen Madigan, Corrie Barchard, #1 bugger Mike Barr. From the #1 buggy. Thanks Miss Basgall. Jr. English was the best English year. Thanks for the job! Yes I'm going to get married college first so don't worry MOM! Sr. going great it's been "real" right Kath? You guys are the best thanks for all the rides Kathy. Corrie we will prove to them all we can handle college prep English. Even if it did take us 3 years to get it! Becky my little sister, have fun in your Jr and Sr year. Teresa my BIG sister, you will marry Todd and live happily ever after with 9 boys and a pig. Good bye Helix teachers you have taught me well. Hello college! I will always love you Greg.

**McCreary, Jeff** Friends: TS, DK, KW, AM. Honors from Drake to Landry, the Eric(k)s abroad: EB AND EN, The Family at work, friends from afar: CASC, International Convention, Debbie and Cindy, MS and JS. Love and Friendship. BEACH: volleyball, beach cramps, body surfing, the shades, permanent sun burn, Erik's party, Todd and Jennifer, sunsets, bayruns, finding youth groups, POLO: Never a player, still a fan. Rowdy football games, go Team! Beat Valhalla! CYCLING: Oceanside — 100 miles, Torrey Pines Hill, the wrong way to Alpine, race to beach, drafting too close, home from Parkway 15 minutes, cycling in the fog, so quiet, lost in National City, My OZMO. Parties: the Rama, Fuerte, Youth Groups, at the beach. RUNNING: 3 years of stress (Fractures), CIF-so close, invitations, so fun, no one understands us, pizza jacuzzi volleyball, team medals — Mt Sac, Mt Carmel. The Tea. Finger Hills in the rain. KW — my running twin. Love 'em and leave 'em. Scan the beach. La Jolla, in the T-bird. I wish the Academy was in Southern California. Key Club Conventions, Domino's, No-Doze, Tristan's change. AKA Julie, way past curfew, lost BMW keys, what room are ther in? TS — white BMW, special olympics, the malls. DK — cycling, Christ, church camp, Micki who? KW — pilots, fast cars, brothers, runners, friends, AM — girls — trouble! Key Club, matches, arguments. Too much weight, La Mesa Blvd. — cops, Donna's care gone. To my parents and friends, Thank you for your help. I love you all. John 13:15

**McElroy, Esther** (Sweeny, Chester) Band 3,4. Good bye Helix! Best of

luck to all my good friends: Aundrea Tavokkoly, Leslie Wilamson, Diana McVik, Tammy McGalliard, Travis Speck, Greg Smith, Joe Mejca, Pete Frank, Brain? Times to remember: wild times with Leslie "let's switch" TPD. Playing 25 with old buds at the apartments. Shopping with Aundrea, living with Aundrea. Fast times with Daina and Aundrea. Staying up all night. Party! Party! Party! The Outfield. The speeding tickets about three in one month. Having no car! Having no phone! Learning how to skate and getting pretty messed up — Thanks Joel Wild and crazy times on the bus in Band, Twist and Shout! Wearing underwear inside out. I'm not going to ask him — you ask him. Thank for feeding me Leslie! The best thing thats ever happen to me — Joe Mejia I'll love you forever 6-9-86. Tammy and Wes 8-7-86. Aundrea and Pete? Leslie & Nick. I love pigs. I love food, I love Josifer and Sidney. Yeh! Sure why not? We don't buy anything unless it fits all three of us. "Classic" times with Joe, Daina, and Aundrea. Thanks for everything guys! Aundrea let's go get Joey's car fixed. Just think of it this way in a hundred year from now who's gonna care? Gentlemen Prefer Blondes Marilyn Monroe. Long live the King Elvis Presley. Well Better go! Life's awaiting. Michelle you're the best sister in the world. Love you sis, Mom, and Dad. And Grandpa and rest of the family. Thanks for everything. Love Sweeny.

**McNeil, Erica** Good times and good friends Neene (Modzilla) and Jen heeey homettas kick ok ok Ronch alert u will die! Glam guys Rick and Robert honey no! Mike and Damian walk THIS way! Don't tease if you can't please! Weekends at Stratus. LA Guns New Order with Jeff the good times are endless even just talking Neene only u understand me. I love you Maria my other sister. Summer 87 could fill a novel itself. He wants you. I want him. I have to stand up. Beach Parties. In the water surprise! He stepped in my cake! Can't stand up help me walk Danny. Kevin thanks 4 driving. Love u so much! Up all night Laura's house Marta thanks for worrying the Apartment with Steve still gone next day. What's so funny! Cucumber Jess? Doing Ricky's hair EEK! AAK! Richard my baby front row at Siouxsie (Woody Woman). After Martas party, Denny's bathroom. shut up Annie! Bertha you're so gorgeous. Luv Agnes. JR always my bro. Crystal is your hair red? Sound effects bubble machine pig out GRAPE APE Heaven Kenny. Line for Momi Jaime te amo siempre. Big hug for CL, PE, JV, AT, SP, JP, PP, CD, JJ, DS, MG, DK, LR, RH (girl!), RL, CS, HY, DA, Hee Mops, Flops. My Daaavid u showed me how to live. Love you to pieces! Thanks for everything Mom, Dad, Jess I love you.

**Meyer, Karen** (Little-One, Oompa) Best Buddies "Danny, Cori, Lori, Teressa, and Tacie." Good friends: Beth L, Marilu S, Carole S, Kim K, Leta W, Kim N, and Kim P — Cori our night out at harbor island — I smell something burning, Randy I can't get in, trying to break into the machine. Take good care of her RP. Best of luck in your future. You mean the world to me! Tess and Tacie, the awesome threesome T-K-T. We've had so many memories, so many things we've all done. You are the greatest friends around. I'll love you both forever!! "Remember SH is my first endless love forever" Kim N thanks for all the great times. We'll be 2nd best friends forever love ya! Lori Landrum my mid-of-honor. You'll forever be my bestest friend. You know all my secrets. We have changed a lot over the years thanks for 12 years of the best friendship around! and last but not least my #1 "Kid" Daniel you have brought me the most happiness 9-21-85 our love will last forever. I can't wait to spend the rest of my life with you! Forever yours Little One! We owe it all to McDonalds. Mom and Dad, I owe you more than thanks could ever say! I love you guys! Ryan and Summer, it's all up to you. MT I love you too! Cathy Allen and "Nana" I'll always love you! Courtney ready for grad? "Marching partners" Lucas fans YEAH!! Daniel Our love will last a lifetime. Watchout world here I come!!

**Middleton, Tawit** (Tai) Good times and bad times "Ramble On" rad parties and rad girls mix! Wendy would you like a bacon soda! Kelly & Kim, like what's your point. Chris A party hard. David Chow's it going? Eh, Bubba, Silly Gilly, Mexico, chillen' on the cliffs, downing a few, Hi Becky. "TJ Blues" I lost my wallet. Love ya Gayle where ever you are. Alisa, you still haven't answered me. Hi cutie Steph D. Mr Welch and his welchateers! The "All nighter" during summer. Thanks all the teachers for making me what I am today! My buddy and me, Chris A. College girls dead ahead. Hi Kirstin love you always. Elizabeth & Heather you crazies. Last but, best year! Guess what chicken! Night school, and the Proctor Valley Monster. Bool I leave my car to the museum of old things. Bye Mellisia L. always remember you. Thanks Mom & Dad for being so special, love you till the day I die! Ramon, "try it you will like it!" Party hard, live fast die young and eat your liver. Bye Helix, I'll miss ya. P.S. Almost forgot my best bud ever, Randy Rat, what a studly Rodent!

**Mikkonen, Elisa** So long people! Four years too much! Sophies, tool Jrs no more! Srs rule! San Antonio was wild — the parties jammed. Tex-ex forever. California bound in 18 hrs. Here I'll stay! San Diego — where it began! Sharp's Hospital "68" Mommie, Daddy, and mel OOPS! Kari tool I love you Mom and Karl. Thanks for everything! Sorry about the Scirrocco, sis. Didn't mean to spoil the big 16th. LA, LA — Lary Appell Me and Marty! Speak Break with Mr. Lumberjack-John! 7ft babie. Pacific Beach was fun. The coast! Parties day and night! Hotel rooms, sleeping on the sand-ouch! Where'd the sunglasses go? Look-surfing USA! Hey! Pizza Plus! I love JonJon! He's got the rad body. Emily had fun, too. I love you, Emily! Best Buds. Older men. EM and EN that's us. State bound, like Mom and Dad. They graduated from Helix, too. WOOPS! Bye. Em, Doc, Lesa, Jeff, Dana, Darren (Hot Chocolate), Debbie (Friendless), Robby, Pete, Kevin, Tom, Missye, Kristen, Kathy-Kat, Tim, Christy, Chris, Earl, Geri-Grenadine, Dawn, Mike, Scotty, Steph, Joey, Ken, Mr. W, Shari, Mary, etc . . . "Shades" a shot. WOW! Pep Squad, RAH! Mudding- 4Xs. Grape Ape, Dristen and Matt, Jill, Robby, Sam, Wendy, Karl, and mel I had fun. "87" party, party, party! New Dosage, MacArthur High School, The Ranch, millionaires-rich, Cheryl, David, Mike, Bill, Ted x 2, Ellen, Grandma, Grandpa, XOXO Bye!

**Miller, Tamara** — Well, I made it my last year, no more play time it's time to work now. Fun at lunch with Shervin Y, Arpie C, Diana L, Ilana Z in O-P Biology. Carrie S and Shelly S. Christmas Dance '85, with Ron H, Prom '86 with Mike B. Twirling at half-time and Homecoming. Locker full of popcorn. Car toilet papered for 17th B-day. Thanx Mike pay-backs are ?? Nice parking place Sherv 166 and mine across from yours \$13, oh well. Too bad. Becoming an aunt. Fun in Mrs. Hays' class last



year. Working and teaching at YMCA. Remembering Tornado in South Dakota. Thank you to my sister Debbie and her husband Barry, brother Jeff, Grandma, and Mom, and Dad for all your support and love, I love you. Thanx to 4 good years, sorry to leave. Bye Helix.

Mills, Courtney (Duck) Activities: ASB 2-4, Swim 1-4, Speech L2, Fr, So, Sr Board, Tartan 4. Best buds: DA, SB, JB, RB, KW. Special guys: TH, KB, TA, CP, MS, DO, EB, SM. Special friends mean so much to me. ILY all Speech was so fun with Robert, Cori, Julia, and Randal National Quads was a blast! All the ASB memories: Soph. Prez. oh my! Finally ASB VP. I can't believe it! Concessions, football games, posters, and especially friends. Thanks DB! Steve, Chris and Art made it so fun. Publicity times: Michelle Schauble-Happy Room! Swim buds are great. Morning practice. Winning fly and 500 fr. at MM so if it's JV? Who cares? Jr. year 2nd place. Donna and Steph. My best buds! ILY both! We've had so much fun this summer/year. I will miss you next year. Donna: Prom '86 we had fun! Julie: We've shared a lot! Friends since 7th grade. Thanks for the fun. Keith: you stuck by me for 4 years. Mr. Simpson is our favorite teacher. Computers yay! Robert: you are so fun! Brother and sister since 9th. Steven: you've been the best friend I've ever had. Thanks ILY! Fun X's: Prom '85, X-mas dances '85-'86, and Prom to come '87! Swim finals. T.P.ing that special house Ghostbusters. Beach games! UTOPIA. Ansel Adams. CSCI Counselor 2 yrs. Rambo came to visit. Knots with Julie. Cartoon festival with Steve. Coronado wedding/Ducks. EB glad you're back! Other fun times as a Senior! Mom: You are the best! ILY! Thanks for getting me through it.

Mobley, Keith (Freshness) The Lord is my strength and my shield, Woreup. Thanks to my Mom, sister, Dad, and E-Rock #15. I say to Derek Lobbins: I'm on it just watch. Mookie Jones: Clear your face (trick) "Homie" Gary Spear: I am better than you at everything. Mark Johnson: Quit complaining. Cliff Blevi: Love your point of views. Leon: You can't rapp. To the Moore Brothers: Never forget your relatives. Damon Roache: "What up, cuzzin" Perry Gomez: Thanks for the rides home. Aurora Perez: You talk too much. Marc Raab: Obey thou mother. Joe Mendez: You can't sing like me. Estie Holiday: Stay beautiful and sweet. Philip Manzano: "Don't like yours either" John J: I hope you grow. Alisha Harris: You almost succed. Mano Moreno: Thanks for the answers in English. All my coaches: Thanks for teaching me discipline and knowing my responsibilities. Never forget beating Sweetwater in '85 CIF runner up. Pay back in '86 Never forget Tonya Spear, Talonda C, Viki Perez, Krishna Foster, Kristi Patterson, Katrina Edwards, Venesa Blevins, Melissa R., Mackie T, Tracy Dill, Lori Johnson, Paul Appenzeller, Jirus Junior, Carlos Ramos, Tony Cumm, and I will never forget force, Mendez, Thumper, Go-Go, E-ZD, Stallion, Wild Dog Don Slick Rick, Fly-JL, and the Mobe, so long Helix

Monahan, Lisa (Scarlett, Cleopatra, the Princess) Hello? Anybody care for a wafer thin mind? Licorice whip? Spam? Good bye Helix. My dearest friends JS, TL, DR, YW, AV, JP, SL. What great times we had. JL I love you. Look out San Franc. and PJ, AJ, AS, KL because I'm coming to join you. Helix, I leave behind my siblings KM and PM. Have fun! I love you both. Take care of Mom and Dad for me. DW you are the best friend I have ever had. I love you more than you could ever imagine. Thank you for all of my memories. Disneyland. spring '85. Arizona Grunion running mountain summer '85. Harvest Balls '84-'85. Las Vegas spring '86. New Years Day '86. San Franc. winter '87. Mom's surprise party '86 your surprise party. Summer '86 my Sweet Sixteen Night of Potpourri '86 You Can't Take It With You Shall We Dance? Hey, I'm an original! Monkee from the 70's, Monty Python at the Kennel Int'nat' Club Pres. '86-87 Dramal Our Town who wants it? Coke, pretzels, and piza food to grow sideways by. And no my nose wasn't broken. Before I go, I'd like to thank the most important people in my life, Mom, Dad, Leenie, Patrick, David, Junie, Jennie, Teri, Johnathan, Monty Python. ILY all! Everything sounds like Our Town in a weird twisted way. I'll miss Helix but please let me out of here! Oh Junie! Always look on the bright side of life.

Montes de Oca, Lisa (Penguin, Pokey, Monty, Montes) My pals: Tonya Kleinick, Courtney Mills, Rita Covey, Donna Alleing, Lara Slater, Kathy Holton, Cristina Rubio, Brian Von Gietzen, Derek Lobbins, Julie Bobb, Traci Richardson, Christy Iverson, Darren Korn, Marilu Simpson, Jessie Smith, Mano Moreno, Randy Zollinger, Jason Justeson, Kenny Bonilla, Cliff Blevins. Activities: SR Board, Jr. Board, SADD, Oceanography Club, ASB, the unofficial Library Club, Termitte, Tuttle, Penny, Penguin Falling out of chairs, smelling magazine group effort homework Julie AAAH! Fun times CASC '86 Toilet Seat Greetings, Duck Letters, Jaime Gumby and Pokey "I want to be a cup" "I don't get it" Playdoh Sculpting Creations Mr. Bill, Spot and Mr. Estes? Attack of the Mongo Grapes. The Grape Challenge I need a napkin! Phovias Camaro OH NO! The chamber of snow again, Derek! Hey Steph! Is there something in her throat? The Small White laque Spanish Roxanne duets and chalk Art with Kristina OH yum! They're selling Helium balloons "Where's the car?" Do you think maybe we could keep looking until we collapse? Big Bandidas "Here is your Taco sauce, Susan" "What a rebel?" "What is Darron" "I am bored, do you have any toys?" Long live Pee-Wee's Playhouse "Meca Leca high, Meca hiny he" Turtle, When is broccoli season? Special thanks to Mrs. C. Ornelas for being there. Mr. Estes love those "short" jokes and Mrs. Hays for all your help. Let's go to Bolivia Thanks Dad, Mom, Linnette, and David. I love you!

Morton, Leon (Ski) I want to thank God and my family. You made me what I am today. To all the homies Derek, Mobe, Blev, Nu-Nu, Tom, Sam, and El Sid. good luck in your future experiences. Yo Caz, I-C, and EZD remember that rhyme all the way to TJ? We were kickin' it. Just like the CIF game. You can not win them all unless you are Vista. Runner up last year. Melissa and Aurora do not be "All Cried Out" there will be others in your life. Melissa you are bad. I know you really like. Good luck to the rest of the females Lori, Monique, Stephanie, Rosa, Christina, Lisa, Lenore, Talonda, and Tracy. Stephanie and Rosa you two are a trip. I see why you guys are best friends. Derek remember camp Marston and the way you used to dance? That routine against Nu-Nu and Hip-Hop at the Homecoming dance was def. Jay, Ralph, Mano, and Big Al remember Randy's dumb jokes at the lunch table. Ralph our fishing trip turned out to be a swim trip. Remember my wallet floating away. Something always happened. Derek, Mobe, Blev, and I singing. Yes we were rockin'. Mobe, you were singing off key. Carmen there will always be a place for you. Mom and Dad, I love you even though I may not show it. Grandma look where I am now. Thank you to

everyone you helped me and supported me through high school. Good bye Helix High School.

Mullin, Sean I had four great years at Helix High School. It all started when I joined the Helix Track and Field team in 10th grade. Then again when I joined the Cross Country team and went to Fresno with the team and spent the night. I have a lot of good friends that have helped me out a lot and they are Bobby Thomas, Trevor Drummod (Better known as Track star Trevor) and the coaches Mr. Geary and Mr. Shultz. I love you, Lessie (She goes to Mt. Miguel).

Murphy, Aileen Salad days: The carrots, painful, but in the long run, worth the experience. The tomatoes, which always turned to mush so soon after they were picked. Security and comfort found in the monotonous lettuce leaves. The bacon bits which enhanced the salad to a small extent. Pineapples: letting loose, walking on the wild side. Jicama: "you've got to try everything once." Bell peppers and health. The hypocritical cheese. And the constant flow of love from the salad dressing, which held the salad together through all the tossing. And finally, would a salad be complete without the croutons? Dara, Julie, Cricket, Michelle, Maureen, Paula, Karri, Eileen, and Heather. Mom, Dad, Paul, Erin, the Grandmas, and the dogs. Here's to salad days . . . and many more to come!

Nelson, Jill (Jiller, Jillo): VHS 9th & 10th, ASB 11th, Jr. and Sr. Board, Highland League 12th. Best buds: SQ, SL, SH, MO, GS, BS, LH, KQ, and DK. MO & SQ-20 days of FUN! Macaroni Dance! River-run after bus with SQ. State: concerts, KQ's car-hand move it! Lambda-"I'm not a whiner!", "Is everybody happy?" SL-Bottle Rack Bud-Have a nice day. '86 prom-limo (oh great!) KQ-Southern voice. Christmas '85, Chorus Line, w/ SQ & JK. Accident drive into Mexico w/ DK, HP, & HC. Sorry that I spazzed, at least we got the roses! Summer '86-FUN, FUN, FUN! A blast in SB with Sandy. Hope Ranch, SB squared-apple? Club Iguana. You're Great! Everything's all . . . the blinker- turn it off! July 4th-Bahia and the sheets, run MO and SH. No Doz-DK, Daybreak forever! Pintel KQ-Pink ladies, Rebels at heart: 9IX Rock-n-Bowl! La Jolla-looking for a gas station w/ SL, FM, TA. Souplantation-DR. Ruth and a bowl of "soup" (HA HA) GS-jump the fence. DJ arms, no more boat, BUMMER! SH-Marshmallow, Bobby McGees-strut. Club Paradise and the beverages. DK-Dads trampolines. Fun times with TS. (Cute muscles!) ha-ha. Thanks to all of my friends, for making my 2 yrs of HHS fun! I'll always remember all of you. Dad, Mom, Larry and my favorite sister Shanna, thank you and I love you all so much!

Ney, Reynette Matmaids 2-4, Softball 2. Best Buds: Shari Sams, Christy Iverson, Tony Castaneda, Cindy McGriff, David Padula, Derrick Bailey, Larry Todd, Jerry Oedewalt, Perry Gomez, Adele, Murphy, Randy Zollinger, Tom Adams, Angie Arrington, Jeff Sams, Dan Tiamalu, Darren Williams, Tessa Dailey, Carmen Rubio, Bill Reynolds, Chris D'Angelo. Letters from DB and D'W. What are your measurements? Movies with CA and Buba. (Pinochio) Baseball third period with me. JO and CA. Talks with TA in Geometry. More boy problems! On the phone all night with TC. Ten days and no parents with Christy Copper! Our song: Big Bear '87 with wrestling studs: GN, RZ, MM, DH, KC, RR, ZM, CL, and CR nice boots babel Debbie what happened last night? I went into shock! Ha, ha breakin Friday and Saturday night (Dougie Fresh) PM's first drink. Turn off that light! Forget you T.J. Tom and his "aussie" accent. What ever you do don't do a Randy! All my loves from tournaments: RM, AA, BM, SB, and GS from Arizona. Rappin on the way home from Hatville. Cedric your the king. I love you Timmy! You water polo stud! BU, JO, TN, JO, GO, CO, you were the best. Don't eat so much GO. Perry where's my gum? I love you Shari. My loves: CA, MH, JM, RM. Summer school with SJ and MH. Turn off the lights. Growing up with Sari was the greatest. Thanks for everything Mom and Dad. Best Buds: Spike Mitchell, Dale Snead, Brett Delong.

Nguyen, Huyen To my mother, the best mom ever. I'm grateful for all your loving and concerns. I want you to know that I love you very much and I'm glad you are my mother. And also to all my friends. Thank you for being so kind and caring, especially AL, HD, NP, LN and all my classmates throughout my years at Helix. Aroonrath, remember all the fun, exciting, and devious Tuesday and Thursday nights? Don't ever forget those enjoyable times we had together ok? Remember about all the handsome guys we're always in search for? I hope someday "Mr. Right" will come to us huh? I'm glad we were there for each other, you're a wonderful friend ever. Don't ever change ok! Ngai I'm so happy we're graduating finally huh? We had fun talking about all the gossips around right? And all the notes back and forth just to make school fun. Oh! and remember every cute guys we talked about all the time? I'm still searching Ngai! Loan, you're always so busy around school, but I'm glad you're still there for me. Thanks a bunch for everything. Hing, I'm catching up with you, finally right? We came from a long way and went through a lot together. All the good and bad, fun and boring times we had. Don't forget them ok! We make a great team huh? Thanks for being a sincere friend. Well, best wishes to you all and have fun. Watch out college! Cuz here I come!!!

Nguyen, Kim-Loan Thi (Loni) Yeah! It's finally here. Be4 I go on, I'd like to look back . . . R Covey, My long-time friend, hope our friendship last 4 ever. H Nguyen: Viet church and dances, thanks for telling me. A Lord: Someday, your hard work'll pay off. L Slater: Jr Pres & VP-X-Mas Dance '85 panic. A Allagier: Thanx 4 your help in Sr yr. You're the perfect daughter. E Gailey: What would I do w/o your help w/ the prom? A Perez: You're a rad Sr VP, thank, Blood Drive 5:30 am! A Murphy: I won't forget you as my Sr Prez, campaign manager, W Ledford & B Soliday. Thanx 4 your help w/ Sr Class, K & K Dang: my twin & the multi-personalities Khanh-Woman, 5 yrs friendship & still growing strong. Khanh, remem, X-Mas '86, a blast! You're d only I who really know me. St Martins YGSPM: retreat wkends & meetings r important 2 me. Alvaro hosp.: serving u was my pleasure. Mrs L, Mr O, Mr R, & Mr E: d gr8 advisors, I appreciate all your time and effort. Mr Bonney: Your ideas r helpful. Mr Reckin & Admin.: Your understanding & help made the class of '87 year! Helix teachers & Staff: A gr8 big thanx. My family: I regret the rift but ILYA, especially u Mommy! & of course God! Where'd I be w/o You? Oh, J Lee & B Sams: Thanks! d d X-Mas Dance '84/'85. Fellow seniors: KIT, hope 2 see u all at reunions! ILYA! Miss ya Helix! Highlanders, hang loose. 4 me. Medical school or bust! God, I'll always remember this "Be not afraid, I go before you always, come follow Me, and I will give you rest." J Ehlers: Homecoming '86 partners,

Finally, farewell.

Nowell, Kimberlee (Kimmy, Kimber, My Luv "Air Head") Best Friends: Angela Duenas, Sheri Watwood, Cherly Barnes. Fun times with Angela party's at my house with friends can't walk! Toking Bowles peach Barcardi and coke don't throw up!! Mexico with Angela, Lija Lanston, Cherly Barnes "First Love" San Diego State Baseball games with Matt Harr, Tim Wahl-up all hours playing Bottle Caps. Movies with Brad Denike, Dollar movies with guys-what fun-fights during lunch, you guys think your studs! Bad news! 25e 4th of July, party at Marks! Sheri Watwood your the greatest friend thanks for everything! My good friends will never forget: Stacey Lange, Karen Meyer, Beth Lydy, Kim Beebe, Lauri Hazel, Becky Stanley, Kerry Barr, David La Pan, Debi La Pan, Chris Marmo, etcll Prom '86 with Charlie Hester, Prom '87 with ? Christmas Dance '86 with David La Pan. Tony Rich will always care-we had some good times! Friends forever! Rad Halloween '86, Santa Barbara with Cheryl and Teresa Barnes, fun time, rad guys! Smith concert, beach surfers rumors, what's your point? Partys "C-R" Yuck! New Years! Bongs, stairs, butter bath, nutrition store, what fun!! Money food! "I'm hungry!" Good bye Helix, I'll miss you. Thanks Mom and Dad "I love you" Gina, Darrle, Kristi your the best sisters. Bill & Jake "I love you all" class of '87 We're out of here. Good luck. "I made it!" Angela, Sheri, we are out of here.

Nyenhuis, Eric Activities: JV Football, Varsity Soccer 4 yrs, ASB, Golf team, Volleyball Club. Best buds: Ethan Maxon love you like a brother. Pray we always grow together in Christ. Eric Toshalis, so much E-man watch out for Ernie's revenge. The "E" is rad Harro? All-right! Long nights of Calculus, long days of volleyball in the sun. Smarmy brothers, Mopsy, Flopsy, and Cottontail. Jeff McCreary thanks for taking the time to understand me. Always be friends. The books in the LMJH Library will never be the same. Donna Alleing, you have made coming to school a joy. Keep an eye on your pink bag. Beth Von Gasken H3 forever. Christy Iverson, I am so glad you met Ethan. You two are such a blessing. Hawaii muy aloha. Matt Spence days at Sandy's Makapu Cockroach Cove, Megan Ward. Soccer runs. Morning Hawaii up Marshers Ridge, Waimea Bay the rock State tournament. Sleeping with cows. Water ballon fight. Hume Lake '86 decisions made for Christ made the time worth while. Miles was rad. Youth Group Mike you have helped me grow to be a well balanced person. I will never forget. Handy thank you for being an example and understanding where I am. Times together have been great. Your stereo cranks. Special friends: Mindy Bowman, Jason Rogers. Family has helped through tough times. Thanks to all teachers who helped teach me what little I know. Kristy Seider, Jackie Pressler. The guys V-ball champs '86. We're not #1 but we're up there.

Oneal, Anne (Annie Moon) Thank God I finally made it. Agnus and Manerva forever. I love ya Wendy. Do bunnies turn you on? Shawn Schoolcraft, Glenn Laube, Michelle Kelly, Ricky Dirk, couch potatoes rule. Sorry folks parks closed, Moose out front should have told you. Jack doughnuts, Hubba Hubba lets see some. Every ones invited. Lets bet something for this game. Wanna play Trivial Pursuit? I love your hair Glenn, or is it mod? Shut up Shawn! So long babyl

Ohmstede, Jason (Jayce, Ohmy, Big O, Eormenferth, Ivun, Nanook) Special Memories: Dungeons and Dragons with tony, Gail, Mike and Marty, with Rich, Jim, Mark, Steve, Franz, Marla, Jennifer, the Mucks, Fallin, Thaddius ahole, and the Harbringer. Donning make-up in Journalism with Pettis (it doesn't come off!). Nights in hell with Steve, Wes, Shauna, Patty, and Leslie: Scorekeeping on Fiesta Island (an obvious 10 pointer). Rush concert with Jay Weaver (good luck, Jay!), SCJEA "trip" with Elizabeth and Whitney 1986 (we're not really lost!). Talking of religion and communism (nothing in common) in Landry's class (last that so, Mr. Weeber?). Blues Brother Halloween 1986 with Jon (too cool!). Four-wheeling in Anza-Borrego (what rock?). Bowling for boxes at Registrar of voters, Academic Decathlon 1985 and 1986, Toby no-face, the big party? What speech? What presentation? Domino's in Journalism, Thanks to Sandi, Jon, Barbara, Carol, and Mrs. Patton for a great "Fling" year. More thanks to my conservative caucus: Sun, Weeber, Hamma, Wong, Remer, Yaf (Voc), and the moral majority. No thanks to my liberal sympathizers: Pettis, Weaver, Stalin, Landry, Lee, Lenin, Rich, Mike, and Mondale (I'm still conservative!) Thanks to Led Zeppelin, Rush, Iron Maiden, Dio, Aerosmith, and Judas Priest. Special thanks to mom, dad, marty, my lawyer, my trust fund, and my oral surgeon: without you I wouldn't be! My advice to all Helix students: Love thy neighbor, watch out for Landry's and Lee's liberal scare tactics. Believe in AIA. Vote Republican in 1988, and don't loose your research cards!

Orozco, Monica (Monka Tonka Toy, icka) Summer 2,3,4. Best Buds: SH, LH, SL, JN, SQ, BS, GS, RC, JJ, KB, YH. Cheer '86. "The Rebels" Fun under the sun! AXA Boys! Give us two years. One week in heaven "yea I'm stoked." Every nights like halloween. Cruisin collwood meadows "Bad Boys!" Louie louie! SDSU concerts. Frat partys, dancing until 3:00 am with SQ & SH. 4th: Bahial! Toga, Macaroni dance SL. Fall in any bushes lately? 4 week party. (SQ & JN) T.J. Bound: LH, my favorite dancing partner. Ojbect of my desire! 21? Let's strut. Summer highlights in depth conversation. Rock 'n Bowl. Twist 'n Shout. That's me!! Prom '86 Juniors raged. GS M & D How'd we make it through that one! Colorado River: water skiing, what sun bunnies? SDSU parking lot (JN & KQ) Rolled tacos with SL. Thanksgiving 3 years, food fights with BS. 84-87 Cheer: SH, LH, MR, ML. What a team! Choo-Choo, too much fun to forget! 86-87 Varsity Cheer: Thanks for all the fun. I love you all! I'll never forget you Billy 10/14/83 — 11/8/85. My one and only Best Friend, SH. We are inseparable skiing in Tahoe, McDonalds, DB & PH? Dancing on Table Tops. I'll always be here for you. Won't ever forget our special talks & dreams. Love you, Stac. My Pretty Kitty! I love you mom, cliff, & maria. Thanks for everything you've done. Thanks for always being there Ree. Thanks to my special friends for the best four years of my life!

Osborne, Talesein. I'd like to say it's been an experience. I'd like to forget as soon as possible. Thanks to annaba & limabeen screaming for cobb. I have made it through 2 slightly educational years. Hope you make it Paige, paul p., brandy, brendon and the rest of you. Dirk — C-ya.

Panlagua, Belinda Best friends: Suzie Milano, Leanne Schafer, Paul



Miller, Nach & Joe Vasquez, Ruben Covarrubias, Nora Curle, Lees Keller, Sarita Rodriguez, Debby Schrock, Priscilla Carter, Bill Barnes, Paul Daves, James Hunter, Toms Terry & Tammy Bradley, David Smedley, Darcy Schoolcraft, my bro Ted, and most of all my best friend Rita. Party times with all my friends. Mariner Point, my birthday party in Huntington and Mt. Helix, Ozzy and Metallica, unicorns, Leather and Lace, Pink and Black, Glam Rock! I love Jon Bon Jovi! The two brunettes in the red mustang, don't mess with them! Up all night, "hello Larry." My party, animal cookies, doritos and all that other stuff, IRON MAIDEN, Boston's "Amanda" and my TNT tape that I'm crazy about, Hollywierd! Huntington Beach and Newport, the surfs up, let's go, Wipe Out! My melody lunch bags, PM liquor and staggering nights, signs from liquor stores, the cheesecake that was a rip-off and 2,500 plastic bags, we could of got diamonds instead, 4, 3, 2, 1, It's the final countdown! I love Joey Tempest! Calif. redwoods not twigs, the wall, grow your hair! Fluffy slippers and leather, a perfect match, what about a lil drink? How come the pier is moving? Halloween night, the freeway to El Cajon, Priscilla! Making a fire at the park, riding the springy horses, Gavitrone! at the carnival, "shake me," flicking ashes at cops, thanx mom, dad, Joseph, and John. I love all of you, the future is all mine, see ya. Let's Party!

Penin, Robert Hi Helix- Thanks for all- Thanks all the people I met who became good friends of mine- Fred, Christy L, Chris Mika Nicol Holly Ralph Marie Mei Seb Heather Karen David Tiffy and all others- Thanks to all the teachers- German- Knott- Typing- Osborne- Sgl- Sul- Cl- Edw- USA- History- Boone-English- Basgall- Great fun with Fred- fun with all girls- The next time I fall she stands by me- you know what I mean Fred? Dumb girl- Greetings from Peter Cetera to Christy- Thanks my host family for a wonderful year! Pa Nana Peggy Teri Cary John Mike and Dale- I saw her too Fred, standing in the line- Best friend, F.S.- Nicest girl, C.J.- Get out of here John B.- Slip out the back Jack- Big baby and birds are watching you- Nice memories to J.D.- We are the best girls Fred- Best class, fifth period- I will never forget this nice year in U.S.A.- Thanks a lot for all- Was nice to meet you- Ich trinke keine wasser, ich liebe . . . — I hope I will see you sometime again- Have fun- Lolli Pop and the dream of alaking- It is like eternity- Bye Bye —

Perez, Aurora Activities: freshman sophmore senior board, student council, senior Vice Pres., Memories: Melissa Rodriguera Thanks for all those special times we will always be "Best Frenz" I have to change where? "in the car" stratus, football games, Mikes party, my elections, Dougy fresh concert! "I still love him, I still love him too!" Homecoming '86 with K.B. Them songs "fly girls" "I'm all cried out" "I miss you" "unfaithful" S.O.S. J.A.M.S. 92.5 morning wake up calls. Wake up Helix! S.S. A.C. J.S. words can't start to explain how special you guys are! Thanks Mr. Jones, Thanks for being part of my life. Remember you promised me your eyes. G.S. Thanks for all those talks! you'll always be special to me! I love you! P.M. T.A. K.M. L.M. D.L. I'll miss you guys. R.B. M.B. S.A. M.B. I'll miss you freaks. Christmas dance with G.G. '84 X-Mas Dance with J.S. '85 M.R. I hope you get your license. Purple & Pink. Our locker, the mirror, our poems, all those tears. "Let me love you down" S.J. Mice Mexican week! fights! J.J. muy grande Yo Jay. Nice spanish test! Nice cake fight! Mmmm that chest T.A. G.S. sorry J.M. C.T. Thanks for introducing me to George. I love you miijo. Thanks for all those "special memories" Remember Aug. 30, 1983 "Always-n-For-ever" #31 Mom, Moni, Tony, Grams & pops Gracias por el Carina y su apollo I love you and I'll make you proud!

Peters, Tara Tara, Heather Best Buds. Nate and Trent. Mom and Dad. Remember that. Stylin, shaving cream, Beach coolers. Wild child, yea I am. Judas Crue and Maiden of course. Loads, frydays, kick it! Sue bush. Corvail and camros dos picos. Handcuffs, leash and keys. campo. He promised! Hot for love. Sky-show, bean sprout and tarzan. Drip dry, ohh baby. Jacuzzi. Graphics Henry, end of the month. Yea it is. any where you want it. Good times. Friends Forever/ See ya Helix

Phillips, Derrick ISOMATA '86 "Hey kevin, where's my face?!" Tour '83 "What's the deal?!" Riverside '86 Vanguard 2nd place 75.1, 7 . . . 5 . . . I . . . Philling Productions Sky show II, get the cigarettes for Scott. She shouldn't have been riding her bike on the sidewalk anyway! The Too Good for these People Club. JB, vice president, Tracy (shitupit) Pryor, assassin, Damon . . . nothing! Mr. Shepard. "Take your time, you've got 10 seconds," "It's called a tardy in most states." K5, "I beg to differ" Foreign Affairs Drum Corps "they're going to tell a bunch of lies, most of which will be true" Fairfield '86 loading crew call time 2:00 am. Let's play for the people on the mountain. KF "Maybe you can talk louder so EVERYONE can hear you! Shall we? Let's shall! Gump! Laura, let's walk to Gemco! Sounds like a potential plan, YO horns, go for it! You must be a rock! Good luck with RA (what a man) JB, Freddie loves you! Bubba, Who's getting defensive? Wrap it up! Charge it to Don Johnson. These Bleeds. Don't ever say sorry! I'll just shut-up! Poway Flute feature "Bleck!" Gretchen I Love You! Honest! And you do look like a tree! That reminds me of a story! Save the Kingsmen, buy life insurance. GARFIELD HORNS RULE!! Velvet knights this year, Vanguard next!! It's been Helix! Have a day!

Phillips, Lawrence (Larry, Flash) — Chris now eurone knows. Special Friends: CB TM JG JS KP SP. Special Times: 1st Trip to T.J- 18th B-Day- and all them parties!! Oh No Don't scratch my truck!! TM Thanx for all the good and bad- T-N-T forever. Right? Janeene I'm really sorry for being such a pain. Turn on them there scammers Chris!! Lets have a few segments! JoJo had fun at the SMITHS. Too bad you couldn't meet Robert. He's a real nice guy! #1 bad CB almost BSTEST frinz. Bat fun times. Blue TOy, loud Music-Smiths art of noise. Chris your trucks dirty!! Serena I'm sorry ILUVYA!! To rob & jerry My BSTEST Bros! See ya in Zony land soon! Skate with U-N chris on new ramp. Have fun! Tabi Rob really does love ya! Lets all revive for another day! JoJo sorry about the robo. Please forgive! ILUVYA A BUNCH!! well Chris we're almost out. Nov. 1st was pretty good, sorry about truck. Too bad I can't say everything here but theres not enough room and not enough time! Tabi I almost forgot about wierdness! Are we still going to go to your prom togeth? Good Bye Helix! Luv ya all always — Mom & Mike ILUVYA a bunch! Sorry we're so far apart. I've missed you Dad & Gail Thanx for everything sorry for making it so hard! ILUVYA all. Robert & Jerry Lets celebrate! Let's Maddog! Good Bye everybody I'll miss you all and I luv you all Bye!!!

Phuong, Nga (Teri) I finally made it!! Time went by so fast. It is

unbelievable! I remembered I was just in Junior High but now I am graduating from high school! Whew! To my boyfriend Hai Le (Johnny). I want to thank you for 3 wonderful years we spent together and the whole future to come. "Love you within my heart and my mind forever. Thank you for your caring and understanding. I Love You Always! To my wonderful Mom and Dad, Thank you for the life you given me and what I am now. You are the most greatest parents in the world. Thanks you for all your caring, supports, and understanding. I love you both so very much! Thanks to all my sisters (Nancy, Lynn, Tiffany, Patty, and Vi) and my brother (Vinnie) for all your help. I Love You all Thanx Cindy and Linh for being my best friends Your friendship I will always treasure. Thanx to all my other friends for being so nice to me. (Katy, Mary, Christine, Laurie, Cathy, Thuy- Bui, Kim, Loan, Wendie, Aroona, Diana, and Manichone. I will always remember all of you! Okay college Here I Come!

Pierce, Dena (Denny, Deano) Special Friends: MP, EB, DA, SB, AA, PW, SS, CM, DW, Jeff and my best friend, come on llenel Don't forget the ball! You taught me everything you knew and the ball still can't be palmed! Swim 1-4: EB, AA, SB, great times under water! How funky are your goggles?! How loose is your suit?! Water polo: 2 JC I can't carry that chair! I'm drowning! AA: We will always have that special webbing on our feet! EB- we met in the 500 and we've made it through the 100 fly. Our friendship will last, the lord has brought us together, and will keep us together. MP, you're a special friend that can encourage, enlighten, and enhance all the times that we share together. Mrs. Mann thanks for the encouragement and for teaching me live for today and dream for tomorrow. FCA-3,4, the greatest times with the Lord. Thanks Mom for all the love and support and thanks Lord for taking me under your constant care.

Pote, Bridget (Bridge, Shoog) Special Friends- Jesus, Carl, Kimba (cocoa), Ang (squeek), Lyric W. 6/86- I was saved! Phil Keaggy and Roby Duke concert at Horizons. Kim's graduation and 18th birthday! I love you Kimo. Air Force, here she comes! Chris- she loves you! Is there gas in the car? 5/17/86 Dinner with kim, Chris, and Carl at Elario's. Beautiful sunset! Remember Mount Helix, Maui in May 1986. Kim's faces and wild screams. Great times! "Don't you know that everything is gonna be all right." Carl, Kim, we've been through a lot, but I know we're going to make it! Thank you, God, for getting me through all this. Horizons church is the best! Thank you Grandma and Grandpa for supporting me. I made it through school! Praise the Lord! Carl- Our times together were wonderful! Thank you Kimo for always being there. Good Luck! I Love You so much! Thank you for your gift, Jesus. You are so great. Thank you for showing me patience and love. Anyway, the thing is . . . I Love You to pieces, Carl, And Mom- I forgive you. Everyone- strive for the best, but you won't get anywhere without Jesus! Bye Helix! P.S. Mr. Kirk, you're a great teacher! Take care!

Pressler, Jacque I owe my life to the Lord. For God so loved the world that he gave his only begotten son that who so ever would believe in him should not perish but have everlasting life. John 3:16 He has made the difference in my life. Thank you Lord for blessing my life with special people. Thanks Kristy Selder for your special care and encouragement in the Lord. All the special talks too. Doug you are always special to me. Thanks for putting up with everything. Thanks for being a friend I love you. The times with you (whatever they are, remember? are special. A dog man you are, you have a rambo on your side. Fun at lunch with water polo- Doug K, Todd S. Dan C, Paul N, Mike B, and Jason R, Tristan S, Ed G, and Jeff M. Special friends: Christy I, Shelly S, Mindy B, Tonya W, Hi Jim P. Thanks College Avenue for your support and showing me the love of Lord. Special thanks to St. Lukes for your kindness. John Pressler Jesus loves you! He is coming soon! Mom and Dad, hard times, but I love you, both. Mark and Kenny I miss you! Thanks E man for Matt for special talks, times and sharing love in the Lord. God Bless. Special apology to Melissa Learn I hope we can be friends. I love you Lord. You are worthy. You came so that we might have life. Forgive me!

Preston, Bonnie (Bon, Bossy, Marauder #1, balloon savor, Bazilian, Bucky). Hooters, Monkees, A-ha concerts. Pretty in Pink, Hobie, Cat-bury, Selling fruit salads zoo. More quarters! I-club, Head, Vagabond, Hunger, at Ken. X-mas party '85 hasn't stopped tickling. Marauder #1 and all, Diplo, Dave, thanks for fun. Expo. Mike, Don, seeing all, standing always. Butchart gardens, them, Ambia and Dangermouse, D.G, K.W., J.L., L.H., L.M., J.M., A.W., E.L., C.R., J.P., D.K. English with L.Z. T.K. M.K. A.M., K.S. RD. B.J.P. On the count of three, Anarchy! Ooh-aah. Open Bon account today. Social Spit, Avery, ok? The SOC. Holy Grail — NEE! Good job does. Life is small fish, stripe REM. Romeo, Dimmsdale. No Peter! Save Texas prairie chicken. Tom beat Miguel. Not my king — didn't vote for you. Got a five letter word for Doug. Uh-huh! 6-'s revalis party. Don't forget to say "hej." Dearly departed cousin Dave, he followed a bear into the cave. You looking around? No sabo. Hooterville, Mick Dundee, You trapezuis, You maan. Save Ferris. In my locker — I'm out! My brain is full! Freedom is not free — thanks Mr. Shepard. Good luck to: N.P., K.W., M.M., B.S., T.S. L.P. Like to thank all for coming. Mom, Dad, Nancy, my grandparents. "Life is just a bowl of cherries, so live and laugh at it all."

Purnell, Joseph Varsity Football '85, '86, Most of all having good times with Loren Wallace, Gene Barron, Jason Levine, Todd Capizzo, Karen Howard, Lisa Reardin, Cindy Young, Phillip Jackson, Matt Dowd, and the rest of the crew. Great times in Gene's hot pink Datsun, being pusted by the cops. Breakin windows with golf balls, going to the beach, Presidio Park, the movies, Oak Bridge and any other place we terrorized. Four years of horror with the Band, the trips were cool with Derrick Phillips, Laura Bingham, Amber Whaley, Gretchen Ingmanson, and most of all Tracy DeMent. I love ya Tracy. Fourth of July with Vicki Christensen, Sharon Stiley, Gene Barron at Carlos' house. Qweef qweef! Chris Scotese, Jenny Muir Keep on skating. Joey Heil and Rick Bradley hang loose and keep partying. Lori Bennett have fun here and it was nice going out with you. Bye! Young Life was a blast with all you involved so see next year. Alicia Berger stay cool and be careful with the Elite. Allison Odell say "Hi" to Mike and you. Jen McGee, and Ronnie Sterns have a great time here. Mr. Manor Thanks for all our knowledge and jokes in Political Science. Every one I didn't mention Love ya but there wasn't enough room. Love ya Trace DeMent, Vicki Cristensen, Cristi Ramsey, Kritti, Sharon Stiley, Angel, Shannon. See ya Heliz. Thank Mom and Edna for all. Love, Joe Purnell.

Quinn, Kathleen Cheer Highland League. Kath leeen Texas? Never heard of it. The gangs all here. Great times at State. Jill Nelson help us you chicken. Monica Orozco I need your muscles, ready lift! Lara Slater Z us go. Want to ride in our Rolls Royce? The odds were good. UGGI Follow that Porche. Could he be Prom Material Second best will never do, I'll wait. "86" and "87" Cause we're special. Beach Boys, Surfin San Diego. Always walk with purpose, consider it done. Linda Hodge my Library buddy, my support system, my right hand. Don't worry I have anther big toe. You need a parking space, I can help. Julie Garret How do we Rate? Well, what comes after ten? I have just wanted to know him, really he was the one. Jamie Krytes I hate Spa Lady's. heal what's this movie about? The lady's are pretty in Pink, I prefer RED! Windi Ledford Kindergaden to Twelve its been along time. Brownies, Camping, football games, Powder Puff that never was. Stadium "85" We always loved football or was it football players? OK, watching 83 and 7 you know were impressed. Memories couldn't begin to tell. Special friendship Thanx Win. Its 1984, Red Red Wine, Adam Ant SG you made my fifteenth birthday. Things do get better with age worth the wait. Lisa Delgado I still miss you and our time spent together. Four years of smiling, Geez my jaw hurts, endless laughing, Seemed like only a weekend friends make the world go round.

Quinn, Sandy Activities — Tennis 9,10,11, Tartan 10,11, Junior, Senior Board. Special Friends LH JN MO SH SL BS GS JB HM KH Special guys JQ TC X-mas Dance '85 with Craig Laurie Bobby McGees the Ferrari Bahia Prom '86 with Rick nice Limo DL my secret love? Dancing at Frat with Monica and Stacey 3:00 am Roast Beef sandwiches Taco Bell with laurie long talks River trip '86 chasing the winner bus with Jill SDSU Parties Forever cute guys Collwood meadows Lambda Chi Alpha summer of '86 Santa Barbara with Jill the Rabbit Convertible the gas station ha ha Andy the Gemologist Hope Ranch Radder Houses 582 John from arkansas CIF game Seeing double Funnel parents out of town for a month Party school nights? Monicas house. JC Too many fun times down south Tucan Crown Point Denny's Noel Randy Paul Garza Joe's rabbit driving to school I stalled more embarrassing everthings all X-mas '85 chorus line sneak & sniff JK and JN Blinkers craigs soccer game Freeway Freakouts 4th of July Toga Party with GS Jenn Thanks for being there what more can I say? KP LM LB JH tartan staff we had fun and to Jason thanks for all the fun times I'll always remember my 17th 8-day I love you always thanks for the roses mom dad LaLa Eric and Tim Thanks for everything I love you all Bye Helix thanks for the best 4 years of my life.

Raab, Marc Allan (Moose, Dinasour) Helix and the MAD DOGS Dominate this county. We're the best and we know it! Let's see, these past four years have been the best and worst. My Freshman and Soph. years were a joke. Junior year was awesome. The Stadium, Yes we're 3A Champs. Ha-Ha Granite Hills you went home. We broke Sweetwaters string! Basketball, fighting with Seymour. Goin to T.J. for let time with PG it was awesome. X-mas Dance so rad Limo Harbor House. RATT Day after X-Mas and New Years Eve. Awesome summer fun with R.O.S.S.S.. Yogi, Toe, Moose, Weazel, Squit, Stake outs! We caught you Amos! Melle Mel get on the WHITE Track! D.M.O.-L. We've had some awesome times. Arcwel, 3x4 nice toilets. You gettin torn up by the monster A.T.C. Lil 8th grade beach Tink Tink! F.A. Kit I'll call I'll call Gramps. Wrestling Rap 86. You're Howard bound I'm L.A. bound. I know we'll stay friends anyway. PG Thanks for the fun times Like TJ Flaco take it easy on the women Don't get frustrated. Lori- Stress don't let it get to you. Happy Camper! Stacy, you're really special don't change. Thank you Ms. Basgall for all you've done for me. Mom, Sis, Grams, Gramps, Greg Thanks for all your care and support Amber and JJJ you're growin up so fast. Slow down and enjoy it! Look out college I'll be on my way soon. Not to forget fine females at HHS. ER VP SH MO DS and GS, just to name a few. Bye!

Ramos, Carlos CIF #86 #74 #89 Leaders of the Pack. Wild African Dog Defense. Loren I thank God for our friendship. College bound. Young Life Rules! Thanks for all the good times. I love you Shannon. I will never forget you and Angel. You both mean a lot to me. We've been through a lot. Eagles, Hillers and Norsemen. You've always been for me. Last year Grossmont Runner up and CIF runner up. Now Grossmont champs and CIF Champs. We're NO. 1. Thanks mom and dad for all you understanding and support. I love you both with all my heart. Thanks to my gang Pooky Sylvia Michelle and Julie. To Gene's paper plates Matt's scooter Loren's braces I remember them all. To my special friends Loren Wallace Matt Dowd Jason Levine Joe Purnell Ron Meining Mike McCombs Lisa Reardon Karen Howard Carrie Ellis Gene Barron I love you all. To all my football buddies we're the best. Paul thanks you for all your help. You are a good friend. Dan thank you for helping me get closer to God. Jesus is my friend. My senior year is dedicated to you mom. This is what you wanted and its what you got I love you mom. Thank you Helix. To Coach Ash Arnaiz Dutchman and Van Hook. It's over Ms. B to #11 #12 #22 #60 #74 #86 #89 #64 #7 #9 #63 #21 #23 #24 We're the best. Shannyn I will never leave you. Class of '87 rules. Mad Dog from Los.

Ramsey, Monique Friends to Remember: Jeri, Joe, Gina, Jirus, Valerie, Eric, John J., Stacey, Monica, Laurie, Becki, Perry, Paul, Todd C., Todd S., Derek, Mark, Marc, Bubba, Keith, Mike H., Heather, Tricia, Traci, Tiffany, Stacey, Sandi, Jill, Kim, Kym, Mike M., Kiko, Kenny, Joe, Robbie, Ricky, Rick, David, Jason, Brad, Reina, Jamie, Christy, Kristy, Matt, Phil, Phillip, Tom, Ronnie, Tracy, Tim, Eddie, Mike S., Brian, Brian, Carlos, Mark, Bobby, Sammy, Bruce, Clint, Steve, Andy, Lee, Katie, Leon, John A., Kathleen, Windi, Todd H., Doug K., Sidney, Shon, Kiki, and Derek. You've all touched my life in your own special way! Jeri: my best friend, thanx to you I've had the best times of my life. Joe — You're closer than a brother but better than a boyfriend. Gina — We made it! Paul — 9th grade, you were it babe! John — thanx for the special times. Robbie — you were my closest friend and so much more. But Perry, my first love, my forever love — I will NEVER forget you! November 2 1985 will always be ours. There's a first time for everything — my Saturday Love.\* Jamie, Reina, Jili, Stacey, Monica, Laurie almost Thanx for sticking by me all along. Val — Jinxi Pinch Poke You owe me a coke! Potato mel! Yah well that's cool! Shakal! You can't say we didn't have a ball! J.V. Cheer 84-85 Varsity 85-87 Cheer Buds — it was a blast! Friends we are and Friends we'll always be! Choo Choo! Did somebody say PARTY? Thanx Mom and Dad I love you! Helix — The atmosphere — you've gotta love it.



Remer, Don Here we are at the crossroads of life. Never thought I'd make it this far well there's no turning back now Remember the good times and the bad ones Drakes English no work and slow return times Chemistry and the F plus club Honors Geography the Family tree migt Lueke weird Al Pirie and the wonderful world of Biology the Duke and Mr. Boones World History Shepard and the morris T-shirt Toughil Deutschland uber alles longe wohnt der reich Merr Knott we will all remember these as the best or at least mediocre years of our lives Craig Weeber, Wei Sun, Chris Hamma, Chris Maroschak, Joey Wong, Jason Ohmsted and last but not least Jason Darby life-long friends. Thanks to all the teachers who helped along the way and to mom for all the faith you've had in me Bye Helix and remember the class of 1987!!!

Richardson, Traci Activities: 85-86 JV Cheer. We had a blast! Thanks to all my cheer pals! Friends: Tiff Trish Neda Heather Monique Sharon Barbera Missy L. Stacey L. Monica Missy A. Lori Jamie Kristy Melissa Amy and Dave Cole! Can I be thm fer a day. Kiko Kenny Brad David Ricky P. and Robbie. What's Their Point? The T People — Look Out! Spliff, splish, and spieda. Hiyawathall! What! I Luv you guys! You're the best! Especially Tiff. Thanks for everything. You've helped me through lots and I love you for that! T-N-T POW! Twins! La Jolla — Beverly Hills! We can't forget BARNEYS! Are your high beams on? Trim your shrubs you hedgecutter!!! We've been through lots and I just can't have it all. Thanks for being my friend. What! Also Laya, Fontaine and Coral in LaJolla. You're looking DENIM! Remember our saying? Shimy, slick — slimy shick! Heather you're lookin pretty denim in your P.J.'s and boots. Thanks to all my friends. I will miss you all. Thanks Mom, Dad, and Denise. Bye Helix. BETTY PLEASE!

Riechmann, Nicole Activities: Tennis — team I-Club Memories: August, 19th Dusseldorf — Chicago — San Diego White — chocolate — cheese — cake! Balboa — Park. "A room with a view" Suzukil September, 29th Teq. Party. 100 Briefe von Muttill Love to My Family, Mom, Dad, Joerg, Katja, Strolohi Missed You! My Love I can't wait! Portugal 87! Forever thanks to my best friends Jessie, Marie-Ange, Sisko & my favorite brother Jimmy! Thanks to my wonderful Host Family! For all the help and all the Love! Thanks World Experience and especially Mrs. B. Nyel Great time on beach! California boys! Surfing! Aqua-cycling! Knott's Berry Farm 15/16 Los Angeles. Breakfast in bed with Marie-Ange Fun at Horton Plaza, Jack in the Box, Denny's, Miki's Hi to all girls in the tennis team and coach! Great Time! Good Jobs! Thanks to all my teachers, especially my counselor Mr. Singer. Meet me at the Crest! Hi to Alex!! Siuxel! Schenna, Guido, Uwe, Mikel, Robert, Mei, Meike, Fred, Petra, Stefan, Wolli, Stefan, Andy, Jingo, Tino, Martin, Elizabeth, Anne, Dominique, Aimey, Lariss, Chris, Ludo, Vanessa, Henning, Sylvia, Constanze, Sonja, Claudia, Mark, Christof, Hasl, Simone, Joerg, Rudiger, Ralph, Siuxel! Jojo Denise! English — Leistungs — Kurs 12 von herrn Kussmann. — Thank you for gaining weight Peanutbutter, Pancakes, cookies, Mrs. Fields — American Football Thanks for seat number 37 U.S. History all my love for Michael My favorite friend!! Wedding 2 children I dog. Thanks again to my favorite wonderful family in Germany! Missed you! Having a great time in Americal Class of '87.

Rodgers, John (Keebler, Bobo Sweetie Johnny Mat-sewy) Activities 1,2 Cross Country 1,4, track 1,2,3,4 orchestra Memories Best buds LW BV SD MB BVG GS MS ML RD RE SG MS JQ SS SM BP DM VM SS Great times with great friends Things never to forget those crazy LA mount miguel poway beach and burger king runs. Those crazy sayings I started (whatsup, feelfree, bless you, you best run home well — well — well) and of course bark singing also the time we received a superior at Festival it was the first in nine years, orchestra was one of the memorable experiences at Helix I'll miss it. Lunch at the wall with the gang always fun. The Great Japanese animation that I was introduced to like a fulfilled japanese artist. My greatest moments were, spending endless hours with Lesley and loving every minute of them, racing to get Mike and finding out that he had already left and racing to get back in time running in and having the surprise of Lesley throwing my violin down on the concrete I almost DIED. Thanks to all my friends for making Helix fun. Only at Helix could I realize my dream to have a 68 Pontiac Firebird and to be with Lesley always. Thanks mom I couldn't have done it without you I love you and thanks Lesley for my rebirth I'll love you always! Later Helix!

Rodriguera, Melissa (Shygirl) Great times with BEST BUDDY Aurora Perez, Doug E Fresh concert, ready for the world concert, stratus. "Nice changing in the car!" You drive, I don't have a license. Nice steering wheel. Did you watch topacio? Cif '85 "Gucci sweatshirts with welfare checks." Theme songs: "fly girls," "All Cried Out," "They be illin," "frenz," "MI AMORI Couple Of Fine Guys and Couple Of Best Friends. Aww, First Love! Thanks Sam Jones and Nunu for making this an "Interesting" year. Thanks Sam (#86) for helping through the heartache. "Freak of the Week." "Miss September." Tom, you're a special friend. I'll Love you dudes FOREVER!!! Remember September 25 '86 Oh No!!! Close call Nunu, "Preggy." Thanks for crashing my car Tom!! S.O.S. Jams "Wake up Helix." Marcos te amo con todo mi corazon. #23 mmmmm Mount Miguel after school with Bubbles. Homecoming '86. Special friends: Rosa Bonilla, Steph Arceneaux, "Shiela", Jackie Mattison, Tom Adams, Philip Manzano, Sarita Rodriguez "Sis", Joel. Helix would have been bunk without you! Hang in there Yoyo! Nice Locker, Aurora, Purple! Thanks for putting up with us Leon. Nice Senior pictures! Family studies . . . Oh no! Terry's Rapp. December '85 was very special to us. Nice arts building. "Mis ojos!" Aurora, I don't know what I would have done without you. I love you Mijal We've shared a lot of laughter and tears together. (mostly tears!) I'll make you proud Mom & Dad. Baby dove, can't forget you! Stay away from bad boys. Good luck with "Orko" Hang in there. Take Care.

Rodriguez, Erin (Hot Rod, Airhead, E-Bone Steak, Mud Duck, E.R. Super Star) 11-02-85 S.G., G.B. and S.M. Remeber 4-Ever! My Fabulous summer companions MJ and JJ Mett me at the laundramat? Michael I owe you so much (Lunch?) Thank I Love You! Thank for 4 Best Years. Double "F" Garr thanx 4 so much. Kenny the one to remember Never regret I won't! Red Black White Dave's Fave! T.G.T. — My Bro! I love you 4-ever Val-I-Gal Chigger What's to say? Melted mascara, hairspray, mirrors, cards til 3!! Krissi — special one! You are the best to me! Good luck with him! Mr. Moe my second best Dad Thanx for never giving up on me! B.B.F.F. Stacey you just don't do that! M.V. is 2nd to H.H.S.5. Stac-Z!! Sheri-Bear! Fun times Canada eh? Thanx for Randy and Bert and true blue poems! Helix was great I was naive, now it's time, I think

to leave! Dart — Still Fave 2 years miss thanx to have u back again! My tutor Steve Thanx sugar Dad mucho! To the Rad Rod Clans Dad, Mom, Ash, Pikey, and Angie — I Love You All Thanx for letting me be me. The more store! Thanx!! Understand Jelly-Bear

Rodriguez, Sarita (tink tink, Saritee) Best frenz, BP NC LK HL DH DS PC TK TB CH Best buds, JH PD JP BH TP PK RC BB GA BM TAB DS TLB RC JG CM. Thanks for all great times. Love my babers! CN RG PP, I love you guys! Nov. '87, Robby's truck. Pauly, you're my buddy! Thanx for advice, lectures, grins, love, luv ya babers! Remember, 'lunch', Adam f., Helicats, Schmitt, Huntington weekend, Mickey's, pier, Ozzy tickets, accidents, Lawless, Le Duc, Randy, leaches, 'our mtn.' Hellcat Halloween, "Spoccoll", "Cary" James, Miller, Paul, Mt. Helix, running over orange cones. Cosmol Bill's washcloth. 100 m.p.h. 'oh . . . queen', x-lax, vamp, Ac/Dc, Jamie, Brett, li, L.S.S. Love to Kenny Miller, R.L.P. and friends forever. Bruce Marshall, RAD, work, camels, ride free Harley's, thnax bunches babers! Battle, Nora, Dana. Love little Dio. 'Strypes' Trees Not Bush! S.V.B.D., Crazy Craig, Radical Robby, Potent Pauly, Ro-man. Team Bush! S.V.T.D., Ssarita, Nnora, Llisa, Bbelin. Team Trees! SVKID. Terry's bush. James! Crash! On my car! Up with Tommy, Terry, '18', "Paul, steer!" "hit it, lights red!" Highwood, 'no driver', have drag? Mat Maids, razorback, Round Table, snow. "Pizza for Matt", thanks for memories, 'baby'. Love you always! Saritie and Peyt '83-86'. No more! Owe it to Pauly. Crue Brow. "Get off the Grass!" You guys, wait! Thanks Debby for friendship, advice, love, Belin, luv yal Renee, Summer 84, Nora, Lees 85, Master Robby, Raincheck! Rosa, Steph. Luck to all senior frenz. Love, thanks to mom, dad, frenz, family. God Bless!

Rogers, Jason Special Friends — TS TS YH DK JM EG Freshman — Playing with S.D.S. Frosh P.E. never again Summer 84 Disneyland with JK JE TS Summer 86 Britain and Scotland with my pal LC Keep playing! TS (Mr H2) Thanks for being a great Friend Let's hope we'll always be pals at heart. TS (Triscuit) You're going places, so keep it up! Give 'em hell bud! JM did we ever study for AP History or just cruise with P.C.? See ya Top Gun. DK Don't mess with me because I be bad YH A man with a soccer ball best luck in everything and let's K.I.T. To all my friends thanks for the great times I'll forever treasure what we've shared Always remember the four keys to life. Sex, Drugs, Rock n Roll and Dvorak. Thanks to Isaac Maltin for all his wisdom on the violin X-mas dance '85 with JB Thanks to all my teachers How did you ever put up with me? To my parents the greatest people in the world I owe everything I Love you forever and always Mom and Dad xoxoxo My future is so bright that I gotta wear shades. To all. Enjoy Helix It's a great school! Med School, fame, fortune here I come. See ya!

Rubio, Christina (Bugsy, Shorty) Special Friends: JM YM KH LG LH MR CR KM LM Thanks for being there for me I love you all. 85 86 football games Spirit Squad 86 Wimpy Hefty Hefty Summer in baja. Yeah!! 84 86 M.G. Princess San Francisco with JM "Bolts" Youth Group disneyland with Roach your great Love Yal Dominguez hair puffed! Best time ever Burger King Gang! WATCH OUT!! Swim meets with KH CR Janette thanks for being a true friend We have been through a lot and more good times to come I love you 16th birthday Thanks for the best birthday JM I'll never forget you Kathy H. We have had the best times with PS CB Remember MP Sure you do! Thanks for being a friend I love you Sid B. Thanks bro. I love you!! Kathy M. "more water please!" First friend I met at Helix, your the best. love ya also JS we've been through a lot your a great friend Love ya bro. To my other special friends: Rosa B., Neshia B. Stephanie A. Michee C. English How fun!! Got caught in the zoo Nappy! Nappy! Love you all. Leticia G. Glad we became good friends your very special to me Love yall LM It's been great knowing you You mean a lot to me love ya To my sisters Theresa Carmen Thanks for being there for me I love you both Mom and Dad you the best parents Thanks for your support I love you both very much. Helix your #1. Bye now! Class 1987 We made it!!!

Ruffer, Jennifer (Hey Ruff) First week 9th grade, "Julie is this a mistake? to late." September 16th we'll never know. Fun times inseparable until, "ioshmont, you can't go there, and leave me here!" endless blind dates! Your back! 16th B-days a new beginning, in every way! Summers here, totally awesome, beach!! Sun!! Dr. Deans, "me hypnotized no way . . . zonk (fall down) T.J. I cna dance, must be intoxic. Santa Cruz, busted, Daddy got mad, Worth it? 76 ft. blond, blue eyes, Surfers what more could we want? Thanks Jewells, memories forever. Movies with SH JJ KB (so cute) wish could do it again!! Knew I was working in the mall for a reason, that's how I met Bobby, 1st date, what a flirt, El Torito, drive-in (what movie did we see?) Romantic beach walk, dream come true. Love you!! Magic Mountain. Funnest in lifetime. Thanx for beautiful ring!! Love it. Your smile brightens my day. (Almost always) Sorry your so far away, soon we'll be together. Thanks LH always listening to my problems, and all friends! Bobby and Jennifer, 2 years yeh!! Oskarr, favorite pup. My sweetie to where am I going now?? SDSU or up with Bobby LBSU see ya there. Can't forget me new susuki "Jensmri" Jules and me have fun fun since nobody cna take my Samori away!! Thanks Mom Gramma and Oskarr, helping me make it through H-school. love you guys, Daddy too. Julie, you'll always be me B-friend!! And Bobby wanna be with you Forever. Bye Shepherd and Landry, favorite teachers!!!!!!

Sampley, Brian C. Pipe Band with Rob, Leah, and especially Amy. Thanks for all the good times and the headaches. You always did a great job when it was important. I will miss you all. #1 Pipe Major 84-87. Good Luck to Pipe Majors 88 and on. Mr. A. Kev, Steph (Mt. Carmel chair, 85), AS BJ BP DA DP JB GP PS SM, and all the rest of my Bands Buds. Keep up the SPIRIT and you will always WIN. - Jon, Bill, Dave, Todd. Remember camping at Laguna. Bill's locker, Bill's accident, CHUDING, Summers, and all our great memories. Keep on Dreamin' and the treasures waiting for you will flow in. Long Live Juan Carlos!!! Special Thanks and Love to Mom, Dad, Eric, Wendy, AG CNK AS LS BP and AG again. Keep your chins up and your Backs straight and me in your memories as you are in mine. — Fightertown USA, Farefield Sweeps, Jon's B-day treasure hunt, Z car, X-mas 85 with GP, is hamburger ham?, tag, battles, Amazing Grace. Amy, you owe me a pillow. Bye Helix.

Sams, Jeffrey Thirteen years coming to an end. Sometimes it seems like a lifetime, other times Kindergarten seems like yesterday. Lots of good memories. Sneaking out the window during the film with Dean, competing for grades, ditching sixth grade to 7-11 Mr. Hinman at the

corner. Late night window outings with Matt, the pool at the apartments, vacuumed puke, pushing the car back into the garage. Bigfoot, Beaner, rag (shellie) Nice Names! Fun times at lunch. Blanche, Bud, Manerva, weiner, Dawnino, Zena, Renie. I love you guys! Confusing relationships. What's next? Acting like a girl. Let's go surfing. What to play Jai-Alai? Jai-Alai at Helix. The beach in Pat's van. Railing, you Tweakers! Leaving for lunch. No more tacos. K milkshakes at Renee's. Surfing on Dawn's porch during school hours. Being attacked on my bed by Manny Moe and Jack. The Senior block. Painted parking spaces. I wanna eat it! Time to go back to my cell. Grace and Slick. As the Big Mac Turns. May 23 1986. Cindy. Well toots, we have come a long way. August 23 1987. It's gonna be a great day! It's all been worth it. Too many oxymorons. Just trying to get through these confusing times. day by day. What's next? Who knows.

Sanders, Wendi (Bubbles, LuLu, Jellybean) Kym and Wendi-Best friends forever! Great times with special frienz- ML KC SD TS 5M CA GB DK TS TS JB, etc. AA forever! That's em, no doubt. Boy Bobs Big. Football games, or parties, or do we remember? Don't forget 20-10. Fun and special times with Youth Group: Sea World, dancing, 9IX, softball, Bessie's house, Mark's house, quarters, the lost bonfire, full moons. Lake Tahoe 84,85,86 burgandy, heavenly. Jake? party on the pier, shopping cart, no thanxs we're gay, midnight laugh attacks, Jason, toothpaste. Summer of 86 with Jeff, beach, Fritz, and Jim, cruzin. Seaport Village, you wanker. OB pier, buzz, swings, party. Vivarin, Purger King, Wendi (plus) telephone pole — squish. Kym, Chuckle, Chuckle, Chuckle. Whoppers, Gizmo, Tai, Bacon Soda, what's you point? The Monkees. Leisure Lanes buds Mike, Tim, Dale. 4th of July. Swoop-Swoop. Running into walls, should I laugh or cry? What's that on your head . . . a wig! Paul's party- hot tub, Kym, where's your pants?, bellyflop, falling in window. Hi Momi Who broke the bed? Jack-in-the Box run, Land cruiser, van with deformed people chasing us, their shooting at us! Diane I think I pee'd my pants! Fun down south, Toucan, cab with sunroof, the LAB. Wibur the worm. All my special times with Chris, 11-2-85 Prom 5-3-86. Paul and Pauli, Thanks for believing in me. Thanx Mom, Dad, and Steph thanx for putting up with my little escapades. I Love you. Kym- We made it!!!

Sanfilippo, Tony It all started in ninth grade dazed and confused but interested meeting people making friends Frosh ASB President tennis team Junior varsity most valuable player no way Big changes moved to Pacific Beach Mission Bay high easy open campus Too easy semester of tenth grade back to Helix what closed campus strict rules? I can live with it It's good to see my friends eleventh grade was a mysterious year meeting girls heavy partying old rock and roll cruise in my 70 Staag interesting topic hard work add a lot of time money lots of money twelfth grade year back to school already my year Grad year better do well study work hard push satisfaction guaranteed the mountain trips to Laguna Palamor special times with my good friends John Crone Bob Shellman Sean Canor Jason Mansfield Communist country oh my Mike Poulard when are we going up next remember honwys Jennifer wendy habbe and many others but hard to remember Beatles Hendrix Pink Floyd Zeppelin doors special times at the lake and Cowf's mountain and my other friends mando patron and carlton may what a bunch of lunatics going crazy trees streams fresh air like harmonize with music piano guitar bass mistic g groovy way out peace I Love oranges parents important people I Love my family and my friends and will always have memories locked in the back of my mind with a golden key.

Savage, Reina L. (Rein, Connie, "Purple," Reina Lynn) Special people: JC JS SG TS LA JJ JH and lunch time studs. Forever in love with Javier Castaneda. I thank you, for everything you have done for me. Summer of '86- "different." Izu or Izu not my baby? Stand By Me. Roses. Unfaithful? Boy, you just don't know! Jack bone, (me) TS- "Cacs will always be us! Coda? Dancing till . . . "Drop." Racing home at 5 am Stop sign? JS-I'll always be here for you. Best buds till death due us apart. LA-My leash is too tight, help me. Best of luck with PG Lunch Time Studs- Love ya, big brothers! Me and My Teddy Bears, forever. Mr. Bug. Selling newspapers at 12 midnight. May Connie C. Chung live forever. Spacey-Monta Vista? JJ-someday soon, give it time. Great time. Great times with the Pacers, #10! Hey, it's time to get HYPER! Rumors. No jealousy, please. JM- my locker bud, Love yal My parking space will always be better. Varsity Softball has been "real" Will I ever grow up? Hopefully not! Ingrid and Hubert are great. Always being alone. Stick in there little brother. Be nice and good, always. Parents out of town during summer-please leave again. The beach. Zoom-Zoom! Come here! Cinnamon French Toast. It's okay. Hallare Family- You're special. To my family- I know it's been hard but thanks for putting up with me. And I do Love all of you. You have raised an O.K. daughter, Ms. Reina Lynn.

Schindler, Carrie Later on HELIX! Many Thanks and Good Times with Dana Hardin, Heather Leon, Jeri Peltson, Cory Schimke, Mindy Lanzo, Highland League and all the rest of you. Special thanks to Shelly MacNeil, Deta Kaemmerer and Dwayne Schinke. Good times in T.J. with Shelly, James, and Troy. It was fun! Deta we had good times and bad and I do not regret it. Troy Schimke you helped me set priorities in my life to discover who I am. I Love You!!! We have many more good years to come. Mom and dad you deserve to sit at the throne of thanks. We have our best of times and our worst. You supported me and Loved me during my four years of high school and I appreciate and Love yu for that. Remember, no matter where I am or where you are in the future I will always Love you. Little brothers I Love you too! Good times at Crown Point and many other parties with Deta Kaemmerer, Dwayne Schimke, Shelly MacNeil and all the other party goers Prom of '87. Long white Limo, hotel room, and party, party, huh friends? Graduation! We did it! Class of '87 was the best. It started off rough, but it ended nicely. I have it all, mom, dad, Troy, Friends and my diploma. Time for a new beginning just as I got used to the old. But as we know, life keeps on going and so do the people. Thank you Everyone in my life! Bye.

Schmersal, Lori (Mama war buck Smerdal Smert) Activities: Young Life 1,2 Campus Life 2 Soccer 1,2,3,4 Volleyball 1,2,3 Track 1 Softball 2. To my special frenz ND JS SG ER PB LH KS KM- Thanks for your special friendship, your help and support. I will never forget it. Liza and Tom congrats! Thanx! ND=Tijuana mama ariba ariba LS JS PB JM Secret lives "Stacy what should I do? Too many!" O.T.L. sounds of spaztisties Bloop! Bloop! Bloop! ariba ariba! waa! "We walked at 3:30 am Stacy,



"Mr. Hayes . . ." LMJH. English they'll never learn. Laurie, Spazi Landry's English-Comedy scene! Mr. Sheps History "Do you have it?" Val, anew friend, Corrupted by "3" we never leave anyone without a smile. Thank you guys. You're the Best. T.J. Junkies Stacy get a job! 4 Gone! Are you ready for fun?! Best Times— Soccer! #1! Oh so close! Bury me on a Soccer field! Thank coach Moe, a great coach, a special friend. Den, my best Buddy. Thank you for everything Mom, Dad, Bob, Nick, as I tried to grow up, there was pain and joy. The Love that you show-sometimes hidden- But I know. You have taught me well. Trust yourselves, trust me Love you. Bob, You are almost there You have been a great friend. Who could ever imagined that. Good Luck, I Love You. Nick, Babycakes, I will always Love You. You mean more to me then anything else. Grandma, Grandpa, Jack, Nana, Tata, Thanks for all you Love! 3, C-Ya

Schoolcraft, Darcy (Dars, Dar, Weedo) Journey number one always Ford mustangs. Fast times in Eric's '67 Firebird. It's about time! We made it Klan! Good times with my best buddies always "The Klan." Don't forget the good old days especially at college house. (Dree LA Sun and Dar), where we got those names Nobody will know! Will never forget ER AW LA SF DR KB JK AT GO BM TE RM DH "Halfbreed" DM JA SB MC AT Scooooot BP Second street, where I met Eric Russell and have been going there ever since. I Love you Eric! Thanks for everything. Special thanks to Moo and Papali Got one more to put through this, Hang in there! Love you Dulcie, Dwayne, and of course Shaaw! Glad we made it through this hell together. It's been real. Wish me luck! xoxox

Schoolcraft, Shawn (KoJack) All I have to say is the Last four years have been great ANNE WENDY GLEN you're the BEST! and thanks for putting up with me so I guess I will be on my way now you know moving on going on to bigger and better things who knows I might become a bum or something but don't worry I will be back or maybe not only time can tell or can it? Bye Helix!

Schrock, Debby (Debby "Strypes" Schrock.) Bestest Bud: "skillet" Carter. Good Buddies always, Belinda Paniagua, Dana Hardin, Heather Leon, Sarita Rodriguez, Lisa Keller, Kim Smith. "Hey God Freak!" We Love Bear Lakell! Wham man, if you want my Love you've got it! 2 tracking. Ow my head! "Oh wow!" Frog legs. Hmmm those were some crazy times in Michigan. Dingmans forever. WB SE, "so to speak o.k.," Who's Johnny? Rock'n Roll you guys! Smile and dial! Head table. Re-billers Rock. Where are the taps? Johnny walls, Scott walls, "Suzie Q", "Delightful Dana", "Panorama," Raw rookies . . . Hal Welfare checks every other Wednesday. Mothera Hellcats insane "Rockers wedding." Suits and dresses, (brides side), Leather, Lace and Levis (Groom's side). Heather's Pajama party. Lord Helicat. Styles, warcat, secret agent man, sarge, and crackers. "Shake mel!" Cinderella. Stryper. Cosmo girl, you are so tropical! Yellow and black attack!! Doughnut backwards in the parking lot! Get your "kix"! I love you Robby Bachman! Big Bear. "Oh, you're the Queen!" "Jump!" Idlewild, "Blow chunks, blow chunks" Bob? be careful. Jet lag. Why Priscilla? Why? Queensryche XES SENIHCAM Ludo Diels! Yeah, so cool, cool, so hot, hot. Meetin' "Brian Jay," Warren DeMartini," "Chris DeGarmo," "Michael Sweet," "Brett Michaels." Crayons in the ears at Bob's. Hey, the pumpkin still works! Kenny Miller we Love you. we will never forget you! Mom, Dad, Steve, and Chris I Love you. Look out Dave, me and "skillet" are on our way to Michigan. "Skillet," Bill, Steve, have fun in '88, '87 ROCKS! O.K. Later.

Schroeder Eric Well my four years are finally over, and yet it seems like only yesterday that I was a Freshman stumbling through the halls, but my time is up, and I am out of here. I would like to Thank all of my friends, and especially my parents, who gave me support and helped me make it through. I could not have done it without you. I had many good times, who could forget cruisin' with Buckwheat or The unforgettable times at Squarepan, like "There is a spitwad in his Coke" or the under the table pizza splatter. Going crazy at "The Wells" with Tyler and Chubba. The rollercoaster and almost getting stuck and lost. Mike don't lock bumpers on El Cajon Boulevard again. I had great times with Chris like getting "hot dogs on board" or arming the torpedo tubes in glamorous Santee. McDonald's with Chris and other Borrego mutants was great, especially "Are you two brothers?" No we're? Going to Oingo Boingo at Del Mar, and beating everyone's dream car on the way home. I can't forget, from Eric and Tyler to Chris "Surfs up" Can't ruin my hair shooting the pier, gotta look cool to impress everyone. I had great fun with all of my Helix friends too, but none to compare with the things that happened in the desert with all of the mutants. Many past good times, but the best is yet to come. So much unsaid but nothing left to say. See ya Helix!!!

Schweitzer Duane Best Buds- MK CM DS DS KH Over the Line with MK and JC. Foul Ball. Football, Basketball, and OTL, with CM DS DS. MK Don't forget Mira Mesa, I sure won't. Ralph's, the first and only job. Favorite groups- Ozzy JP IM Led Zep Ratt AC/DC. Van Halen concert in June. Ratt in December. Hey Chris I would like you to meet Michelle. Mr. Shepards Crew: DS DS DS CM ES. Doug, Biology 1,2,3. Sophomore year in Spanish with MM TL BJ. Singer Ha Ha Ha Chris -I-101 Love You Mom and Dad Good Luck Sis. Goodbye Helix Hello SDSU. It's a long way to the Top.

Scribner, Greg It's time to say Goodbye to all our company M-I-C- See ya later . . . K-E-Y- Why? I Don't know . . . M-O-U-S-E-. Opps! Ahhh! My brain is melting! I've been to many schools in my life and Helix has really been on of them. If you knew what I knew about Taco Bell . . . oh well let's leave it at that. Greg? here. Greg? HERE!! Who's there? Not you again! Take off (eh?) I think they need you in the back? "Free at last, free at last, Thank God I am free at last!!!" (C) copywrite 1986 Anybody who dares (or is stupid enough) to copy this article of abstract meaning will be convicted of being mentally insane! Rock till you drop! The End- Really!

Selder, Kristy DW JP LS JS AM JR JR JS DK MB ND JJ LF CI EN KD SM TK DS AN. River Trip '86 Life Began, Thanks Jackie. Hume Lake, TNL's Thanks Micheal Harold You've been a teacher and a friend, the Best! All that macaroni-n-cheese hell just cn't get enough. Pickle, how about that wad?? Harvey's ball bangers! Aileen-our 1st party together remember Dick? Was that his name? Who cares! Sweet Jame, it's been fun. Alg, what do you mean we got a- what not us! Myra's class, we'll never pass the test we're slob! Stay that way, God Bless you! Jacque

thanh for the talks, the fun, and the prayers. We'll just seek the Lord. Jr. 27:11 Put on that armour and we'll make it. Thank for getting me through. Anthony-can't thank you enough for the fun & love, they were good Times! Grunion. O'Hungries, Law St., The Boss, The Lake, So. Mission, Late night talks, Poker, Del Mar even though we ain't got money I'm still in Love with you, ya big Stud! Thanks. Dootz, can never thank you enough. I'll never treasure a friendship more. Thanks! Europe here we come, watch out! Mom, Dad, Thanks for knowing what you were doing! Dennis Kathy Dave thanks for everything, you're a wonderful family. I couldn't have asked for anything more. It's been a great 18 years. thank you all. Now I'm off and running the race- set before me- Lord help me to run with endurance fixing my eyes only on you.

Shamordola, Kristin aka: Shamalamadingdong. Speech Team, Swm Mgr, Tartan, H2O Polo Fan. (Yea- wht an active person!) Spcl dte: 10/19/85. N-n-n-Nine- teen. Tms w/ JB TH & PW. "Bev Hills Cp." Hallwn '85. Snta on the Nissan. X-mas night: zoom thru Mt. Hix, the big Dipl V-day: rmlf of red bloons, dnr. at Blk. Angs (yr Mm & Dd r here!) Fun tms at Buck's Pad: Crwth, lasagne, Bbq chikn, "Bad Boys." Ssth in brss trnk. JB's spzsd. PSB on MTV. Brkfst w/ Beney. Knot's Bery Frm. Upsd-dwn smch. Lost on wy home. Dave's Prty: 2Sers- no elbw on table! No say "Drk." Przl jwlry & crk boat. Ylow hnd mirkr. Bailey's, Steve's Prty: dnt wanna go. am/pm brgrs. Levi. "Hot Rod Lncn." Supr Trkrs. Bill's Prty: Pat had 3. Glu Bl's to's tghrl O no- the Cpsl Rmbr wht Jff sdi Prvrt. Hve a "bon" tme in Frnce. Serende at Farls. "U dnt hve 2 say u lve me." Sr yr: H-bk rding (PDQ, Hadji, Carm, Cloud, Fncy.) Tad's Ingr: ouch! Hacksw. U & Scott on the '57. It'll be mint. (Wana crz to Malibu.) 10/19/86: Rad wkend. Dnr on patio, Cnfetti & Cndls. "Chimpne Prty at JB's: naughty. chz ball fghts. DA was there. 4 am. Sun. Julian, apples, fun drving! Appl pl. Hpy Annvrsry! Krs mving 2 dybrk. 2½ min. (Uh oh) Rmber: phn in physics w/ TS, AM, DC, MB. Rzs on table at Fddrkr's-right Mr. Lndry? Spce #19. See ya at UCSB. Dnt strss, JB F/F, KS, JB, PW & TH. In the tank! Meet me 10/19/2000 at lfgd #8. 5 pm. See ya there.

Shaughnessy, Kristen (Cricket, Spike, Scriggity, Shaunesko) Ladybugs and then . . . Big H Kiki JAF nice games girls growing up in Rosarito the art of meeting and bailing "Might take it that way!" Whitewash Beach-combing "I'll buy" Pineapples and parasailing chalk it all up to experience Honest Joe injun, Aileen. It seems like more than two bowls! Weekend escape, only \$7.00! Costa Brava no trouble. Violent Femmes- Hey Dawn, where's the cash? Hangin' with the boyz at Collwood social affiliates of one group then another. Always move on before you wear out your welcome. Greg- Thanks for remembering the forgotten man! No more pyros for me. Halloween '85-'86 "There's a boulder in your eye!" Eileen M- You're more than just a #. Snagged with Ricardo, always someone somewhere with a big nose who knows! Beta spring rush, adventures with Dara "What blew up on her body?" Cruising Newport. Alias & BMW's are easy to get used to but easier to live without. J & A- Thanks for always carrying me (I know it's not always easy!) Watch out for holes in pantyhose and guys with shorts outside their pants. Mom & Dad F.- continuous laughs and a home away from home- Thanks! Pots of love to Mommy, Daddy, & Big H Absolutely the finest family in the land! Big thanks to God, too. No Regrets. Bye Pat.

Shea, Cori (Punkin Head) Randy, u dearest and Best Friend always. Special Friends: BLS, you're like a sister to me. It seems like yesterday we were so young. Thanks for all the good times and special memories. KM our one night out! What a blast! What's Burning? Oh my God! My shirt! Shhh! to all our secret talks, you mean a lot to me! MG, hula! hula! Partying in the backyard. Punkers! We've been through a lot. Remember I'm always here for you. CL, always remember the Roses and Reptiles. Wild parties in the trailer! Fiesta Island! Colleen we are the only ones who made it! RANDY my one and only. 2½ years is just the beginning. I love you with all my heart! Special times. Feb. 13th the happiest day of my life! 23rd, need I say more? The 27th Rings! Weeee! You've made me so happy! No words can ever fully express my love for you! Xmas Dance '85, romance on the beach! Phase 2! Phase 3! Fishing at H.L. chocking on licorice! So many special times my F.F.! Thank you! Prom '87! "I must be dreaming." "I'm Forever yours "Faithfully." Our love will never die! Together we will always be, with me loving you, and you loving me! I Love you Randy Renrose! Mom, Dad, you are so special! Thanks for being the best parents anyone could ever have. I Love You so much! Dad. (SDSU)? I love you Kevin and Joel You're great! See ya Helix!

Sherman, Kerreen best friends Gretchen Warner Jamie Kreitz Sandra Fakhouri Jayne Suter Reina Savage Dawn McCabe Jamie Karyn Speidel Joe Espinosa Chas Baver Jamie Farness. Times I've tried but just couldn't forget. South of the border. Summer 1986 Jamie sleep in car curb anywhere. Officer there only balloons. Gretchen beach boys mean Variaty one nighters. Joeshp thanks for being there. Jamie two plus promises break I love you babes. Where the hell is Cuba? Put your ta-ta back please. Officer no blood tests. Gone to Jolar's lately? My driving will never change. Rondaveu's always exciting beaches here there everywhere. I can surf! I can do a lot of things. The Bub brings memories Jaum! Jamie's missing again. But Dad it took two weeks to get home. Rail her up Reina LaWanna do you wanta? Skiing Tahoe! leather jacket boots surf t-shirt oh Jamie. Sea World parties who is it tonight? thanks Easteridge I've got the fever you've got the cure. Art hangin loose. Tuesday night movies belligerent always loud gutter mouth! Yea what do you want? Attention credit card users, the gang always be there. Dawn lighting leaves Coronado yahts all night Lovem and Leavem challenges or nothing Gretchen thanks for coming back after four years your great Mr. Spiedel Mrs. Krietz I miss you Mom thanks dad I love you. Now on to better things.

Silvernail, Lowell 9th — The Round Table at Cal Sky Show with Crue making of the video & Judas Priest/10th 1st year at Helix and at the wall here they come the local scene at Strait Ahead 11th/-Montley Crue Working for Victim Halloween Night walking around La Mesa San Diego till 5:30 a.m. oh no they're chasing us who is coming up the driveway there goes my ice cream again squeek squeek be quiet. Trip up to L.A. to see Areosmith. All the other concerts Moter Head Judas Priest Metallica AC/DC Partying at the beach '76 Camaro 12th — Long Hair Rocks L.A. scene is happening S.D. scene is dead Thanks to all M.A. M.B. B.B. M.B. P.B. M.C. K.K. P.D. M.E. M.G. D.R. M.N. U.G. M.K. R.L. A.O. L.P. C.S. L.N. J.H. "Sure" R.B. E.R. Long Lives Rock "Keep in touch with MaMa Kin" Thanks Mom & Dad

Simpson, Mary Lou (Mariu, Louie, Loulie, Boog) clubs (choir 2 yrs, Ensemble 2 yrs.) special friends, Aaron Lennard, Joyce Diaz, Barry Young, Herb said. Best times with Anna and Aaron going T.P. ing. "Shall we do Cory's again?" My #1 sweetheart Aaron Lennard. No one has ever been such a great friend to me before me before. you came along. I Love You Aaron!! I look forward to our future and what lies ahead. You mean so much to me. Thanks for everything!! David. I know we've had some tough times, but I still wish the best for you, and I'm still praying! Fun times with Aaron were T.P.ing. Seaport Village on the Carrosel. New Years, The ice cream fight that brought us together, watching Stars, Hume Lake '86 You're the best! Special thanks to my parents, I Love You! to my crazy sister Susan, I Love You and I wish the best for you and Jerry. Thank you. My buds, Kim Beebe, Beth Lydy, Sandi Ippolito, John Joralemon, Mark Johnson, Heather Murphy, John Azevas, Carlos Ramos, Philip Jackson, Chuck and Gina Crisifulli, Tracy and Deanne Flinn, David Normandin, Stacey Gregg, Eric Legerton, Brian Berry, Katrina Clayton, Mindy Bowman, my ensemble buds, and many more, thanks for making my years at Helix the best. Thank you Lord.

Simpson, Shellie (Shell, Shellbell) Best Friends: Julie Conway David Efurd Angela Carson Christy Iverson Aurora Perez Jacque Pressler Heather Souza. Dates to remember: 4/1/84 8/12/81 Best Times with ST ENDS: Skating, parties, at Anna's, Burger King runs, Yuki's, Bernies, Jessie's, OOH LOG LOG LOG, Are you ready? Oh, those Parties! Fun times with number one and two. I don't know, what do you want to do? To many thing to list. I Love You Jules! Don't forget Mr. B and Mr. J, Mordstroms and Contempo! Tahoe and Newport '86 with Angela Gambling until 4 am. It was the fettuccini T.J. and Tilly's Dancin' Dave on tape! Water Skiing. Thanks for all the Great Times! Florida '85 with Dionne. You locked what, where? Nice red chevette. Great times shopping Frosh P.E. and skating. You are a special person to me! My feet are so burnt, Jacquel Your raft has a hole? The River was a blast! Hey Aurora, are you radioactive? Purple Freaks Forever! What a Frosh locker! Nice . . . Lunch with the four B's 'see ya' at Bob's Big Boy David, what can I say. You are number one and I Love You. We have so many more great times ahead of us. I promise on the . . . Thanks Tracy Lee Rebekah Eliysha and Andrew for all the support you all are so important to me! I Love You! Thanks Mom, you are the greatest in the world I appreciate everything you have given and done for me I Love You! Thanks Helix, Bye!

Singer, Douglass (Aaorah, Swinger) — Water Polo 1-4, Swim 1-4, Quiz Bowl 1-4, Dollar for Guts, Celtics -6, Olympic updates, CB my twin! Indiana Jones and pool party, "woman scorned" Ice cream with ER, Oh my! Hey Bliss, you busy? ANTI-CHEER, Coronado tourney — first place, Date with JK, Looking for pizza 10 am, BOYS' STATE '86, Fallbrook Tourney — giving LK a massage, '84 Padres, Juniors 22 Seniors 26, "That one's for \$#@%\$!" Beach party with JC CM DS DS, Bliss, you still busy? Mr. Ortiz, kill him! Gretch-Gwechi Golf, Homecoming, ME?? Capture the Flag, I looove you! Ash-hole, Okay guys, get in! Right! Aaaaaaah, Thud! Algebra I (3 times), "Twist and Shout!" Wanna bet? And then at the door they all hears a knock . . . Nachos on Munson's floor, Og Serdap, Poker Saturday? Boll Weevil, Pot-luck Swim Banquet, Right! '86 Swim Team: Number 1, Volleyball fan (JK SK!) BE A BANGER! Space Mountain! It's fresh! Scholastic Superstars — "Rodeo Riding!" A Rope — A Tree —, Alligator! Sikel 1986: A year of change — Levis, Reeboks, Flat-top, Dancing, Roller Skating, "He looks better with nothing on!" Blisters, 3400 fly, Dad can you give me a pass? "The correlation . . .", M\*A\*S\*H, Over the Line, Best friends: DS DK EC CM TS DK DC MB DC PW, Goodbye Helix!! Have fun Dad!

Slater, Lara Rejoice, the mystery is about to unfold. Say so long to the jewels of yesterday and hello to the promises of tomorrow. Live, laugh, run, jump, and embrace the distant shore. Shed no tears for this is not the end — it is just the beginning. Hugs and kisses to my family and thanks to Jamie for four years of truly spontaneous fun.

Sleet, Todd (Hit-man, Sleeter, Toad) My buds: DK MB JM JH '85 DS PW EG JE JK DO KK 55 MY 55 my Gals. CI KO DA LH JN KS JB ND JJ KS. Water polo 3 yrs. What a blast! We're gonna tear up in CIF. Got dudyl! Swim 2 yrs, Hey Otter, let's go pody oh my! Working at the rama. Don't forget good of Rob DK. Thanks for bringing me to salvation watch out for falling rocks! Rock!!! Don't kill any more doveson neighboring T.V. antennas I'm one up on you Jeff, Andy, Keith try not to get caught and searched by the police next time you decide to go on a 1:00 am "run" To Grossmont Center I'll never forget volleyball at the beach all those girls!! Mike, you eternal scammer, thanks for being a great fellow bachelor, Doug always remember white . . . shhh! "It wasn't my war" Key club conventions all those girls 3:30 am Run! There's a sergeant of Arms Jeff, try to hold it in when you really have to go because the aftermaths are horrifying Oh really! Dan, never forget the eternal D/ C's Homecoming '86 was great. look Jeff a white BMW? nah!! X-mas Dance, melissa what happened? Singer, you never cease to amaze me. Good luck to all the Juniors in water polo. Kill Vahallal! Broomball '86 Ace of Clubs Black ace's Thank you Lord for everything Mom and Dad you've been the greatest parents Jeff good luck at being a Yuppie I Love all of you Always, Todd.

Smart, Melissa Special friend, page Loveday Friends: Scotter Bently, JoAnn Crutchfield, Tracy Flowers and Shirley Hutchins. Brent, you are VERY Special to me and always will be! Don't forget 2/7/86, Valentines Day 1986. Pizz Hut Lazerium, The beach, skee ball, Sea Port Village, and all the rest of the good times we have had. "I Boofe it!" I Love you Budi Page, "What Did the mayonnaise say when you opened the refrigerator door? Don't forget the good times we have had like, party on finals nite, getting sick at 2:30 am, gummy rings, Sean and 7-11 two nights in a row, "Goin' Crazy," our special talks and all the rest. I know there will be more because a friendship like ours lasts a lifetime! Scooter, thank for being there when I need a friend, Friends Forever! JoAnn I am glad we finally became friends. Why were we so stubborn? Tracy, don't forget the good times we had over the summer, I know I won't. OLD VAN HALEN RULES, May 20th 1989 — night in Heaven! Sally, you are the best sister and friend anybody could ever have, Love ya! Dad I Love You. Thank for everything Mom and Paul! I Love You! C-Ya Helix! I Gotta Go! Bye!

Smedley, David (Smed) best friends. T.A.B., T.G.B., D.C., A.V., Going to ozzy concert with Tommy and Ed Van Halen concert with Turbo



Tommy Dan. Crashing Dans 228 into hill Queensryche concert with Tommy Turbo. 18th birthday Tommy Terry Dan art. Christmas Dance turbo Limo. Thrashin around staying out all night with tommy at beach. You tried it first Davel going skiing over vacation. This has been a very good year. Good thing I had great friends see ya T.A.B. T.G.B. S.C. A.V. Thanks Tommy for all the special times don't ever forget me. Shannyn and Kim have great years to come. See ya later everyone Debby "Stryper" Priscilla "Skillet" Bill "Bronco Billy" — Belinda "Belyn" Dave "Smed" Tom "Mr. T" Jason "Pas" Vince "Cheeche" Dan "Dan" Dave — LONG LIVE RANDY RHOADS — Long Live Rock 'n Roll Oh but I doubt it. Priscilla Carter was here and so was Deb Schrock Let There Be Rock And Jimi Hendrix Lives — Leave some room for Toms — ok-oh — The stoner wall david and me at a party. At daves with girls, had a blast: to mush memories to put on paper we could wright a book. Metallica Rules. Good deal; 87 Rocks! See ya!

Smith, Kevin Jay (Ickabob; Spev, Sniffles) ISOMATA '85-'86 Derrick Long where your face is. Rohny Hulmes Best Buds, I Love You all!!! Long Beach 95.8 Fairfield 86. Johny Holmes Rules!!! R.O.P. electronics Rules! Analogy of History Shepard. Band I Love You Guys! And to all the graduates, what would I do without you? Thanks Mr. A. and Mr. H. To my bro Darren I Love ya forever. Mom and Dad I owe you the world! To my grandparents I Love You!! To Amy, Thanks, you changed my life!!! Love ya still!! Mr. Laterza, whatta Guy!! Bob's and Daddys Little girls. Best Buds including both JJ's DP BF DA RC JB PS SP GI LB TS Yo trumpets, piazza style. Pizza with the men. C. Laufer you're so hot!! The back of bus I what a blast!! Jason you're the inspiration. To all the ladies who made it fun Love Yall! Wednesday night practices? Thanks Loylell Band Camp '85 and cereal for Bob! Boom in the gym! Fairfield! Don't let the wolfs get me!! Darrell let's go to Jack's! Helix Band is Number 1!! My Best friends yo, I Love You!! DCI Here I come!! I remembered my pencil!! Santa Clara Vanguard? Helix it's been fun!! Love Ya' Derrick Jay Ralph Band 1,2,3,4. Drum Major 3-4 Jazz Band 2,3,4 orchestra 3,4 Tour yeah Dude! Good luck to the graduates and future graduates! What will you do without me?? Here goes the rest of my life! Bye previous teachers I Love You all adios!

Smith, Beth Special pals AU IZ JS CW CK JE Fun times at the games, Pee Wee Herman dance with the band. Thanks to Theresa and the lemon bunch. Adam, Justin, and all of you, its been fun. To the banana kid: I hope you find that special one! Iana my peace child. Hi Christina, you are a sweetie! Never, Never Octoberfest. Twin Egyptians, Bingo at the carnival, Jenny with six cards. "The Book" Locker pals Amy and Iana, number 94! takes the cake. Beatles, Lobster Traps, chauncey, Max Headroom, Biff, Skippy, Gumbly bouncing down the hall. Scooter summers, getting burnt with Carrie, Tuesday movies, remember the pillow fight? Accounting was wild! Balki and Bruce, Coronado beach bums, game craze, Guiding Light. Special thanks to Mrs. A. and so many others! I Love You Mom, Dad, and Sisi Bye HELIX!

Soderberg, Fredrik I had a nice time at Helix. Thanks everybody who helped me especially Bob. Ralph Lots of thanks and love to Mica who helped me open my locker and made me sandwiches which I thought never existed and helping with my homework. We had a lot of fun. Sorry we are late! 1000 of thanks to John for taking me home every day except when Letty picked us up. Robert Marie Nicole Mica Seio Chris Larissa Ludo Sebastian Sisko and Mei. I-club meeting was fun. Bird you know Robert! And when I saw her it was like walking in the rain. Mica you know who! Senior board! Prom committee! Thanks all teachers Mr. Knott Ms. Lee Mr. Boone Mr. Landry. All you friends out there nice meeting you. Hey Tony what's up? It's cool man! If you are lucky maybe I will show up in the U.S. again. Bye Helix I had a great time here!!!!!!

Soliday, Brett Jay (Bretzki, Zud, B.J.) I would like to dedicate my senior year to my family, Amy, and my close buds. Without them, I would be nothing. I thank the Lord for letting me be so fortunate. To the ROSSS — I Love You Guys!! The RATT PACK will always live!! Amy, I Love You! Bill, Brian, Marc, and Tony, I will always remember our great times. Sit back, relax, we deserve a cold one made the American Way! The times we shared will never be forgotten. Brian did it 4 times? I believe it! Billy ran into a telephone pole? You're such a weazel! Marc, how did you get so big?!! And Tony, where did your hair go? I still remember John's jacuzzi, going out with Cassie, Debbie, Melanie, Rose, and Amy. I still love you guys! Old times still remain in my mind. To my little bud Lee, GOTCHA!!! Pretty soon brothers!! Hi Phil and Kelly! School buds were the "Lunch Crew", I'll never forget going downtown AM TS SS DL ER ES JE. Stay Cool guys! School Sweeties — LH AM SW KH DA AND others I forgot. Welcome to the Real World! I'm a Wanted Man! C.I.\* plays head games! Bill Anders we are Cal Buds forever! To the Class of '87, go for it! Music is my life! Special thanx to Mr. Boone. Your classes were a blast! Thanx Grandparents for all of your guidance, and rest of family, too. Spending New Years '87 at Stephen Pearcy's house. Scruples & Syrup eh Brr! Im glad we're better friends. Thanx 2 The Good-manson's for putting me up & giving me support. I'll never forget it! Luv ya Amy, Bill, Brian, Marc, and Tony. the BRETZKI is out of here! Slip & Slide, take a ride, I want the best of both worlds! RATT - n- ROLL! Later Zud!

Souza, Heather Marie Freshman year at Monte Vista. Diane, you will always be my number one best friend. Weekends with Jim and Di. Sneaking out Long midnight walks being followed down Avacado. Lake Tahoe taking camaro meeting Eric M. in sophomore year. My first Helix sweetheart New Years '84 with E.M., T.M., and E.R. YEA! Listen at the door. Fresh Fest '84 Concert with A.P., M.R., and S.S. Buddies with Jo-Jo Times in Tierrasanta Ensenada Times with Tony's. I'll miss you! Terry I always had a crush on you. Handyman parking lot. Grad nite '86 RaeLynn we'll always be the best of friends sharing banana split with Sid. Buying my first and new car finally! Summer of '86 Beach house with Jim and Linda. Races with LeeAnne and Joe. Stacey, Don't forget the rule! Laura our voices! I can't hear you! Oops! Now what do we do? Sniff. Miramar get off me! 28c parking lot. Bean bag lady Michael, I can't tell you how much you mean to me 10/10/85 over a year. One of the best years of my life. I LOVE YOU ALWAYS! Ambition: To lead an exciting and wealthy life. I will have my Testarossa.

Spadaro, Gina (Jeans, Gina Spadina) Activities: Ensemble 2,3,4, Soccer 2, Junior and Senior board. Best Buds: SL SH MO JN LH BS SQ MR. Special Guys: JM JJ FA — what can I say? So many ups & downs! You'll

always be very special to me. Times to remember with special gals — SL — T.J. — heave ho! Sneaking out, going too the beach the whole summer, after dark with D & M? 10/18/85 Happy Birthday! White Limo. All our crisis' came out happy endings afterall. Thanx for standing by my side, I Love You! SH — obsessed with South mission! San Elijo, always lifting each other up. River trip, Prom '85! Nice dates! I'll miss you! MO — my little Mon! I'm glad that BJ is gone! M & D, forget school! Love ya! JN — swapping clothes, thanx! Corona girls, DeJarms, climbing fence! You're a sweetie! JM — so many good talks! I Love you! T.J. trips — too many to remember! SC? Parents gone — fun times! Thursday night party! SL — Rosarito fun both times? JR — nice neck! Rock n Bowl. \*7/4/86 — begging of happiness! — I LOVE YOU LARRY SIDIROPOULOS!! So many special times! San Elijo — charthouse, drinking at beach by moonlight. Good times with R & T, T & L. Can't wait till Greece! \*Mammoth trips, Mt. baldy with Cricket. Snow skiing forever! So many great memories so little space! See ya Helix! Its been reall! You're next Nicole. I Love you mom & dad! We pulled through all these hard times together. I finally made it so relax & smile! Lets all keep in touch guys & gals! Hastal

Speidel, Jamie Scattered memories of the way it was, experiencing my years at Helix. Entering the year of 84, not looking positively, but negatively instead I wanted to turn back, I was afraid of what lied ahead. Suddenly things changed for the better meeting new friends for I'd like to take the time to mention a few of them. AJ Maria Orozco Mary Bongard Kathy Moser Julie Moser Julie Moser Lorii Englehorn Teri Englehorn Vicky Mutter Kris Brew Val Brew Monique DeChaine Maria Andrade Lori Almada Kristy Selder Nicole DeChaine Janina Jarman Donna Albright Kerry Sherman Reina Savage The poem writer Marques Edge. Thank you for helping me along the path sure enough you were the chosen friends who were meant to last. Participating on the varsity basketball and softball teams, years 1,2,3 and 4, help me to face new challenges and help me to battle through the wars, striving to be the best, working hard to achieve my goals Thank you sings for your time, thank you for helping me through, and coach Ash thank you too. I've come to a fork in the road it's time to continue my journey It's time to focus on my goals. Each step I take it lightens the load Thank you pop for all of your support I Love you. Thank you mom andy karyn and especially thanks to my dear friend, The Lord!

Speidel, Karyn (Kare Kar-ran) Special people: BB LE TE RN and JH Thanks for everything! K5 I'll never forget those special times! Lori where's Highwood?? let's go cruise in the datsun!! Special talks with LE you're special Love ya. Teri lets go get some Ice Cream! Thanks Teri for being there you are a very special person. I Love you always CS and RS Thanks mom and pop Englehorn. Special times in campo with the kids. Lori watch out it's beatrice. Puerta Vallarta with the Englehorns. Pav let's dog Johnny in 25c parties at the crib! Special thanks to MO you've helped me out a lot! Chester How's mom pop gany! SDSU very special moment Xmas '85 March 12, June 19, and many more happy times spent with Bobby, Bruce, the one I Love very much and I couldn't have made it without you! Mom Dad I Love you both very much Thanks for sticking by me and being there to help. I can't say I know we haven't been that close but I Love you more than I can say Andy Thanks for being a great big brother I Love you! To the Bruces you are all very special people may your hearts be filled with joy and happiness Love ya! See Ya Helix It's been a blast.

Stahl, Rebecca My best years at Helix started in the tenth grade when I met Jim. We will always be together no matter what. All my friends at Helix I wish you all the Luck in the future. Too bad you quit Jeanne you're missing out! I wish you were still here to enjoy all the fun. Good times with you last year in Mrs. Osbornes typing class. Coming in bright wide eyed and all zingin to go. All those week ends with Jean and Rick and Jim riding the Rails. Fun! My seventeenth birthday party was the best. All the steins add green made the party last. Meeting Jim was the best thing that could of happened to me. Our Love will never die. We have our whole life ahead of us and its just starting now. Thanks for all the good times you gave me and all of the moral support these past two years. Dad I miss you very much. Even though we are not together much you are always in my mind and in my heart. Lisa I hope you don't forget about me while you are living in L.A. I miss you too. Thanks mom and Gary for the support and pushing that got me through school. Dad you pushing contributed a lot too. Well Helix goodbye it was fun while it lasted. Its me and you Jim against the world. Lets make it work! I Love you Boo Noah Mom Gary Dad Lisa. Led Zep Forever.

Stalnaker, Mark (The Knob, Void, Neeker, Fink, Page) Best Friends: Brian VonGietzen, Greg Schriber, Robert Baker, Mike Bukraba, Richard Tayler, Jimmy Carlson, Jennifer Looney, Drama 1234, photography, I-club Memories: Drama with yoda — four long years! — Bits of Broadway — Greater Tung C' is this Phineus Blye? — Library Lunch at Brian's, Lectures with Landry (Reality sandwiches from the deli of life A man visits hell and sees a lot of terrible things) and of course, the memorable moment of formatting the disk in Patton's class. Thanks for all the good times Helix, and thanks Mom for everything. Take off, eh?

Stangl, Carole (Vida, Roli, CeCe, Carow, Rudi) Richard, I love you always, no matter what. 9/13/85 and 10/1/85: special dates I'll always remember. Never forget. "So much I could bust with it". La Jolla Shores, Jacumba, THE RING, the white outfit, Thousand Trails, Oktoberfest, our special talks, year anniversary, my generic porsche, New Year's Eve, AC-DC, Smoggy, "Here Comes My Girl", "One In A Million", on and on, never ending love. Special friends: Nathan Emerson, thanks so much for the support and special friendship. Always there whenever I need you. Paget Belling, "Back To The Front", radical times in Mexico and Mission Beach, Judas Priest Forever, Marie Cortez, "Strangers In The Night", Judas Priest, Thousand Trails, Lori Elder, "We need gas", "Good thing breaks work," can't stop laughing. "You started it!", getting stuck at Lake Marina. Mark, Maria, and Sawn: I love you all, you guys are the best; so special. Double dates with Steve and Lori, Robert and Holly. "Oval window". Such killer times, never to be forgotten. THE DOORS RULE FOREVER. JIM MORRISON LIVES!! Mike Bailey, I miss you! Never forget times at San Elijo. Kicking it around the fire, Danny munching it on the bike, "Richard, wake up!!" Earthquake clips, the lefguard tower, Rich likes asbestos. Weekends at Weeben's with Steve, Lori and Richard. You're all the best friends in

the world. I love you, Mom, Dad, and Sandi. No family is above ours. To my one and only, Richard, it's just you and me baby! ENDLESSLY

Storm, Doug Activities Track 1,2,3,4, CIF 3,4 Cross Country 4 League Champions 8 440 Relay 2.3 mile Relay 2 This year CIF Champs Must learn to keep my feet glued to the blocks! Best Buds CM DS DS Great times in English with CM Extra knowledge Goats Rule! Four years in a row what a streak shep's five letter word clue: Manuchek Strom kid Scheltzer the mouth Sean Eric, Aaorah please stop blowing your bugle lunch did you see CF? Biology final hand signals 1,2,3 I can't see Frosh P.E. never the same team. Movies and Golf with CM DS DS Watch where your pointing Hey study when is the tag team bench press contest? Magic Mountain with YM AL SB MC Wait in line we won't be long O.T.L. Hey Freak that one is for you know who TP the little horsey car not I Phlyche Ed and Kelly is the tape recorder on? Great times on track with YM MJ (Coach?) AL LT JH JE AB Hoggie remember Evie Sprinters Rule! 440 my baby sub 50! Thanks Dave for all of your extra help I don't know what I would have done without it! Well guys we made it!!! Mom Dad Sis thanks for everything on to bigger and better things!

Strong, Steve T. (Big Guy, Stud) Water polo 1234; Basketball 12; Baseball 1234 Thanks for the great times and Good Luck to my special friends, Todd Sleet, Doug Kriedeman, Dan Comer, Mike Buckley, Robbie Ledford, Jason Ledford, Joe Herman, Rick Navaro, Ricky Page, Damon Luban, John Aceves, Kenny Bonilla, and Special thanks to Cindy (Mrs. Wonderful) for all the great times. Remember, Baseball Games! I will always love you. The days at Mission beach, Nature Boy, Summer at the beach condo. "What is your point?" "I do not have a point or a life!" 7 2 a day, it is Mr Time! Maxx out, a fine taste of unsurpassed quality. Beddy, Yo Jake, Yo Apolo! What is up! CIF Bound Mr. Wonderful plus Mrs. Wonderful "You light up my life," you are "Every Woman In The World," and "Here I am" "Stuck on You." You are "The Only One" babe "Love Will Find A Way" One last thing, I love you "Just The Way You Are." We did come in First place in the Coronado Tournament! Now to my Mom and Dad, Grandparents, and the rest of my family and friends, thanks for everything, I owe it all to You. You have given me more love than expected, and I am what I am because of that. Thanks once again and look out world! Look out college! Look out pro's!

Sullivan, Lisa (the 2nd half) Finally! Thank you Mom for everything — O love you, see! JDL C and LS, I couldn't have done it without you. Lisa, remember it's only the start — "forget that", "Lisa Lisa" Joseph De La Cruz — I you "Always and Forever" September 14th, 1985! IWB (what's new) Libra's are still grouchy but that's ok! A.P. and L.J. we're the last of the twins! I'll miss you!

Sun, Wei Ma Ma, Where's my Pa, going to the white house Ha Ha Ha! Oh No! The Mole. Going Round the loony bend. Remember Republican convention: six drinks during Campbell's speech. Vote for Cambell. "Ernie." The drinks and chili ticket. Who's speaking? Red Zshau puppy Zschau, The Red Dave. Growing more conservative in his old age. The "Duke" and Mr. Boone. Laughing boy with his fern, then banjo strings. Mr. Maturity never does his homework. Lew's greatest hit: "Take a walk on the time line." Here's J. Manson and Wild Bill. Where's the curtain boy? The mole is not an it. Ms. Lee, you have failed. I'm still conservative. There's yumpin yason Homestead. Don't drink that coke. Beat you some day in Third Reich. Long Live Squad Leader. Victory over Communism. This is the End. Century School of Bartending, here I come. Craig, See you in twenty years on the supreme court bench. Reagan/Bush '88.

Suter, Jayne The Official, (Jayne's Bond 007, Hooter, Fried chicken.) Julie, Shayne, Erin, Will, Kerreen, Sandy, Linda, Christie, Dawn, Jeremy, I Love you! My poor Audi, Party Mobile! Driving with feet, Head out sunroof. Sorry osifer, thought it was the freeway! Arrested T.J. Come back to Jamachal Dumb Jock Syndrom Mike, Lance's cake. Oh my God! Gnarley Vision of a wave dude! GTI Song. Porche hunting. 280Z disaster official Spot remover. No linkage in Leucadia ESP Praying on Mt. Helix. Thanks Big "E" Hubcaps, Mailboxes, Signs, Fuerte Stop sign, stock room, A.B.C., New Years tree, cats ear, Bob, State parties, A.B. Cabinet, Smurfberries, Wet sewing machine, Ski Lodge, Landis, caffene achiever, moon star, Lazerium, Fry Babies, nice party babel riding double, police. "The Face" writing on bodies, Dazed and Confused, Future Roommate scum buddies, "Jack and Jill" slip, pool, tree, Mt. Helix parking ticket, table dancing coconut monkey head, four person car, one guy, two of us, how many guys? Blondies, Christie, Drama, Oh Stellas Cookies, Lifeguard number seven! Living with you, David, Jamie, Michael, My first Love, July 4th made own fireworks, always hard to walk in the sand, steamy windows, coke dash-board, forget me, have a nice life. Bye Helix it's about time! Mom, Dad, John, I Love You. Blood and Roses, Peace Love and David Bowie!

Travis, Thomas I had a lot of fun at Helix. It was my life. I will remember the good times and all the fun I had with my friends here at Helix and my friends at Granite Hills. George Perry, Brent Smith and Dave Abert from Granite Hills campus life. One thing I don't understand is they are always in La Mesa. I think they really want to go to Helix. Last year I went to Granite and now I am back. Helix is the rad school. Special times with Michelle Hendee. Youth group with Lyric and little brother Steve, Michelle C. and Rene. Lunch with the gang Nor. Jim, Lyric and Michelle Smith. To all my friends I will see you later when Helix is just a memory.

Triplett, Allyson Finally a Senior! It's been cool with my special friends: Stalomon Baskin, Cliff Young, Chako, Tom Adams, Philip Manzano, Anna Taylor, Amy Urbanek, Valerie Padilla, Angie Andrus, Theresa Macias, Marvin Smith, Reuben Garcia, Carrie Weeks and my very close friend Gary Spearman. Remember weekends at the Jack! Varsity optional. Gymnastic team, 4 years. Eating in class. Professional dancing at Oh! Club. Torrey's and music videos. Ung! The City College Show — NEVER AGAIN! La Paz '86 with Sonia and "Eku Kale." "Gands" with Mr. Robinson. Oh yea can't forget south mission partyin' with my cuz Teny. Val I'll never forget you dropping my medicine all over the hallway floor and talking in gibberish! Going to the football games and dances! Changing my hair color every week in eleventh grade! Grosin' Ms. Rhodes out in tenth. Dance with "Let's go crazy". Gary thanx for walking me to class all of the time. I appreciate it. Thanx Mr. Robinson, Carol Reynold and Leanne Gerrish for all the dance lessons



and performances. To my best buds Ungels and Melbanie and my sweetheart Ramon thanx for being the friends you are. Thanx Mom and Dad, I love you all. Adios Helix forever!!

Tull, Renee I want to say thanks for all the help and fun. I'll start with Mom and Dad, thanks for everything especially the encouragement. Love ya. Angie you made me even more determined to hang in there, thanks. Curtis hang in there it's not so bad. We had def times at the crib in '86. "Brooklyn's" IN THE HOUSE TO ALL MY HOMIES, without you it would be bunk. Nut bud Vicki Hodges, friendz forever. Remember the weekend jams. Uh oh the one "Double Header." Thanks for many years of fun and tears. Virgie Wiggins, Jackie Matison, Melissa Rodriguerra, thanks for all the help and support. You know homies forever. Tanya we went around the world a couple of times but we got it together. Buddies till the end. My girl Kim over at Mt. Miguel we're only buggen. Remember Stratus city. State and of course the jack. Chillin'. Keep it live home girl. To my one special love Duane Hamilton, you mean the world to me. I hope you will always be there. Love you sweet thing. To my pretend sister Lashara we had the serious times, experiences like the car trouble. But also the fun times. When we were just kickin' it that weekend before I left. Look you be chill and cool it now. To my big sister back in New York. I know you are proud of me. I'm finally breakin' out and it feels good so I'm chillin'. The time for me to say Bye.

Taylor, Richard (Ritchie, Rich, Retard) No way! 4 years of incredibly tough classes, good friends, hard times. En français, beaucoup d'amis. H.G. C.M. J.O. S.S. T.B. L.D. M.F. 4 years of awful English. M.B. J.M. T.S. W.S. C.W. NO MORE MATH! Calculus worst invention of modern times. Key Club to the top! Phoenix, Reno, L.A. Valley Forge, Toronto, 26 newsletters- I'm out of graphice! So many conventions- no more tacky ties. HEY KEY CLUBBERS. HOW DO YOU FEEL? I FEEL GOOD. OH I FEEL SO GOOD! Impossible tests: Macbeth, Calculus, Physics final, Achievement level II. A.P. History- Omigod! Hey, I got a 5, I got a 5! Sweat out Princeton application, pray for J.M for Annapolis Academy. Good luck, guy! Advanced Dungeons and Dragons- O.k., you're all dead, what do you do now? Impossible prophecy, sicko spells. They shout. "Rich, you're sick get help! It always works out kids! So many drow, so little time. . . Remember Pink Lady, Fallin, Mael, Kirsten, T'lar, Tavis and Armand, Harbinger is watching you! Late hours, pizza, indecision, death, destruction and despair. MAKE A SAVE! Key Club: I really believe in it. Please please let someone be there for all the people who need us. O.k. I'm set- wish me luck- Princeton here I come!!

Termini, Annette Special times Ghost Busters, B Street, Fiesta Island, Crusin Second Street, South Mission Beach, Catalina, Pismo, Butter Cup, Disneyland, Best Buds. D.S. A.W. S.F. L.A. M.B. J.R. S.F. S.L. S.S. C.S. Tweez. S.D. Too skinny. Meeting Gordon, Darcy's friend D. Fun times with special friends, Family Fitness Center, Aerobics, Seniors are #1, Class of '87! Rules! I love you Mom and Dad thanx for being understanding and great parents. You put up with me, I don't know how you did it. Good-Bye Helix, Hello Future.

Tillman, Chuck Best Buds- S.S. T.Z. R.L. R.R. M.R. R.T. S.T. D.R. J.L. S.W. T.Z. and R.T. and me balzin to school. Chillin' and gillin' on Fridays: "Too much shhh!" Throwin' rythm at K.R.'s parties. Summer of '85, Mr. Munson's class: "Frankenberry!!!!" and drawings. Parties at Crown Point and Mariners. S.S. and J.L. at Mariners. "AHHH, MINOR POSSESSION!" T.Z. and Jason in P.E. "ALMOST BUSTED" Killer concerts: MAIDEN, OZZY, AC/DC. Change of pace: RUN DMC, WHODI NI, U.T.F.O. R.L. and first car. "It ain't funny!!" Spacin' at the ace. Checkin' out freaks at M.B. Stranded by Airport. "Old Hickory Died" Sam's wedding- Best of luck. Partyin' in the hood. "It's been fun!!" Thanks to my family especially Mom and Dad!!! C-YA HELIX!!

Toshalis, Eric Ninth- Best of times. Bart, Chris. Kicked off basketball team. Tenth- The big ECHS. my going away party, Good-bye Indiana. Hello California. Eleventh- Opening my eyes, having fun again. Miker, McNeil, Roman. The Lunch Bunch, Marlo, Cherie and most of all- Stormy! Twelfth- So many good times, too little space. New friends: Donna, Christie, Jason, Erica, Rich and all the rest. Thanks to all the great teachers I've had. You've been my inspiration. I still miss you ECHS. Don't forget me, I won't forget you. Bart, we will be brothers forever. Diane, my first friend in San Diego, thanks for the encouragement, support, listening and love. (Sorry about the fight). Eric, we are the smarmy brothers, Frick and Frack, Mopsy and Flopsy, Secret Service Agents, etc. ALLRIGHT!!! Thanks for being a strong guide, but live it up occasionally. The addiction- Volleyball- the prescription- playing. The cure- a mean spike! I spike, therefore I am. The "E" parking space. And last but absolutely not least- Stormy. You are the most beautiful person I have met in California. Your voice and appearance attracted me at first, but your spirit made me stay. You made me truly happy again and showed me how not to take myself so seriously anymore. You bring out the best (and worst) in me. I love you and us. I Always will. After 12 years of mixed up fun and unfun times. I want out of here!!! U.C.S.B. HERE I COME!!! LATER HELIX! UNTIL THE DAWN.

Urbanek, Amy Schools been great. My best friends Julie Ewalt, Beth Smith, Ilana Zuckerman, Allyson Triplett, Locker pals Allyson Triplett and Julie Ewalt and me, can't ever forget that messy locker. 3rd street, walking to the Recreation Center, cruising Porter Hill and . . . (after dark), hit the ice the beach, ballet, snorkeling at Children's Beach. "LOOK OUT FOR THAT WAVE!" Skate Vision, Las Vegas, the F.B.I., adventures of 3rd street, Sunday School, "Look out for that banana!" Dancing in the street forever. Crystal King. Crush on G.R. and umm still D.E. Never forget camping with J.E. and C.T. Sorry Jaime Peters. Shannon Ewalt playing Life. My kids S.S. S.S. D.H. Z.H. S.F., E.F. Thanks Reina, Joslin, Anya Naschak, Luke Jenner. I won't forget you either Spencer Remlin. Love Mom, Dad, B.J., my crazy cousins Michelle and Klaus, the rest of the family, my other friends. Bye Helix I'll be back! See ya at the beach!!

Vatalaro, Rose Best Bud: Jenny Hrisikopoulos! Thanx for all the special times . . . you're the best. Buds out of school. Brian Price, (Ratt) Brett Soliday, Jason Carter, Sheri Bernal, Mike, Trish and Anthony. Jack-in-the-Box parties! To my love Bill Cress. Our First kiss? first date? El Toritos and the beach. We fooled them all babe!! Sheri Watwood, Dena Stark and everyone else. Special times before we "fell in love." To our future, I'll love you forever!! Del Mar Fair '86- Movies:

Weird Science, Back to School. Tenth month anniversary. You're sooo romantic!! The park with Marc Raab and Naomi Carter. Jenny's house! "Is that her dad out there???" Late nights at the beach. T.J!! Special friends at the rink: Dionne Miller, Holly Chapple, Kent Griffin, Mike Nelson, Paul Westoff, Monique Hill, Kellie Cartwright, Kathy Keller, Brett Bartel, Carol Yaji, Kim Rolf, Tatia Said, Kevin Loftus, Chris Loftus, Mikey Serrel. Fun times at Chulal! "Let's party guys!!" Early morning competitions! "Jenny let's call Chris and see if he's done mowing the lawn." Bob's Big Boy. Bye Bob's! Here we come Robertos! Jenny Boston Fish House. "God I hate it here!" Time to look for a new job. (Ha Ha!) I can't believe I made it! Thanx Mom you're the best I LOVE YOU!!!

Veerman, Paul Fun times with kool kats: Paul P., John B., Paul L., James D., Tony R., Robert A. Vicious midgits chase with Paul P. and cry baby Jamie. Good times at Happy Days. Trying to lose Bozo disposal. Tony's 1934 Roadster with 8 carbs, right! All those weeks picking weeds. Working with an ex-marine. Hand-cuff night at cockroach's house. Look there's Christian! Rebel cats forever. Fun times in L.A. with Tony R. and Paul P. and going to the valley! Driving while sleeping. Partyin', getting sick at Denny's. Sneaking home on New Years Eve with a ladder in the rain. From the makers of Pearl Harbor here comes the . . . Bull needs a ride again. Lemons and salt morning with Paul. Listening to David's lies at lunch. John saw upon him an Angel from Heaven! Fun times with Kool Kat Paul P. when going to the Roxy. Train Party! Good times at Joe's and Brian's! Angie's party and John's first time! Cruising nowhere with Tony. Laughing at the broken windshield. James Dean Lives On! Highway 46. Running out of gas. Gene Vincent the Kat that will live on. Get going on a big B.S.A. Twin discover the excitement of real motorcycling. Dazing with Chris at Tracy's legs. So many memories, but so Tillman. Chuck Best Buds- S.S. T.Z. R.L. R.R. M.R. R.T. S.T. D.R. J.L. S.W. T.Z. and R.T. and me balzin to school. Chillin' and gillin' on Fridays: "Too much shhh!" Throwin' rythm at K.R.'s parties. Summer of '85, Mr. Munson's class: "Frankenberry!!!!" and drawings. Parties at Crown Point and Mariners. S.S. and J.L. at Mariners. "AHHH, MINOR POSSESSION!" T.Z. and Jason in P.E. "ALMOST BUSTED" Killer concerts: MAIDEN, OZZY, AC/DC. Change of pace: RUN DMC, WHODI NI, U.T.F.O. R.L. and first car. "It ain't funny!!" Spacin' at the ace. Checkin' out freaks at M.B. Stranded by Airport. "Old Hickory Died" Sam's wedding- Best of luck. Partyin' in the hood. "It's been fun!!" Thanks to my family especially Mom and Dad!!! C-YA HELIX!!

Toshalis, Eric Ninth- Best of times. Bart, Chris. Kicked off basketball team. Tenth- The big ECHS. my going away party, Good-bye Indiana. Hello California. Eleventh- Opening my eyes, having fun again. Miker, McNeil, Roman. The Lunch Bunch, Marlo, Cherie and most of all- Stormy! Twelfth- So many good times, too little space. New friends: Donna, Christie, Jason, Erica, Rich and all the rest. Thanks to all the great teachers I've had. You've been my inspiration. I still miss you ECHS. Don't forget me, I won't forget you. Bart, we will be brothers forever. Diane, my first friend in San Diego, thanks for the encouragement, support, listening and love. (Sorry about the fight). Eric, we are the smarmy brothers, Frick and Frack, Mopsy and Flopsy, Secret Service Agents, etc. ALLRIGHT!!! Thanks for being a strong guide, but live it up occasionally. The addiction- Volleyball- the prescription- playing. The cure- a mean spike! I spike, therefore I am. The "E" parking space. And last but absolutely not least- Stormy. You are the most beautiful person I have met in California. Your voice and appearance attracted me at first, but your spirit made me stay. You made me truly happy again and showed me how not to take myself so seriously anymore. You bring out the best (and worst) in me. I love you and us. I Always will. After 12 years of mixed up fun and unfun times. I want out of here!!! U.C.S.B. HERE I COME!!! LATER HELIX! UNTIL THE DAWN.

Urbanek, Amy Schools been great. My best friends Julie Ewalt, Beth Smith, Ilana Zuckerman, Allyson Triplett, Locker pals Allyson Triplett and Julie Ewalt and me, can't ever forget that messy locker. 3rd street, walking to the Recreation Center, cruising Porter Hill and . . . (after dark), hit the ice the beach, ballet, snorkeling at Children's Beach. "LOOK OUT FOR THAT WAVE!" Skate Vision, Las Vegas, the F.B.I., adventures of 3rd street, Sunday School, "Look out for that banana!" Dancing in the street forever. Crystal King. Crush on G.R. and umm still D.E. Never forget camping with J.E. and C.T. Sorry Jaime Peters. Shannon Ewalt playing Life. My kids S.S. S.S. D.H. Z.H. S.F., E.F. Thanks Reina, Joslin, Anya Naschak, Luke Jenner. I won't forget you either Spencer Remlin. Love Mom, Dad, B.J., my crazy cousins Michelle and Klaus, the rest of the family, my other friends. Bye Helix I'll be back! See ya at the beach!!

Vatalaro, Rose Best Bud: Jenny Hrisikopoulos! Thanx for all the special times . . . you're the best. Buds out of school. Brian Price, (Ratt) Brett Soliday, Jason Carter, Sheri Bernal, Mike, Trish and Anthony. Jack-in-the-Box parties! To my love Bill Cress. Our First kiss? first date? El Toritos and the beach. We fooled them all babe!! Sheri Watwood, Dena Stark and everyone else. Special times before we "fell in love." To our future, I'll love you forever!! Del Mar Fair '86- Movies: Weird Science, Back to School. Tenth month anniversary. You're sooo romantic!! The park with Marc Raab and Naomi Carter. Jenny's house! "Is that her dad out there???" Late nights at the beach. T.J!! Special friends at the rink: Dionne Miller, Holly Chapple, Kent Griffin, Mike Nelson, Paul Westoff, Monique Hill, Kellie Cartwright, Kathy Keller, Brett Bartel, Carol Yaji, Kim Rolf, Tatia Said, Kevin Loftus, Chris Loftus, Mikey Serrel. Fun times at Chulal! "Let's party guys!!" Early morning competitions! "Jenny let's call Chris and see if he's done mowing the lawn." Bob's Big Boy. Bye Bob's! Here we come Robertos! Jenny Boston Fish House. "God I hate it here!" Time to look for a new job. (Ha Ha!) I can't believe I made it! Thanx Mom you're the best I LOVE YOU!!!

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times at Joe's and Brian's! Angie's party and John's first time! Cruising nowhere with Tony. Laughing at the broken windshield. James Dean Lives On! Highway 46. Running out of gas. Gene Vincent the Kat that will live on. Get going on a big B.S.A. Twin discover the excitement of real motorcycling. Dazing with Chris at Tracy's legs. So many memories, but so little lines. Thanx a lot Mom and Dad and especially my good friends who stood by me through my high school years. So long Helix!!

Venable, Kareen (Karrie, Arrie, Kare Bear) Best friends: R.D., J.C., M.B., M.T., J.W., M.H., B.M. Color Guard 2, 3, 4. Favorite Memories: Rish skiing, (Yea, Bonzai), shopping- all the same clothes, spending the night, the letter, all those M&M's, movies, McD's, camp, 3 Musketeers, the room, beach and wet jeans, first P-O "WOW" at Christian's football game. B and T and all those cute guys! Bonnie, so many fun days at work, "off to the zoo." Thanks for visiting Danni! Hey Lyric, Psyc., Math, Todd and Frank what fun. Todd Good Luck!! Mike only 2 more years, have fun I'll miss you! Keep Christ #1, Luv ya! Great times at Christian High School. Jill and Marie, Fights, staying the night, all those long talks, and snacks. Jilly, Disneyland 2:00 A.M., phone calls, dance, brownies, and just being best friends. You're the best! Janie, beach camping, skiing, T-top Trans, shopping, friends! Bill-thanks for all those fun times, I won't forget. Always being there so patient. You really encouraged me! I Love You! '87 is the Best! Thank You Mom and Dad for letting me come here. You've both taught me a lot and have helped me this year. I LOVE YOU BOTH!! ALL those fights with Kim, keep 'em comin' I love you too! Really. Thank You Lord!! Phil. 4:13. Mt. 6:34.

Von Gietzen, Brian As I am not a conformist, I shall be forced to write intelligible sentences. High school should be spread out over a greater number of years, generously interspersed with beach runs, parties and thoughtful meditation while recovering from parties. But nothing is ever the way one wants it so I've had to lump it. I'd like to tell everyone where there's this great apartment complex by State at which a party can always be had . . . but I can't remember where it is. OH! but I see I'm contributing to the delinquency of minors, so enough about that. I just can't tell you how much I'm gonna miss Helix. I just can't tell you. Actually I'm privileged to have attended a school whose trademark is a people whose main concern is having a good time and having a good time while doing it. A word of caution: Don't eat the specials at AM/PM! The years over so take off (eh?).

Walker, David (Peeper, Rhett, Damion, Diplomat, Emperor, Penguin, Baboo, Dum.) It is over. Thanks to all who have helped me and let me know them. P.J., A.S., K.L., R. S.S., J.L., J.S., D.B., D.W., and S.G. L.M who is not only the one I love, but my very best friend. Love to family, my parents for coping, my grandparents for cheering. Trcl, all my love friendship and anything else you might need. Places I went- Disneyland, L.V., L.A. AZ., S.F. The Kan. Balboa Park, Grunion runs, Running barefoot in the sand, and contemplating the universe. The Monkee's, David Bowie, Eurythmics, 9IX, to feel important. J.P.S.L., A.V., I-Club, Monty Python, shopping. Joe's wedding, Carlos Murphy's, monster cookies, Drama. How many surprise birthdays were there? Jennifer you're next! P.J.P., Literary Magazine, tie dye shirts, pizza, cherriell Egoists unite for we are the world! Are the Sixties here yet? Who gave you all those carnations? Well it wasn't that bad, but Lord it wasn't good! How could I forget Bloom County? The reason why I laugh . . . spam toss, lasagna, a snarl, a sneer, and a whip that stings: these are a few of my favorite things. The Right Guard is a wee bit chilly this morning! Gone with the wind! Remember me when I am gone. The Little Prince, Homecoming 1986, Doc Gibbs in our town. I love you all, and if you need me, anytime, anywhere, I will be there.

Watwood, Sheri d BF's K.N. B.S. S.C. K.C. A.G. RATT. Pac & the guys. Thnks J.C 4 evrythg! Xmas dnc 1984 w/ B.A. prom 1986 w/R.C & hpfly prm 1987 w/ J.K. Mny fn X's w/ B.C. my 1st luv. I'll nvr 4get U! But now on 2 bgr & bst J.K. The fn X's we've shared in T.J. & 2nd St. K.N. thanx 4 the frndshp & gd X's, B.B's 4ever. T.B.U.R the bst. P.W. U.R the bst sis in the wrld. ILY! River trips and snow ski'n w/ family. My bg bro R.F. xlent racy & sexy! I'll always remember the people who made ny 17th bday the bst. A.G. B.S. B.P. M.R. & B.C. The RATT pack! Ratt 4ever! B.C. "I'm shot to the heart and you're to blame cuz you gave love a bad name!" J.A.'s parties! I spld X 2-8-86. Grams U R the i who nspired me the most in what I've done. ILY! Thanx 4 my prls 8-7-86. The bst family in the wrld! ILY! Dad, Mommy Dearest, Pat, Skip & Russ. J.S. U R such a stud! ILY J.K! It was fn Helix, but it's X to say gd-by 4ever!

Waymire, Paul Good-bye Helix it's been fun. Great times with J.B. M.A. M.B. D.C. B.H. C.M. K.S. D.X. T.S. L.S. M.M. D.S. S.B. D.A. T.A. C.K. N.K. M.S., E.B. S.S. J.E. T.H. S.J. J.M. and T.H. Flat tops, after school "I got to doo dee," football game with the Polo team, Dan's house before the football game, doing strange things with the '87 gang. "Ho really!" "Finger painting man." x-mas dance 86/87. Prom 87, "Who's having the party." "Everyone have fun in high school." Mom, Dad, I made it. Love you!! '87 IS THE BEST!!

Wear, Michael Avery Parking lots, theaters, uncrowded late night streets in eerie light, Fletch, someone on popsicle stick, more Nutter Butter, almost home, Crimson Permanent Assurance, dream house in La Mesa, wandering in search of vehicle with something sticky on my hand, hotel star leads me home, Balboa Park archery, surprising phone call, rose cracks my ribs, trips vicariously loved, Drowsy Maggies, high beach bathroom walls, Eraserhead, trumpeting Mexican restaurant, bad Pub directions, say yep to schlep, looking forward to pizza, the Rock, behind laundromat, dark Lake Jennings, house in Crest, set dedicated to Jackie robinson, just a Pepsi, log-jumping, throwing bottles, Mt. Helix, pre-storm sky, cull-de-sac behind AMC, 5 hours in Salon, La Jolian birds, the boardwalk, is \$8 enough, trash-eating dogs, 3 Denny's, Hannah and Her Sisters, Lemon Grove park, dancing on parking structure, in the plaza-spy story, Leatherby's, inventory, over the bridge at night, percussion at East County Arts, playing you a song, Clock work, music in my "too dark" room, shattered overnight plans, All of a Sudden, 15 minutes with you, is tarantula dead?, hideous doll, It's Gray. Mrs. Larivee's class, Chemistree, You Are Love, leaning across table and looking into eyes, Cowles, swimming out way far, a thrift store afterwards, Howard the Duck, the mountains, the lab, giving a ride to a sister, sky color is definitely relevant, the puzzle, birds might fall from black skies, bullies might give you black eyes, but



to me they're very, very beautiful.

Webb, Andrea (Dree, Drea, Wom) — Bst Bds — D.S, L.A, S.F, D.R, M.C, J.S, S.G, S.G, L.P, Q.R, T.B, V.V, A.T, R.T, D.C & my kity chaunz. Fn tms w/ the Klan 2nd St. Jol's, Jil's, Kln prty's, hmcng, T.J, qurts w/KEN & T.W. Crown Pt. El Crml, run awy (Bobs H.B.) K.M's Prty ect. Grt tms w/ the prty buds, cruзн, prty's at Vic's. Mt. Hlx, Bch, hapy cmpr fam. Nov 1 '85 w/Scott 4 1 yr tnks 4 all the grt mms & the luv I'll nvr 4get ul Afr Schl my pad, Gdfthr-Bizr, M.D's van, Sn St Prk, Mars tnks 4 evthn I luv U-smr of my jun yr "all nters" 3 hts Mc. cntr. Klan I LUV U Buds! Grps-Led Zep rls, J.P, Dio, V.H. Mom I luv U & my fun meting new people. Once again I thank my teachers and my folks for their support. Hope I will achieve the things that I want to achieve, the same for everyone too. Wish you all tons of luck in the future.

Webb, Elizabeth (Liz) I sure did enjoy Helix. It's been the raddest year. I will always remember my friends that shared their friendship with me. Especially Melissa, Bernie, Lillie and Madelaine. They've been such a wonderful group of friends. This is what I call Lunch Buddies!! It seems like I was in kindergarten just yesterday. It's amazing that we went through our twelve years of school this fast. Thinking back getting off the pre-school bus, carrying an apple, all excited. Thanks to all my supportive teachers that all taught me a lot. Best teacher Mr. Heyer, also a good helper. My favorite singing group The L.A. Dream Team. YO BABY! YOO BABY! YO! Scootie Highlanders spirit. Green and White it's been fun being one of the Scooties. I realize this is the best school I ever went to. It's been a lot of fun meeting new people. Once again I thank my teachers and my folks for their support. Hope I will achieve the things that I want to achieve, the same for everyone too. Wish you all tons of luck in the future.

Webster, Dale Activities: Swim 1,2,3,4, junior board. Special friends: A.M, S.P, K.C, C.C, A.C, W.W, H.G, N.N, M.S, B.G, A.S, K.N, C.H, B.H, C.M, K.R, A.A, K.L. Memories: crazy times w/ J.T in C.Y.O. No solos and other excuses, shep's class, racing to line everyday, UB40, INXS '85, Depeche Mode '86, T.J 6.86, Biology w/ Pirie dissecting Freddy with C.M fun! Hard swim workouts K.R, N.M, B.H, NOT FUN! Lane I finally, Katz party, Clif, Kevin's party and Stratus party with Nancy. "Did they change strips in pool?" Lunch with our gang. Hi'n Dale's first ticket on Dale Street 10/4/86, fun times with C.C, K.C, A.C, W.W, I'll never forget you guys, Crazy times at work w/ M.S, A.S- cheese cheese, corns corns, ha ha Complaining w/ B.G. Coronado w/ K.L. Thanks Mrs. Raines and Mr. Ehlers, you're the greatest! Thanks Mom, Dad, Terri and Mike for all your support. Thanks Kathy for your love all these years. Fours years of fun. They sure went fast. Lookout world here I come!! BYE HELIX!

Weeber, Craig Welcome to Reagan Country, Pals: W.S, C.H, J.O, 2T.S, M.S, E.S, J.W., J.K, B.S- SLNJADHSOM. Concerts, the Convention, YAF. Thanks Mr. Lee: someday you will realize there is no place at Helix for Zinny-boy. Thanks to Johnny "the Duke" Boone and "Red" Dave Landry for the help and the laughs. Boone: hang tough. Dave: long live digressions. Movies at the Ken, the Mole, the Panda. Dump Bird. English Only. Campbell the mind controller. Huck Finn, Sesame Street and that cat Felix. Football games were fun, especially the SDI cheer. Coleman may not be so bad after all. Bloom County: "Broads, Buicks and Buckley!" Summers at Del Mar- "Where the Turf Meets the Surf." Parkie 19. Sweet Lew Ligon. Helix fellow travelers. Tiger Hut. If at all possible, "Get 'em up against the wall." Power and money. Goodbye Goddess. Be an American spectator. Four more years. ANARCHY NOW. KNOW YOUR ENEMY. SMASH THE STATE. REPEAL THE 22nd, VICTORY OVER COMMUNISM. "FREE MINDS AND FREE MARKETS." You want some squash? United we stand ... freed at last!

Weiss, Beth (Waddles, Wads, Blue, Edel, Bep) So many memories, so little room. Special friends: M.B, A.P, H.W, L.S, D.H, V.R, M.L, S.M, M.J, J.S, C.M, D.A, G.J, M.A, & E.B. ILY all! Benn through it all together. 4 years of Honors: L.S, J.R, Y.H, A.M, J.F, M.J, A.A, J.S, J.M, J.J, R.T, C.W, C.H, W.S, & J.A. Thanks for the fun times, hard times & all the laughs. Melissa- Bunny! You are such a special part of my life. Always listening, understanding & just being there in good times and bad. I dunno where I'd be w/out you! I love you ... you're my best friend! A.P. Thankx for all the special times & memories only we share, X-mas dances 85 & 86 with Prom 86 in between. Remember I love you. I truly do, although it's in a different way now. "Friend & Lover," "Makes life interesting!" Mixed mms: DC conference & Girl's State Awesome! Donna, David & fate! We're so alike DHI ASB times. "Off a cliff w/ YMI Fun! Masages. CASC & slide for a pecan roll w/L.S. Freeway fun. Where do we go? Cat & mouse. Walk w/purpose. "You make too much noise!" Simplify poop. Thanks ET & EN for making Calc. fun! Ski trips: Colorado 84 (RB & PK), Idaho 86 (R) & more to come thru '87. Great times! Thanks to all the guys in my life in the past 4 years. Thanks to all my friends and my family, especially Mom, Dad, Craig and Melissa for everything, esp. the last 4 years. I love you & I'll miss you. To Helix: Thanks & Goodbye! Hasta!

Wejse, Chris What do you write as your Senior memories when your an exchange student and only have been here in two months? I don't know for sure what I will remember when the year is over so I'll try to write what I would remember if I went home now. I will probably miss being outdoors all the time because of the nice weather. Something I definitely will remember, I'll also think back on all the fun I had together with my friends and other exchange students. I will remember the baseball team and the people I met at my church and in the youth group. But first of all I will remember my wonderful host family whom I owe a lot and am very grateful to also. The Boggan family have been wonderful and were always there when I needed. It's a cool family. Helix is a great place and I have learned so much and experienced even more. This year I will never forget. It is so much fun being an exchange student and California is a great place to be. I will miss it a lot especially when it starts getting real cold in Denmark. There are so many I ought to say thanks to for making this stay worth it, but there isn't enough room so I'll just have to say, THANKS! for everything to everybody I know. "Mange tah for act." Christian

Whitbey, Lyric (Lyr, Ricky, Boo, Poem) Friends: C, M.S, M.C, M.H, N.B, T.T, R.W, B.P, C.W, C.H, A.S, D.S, B.A. Mems: Cordae thanks for always being there and for putting up with me. I love you Shirley don't forget about the Barbie doll in Greg's truck! Thanks Brian, I love you! Derek don't forget about the Clue parties, my pet poodle! Michelle, we've become close in the past year and I love you! Youth Group is the Best! You know Joe ran out of gas on purpose. I finally own the wall-e wagon. Yeah! Noreen, thanks a bunch for teaching me how to drive your car.

Isn't driving backwards just the greatest? Steve, I'm glad you're now my little brother. I finally have someone to fight with. Michelle. I know we've fought a lot in the past four years, but God will always be there. Always look at Him in times of trouble. Don't forget Steve's swimming parties. Pop's '86 was the best. Mike, thanks for being such a sweetie. I love ya lots. Rene, don't forget about running around and "borrowing" gravel signs. Don't ever forget my punked out birthday party, Paul, you've got gorgeous eyes. Jennifer and Kirsten you're the Best. To all of my family: "I love you all and thanks for giving me the support I needed to make it." I love you Mom. Bye Helix, call we'll do lunch! Psalm 9:9-10.

Whitney, Wendy Undying love to Anne/Agnus, Avery (sk), Jeremy, Rudy especially Mum and Poppa, XOXOXOX to the bunnies and others who have made education endurable ... and in the end, the love you take, is equal to the love you make.

Wilson, Heidi (Heehee, Dee, Heid) It's taken 17 years to get here but I can't think of a thing to say ... Thx Mr. Ray 85-86, Thx Drill '83, Tartan-Laurie H. Weewee, weewaw date w/CM and M? Sorry! Proper- Chill. Till all hours for deadlines! Scary! 5th per.- Taco Bell ... No yogurt, just a heavy typewriter. Who us? To shammy for 'RR' ... It works! And Freds- Gazoo ... no tutr- ILYA Gil more IMPULSE- hypervent. Again? Spev ... turles! 4get RA, u jam! Tracy ... Watch 4 flying bottles! Soper! 17 an Mr. F? Open window! Hate that skinny nymph! IQQ 4 all Choir- All H's, Tracy Beth, Shells ... POPS!! ILY all!! IQQ! I'll 4 ever admru tooter. Bst wishes 2 #!!! Wadiz- Heehee-sharing so mch in only 3 yrs. IQQ 4 all uve dun. ILYA, X-mas 86 dance- Rick B.? No- Mark D. How I regret! Too bad wuznt Dar-dear!! 2 COOL! Up the coast? Gone bowling? Sorry cameras aren't allowed! Marisa- Darrin? CASC or in Newport? Buubbbba- He be illin'? David R.- IQQ 4 all R spel talks!! UR #1 B st wishes 2 a2 cool-totally-way Oawesome- DUDE — Mr. Versatile! Hugs-n-Kisses bud! Jason- Que te digo? 2 airheads leave- more 2 comell TS n MB- Obnoxious Polo cheers. Ma thinks UR ok- me too!! CADA86 we did not break the table!! Dance C.J, R.C, B.L. & all Steve B.- change intruk? Crzy- bye M.H! 995!! To Rich- W.W.F reigns! CASC 86! Peru 85! LB 83-95.8!! 2 Poway- U rn't that grli 3 yrs w/ Heimpe! IQQ!! Dar-begn 87 right! IQQ! ILYA! Time 2 go ... Bye 4 now but remember- reach for the stars! You mayn't always get I but u won't come up w/a handful of mud either! See yall in the funny paper! IQQ 4 all!! I couldn't have dunit w/o you ... ILY Yumi! Hola SDSU! Chau Helix! Luvz 2 "Awesome Dude" — My Dar'! ILY 4 evr!

Wilson, Jason I've had some good times Helix and I might miss you. The Party Animal. The warning on Baltimore, Snowball fights w/ dog, Roger, Tracy and Rusty in Idylwild. Cruising around campus and the beach watching the girls go by. Thanks Lee for being my best friend, brother and spiritual support. Thanks Mr. Bible and Mr. Ray for the good times in your classes. Adios Helix. It's been fun. Catch you later Party Animal. Have a good one!!

Wise, Latanya "Big Eyes" No one can't say '87 isn't fresh to my long time Homies Mike and John, you two are just too cool!! Fun times w/ Lillian and Keybo. Always will remember the summer school crew. Heather, what do you want now? Ms. Rubesh, are we starvin' like Arvin? or are we your basic squids like you know who? Mike Cain, "I'm all cried out," but still loving. Sherman and Gertrude, won't ever forget the great times that we shared together. Larry Clark thanks for keeping in touch. Missy, you are the best! Thanks for all the great times that we've had. Fun times w/Michelle Ray remember tha bushes don't eat that dirt! How come my mom says we stare at the walls. Fun times w/ the Mafia. You guys know who you are. Scoot Brown remember our spy session! Are you still Malaki Jr. Michael Hubbard, remember the puppet show? Ronnie Turner, thanks for the talks! Won't ever forget the bumpin' fresh fest. Tripp' out w/ the nasty crew! I miss you Natalie Burks, E-bone remember, don't crash T-bone! V-bone you're a trip. Period 5, Mr. Shepard's class. Little Darryll, I love you. Nell and Carlton stay cool! Janet thanks for the tips. Mom and Dad thanks for everything I truly love you two. April stay sweet? Edwin stay cool. Fun times w/ the 9th and 10th Study Bunch! See ya Helix cause I'm gone! LOVE YA LOTS!

Wissinger, Laurie BUTTERFLIES ANDRES. Je t'aime beaucoup. Love by you and no other love will do. Grace, Slick, Belle's Bail Bonds, Ella Zena, Alfie, you know who you are. RAIN. Dance with a stranger. Style with passion. Feel the power. Let it move you. The key of life. TREASURE. The unheard music. HRC, SF, NYC, Jamaica. Blue Velvet. Midnight Majesty. Halloween 1986, Forenza Italia. Junk Culture. Surfin' since X-mas. TATOOS. The indifferent children of the Earth. Someone promised there'd be answers if we stayed around. You may say I'm a dreamer, but I'm not the only one. No matter what you put me through I'll still believe in love. Peace. Power. Perfection. Exaggeration of the truth. I can't sit still or settle down. When I walk I don't touch the ground. These are the things that dreams are made of. Good times, bad times, you know we've had our share. But NOW ... The future is mine, if I can find, a way through these strange days of my life. It's in the air, a chance to run now, so here I come now. It's time to leave. ABSOLUT FREEDOM.

Wong, Joey 999, hello, Head for the hills! (Ha Ha!) Have a wipe on me Parkie. Kill all back stabbers. Show some respect and leave old man Lew and his child starved crew. Long live John, overthrow the progressives, where is Ivory? Wild Bill on his bucking buckaroo. Annie, kneel to the goddess, indentured Servitude. Charles the Turtle, are you in a rut? Get out of the past. It's no problem. The lizard and the baglady where did the trashman go? My regards to Haltertopp, you forgot my sock Leroy? Crackman amputation clinic. RAMBLE ON! On the road again. Take a walk on the wild side. The hammer and Sickle. Driver's ed rules. ERASERS RULE! Oh doctor! Let's go Lyndon. The only way is down. Don't forget hemaphrodites, leave the cattle alone, moo. Save the Basselesopes. RIP.

Wozniak, Keith (Woz) Activities: ASB 3,4, C.C. 2,3,4, Track 1,2,3,4, SADD 3,4, Thanx everyone for the memories. J.M, A.M, C.M, D.A, S.B, J.E, T.S. You're all great. Jeff, Andy, Todd, what a way to start the summer. "Here come some lights run!" Jeff thanx for everything, we are sure to meet each other in the sky. "Top Guns!" We're so much alike! We've had a blast beach, volly, Invitations, we're awesome! What to do J.S and D.C? Miramar! More to come! Courtney, we made it! 4 years later, I can't remember all the great times. CASC! Nice name "Elick!" Thanx for the friendship. Andy, thanx for the help! Have fun next year! Keep up the running Jim you casc stud you. We pick on you,

but you love it. Todd you water puppy! Donna what a year, your a spazz!! Steph, what will you do without us? Good Luck! Trevor, Bob, Scott, Jeff, Andy, Alex, Keith, what a C.C. Team. Clif? We had our chance no fun allowed! It's been a blast Art last year was great. Thanx for every thing Steve my tennis partner. Ellen you helped me so much I owe you a big one. Keep in touch! D.B you took a chance on me, I hope it worked out as well for you as for me. A.P, K.P, D.B, K.W, Partners Deb, your the best! What does the future hold? I love you Mom and Dad, thanx for the support, I couldn't have done it without you. Later Helix, thanx for everything! It's been great!!

Yale, Dean (Big DY) I love you at the football games. #63, Brett, Amy, Bill, Ed, Dawn, Eric, Jeff, and of course Bren. 4x4ing in the Nissan. Mud Bogg Mania! N.C.Y Breet & Amy chasin Dean & Brenda after the football game. "I didn't know that was you guys!" Driving dad's Porsche for the Jr. Prom. Weekends at the desert. Brenda my first love. Going downtown and to Round Table during lunch. The Lunch Crew for 3 years. Dean, Matt, Brett, Jeff, Bill, Dawn, and Brenda & Amy on occasions. Jason, Eric, Brian, Ed, and the rest of the guys. 4 people on Raab's shoulders. All in all, my years at Helix have been pretty good. I couldn't have made it with out my family, Brenda, and my friends. Yamaha rules!! Later Helix!!

Yazdanparast, Shervin Thanks for all the times Arp, Tammy, Holly, Dean, Jerry, Scott, Nicole, you are such a goon! Trivia on a tissue. Bob, learn how to drive! OH MY GOD! Jeff, thanks for waking me up every night with your convertible Rabbit. Someday! Attack of the birds. Break out the cats. Holly and Keith getting married? Biggest Flirt. Burrito man. Scott, you are too cute. I almost won the poker game, Sean and Tim thanks for teaching me. My cousin in love? NO WAY! Jerry, you owe me a lunch. Drawer just shut up. Henry leave. I don't like him anymore. Hi Sweets! After them wait!! HELP! We're drowning. Get a clue. Do something. Can you give me a ride?? Tammy you've been such a great friend. Love you lots. Learn your Math. David you are such a sweetheart. N'est pas! Lunch, our house. First job at Charlotte Russe. Libby, the never ending movie. Let's GO! Holly did you do your chemistry. He is such a Jerk. Susan and Gene, what a couple. Finally got a job. CALL ME! Nice parking space. I'm going to get lost! OH NO! Seaworld. Can I borrow ... ? Police! You drive. I can't get a ticket. Put your seat belt on. Don't run into the curb. Driving a stick. Impossible! Great painting job. Have any money? NO! Get a real job! Thanks Helix! Love you Mom and Dad and brothers. Ready or not world here I come!! See Ya!

Zacholl, Liz Best Friend: Kimberly H. Friends: Alethea, Stefanie, Kelly, Pam, Mary, Judy, Joann, Carrie, Kevin, Kenny, Tom, Scott, Paul. Favorite teachers: Clark Edwards, Claudia Townsend, Mrs. Landry. Cute guy Eddie Soul is number one. Special times with Kimberly. Nice people Otto, Janet. Love You Mom, Dad and Billy! Later Helix!!

Zinn, Jason (Jazinn, Rayzinn) Activities: Nothing 1,2,3,4. Life long friends Bob and Joey, never forget you guys. Joe what ever happened to Playboy and strapbook? Conny I'll never forget all the inside jokes and great times. Lara a true classy lady, love you 4-ever x2. Best buds from L.M.J.H too many to mention. I love you all, the best 2 years of my life, stick together. Buds from elsewhere: Rick S., Linds S., Kelley F., Moe R., Gina R., Mike R., Brian S., Alvi, Rick B. Some of the best times: times in hotels, bad luck, but fun. Gelle mousse fight, the attack. Holiday Inn? Rain dancing with Moe. X-mas dances. Bail and Barf. Favorites: Ponytails, white sunglasses, Valhalla betties, Mr. Boone, comedy shows. Duran 2. ABC. Dancing, skiing, summer, Duran 2. Depeche Mode concerts, pedicabs, nagels. What was said: "no way cruise over. Hey woood. Chaka Braw (Taco sauce), wake it up, give me a squeeze ooooo!! me too, hee hee. Hi dudes, what a rager mass betties. Hello bo bo, Monty, Hobie, Kobie and Ezime." Valhalla here we come, yeh we'll take Russian, whoops still here, well we tried, what could have been!! Jazinn is cruzinn, now he's driving his car. Tried to cruise the cal fresh b-210 but didn't cut it. Look out college scene here comes the Raisen. Cal Poly San Luis Obispo Corporate Fitness, Sports Medicine. Time to say good-bye. Thank God. Love and thanks Mom, Dad, Kim, Mel and Adam.

Zionskowski, Tige Wrestling 83-84, 84-85. Best team: L.S, T.D, T.D, N.M, C.K, N.M. Coach Langston, thanks! you are the best. Coach Hart, "you got me started" Breaking my wrist while wrestling. Mr. Atkinson, Algebra IIC, best teacher I had all 4 years. Thanks for the extra help! Mrs. Bomhke, prettiest teacher and nicest teacher I had. Best friends: C.T, B.T, S.S, T.C, M.R, C.N, T.C, T.F, R.L, R.R. Summer of 85-86 the best party, hardy! Brother, Tony Z., I hope you find what you want in life. Mom & Dad, thanks for being the best parents ever. Most of all thanks Helix, I learned something. Sean, Spirey you better get your diploma. To all the girls I once loved, you all are in my heart forever don't forget it. Mrs. Hendrix, you changed my life, I will never forget it!

Zollinger, Randy To all my friends, acquaintences, etc. J.J, R.C, M.M, C.B, L.M, A.C, T.C, R.N, S.D, E.R, J.S, T.A, and everyone else I know. Thanks a million! All wrestlers good luck in '88. Stay eligible and off your backs. Thanks again to all my friends and I hope you all have a great future. Hasta Helix, Hello Grossmont. Short, Sweet and Never Sentimental.

Zuckerman, Ilana (Trout) Buds: C.W'S, B.S, A.U, H.P, T.G. Surfing with Carrie Walton, we tried. Michelle my best friend in Maryland. Mission Beach boardwalk cruising. Pacific Beach. Getting ticked. Staying with brother. Family Fun Center seeing D.R. I'm embarrassed. Grossmont guys. Horton Plaza, to the guy with the black hair, dark tan, turquoise shirt, levi's and hightops, where are you? Meeting Tom at the beach. "Iwana". La Jolla party. Carrie Weeks thanks for the great talks I love you. Guiding light rap talks. Balboa Park with C.W, C.S, E.S, wearing togas being crazy. Beth you flower child. Peace. Oktoberfest never, never. Water skiing, river trips. CASC, Rita and Heather buds. Rebel with a cause. Alfie dream boy. Heather Poulson thanks for everything and good luck. Poster ink does something. Blue alligators all the way. T.H's house. Fun in Landry's English with A.M, B.P, T.K, and M.K. R.R, thanks for the board. Rick Valenzuela let's surf! T.R and S.R, where's the furniture? Swim practice beware! Cole Cantrell thanks for the great memories. Aceveces house, signs on back of car and cans. Thanks Mom and Dad, Glenn, Gary, Jill and the rest of my family. Special thanks to Mrs. Ornelas and Costa and to Mr. Heyer, Shepard, Bonney, Landry, Langston, Knott Arvin and Mudd. A word to all surfers. Watch out for those lobster traps from November thru March. Paid for by Ilana Zuckerman and Beth Smith. Mom and Dad I am not as culturally deprived as you think!



# Candidates For Outstanding Athletes

Once again the 1986-87 school year was a banner year for senior athletes. These students are candidates for Outstanding Athletes in their respective sports. They were selected for this distinction by their coaches based on individual

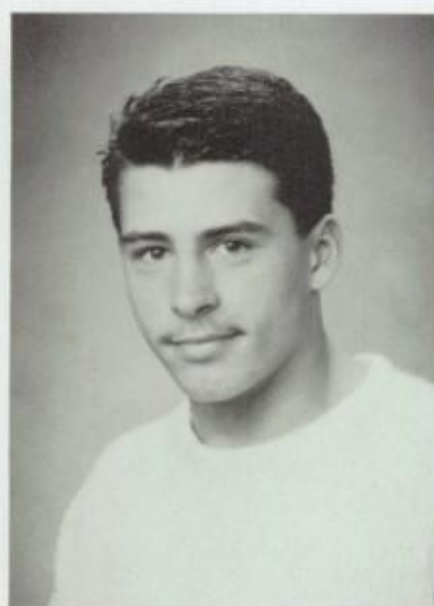
performances which ultimately led to All-League and/or All-CIF recognition. And, from this group, one male and one female was recognized as Athlete Of The Year. Not pictured is *Joey Appolito* who was outstanding in baseball.



*Janina Jarman*  
Softball



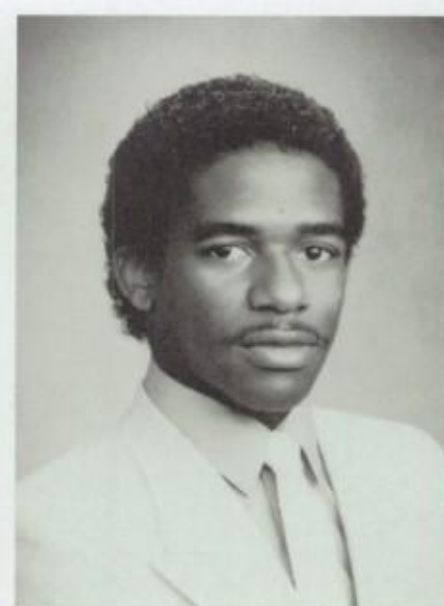
*Donna Allsing*  
Basketball



*Paul Appenzeller*  
Football, Baseball



*Kerry Barr*  
Football



*Sidney Baxter*  
Football, Track



*Julia Bobb*  
Swimming, Diving



*Mindy Bowman*  
Cross Country, Track



*Daniel Comer*  
Water Polo, Swimming

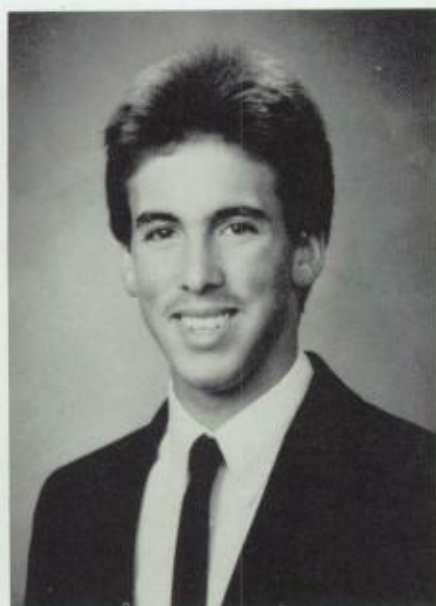


*Mark Dederian*  
Football, Wrestling

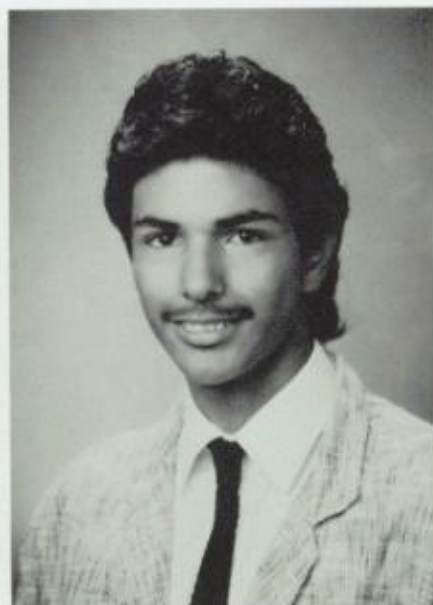




*Trevor Drummond*  
Cross Country, Track



*Marc Duggan*  
Soccer



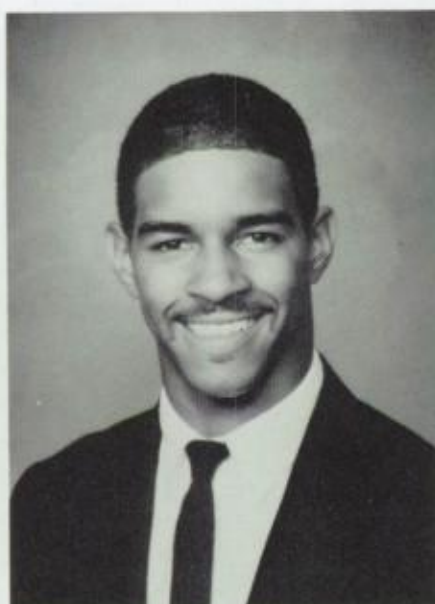
*Perry Gomez*  
Football, Baseball



*Yoshio Hall*  
Soccer



*John Joralemon*  
Football, Baseball



*Derek Lobbins*  
Football, Track



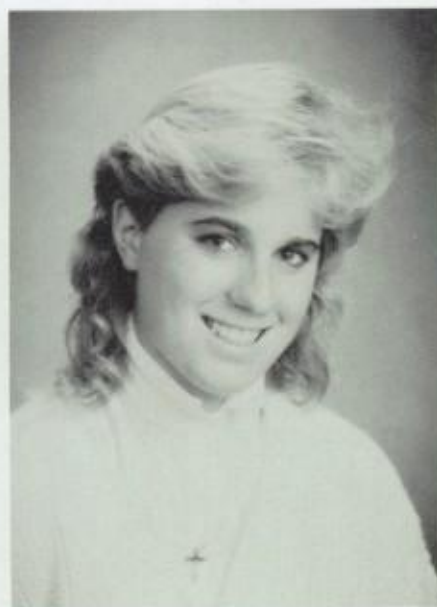
*Dena Pierce*  
Swimming



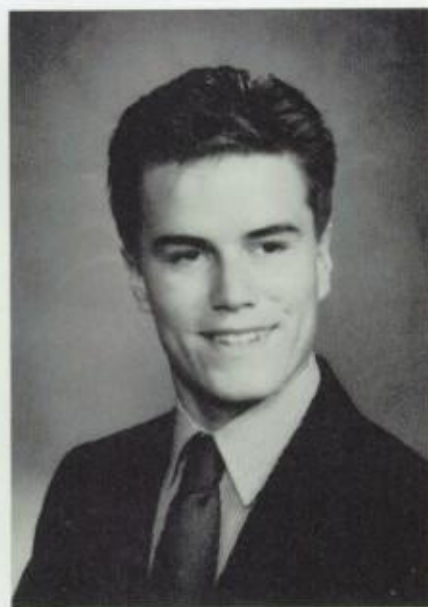
*Erin Rodriguez*  
Soccer



*Reina Savage*  
Softball



*Jamie Speidel*  
Basketball

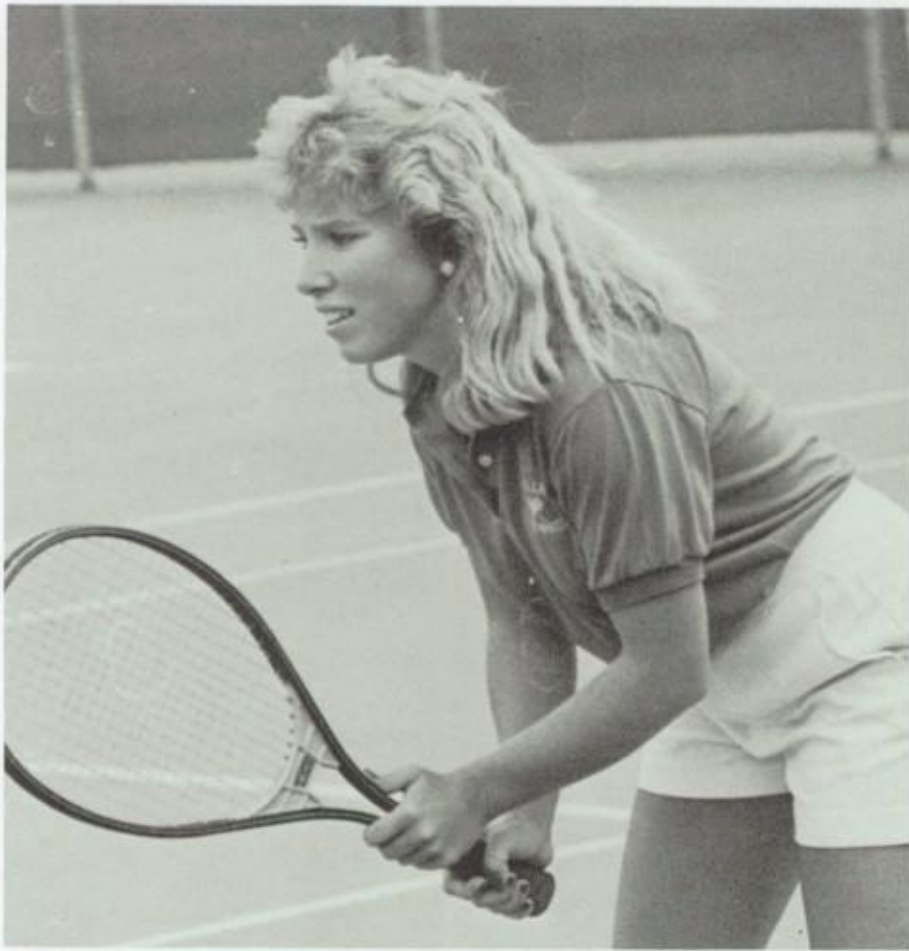


*Robert Thomas*  
Cross Country, Track



*Dale Webster*  
Swimming







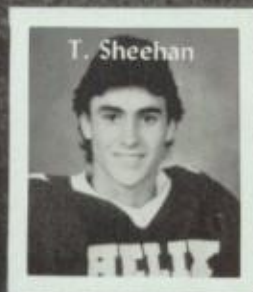


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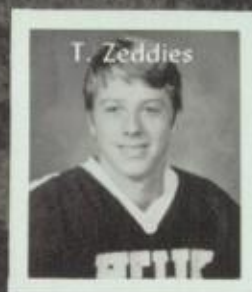




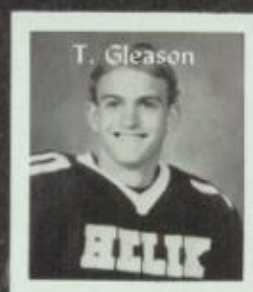
# Varsity



T. Sheehan



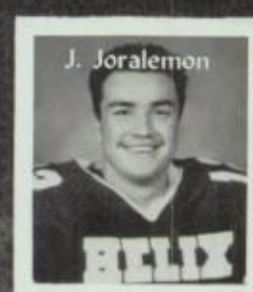
T. Zeddies



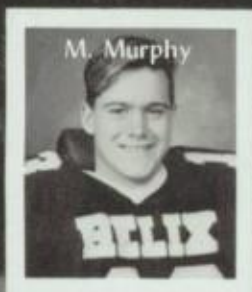
T. Gleason



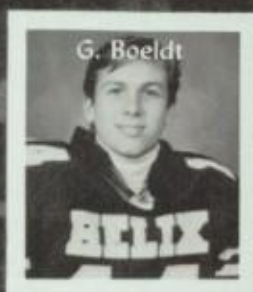
M. Johnson



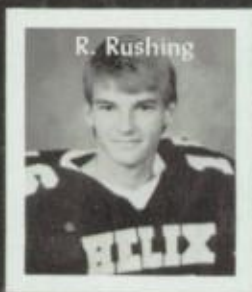
J. Joralemon



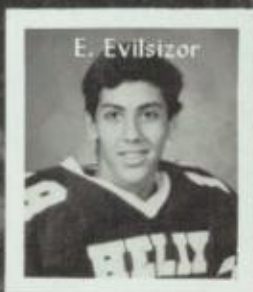
M. Murphy



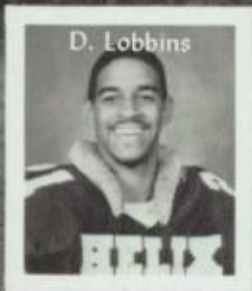
G. Boeldt



R. Rushing



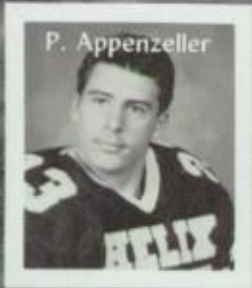
E. Evilsizor



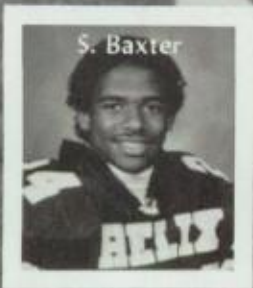
D. Lobbins



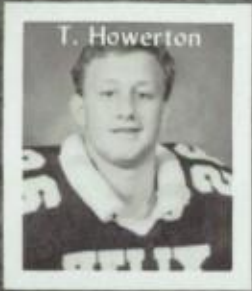
K. Barr



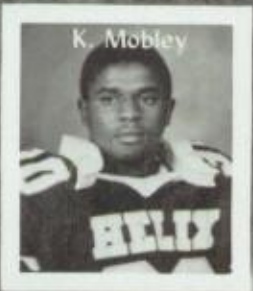
P. Appenzeller



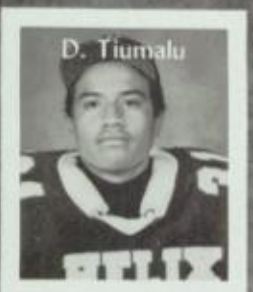
S. Baxter



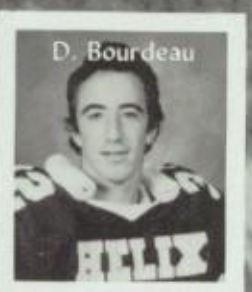
T. Howerton



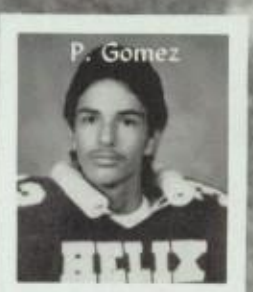
K. Mobley



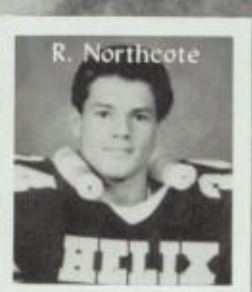
D. Tiimalu



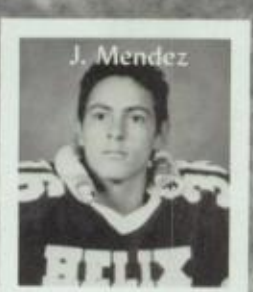
D. Bourdeau



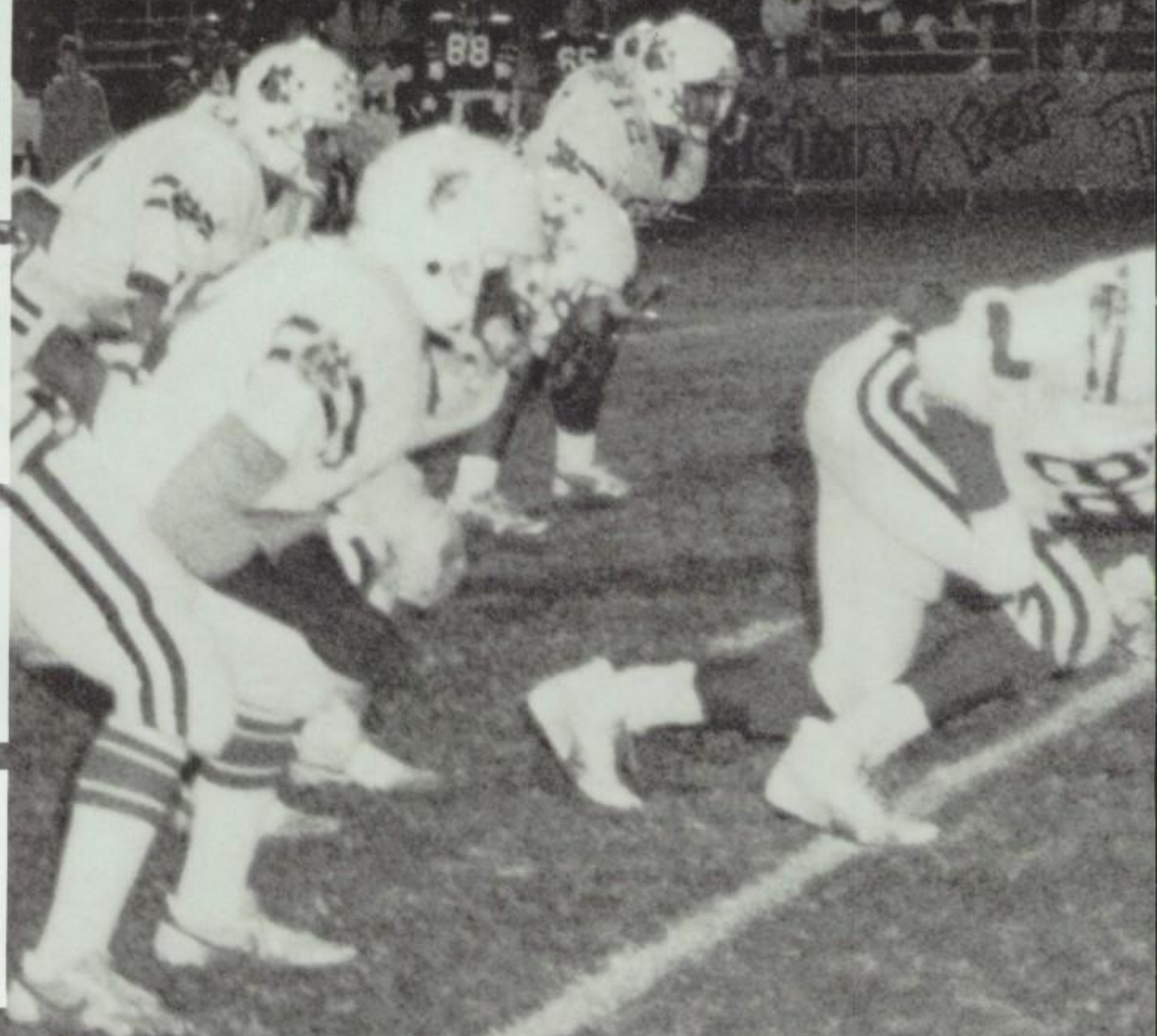
P. Gomez



R. Northcote

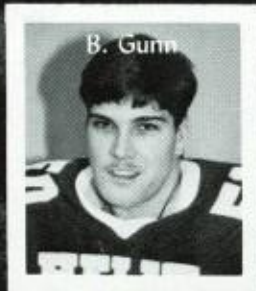


J. Mendez

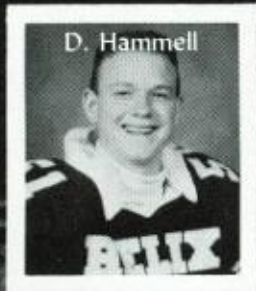




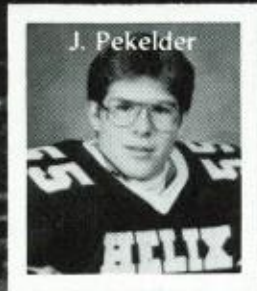
# Football



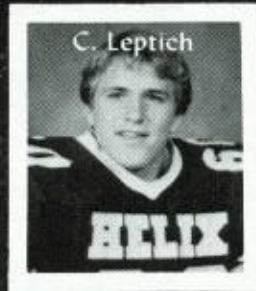
B. Gunn



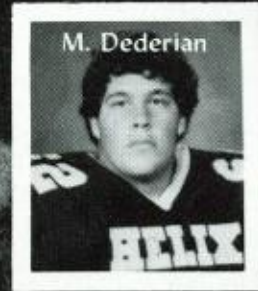
D. Hammell



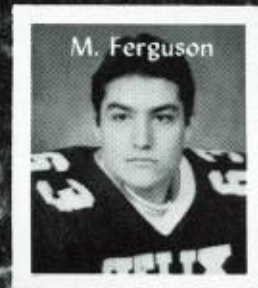
J. Pekelder



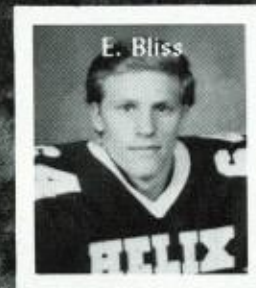
C. Leptich



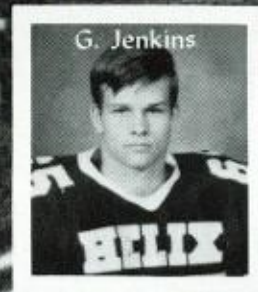
M. Dederian



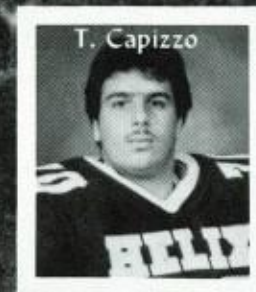
M. Ferguson



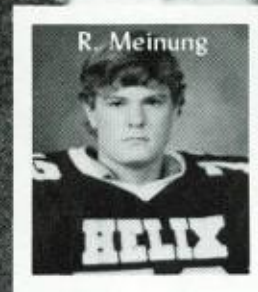
E. Bliss



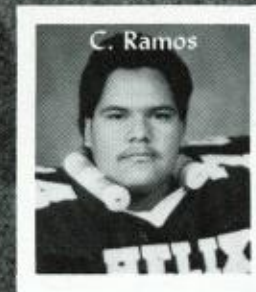
G. Jenkins



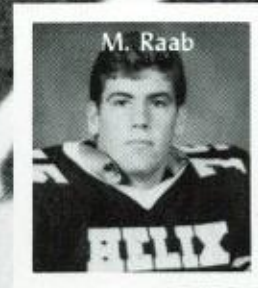
T. Capizzo



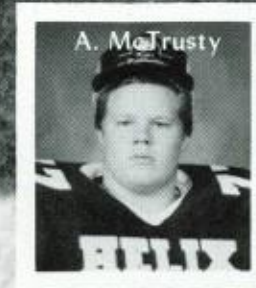
R. Meinung



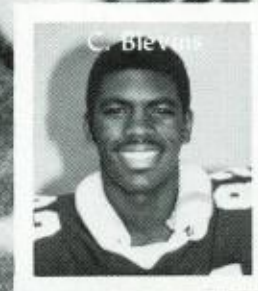
C. Ramos



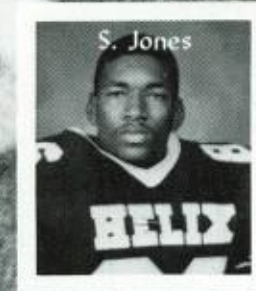
M. Raab



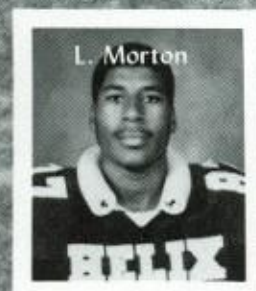
A. McTrusty



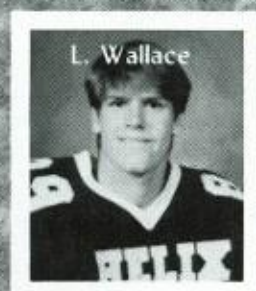
C. Blevins



S. Jones



L. Morton



L. Wallace



# Scots Finish Runners-Up

The Highlanders, after losing many players to graduation, came through another season with a 7-3-1 record. The preseason polls had the Scotties as low as fourth in the Grossmont 3A League, but through determination, they set out to prove otherwise. The Scots ended up as league runners-up, and earned a spot in the 1986 playoffs. The season got off to a slow start, however, with a disappointing 1-1-1 record after the first three games. The Scotties opened at home against non-league opponent Patrick Henry. Although the Scots won 13-0, it was not a spectacular victory. Next the Scots travelled to Grossmont, where a 7-7 tie resulted. The next week was a disappointing loss at home to Valhalla 6-7. Things looked grim for the Highlanders. But not being ones to fall down and die, they won their next two games

against Hilltop 40-10 and El Capitan 6-3. Then the Scots travelled to Santana to open league play, and came away with a 28-3 victory. The next week, again at home, the Scots defeated Monte Vista 26-6. This brought them to the crucial game of the year: Granite Hills. If they won the game, a playoff berth was in the bag. Homecoming festivities added to the atmosphere, and the Highlanders won it 14-7. A disappointing loss to Mt. Miguel 0-14 cost them the league crown, but hopes were still high for the playoffs. A final non-league game against Castle Park was also won 13-3. The Scots, however, lost in the opening game of the CIF 3A playoffs to the Montgomery Aztecs, thus ending the season of play. The loss was an unfortunate one, but there were many high points during the season. The "Mad Dog" defense

ranked second in the county, and only Mt. Miguel and Montgomery could amass more than one touchdown in a game against the Scots. A young offense developed to show much potential throughout the season. The Highlanders were also well represented on the Coaches' All-League Team. Linebacker John Joralemon and corner Perry Gomez earned First Team honors, and Loren Wallace, Sam Jones, Mike Murphy and Derek Lobbins all made the Second Team. On the offense the Highlanders were represented by receiver Todd Sheehan, running-back Kerry Barr, and lineman Erik Bliss and Chuck Leptich on the First Team. Second Team honors went to quarterback Tim Zeddies. Honorable Mention awards went to Leon Morton, Paul Appenzeller and Sid Baxter.







Coach Arnaiz discusses with quarterback T. Zeddies.



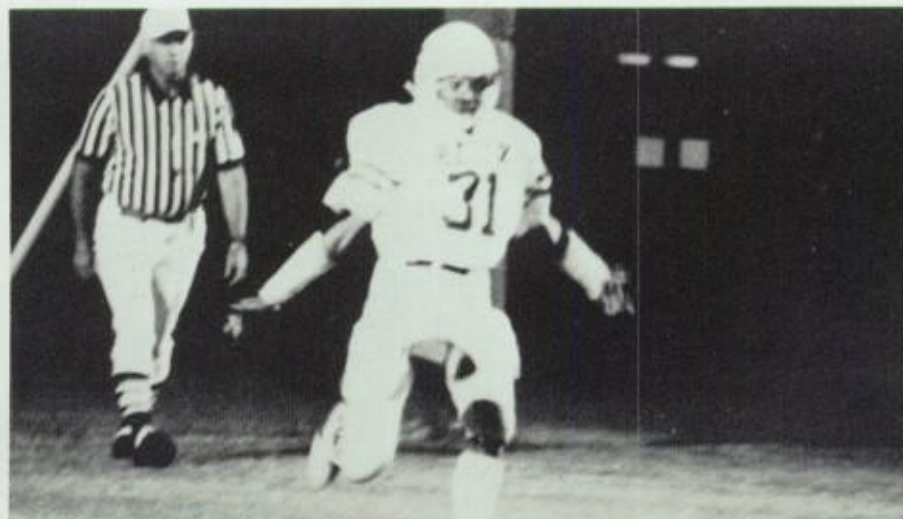
J. Joralemon escapes a Monarch defender.



100th win celebration for Coach Jim Arnaiz.



QB T. Zeddies scrambles to pick up yards.



D. Tiimalu kicks a successful punt.

P. Appenzeller looks for open field.



# Mad Dogs Attack



Helix mad dogs swarm a defending player.



D. Tiimali strives for the loose ball.



P. Gomez sets up for an interception.



Mad dog defense plugs up the hole.





Offense prepares to score a touchdown.



K. Barr gets through an open hole.



Mad Dogs attack a Matador defender.





B. Gomez shows intensity before the play .



J. Matthews maneuvers from opposing team.



Offensive line was led by QB Rob Ippolito.



Coach Schniepp talks to defense on sideline.



JV Scots ready to attack opponent.





Bottom row: F. Nunez, J. Osthimer, D. Snead, R. Lyyoki, D. Whitaker, T. Zeddies, M. Langston, J. Matthews, K. Cooper, S. Gadler, R. Mata, H. Abbas, T. Hernandez, J. Osthimer, J. Ledford, J. Lamachy, T. Miller, A. Devera, Coaches J. Schniepp, T. Jenkins,

D. Langston, E. Evilsizor, F. Theroux, M. Favero, M. McCullough, R. Ippolito, J. Quigley, R. Rioux, T. Mitchell, Chris, J. Smithey, G. Arnaiz, B. Marshall, G. Howell, D. Engbloom, C. Cedric, J. Castillo, J. Guzman, C. Masion, G. Gutierrez and T. Dinger.

## JV Football



R. Ippolito kicks off to opponent.



C. Cain gains big yardage against opponent.

"Sometimes you can't measure a team by their win-loss record (3-6-1). This was one of those teams! They never gave up and played all out in every game," said coach Dick Langston. Offensively, Spike Mitchell, Robb Ippolito and Jason Quigley led the team. Defensive standouts included Chriamin, Joey Smithey, Bruce Marshall and Marvin McCullough.



# Varsity Water Polo

D. Comer



P. Waymire



S. Strong



D. Kriedeman



T. Sleet



M. Buckley



K. Katzenmeyer



D. Omaha



B. Hayward



D. Singer



J. Munch



J. Meyer



J. Hull



P. Darby



M. Siepert

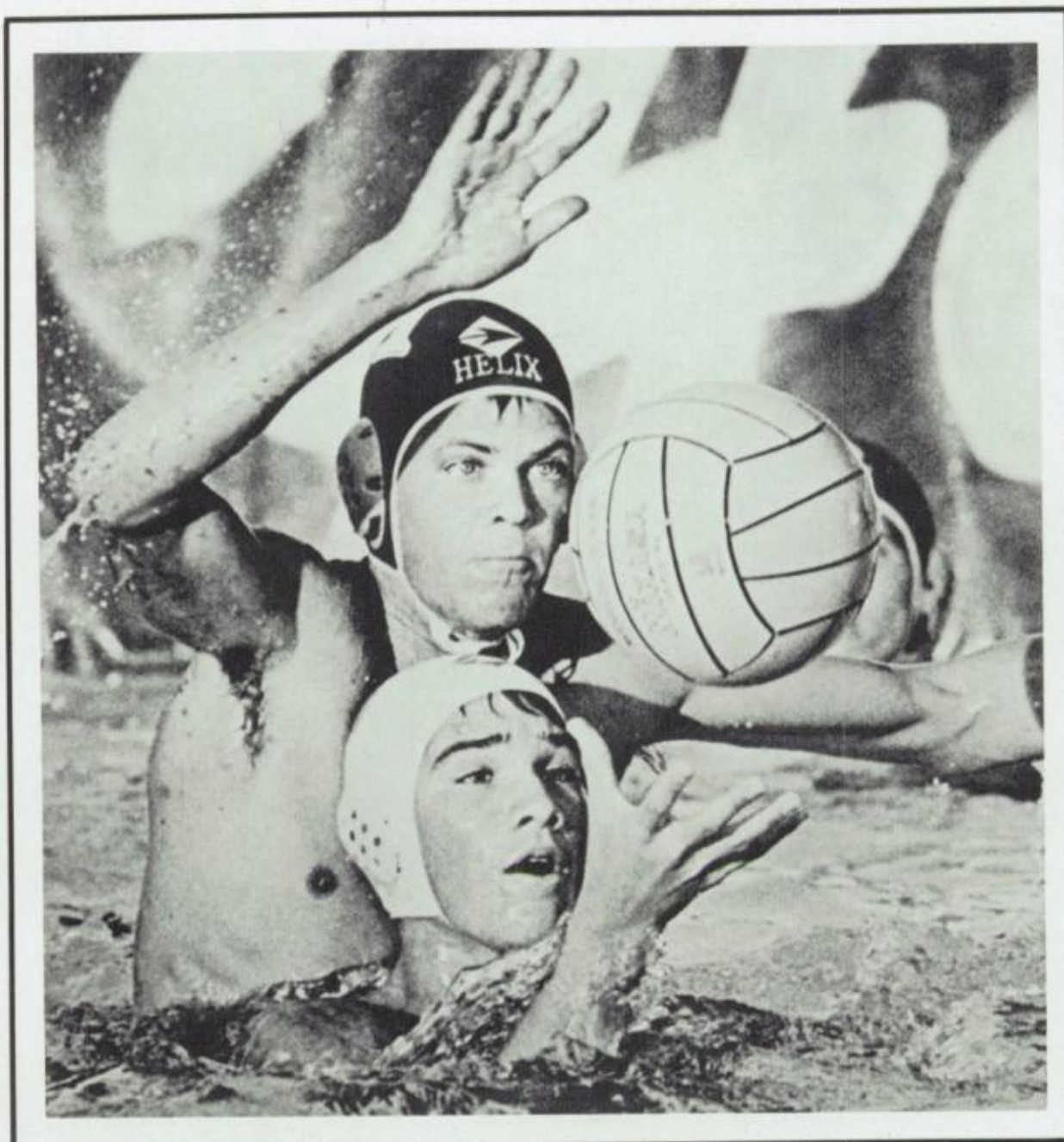


S. Jentoft





Todd Sleet looks anxiously for a pass from a teammate.



Senior Paul Waymire demonstrates the tough Water Dog defense.

## Water Dogs Finish Seventh in County

The 1986 Highlander water polo team, led by coach Mike Smith, finished a winning season with a record of 16 wins and 7 losses. The team started slowly, but then won seven straight. Included in these wins was the winning of the Coronado Invitational Tournament. Due to their impressive season, they earned a high spot in C.I.F. In the first round of C.I.F. against Poway High School, Helix won 18-7. In the second round, Helix was matched up with 2nd ranked University High. Helix came out strong and was leading 4-1 at the end of the first quarter, but by the end of the third quarter, Helix was down 9-6. Helix came out strong by scoring two goals and shutting down University's offense. However, it wasn't enough and Helix lost 9-8. Regardless, Helix was highly respected by

other teams and was regarded as one of the top teams in San Diego County.

The aggressive and talented Helix offense was led by Seniors Dan Comer, Mike Buckley, Todd Sleet, Doug Kriedeman, and juniors Cary Coleman and Dan Omahen. Helix's strong defensive standouts were Paul Waymire, Steve Strong, Steve Jentoft, Kraig Katzenmeyer, and goalie Mike Siepert who showed great talent in his first year in the goalie cage. The team's leading scorer, Dan Comer, was honored by being named to the All-League first team and Cary Coleman was named to the league's second team, while Kraig Katzenmeyer and Mike Siepert received honorable mentions. Comer was also named to the All-CIF third team.



Junior Jeff Meyer sees an open goal and prepares to shoot.





Helix Highlanders defend their goal during a man-down situation.

Senior Doug Kriedeman grabs the ball and looks for an open player.

Kraig Katzenmeyer steals the ball and swims towards goal.

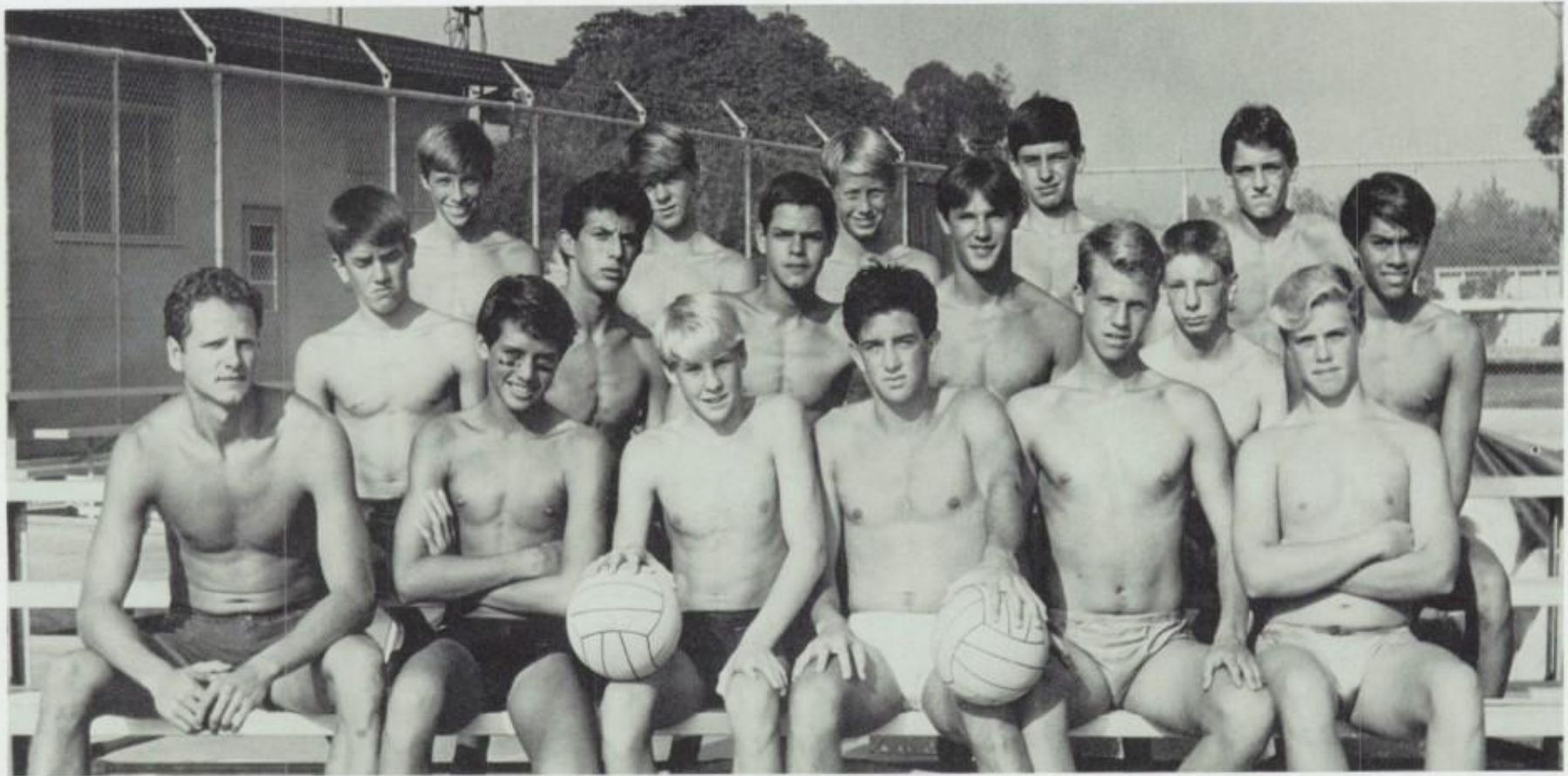


Senior Dan Comer looks for an open man during a Helix offensive drive.

Junior Dan Omahen looks down tank during a fast break opportunity.



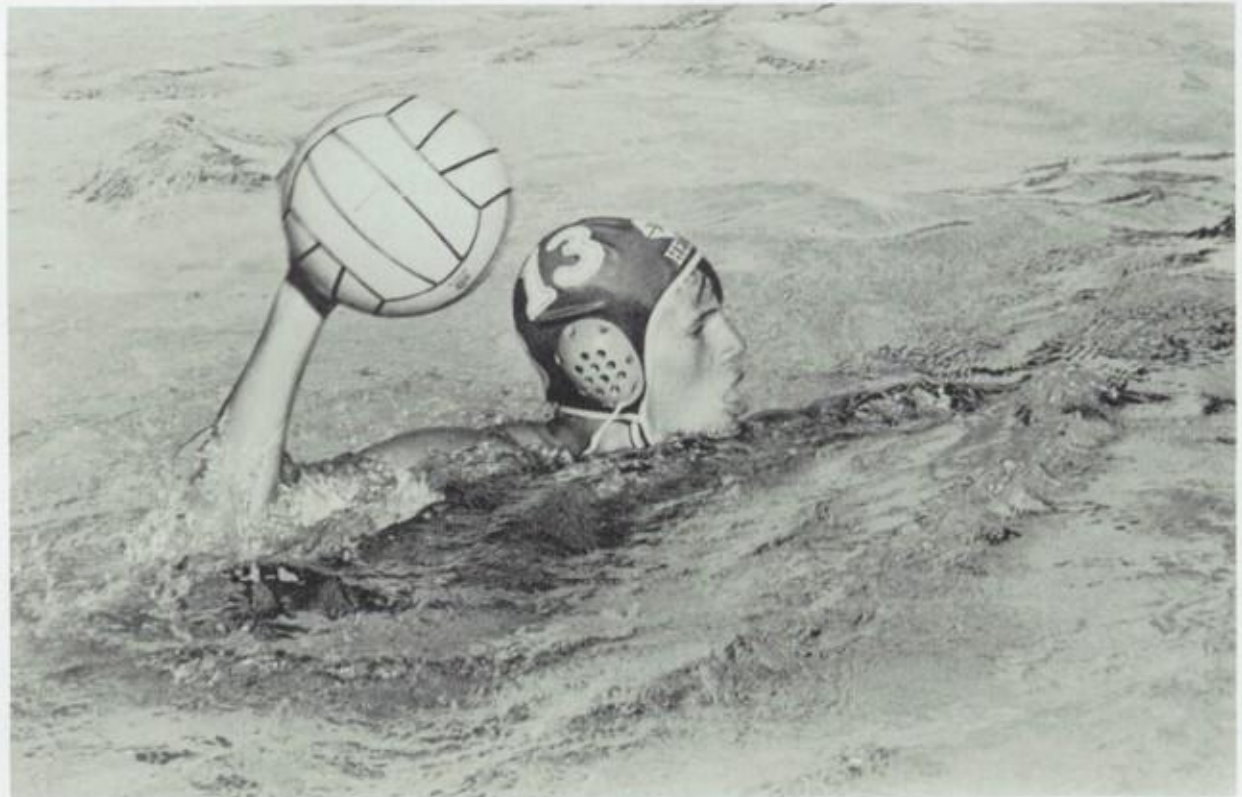




Team members: S. Sawyer, M. Konold, E. Arrivee, A. Toporovsky, S. Osborne, C. Oakey, F. Reyes, R. Cando, M. Scheidel, T. Stodelle, Coach B. Bidwell, J. Magee, M. Buckley, B. Konold, D. Nyenhuis, G. Bjornson, D. Hall, G. Robinson, G. Chipman, J. Self, T. Ney, S. Schaefer.

Sophomore Dan Nyenhuis receives a release pass.

Byron Konold tries to move into a better shooting position against his defender.

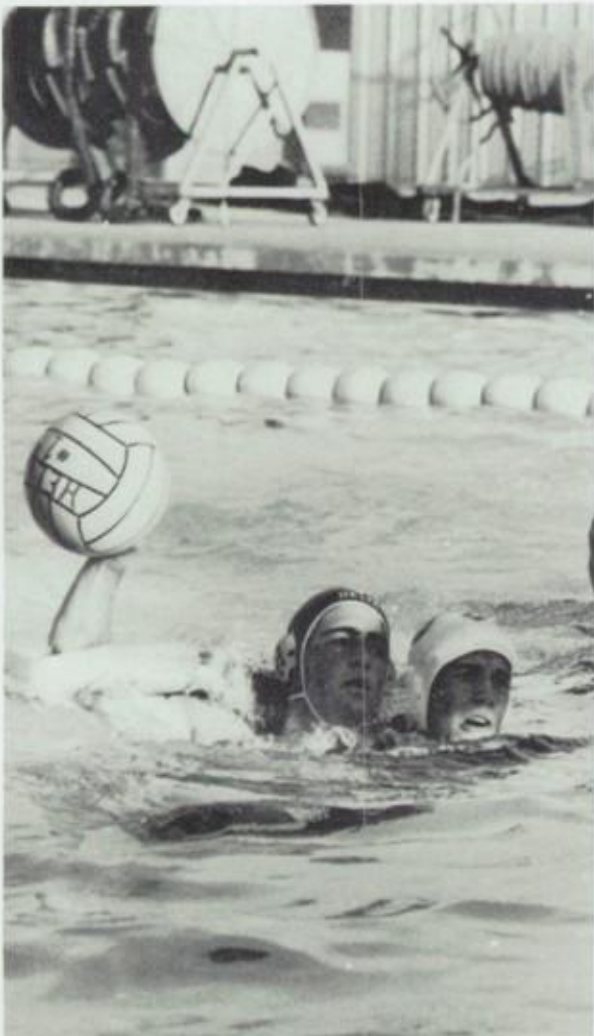


## JV Water Polo Finishes 19-2

The success of this year's J.V. Water Polo team dealt chiefly with the coaching of Brad Bidwell. Due to the intensity and hard work during practices, the Water Dogs ended up with a tie for first in the Grossmont League with a record of 19-2. After losing their first game to Valhalla, Coach Bidwell motivated his players into winning their next seven games. During that time, they also won the Mount Miguel Invitation Tournament. They lost their

second game to Valhalla and from then on, they succeeded in winning their remaining games.

Some outstanding offensive players would include: Co-Captain Byron Konold, Garon Robinson, and Dan Nyenhuis. On defense: Co-Captain Matt Buckley and Goalie Jason Magee helped the team become the second best defensive team in the league.





# Varsity Volleyball





# Rebuilding Year For Scotties



The lady Mad Dogs, Joan Moser, Melissa Jones, Marie Cortez and Jody Zollinger, anticipate a hard serve from the opposing team.



Shaleen Sheridan and Jenice Barnes, attempt to block a hit.



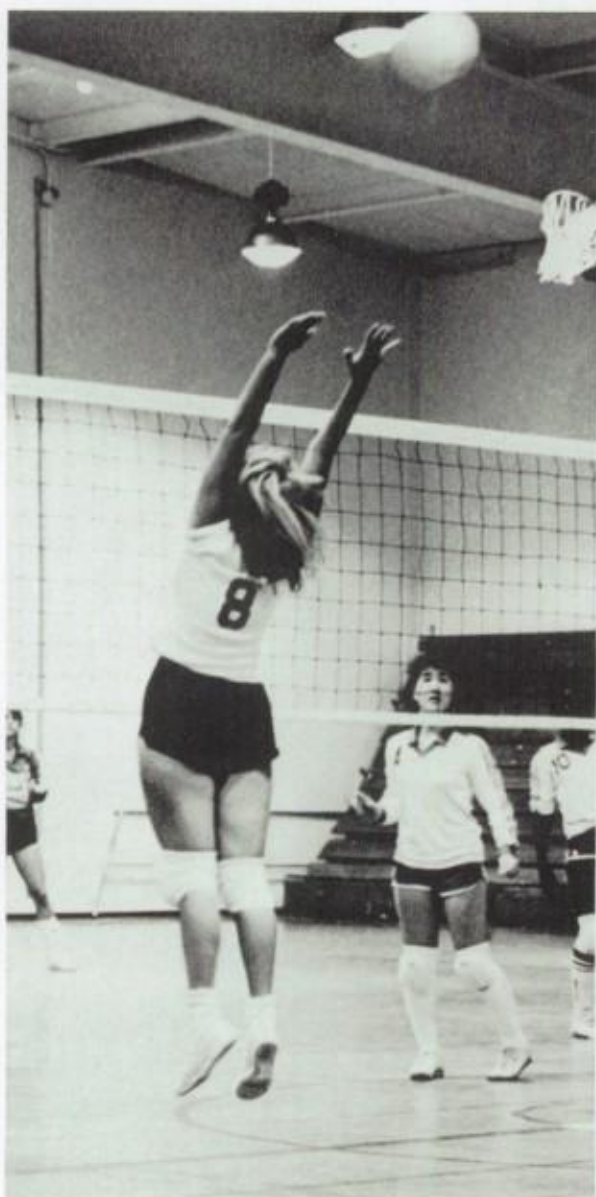
Sophomore Alexis Pniak successfully passes the ball to her setter.



Sophomore Alexis Pniak gets ready to return a hard serve from the opponent.

The 1986 volleyball team underwent a rebuilding year with new Head Coach Joanne Tarantino and only three returning players. The season began with a talented team but very little experience, and they began to unite and play tough matches against the top teams in the Grossmont League: Grossmont, Valhalla, and Grante Hills. This year's team was led by Jr. hitter Marie Cortez and Soph. setter Joan Moser. With only one senior, Melissa Jones, the Mad Dogs will be returning nine strong players to next year's squad. The team is characterized by hard work, determination and good spirit. Alexis Pniak and Kim Hendee led the team in blocks on defense. Krista Elliott proved to be our most offensive player and our most improved player was Shaleen Sheridan.





Heather Wachs jumps up to block a spike.



Tina Best bumps the balto her setter.



Freshman A. Daglio prepares to serve for a winning point.

## JV Volleyball

The volleyball program at Helix is definitely growing with the help of J.V. coach Claudia Townsend and assistant coach Jeff Merghart. The team raised enough money to buy new equipment from their serv-a-thon and the Open Tournament. The Junior Varsity volleyball team started the season young and inexperienced, with only Tina Best, Heather Wachs and Kolleen Listinger returning from last year. Despite this the team went undefeated up until about midseason when injuries hurt the team. Hampered by injuries, the team had to rise to the challenge of totally regrouping and learning new positions midseason. The team finished tied for third and overall had a very successful season.



Team Members: Coach C. Townsend, A. McTrusty, C. Chipman, E. Plum, K. Listinger, M. Murdoch, H.

Wachs, Asst. Coach J. Merghart, D. Oberreuter, L. Engelhorn, S. McKeig, A. Daglio, A. Kraynik.



# Varsity Tennis



K. Selder



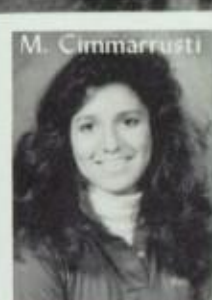
L. Slater



N. Reehman



J. Jeffers



M. Cimmarrusti



N. Moshaghi



S. Janssen



A. Pilkington



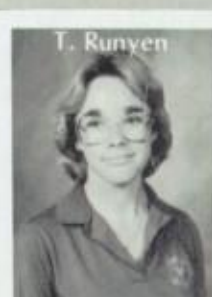
P. Frosio



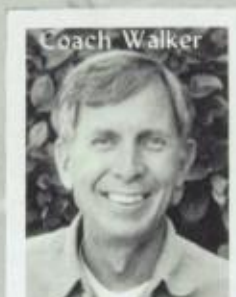
L. Poma



M. Fonseca



T. Runyen



Coach Walker



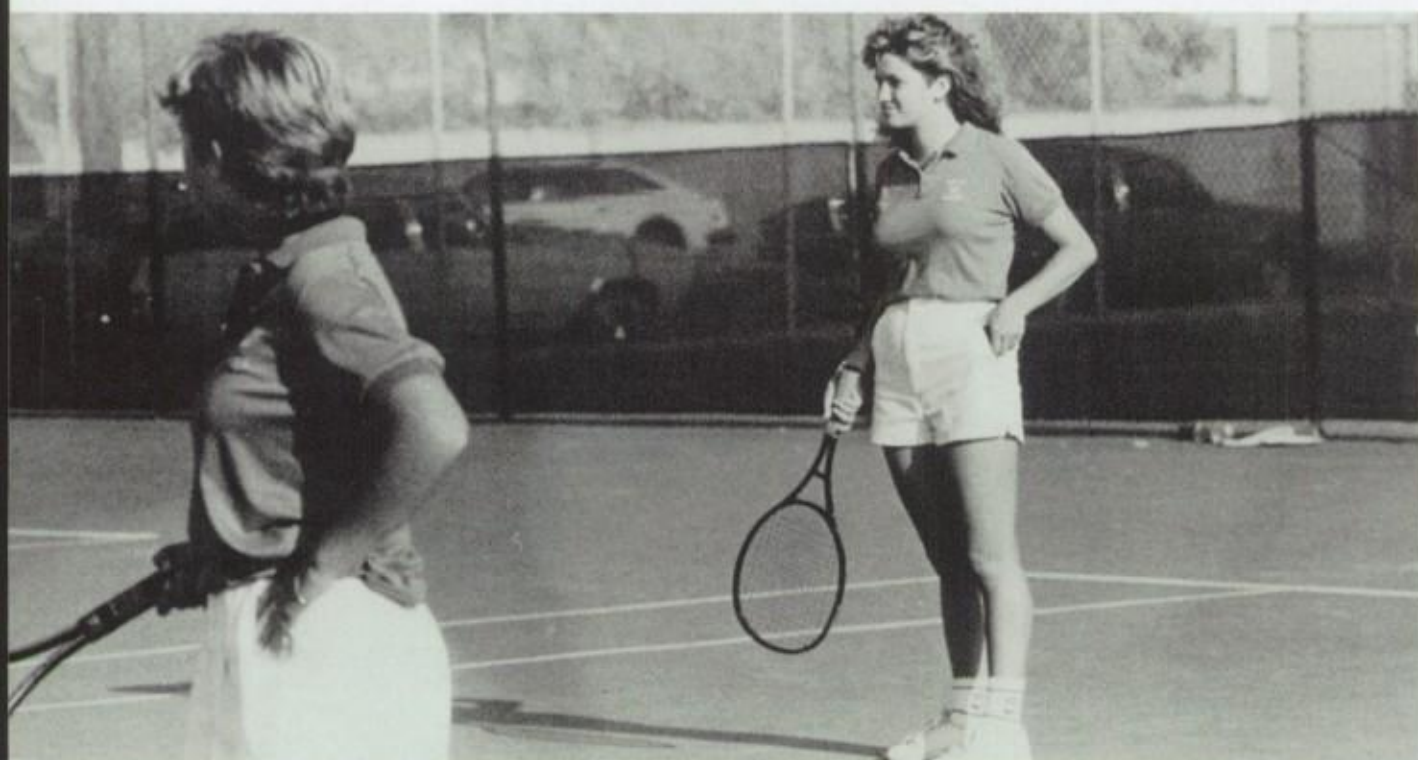


Junior Stormy Janssen returns a hard serve from an opponent.

Junior Marisa Cimmarusti concentrates on the ball.

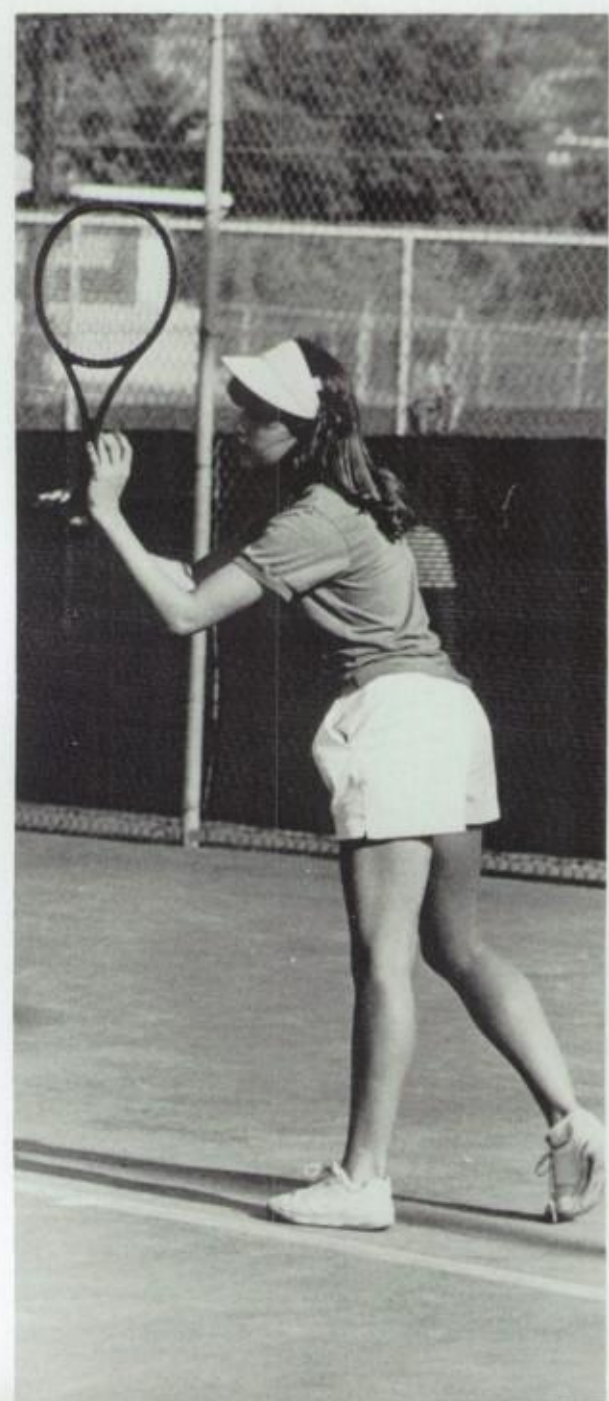
Lara Slater and Stormy Janssen await a doubles match.

Jaime Jeffers concentrates on her serve.



## Varsity Tennis

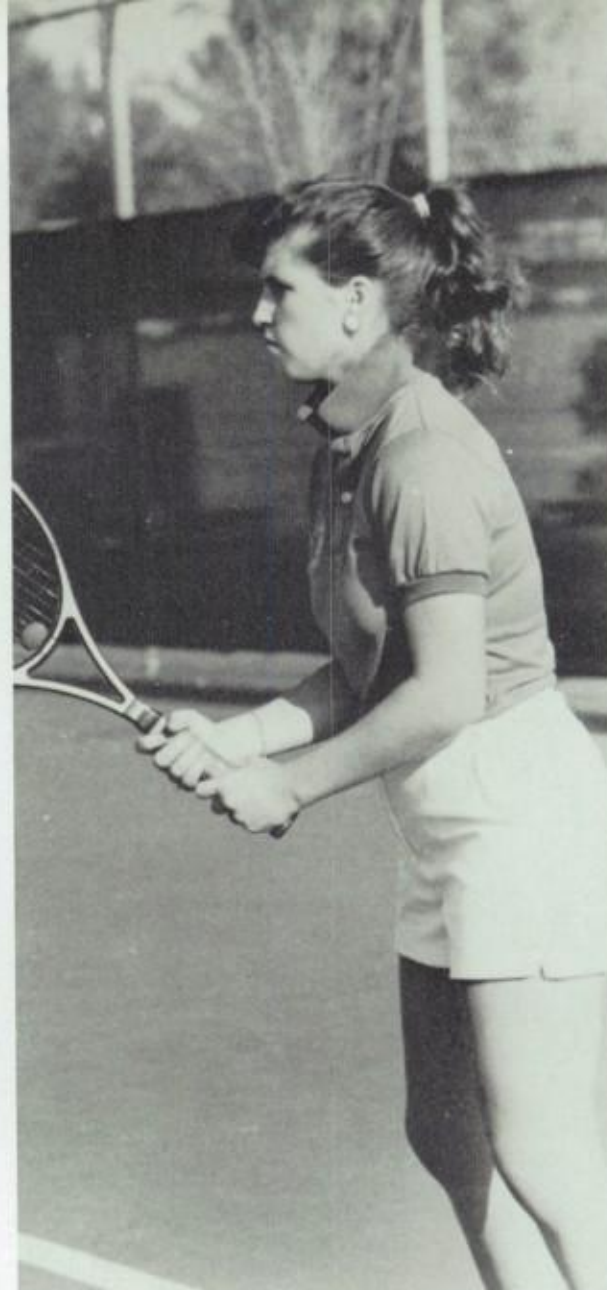
Girl's Varsity Tennis ended the season with five wins and 11 losses. Although the team did not have a winning season, the girls showed hard work and outstanding ability everyday. There were quite a few outstanding players this year. Among them are doubles players, Jaime Jeffers and Amy Pilkington. Also singles player Maureen Fronseca who is from Mexico City. Nicole Rechmann, from Germany, also showed great talent. Girl's Varsity Tennis is looking forward to a great and challenging season next year.



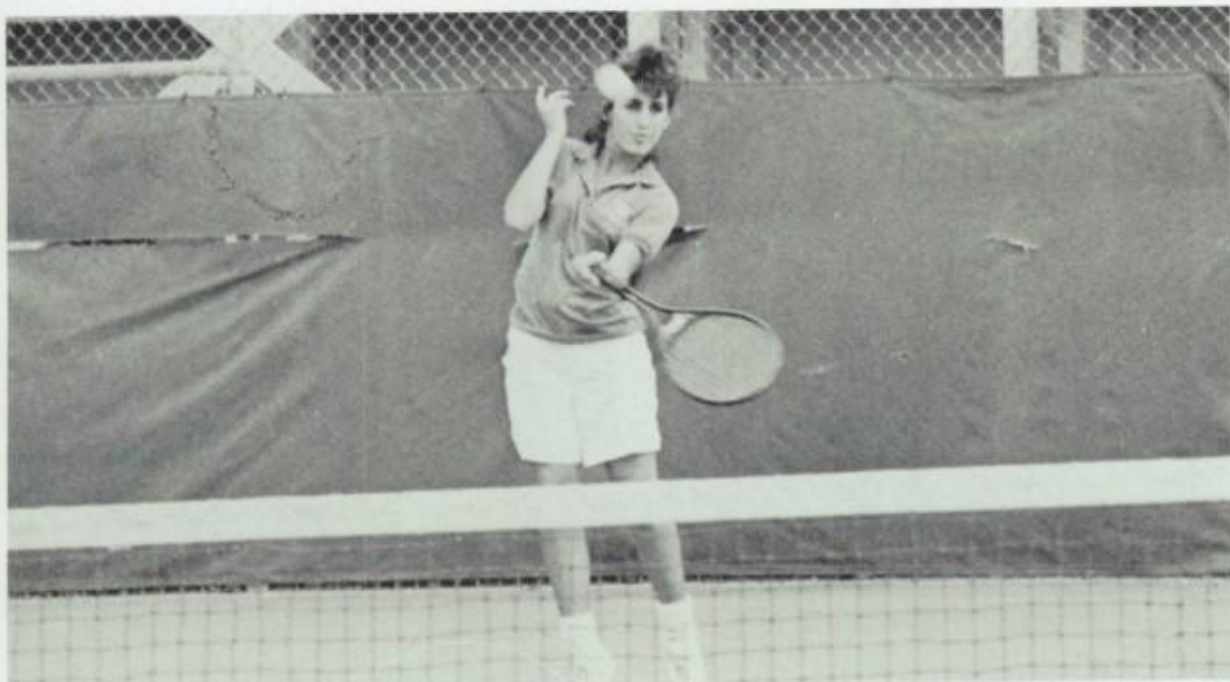




Team members: D. Baldeaux, P. Frosio, E. Castanedy, T. Brunelli, S. Cameron, E. Hoffman, A. Castillo, L. Bennett, J. McClure, S. Glueck.



Laura Bennett anxiously awaits a serve.



Junior Neda Moshtaghi shows great technique just before hitting a forehand.

Junior Sharon Glueck tries to keep her balance as she returns a ball.



## JV Tennis

Although this years J.V. Tennis Team did not finish with a winning season, they did their best all season and improved as the year progressed. They ended with a record of 7 wins and 9 losses. The Scots, led by Ross Walker, were not discouraged about losing because they had such a good attitude towards the game. This attitude carried them to an awaited victory over El Cajon Valley during the regular season. Although most of the team consisted of beginning players, the girls succeed in im-

proving their tennis skills.

Neda Moshtaghi, a first time player, Tina Runyen, and Erica Castaneday were three of the singles players who showed some outstanding ability. Erin Hoffman and Sharon Glueck were beginning players and they received an award for best doubles. Hopefully next year, we can see some promising athletes, including those new coming members.



# Varsity Girls Cross Country



E. Holliday concentrates hard.



Lady Highlanders prepare for a race.

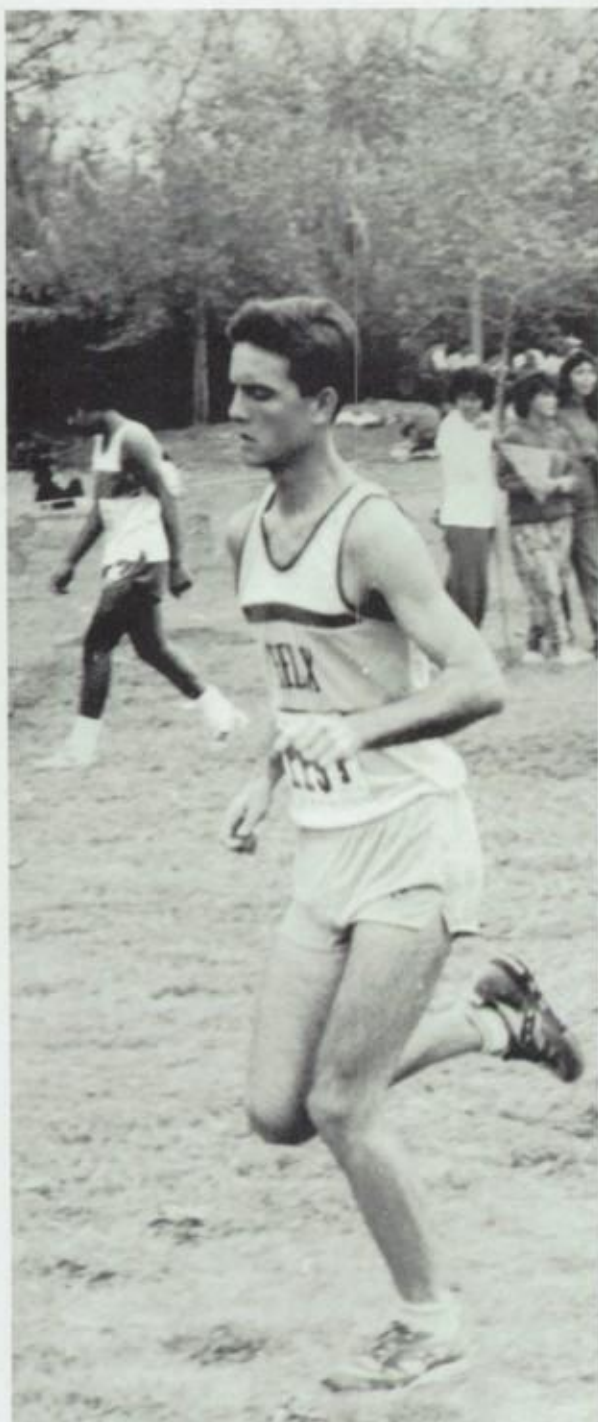


Y. Marzullo headed for the finish line.



E. Jorgensen nears the finish line.





A. Mounts demonstrates his style.



The Helix Highlanders prepare themselves at the starting line.

## Varsity Boys Cross Country



The Highlanders psych themselves up.

B. Thomas shows intensity reaching the finish line.

T. Drumon prepares himself before a race.





J.V. Highlanders take off in stride at the starting line.



J.V. Members: James Sikes, Tom Galvez, Rob Price, Quinten Foster, Dave Normandin, Ron Holladay, Mike Schmitz, Gordon Robinson, Derek May, Damian Peters, Josh Oderlin.

The Helix Highlanders J.V. cross country team realized a third place finish in the Grossmont league. This represents an improvement from sixth place the previous year. The leaders on the team such as Steve Sikes, Dan Miller, Robert Price to name a few created team unity. Dave Normandin, Quinter Foster, Gordon Robinson were also instrumental in this super team effort. Several J.V. individuals moved up

to the varsity ranks by their latter part of the reason by virtue of their superior performance. Despite the loss of these team members the remaining members were able to complete the best league final finish in many years. The coaches are anxiously looking forward to these J.V. runners to move into the Varsity ranks next year.

## Cross Country



J. Sikes strides to the finish line.

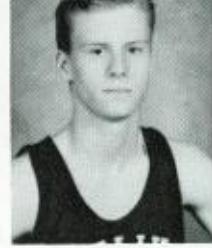


# Varsity Basketball

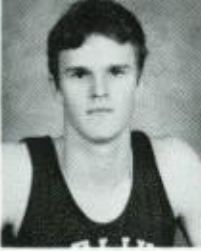
J. Andrews



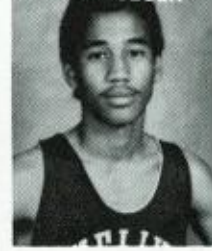
R. Ledford



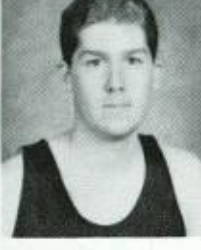
A. Bocko



A. McLean



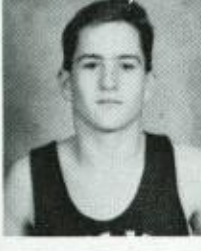
C. Carlson



T. McTrusty



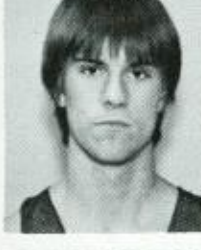
R. Cryer



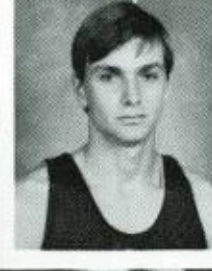
J. Pressler



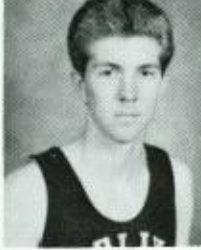
B. Falldorf



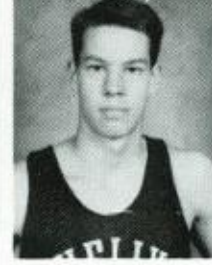
M. Siepert



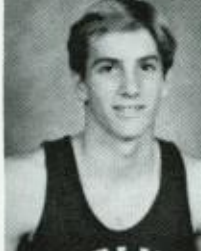
J. Gleghorn



J. Strojan



R. Harr



C. Wejse



M. Wu



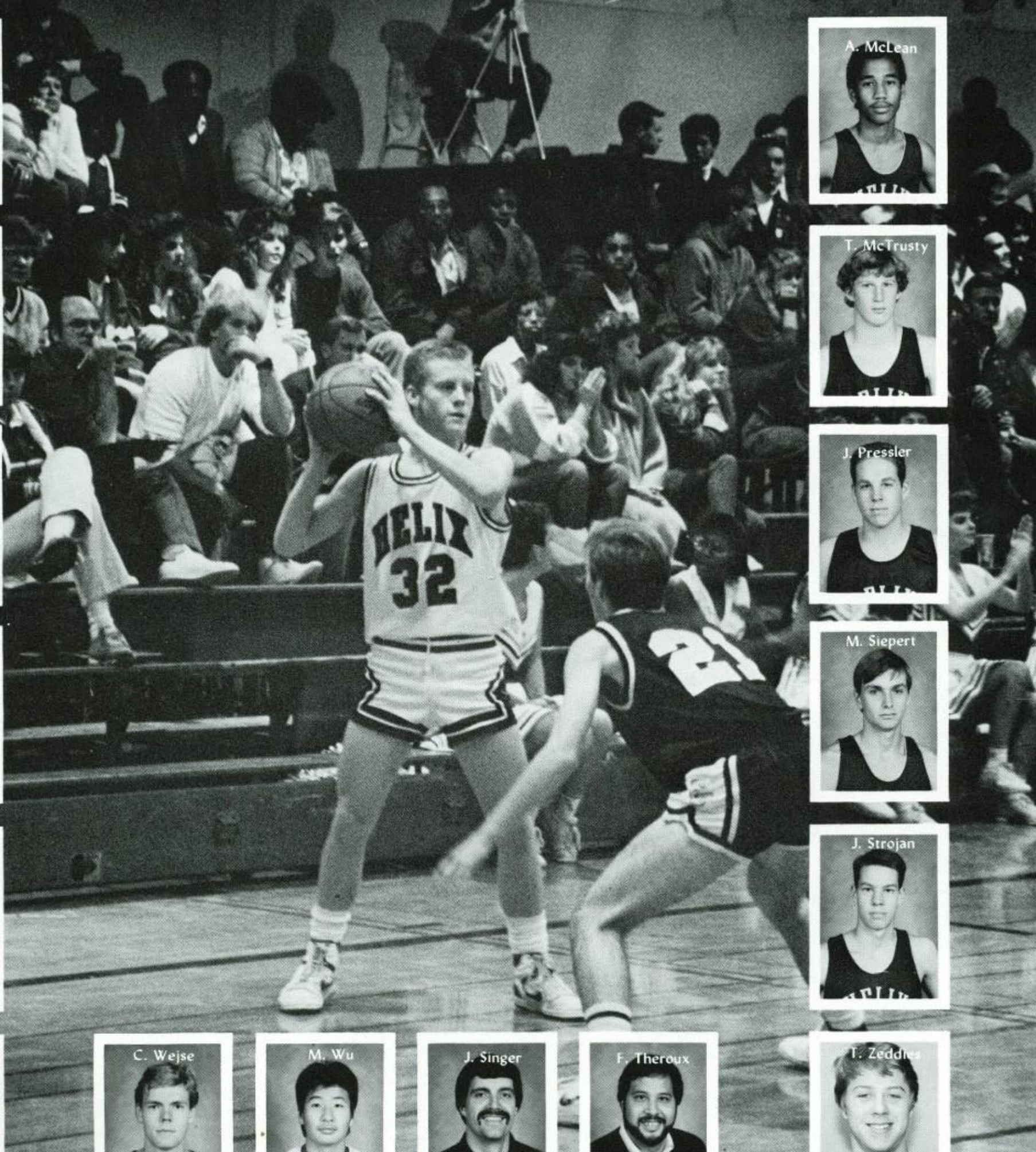
J. Singer



F. Theroux



T. Zeddes







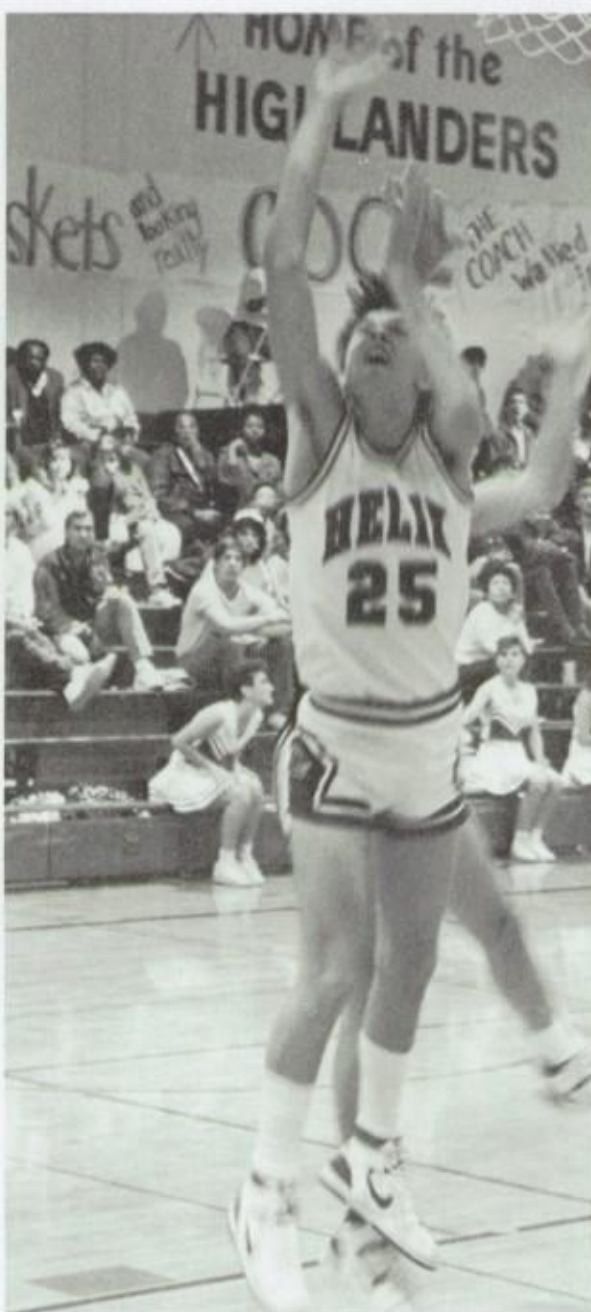
Senior Cliff Blevins struggles to get past El Capitan's defense.



Helix Hoopsters fire themselves up before the game.



Junior Chris Carlson attempts to throw the ball in.



Junior Mike Siepert scores two for the scots.



Junior Robbie Ledford shoots for two.





Junior Tim Zeddies shows aggression while trying to score for the Scots.



Coach Singer discusses strategy with his players during a time out.



Junior John Pressler boxes out an opponent.

John Pressler and Rich Haar prepare themselves for a rebound.

Youth and inexperience best described this year's men's basketball team. Four players returned from last year and only one of those, Rob Ledford, had much varsity experience. Coach John Singer and assistant coach Frank Theroux were pleased that the team never lost sight of its primary goals — to be competitive and strive to improve every day. "This is the brightest group of kids I've ever had the opportunity to work with," stated Coach Singer. "I only hope their intensity in the classroom is carried onto the court as well." Standouts this year included juniors Tim Zeddies, Rob Ledford, Chris Carlson, James Cleghorn and Mike Seifert. Sophomores Rich Haar and John Pressler gained valuable experience and should contribute heavily next season. Senior Cliff Blevins helped contribute also. The other senior on the club was Chris Wejse, a foreign exchange student from Denmark. Other players hoping to push for playing time next year included juniors Jeff Andrews, Bob Falldorf, Tony Mclean and Andy Bocko. Sophomores Todd McTrusty, who missed much action because of a leg injury, will contribute much next year also. Both players and coaches chalked up the 86-87 season to experience and look forward to a dynamic 87-88 season.





# JV Basketball



Mario Madle attempts to score two points.

This year's JV Boys Basketball team looked forward to defending last year's JV championship. Led by juniors Damon Roach, Jason Strojjan and Rich Cryer and under the guidance of coach Bill Sullivan, the team was well underway to repeating as league champs at midseason. Other standouts included sophomores Mario Mandle, Andy Meredith and Tony Zed-dies. Freshman Rob Ippolito was responsible for much inspired play also. The success experienced by this year's team should easily contribute to basketball success at Helix in the seasons to come.



Coach Sullivan talks to his starting players during a timeout.

Rich Cryer shoots from the free throw line.



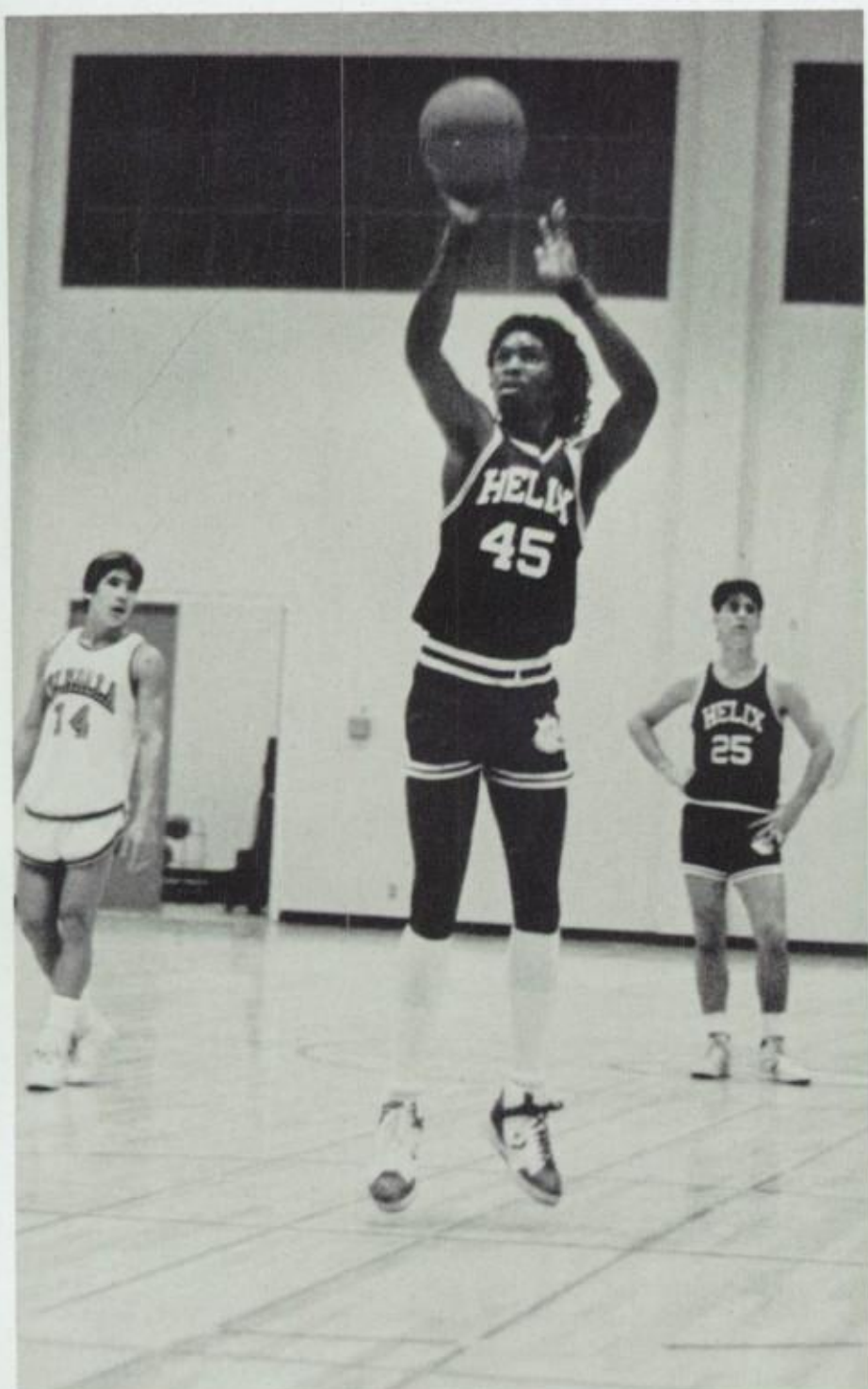
Scottie defenders jump to regain possession.







Team Members: D. Munoz, T. Chiang, H. Abbas, J. Watts, R. Ippolito, T. Zeddies, M. Madle, J. Strojan, A. Meredith, (Not Pictured) R. Cryer, D. Roach and Coach Bill Sullivan.



Rich Cryer throws the ball to an open teammate.

Damon Roach attempts a free throw.



J. Speidel



K. Patterson



S. Allsing



K. Elliot



M. Jones



J. Singer



D. Allsing



K. Hendee



C. Usquiano



# Varsity Basketball





# Pride Prevails

This year's varsity women's basketball team could be described by just one word — *pride*. The lady Highlanders used pride as an inspiration for a run at the league title as well as a return to the SD-CIF playoffs. An impressive season-opening 30-point victory over Chula Vista set the tone for the season. After stumbling early in league play, the lady hoopsters had three wins and two losses with both coming at the hands of Santana and Mt. Miguel. However, the team got itself on track during the winter break while participating in the inaugural 1st annual Kiwanis-sponsored women's basketball tournament. The team played one of their more memorable games of the year taking second-ranked Vista to the wire. A win over perennial power San Marcos vaulted them to eight straight league wins. Much of the team's success was credited to all-leaguer Jamie Speidel. The senior guard provided the leadership and intensity coach John Singer insisted his team had to have in order for this year's team to be successful. "Speidel is the type of player who makes everyone else around her a better player," was the word from many coaches around the league. "Jaime is so valuable in that she does so many things for the team that never shows up in the scorebook," stated Coach Singer. Donna Allsing, Kristi Patterson, Kim Hendee, Julie O'Neal and Tina Usquiano rounded out the squad and provided the needed team consistency. "Allsing was very consistent, Patterson, although one of the better players in the league, has her best ahead of her. She's only scratched the surface of how good she can really be," said Singer. Graduating players included Speidel, Allsing and Melissa Jones. Hopefully, with the addition of some JV players, the lady Highlanders will enjoy continued success next season.

Senior Donna Allsing keeps her eye on the basket as she shoots for two.

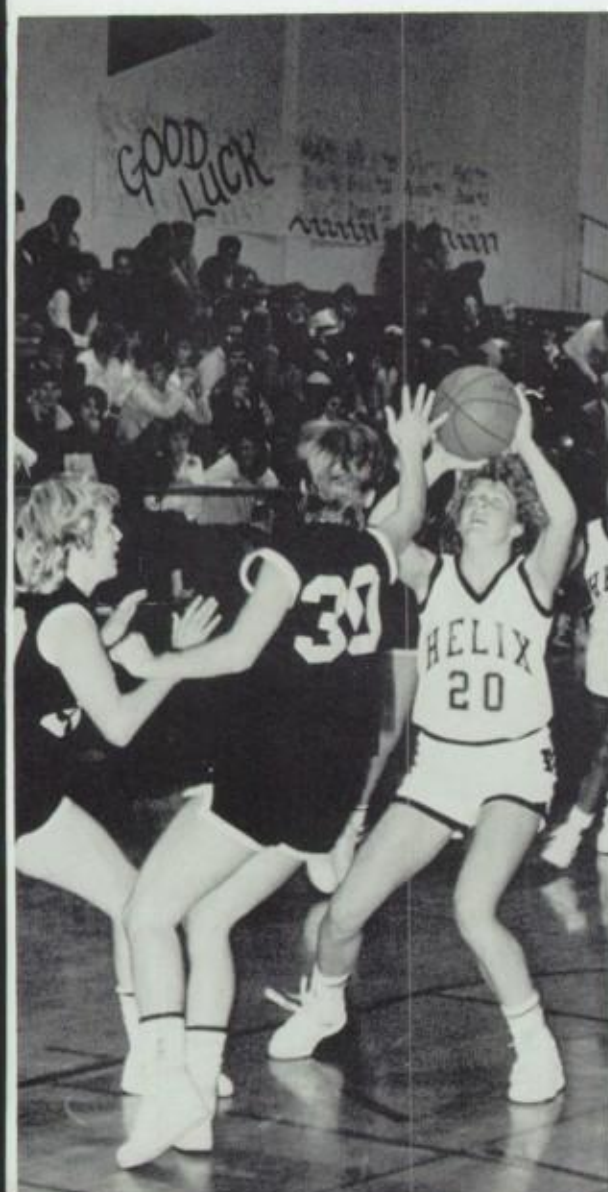
Junior Christina Usquiano goes up for a lay-up.



Towering above opposing defense, Kristi Patterson shoots for two.



Senior guard Jamie Speidel attempting to score for the lady scots.







During a time-out Coach Singer gives the starting lineup some advice.



Junior Christina Usquiano dribbles up court looking for an open teammate.



Senior Melissa Jones struggles to regain a loose ball.

The killer bees await for the play to begin.

Sophomore Julie Oneal, looking to pass to a fellow teammate.







Team Members: S. Sanders, K. Miller, M. Valmoja, C. Scotese, K. Kendrick, S. Schroeder, T. Carson, K. Toshalis, J. Rubiano, A. McTrusty, K. Cook, D. Oberreuter, L. Englehorn, K. Gudith, C. Clubb, A. Daglio, J. Little.

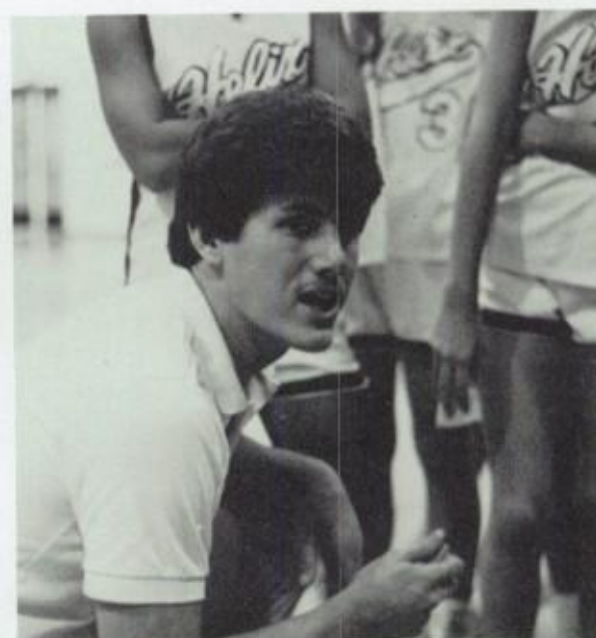
## J V Basketball



Sophomore Andrea McTrusty dribbles down court to score for the Scots.



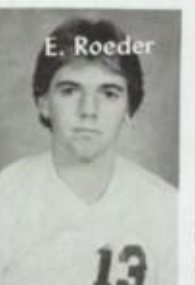
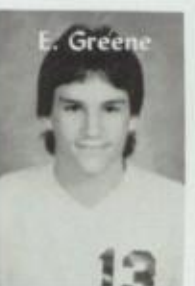
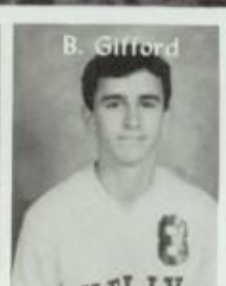
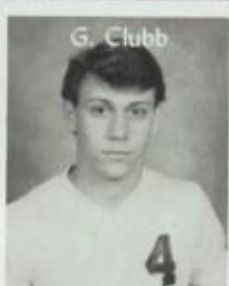
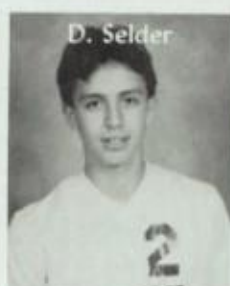
Freshman Kacee Miller struggles to get the ball on a rebound.



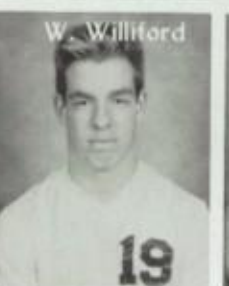
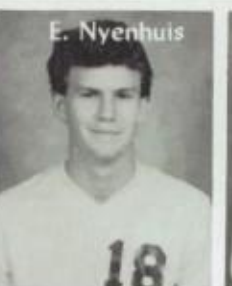
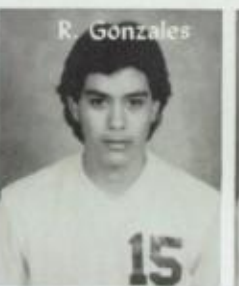
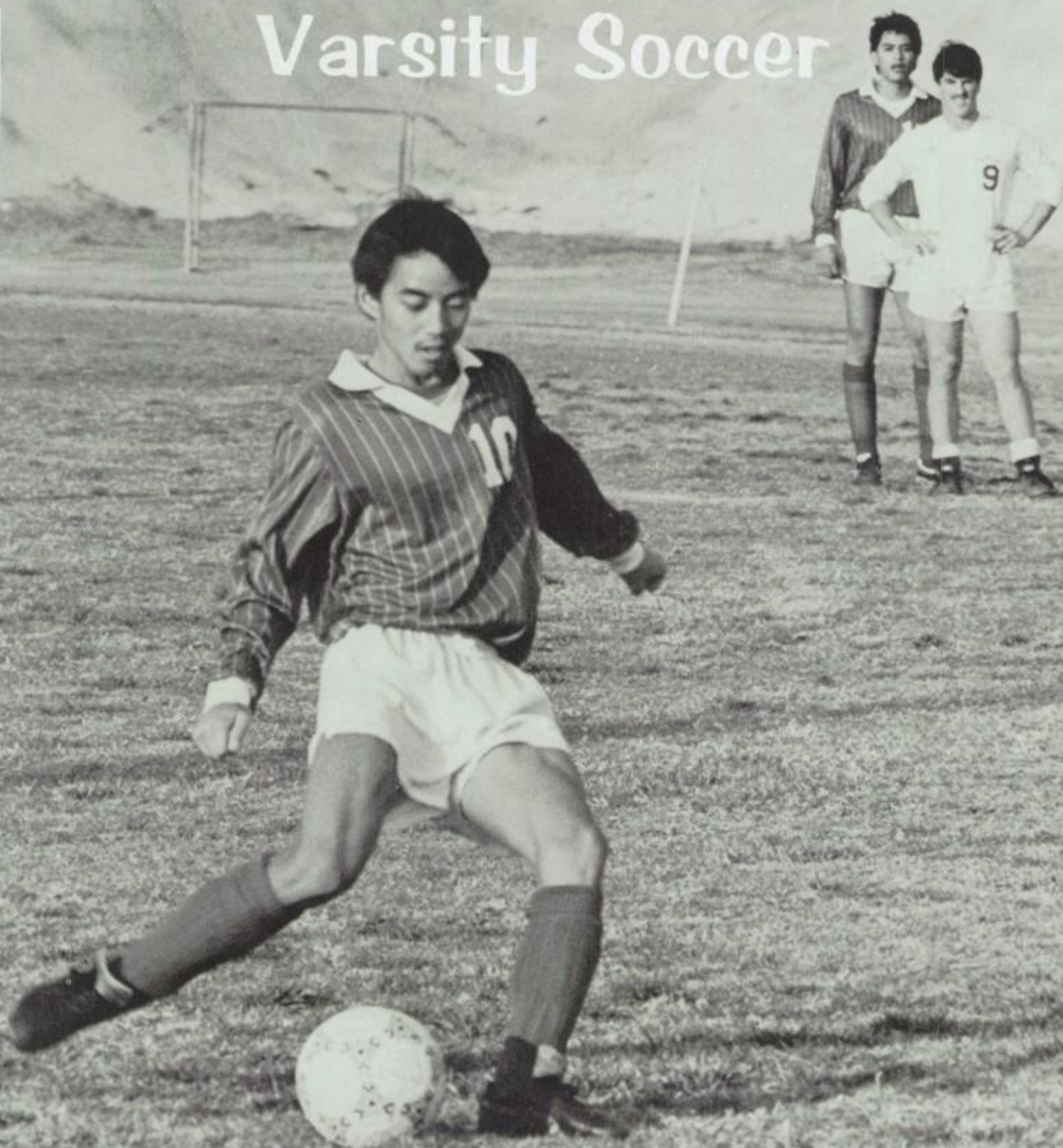
Coach Robert Morrow discusses strategy to his starters.

The JV girls basketball team, led by first year coach Robert Morrow, demonstrated much promise and enthusiasm during the 86-87 season. Returnees Janice Rubiano, Katherine Ferriero and Susan Schroeder provided much leadership for the young team. Lori Englehorn, Andrea McTrusty and Denay Oberrutter showed much improvement as the season progressed. Hopefully this nucleus of young "lady hoopsters" will continue to make girls basketball at Helix a winning tradition.





# Varsity Soccer







Sophomore Bobby Gifford dribbles down field. Sophomore Kenji Hall shows aggression as he attacks the ball.

## New Coaches Lead Scots

After a disappointing '85-'86 season, the '86-'87 Helix Boy's Soccer Team picked up the pace under the new headmanship of first year coach Renato Capoblanco, assisted by Gary Wilcox. The Scotties overall spirit, skill, and team unity kept them in league contention with a possible C.I.F. berth awaiting them. The turning point of the season was versus Grossmont, last year's league champions. Down 3-0 at the halftime, the Scotties rallied under the call of their leaders, coming back to tie the game 3-3, bumping Grossmont out of first and proving the Highlanders as strong league contenders. Leading the Scotties were their three captains: Senior center midfielder Yoshio Hall, goalie Marc Duggan and Junior forward and top scorer Craig Gaingregorio, Senior winger Greg Clubb and Junior Chris Martinez.



Jason Cooke heads the ball away from an offender.



Determined to score, Chris Martinez turns down field.





Goalie Marc Duggan kicks the ball into the playing field.



Senior Greg Clubb looks down field while being pursued by Monte Vista defenders.



Junior Eddie Greene prepares to clear the ball.



Senior Yoshio Hall dribbles through two Monte Vista defenders.





Coach Renato Capablanca inspires the team during halftime.



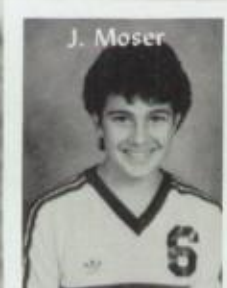
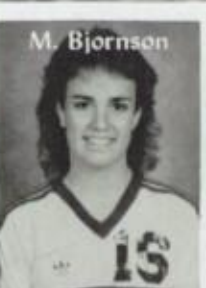
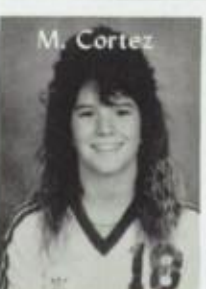
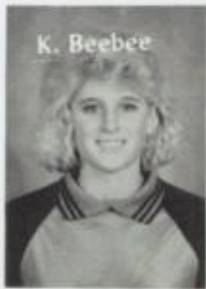
Rene Gonzales attempts to get the ball under control.



Helix defense shows aggression during a header.



# Varsity Soccer







Jennifer McClure and Ayrin Allgaier cover a defending player.



Heather Eastin throws the ball in.

Amy Pilkington moves the ball downfield.

Coach John Moe watches with intensity.



## Lady Scots

This year's girls soccer team's goal was to improve their skills and teamwork. After last year's 2nd place league finish, the team had their work cut out for them. They set their sights for another year of CIF playoffs. It looked as though there was a lot of interest with about twenty girls out to make the team. With ten returnees from last year, Coach John Moe's team

ended with fifteen members. Their strengths were teamwork and the ability to work together. The team's record at mid-season was 1-6-1, with high hopes of a promising 2nd half. The team was comprised mostly of juniors, so their hopes for an even better season next year were greatly enhanced.





Amy Pilkington kicks the ball to a teammate.

Joan Moser controls the ball.



Lady Scots take a break during a timeout.

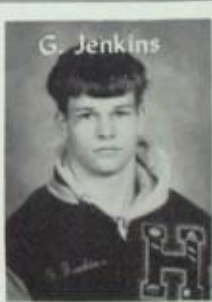


Melissa Bjorson blocks a defender.

Krissi Moe kicks the ball across the field.







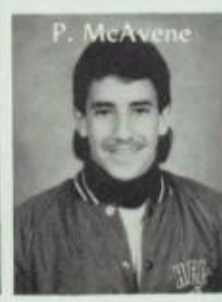
G. Jenkins



G. Nuñez



M. McAvene



P. McAvene



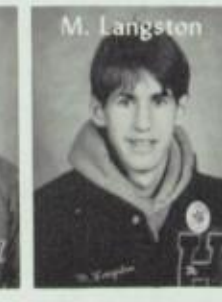
K. Carlile



K. Knight



G. Palladino



M. Langston



D. Hammell



R. Rushing



E. Bliss



J. Pekelder



J. Quigley



C. Leptich



K. Walsh



B. Bayes



G. Ostheimer



D. Kawaski

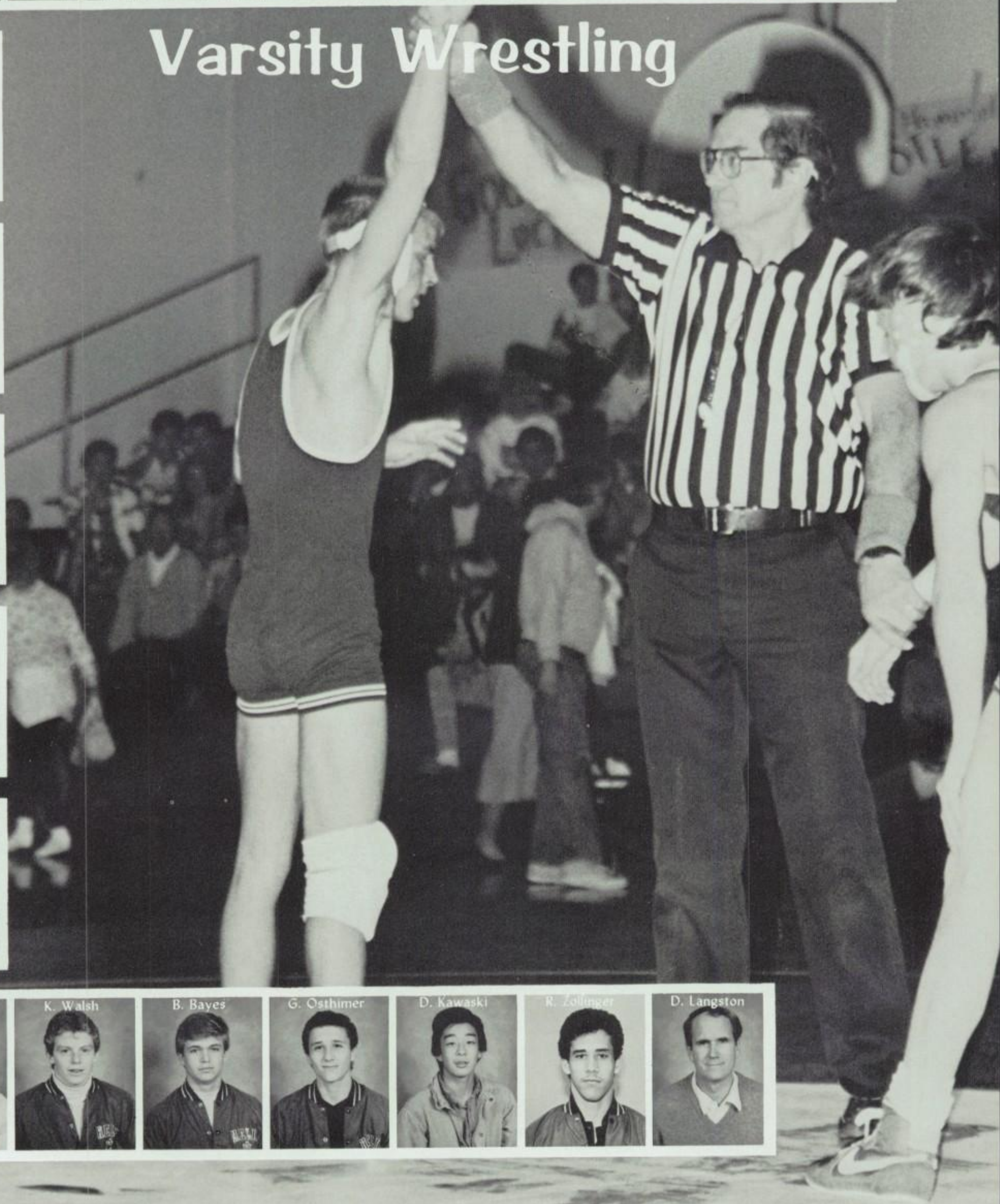


R. Zollinger



D. Langston

# Varsity Wrestling

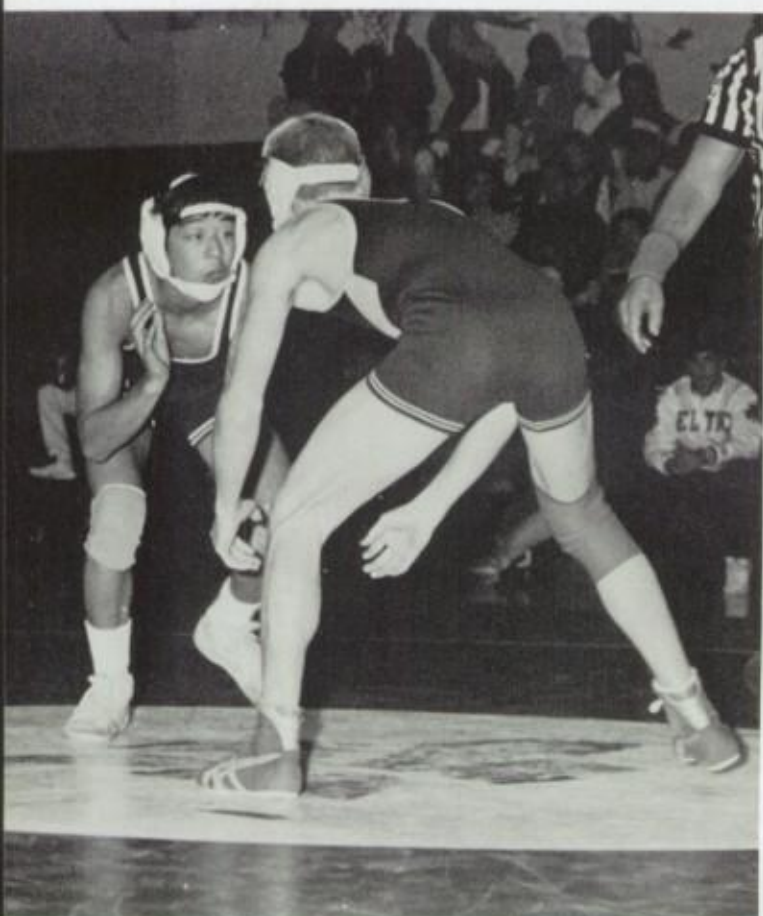




"The wrestling team has come of age! Through hard work and dedication the team has won or placed high in every tournament they have entered. Starting with an idea and commitment from a group of sophomores and two juniors the team went to summer camps and competed in free style tournaments to better their skills. This year was good, next year will be the best. We can't wait 'till 88!" ... Coach Dick Langston. Coach Langston was assisted in his efforts by Tom and Kenneth Jenkins, Tom Herlihy and Joe Mount.



Gilbert Nunez, Junior



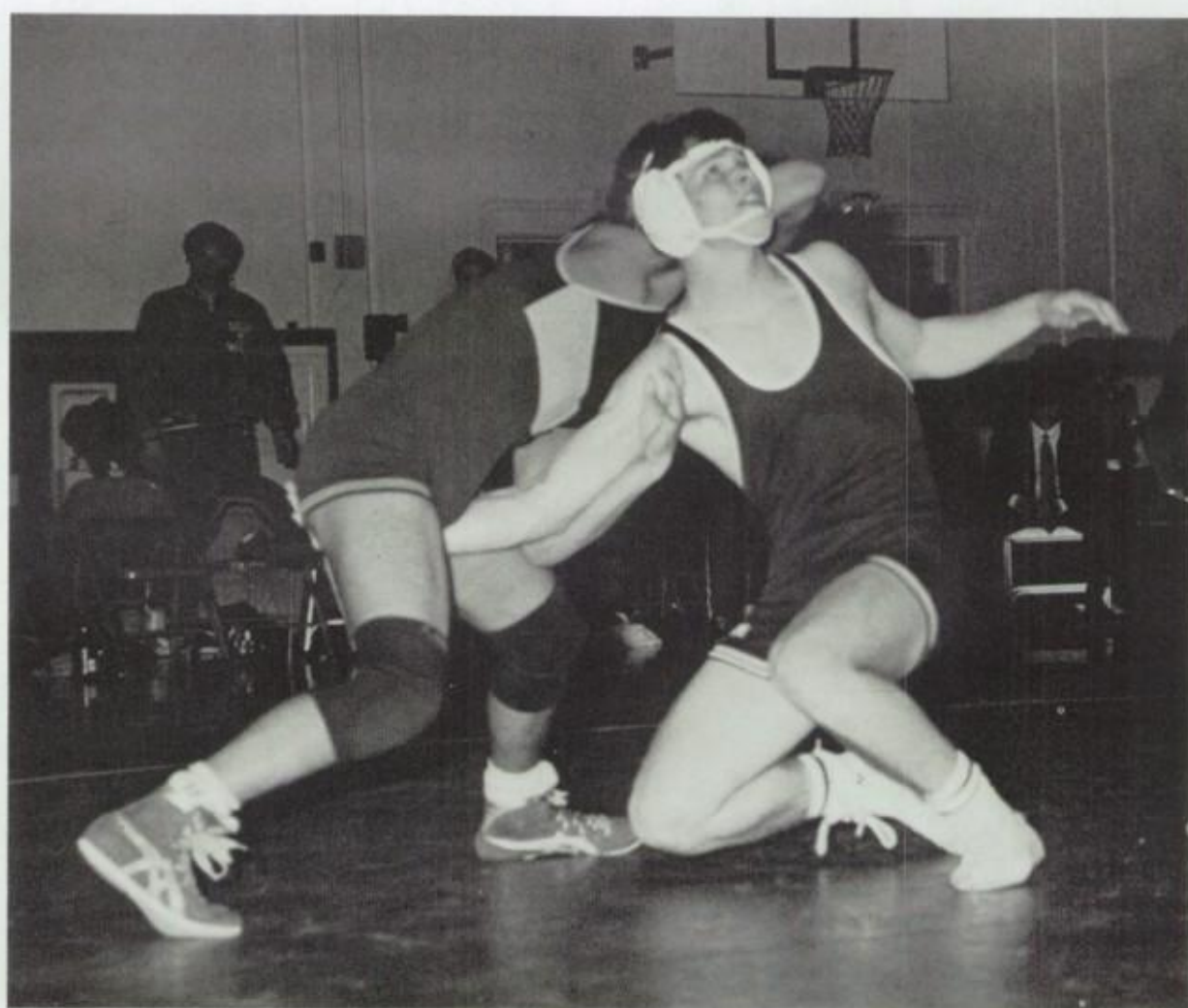
Darren Kawasaki, Sophomore



Doug Hammell, Junior



Mark Dedarian, Senior



Gary Jenkins, Junior





*JV team:* (back row) Coach J. Mount, C. Calhoun, T. Stalnaker, C. Cain, J. Osthimer, M. Merlos, M. McCollough, M. Hoy, D. Roy, J. Ledford, M. Langston, B. Eggers, P. Murphy, Coach R. Langston; (middle row) Z. Mendoza, C. Moreno, R. Watwood, J. Gephart, M.

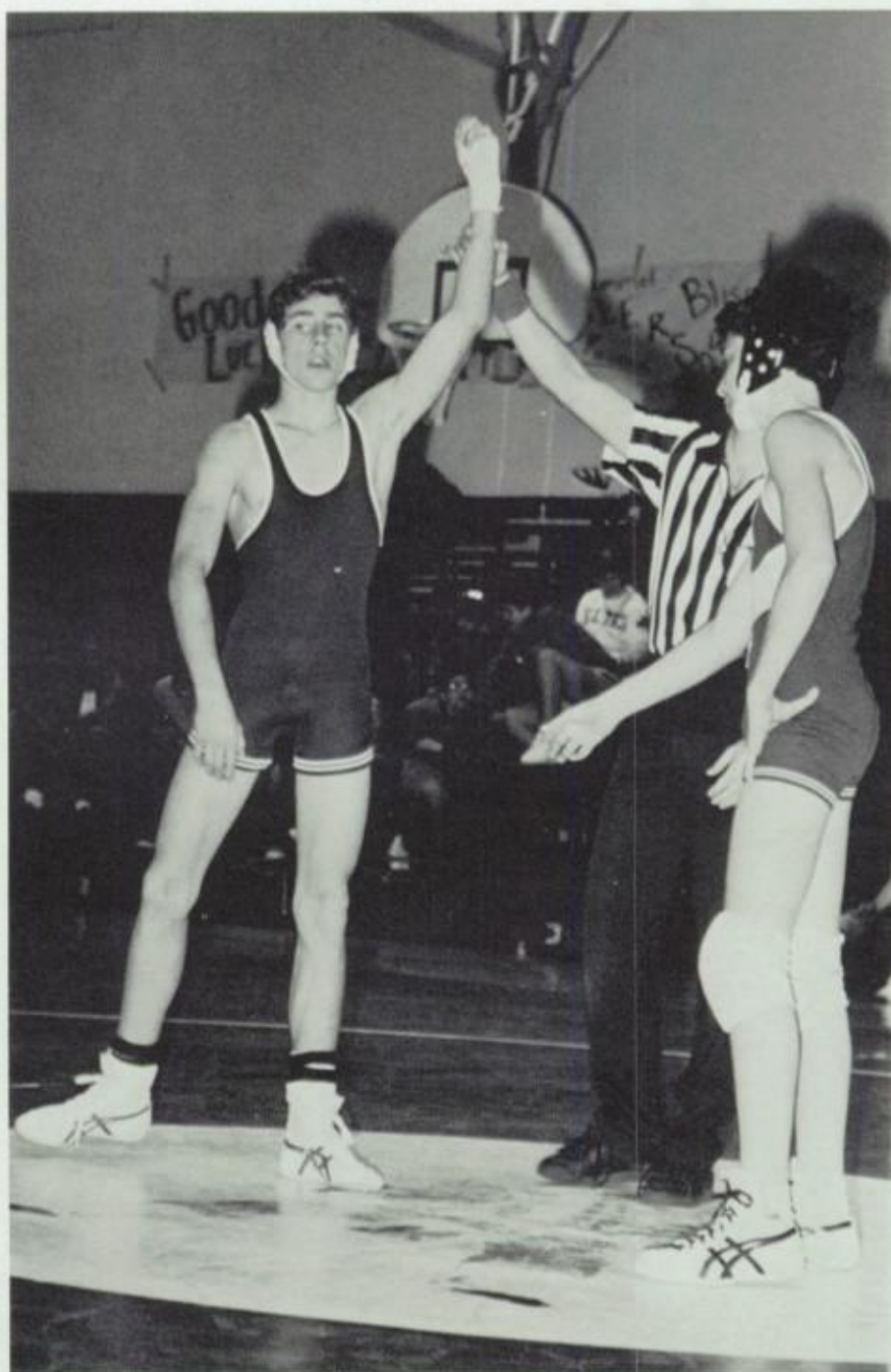
Grivens, J. Osborne, J. Kinghorn; (front row) C. Castaneda, T. Ney, M. Scheidel, D. Caporale, R. Vahl, D. Vatalano and G. Osthimer.



Chris Cain, Sophomore



Jim Pekelder, Junior



John Osthimer, Freshman

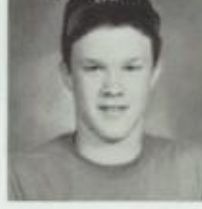


# Varsity Baseball

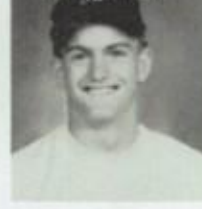
K. Bonilla



D. Chase



T. Gleason



J. Gelhorn



P. Gomez



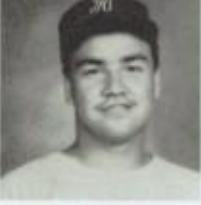
R. Haar



J. Appolito



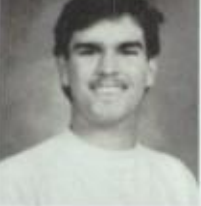
J. Joralemon



J. Ledford



D. Luban



G. Maler



R. Navarro



R. Page



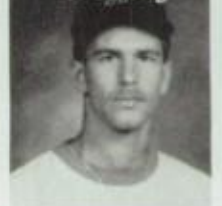
R. Pedrin



T. Sheehan



S. Strong



D. Tiimalu







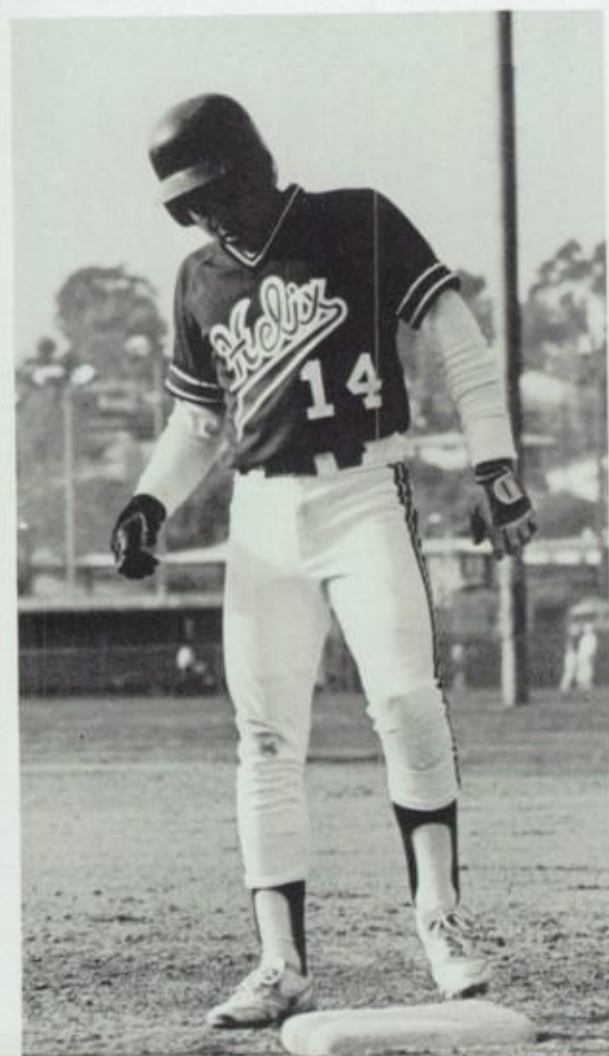
Teammates applaud a home run ball hit by Ricky Page.

The 1987 varsity baseball team was comprised of a group of young players. Among these were four sophomores, three juniors and two seniors. Their strength was centered around the pitching of Rick Navarro, Damon Luban and Gary Maler, and the power hitting of Richard Haar, Ricky Page and Joey Appolito. Early in the season head coach Jeff Boutelle and assistant coaches Jerry Schneipp and Mike Dixon were very positive their team would finish in the top three places in league play which would give them a berth in the playoffs.

Coach Jeff Boutelle lays a sign down.



Richie Pedrin makes it safely to first base.

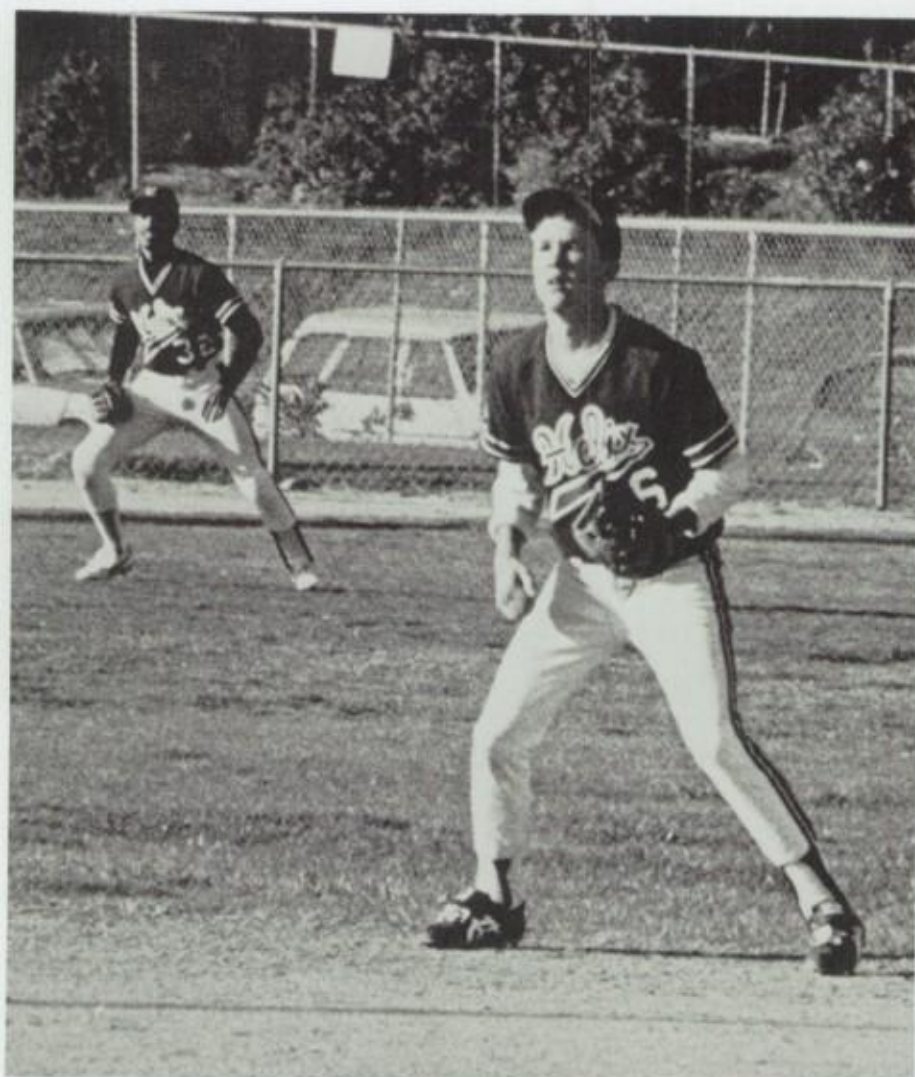


Pitcher Steve Strong is encouraged by his teammates to have a strong inning.





Third baseman Perry Gomez awaits a ground ball.



Damon Chase anticipates a fly ball.



Rich Haar waits for the right pitch.



Jason Ledford leaps for an overthrown ball.



Rick Navarro batting as the designated hitter.





Damon Chase scoring in the game against Valhalla.



Pitcher Steve Strong throws a fastball against Mission Bay.

Damon Luban waits for a signal.



Ready to steal second base is Paul Appenzeller in the game against Valhalla.



# JV Baseball



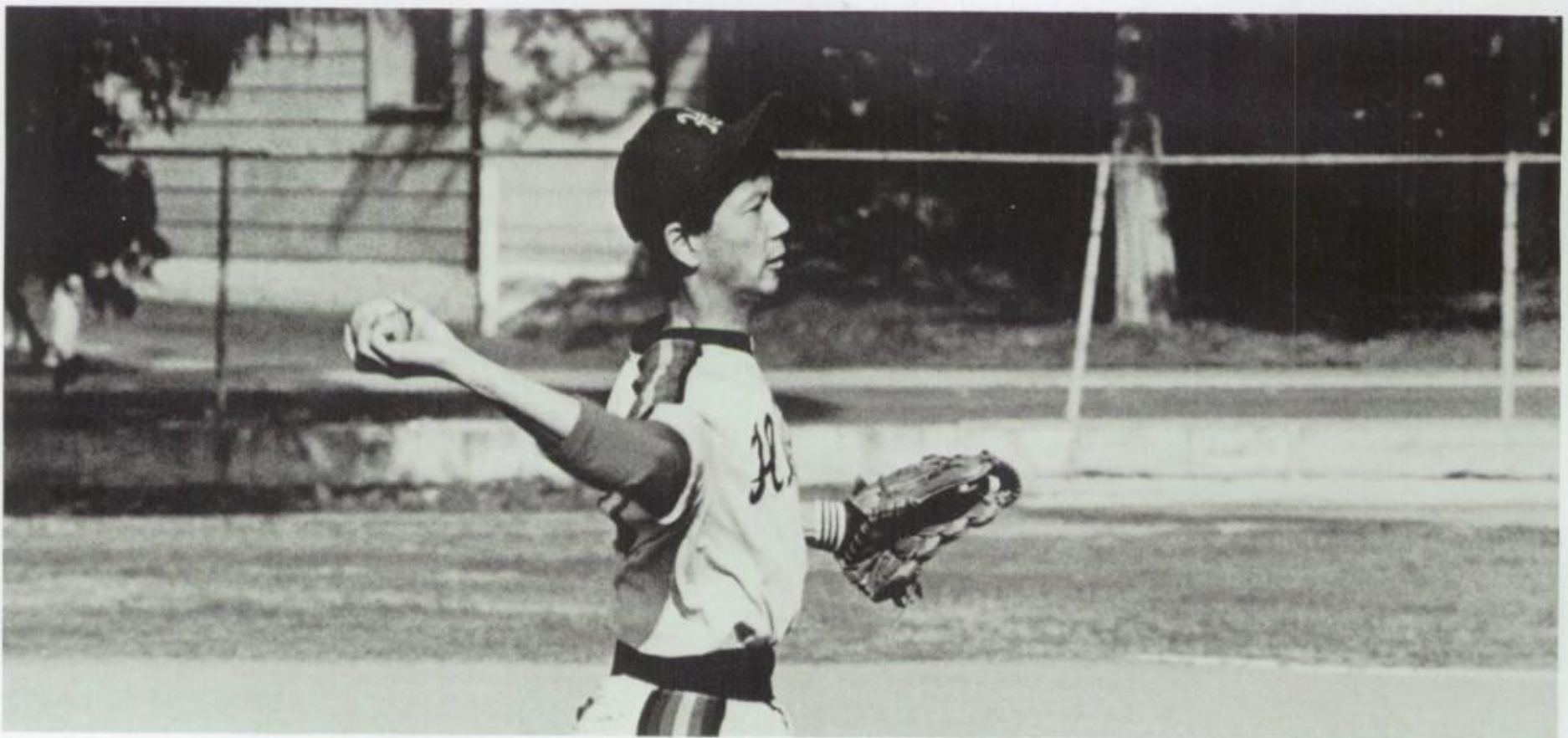
Robby Ippolito



Tom Grindle



Brian Chris



Tony Chang





JV team members (back row): Coach Ed Evilsizor, John Pressler, Robby Ippolito, C. Giaquinta, Eric Nicholson, Erik West, Ted Vance, Tim Dinger, Coach Dan Satzer; (front row): Tom Grindle,

Joe Smithey, Rob Sawyer, Tony Hernandez, David Capparelli, Tony Chang, Brian Chris and Tom Hall.



Tony Chang



Tom Grindle



# Varsity Softball

R. Savage



J. Speidel



J. Jarman



N. DeChaine



W. Ledford



L. Almedia



C. Moser



L. Schmersal



J. Jeffers



S. Baker



M. Cortez



M. Gomez



H. Easton



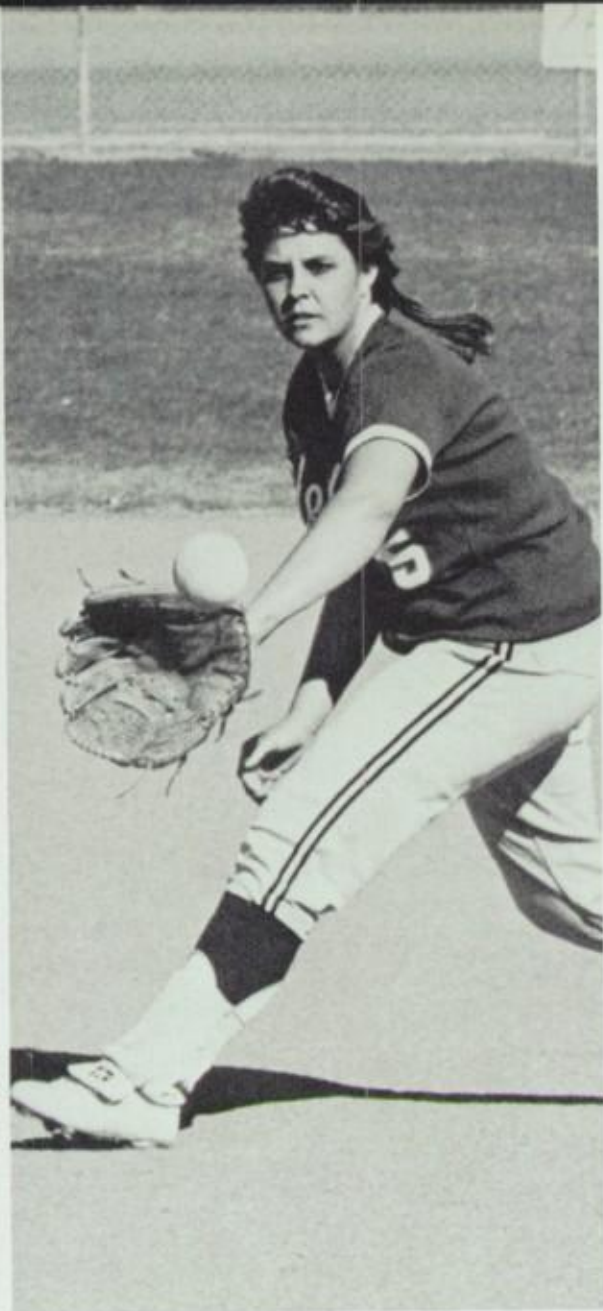
J. Moser



J. Tarantino







Senior Windi Ledford hits the ball successfully during a game against Granite Hills.

Senior Janina Jarman concentrates on a ground ball hit down first base line.



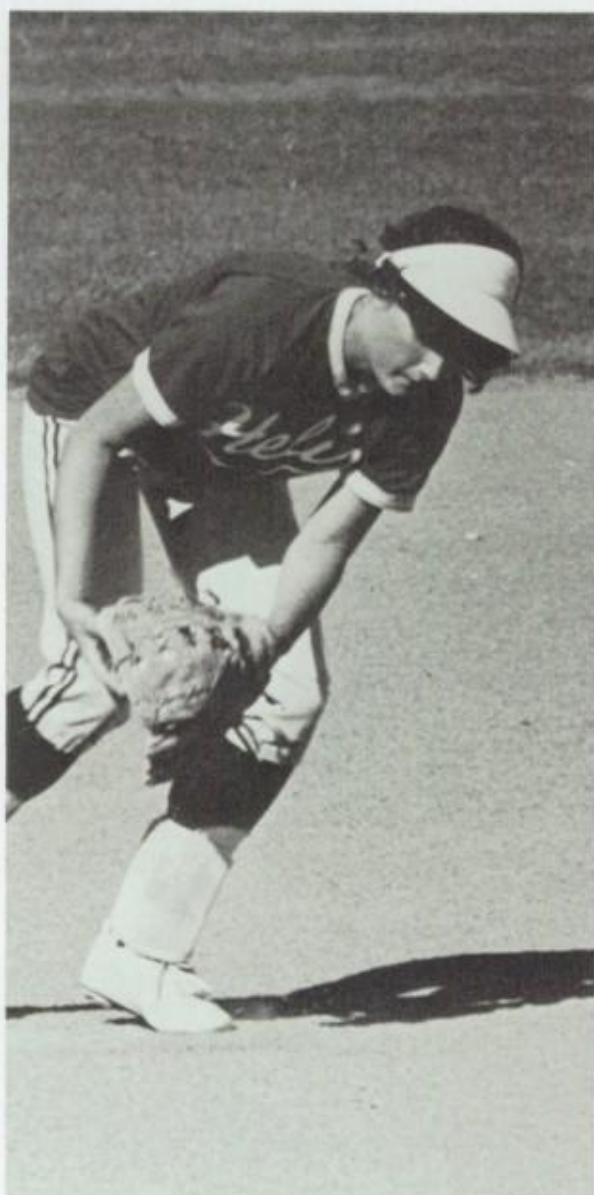
Right fielder Lori Almedia catches a fly ball for an out.

Senior Nicole DeChaine catches a line drive hit down third base line.



Second baseman Jamie Speidel concentrates on a hard hit ball.





Junior Jamie Jeffers watches the ball into her glove.



Coach Cindy Moser talks about strategy after a completed inning.



Junior Marie Cortez follows through on a well hit ball.



Junior Michelle Gomez shows intensity before a play.



Junior Heather Easton concentrates on a fly ball hit to left field.





JV Members: S. Sheriden, J. Zollinger, A. Panozzo, S. Smedley, J. Bilott, Coach Wendy Tapper, T. Ferris, M. Leone, S. Sanders, S. Harben, S. Boyd, J. Rubiano, H. Wacks, A. Pniak.

## JV Soft- ball



Pitcher Stephani Sanders releases the ball with good form.

Third baseman Ali Pniak charges a bunt down third base line.

Jody Zollinger steals home on a wild pitch from the opposing pitcher.





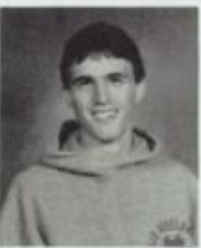
# Varsity Track



T. Smith



S. Mullin



K. Wozniak



M. Ferguson



A. Mounts



R. Thomas



A. McLean



R. Meinung



D. Kriedeman



L. Drummond



D. Singer



E. Bliss



J. McGearry



S. Shanahan







Senior Joe Mendez attempts the pole vault.



Showing great form is Kieth Wozniak in the long jump event.



Senior Marc Raab uses his strength in the shot put event.

Varsity Members not pictured: J. Mendez, M. Raab, J. Henson, E. Sandoval, J. Junior, B. Spencer, P. Jones, D. Storm, G. Spearman, D. Lobbins, A. Bockko, G. Barron.



Senior Doug Singer in the discus event.

Preston Jones in deep thought before a race.

Gary Spearman sprints to the finish line.







Senior Doug Storm starts the 440 relay.



Senior Sean Mullin shows concentration while running the 2 mile race.



Seniors Derek Lobbins and Gene Barron demonstrate their form during the 120 high hurdles event.

Running the 440 race is Andy Mounts.



Anthony McClean shows his technique during the long jump event.





JV Members: R. Fail, J. Sikes, G. Robinson, R. Price, T. Galvez, A. Camros, C. Masion, T. Vaughan, D. Normandin, M. Givens, E. Kallis, R. Holaday, J. Oderlin, B. Robins, D. Miller, Q. Foster, A.

Montgomery, J. Bottroff, J. Lamachy, P. Damberger, G. Ostheimer, T. Kerns.

## Junior Varsity Track & Field



Jeremy Bottroff shows good form during the 1320 race.

Rob Price shows excellent form while finishing the 2 mile.



Helix Highlanders start off in the 1320 race.





# Varsity Track

D. Allsing



Y. Marzullo



K. Foster



E. Aldridge



E. Jorgenson



J. Berry



T. Williams







Senior Donna Allsing clears the high jump.



Krishna Foster demonstrates her style during the 880 race.



Patti Horton concentrates on her form during a race.



Kristi Patterson shows good form during the shot put event.



Kacee Miller clears the hurdle with plenty of room to spare in the 110 low hurdle race.

Varsity Members not pictured: M. Bowman, K. Miller, K. Patterson, P. Horton, C. Clubb, A. Daglio, M. Sand, K. Cook, J. Sutic, R. Carrasquillo.



# Varsity Swimming

M. Buckley



D. Comer



B. Hayward



K. Katzenmeyer



T. Bruck



D. Omahen



M. Siepert



J. Munch



J. Meyer



J. Hull



P. Darby



G. Robinson



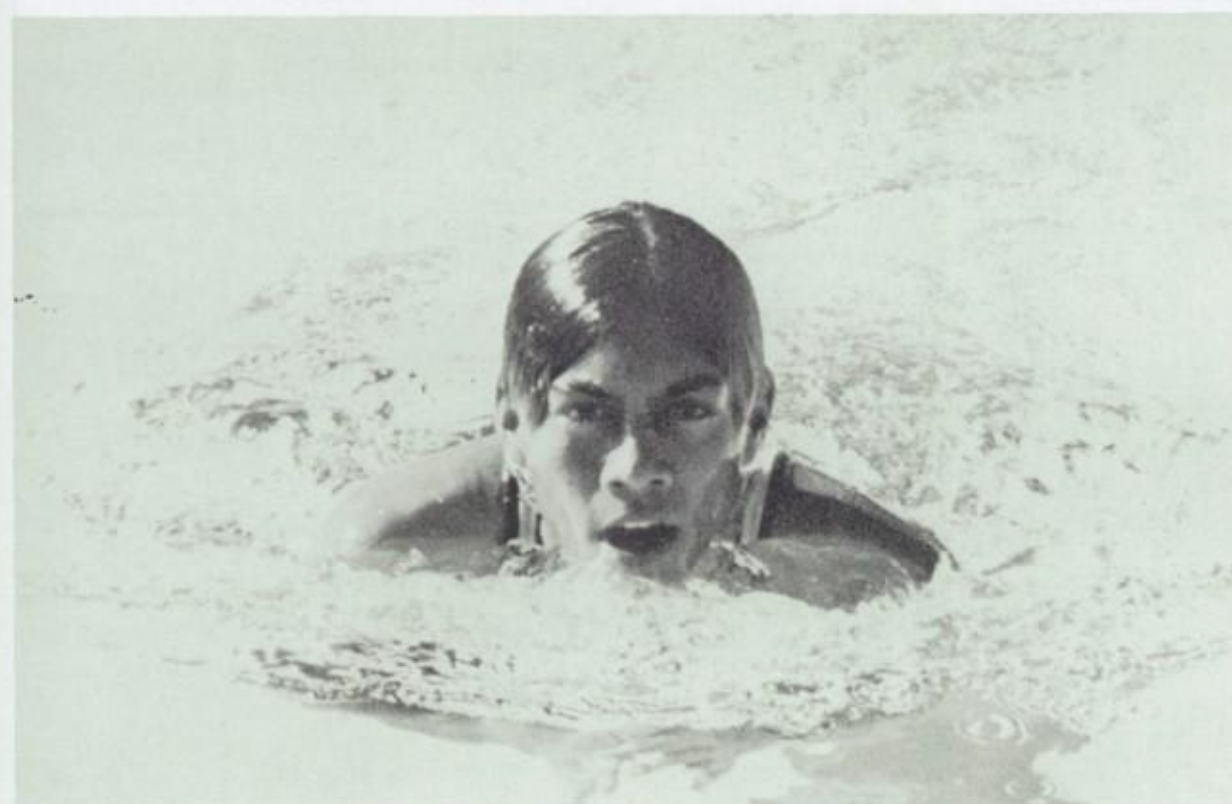
B. Konold







Junior Dan Omahen demonstrates his butterfly form.

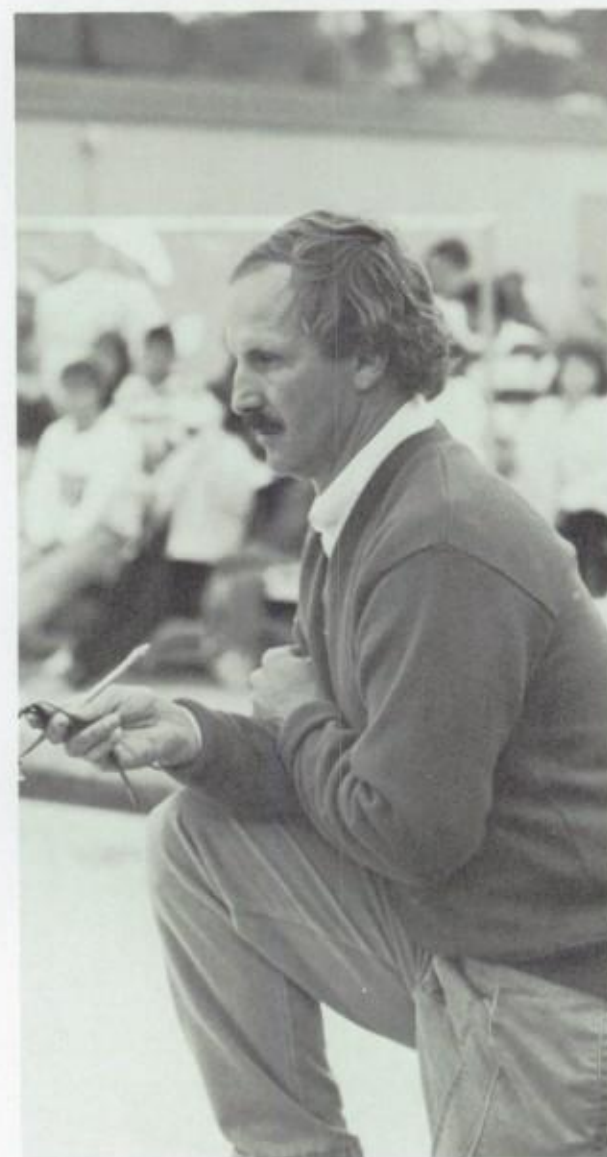


Junior Travis Stodelle looks up while pulling hard during the breaststroke.

Working hard, John Munch does the butterfly.



Coach Mike Smith sternly watches over the meet.



## Varsity Swim Wins

The 1987 Boys Varsity Swim team continued its winning tradition by clinching the league championship for the second year in a row. The team had not lost a meet since May of 1985. Led by Coach Mike Smith, the team improved with every meet, showing the other teams in the league that they were definitely number one. This year's team had tremendous depth and was led by returning swimmer Kraig Katzenmeyer. Other contributing team members included Mike Buckley, Dale Webster, Dan Comer, Matt Buckley and Canadian Torben Bruek. The Scotties' biggest meet this year was against rival, the Valhalla Norsemen. The meet was close, but by the end, the Scotties had finished on top by a score of 94-77. The Scotties should prove to be strong contenders next year.



# JV Swim



Sophomore Mike Konold prepares to begin his race.



Sophomore Dan Nyenhuis takes a breath of air while doing free-style.



Team members: J. Meyer, R. Cando, S. Sikes, S. Shafer, S. Sawyer, D. Nyenhuis, M. Konold, D. Hall, M. Schiedel and E. Montgomery.





Team members: J. Birch, C. Chipman, S. Cole, M. Devos, S. Gaughen, A. Graf, M. Murdoch, C. Pykles, S. Young, M. Gendreau, N. Morrow, N. Mostaghi and T. Tinsley.



Amy Graf glides under control as she does the backstroke.



Girls relay team watch their teammate begin the last leg of the event.



Determined to win, Nicole Morrow pulls with all her strength.



# Varsity Swimming

C. McNeil



A. Allgaier



S. Glueck



S. Brandland



C. Mills



K. Holten



N. Katzenmeyer



A. Gillingham



D. Pierce



T. Shacklett



K. Mirza



S. Gaughen



K. Holton



D. Morneau



J. Yrinea



M. Fonseca







Showing her winning style, Sharon Glueck performs the breast stroke.

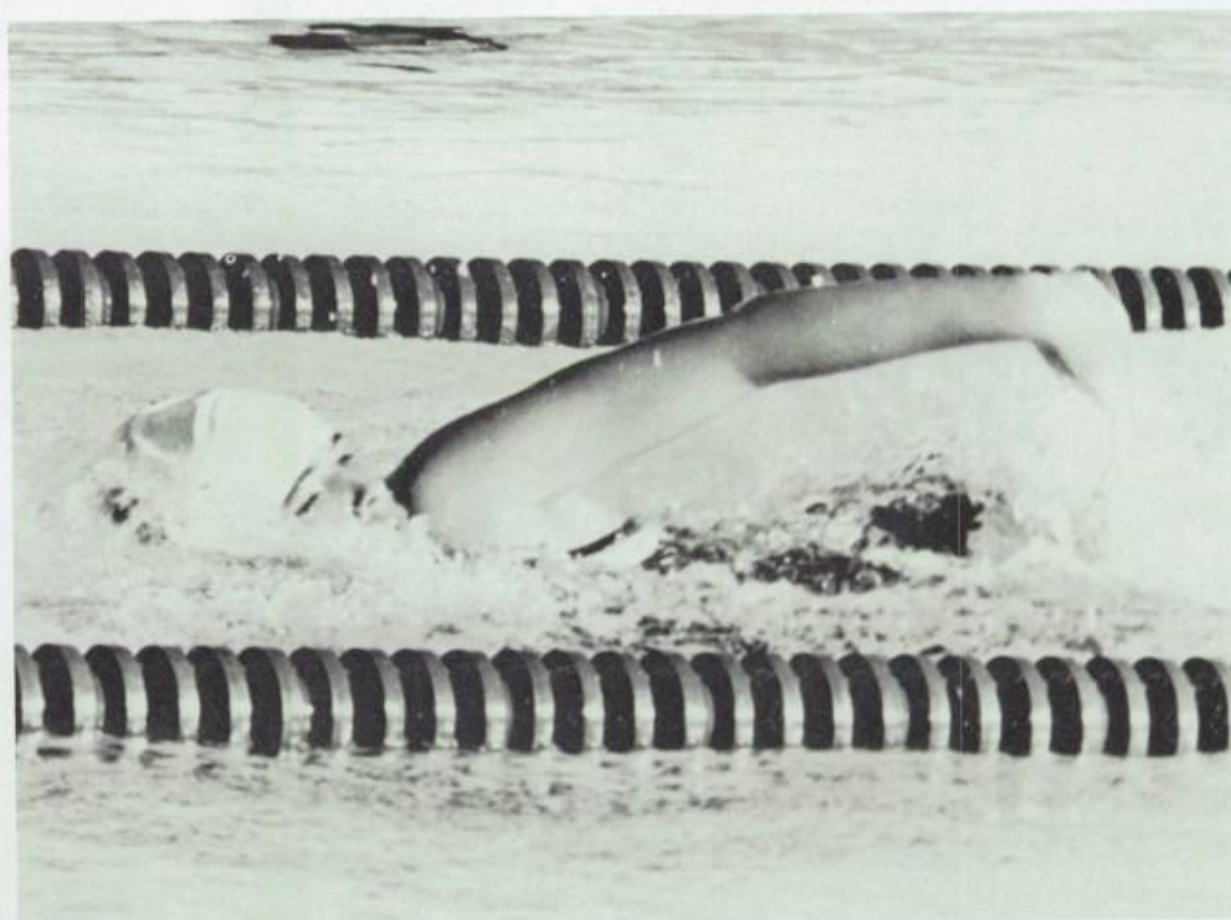


Senior Courtney Mills shows perfect form while performing free-style.

Sophomore Amy Gillingham takes a breath before finishing her stroke.



Sophomore Debbie Morneau prepares to finish the last leg of a relay.



## Strength Prevails

The 1987 Girls Varsity Swim team was surprisingly strong despite their need for many varsity swimmers. The team was led in spirit and experience by returning members Amber Allgaier, Kathy Holton, Courtney Mills and Dena Pierce. Other members who added to the team's depth were Juniors Sharon Glueck and Stephanie

Brandland. Brandland swam the butterfly and the 500 free-style. Glueck was the top swimmer for the team this year. Sophomore Amy Gillingham excelled in breast stroke. The team had high hopes for the future with many returning Sophomores and Juniors.



# Varsity Diving

J. Bobb



R. Fisher



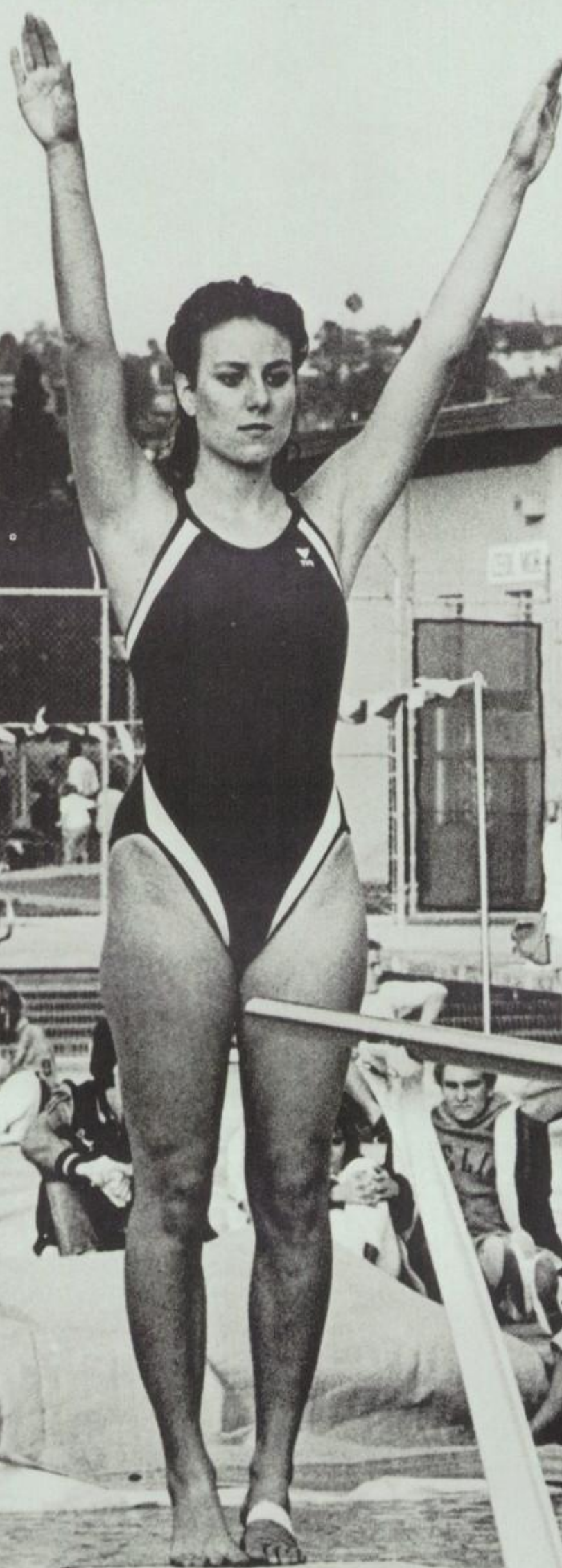
A. Kraybill



E. Montgomery



B. Zellinger







Becky Zollinger attempts a difficult dive.



Amy Kraynik attempts a reverse dive.

Bob Fisher does a graceful front dive.



## Helix Diving

This year's diving team had a lot of depth. Coached by Dave Kinnaman a former student and diver of Helix, the team progressed rapidly. Out of the seven member team, three were returning divers and four were new members. The returning divers provided a strong foundation for the team, while the new divers guarantee a successful future. Julie Bobb, former league champion and twice most valuable diver, was the only senior on this year's team. Amy Kraynik and Bob Fisher, juniors, were extremely successful in past years and are seasoned competitors. Craig Weiss, freshman, had experience with Dive San Diego, a year round club before he came to Helix. Freshman Erik Montgomery, Becky Zollinger, and sophomore Matt Sheidel rounded out this year's team.



# Varsity Gymnastics

D. Hawn



K. Gudith



N. Pace



B. Quesenberry



T. Hughes



L. Jonsson



L. Jonsson







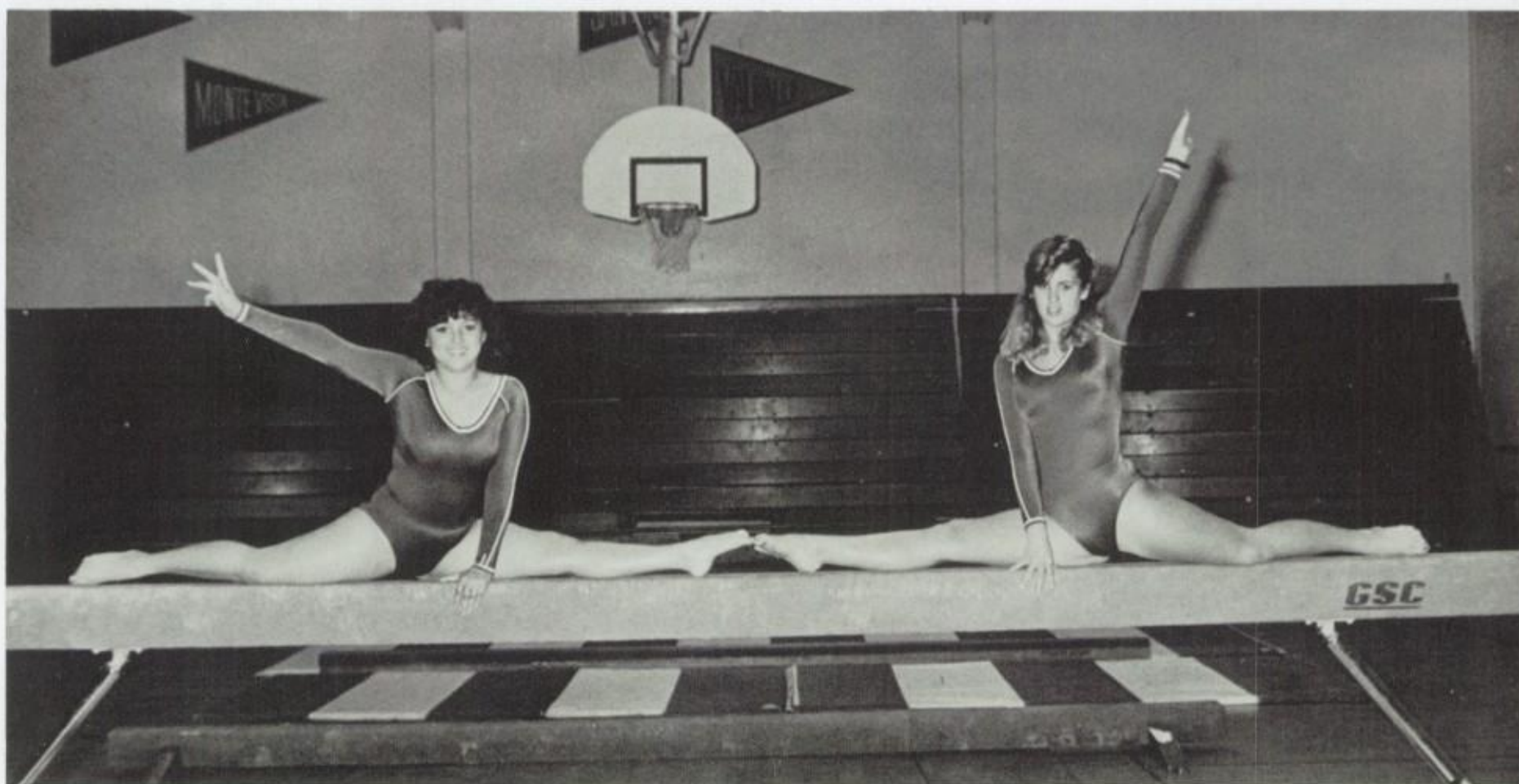
Lisa Reardon poses during a floor routine.

Becky Quesenberry on the balance beam.



Tanya Hughes displays flexibility on the beam.





Angel Ramirez, Jeanette Erickson do the splits on the balance beam.

## JV Gymnastics

Traci Reagan demonstrates her form on the balance beam.

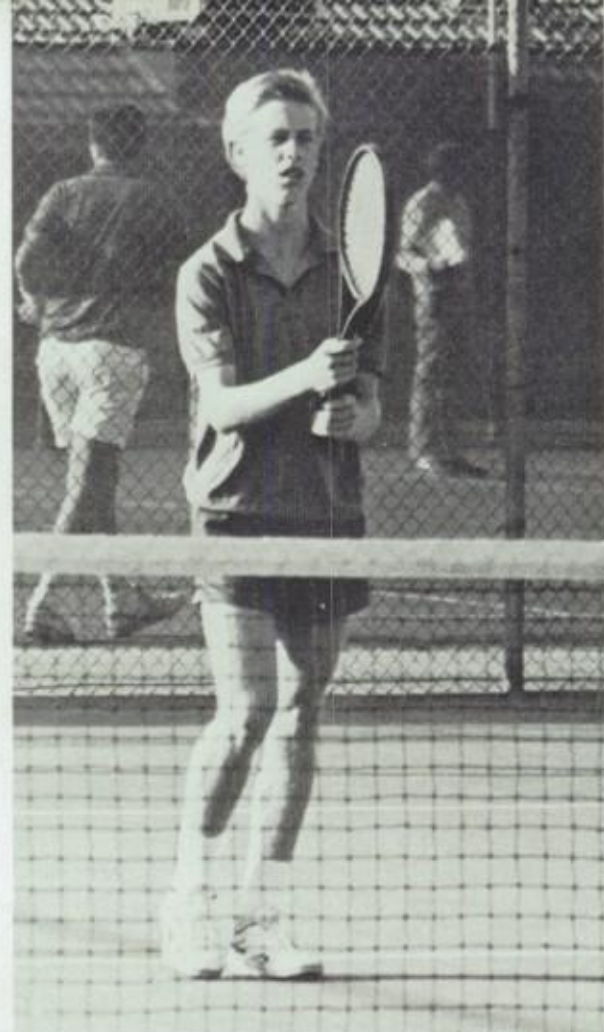
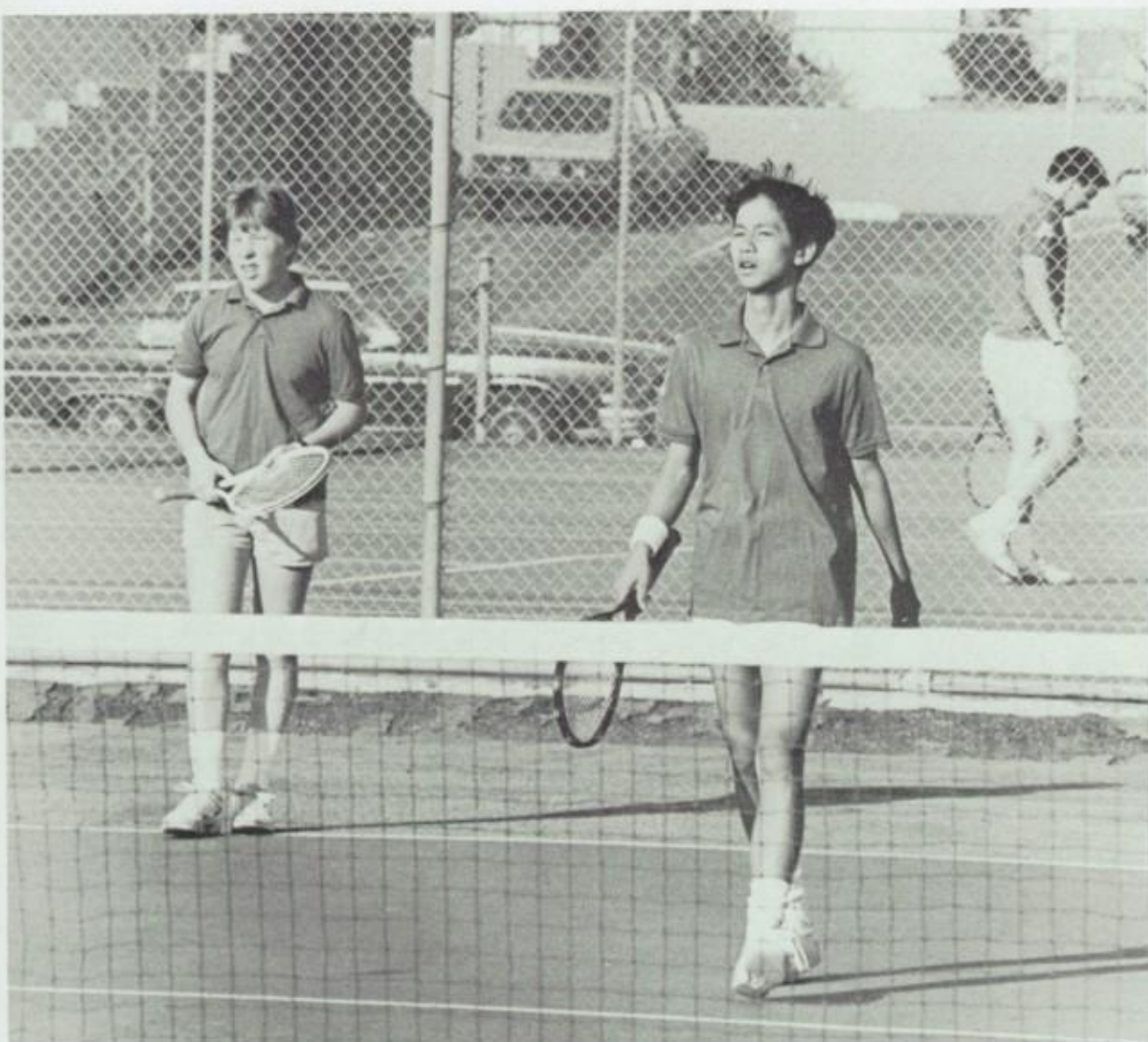


Junior Varsity members (L to R): T. Reagan, S. Cole, M. Villavicencia, E. Holliday, J. Erickson and A. Ramirez.



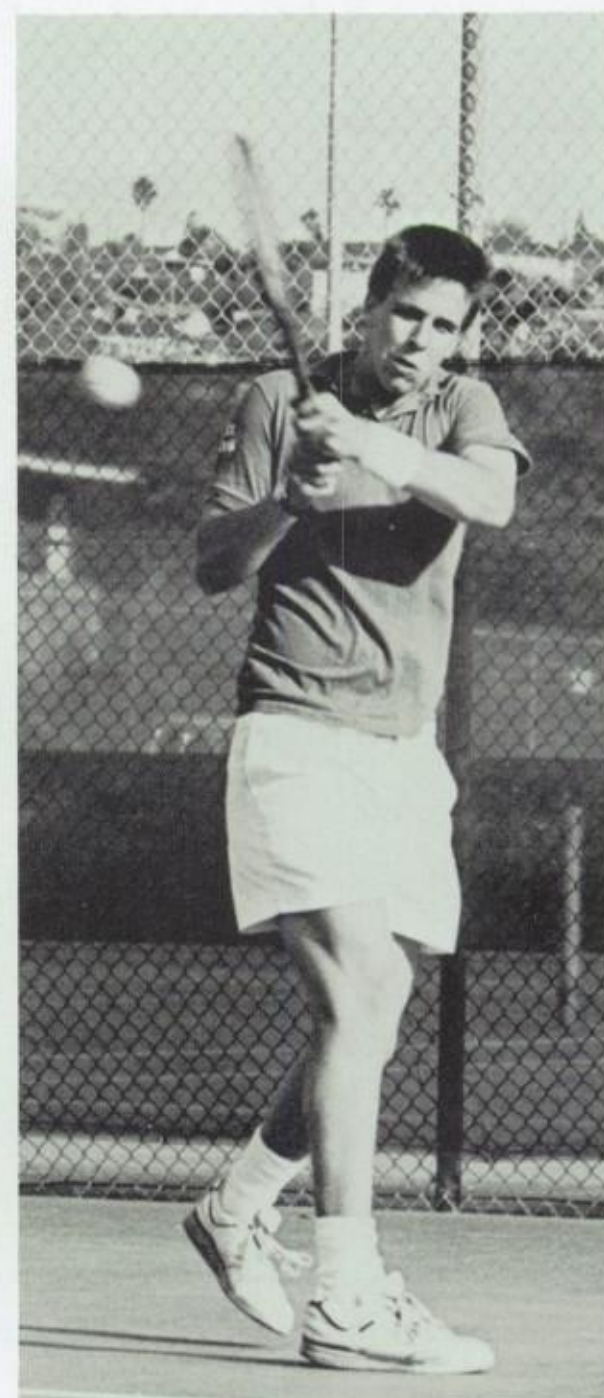


Junior David Lin, Freshman Rod Stuart during a doubles match.



Junior Mike Robbins takes a break.

Garret Chipman hits the ball successfully.



## JV Boys Tennis



Junior Varsity members (L to R): C. Roberts, D. Lin, M. Pettis, B. Miller, R. Stuart, M. Robbins, B. Davis, B. Avlen, T. Cao, G. Chipman. Not pictured: R. Lear, E. Fenex, J. Hill, C. Maclaren, B. Rafferty, C. Hutcherson and B. Tompkins.



# Varsity Tennis

F. Fatehi



M. Wu



D. Vajdos



C. Carlson



A. Seales



R. Cryer



S. Costa



C. Knowlton



W. Williford



D. Lee



A. Sexton

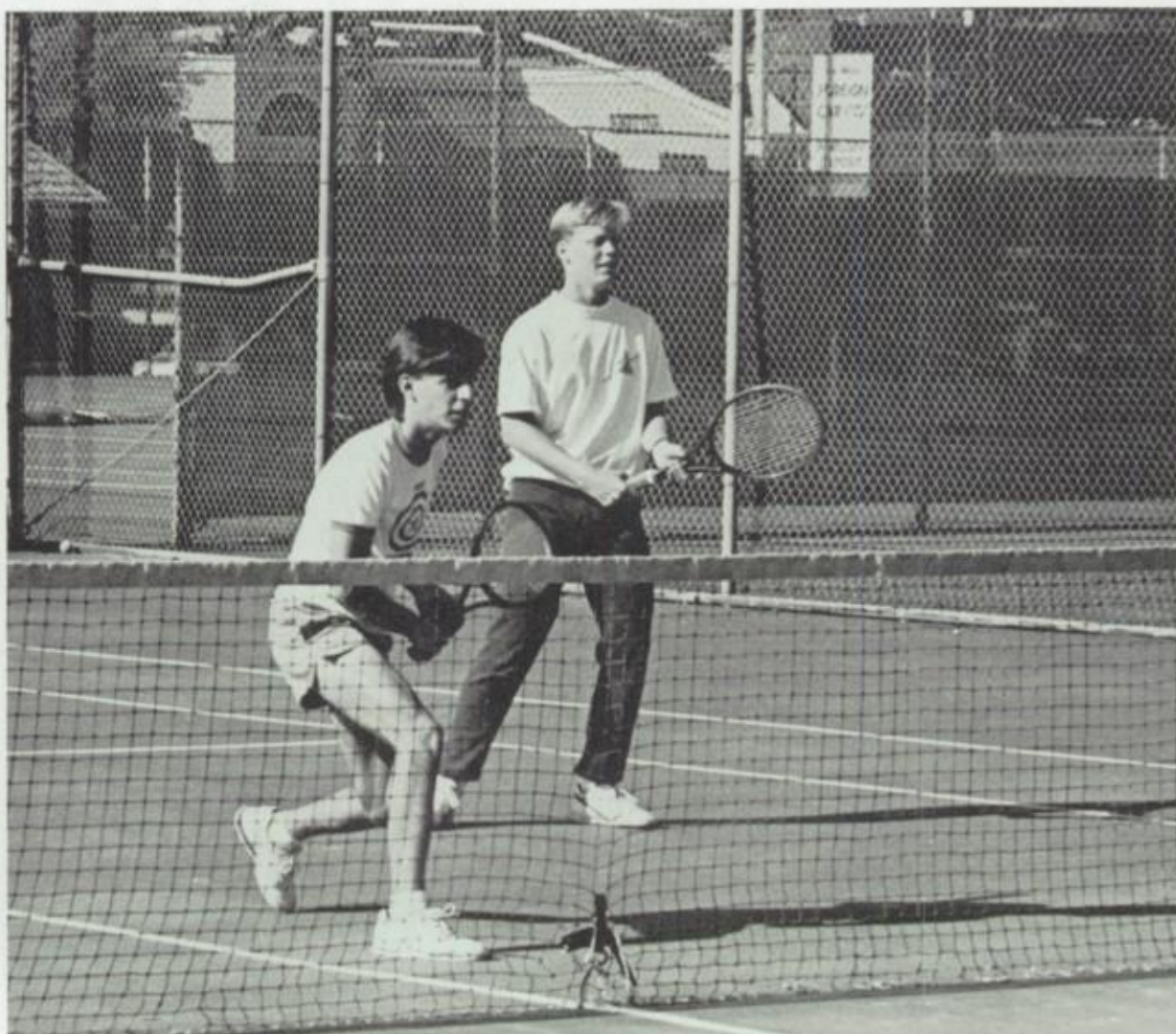


R. Walker





Farschid Fatehi shows perfect form before hitting a forehand.



Rushing the net, David Vajdos and Andy Sexton wait for an opponents return.

## Hard Work Pays Off

The 1987 Boys' Tennis Team continued to show growth throughout the entire season. With the strength of returning Varsity players like Farschid Fatehi and Ming Wu, the Scotties worked to bring back the Scotties winning tradition. The Scotties, led by Coach Walker, displayed great talent that lasted until the conclusion of the 1987 season. Through hard work and dedication, the boys tennis team became a hard opponent to beat in the Grossmont League.

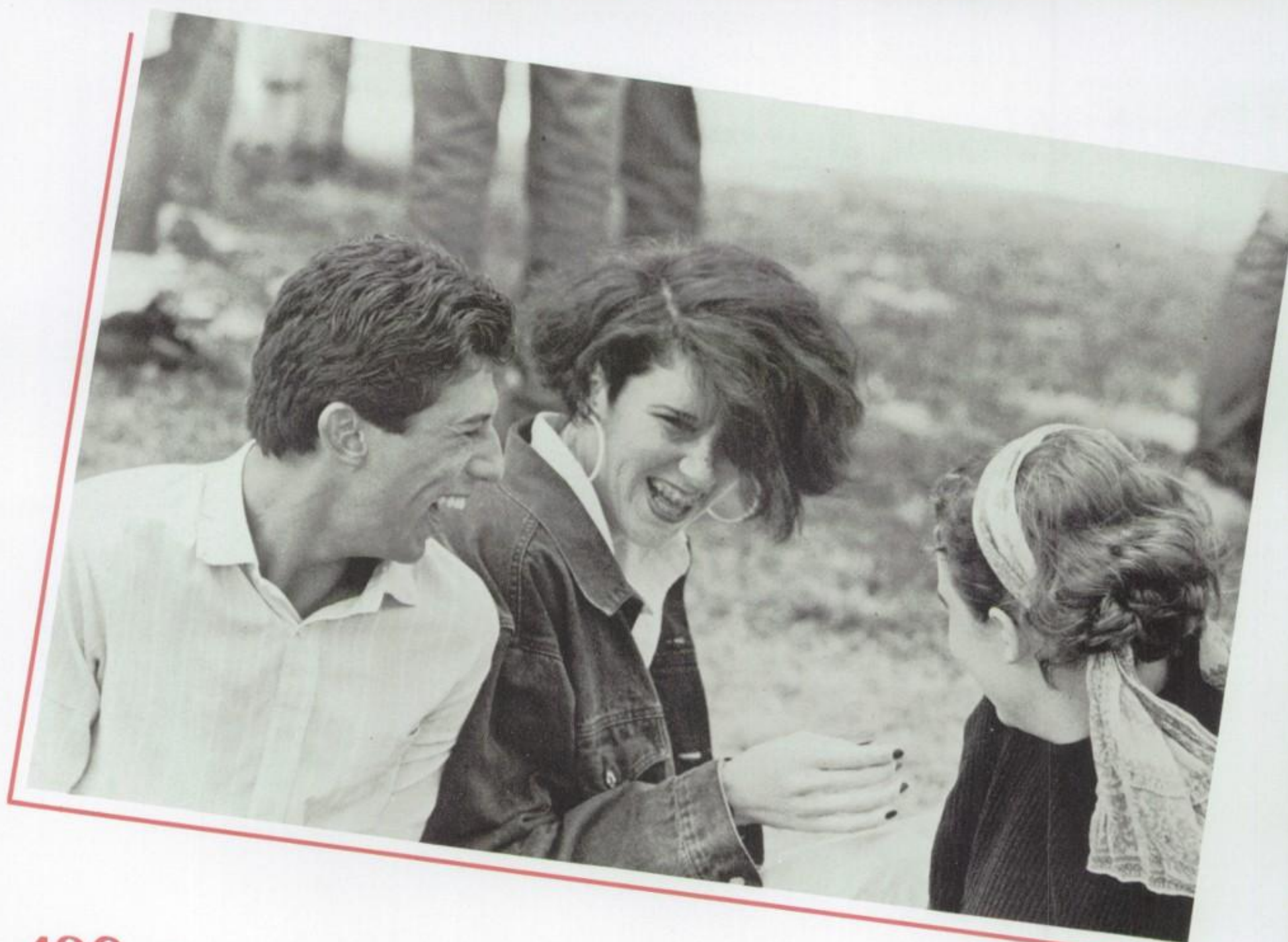
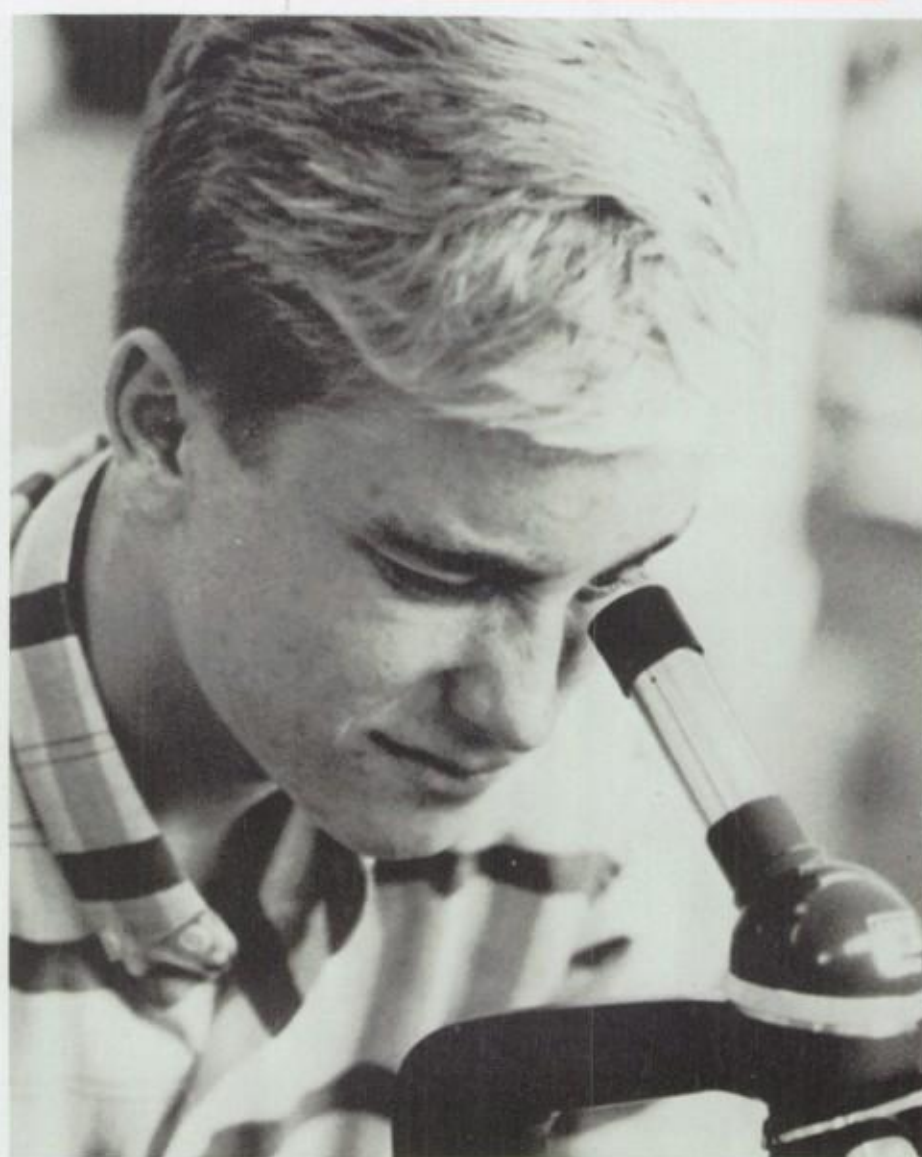


Junior Chris Carlson returns a forehand with style.



Senior Danny Lee shows concentration.









Classes  
Classes  
Classes  
Classes  
Classes  
Classes





# Top Ten Percent Clan Sutherland

Fifty-nine members of the Class of 1988 were honored as the top ten percent of their class based on academic achievement maintained through the first semester of their Junior year. Their

efforts earned them the privilege of participating in the Senior Commencement exercise and Baccalaureate service held in June.



*Tartan Bearers* included: M. Wu (4.62), M. Tonkovich (4.52), E. Bliss (4.52), D. Lin (4.50), S. Costa (4.40), G. Halterman (4.40), A. Seales (4.38), M. Cimmarrusti (4.37), G. Jenkins (4.33), J. Hull (4.27), J. Meyer (4.26), K. Foster (4.20), T. Vaughan (4.18), J.

Bottroff (4.15), K. Katzenmeyer (4.14), C. Morgan-Hill (4.12), Y. Marzullo (4.11), C. Carlson (4.06), A. Bruhmuller (4.05), J. Justeson (4.00), D. Do (3.94), not pictured: M. Thornburgh (4.00).





**Graduation Ushers** included: Y. Willrich-Teague (3.93), A. Mounts (3.87), T. Stodell (3.87), L. Poma (3.86), M. Siepert (3.86), T. Buck (3.83), D. Beck (3.82), K. Kopel (3.81), K. Worthington

(3.81), D. Selder (3.75), A. Bocko (3.68), P. Frosio (3.68), C. Nguyen (3.64), J. Lamachy (3.60), C. St. Clair (3.60), not pictured: C. Knowlton (3.93), K. Hand (3.73).



**Baccalaureate Ushers** included: N. Moshtaghi (3.56), R. Wacklor (3.56), T. Zeddies (3.56), W. Auton (3.53), W. Williford (3.50), P. Ghazialam (3.47), A. Hartig (3.47), S. Castillo (3.46), L. Jason (3.46), K. Elliot (3.43), J. McKeig (3.43).



**Graduation Assistants** included: K. Hendee (3.42), R. Fisher (3.40), J. Hitt (3.40), W. Miller (3.38), T. Gleason (3.55), R. Nordean (3.35), S. Masson (3.33), J. Munch (3.33), G. Culbertson (3.31), R. Downey (3.26).



# Juniors Catch the Wave

This year, the class of '88 was extremely successful headed by the four officers and an active Junior Board. This class strove to make the money needed for a good prom next year. They built the homecoming float and hosted a barbeque stand. The most important fundraiser was

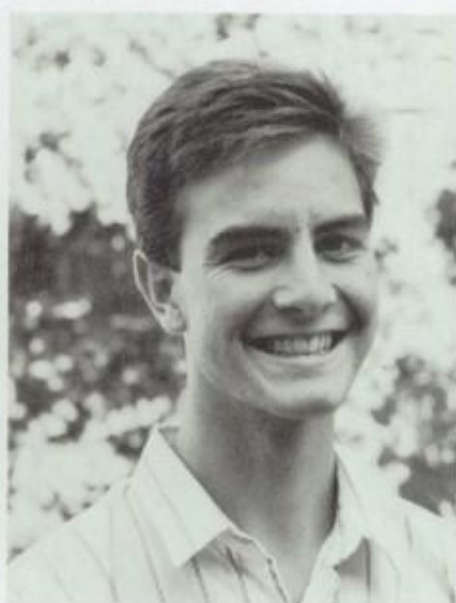
the Winter Semi-Formal which the Juniors put on. This dance established a new record, raising \$4,600. The two advisers, Mr. Estes and Mrs. Moretti, also helped tremendously with advice and use of their rooms. So as you can see, Clan Sutherland's hard work has paid off.



Howard Estes, Chris Moretti: Advisers



Jaime Jeffers, President



Andy Mounts, Vice-President



Marisa Cimmarrusti, Secretary



Kraig Katzenmeyer, Treasurer

Acaldo, Anthony  
Acevedo, David  
Agar, Rick  
Agvilar, Rick  
Aitken, Tina  
Akers, Kathryn  
Alonzo, David  
Alsobrook, Melissa



Amarillas, Carlos  
Ancheta, Andrea  
Anderson, Sheri  
Anderson, Stacey  
Antolini, Martin  
Armstrong, Suzanne  
Arrington, Angie  
Askew, John



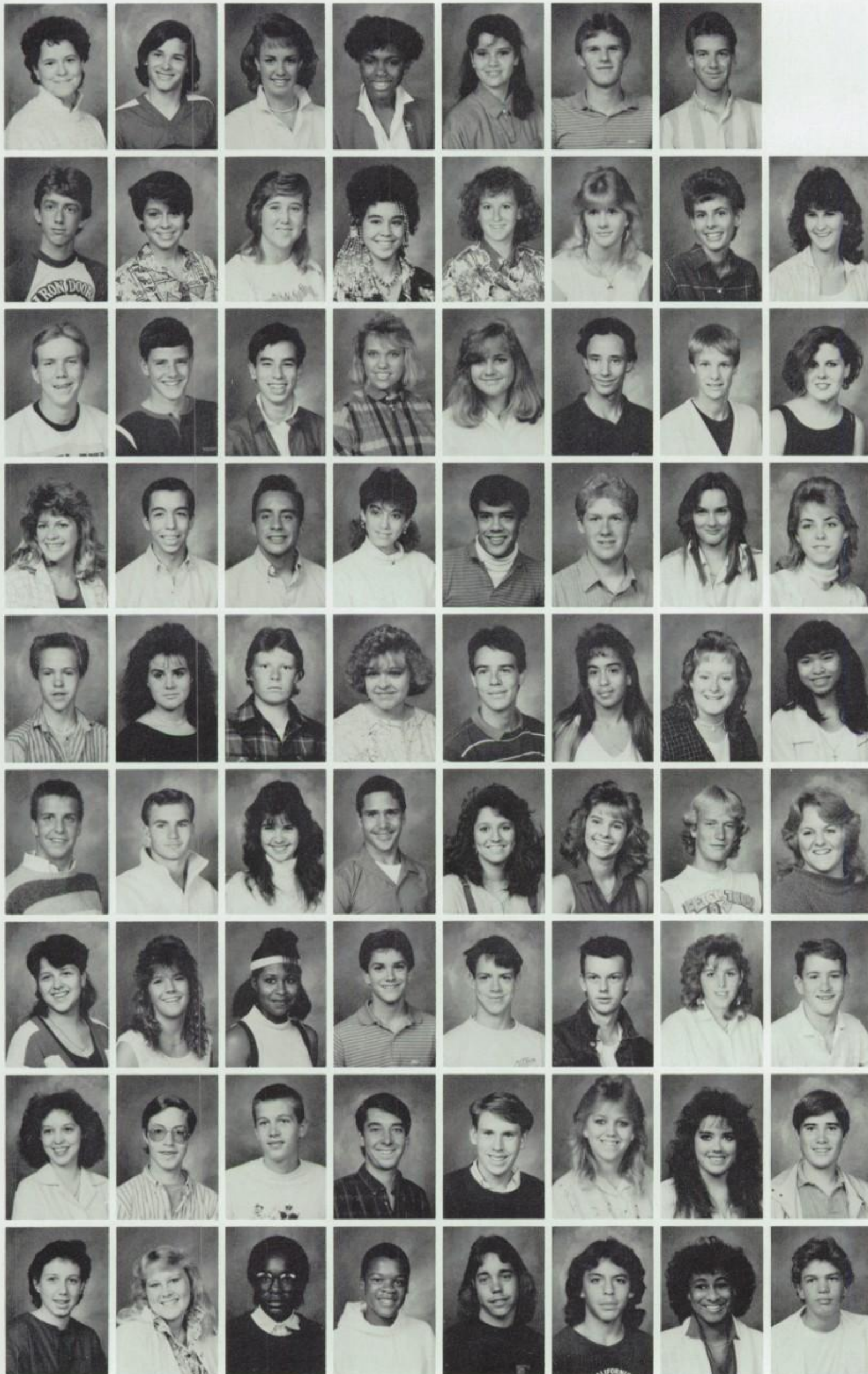
Auton, William  
Bagnard, Tammy  
Baldeaux, Denise  
Baptists, Janet  
Barncord, Melissa  
Barnes, Bill  
Barnes, Jenise  
Barnett, Chalon



Barnett, Leslie  
Barnett, Patricia  
Bayes, Brock  
Beach, Heather  
Bechtol, Johanna  
Beck, Dominique  
Beck, Johathon







Bentz, Christine  
Bergman, Edward  
Bjornson, Melissa  
Blevins, Vanessa  
Bobrowski, Elizabeth  
Bocko, Andy  
Bordine, Kenneth

Bottroff, Jeremy  
Bourne, Kimberly  
Bowser, Marion  
Braddock, Rose  
Brandland, Stephanie  
Brekke, Michelle  
Brinkman, Tamara  
Britton, Tamara

Brown, Kenneth  
Bruck, Torben  
Bruhmuller, Arthur  
Brunelle, Tina  
Bryant, Jennifer  
Bryce, Daniel  
Buckalew, Robert  
Bulat, Ann

Butcher, Davenna  
Buttron, Mark  
Cader, William  
Cagigas, Claudia  
Carlile, Kenneth  
Carlson, Chris  
Carlson, Jennifer  
Carter, Priscilla

Casaday, Dustin  
Castaneda, Alicia  
Castillo, Joseph  
Castillo, Stacy  
Cauldren, Kevin  
Cepeda, Marcella  
Chalup, Tammy  
Chhom, Chamroet

Chipman, Garrett  
Chivas, Stanley  
Christiansen, Kim  
Churchill, Warren  
Cimmarrusti, Marisa  
Clayton, Katrina  
Coleman, Cary  
Collier, Lise

Colvin, Vanessa  
Cortez, Marie  
Cossingham, Ta Londa  
Costa, Sean  
Cotter, Steven  
Cox, Richard  
Crisafulli, Gina  
Cryer, Richard

Cuevas, Sylvia  
Culbertson, Grant  
Daniels, James  
Darby, Paul  
Dau, Tyler  
Daves, Stacie  
Davis, Nicole  
Davis, Robert

Davis, Tamra  
DeMent, Trach  
Dean, Keith  
Devers, Terry  
Diamond, Jason  
Diaz, Stan  
Dill, Tracy  
Discher, Bruce



Distslear, Karen  
Do, Dang  
Donovan, David  
Dougan, Darla  
Downey, Rebecca  
Dugan, Christina  
Durland, James  
Earls, John



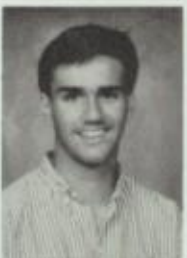
Eastin, Heather  
Eaton, David  
Ebbert, Chad  
Ebert, Laura  
Eckard, Zarria  
Elgart, Jessyca  
Elliot, Krista  
Ellis, Carie



Elmer, Stephen  
Engblom, Curtis  
Epps, Rhonda  
Erskine, Donna  
Espinola, Odilia  
Espinoza, Paula  
Ethridge, Sydney  
Evans, Michelle



Fakhouri, Andy  
Falldorf, Robert  
Farnsworth, Ronald  
Fautt, Rob  
Fenex, Eric  
Fink, Stacey  
Fisher, Amy  
Fisher, Robert



Flinn, Joe  
Foster, Krishna  
Frederick, Laurine  
Frosio, Patricia  
Galon, Audra  
Garcia, Eliseo  
Gardner, Carrie  
Gardner, Jamie



Gaskin, Janenne



Gavin, Matthew



Ghazialam, Palwasha



Giangregorio, Craig

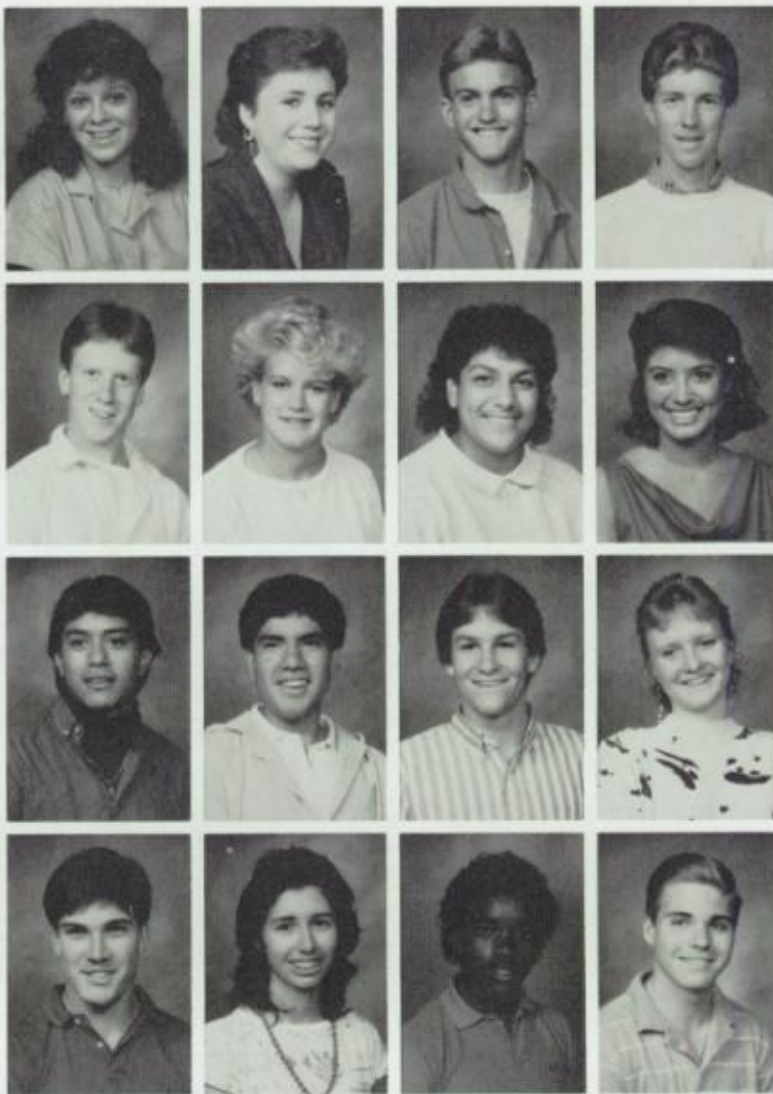


"How do they rate with you?"





"So why don't you give us your opinion?"



Ginn, Tiffany  
Gleason, Michelle  
Gleason, Travis  
Gleghorn, James

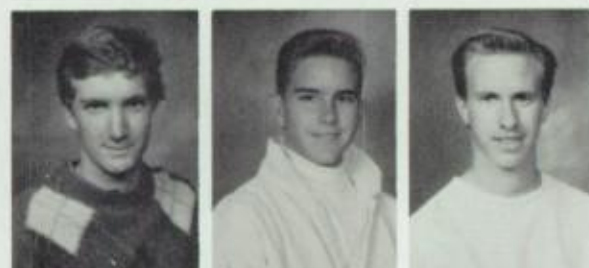
Glenn, Daniel  
Glueck, Sharon  
Gomez, Michelle  
Gonzales, Angela

Gonzalez, Rene  
Gorka, Erik  
Greene, Edward  
Grisson, Tami

Gunn, Brad  
Gutierrez, Emily  
Haggerty, Cleveland  
Halterman, Gregory



Hammel, Douglas  
Hand, Kevin  
Hanson, Sharlene  
Hargis, Jason  
Harris, Catherine  
Harris, Deon  
Hartig, Amy  
Hartman, Heather



"Just who do you think you are?"

Hatch, Karen  
Hayes, Laurence  
Haynes, Joseph

Heald, Jennifer  
Hecht, Maria  
Hendee, Kimberly

Henson, Jeffrey  
Herman, Joseph  
Hiel, Joseph

Hileman, Lena  
Hitt, Jann  
Hobbs, Michael



Hoffman, Erin  
Hoffman, Laurine  
Hogan, Terrence  
Holden, Robert  
Holliday, Esther  
Hopkey, Tiffany  
Horton, Patricia  
Hove, Garry



Hovland, Sonya  
Howard, Karen  
Hudson, Barbara  
Hughes, Tina  
Hull, Joel  
Hunt, Stacey  
Huynh, Ken  
Jackson, Wendy



James, Genee  
Jeffers, Jamie



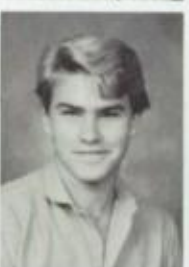
Jenkins, Gary  
Jensen, Shawn



Johnson, Aaron  
Johnson, Angela



Johnson, Sharon  
Jones, Kevin



Justeson, Jeremy  
Kabler, Joseph  
Kathol, Laura  
Katzenmeyer, Craig  
Kendall, David  
Kenniston, Kevin  
Kernazitskas, Anthony  
Kidney, Matthew



Kidney, Michael  
Killian, Klaus  
Kimrough, Steven  
Kiss, Angelique  
Klasna, Trent  
Knepher, Cindy  
Knight, Kevin  
Knowlton, Chris



Knox, Donna  
Konold, Deborah  
Kopel, Kimberly  
Kovatch, Cheryl  
Kral, Shane  
Kraynik, Amy  
LaRue, Claudia  
Lahti, Todd



"I don't want my picture taken."





"Did someone call my name?"



Lain, Laurel  
Lamachy, John  
Laney, Kevin



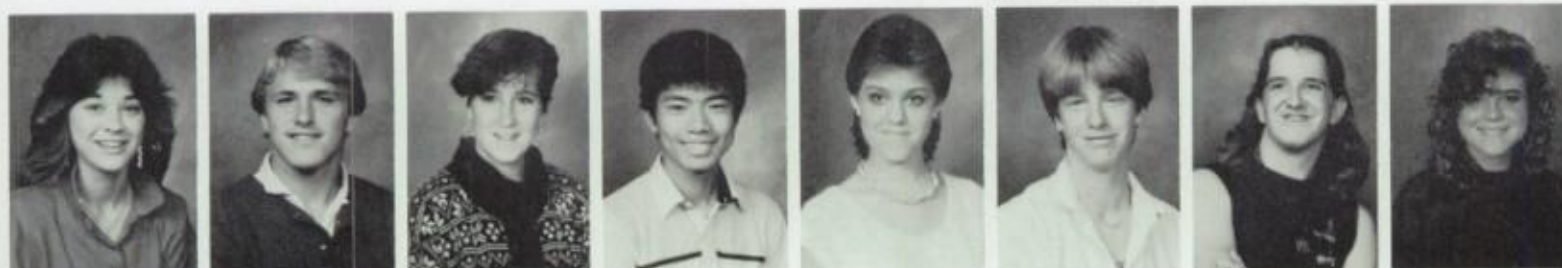
Langston, Matthew  
Larsen, Cynthia  
Laslo, Shelley



Lazok, Ann  
LeLong, Hoang  
Leberis, Diana



Ledford, Robert  
Lee, Crystal  
Lei, Diana



Leighton, Elizabeth  
Leptich, Chuck  
Levant, Carla  
Linares, Jennifer  
Lin, David  
Logan, Josh  
Lord, James  
Lowery, Barbara



"Let go of my arm!"

Luban, Damon  
Lusardi, Annette

Lyon, Jaron  
Mabee, Tabitha

MacDuff, Julia  
Majomut, Deanna

Martinez, Christian  
Martinez, Frank



Marzullo, Yvette  
Massaro, Daniela  
Masson, Stormy



Mataki, Takeshi  
Mathieu, Frank  
Mathews, Eric



May, Carolina  
McAloney, Teresa  
McBride, James



McCann, Ken  
McClelland, Becky  
McClish, Zack



McCrystal, Nicholle  
McElvaine, Bennie  
McGirr, Anthony  
McGrath, Kerry  
McGuire, Thomas  
McKeig, Jonathan  
McKenna, Kim  
McKnight, Rachel



McLean, Anthony  
McNeal, Cynthia  
McTrusty, Alex  
Medawar, Ghada



Meinung, Ronald  
Meiss, Mija  
Mendoza, Zachary  
Meyer, Jeff



Miller, Jeffrey  
Miller, Kristen  
Miller, Linda  
Miller, William



Miner, Deborah  
Minnich, Ann  
Moe, Kristyn  
Monahan, Kathleen



"Umm, that looks good."



"Whatever it was, I didn't do it."





"C'mon take a bite."



Moore, Michael  
Morante, Maria

Morgan, Staci  
Morgan-Hill, Cathleen

Morinville, Chris  
Morrison, Kirstin

Morse, Cindy  
Morse, Jessica

Moshtaghi, Neda  
Mount, Andy  
Mueller, Jennifer  
Muir, Jennifer  
Munch, John  
Murphy, Heather  
Nasife, Korey  
Navarro, Richard

Neddermeyer, Shannon  
Newsome, Lapara  
Nguyen, Cuong  
Nguyen, Thuanh  
Nicholas, Kelly  
Nocon, Shawn  
Nordean, Renee  
Nordstrom, Iris

Normandin, David  
Northcoat, Roman  
Nowakowski, Victoria  
Nunez, Gilbert  
Odell, Allison  
Ogorman, Anne  
Ofield, Luc  
Oliveira, Cory

Oliver, Wendy  
Oltman, Heather  
Omahen, Daniel  
Oneal, Melissa  
Oostra, Carey  
Ortiz, Marc  
Osborne, Anna  
Osornia, David

Osthimer, George  
Owens, Michael  
Padula, Stephen  
Paez, Robert  
Page, Kathleen  
Page, Ricky  
Palechek, Jon  
Palladino, George



Parriot, Scott  
 Passarelli, Jason  
 Patrzalek, Paul  
 Patterson, Kristi  
 Patterson, Daniel  
 Pedrin, Richard  
 Pekelder, James  
 Perez, Vicki



Peron, Robbie  
 Perry, Michelle  
 Pestcoe, Tracy  
 Peters, Serena  
 Petersen, Stephanie  
 Peterson, Stephen  
 Philhower, Heather  
 Phillips, Timothy



Pichierri, Todd  
 Pierce, William



Pilkington, Amy  
 Plasencia, Kristin

Poma, Laura  
 Poma, Linda

Popal, Farzana  
 Poulson, Heather



Powell, Brandi  
 Preciado, Cesar

Preece, David  
 Prevolos, Thanasi  
 Provinzano, Chris  
 Pryor, Tracy  
 Quigley, Jason  
 Quinn, Kelly  
 Radice, Dawn  
 Rasmussen, Anna

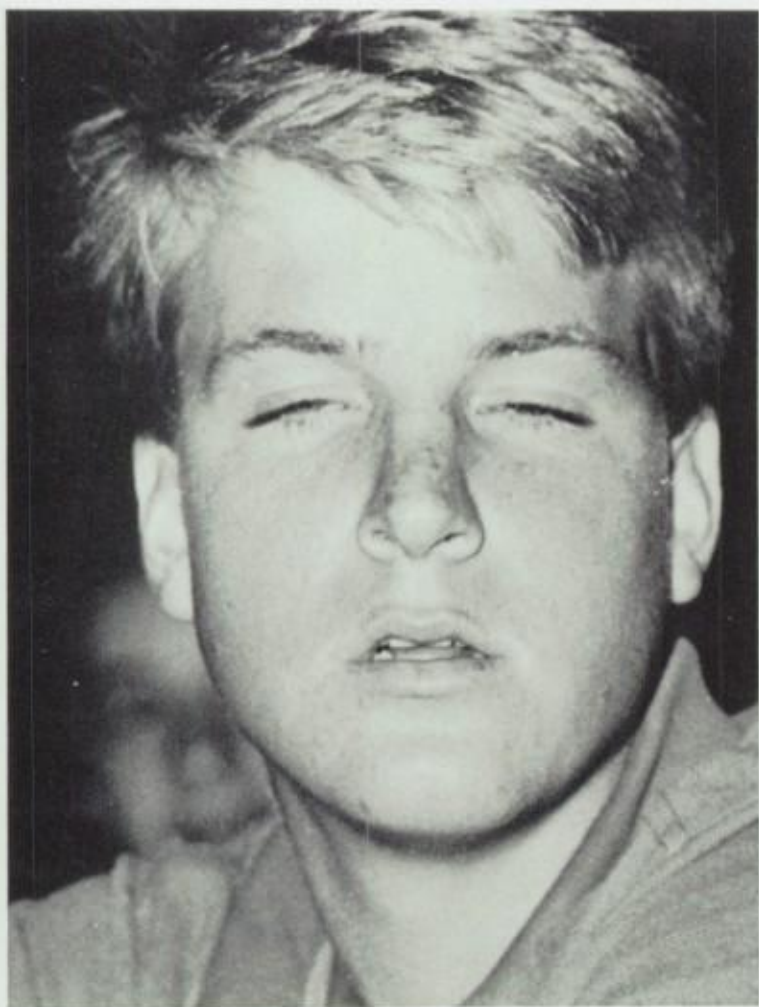


Ratelle, Paul  
 Reyes, Deenah  
 Reynolds, James  
 Richardson, Joe  
 Richardson, Judith  
 Rioux, Ronnie  
 Roach, Damon  
 Robbins, Michael

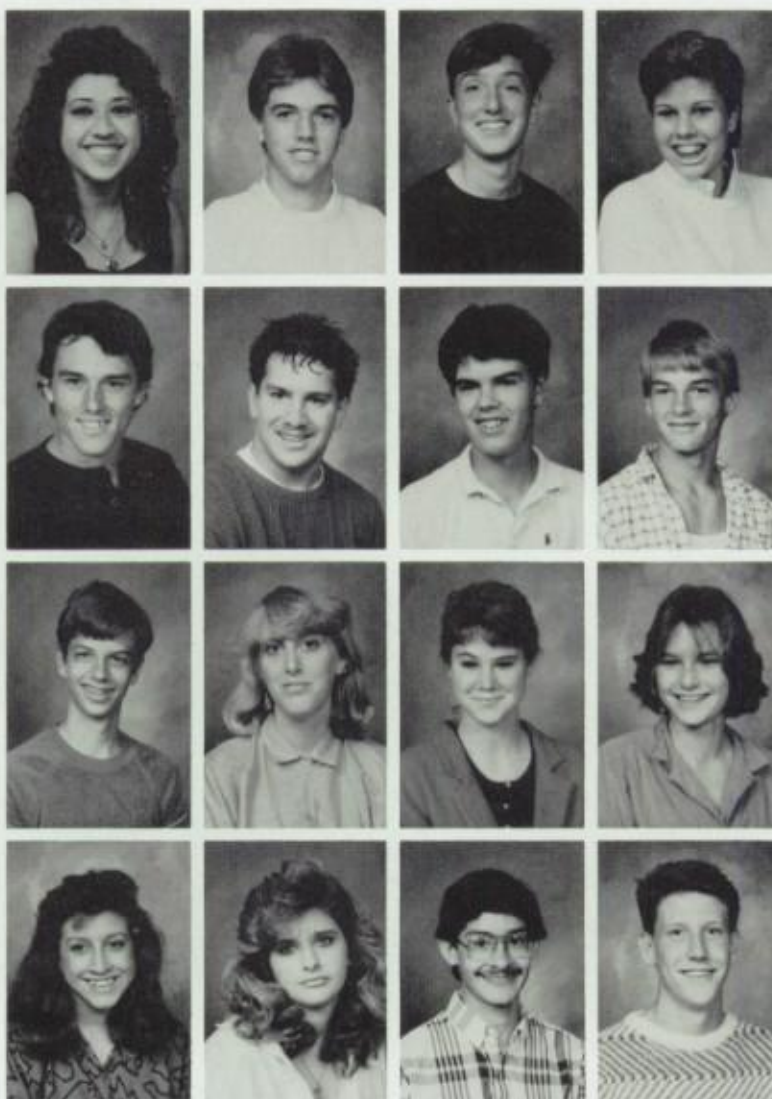


"Junior Board smiles pretty for the camera."





"These long weekends have got to go."



Rodriguez, Tina  
Roeder, Edward  
Rogers, Joe  
Roper, Tahnee

Rose, Jason  
Ruby, Jerry  
Rupe, Christopher  
Rushing, Richard

Russell, Craig  
Russell, Jennifer  
Sabo, Rachelle  
Sadulski, Renee

Salas, Kimberley  
Sams, Shari  
Sandoval, Eric  
Sanford, Patrick



Sapien, Teresa  
Satter, Paige  
Savage, Kiko  
Savoy, Bruce  
Savu, Diana  
Schaefer, Sebastian  
Scheider, Sean  
Schilf, Martin

Schmersal, Walter  
Schrock, Stephen  
Schudel, Heather  
Schuman, Troy  
Seales, Andrew  
Segal, Briar  
Seifert, Renee  
Selder, David



"Another fun lunch at Helix High."



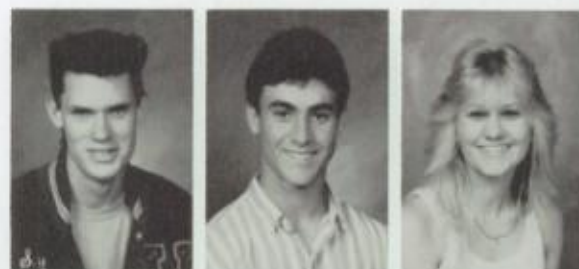
Selleck, Lee

Sexton, Andy

Shacklett, Tracy



Shanahan, Michael  
Sheehan, Todd  
Shepard, Danielle



Sherwood, Chaseley  
Siepert, Michael  
Sikes, Stephen



Silver, Paul  
Simmons, Michael  
Singleton, Krishna



Sledge, Carolyn  
Sloan, Robb  
Smith, Joanna



Smith, Kimberly  
Smith, Michelle  
Smith, Shannon  
Soriano, John  
Sousa, John  
Spahn, Troy  
Spradley, Jennifer  
St. Clair, Cory



Stalker, Alisa  
Stanley, Orlando  
Steele, Dawn  
Stevenson, Karin  
Stickley, James  
Stimpson, Mark  
Stodelle, Travis  
Strojan, Jason



Sujecka, Czarina  
Sullivan, Derek  
Swaney, Heather  
Tarich, Karen  
Taylor, David  
Thiem, Michael  
Thompson, Elizabeth  
Thornburgh, Michael



Thulin, Ben  
Thurston, Stephen  
Tieu, Ngoc  
Timm, Robbie  
Tiumalu, Daniel  
Toledo, Haydee  
Tonkovich, Matthew  
Torres, Lupe



Torres, Ramon  
Tovsrud, Sean  
Tran, Ni  
Tran, Son  
Turney, Steven  
Tyner, Maureen  
Underwood, Shannon  
Upchurch, Elizabeth



The Three Stooges: Andy, Heather, Neda







Urbanek, Bonnie  
Urich, Diana  
Usquiano, Christina  
Valenzuela, Richard  
Vaughan, Travis  
Veza, Max  
Vince, Penny  
Virola, Meilanie

Wachs, Heather  
Wacklor, Rebecca  
Walker, Emmett  
Wallace, Ann  
Walsh, Kevin  
Weeks, Carrie  
Werdick, Grant

Whitney, Robert  
Wigfall, Evla  
Williams, Tara  
Williford, Wade  
Willrich Teague, Yvonne  
Winnie, Nicole  
Worthington, Kristina  
Wright, Rene

Wu, Ming  
Wynn, Stephanie  
Yale, Douglas  
Ybarra, Carmen  
Yates, Pamela  
Yrineo, Julie  
Zeddies, Timothy  
Zullo, Jason

Camera shy  
Babuta, B.  
Battista, J.  
Bays, S.  
Beald, M.  
Berry, N.  
Bell, A.  
Bentz, C.  
Blackman, L.  
Bradley, R.  
Butcher, J.  
Calvin, C.  
Camacho, D.  
Candler, C.  
Castillo, V.  
Centman, D.  
Cerde, M.  
Chestang, M.  
Cline, J.

Connolly, J.  
Conway, S.  
Copenhaver, M.  
Depaul, S.  
Diaz, R.  
Dilley, R.  
Eckard, L.  
Gallegos, L.  
Ghazialam, P.  
Haggerty, L.  
Havlik, M.  
Henning, A.  
Johnson, F.  
Johnson, M.  
Jones, P.  
Kalchbrenner, L.  
Kusenback, F.  
Kuss, M.  
LaRue, C.

Laferriere, D.  
LeDuc, M.  
Lester, K.  
Liranec, P.  
Lima, P.  
Loftus, J.  
Mallette, H.  
McNelly, A.  
Meyer, J.  
Montiel, M.  
Moore, S.  
Noel, S.  
Nunez, J.  
O'Conner, J.  
Polmear, C.  
Porter, M.  
Rivera, C.  
Robere, B.  
Rodgers, S.

Rury, D.  
Saganis, A.  
Schimile, L.  
Shapiro, S.  
Simmons, M.  
Spearman, G.  
Stanley, C.  
Tran, T.  
Turner, C.  
Veith, T.  
Villarino, P.  
Waddell, D.  
Watson, P.  
Weast, J.  
Wheeler, C.  
Williams, C.  
Wooten, B.  
Yates, P.

Too late to classify:



Andrews, Jeff  
Bliss, Erik  
Gadler, Melissa  
Howerton, Todd



# Clan Oliphant Rides Wave

The class of 1989, guided by their advisors, Mr. Bryan Andersen, Mrs. Janet Shanks and Mrs. Leslie Hays, looked forward to a successful year, not to mention years of continued success. The sophomore officers for this year included President Heather Presenkowski, Vice-President Lisa Hansen, Secretary Lori Bennett and Treasurer Elizabeth Jorgensen. Some of the fundraisers were a crystal jewelry sale and several flower sales. The major goal that the sophomore class attempted was to double their money by the end of the year.



Advisors Mrs. Janet Shanks, Mr. Bryan Andersen and Mrs. Leslie Hays.



Pres. Heather Presenkowski



Vice-President Lisa Hansen



Secretary Lori Bennett



Treasurer Elizabeth Jorgensen

Abbas, Haval  
Adalian, Garry  
Adamonis, Michelle  
Adams, Cindy  
Albrech, Mike  
Aldridge, Eddrend  
Aldridge, Rolland  
Allsing, Susan



Andrews, Roberta  
Angheson, Meron  
Angione, Jennifer  
Antoniello, Seleste  
Arnaiz, Gregory  
Aronnt, Tricia  
Arrington, April  
Asgari, Mouaiied, Mona



Austin, Toni  
Baha, Hamed  
Bailey, Wendy  
Banach, Gretchen  
Barker, Laura Lee  
Barnes, Bill  
Barton, Jean  
Bennett, Lori



Benson, Eric  
Benway, Jon  
Berger, John  
Berry, Jennifer  
Berry, Michael  
Best, Lena  
Best, Tina  
Bianchini, Hannah







Bilotti, Jennifer  
Bingham, Laura  
Birch, Jenny  
Biser, Teresa  
Bishop, Corey  
Bjornson, Garret  
Black, Lori  
Blessing, Christine

Bliesner, Cara  
Blinder, Alexander  
Bly, Corinne  
Bly, Leonard  
Bonot, Paula  
Borinski, Stephanie  
Bradley, Rick  
Bradley, Tammy

Bradley, Terry  
Bratton, Kim Marie  
Breidenbaugh, Hyla  
Brey, Kena  
Brown, Denise  
Brown, Erik  
Brown, Scott  
Bruno, Aaron

Buckley, Matt  
Bulat, Paula  
Bunting, Cavan  
Burnell, Scott  
Cabigao, Anthony  
Calhoun, Cedric  
Cameron, Shannon  
Camitses, Steven

Campbell, Julia  
Campo, Margaret  
Cando, Richard  
Canty, William  
Cao, Toan  
Capen, Wendy  
Cardwell, Kimberly  
Carey, Jeffery

Carlson, Steven  
Carpenter, Jeremy  
Carrasquilla, Ruth  
Castillo, Angela  
Castillo, Donna  
Cesena, Rachelle  
Chadegian, Gerard  
Chase, Damon

Chavez, Henry  
Chavez, Stephanie  
Chiang, Tom  
Chin, Chris  
Chipman, Cathy  
Christensen, Victoria  
Ciamacco, Luisa  
Clark, Jamie

Clark, Michael  
Cohan, Joesph  
Collins, Eddie  
Colley, Brandi  
Conant, David  
Connett, Mike  
Conway, Chad  
Cook, Jamie

Cooke, Jason  
Cooper, Kevin  
Corder, Joey  
Covey, Lisa  
Dallen, Mark  
Damery, William  
Davis, Alicia  
Davis, Elizabeth



DeBellevue, Douglas  
DeBurn, Maradeth  
DeWitt, Felina  
Decker, Randal

Del Gatto, Lisa  
DeLong, Brett  
DeLong, Terre  
Dempsey, Wayne

Desaire, Kimberly  
Desatoff, Dionne  
Desmond, John  
Devera, Arnold

Diaz, Edward  
Dinger, Timothy  
Dorna, Mark  
Downs, Stephanie

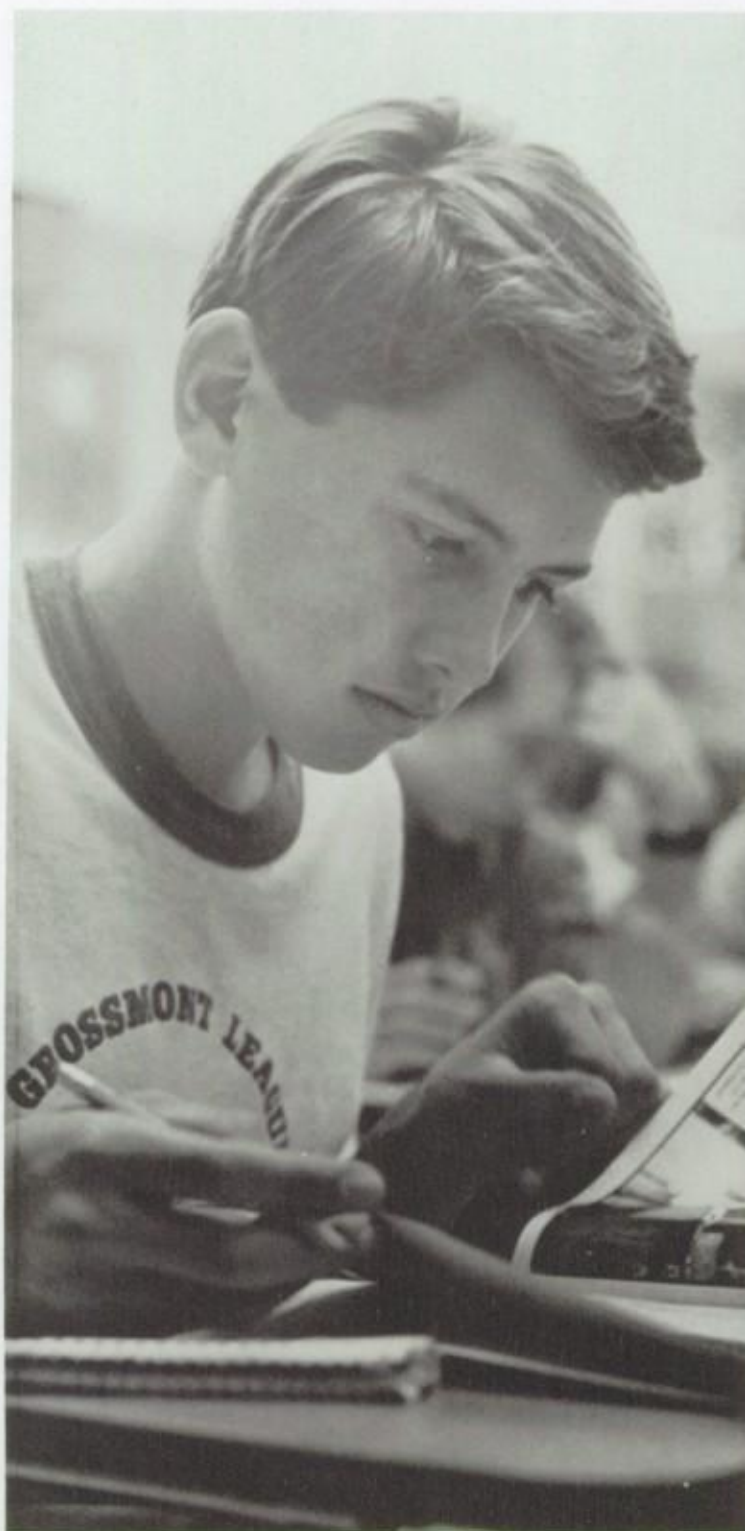
Drew, Tina  
Driscoll, Shawn  
Du Frene, Troy  
Dudsey, Joshia

Duggie, Erik  
Dumont, Stephanie  
Duncan, Tiffany  
Dunn, Christopher

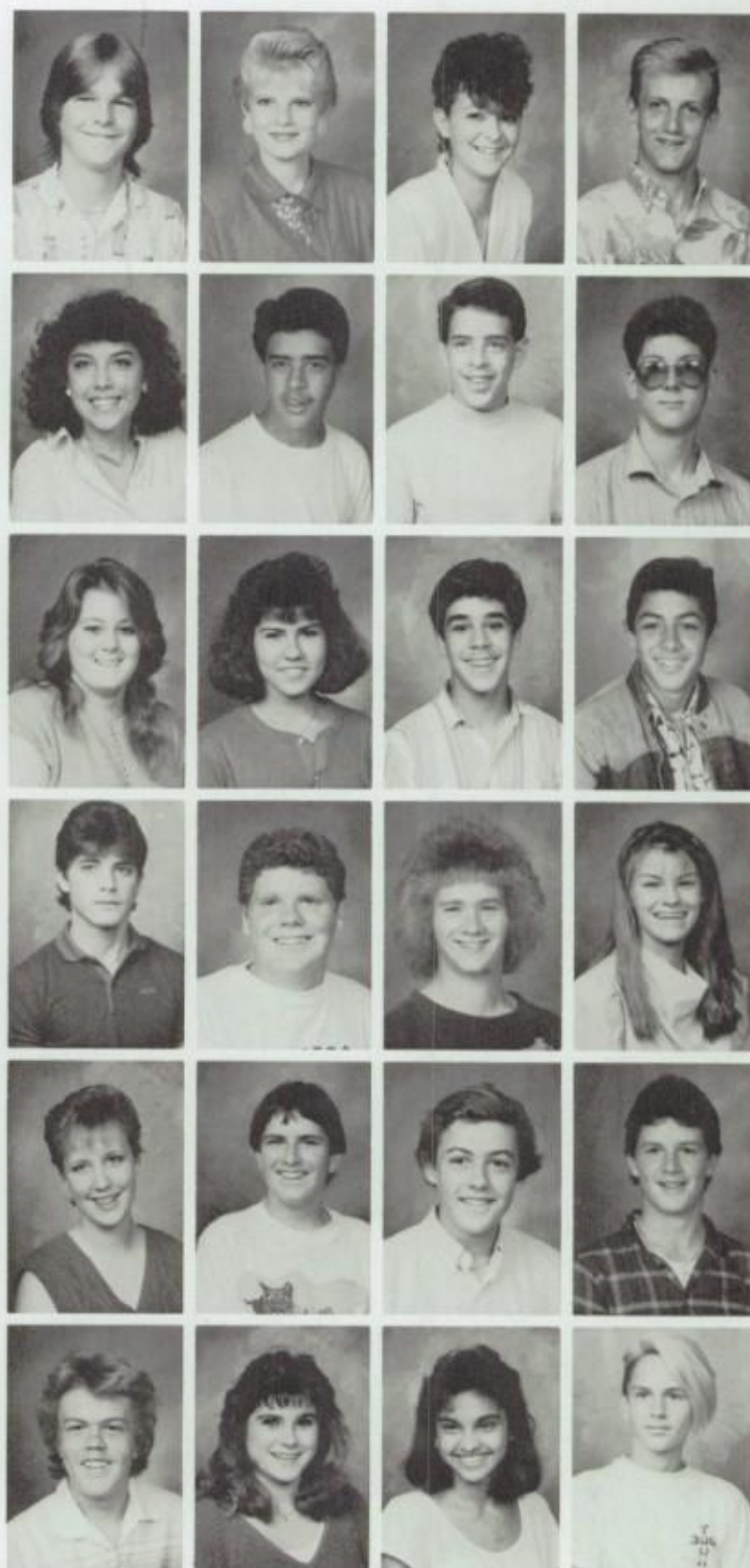
Eagle, Mike  
Easton, Clinton  
Edwards, Katrina  
Eggers, William

Elkins, Cynthia  
Engblom, Curtis  
Ernst, Fredrick  
Erwin, Craig

Estakhri, Mohammad  
Ethridge, Daryl  
Eversole, Dolan  
Evilsizor, Richard



"What am I doing?"

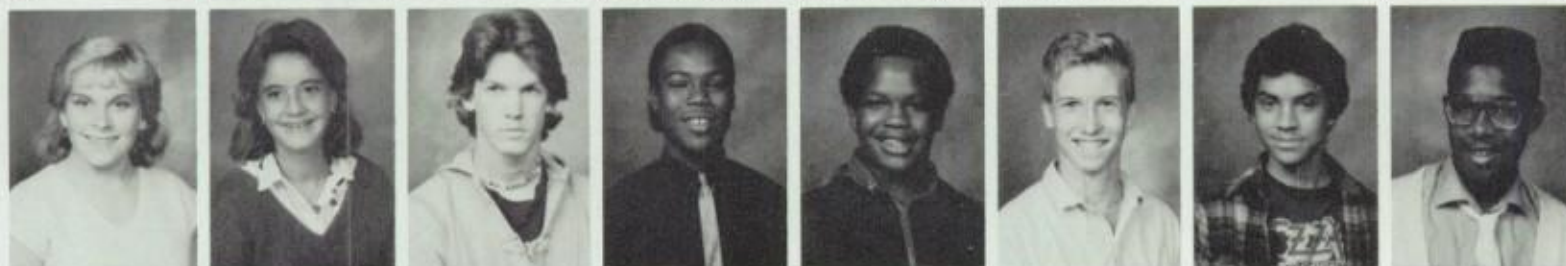


"What did she say?"

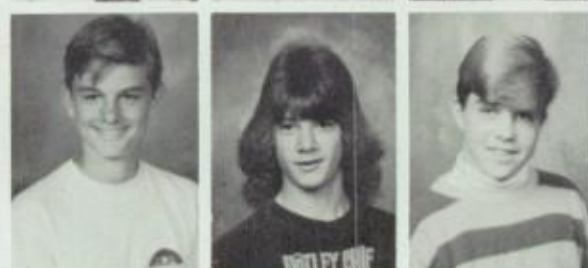




Fail, Roman  
Farrell, Kerry  
Fatehi, Farschid  
Ferreiro, Katherine  
Field, Abbey  
Fink, Wendy  
Flores, Phaidra  
Flowers, Jody



Flynn, Traci  
Fonseca, Maureen  
Foreman, Ron  
Fort, James  
Foster, Craig  
Foster, David  
Fowler, Erik  
Franklin, James



"What do you have to say about it?"

Freed, Joseph  
Frich, Denise  
Fuller, Carrie

Gadler, Stephen  
Gaffney, Patrick  
Galkoski, Gregory

Gallego, Pedro  
Galvez, Tom  
Gancitano, Vito

Garbiso, Kristen  
Garcia, Annabelle  
Gardner, Cathy

Gatley, Kristen  
Gaughen, Shasta  
Gefrom, Walter



Gendreau, Michelle  
George, Bernadett  
Ghazialam, Bashir  
Giangregorio, Sheri  
Giaquinta, Christopher  
Giaquinto, Donato  
Gifford, Bobby  
Gill, Nina



Gillingham, Amy  
Givens, Michael  
Glover, Latricia  
Goad, Tammy  
Goins, Carol  
Gomez, Albert  
Gomez, Ami  
Gomez, Madelaine



Gomez, Patrick  
Gonsalves, John  
Gordon, Celia  
Gottlieb, Marc  
Graves, James  
Greggs, Suzanne  
Griffee, Andrea  
Gross, Judith



Guffey, Jason  
Guseman, John  
Gutgesell, Daniel



Guthrie, Cassandra  
Gutierrez, Jorge  
Haar, Richard



Hall, David  
Hall, Kenji  
Hall, Thomas



Hammell, Penelope  
Handley, Lawrence  
Hannah, Erwin



Hanson, Duane  
Hanson, Lisa  
Harris, Alicia  
Harrison, Daniel



Hays, Jennifer  
Hebshi, Leila  
Heidt, Jeffery  
Henderson, Dane



Hennun, Marcinda  
Herlan, Ivette  
Higginbotham, Wayne



Higginbotham, Wendi  
Hill, Jeffery  
Hill, Larry  
Hollander, Catherine







Holton, Karen  
Horn, Jeremy  
Holton, Mark  
Houlihan, James  
Houser, Jennifer  
Howard, Becky  
Howard, Bill  
Howell, Gary



Hower, Rebekkah  
Hroza, James  
Huber, Treena  
Hughes, Andrea  
Huidor, Lilia  
Hunnicut, Gina  
Hyatt, Jonathan  
Ignatoff, Iliana



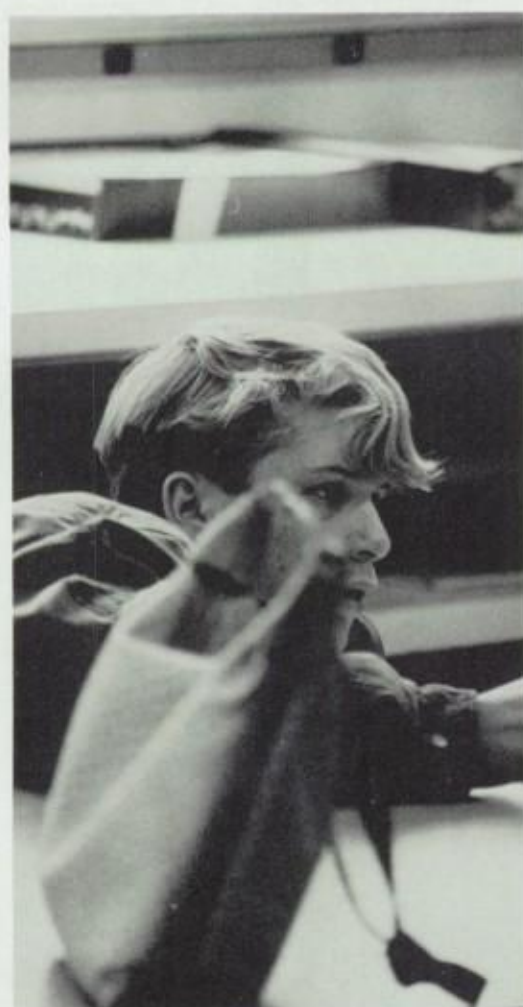
Ippolito, Wes  
Jacobus, Corina  
Jenkins, Gary  
Jensen, Kimberly  
Jensen, Mark  
Jones, Antoine  
Jones, Dawn  
Jones, Ginnie



Jones, Richard  
Jones, Robin  
Jones, Stephanie  
Jorgensen, Elizabeth  
Kallis, Erik  
Kallner, Allen  
Kapopoulos, John  
Kastlunger, Christy



Katzenmeyer, Nicole  
Kawasaki, Darren  
Kay, Jennifer  
Kelly, Joel  
Kendrick, Kristen  
Kennedy, Kelly  
Kerns, Travis  
Kidd, Dwayne



"Help, I am falling."



Kidder, Shawnee  
Kinnard, Linda  
Knox, Cynthia  
Konold, Byron  
Kreczmer, Erick



La Bass, Kristine  
Lake, Paige  
Lambert, Richard  
Landry, Sebastian  
Lange, Kenneth



Lear, Randall  
Ledford, Jason  
Lehman, Daniel  
Lehman, Marshelle  
Lei, Jinny



Leone, Michelle  
Lewis, Sharon  
Licht, Zana  
Limon, Estevan  
Linares, Tim



Litsinger, Kollen  
Little, Robin  
Lloyd, Robert  
Lockwood, Gleen  
Long, Kenny  
Lopez, Melissa  
Lord, Amy  
Lowder, Melissa



Lonzano, Guadalupe  
Lucas, Kenneth  
Lundy, Donald  
Lusignan, Terri  
Lutes, Melissa  
Lyyjoki, Rey  
MacMillam, Cammi  
MacMillan, Carri



Mack, Rebecca  
Madle, Mario  
Madrid, David  
Magee, Jason



Maghsoodi, Rowshanak  
Maguire, Joanna  
Maler, Gary  
Mallette, Holly



Martin, Michelle  
Martinez, Anne  
Martinez, Diane  
Masterson, Stacey



Mathieu, Alain  
Matthews, John  
May, Tobin  
McAllister, Lori



McAvene, Patrick  
McCarthy, Kristi  
McCarthy, Sena  
McClure, Jennifer  
McCullough, Marvin  
McCutchan, Cynthia  
McDonald, Jeffery  
McDonald, Patrick



McElroy, Michelle  
McGalliard, Tamara  
McGee, Jennifer  
McGirr, Shawn  
McMullen, Brendan  
McNelly, Kathryn  
McTrusty, Todd  
Medvinsky, Vladimir



Mehrer, Tim  
Meinung, Christopher  
Mentzer, John  
Merideth, Andrew  
Merritt, Camille  
Meshack, Charles  
Mesko, Michael  
Meyer, Darren







Miller, Brandy  
Miller, Christine  
Millman, Melissa  
Minet, Stephanie  
Minnich, Janet  
Mirza, Farah  
Mitchell, Travis  
Moeen-Ziai, Jamilen



Montes De Oca, Linn  
Moore, James  
Moore, Samuel Ray  
Morales, Susan



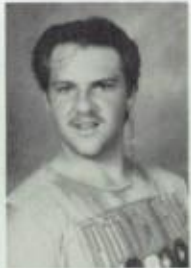
Moreno, Christopher  
Morgan, Rachelle  
Morinville, Joseph  
Morneau, Deborah



"Do you find this exciting?"



Morris, Tracy  
Moser, Joan  
Murillo, Richard  
Muzzy, Brian



Naemi, Jennifer  
Nail, Tina  
Navarro, Marci  
Nemo, Troy  
Nguyen, Trang  
Nicholson, Robert  
Nieves, Charisse  
Normadin, David



Noursamdi, Ramond  
Nunez, Christina  
Nyenhuus, Daniel  
O'Neal, Julie  
Osthimer, Jeffery  
Padilla, Zoraida  
Palazuelos, Sandra  
Parsons, David



"I'll have a Big Mac to go."



Patterson, Kimberly  
Patton, Robin  
Payne, James  
Perkins, Kathy



Petersen, John  
Pettis, Mark  
Phillips, Bridget  
Phillips, Cassea



Pine, Jennifer  
Pitman, Deanna  
Plum, Elizabeth  
Pniak, Alexis



Pollack, Adam  
 Popal, Ferishta  
 Poulson, Heidi  
 Presenkowski, Heather  
 Pressler, John  
 Price, Rob  
 Prothro, Maria  
 Pykles, Charity



Quintana, Saul  
 Quintanilla, Serina  
 Ramirez, Christina  
 Ramirez, Kristina  
 Ramsey, Christine  
 Ramsey, Scott  
 Reagan, Todd  
 Reardon, Lisa



Reep, Nathan  
 Reese, Mona  
 Regil, Fransico  
 Rettig, Drum  
 Reyes, Alfred  
 Rice, David  
 Richardson, Joesph  
 Riddick, Scott



Ridenour, Alan  
 Rider, Desiree  
 Rikard, Michelle  
 Ring, Kenneth  
 Rintoul, John  
 Rittenberg, Adam  
 Rivis, Monica  
 Rivers, Scott



Robbins, Anthony  
 Roberts, William  
 Robinson, Garon  
 Robinson, Gordon  
 Rodriguera, Aurelio  
 Rodriguez, Antonio  
 Rodriguez, Leticia  
 Rottenberger, Robert



Rubesh, Andrea  
 Rebiano, Jenise  
 Ruffer, James  
 Runyen, Kristina  
 Rupp, Angela  
 Salamni, Bobak  
 Sampieri, Derek



Sanchez, Loretta  
 Sanchez, Melissa  
 Sandberg, Josh  
 Sanders, Stephani  
 Sanders, William  
 Satter, Leah  
 Savoie, Scott  
 Sawyer, Stephen



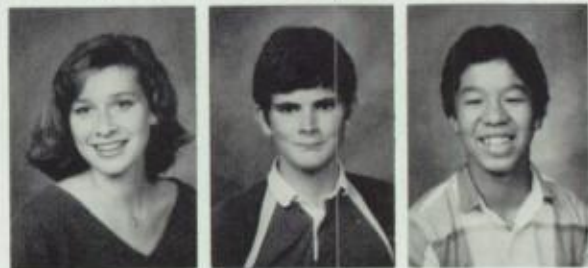
Saylor, Laura  
 Scalzitti, Joel  
 Schaefer, Douglas  
 Scheidel, Matt  
 Scherer, Melissa  
 Schimke, Marla  
 Schmitz, Michael  
 Schrempf, Bruce



Schroder, Susan  
 Schweitzer, Deborah  
 Scotese, Anitra  
 Scott, Eric  
 Selleck, Pamela  
 Serena, Liliana  
 Serrano, Dina  
 Seyfferth, Eric







Whatta day, whatta life, whatta year" . . .



Shaff, David  
Shapiro, Alex  
Sharpe, Karina  
Shepard, Robin



Sheridan, Shaleen  
Shields, John  
Shimizu, Pablo  
Shinalo, Jennie



Shojai, Alireza  
Simmons, Kimberly  
Simmons, Scott  
Simonin, Holly



Sisson, Patricia  
Sloan, Geoffrey  
Smedley, Shannyn  
Smith, Audra  
Smith, Christine  
Smith, Shara  
Smith, Shelle  
Smith, Melissa



Smith, Michelle  
Smithey, Joseph  
Snead, Dale  
Sobke, Matthew  
Soto, Mary  
Spearman, Tanya  
Speck, Travis  
Spencer, Bryan



Spencer, Deana  
Spencer, Krista  
Sperry, Christine  
Sperry, Tania  
St Clair, Shelly  
Stallings, Lisa  
Stilley, Sharon  
Storm, Deborah



Stough, Michael  
Strawder, Fritz  
Strong, Angela  
Sumek, Matthew  
Swanson, Jason  
Swanson, Jonathan  
Swobod, Richard  
Tarantino, Nancy



Taylor, Travis  
Teran, Silvestre  
Thomas, Rod  
Thompson, Joy  
Thomson, Roy  
Thorp, Michael  
Thrasher, Leslie  
Timm, Robert



Toledo, Anna  
Torres, Alberto  
Torres, Vincent  
Traylor, Anna  
Tull, Curtis  
Unger, Duston  
Vajasuso, Joey  
Vajdos, David



Valderrama, Rosa  
Valenzuela, John  
Valle, Joshua  
Valmoja, Michelene  
Vasquez, Joe  
Vega, Carlos  
Viernes, Michael  
Villavicen, Monique



Walsh, Thomas  
Walters, Karen  
Walters, Kathleen  
Watson, Peter  
Watts, Jarrod  
Webb, Erika  
Weber, Lory  
Westover, Lenora



Whaley, Amber  
Wheeler, Anna  
Whitaker, David



Whitmer, Steve  
Whitney, Anthony  
Widdifield, Harry



Wiertzema, Anelisa  
Wilcox, Keith  
Williams, Angela



Williams, Ryan  
Williamson, Lesley  
Wilson, Mary



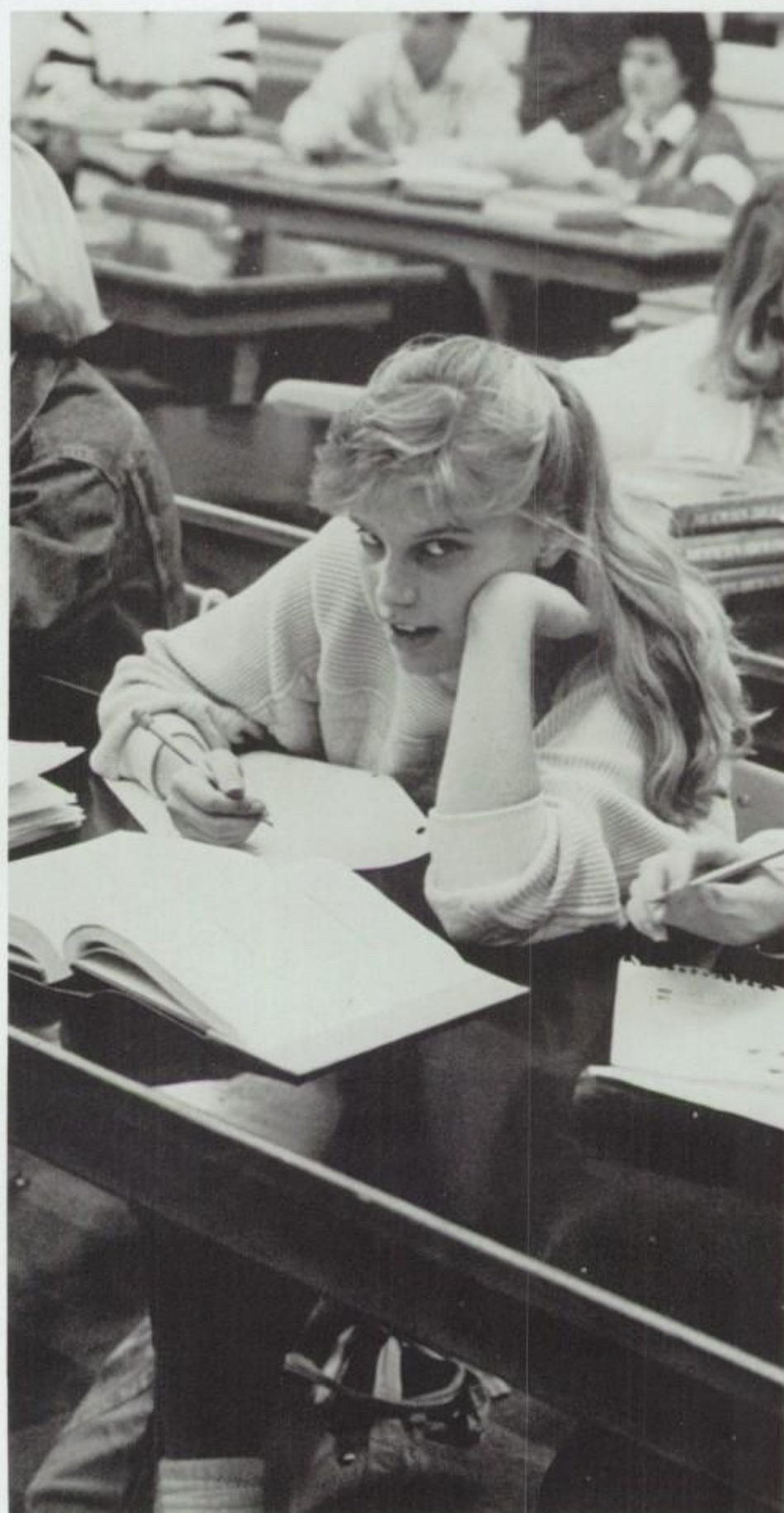
Young, Lissa  
Zeddies, Anthony  
Zeit, Nicole



Zellinger, Jody



Too late to classify:  
Graven, Jim



"Don't even think about it!"



*Camera Shy . . .*

Babauta, Grace  
Bates, Bradon  
Beardsley, Tami  
Bennett, Neil  
Berger, Alison  
Bebo, Aaron  
Bensteel, Nicole  
Bracke, Jason  
Bunge, Fred  
Cain, Christopher  
Clevenger, Jason  
Contreras, Debra  
Cornett, Robert  
Diaz, Stanley  
Elkins, Lisa  
Fautt, Robert  
Gann, Robert  
Gardner, Jamie  
George, April

Gonsales, Jason  
Goode, Ricardo  
Grey, Rena  
Gutierrez, Jose  
Hall, Kristina  
Harris, Kirk  
Haugen, Kimberley  
Haywood, Yolanda  
Horta, Ernesto  
Johnson, Lenore  
Johnson, Scott  
Jones, Virginia  
Kerns, Candice  
Knight, Kevin  
Krewson, Diane  
Kusenback, Allan  
Lahti, Todd  
Leonard, Stephen  
Lewis, Michael  
Lord, James

Marrujo, Anthony  
Marshall, Bruce  
McClelland, Rebecca  
McClish, Zachary  
Medawar, Ghada  
Montgomery, Alexander  
Neal, Matthew  
Nobiensky, Roger  
Osborn, Josh  
Otis, Denise  
Panozzo, Angel  
Patzalek, Paul  
Pudsey, Joshua  
Quick, Thor  
Regan, Philip  
Ridgeway, Jason  
Rubio, Lucille  
Schrodder, Susan  
Shankaran, Steven  
Shepherd, Danielle

Smith, Beth  
Stuckey, Dawn  
Thulin, Benjamin  
Torres, Guadalupe  
Tremblay, Riel  
Trotzuk, Elizabeth  
Trzos, Joseph  
Turner, Ronald  
Tyler, Heather  
Van Bockern, Brian  
Viertel, Eli  
Vorrath, Jamie  
Vorrath, Kyle  
Wachs, Heather  
Weigand, Allan  
White, Michael  
Whitesell, Lorena  
Williams, Tara  
Wingo, Jeff  
Wright, Sean



"Say Cheese!"



"I think I will change my grade to an A"



# Frosh Take Plunge

This year's Freshmen Class was led by a talented group of leaders. The leaders included: Damin Peters, President; Karilyn Worthington, Vice-President; Matti Sand, Secretary; and Tricia Farris, Treasurer. The group was advised by Mr. Gerald Kirk. Class fundraisers this year included a wrapping paper and greeting card sale. In addition, they chose their class clan name and Tartan plaid. Good luck to the class of 1990.



Gerald Kirk, Adviser



Damen Peters



Karilyn Worthington



Matti Sand



Tricia Farris

Adams, Lisa  
Agullair, Connie  
Allen, Carmen  
Allen, Holly  
Allen, Kim  
Allgaier, Ayrin  
Alexander, Todd  
Ancheta, David



Anderson, Julie  
Anderson, Pam  
Andreone, Leah  
Arellano, Brandon  
Armour, Wendy  
Arnaiz, Kristin  
Arreila, Ignacio  
Arrivee, Eric



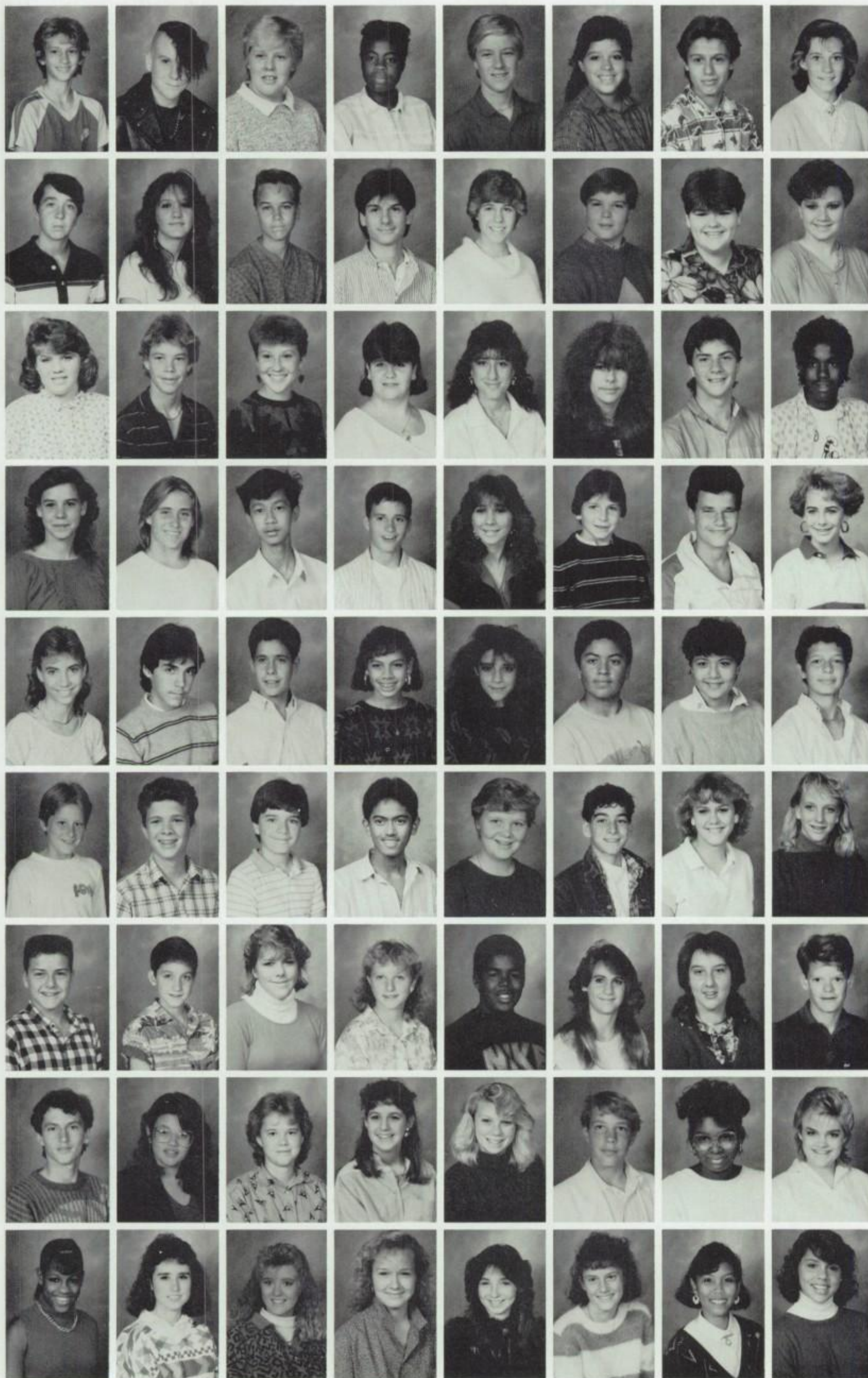
Arthur, Brian  
Aghauer, Julie  
Atanasoff, Balin  
Axson, Lisa  
Ayers, Charles  
Azin, Tina  
Babcock, Margie  
Baird, Collin



Ballantyne, Shawn  
Baltgalvis, Jans  
Bartone, Tina  
Bates, Tony  
Bauzon, Rafael  
Beighley, Amibleu  
Beltran, Jesus  
Benge, Tammy







Bernabei, Ayren  
Bigley, Todd  
Binkerd, Jennifer  
Bishop, Rosalind  
Bodenstadt, William  
Bonilla, Maria  
Bonilla, Richard  
Bonnell, Kristy

Bonnett, Adam  
Borrelli, Darcie  
Boudway, Sean  
Boutiller, Phillip  
Boyd, Stacy  
Braddy, Micheal  
Bradley, Patty  
Bryant, Beth

Bunnell, Shannon  
Burkett, Dennis  
Burmeister, Paula  
Burye, Carol  
Bustani, Tavga  
Butler, Jason  
Campos, Alejandr  
Canada, Willie

Cannataro, Angela  
Cantrell, Beau  
Cao Phuc, Xuan  
Caporale, David  
Cardoza, Lisa  
Carey, Gregory  
Carr, Ben  
Carson, Tristin

Carter, Tiffany  
Carty, Robert  
Castaneda, Craig  
Castaneda, Ericka  
Castillo, Theresa  
Castrejon, Vincente  
Castro, Tresa  
Chaparro, David

Chapman, John  
Chase, Eyle  
Chastain, Steven  
Chitry, Ray  
Christian, Elena  
Clifford, Tim  
Clubb, Cynthia  
Colen, Sarona

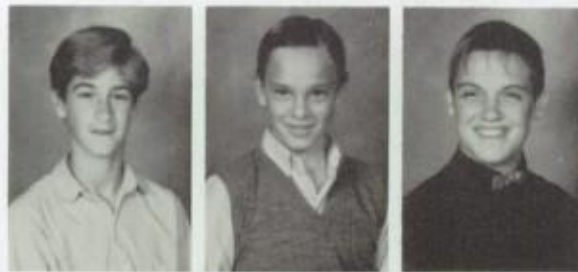
Comana, Alessandro  
Conner, Timothy  
Cook, Cindy  
Cook, Kristin  
Corley, Dwalonn  
Cote, Tresa  
Couvrette, Rebeca  
Cox, Micheal

Crise, Brian  
Cross, Dawn  
Crumly, Lise  
Dahl, Tonia  
Damberger, Paul  
Dant, Jennifer  
Darby, Kimberly  
Davis, Erika

Davis, Thomas  
Debonneville, Chantel  
De Clairville, Jennifer  
De Vous, Michelle  
De Winter, Roxanne  
Deloriea, Jennifer  
Diola, Farida  
Dominguez, Amy



Dow, Micheal  
Drake, David  
Duke, Steve



Dumont, Melanie  
Duncan, Jim  
Eimers, Kent



Engblom, Cheryl  
Englehorn, Lori  
Enrique, Mark



Erb, Charity  
Erickson, Jeanette  
Espinoza, Wesley  
Ewalt, Julie  
Farmer, Ivan  
Farris, Tricia  
Fenston, Michael  
Ferrier, Matthew



Filban, Douglas  
Flynn, Deann  
Foreman, Jason  
Forga, April  
Foster, Quinton  
Frederico, Tony  
Frisch, Cathy  
Gable, Jean Paul



Gaffney, Jessica  
Gaines, Christopher  
Galla, Robert  
Garbero, Hayde  
Garcia, Gabriel  
Gephart, Jeff  
Gonzales, Daniel  
Graf, Amy



Grahm, Jason  
Granillo, Eric  
Greaves, Caren  
Grindle, Tommy  
Gross, Kelly  
Gudith, Kristie  
Gutierrez, Paula  
Haesche, Matthew



Hague, Kimberly  
Hanley, Tony  
Hanson, Aaron  
Harbin, Sarah  
Hargis, Jeremy  
Hathon, Pamela  
Hawn, Denay  
Hecht, Memo



Hensley, Ryan  
Herbert, Paul  
Herlan, Peter  
Hernandez, Monty  
Hess, Brian  
Hitt, Jason  
Hixson, Ginny  
Hoang, Kieu



"My hot dog shrunk a bit!"







The Frosh Picnic welcomed all incoming students to the Helix clan.

Hodge, Dennis

Hoffman, Kristin

Hogan, Heather



Holaday, Ronald  
Hollingshead, Iven  
Holmquist, Kristin  
Hoover, Scott  
Hopkins, Shelly  
Housmans, Kenneth  
Hovland, Julie  
Hoy, Matthew



Hudson, Roxanne  
Higgins, Matthew  
Hughes, Dawn  
Hughes, Tanya  
Hull, Braddy  
Hunt, Troy  
Hurst, Stephen  
Hutcherson, Christopher



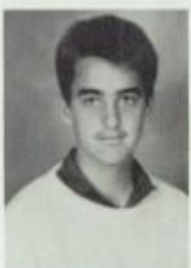
"Don't tell me I'm on candid camera!"



Ingram, Will  
Ippolito, Robert  
Ippolito, Wesley  
Jackson, Kareem  
Jackson, La Versi



Jefferson, Amanda  
Jensen, Kathlene  
Jessop, Paul  
Johnson, Stephanie  
Jones, Keith



Jones, Daryl  
Jones, Jerney  
Jones, Justin  
Jurgens, Paul  
Keating, Brennon



Keeton, David  
Kerschner, Jennifer  
Kierig, Brian  
Kilcoyne, Joseph  
Kilgore, Sharra



Kilpatrick, Manika  
 Kinghorn, Joshua  
 Kirkman, William  
 Konald, Micheal  
 Kotas, Hunza  
 Kovach, Suzanne  
 Kratochvil, Kary  
 Kufal, Kim



Kurth, William  
 La Salle, Ty  
 Lake, Amy  
 Lambert, Gregory  
 Laslo, Shanah  
 Ledford, Jeremy  
 Lee, Kelly  
 Lee, Wai



Leeds, Zachary  
 Leighton, Charles



Lewis, Chad  
 Lewis, Kendell



Little, Jennifer  
 Lopez, Dawn



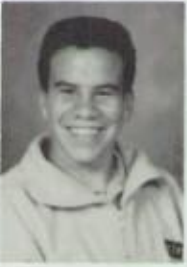
Lovewell, Kim  
 Lozano, Jesus



Luciano, Robert  
 Lujan, Mauro  
 Lundy, Henry  
 Lutton, Darin  
 Lykke, Cassandra  
 Mac, Laren  
 Maloney, Carianne  
 Martinez, Candy



Masilon, Chris  
 Masterson, Robert  
 Mata, Richard  
 Matthews, Larry  
 McAvene, Matthew  
 McCusker, George  
 McCutchan, Jon  
 McGee, Christopher

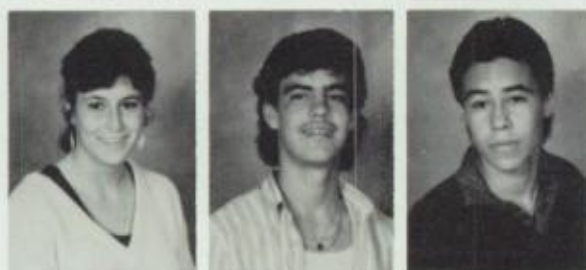


McGill, Shannon  
 McKeig, Shannon  
 McNeely, Robert  
 McTrusty, Andrea  
 Medrano, Deanna  
 Melvin, Carlos  
 Mena, Toby  
 Mesko, Melissa



"Yes, I'll have one of those, and one of those . . ."





Pep Band members entertained the student body.



Miller, Brandy  
Miller, Carolyn  
Miller, Daniel  
Miller, Kacee



Miller, Todd  
Mills, Tiffany  
Modrey, Christine  
Monahan, Patrick



Montalto, Leigh  
Montgomery, Eric  
Montoy, Martin  
Mora, Melisa



Morante, Castillo  
Morgan, Brandi  
Monquecho, Claudia  
Morrison, Morgan



Morse, Christopher  
Moyal, Elias  
Mullaney, Riley  
Munoz, Daniel



Munyon, Melanie  
Murdoch, Monica  
Murphy, Paul  
Musacco, Mike  
Muzzy, Julie  
Nelson, Marie  
Nemo, Travis  
Ney, Timothy



"Don't you like my winning smile?"



Nguyen, Liem  
Nicholoson, Eric  
Nielson, Justin



Northam, Kimberly  
Nowell, Kristine  
Nunez, Frank



Nyenhuis, James  
Oakey, Charles  
Oberreuter, Denay



Oderlin, Joshua  
Odom, Zacharia  
Ofield, Maya  
Oleary, Frank  
Olsen, Wayne  
Ortuno, Roberto  
Osthimer, John  
Pabon, Darrin



Pace, Natalie  
Padilla, Andrew  
Paniagua, Ted  
Parkinson, Daryl  
Patterson, Shawna  
Pena, Ofelia  
Penny, Jonathan  
Perea, Cesar



Peretta, Nicole  
Perry, Kellie  
Peters, Damien  
Petersen, Heather  
Phillips, Alanna  
Phonephaly, Viengkham  
Phonephaly, Normalea  
Phuong, Xuan



Poehlman, Nicole  
Potter, Carrie  
Potts, Kristie  
Prevolos, Nicholas  
Preston, Nancy  
Quesenberry, Rebecca  
Quintanilla, Roberto  
Rainey, Jennifer



Ramsey, Robert  
Ratz, Marcus  
Reagan, Traci  
Reed, Ronald  
Reeves, Diane  
Reynolds, Christopher  
Rice, Amy  
Rider, Raylene



Rigopoulos, Paul  
Rivers, Albert  
Robins, Brad



Rodrigues, Don  
Rogers, Jennifer  
Rohowits, Jennifer



Roy, Daniel  
Sabins, Kevin  
Salazar, Michael



Salazar, Yvonne  
Saldamando, Victor  
Saldano, Nicki



"You said WHAT to Mr. Melton?"







"You have just enough credits to graduate in the year 2001!"



Salmond, Jermaine  
Sand, Matti  
Sawyer, Robert  
Schexnayder, Earl  
Scholz, Valorie



Schoolcraft, Dulcie  
Scott, Earise  
Self, Jorge  
Seol, Laura  
Sepe, Vivian



Shaffer, Jason  
Sharp, Tiffany  
Shields, Kelly  
Showalter, Jennifer  
Shoy, Norman



Shumaker, Sasha  
Siebenthal, Anthony  
Sikes, James  
Silver, Graham  
Silver, Stephen  
Sim, Kins  
Simmons, Alec  
Simms, Vicki



Singer, Collen  
Skinner, Stephen  
Sledge, Elizabeth  
Smith, Gregory  
Smoke, David  
Spain, Joseph  
Spangler, Summer  
Spinner, Mike



"The more lies you tell, the longer your nose grows!"



Staley, Kristy  
Stalnaker, Travis  
Stanley



Starba, Curtis  
Stearns, Ronald  
Steppat, Heather



Stewart, Shawn  
Strawder, Donald  
Streeter, James



Stuart, Jerrod  
Sullivan, Jody  
Sullivan, Torrence  
Super, Jason  
Sutic, Julie  
Swaim, Shelley  
Swaney, Jennifer  
Tabor, Michael



Tannehill, Larua  
Tavizon, Oscar  
Taylor, Havilah  
Thomas, Davis  
Tieu, Trinh  
Tinsley, Tiffany  
Tumpkins, Brian  
Toporovsky, Alex



Torres, Juanita  
Toshalis, Kristine  
Tran, Du Van  
Tran, Minh  
Treinen, Amy  
Trojamowski, Joey  
Tygensen, Niels  
Valdez, Raymundo



Van Buski, Eric  
Vatalaro, Dino  
Vionov, Damon  
Wald, Jena  
Warren, Adrianne  
Watson, Graham  
Watwood, Russel  
Wear, Morgan



Weeber, Karen  
Weir, Jannine  
Weiss, Craig  
Wellons, Christopher  
Whitmer, Teri  
Wiggins, Robert  
Willams, Brian  
Willams, Dawn



Wilson, Ann  
Winter, Tonya  
Woodcock, Shawn  
Worthington, Karilyn  
Wright, Lisa  
Wynn, Troy  
Young, Shannon  
Zollinger, Rebecca



Members of the Class of 1990 prepare to eat lunch at Frosh Orientation Day.



CAMERA SHY ...

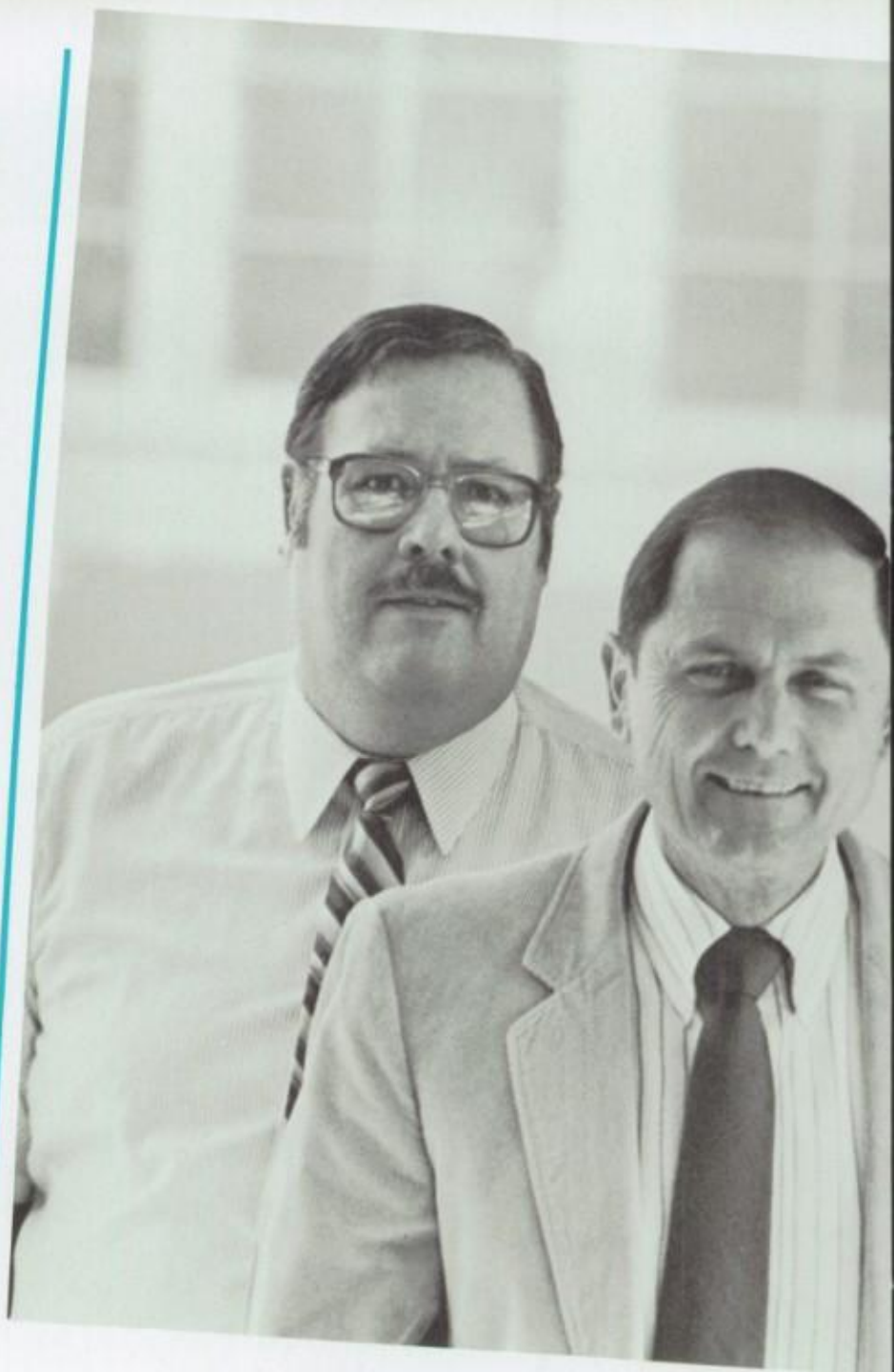
Acevedo, R.  
Alexander, T.  
Arredondo, M.  
Asay, J.  
Bates, T.  
Bell, A.  
Boehler, C.  
Bryant, T.  
Caldwell, H.  
Campbell, C.  
Caparas, M.  
Cervantes, I.  
Chavez, V.  
Christopher, T.  
Cluff, C.  
Cole, M.  
Conant, D.  
Davenport, L.  
De La Cruz, C.  
Dennis, L.  
Evans, J.

Farmer, J.  
Gautier, C.  
Gefrom, R.  
Gentry, K.  
Goldsby, R.  
Gonzalez, M.  
Grham, S.  
Haslage, J.  
Hayes, A.  
Henry, D.  
Hines, K.  
Holliday, C.  
Hollis, L.  
Klepser, W.  
Kyle, D.  
Lee, K.  
Madrigal, B.  
Magnus, J.  
Marino, P.  
Martin, J.  
Martin, T.  
Mason, C.

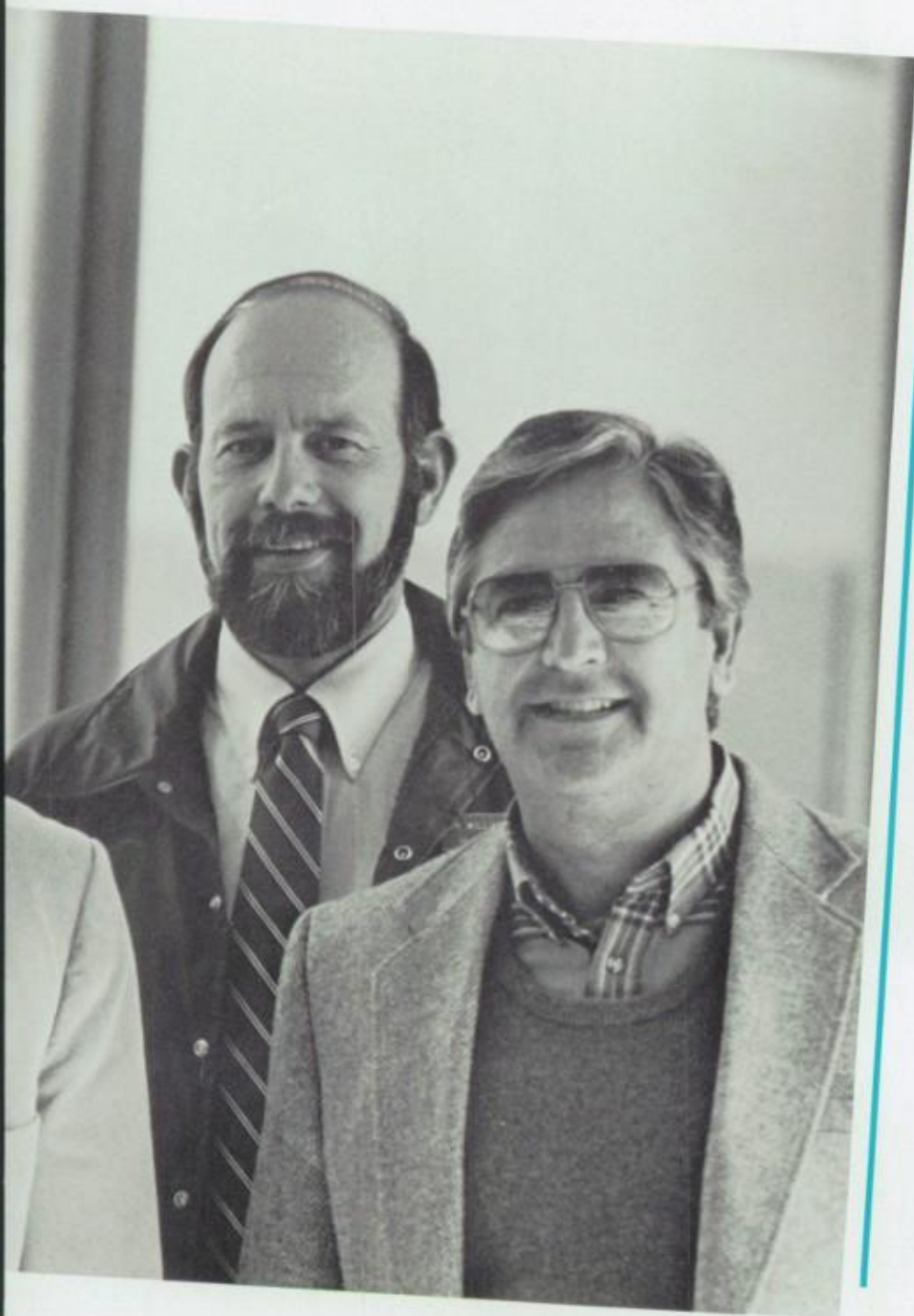
Masterson, S.  
Mayes, M.  
McCann, R.  
Merlos, M.  
Miller, B.  
Monson, C.  
Nail, P.  
Nordstrom, I.  
Ogden, T.  
Oliver, W.  
Plaisted, J.  
Price, S.  
Rafferty, B.  
Ramirez, C.  
Romero, M.  
Russell, H.  
Salvatierra, M.  
Sanchez, A.  
Schrempf, B.  
Shankaran, A.  
Shipley, M.  
Shrikey, K.

Skalecky, E.  
Smith, C.  
Sousa, C.  
Springer, S.  
Stephens, T.  
Stwenaman, M.  
Stover, C.  
Taylor, R.  
Telles, A.  
Townsend, C.  
Vahl, R.  
Versluis, A.  
Wallace, L.  
Wallace, S.  
Wardak, M.  
Ware, P.  
West, C.  
Wilken, B.  
Williams, Z.









OF FACULTY  
STAFF  
OF FACULTY  
STAFF  
OF FACULTY  
STAFF





# Administration





# Administration

## Counselors



Robert Lucas  
Counselor: A-Eq



Samuel Singer  
Counselor: Lf-Ri



Kenneth Peeters  
Counselor: Rj-Z



Kimberly Bohart  
Speech Therapist



Carole Hutchins  
Psychologist



"In case of fire: Stop, Drop, and Roll!" — G. Reckin



"Should we smile pretty for the camera?" — R. Geck, K. Petters



# English

## Department



"Are you listening?" — J. Patton



\*Jane Drake  
English 1H, 5C, 7C



Dan Baits  
English 1R, 3C, 7A



Norma Basgall  
English 3C, 5A



Charles Corbise  
English 1A, 1C, 3A



Rochelle Dawes  
Eng 3A, 3C, Speech



Susan Ehlers  
English 1A, 1C, 3R



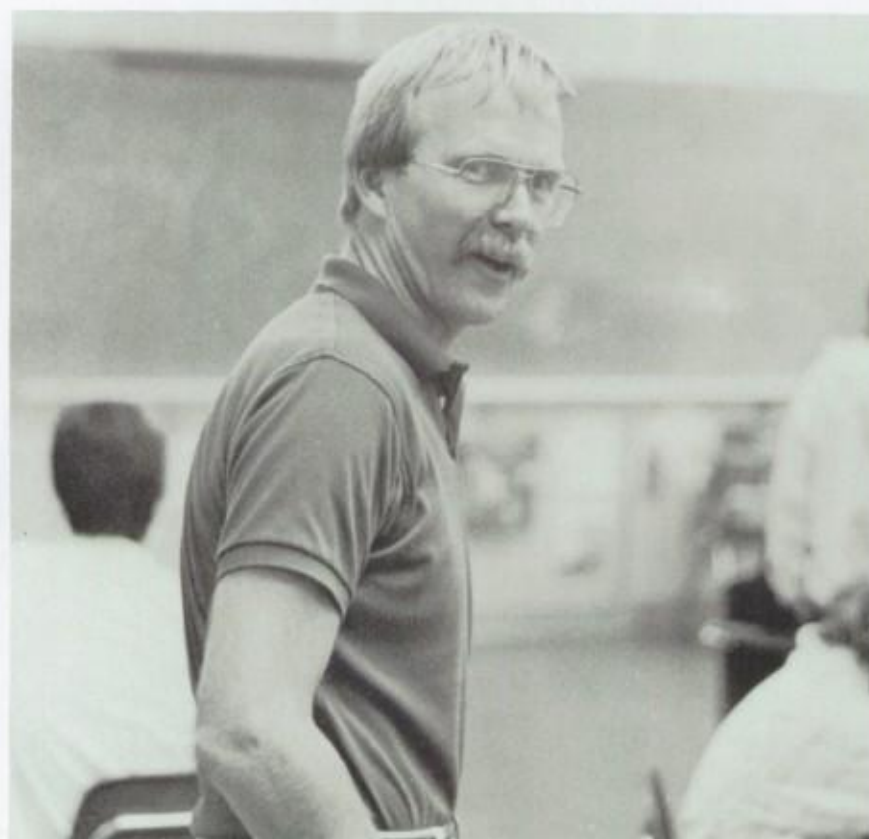
Dr. Robert Freeland  
Librarian



Monica Kaiwi  
Eng 3A, 5A, 5C, 7R



Gerald Kirk  
English 1C, 5A, 5R



"Oh! You saw that?" — H. Estes

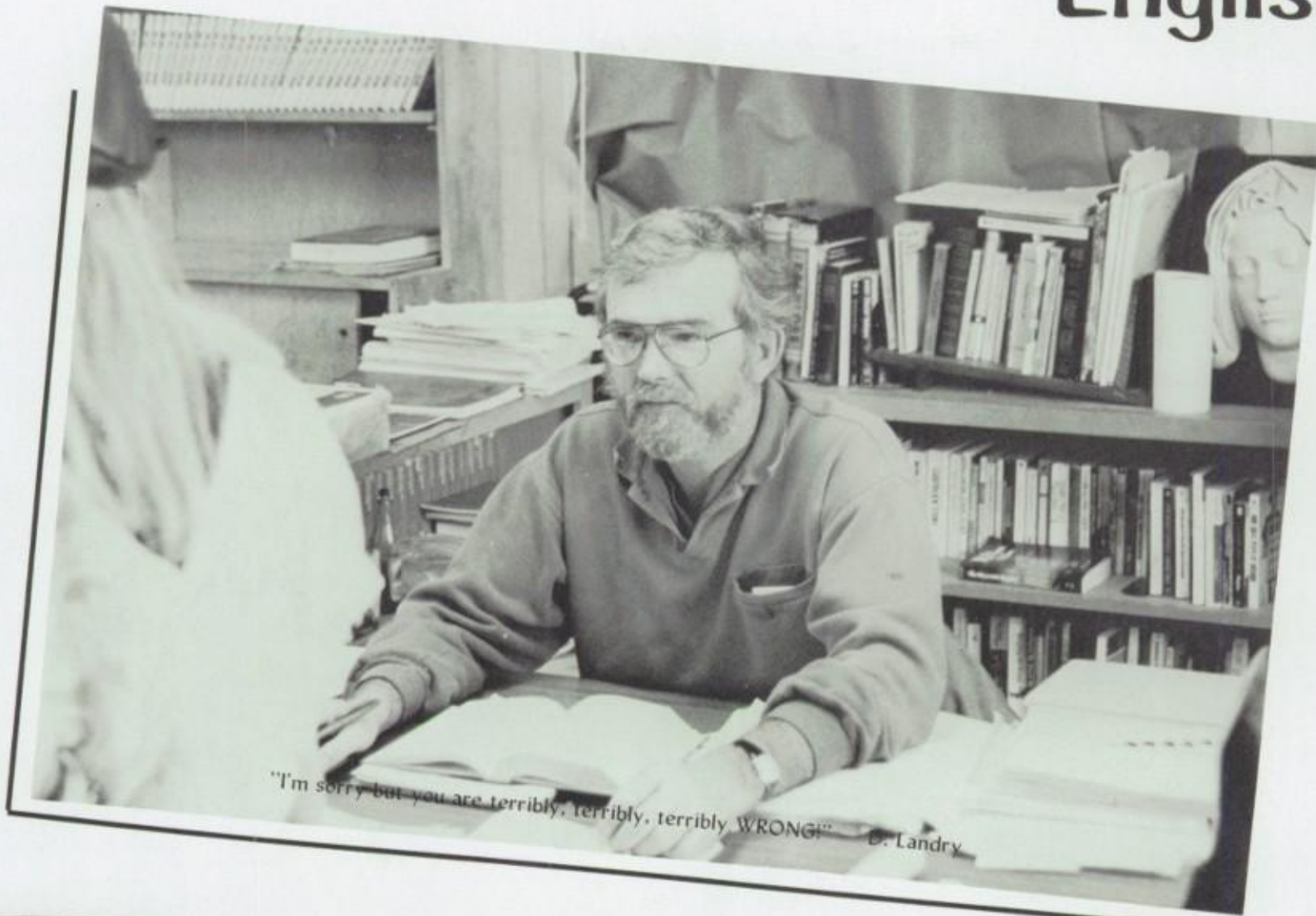


"What day is it again?" — C. Moretti



# English

## Department



David Landry  
Eng. 7C, 7H, S.S./Film



Mary Ann Mentas  
English 3C, 5A



Leslie Messier  
English 1A, 3A



Christine Moretti  
English 3C, 3R, 7C



Jessica Patton  
Eng. 3A, 5C, Journalism



Janet Shanks  
English 1C, 7A



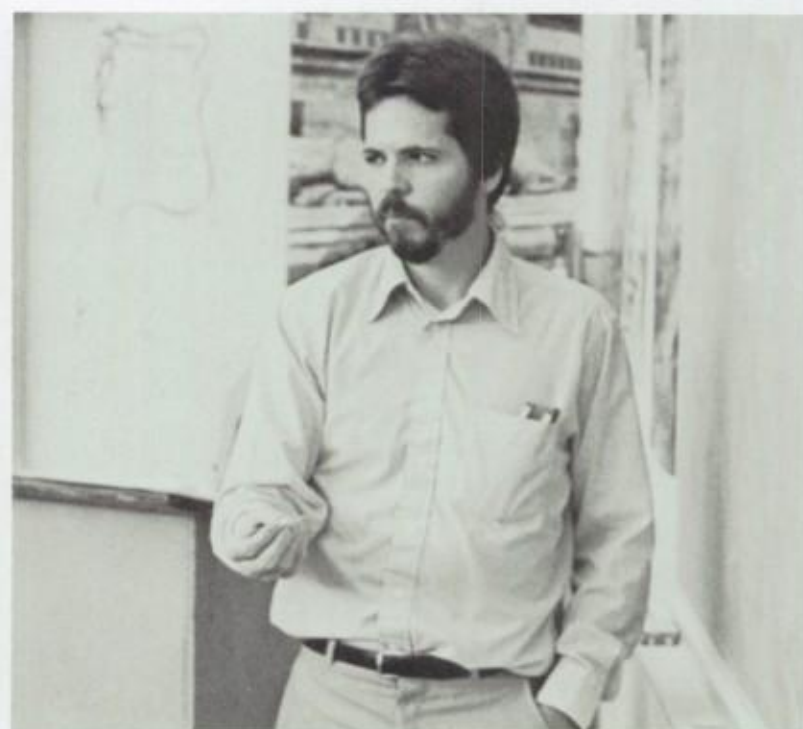
"I've got Scottie Fever, how 'bout you?!" - J. Drake



## Language



"Ahh, I see the light!" — P. Knott



"Roll your 'r' just a little bit more!" — M. Petrivelli



"Calm down, take a deep breath, and start again." — J. Gormley



\*Jill Gormley  
French, Spanish



Laura Boehmke  
Spanish



Jean Costa  
Spanish



Maria Heimpel  
Spanish, E.S.L.



Yolanda Ornelas  
Spanish



Mike Petrivelli  
Spanish



# Math

## Department



"Look what mom made for lunch today!" — R. Walker



\*Lewis Freed  
Alg. 1H, 2H,  
Pre-Calc.



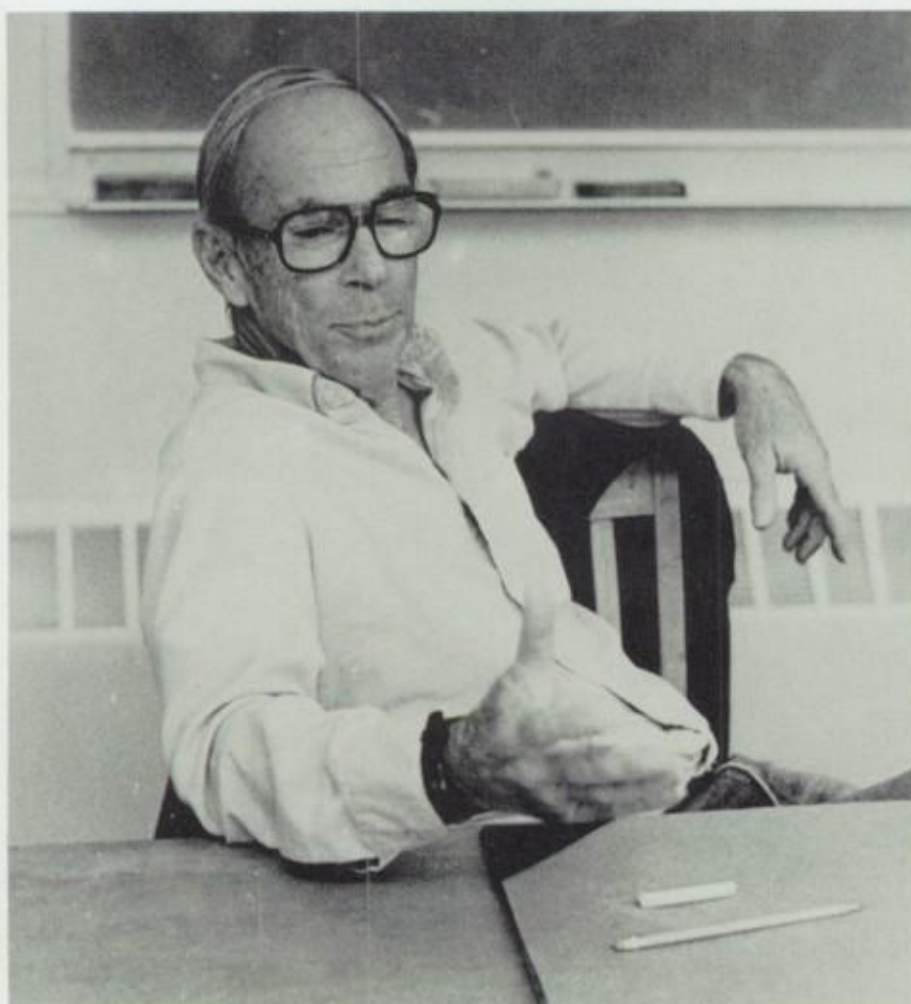
Brian Andersen  
Alg. 1C, 2C,  
Bas. Alg.



Jerry Arvin  
Alg. 1C, Math,  
Bas. Alg.



Nilo Atkinson  
Alg. 2C, Bas.  
Alg., Geom.



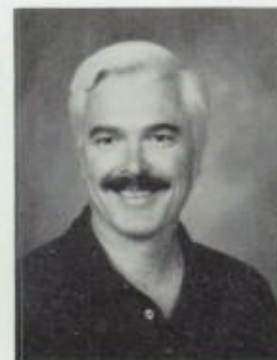
"All you've got to do is crank it out!" — J. Munson



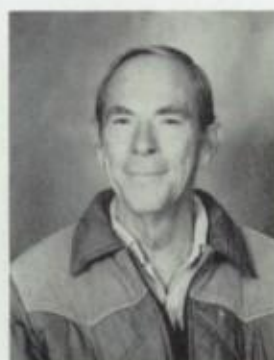
William Ehlers  
Alg. 2, Geo. 1H,  
Dis. Math



Tom Heyer  
Geo., Basic  
Arith., Math



Ernie Ligon  
Math, Basic Alg.



Jack Munson  
Geom., Calculus,  
Math Sem.



William Simpson  
Math, Basic Alg.



Ross Walker  
Math, Arith.  
Rev., Bio. 1A



# Computers

## Business and



\*Kay Raines  
Typing, Financing,  
Accting



Hazel Osborne  
Typing, Gen. Business



"Ah! The joys of being a computer teacher ... !" — P. Patton



\*Paul Bliss  
Computer Studies



Phillip Patton  
Comp Studies, Eng. 3R



Hal Doerr  
Work Experience



"Tell me you're not going to take this picture ... " CLICK!! — P. Bliss



# Science

## Department



"Just go ahead and try it, Eagles, you'll see who's best!" — A. Larivee



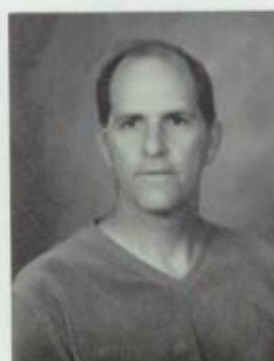
\*Al Pirie  
Biology IC



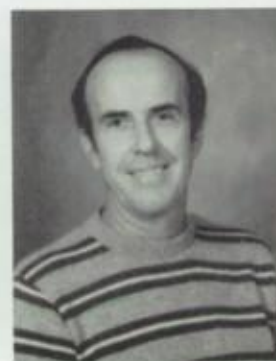
Leslie Hays  
Science, Oceanography



Ann Larivee  
Chem. IC, IH, Bio. IA, IH



Monty Mudd  
Physics, Science



Gordon Nash  
Biology IR, 2A



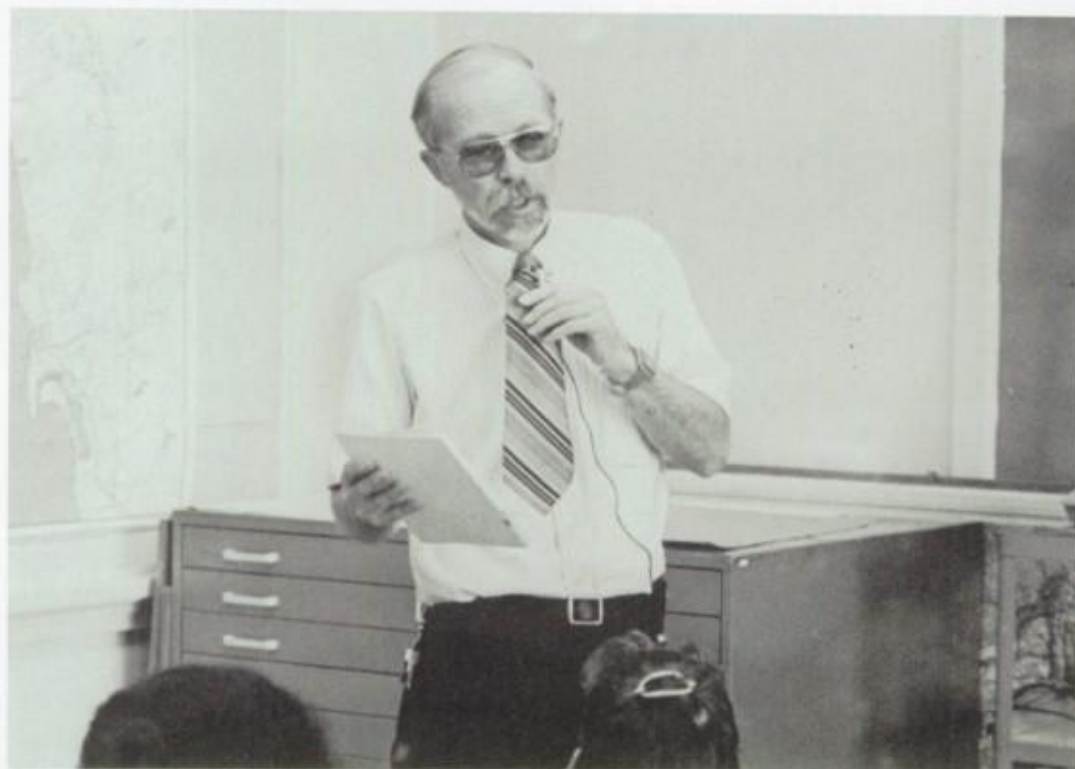
Parker Olsen  
Biology IC



"How do you spell 'pthftttthhh'?" — A. Pirie



# Social Science



"I hope I get a real Mr. Microphone for Christmas!" — D. Spear



\*Frank Leuke  
Geog. IH, IA, IR



Jim Arnaiz  
Careers/Fam. Studies



John Boone  
U.S. Hist., World Hist.



Charles Feeser  
U.S. History



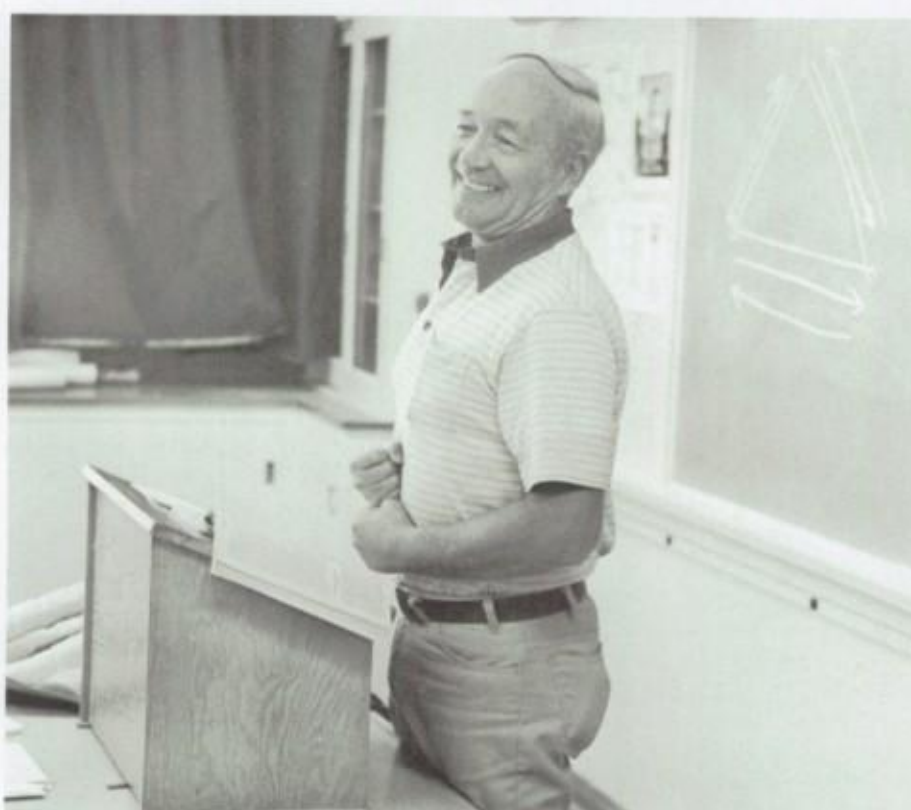
Dick Langston  
Fam. Studies, Geog.



Myrra Lee  
U.S. Hist., P. Sci., M/F  
Rol.



Joe Manor  
Poli. Sci., Psych.



"If only the Duke could see me now!" — J. Boone



"Congrats! You have now become a member of the D and F squad!" — J. Woods



# Social

# Science



Bobbie Plough  
U.S. Hist., Psych.



Gerald Shepherd  
U.S. History



Warren Vinton  
Geography



Joseph Woods  
Poli. Sci., Psych. Civics



"I had MY Wheaties this morning!" — C. Feeser



"I have the right to a lawyer..." — M. Lee



# Art and Industrial Arts

## Home Economics



"We do our sketches on paper, not walls!" — B. Nichols



\*Jackie BrodWolf  
Earth Science, Foods



Newlyn Clark-Edwards  
Single Surv.,  
Child Dev.



\*Ron Ray  
ROP photo, TARTAN



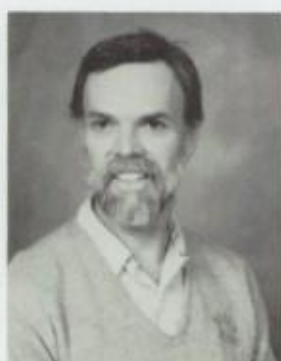
William Bible  
Photo IS, Metals IS



Betty Nichols  
Art IS, 3S-7S



\*Arthur Welch  
Metals IS, Drafting



Dale Johnson  
Voc. Cab.  
Making, Woods



Louis Laterza  
Electronics,  
Phys. Sci.



Jim Oxford  
Autoshop



"One step closer and I'll shoot!" — A. Welch



"On the good ship lollipop!" — N. Clark-Edwards



# Music

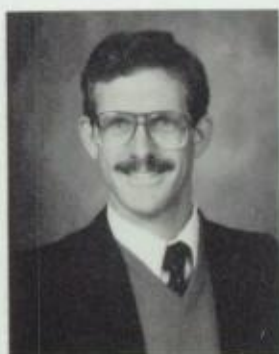
# and Drama



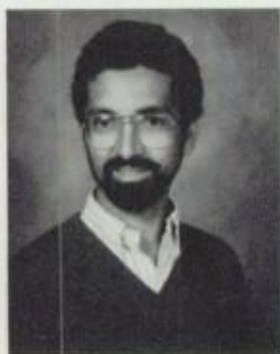
"Mary had a little lamb . . ." — M. Faulk



"Was it this hard for Beethoven?" — R. Almanza



\*Mark Faulk  
Choir, Ensemble,  
Eng. 7A



Richard Almanza  
Band, Orchestra



John H. Rosenberger  
Band Asst.



Evonne Noll  
Stgerft., Drama,  
Eng. 5A



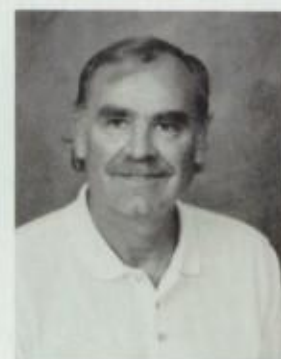
# Physical Education



"Let's compare notes . . ." — M. Muirhead, M. Hall



Denise Hume  
P.E.



John Crawford  
P.E.



Liza Cohan  
Dance, Earth Sci.



Marianne Hall  
P.E.



"Raise your hands if you're sure!" — R. Ash



Mike Muirhead  
P.E. Weight Training



Elizabeth Shaw  
P.E., Typing



John Singer  
Adapt PE, Fam. Studies



Dan Saatzer  
Boy's PE attend.



Evie Koske  
Girl's PE attend.



Joann Tarantino  
Softball, Volleyball  
coach



# Special Education



"How do you like my pearly whites?!" — B. Oldfield



Gerry Stanley  
Special Day Teacher



Steve Griswold  
Special Day Teacher



Don Van Hook  
Resource Specialist



Toni Sue Landry  
Resource Specialist



Janet Brent  
Special Education Aide



Barbara Oldfield  
Special Education Aide



Grover Lucas  
IOP



"Good news! I found your referral!" — C. Townsend



"Your last test ... yea, it was an F+!" — D. Van Hook



# Office Staff



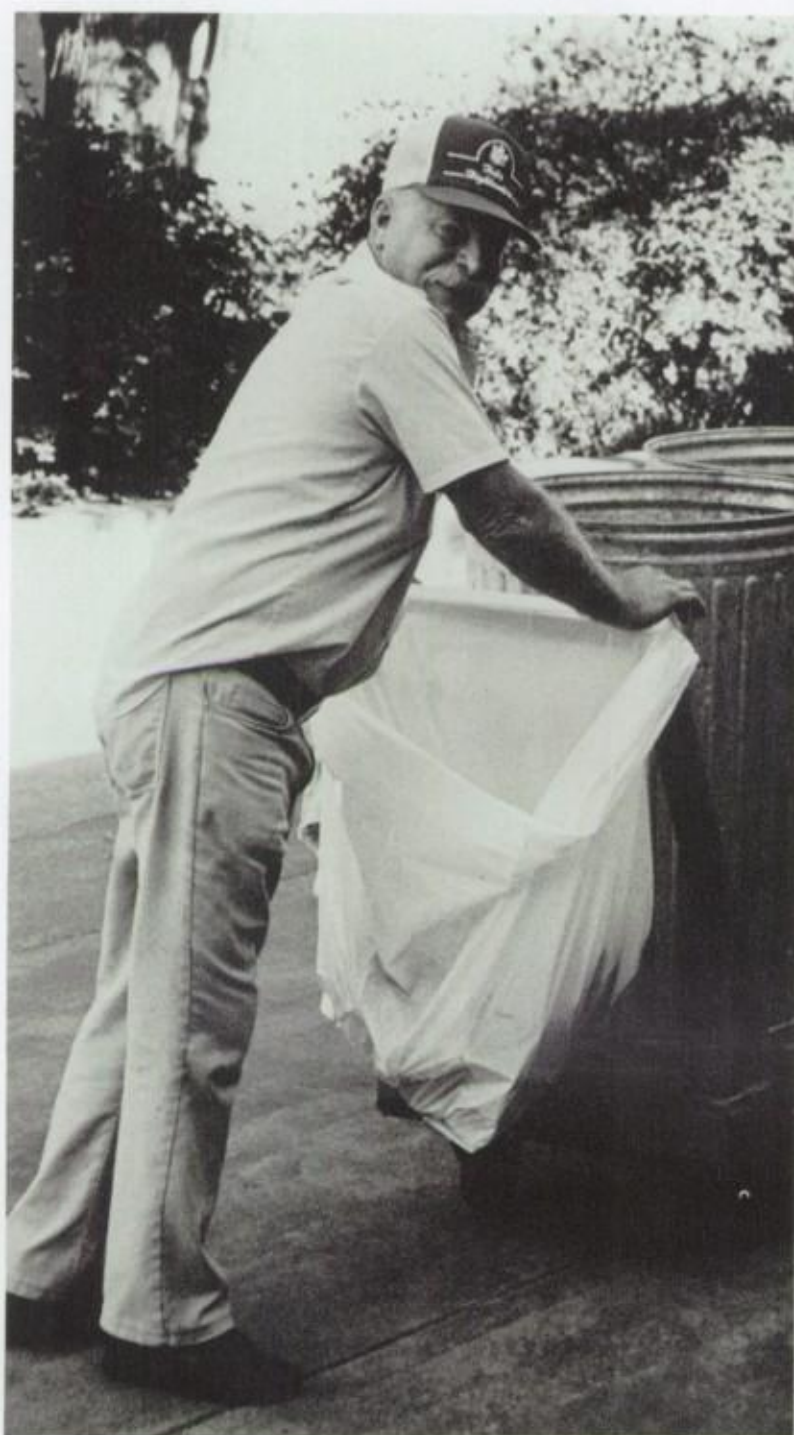
Linda Smull  
Finance Clerk



Gayla Huckabaa-  
Poppert  
Bk. Clerk, Media Tech.



"Is this candid enough?" — D. Hoxsey



"My next stop, Twilight Zone!" — F. Burbank



"Look, up in the sky . . . !" — J. Henson



Wini Beihl  
Testing Office



Barbara Davis  
Career Center



Mary DeLos Santos  
Supervision Aide



Karen Wilson  
I.O.P. Aide



Dave Hoxey  
Plant Supervisor



# Groundsmen

# Cafeteria



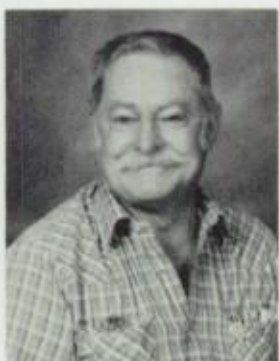
"Peanuts, popcorn, crackerjacks ...!" — R. Lara



"I shouldn't have answered the phone!" — F. Porter



"Oh, whatta long week!" — M. DeLosSantos



Fred Burbank  
Head Groundsman



Jerry Henson  
Groundsman



John Farr  
Utility Man



Ronald Lara  
Groundsman



Shirley Muse  
Cafeteria Manager



Gizella Sweatland  
Cafeteria



# Office

## Staff



"Don't tell me it's Monday again, you hear me?" — C. Feeser



"I'm sorry sir, this isn't President Reagan's office." — L. Flores



Floy Porter  
Receptionist



Lucie Flores  
VP Secretary



Charline Feeser  
Counseling Sec.



Marvyl Burger  
Principal's Secretary



"Yes, as a matter of fact, I am in charge here." — M. Burger



# Office

# Staff



"I'd rather be running . . ." — D. Schultz



Joann Stoker  
Counseling Clerk



Dora Goins  
Duplicating Clerk



Sherian Holt  
Health Clerk



Pat Owens  
Library Clerk



"I simply hate days like this!" — B. Martin



"Of course I shop at Buffums." — J. Stoker



# ADS

The Tartan Staff  
wishes to thank  
the students and  
local merchants  
who help defray  
the cost of the  
'87 Tartan  
by purchasing  
ad space  
in our  
yearbook.

We sincerely appreciate your support!

## Nobody But You



I want to chase away any clouds you'll ever have, and let you know that no matter what, our being together and in love, is the most important thing I'll ever have in this life.

When it comes to sharing love, today and every tomorrow, you're the one that will always shine through. And when it comes to the person I always want to be with . . . you know that there's nobody but you.

Even though we are miles apart, nothing ever will make us part. Thank you Lord for letting our paths meet. Jennifer and Bob, we'll love you forever.

## To Donny Van Hook or Hooker



Mark Dederian Coach: Thank you for helping me. I'd like to say one thing from me to you. Thank you very much. #62



Todd Capizzo Coach Van Hook: You were like a dad to me on the field and off. Thanx for everything you've done for me. You're the best! Hellweek! 270's: what a day, what a day! #70



Mels, Kym, Wens -4- 8-4-, three musketeers, together forever. Sexy boyfriends: Philip, Jeff #1 \$ #2, Burgandy, Chris, John (white pants), Mark, Tony, Mark H, Tony, Chris, Albert, Troy, Mark, and Michael. Special times: Mels over curbs, Wens — Oh no it's a telephone pole! Kym stalling learning to drive a stick, "Mom get in the driver's seat," Midnight talks, no parents at Kym's house, Tahoe - - Kym loved the snow and the Ski Instructor, Couldn't stop, pier, shopping cart, hamburger patties, Casinos, Jason, "Gizmo" — in lake — Burger King — Hats!! Stop at green lights, kids two weeks, what's that on your head "a wig", we don't have to take our clothes off, Pretty in Pink, St. Elmo's Fire, Kym's yellow light, Mels ran it, New Years Eve, Chris' party! Tahoe 86 — Wens fainted, snowmobile, stairsliding. Shopping times, fun times cruising — Crown Point, Mission Beach, glow in the dark fish. Youth group — fun times w/leaders, especially in summer of 86. "Full Moons", parties, Sea World, dancing, T.J., Toucan Club, car window. Seniors 87, that's me no doubt! We love you Paul and Paulie, A special thanks to our families and friends — We love you all. I love you Mike, I love you Mark, We love you Wendil Watch out world, this is just the beginning.



#### SPLISH AND SPLEDA

Can't believe the fun we've had. Confidn -n- secrets. Nite cries. Never "All Cried Out." Smmr '86 close frenz. Tennis action. T.J. and lotsa party's. What a blast. Shoppin w/card. Spoiled rotten. Got license, failed twice. Shhl Embarrass! Beamer action! Woo Woo! Lookout Barney, here we come. Where are the Barneys Occi -n- love me, no drivin' w/out em. Limo in La Jolla. "Dorks", not us! Guess what, it's n-apes -n- B-oots! Witchy pool! Quarters, always lose. Handicap parkin', no \$. You penguin you! Being stupid. Willy Wonka. Halloween dressup. "Weekends were made for fun!" Trish \$ K.S., stop talking, if U can't it's OK. Look what you do 2 guys K.S. and C.A. Psycho — R.L. obsession in '85. Restriction, UGH! Caught again! Double Joes Xmas Dance '86, say no! Osh Kada, heel toe! Never no K.B. & R.N. Guys at table "Shut up!" You're so cool, can I be them fur a de . . . Toce up! Forever loves R.L. & K.S. We love ya Tiff, Trace, Heath, & Sharon. TRISH — sorry about K.S. truly a best friend for forgiving. Some rough X's, but that's okay. You're a talented, special friend. Thanx for listening to me complain. Your friendship means the world. Love always, Neda. NEDA — I'll always be with ya, and I know I can always count on you. Thanx for the talks and cries. Sorry about blabbing about one certain "dork" but no more. We will both find that special Barney someday. I love you Spleda 4-ever.



Amy,

If our paths should ever lead us astray, and our love gets lost in the shuffle, remember that I will always love you, and remember the special times that we have shared. — Robby's 1st party, fights with B.A. (but no hard feelings), Rambo on June 20, 1985, "The Search is Over", my first party, spending summers at Brian Price's house, thanx bud, Disneyland with Tony, going out with Bill & — Jennifer, Meka, Dena, Melanie, Sheri, and now Rose. That's Billy!! Xmas dance '85 was RAD! Now comes Xmas dance '86, ASB ball '86, Helix & Crawford's proms '86, and then college. Thanks to all of the following people who watched and helped our love grow: Brian, Bill, Tony, Marc, John, Rose, Sheri, Cassie, Melanie, my family, and the Goodmansons. Next stop — Brett "the sports doctor" and Amy "the accountant." I love you Amos. Here's to our future!!!

Brett Soliday & Amy Goodmanson  
(6/20/85 — . . . )

We've shared so much together these last couple of years, and still it seems like yesterday when we met. Cindy (Mrs. Wonderful) thanks for all the special times. Steve (Mr. Wonderful) thanks for all the special times. Prmit tst, M.Q., no I didn't! cuts, eye chrt. Penn. Ave., to-bad Joe. S. Missn. Knee high waves frisbe, U and your blk bikini, and u and your gorgeous chest. Cme bck! Biks at beach with C.C., Where are you? Simulators, who called? Meet me at Vons, you're late. Don't tickle me in the pool. I hve a cld, it's alright. Then came Baseball Games. 25th . . . , do you really think it could be true? Condo at the beach, J.Q. with Joe. The big bash, all u can drink for \$4.00. '85 Xmas dance. You are so gorgeous, all the great dinners. Party buds. I'll take care of you, you take care of me. There's so much to say, but not enough words or time enough to say it all. Thanks for all the lasting memories. I know there will be more, as our love grows stronger, through the good and bad times, I love you Steve, I love you Cindy.





## Rosa, Stephanie, Mesha

Thanx 2 Stephanie 4 mknng thse pst 4 yrs the best of mi lif. 9th grd: Us tring 2 ply sccr, thats a jke. U mst B outchyor mnd! Ha Ha.. Stff, wherz yor fnky swmng msk? "Tennis"? Wherz the ball? Thatz Arcenaux w/an X. PERFECT COMBINATION. Clring mi hed of sum tings I nver new bout. Oh, rite now, ths vry minut say... "GIZMO", Sml Membr Ricardo & the "Blge" oow?! C-kretsl 25 pg letrs, Ill tlk over the phn! Grl, U cood tlk, bt I hve 2 B off by 9! Dn't ask me hw... but we alwyz mangd 2 put up w/eachther! 10th grd: Gtng yor skirt pld off, ha ha! Smle Supr Bgl U can do btrr thn the now, canchu? I'm NOT SHORT!! "Friendship" "In by-gone Days." Thos hid ovr memris of all the gd xs spent tgether. You non! 11th grd: Hey thre sxy, hw mch? Yep, yll b knckng nez! "Lenni" Hey Gorge. Me bng ticklsh! U bng moodil U no u luv him 2, admit it! Keep Dremngl I wll nvr hav a lckr ner U agen... Lifes a trpl On the ultimte. Run DMC conctr, Warex Mesha? Whodini, hury T's startngl Ro Ro & Stepha Knz! Hey Page \*a\* man! "Smile." O, is it 5th per. all redi? Dn't mke me go to Mrs. McGeez. Tlknng n tha fne 4 hrs. "Wherz mi leter?" O, member ovr Pet Roks? Art, ooh I'm thee Angell Chllas Lke w/Mom & Pee Wee, Nvr agan! Diki Dvel Ugg! I'm soril Wat hapend? Todd Sleet, Sleet asin sno & rayn? 12th grd: U wana B phtgrfr! I still dnt c how lv put up w/ul You mke me hppy wen I'm sad, & wen I am hppy ur alwys ther 2 shrut. I lyu Kdd-O! Meliss & Meesh membr n sienc... "PARANGARI-QUITIRIMIQUEARO? I sedit bst! Hal Mesha Mesha Mesha! Mike bst? ha ha? Stefi: "All cryd out" ovr HIM! TM mi lng 1st luv. Cameos, "I'm still lonely." Robert. Remember Lil? Raquel & Anglas parti—w/ Santos. Ole Inglish 800, St. Jon's dnce. Tha hmies: Freeki Frsh Lovrz. OG Fellas. Partng Sumr '86. Jst hav mi hm bi wun! Gotta dime? No mr cops, K? A helicopte? O, nol Rn a red lite, good ll Logan Heightz. Tht cop wuz finel Sumr Love '86-David. 6-19-86. Balboa Prk. Hrton Plaz w/Lena-n-Tommi. Lionel Richie conctr \* HAPI B-DAI\* Busin it on tha 36. O, nol Lena come w/mil Gd x's at So. Mssion, Mssion, Crwn Pnt, n lt's nt frgt the cliffs! U're nvr hmel Lena, nw U hve Steven—tke cre of echthr—nce-n-slwl Mesha-n-Gil-2-gthr 4-evr! Lts gt drnk! Member: Luv mks the wrld go rnd... not \$ Gilly: Hay thre Sxy! Whtz up Lil Mama? U gota ltr n u're malebxi Memry's w/Philip. I htcd Mrs. Koyman! Bt we didnt do anithng. Nver sitin by u n English agin! "Is thre a ?-Rosa?" Pleez dnt tckl me whle imon crtchez! Dnt fite w/Stephanie, K? W're nt az clos, but still gd frenz! Luv ya Kddol Tke cre & k-i-tchl & smle \* i-am innocent, I prmsl \* Se la vi David. Plza, a bg mistke! Y have I 1st U? Lve cmes-n-gos. U wre a l-n-a-million. To Mesha & Stephanie: OUR EVERLASTING FRIENDSHIP!! I LYOU bth!



Mesha & Rosa we fin mde it. (B/F/F) Mesha I luv U & U knw that u've ben sch a specl frend. We'd 1st our frendship in the 9th grd, but we regnd it now it's gng stngr thn evr. We've spnt so mch x tgthr, Stratus Zoids rembr Romez (Romeo) & Joe? Yuk! Wht hppnd 2 Romez? His eynr strted rnng I ges. Do the sngs Alwys & Forevr & Petr Pipr brng bak memries? & the Romez Hop he swor he was Flip Flop (ha ha). Thse wer the good ol daz. Do U rembr thse lng wks 2 C Gilbert? I'm sur yor feet dol U 2 wil 1st a lifx & 1/2. B.K. our fav roach heaven job (ha). Rosa w/yor swet angl smle U can mke any I smle. Flsh me yor big browns. My O.G. lil bud. Remembr the Prettyeyed boy? Gosh was he ugly!! & not 2 menton that I guy U say loks like Gibby. The Bonilla fmly is so swet!! I luv, all of U. Ro-za Bonil-la I knw U hte that nme Rosie, but so wht. I luv 2 get U mad. Remembr the 9th? Of crse U do thts whn we bcme best frnds. 1st Inch how brng. We alwys wkld arnd how fn. Thanx 4 alwys being thre 4 me. I knw that I can alwys cont on U & Mesha. Thanx gals I luv ya vry mch. R frendshp wil 1st a lifx. Thre r no frenz lke the 2 of U in the wrld. I luv ech of U in a diff wy, ur bth uniqu & O.G. I wil alwys b arnd 2 hlp ethr I of U. Rosa U've chngd to mch, but all 4 the bettr. I knw I contrbd to that chng & I'm gld. Mesh we've chngd ea othr now we r mch mre alke. My 2 sis' I luv bth of U vry mch. I knw we snd gay, but r boyfrenz know the diff. Thanx 4 all of yor spprt Mom I love U vry mch. & I luv all my othr reltvs I didn't mention. My clse frenz Christina Rubio to a vry swet carng grl I luv U thanx 4 everythng, Michelle Cummings I luv U u've mde Eng fn. 4 the pas 2 yrs. Good lck w/Rene Wright. My fav teach: Mr. Boone U r the grtst u've hlpd me so mch I luv U rembr me alwys as Red (smle), I ges tht wrps it up. Good bye every I'll mis all of my frenz, but not Helix! I will awys love U Rene Gonzale! I hpe 2 C all of my frenz at the airport cme & vst me. Goodbye Helix Scots. U swer U lok good! That erk's me. My forever love Robert Garcia.

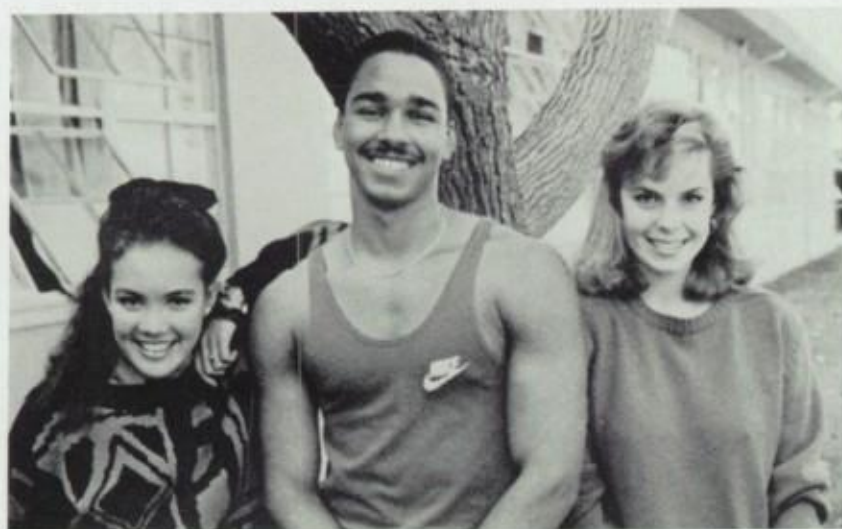
Mi senyor memoreez: we r finlly here Stephanie n Rosa. Itz abt tme. I luv my sunshne. We hve been 2 gethr 4 3 yrs. Speaking ov boyfrenz, U shur hd sum U-G-L-Y Inz Steffyes Tuki. He walks-n-lookz like a monkee. And David Arellano, lrd no'z tht boy needs sum hlp. I no wht he lks like, a Frog Croak Croak. Membr tha wlk we u'sd 2 do? Itz ben grate no-ing U Tracinda. Re-turn to Tracinda. U hve bena wundrful budd-n-a troo frend. Thnks 4 being ther wen I hd No I. U r the sis I nver hd. Stratus waz gay but U were-n-luv tht nite. Member tha lny nek guy? And tht I hoo looked lke Gilbert, tht's cld. We knw we r Sxy Sniors. Yeah buddi. Member Wooli head? She erkz me, "Hi I'm Bblz" Wht an air hed. Smmr-X beng w/Gilbrt. Ht dayz cld nitz. Bt we kpt wrm Hlloween nite at the game. Go hed Derek Lobbinz!! The parti-David was scared, pleez dnt hit me William. Alex wax chckn. Hlp me. Fvrite songs. All cryd owt ovr U. (David) Let mee luv U dwn. Venna cllng, Hello-U b illin. All at l-nce I mss U Gibr. I'm u're privat proprty. old Frend, Tmptashun. GRAVITY, In rmembrnce ov my few frenz at Helix. I'll mss U all but I gttta go. Cuz I'm so sxy okaay. Ov corse I'll mss U tha mst Sthpanie. C U evrydai tho. U 2 Rosa. Gvme a brekfst jck. U've ben sweet Rosa. Thanks 4 hlpng me in English and Bio. I cood have nvr mde it w/o U. I'll mss U Chaka. Dnt frgt U're by frenz Krt & Lnni. U've chngd Rosa Boniya, Membr Pte Mrchnt, Yukil Bt u lvd hm. 12/6/86. Mcheal, Mcheal, Mcheal!! Cain mde Stff smile. Rosa, Rosa, Rosa isn't T.J. a totl jurk? U're sistrz prtty kool. Wat up shrtzy? Stff membr wlkng down Chrlene in my wite shoos, wat up blood? N Alx Cstillo, Wha's up baabi? U no u're kool Ro. I'm gld 2 b gtting away fro thse prdic peepl here. U no Y? Cuz I'm prwd 2 b blk yall-n-thatz a fact yall, & if U tri 2 tke watx mne I'll tke it bck yall. Stff Y do U whistle so mch? Dnt laff Rosa U dnt no how. I mst nt 4 get hw mch Stff U-sd 2 lub Beestmn Beardsley. Stplghing Chka, Pte waz jst az bd. Stphni I gttta tll ya I mr thang: U gttta b insain 2 mss w/a Cain. Bye Steff & Rosa.



Scope, Scope! No tiking 2 ur buddys. Crner tble! Who U? Smx n Augst! X's at the bch. La Jolla kllr c-gulls. Ur twnkcs and dortos. Every I is watching, bck n the H2O. Hw embrsing! Prsan bch bums. Hw abt a jnt efort?? Tnning sln! NO! I'm nt scred, r u? It's X!! Cm on nwl 9 n I day. Wll gt hked! OH WLL!! Smx u jst hve 2 say "wht the?" Drving a stck. IMPSIBLE!! Arp gt ur licensel? Brkfst at Cocos. The gys at the bnk. Lncb at ur huse! NW??? The grman and the other III SOO CUTE! He wnt ths way!?! Do u knw whre ur gng? I ges so. GO AHEAD! The gys n the conv. rbbt! Fllo w thm! . . . C-world??? Wait dnt gol? Tryng it agn? We r drndng!! HELP! Grb smtng. WHT? Gt a cluel WHT!! U pd \$66 4 a prkng spce! U R CRZY!?! BOO on u Shlly! Brk ot the ets. Susns Jwish hldy. Myco. pctrs, well b n tch; u cn bet on it. Rob we hve 2 use ur bthrm? No, its 2 mseyl Nce "FRND" at lst he wshes his hr. Bonjour tout le monde, je soif, porqui pas, dieu merci c'est Vendredil! Nce lckr frnd! Yo, nce pnt jb. Spry pnt?? US?!! Bks n the middle of the hll. Lve ur MR2! Conv. bug brk dwn! We hve 2 push it! Rob lrn hw 2 DRVE! Is it ALVE??? Sherv, jmpng on the cuch. Nce hr clp. Gt tht rat ot of my fce. Dnt hit it! WATCH OUT 4 the curb, O NO!!! Thrftys ic crm. T.J. NO I cn mke it. Drwr y dnt u jst SHT UP!?! Rob I dnt fel so gdl?!? Dnt drnk so mch. Nce tyrng jb. Shpng 4 Sherv's b-day at Charlottes. Run 2 mls! It wll tke us 2 hrs. R U crzy!?!? My stmch ur kne. O P Bio. Hd 2 use tha whle bottle. U alchy!? Stp flwing us. PSST, anthr pasly in La Jolla. Aghmed Folley is hre 2 c-ul No rllly! Fl thsand dalas. Gt the ? ot of hre. Serge babe u blong n Nrdstrms! Lts b manicans, nce clthes, no probl! CHARGE IT! Its VSA CRD X. EL Tortos, nce Mexican water. I lve fd on my wht pnts. FN n the SN! Nce brds! U R RUDE!! Rumors! Pck up ur ft chld. Do u hve a grlfrnd??? Do u wnt l??? Wlkng? HUH!?!? Its agnst ur religion. Nce stero. I crzy smer! Hve any dnero? No. Do u?? Nce tbe tp three, its undr the shrt lkl Frgt ur kys AGAN!!! Im a hngry! 2 of hrts. Susan, "Im nt dne ytl!" Je voudrais un morceay de crais. Alrt Gene. Chnese gmnast. Thter gors 5 mvs n I dy!! Snp Shts? My potre is off 2 tkyol Helix in Chna??? Arps huse, the Zool! Rob, Sherv, Hnry (Ive), Drwr and Arp. am gng CRZY!! Rob . . . "Cn I use ur car?" Dads rstnt. Psly water. Thks 4 the nte. U r vry prty & vry gd? A.B.! OKAY!! Susan strng as the fried lbstr nvr agan! O.K. old mn stp strng at us! Its



X 4 a LIMO! BURITO MN!! WHO?? Mac brgr pg ot. Wrtnng ths dmb thng. Hmwrkl! Ques que c'est!? Dans la lune! 1000 mves & Emanlle! Ftbl gms & crkrs. OMM . . . BSTD! My mom! GQ BABES! Alrt! Nce tpwrtr. Thre we go, thnks 4 all the grt X's Arp. No prob Sherv. Luv u lts Sherv. Luv u 2 Arp!!! . . . No prob. I dnt wnt 2 hr it. Wht r u bablng abt?? We luv u Tom & Mitch!!! Au revoir! CHOW BABY!!!! . . .



As I look back, these four years at Helix have been fulfilling. It was knowledge I've gained educationally and socially that has been enlightening. But the highlight of it all was the different personalities I met-I will always remember those special friends that touched my life. I admired each one of you for the individuality you possessed. The variety of interests and lifestyles you led-I became a part of-and the important role you played in my life. I can't express my gratitude for the love, support and loyalty and the good times we shared. I will cherish them for a lifetime. Thanx: Linda Hodge, Joey Appolito, Kim Yale, Marta Mendoza, Michelle Wassdahl, Kathy Joyce, Jimmy Oyos . . . Inspirational Acquaints (Julie Moser, Nick Moramarco, Melissa Learn, Marilu Simpson, Kerry Barr) & BF GOD. Bless you all.

Love, Sandra Ippolito

Dnce . . . Dnce . . . Dnce . . . ! Rhrsal 9a, 2 erly. Wht! ovr @ 5p. Whn's r brak? Pnt shuz, thm thngs b hrtn'. Cty college, nvr agn! "Congal" mayb "lyf's litl variatns" No wyl! Wht the heck is "Tandori"? \$!%\*! Prsian msc vids, Dncn' jbs @ OH! No T.J. 4 mel Cashai-Dansatns-Electrc Frce. La Pz '86 w/"Eku Kale". Takl bx-mak up! "Auditns." "Gangs" Donld Robnsn. I knw w'd mak it! Wona dnce . . . wel . . . duz it py? Robnsn-we can't sing! No mor "Nxt ples!"-Ples! Ang . . . step push shrp pivit tuch kik and . . . 5,6,7,8! Cotija-"5 rlld tco's w/ guacmles ples!" Rtrn of the lvng ded-"Brains, Arf, Arf!" "Do u wwna prty?" Fyr hydrnts-Ahh! Cal me-No! Fallw tht gy, Lt's hed 2 the bchl Pech and Ev St. Laurnt-Buz! Hed n only, dn't bck n! Stel tht syn! llegal car drivn-Unge dn't fal aslp-Mone dn't spd. Lt's go cruzn on the scutr. U B illn-Who B illn? Crfws-12a vs 1:30a-no cmptitn. Crnivl-Hllown-thr's my xl! Whr the heck is Jamul? "Mrvn, R U ga?"-"No, bt Dmn is!" 5 av cafe. Brgan shpng-Collge Grv. U jst luk rel bad! No mor relatvs. Com bck 2 Jmacal! Ful schlrshp 2 Bishp? Scren scrwd shut? . . . Nt any mor! R U gnnn grw? Wak up! Oldr men. All cryed out.

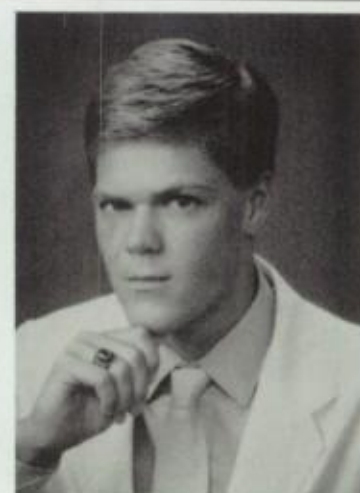


Allyson-n-Ramon  
Ungela-n-Andrew  
Srry gys U mssd d pctr! Frnz 4 evrl JAH LOVE!  
CLSS '87 (or mayb '88)





tad  
kris  
julie  
paul



## N-n-n-n-n- Nineteen

### Early Times

The Beach Gang: JB, KS, CM, TH, PW, BH, RH. Summer 84. The Tank . . . Filling it for Tad's 17th b-day. Times at the beach: Marshmallow pic, JB's limp. (20 min. to #8), telling moms we took the bus, "Meet us at Yum Yum." (Don't touch the glass, I just washed it.) Taking sunset pix. Brian W. carrying Kris to the ocean. Kris nails Jeff Cox!! Kris & Tad's bike rides: lots of waterfights, Wildcat Canyon. "All horns are low F." (I never said that.) Dudley's Bakery-is this one the clutch? Apple Alley. Up Laurel St. (UGH!) The 100 miler: Tad, you stole my glove! Spa at Kris' afterward. Eyeshadow on Tad? "Don't you dare!" Kris' house: Count every cap! w/Tami . . . waiting 4 them while they saw Brkfst Club. Later . . . Ouija, lifting Tad w/2 fingers. Spa + Dawn = sudsudsudsuds!! T & P in towel togas. The fashion show (JB's suit stretched!) Jog around the condos. Kris "lost" her key. T on roof: Romeo! Romeo! 5¢ fights. Grad 85: Riding in pinto. Tad's spcl photo album . . . No Tad, we won't forget you.

Farrell's: "JB! She knows he works there! She wants to flirt w/him!" Be reasonable, Kris. Todd's giant rootbeer float. Jeff's serenade.

### Jr. Year (best and worst)

JB & KS at Santa Barb. JB spills hot choc on train. Nkcd man on beach. Fridge w/H2O machine at the ranch - we never drank so much! L.A. train station - anybody goin' to Santa Ana? Pix in photo booth, qtrs in the phone, Evolutionist. Into SD: how do we smell?

Knott's Berry Farm . . . On the parachute ride . . . we see up your shorts. Upside down. JB's red lion. Dipping for Doggies. Steve and Marla there. Lost on way home.

Buck's pad: Lasagne dinners & "Bad Boys" movies. Giant dog on the way home. Brkn H2O heater (cold showers!). Stash in the brass trunk. JB's a spaz!! BBQ chickn.

May 18, 1986: Beach Boys. Topless Woman. Let's get arrested. Chinese Buffet and big dog by the spa store. PW by JB's house. "Aaaaagh!" HB riding at D-Bar-B. Walk to produce shop. Pepsi & Gunsmoke. Rib BBQ at Paul's.

Dave's Party (6/6/86) No elbows on table, no pointing, no sliding, no "Drink". Pretzel necklace & cork boat. Tad's yellow highlighter, Kim on porch. Mrs. H.!!??!!

Taco Bell: free Dr. Pepper (coupons vs. cupons). Walk to Tad's house & ride in Chevy.

Misc: Last days of school - "What's this towel?" David? . . . David! Catching em in the act.

### Summer

Blobs. Truckin'. B-holes. (JB & KS) H2O Polo vs. Uni. TS: Donkey Kicks. Dig 4 Figs, naked neighbor. Prank calls. July 4: Murder scare on Parks Ave. "Bingo Daddy! I ain't seen nuthin." Bch party at Island Ct. Fireworks. July 6: 50¢ bowling in El Cajon. Jmbo jks on Tad's porch. July 12: beach w/JB. 2 pm diving at UCSD pool. Postponed. Oh sure. Big Glp on car: Woops. Visit mechanics of Dugan St. Secret trip to Swensen's. July 14-16: Kris to L.A. "There's this joke. It'll, well, you know . . ." July 19: Oingo Boingo at SDSU. Driving around, just missing T & P. We sat outside your house. Ears rrrrrggg!! July 20: O-my-God, Kris. You bought Run *what?* It's tricky, walk this way . . . that's not the Fat Boys. July 21: McDLT's, but no beach. UCSD diving, rain on Kris. Pee Wee's Big Adventure. We luv Erin! August: Tartan Meetings. Repaying the lot. What for? (Senior Parking, of course.) In thru the exit. Driving Mel & Todd to their cars. Kris' pix in backseat. Aug 26: Prank call. "Is your daughter there? It's a friend." Scary! Sept 1: Driving to the airport. Parking by the Ryder. JB's bleeding ear. Run in Gag in the Bag: Napkins. Candy from Ed at 7/11. The screamer. Sept 5: Kris, you *will* have a good time at work. One-lb of Whoppers. Bloons on my car. Thank you Tad. Sept 7: Last day of sumer. Lay out . . . Tan!!



### Misc Memories

Soph. Leagues: oiling TS & DK, what a thrill. Wanna share Tad . . . er . . . TAB? Concert at W.A.P. The night we baked bran muffins at 3 am. Movies w/Becky (the grabber). Xmas Dance '85-cop out. Voulez-vous couchez avec moi ce soir? Vie de France & Party Savers. People in back of car on freeway!! (smooch) TPing the Ranchero at bird meeting - saw 9 cops!! They got our license #!! JB's party - chez ball fights. Santa Claus: PUNISH! Drive to Ralphs 2:30 am: they're closed! What fun!

### Class of '87

. . . mmmbye!



# Here's to Salad Days . . .

Living up to our Irish heritage! Rosarito Beach. Pineapples and pitchers. Weekend escapes. Saturdays (and Sundays!), always a full moon. Border crossings grapping the ends and slamming at various locales. Gelato Vero & Nicolosi's. If you were there, you know all about it anyway! Here's a fork - indulge!



Great times at the Family Fitness Center-"Jeans", youth group, movies, concerts, parties. Pretty in Pink-Duckie, Ferris Bueller, Poltergeist-Billy Idol. Disney '86- Simple Minds dude, driving, falling fries. Xmas-DB, no gas, no key. "Who's your fave fruit?" "Good job!" Hooterville. JL b-day: the Ken, nee nee, Monty Python, Spam Toss, Clockwork Orange. SOC, #6, "Bananas!", pop's concert, No Peter. The Marauders: BP, MO, CH, DG. The Wife of Bath, The Nutcracker. "Save the Texas Prairie Chickens!" We'll always remember: JL, LM, DW, KW, JM, NP. It's over, go home. We love ya B.J.!

In the short time we have known each other we have done so much. Through the rough times — B's and tests, "Hot dates", "No dates", Christmas Dance, 3 Guys - M, D, G, and Grouchy. And the fun times — Guys, Nights over, Dinner, Clothes, Skiing, "Bonzai", & OUT TO LUNCH, and just being crazy - OK, OK, OK, OK's!! Being mellow sitting on the grass, long talks.

WE will always have the memory of — "Friends are friends forever if the Lord's the Lord of them."

Friends,  
I love you Rish,  
Best of Times in '87.  
Love always and forever to Kare.

To all the Marching Band Seniors- A special note for all of you:  
*Brian:* You kept the Scottish tradition alive by piping your way into our hearts.

*Darrell:* The dancing beat you put into us will forever keep our toes tapping.

*Derrick:* Your unique personality always made it a pleasure to come to band rehearsals.

*Doug:* We'll never forget your special heart-warming smiles.

*Gretchen:* You sang your heart through your horn - always a cheerful tune.

*Jason:* You kept the band together like a family, you are a very special person.

*Kevin:* For the many times you led us to victory as our Drum Major and friend, we thank you.

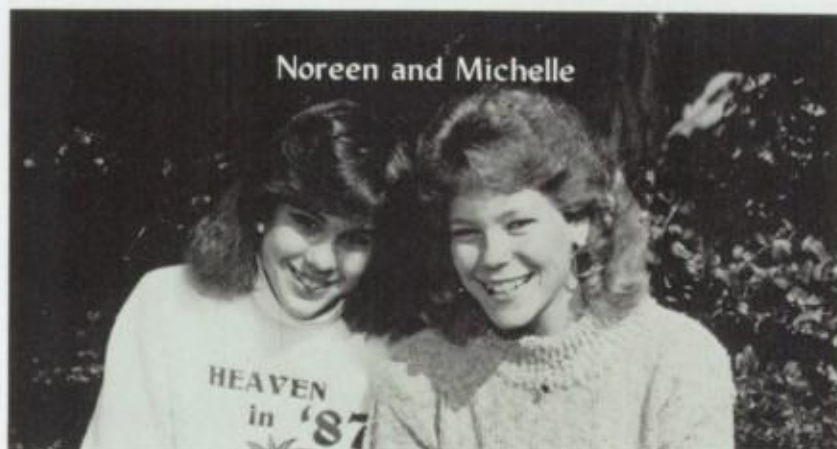
*Ralph:* Being the beautifully unique person you are will definitely make you an unforgettable.

Thanks for the great times you have let us be a part of. We'll miss each and every one of you, and we love you all!

— Janet and Paige —







Noreen and Michelle

Best frenz til the end! Four short years gone by with more memories than most people share in a lifetime. You think we would have learned how to stay out of trouble by now, I guess you thought wrong, huh?! To Daniel Lease & Rene Wright, we love you both very much! I luv you Daniel. Rene, I want to spend the rest of my life with you, I luv you! 4-ever always young! Spcl X's have been spent with you both. Michelle H., Lyric W., Michelle S., thanx for sticking by us even when we were at our strngst. Plze let's alwys stay cls frenz, but if not, n theeyes of our Lord! Chelle H. — gud luk w/thore; Chelle S. — gud luk w/Steve; & Lyric, gud luk w/ every-ll We luv u all vry mch! I cn't blieve we finly made it to SENIORHOOD!! Got senioritis, yet? Ages ago, rght? Memberng gud X's 2gethr: HH pool 84, 2 of a kind, Xmas dnce 85 — What were they laughing at? TH&JB, TM&B, ha-ha, Halloween — feling stupd. Thanxgiving 85, Typng w/ Mrs. Os — it's all her fault! Sgn lang n Eng - PE-do wht? Thru thck & thin, there's nuthn "kate&Allie" can't make it thru! I luv u Mel, I luv u Nor! Snornie & Smelsie 4evr! Heavn n '87, so long HHS! Thank you, Lord, for creating such a special friendship! GOD BLESS!!!



Cheer Buds — Everlasting Friends!

The people through the years. Shades Star Gorilla, Brian, Doug, #1PT, #2PT, Linda, Priscilla, Quit, Belinda, Minerva, and Bopsi. Our legs — they're the same length. Mel, you have such short legs. Our dangerous trip 2 Mt. Carmel. There he is again. Help, I'm stuck in the corner. Mel, don't say a word. Running up the cement bleachers. The movies — "i lost my keys!" Christy yelling at the cop. Mel, don't slow down, there's someone outside on a motorcycle. My cans of hairspray. Does my hair look OK? My curling iron plugged in? Football at Aztec Park. Soccer banquet. "Do I look OK?" CIF cheering at the stadium. Punch em. You are a fool. Lil Strangler. Cheer comp at State. Valentine's dance. Someone tp'd my car (D&J) He is a pretender. He can cry all he wants, he isn't going to get me back. She's staring at me again. STOP IT!! Cheer practice. Christy sticking her tongue out at Jeri. Xmas 86. I hope my breath didn't smell like apples. "Separate Lives." He's not worth it! Running for VP. What are we going to do? Who's your secret pal? . . . Well . . . Through the good times and bad, we will always be the best of friends!!



Carlos and Shannyn: Teddy Bear and love. My little me-i-can Ta-o. Ms. Brodwolf's class. She brought us together? No, 3 hours on the phone with everyone in La Mesa did. ight at Grossmont Center. "What's that in her hand?" Late nights on the phone. "Write me a note." "holding hands" at the movies. "Wear your Guess jeans!" "What's up man?" "Are you daring me?" The apology on registration daat GREAT night at

Gene's. Then on to Carlos' house. "Jiminy crickets . . . Don't you guys ever sleep???" It's 7am. "Ron, can you come pick us up?" Football practice everyday?!? Teddy Bear on the field. Shannyn, Shannyn, don't be blue . . . (Coach Ash). Then Angel our buddy. "Can you go out with me tonight, Shannyn?" "I don't know. I'll have to ask Angel." Ha-ha! Thanks Angel for helping us get through our rough times. What would we do without you? Friday night crew — Too many good times, so many more to come. Ron tolerating our driving. Don't have a coronary! Thanks for the keys dude! Driving with no lights. SPLAT! It's a skunk. CAAAT! (no, jst it's tail). Our famous nites at Rnd Tabl. Depeche Mode again? Steling Pooky. "angel it's a lil obvious w/his tail hangin out of your jackt." Good luk 2 lil baby Carlitos and "Ted". Mt. Helx! that was a spcl nite 4 both of us. Let's take a picture! Break out the chochte milk! Yah, let's go down a few at Wet Willy's! Cld hands alwys. hmecomng 86. Payback - - We beat Grnte Hlls — YAH! A vry spcl & meaningfl nite 4 us both. Thanx! Our song — "Friends & Lovers." We've gotton so close n the lil time we've had. "Def plyr of the week" #74 kep it up. There's more to come. Iowa — Why so far away?I'll miss ya — I luv ya. AP & LW thanx 4 everything from both of us. Carlos, I'll nevr 4get you. U hav made my lif so mch better. Flowers and beamers will alwys remind me of u — always! Shannyn, my love, U hav givn my life the love it nee Thank you. This schul yr will alwys be so spcl 2 me bcuz I hav spent it w/u. I'll nevr 4get u! No matter where I go, I will always love and remember you. I will love you forever.





## That Was Then-

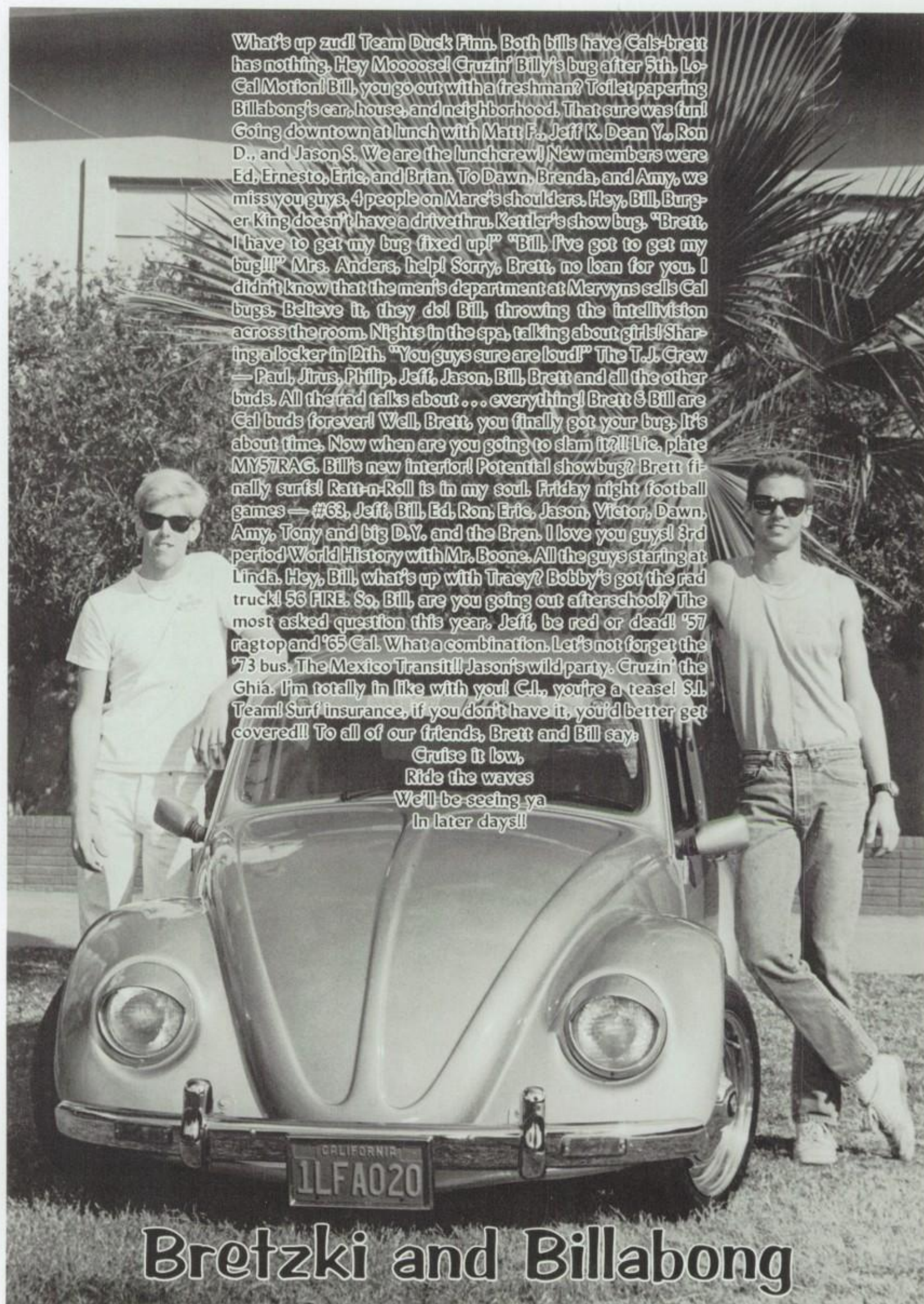
Dynamic, Explosive, Extraordinary are we, HHS, the only way to be. We are the cheerleaders ... Laurie! Monique! Joan! Stacey! Monica! Becki! Melissa! Kathleen! Choo-choo cheer camp SDSU We're lonely, move the mattresses into one room. Pyramid — oh, no! Monica fell off Kathleen, we won anyway. Helix leaves in style — LIMO to Jack-in-the-box!! Homecoming assembly ... Did we outdo

ourselves? Walking py ramid ... Boom Yal! Laurie, stop spazzing ... The rest of us are tired! SPAZI! Who forgot their greenies? Varsity games but I have to go the bathroom!! Too late! M-na-Vista, we're better than you. Secret Pals. I don't want to be on the end. Clap, clap, snap, snap, WORD. Cold morning pep rallies. We're always a toss-up. '84-85' a year of success for the best J.V. EVER!!

## This Is Now







What's up zud! Team Duck Finn. Both bills have Cals-brett has nothing. Hey Mooose! Cruzin' Billy's bug after 5th. Local Motion! Bill, you go out with a freshman? Toilet papering Billabong's car, house, and neighborhood. That sure was fun! Going downtown at lunch with Matt F., Jeff K. Dean Y., Ron D., and Jason S. We are the lunchcrew! New members were Ed, Ernesto, Eric, and Brian. To Dawn, Brenda, and Amy, we miss you guys. 4 people on Marc's shoulders. Hey, Bill, Burger King doesn't have a drivethru. Kettler's show bug. "Brett, I have to get my bug fixed up!" "Bill, I've got to get my bug!!!" Mrs. Anders, help! Sorry, Brett, no loan for you. I didn't know that the men's department at Mervyn's sells Cal bugs. Believe it, they do! Bill, throwing the intellivision across the room. Nights in the spa, talking about girls! Sharing a locker in 12th. "You guys sure are loud!" The T.J. Crew — Paul, Jirus, Philip, Jeff, Jason, Bill, Brett and all the other buds. All the rad talks about ... everything! Brett & Bill are Cal buds forever! Well, Brett, you finally got your bug. It's about time. Now when are you going to slam it?! Lie, plate MY57RAG. Bill's new interior! Potential showbug? Brett finally surfs! Ratt-n-Roll is in my soul. Friday night football games — #63, Jeff, Bill, Ed, Ron, Eric, Jason, Victor, Dawn, Amy, Tony and big D.Y. and the Bren. I love you guys! 3rd period World History with Mr. Boone. All the guys staring at Linda. Hey, Bill, what's up with Tracy? Bobby's got the rad truck! 56 FIRE. So, Bill, are you going out afterschool? The most asked question this year. Jeff, be red or dead! '57 ragtop and '65 Cal. What a combination. Let's not forget the '73 bus. The Mexico Transit!! Jason's wild party. Cruzin' the Ghia. I'm totally in like with you! C.I., you're a tease! S.I. Team! Surf insurance, if you don't have it, you'd better get covered!! To all of our friends, Brett and Bill say:

Cruise it low,  
Ride the waves  
We'll be seeing ya  
In later days!!

# Bretzki and Billabong





Christina Rubio, Leticia Gutierrez, Laura Poma, Dawn Graham . . . Thanks for everything my Dear buds. Love You All!! Class of '87!! from: Janette M.

We have so many memories and so little space. Well we've been best frenz since 5th grade. Gee, that's 8 yrs now. Hal Growing up together, what an experience. Wiggler and the Wigglets. Learning to drive — Kym stalling 20 x's in I intersection, Wendi & telephone pole = squish! Quick stops. Fun x's w/ Mark & Jeff. So. Mission, cops thanx 2 kym's big mouth, what a waste. Hey, I think I know that guy. Go visit my friend Pedro, cruzin n jeff's 200SX, thanx. Paul's party, Gary, Mark, Jeff, hottub, Kym, where's your pants? Bellyflop, the attack chair — it's alive. Falling in windows and walking in very noisy doors, HI MOM! That's me! No doubt! Boy Bob's Big, What's that on your head, a wig! Nice hair JE. YOU HORNDOG! Honk, honk, party w/ Tai, bacon soda, not Jack, Jaclyn, what's your point? Down south, break car window, Greatest love of all, Toucan, dancing, Wilbur the worm, Whoa. OD on vivarin. Staying the night in your closet, pop rock candy. Rugburns. I can't breathe, stop laughing. Don't 4get all our loves. You only live once so keep smiling. All night talks. Wendi-u mean a lot 2 me, u hav helped me thru my bad x's and shared the good. Luv u alws. 4evr frenz. Kym-u hav alws been there. thanx 4 putting up w/ me. our x's together r spcl U mean the world 2 me. LOVE & FRIENDSHIP, ALWAYS & FOREVER!!



# CONGRATS TO ALL '87 GRADS!!!!!!!!!!!!

This is your chance to take advantage of a fantastic deal!! HENDEE ENTERPRISES will do your short form taxes for 1987, absolutely free! So, if you feel lost and are looking for help, feel free to call 462-0591. Eighty-seven graduates don't miss this opportunity!!!

Best wishes for an exciting and prosperous future!!



SQ, Icka, Hazel Nut, Stacer, Jeans, Becket, Jillo, and Langer. Summer of '86 — sunbunnies. Dancing at Toucan. The Rebels. Rock-n-bowl. Louie, Louie, Twist and Shout. THAT'S ME!! 8 is definitely enough!! 2 many memories to write! Forever lasting friends . . . FUN, FUN, FUN!!! . . .



"Welcome to where time stands still, no one leaves and no one will."

Back row: Sarita, Jason, Ron, Troy, Bill, Karen S.

Middle row: Mike R., Danielle, Heather, Lisa, Belinda, Priscilla, Debby, Trena

Front row: Steve, Shawn, Teresa, Karen D., Mike S.





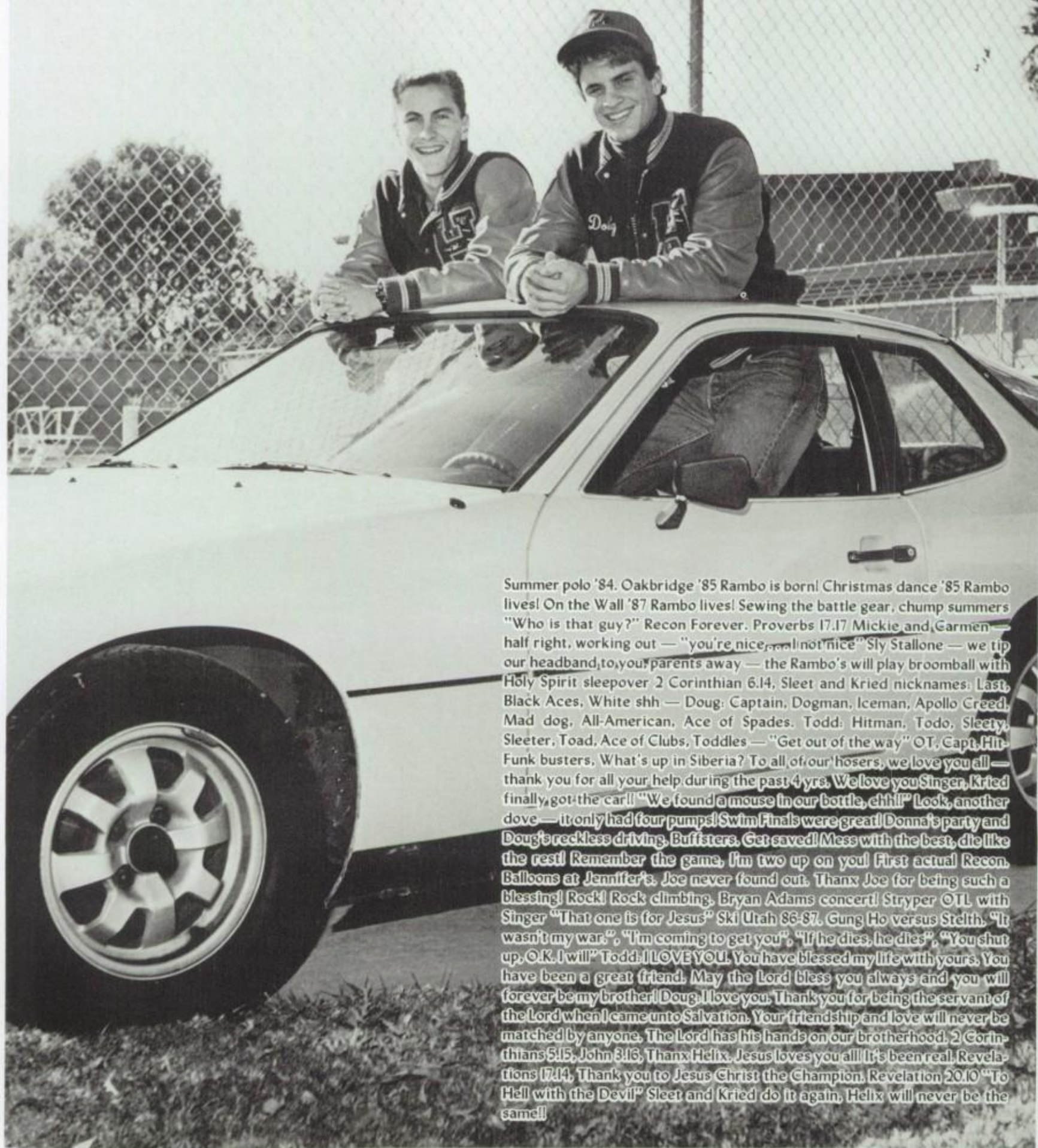
RAEMAR FIELD

Senior Ladies





## Matt 20.16 ... The last shall be first ...



Summer polo '84. Oakbridge '85 Rambo is born! Christmas dance '85 Rambo lives! On the Wall '87 Rambo lives! Sewing the battle gear, chump summers "Who is that guy?" Recon Forever. Proverbs 17.17 Mickie and Garmen — half right, working out — "you're nice, real nice" Sly Stallone — we tip our headband, to you parents away — the Rambo's will play broomball with Holy Spirit sleepover 2 Corinthian 6.14, Sleet and Kried nicknames: Last, Black Aces, White shh — Doug: Captain, Dogman, Iceman, Apollo Creed, Mad dog, All-American, Ace of Spades. Todd: Hitman, Todo, Sleety, Sleeter, Toad, Ace of Clubs, Toddles — "Get out of the way" OT, Capt. Hit-Funk busters, What's up in Siberia? To all of our hosers, we love you all — thank you for all your help during the past 4 yrs. We love you Singer, Kried finally got the car!! "We found a mouse in our bottle, eh!!" Look, another dove — it only had four pumps! Swim Finals were great! Donna's party and Doug's reckless driving. Buffsters. Get saved! Mess with the best, die like the rest! Remember the game, I'm two up on you! First actual Recon. Balloons at Jennifer's. Joe never found out. Thanx Joe for being such a blessing! Rock! Rock climbing. Bryan Adams concert! Stryper OTL with Singer "That one is for Jesus" Ski Utah 86-87. Gung Ho versus Stelth. "It wasn't my war.", "I'm coming to get you", "If he dies, he dies", "You shut up, O.K. I will" Todd: I LOVE YOU. You have blessed my life with yours. You have been a great friend. May the Lord bless you always and you will forever be my brother! Doug, I love you. Thank you for being the servant of the Lord when I came unto Salvation. Your friendship and love will never be matched by anyone. The Lord has his hands on our brotherhood. 2 Corinthians 5:15, John 3:16, Thanx Helix. Jesus loves you all! It's been real. Revelations 17:14, Thank you to Jesus Christ the Champion. Revelation 20:10 "To Hell with the Devil" Sleet and Kried do it again, Helix will never be the same!!



## Heehee & Waddles — Seniors at Last!



Whew! 3000 miles. No way, you too? The Easterners! *Frosh*: Meeting in Leuke's & Drake's. How could we think that was hard?!? Much harder to come! Choc chip cookies. Carrots/coffee. We're on t.v.! Crshs & Byfrnds: H-JJ, B-JC, DY, RB. *Frosh Sum*: Summer in here? Munson. Joes. heehee created. E.K. 4 chance-final. Slam books begin. Crshs & Byfrnds: H-JJ, JJ, RP, B-JO, FW, BV. *Soph*: Moving up! Elbow cherries. Dancing. Snowball fights at pool. Ambulance time. ODIT-LOID. Wheelchair. On a doorstep, Heidi? Gwetch. Johnny Got His Gun. Nice face! Had any bologna lately? Birthday time — Feb. 6 — start our tradition. Embarrassment-city! 5 boxes — each wrapped. Choc chip cookies. Kiss me — I'm 15. DiHanne. Debe & Bebe. Kika. More Tooter-talk. Crshs & Byfrnds: H-JJ, JJ, DK, KB, BC, BC. B-DS, ST, TS, MB, RC, OB. *Soph sum*: Peru for H — miss ya babes! Latin loves — O, JC, M. Talks about JN, guys, and growing up! Beaching it & working. Crshs & Byfrnds: H-JJ, JCV, OV, B-JN. *Junior*: Getting there! (Finding house on Parks) Looks like home! Gum Wrappers! Roses?!? Who wrote this? Secret admirer. Sweet 16 and never been ... psych! C's bar-mitzvah. Sneaking things into B's closet. I've got pictures — watch it! Downstairs — chowing down and drng. Getting 'cooler' down there. AP — fun times. Lee-busters. Nice cousin. B. Locker decorations. Trips: B-S.F., V.F. & D.C. Byebye. SSS. F-ball games and dances B-day again. Popcorn this time. "Even in my track shoes, ugh!" Revenge and tradition continues. B's party. Heeheeing all the way thru! H finally meets RC & SCFTY buds. need some undies. B? Aren't you going to model 'em for us? No thanx! Passover dinner — Neato, huh? Candy, Mr. Bonney? What candy? Bunny's b-day. AP test — H & M bring B thru it! Thanx! I've still got your socks. Almost there! Crshs & Byfrnds: H-KB, JJ, KF, DK. B-AP, RC. *Jun sum*: Working. Red faces on Wednesdays. Yearbook — planning early. Time for the guys! Can't believe we'll be seniors! CASC — back rubs the whole way! Laughing/heeheeing — the bus. Special talks — special people. Crshs & Byfrnds: H-DM, S, JJ, B-T, RR, AP, DC. *Senior*: We're here! Heaven in '87!! Tartar Mgr. & Asst.! Moods! Planning for birthday tricks. Rings. Anticipation/worry: the worst part. Get CW involved. No fair being away! Xmas dance — disaster for both. Hopefully prom will be better! Crshs & Byfrnds: H-DM only. B-DB, RT, ML, VR. \*\*Beth, I will never forget our times together. Through thick and thin we've remained friends. Thanks for all your help, advice, and comforting shoulder you have given me through these past four years. Well, we are seniors now, and more good times will come. *Remember to keep reaching for the stars!! You may not always get one, but you won't come up with a handful of mud either!* I luv you Wads, Heidi aka Heehee (Thanx to you!) \*\*Heidi, We've been thru so much over the past four years, and we've begun to go our own separate ways. Yet we still share special times and memories which will last forever. Look at how we've grown together! *Keep a warm heart and your eyes to the sun — then the shadows are behind you.* I luv you Heehee, Beth aka Waddles (thanks to you!) The class of '87 is the best!

## Krista and Marisa

Summer '84 beach buds all the way!! Summer tan, me and you, and rad surfer guys. Soaking up the summer sun. Blond and blue eyes — cloud nine. Hasta freshman year, moving up. Homecoming — broken ice and yes. Couldn't wait for Chicken McNuggets. What happened? No chicken? Beach walk good idea. No follow through. Spoon hanging and snowing inside. Fun while it lasted. Whenever you, then always me and vice-versa. R and J so what? Everyone makes mistakes. Mom always did tell us that we learn from our mistakes. Phone talks — not enough. Pretty bad. 20 mile fun and pain. Ouch!! Try, try again. Less stuff. Pressures too much. Couldn't hang ten. Sunshine and waves — lookin' good. Hit the beach. Surfer style, always flojos. Beginning summer, park bench. Say hi! No. Turn the head. Uh oh! Here they come. Oh no. Remember your promise — don't forget. Not records but talk. One more chance, can't make a dumb decision. Movie theater always call backs, driving by — out of luck. Too bad, maybe next time. Close and then far apart, beach days (daze). Foreigner. Beach towel — take it off! Last minute tan before reunion. Same school, different people. Kris' birthday — too col, no rocks. Mailman and Buckknife. Company good! Party ... Sally's later. Creme, sugar, water, and milk ... yummy!! Ha, ha! Good friends there. Football, good try Helix. Tennis and volleyball '86 — next year will be better. Welcome back good friend (SM). Turkey month. Late nights, no sleep. Need caffeine. Christmas Dance plans flop. Phone talk with BS and BT. Movie theater and ironing board proposition still stand? General Public, Oingo Boingo. "Forward as One" ... you and me always. Many more memories to come. Love ya Krista ... Love ya Marisa.



## Neda & Heather



Scrt spys, yerbk buds, 3 wndrfl classes, "Lawnmower" Nilo, our pic on evry pge, disguises. College vsts (but we're rilly intrsted!!) The Eng. teach who luv us, *Hangman!* Fun! Our grde is R.N.'s. K. — I hte him! I luv him! We bth hte L.! Dfntly! Basing — *WE'RE SO TERRIBLE!* Dtchn' schl to fnsh our essays. Dsprte A. This is war! Nce hair. Mrs. Claus. The mtns. — Dtchn', snwmn, & sledding. Joint partnerships. 2-shrt brntts. Pee-wees. Sporty twins & biological twins. Our boogie woogie dance! So talented! \*I'm so glad we met. Hopefully our friendship will grow. You're so fun! *Mush-puppy*. \*So happy we're friends. Hope we keep laughing and having FUN! Luv Ya'. *Strudel*



# Julian or Bust!



It all started at rollerskating. Our first adventure in crazyness. Doug S., we were so proud of your effort! "Play some real music!" "I can't believe they don't have any Oingo Boingo!" Holey Polky. Jack in The Box afterwards. Everyone pile into Paul's car! "We want . . . 12 medium Cokes and 7 cheeseburgers." "Why don't you just go someplace else!!" — boy what a grouch! Ed pounds on the box, "You are so stupid!" Despite blisters and sore fists we had a blast! Julian: Donna & Courtney make lunch for everyone. Feeding the ducks, volleyball, jacuzzi etc. "I want to go to town!!!!" Nice motorcycles! Yummy pie! Nice driving Mike S. Dinner at Erik's after. What a cool day! The Group: Stephanie, Keith, Courtney, Erik, Susan, Sebastian, Donna, John, Kraig, Mike S, Doug, Paul, Mike B, Todd, Melissa, Julie, Ed, Jim, Andy.



# Who are we?



Stress. Our code word. Preacher bursts onto flames in the pulpit! CASC Breakfast with mud coffee, banging on the table; Beach-tar. No sleep! Bus ride, sleeping in the isles. Yes, Donna knows how to count! Court. stays up all nite with buds at Kevin's. GREEN SHOES! Mr. Freed, our favorite stylin' dude! X-mas dance: 50 million pictures! Nice light Dad! "Couple #2 please come forward" Mike gets us lost. Fun cars! Denny's. "Uh, no, that's parsley Donna!" Taking Kerry's picture! "Wait guys, I gotta return the frame!" "Steph, can I use your purse?" Nice wall paper. Ooo what cool colors. Men: D&C in second period. Nice Psychology books. "I had to call it quits when he cut me." Eric-k troubles. C-E-D-e-? Schnitzelbank! A.S.B. Uh huh- huh- huh huh huh!! Too much weight! "So what you're saying is . . ." Raginn' parties! Court talking in her sleep again. "What are you saying now?" Meet my boyfriend, he's in Junior High. Blah!!! Barfor- amal "Oh Billie!" Mickey's a mouse, Donald's a duck . . . then what's Goofy?!? "One-Eye!!" Stop hitting me! "I think everyone is just a little tired!" Watch that, that's my foot! Meca Leca High, Meca Hiny Hol Julian: "I want to go to town!!!" Cool motorcycles! Prom '86 D&C North County Fair: Supremes Cleavage, trying on shoes with Rob Lowe man. Saving the green M&M's, Who's favorite color is red? Could it be . . . maybe, Satan?!? Oh well, isn't that special? "No Dad, what about you?" Run-thrus at football games. Trashing El Cap. The exclamation point! "Well anyway . . ." Summer of Love. What's that on your head? A Wig!! Dale Paul Brian? Oh shut up Susan and Donna! Magic Mountain on SuperBowl Sunday. This is a pain that will linger well into next year! I am doomed as doomed can be! 'Ello, what's this? Well cocka doodle do! We're here 5 minutes, Ugl I'm at a loss! Interesting experiences with brothers Steve and Mike. Wierd man in the car next to us "Mike, go faster!!!" "Teen Wolf" Fake fingernails! C&S go to T.J. Craziiness in the streets! Eyeball soup! Unoriginality is totally original! NABulous! L.T.B.V.D.'s To all our polo buds, We are not D.C.'s!



## It's Time To Go

After four long years  
The time has come to say  
That we didn't think we could  
But we made it all the way.

Helix was a blast.  
We must admit that we had fun.  
We've made it through the rough parts,  
But we've only just begun.

We've shared some "SPECIAL" memories  
With our close friends that we both know.  
So if you're not a SENIOR hang in there  
Cause for us it's time to go!

Special thanks to Sam, Gary, Tom,  
Leon and NuNu  
Rosa, Steph, Maria, Jackie, James,  
Charise, and Lisa too.

The list goes on and on  
And if we didn't say your name  
Don't think that you're forgotten  
Cause we love you just the same.

Melissa R. & Aurora P.  
will always be together  
Because no matter what life brings  
We'll be best friends forever.

So for those left behind  
It's really just too bad  
Cause the class of '87  
Is the best they've ever had!!





HERE WE COME ... WALKING DOWN THE STREET ...

BARBARA (Curley)

"Ahh ... how 'bout no"

SUE (Giggles)

"I'm so stoked"

SONIA (Sonia-Baby)

"I don't know"

IVAN (Stubbies)

"Kash"

BRENT (Woooten)

"Mojo and Skid"

RENE (Ne)

"I'm not knowing"

STEVE (Little Stevie)

"Falling down Madly"

## Turtle & Cheetah



2 fun years. Phone calls (that got us into trouble!) He broke up with his girlfriend?! Ha! SDSU — We're 19! (Ashley & Julie) Late nights. One in particular (5-30-86) A night neither of us will forget! Mike & John (same problems, same time!) Round Table, Carlos Murphys — Now we're 21! (Tom) tighter shorts please! Don't tell Mom! Our cars — Beep Beep! Let's try reverse — "I can't do it!" Oh spare like we're on drugs! (my car accident) "I like curbs!" (your car accident) They're following us! AH!!! Forking @ I am. Pink sporks. (Derek & John) Oh! — Let's not forget the big O! (F.B. & oreos!) Biff & Skippy — "Hey sweet thing!" Yuki SQUIRTIE! It broke! (Squirtie, is that you?!) Bite a dog! Ya right! Taco Bell, Burger King — (during lunch) Are you jealous??? M&Ms We like Pop secret! D.S.S. — Oh no! They're on the road again! Dingers, Toast (Cruzin in my AUTOMOBILE ... I) Pee Wee (that's him!) Tanning salon — "I'm scared!" (the coffin?) "Where you be going?" We be going home! Don't do that! It's past your bed time! Hanging out of the sunroof @ 12 pm. Anchovie & Pepperoni. Petey & Larry (now he will be jealous!) Cave women — (trendy & primal) Let's be twins! A blonde & a brunette! (how quaint!) Which one do you want?! Europe or bust! (We could settle for Hawaii or Mexico) We might have to do to CANADA! We're burn! Subway — we saw your friends! (purple hair?) DA — Watch out! Beware of the big bad curb!! Don't put the shoes in the FG bag" I won't carry it!!! "WHAT'D YOU DO?!" BK — Rotunda, want a job? but they're getting blue! Is this Nutville?!?!?! scare me away! You're slow, I'm fast, that's us — TURTLE & CHEETAH!! I love ya lots Turtle! You are such a special friend to me! Thanx for always being there and understanding. Our friendship is one of a kind — a kind that's extra special and the one that will last 4ever! I love ya too Cheetah! We've survived some tough times, but we made it. Thanx for always being there — you know I'll always be here for you!! You're special!

BEST BUDDIES!!!!

## Melissa & Beth Bunny & Wads



First met: July '85 at beach. Not a good start, but better times came. Together in SSS: there we really began. Homecoming. B's 16th. Party — M likes the DJ! Support W/AP & BS. Losing sleep — sharing experiences! Snoopy! Talk talk talk — plenty of that! Soccer — nice ankle Melis! License! B first! B-ball game then cruz 2nd st in EC. We're good at getting lost! Shared many firsts (talking 'bout 'em) & helped each other thru. Only 2 months apart! Wow, No we're not crazy ... we think?!? M's mustang. Henry party. Thx for the great map! Ugh! Shortcuts ... longcuts. Aztec Park. Ouch! Bzz! Smell it? No ... good! Crash! Teddy bears. "You said what? To who? Oh no!" M's 16th. Uniforms/badges/radios ... NO MORE!!! Downstairs ... RAD! MOTION. Train tracks. Prom '86 ... Thx from B to M. Smile! No, none of that! TPing. Tobus-Mel: neverending. Beach: guys, tans, & flat tummies! Talks over ice cream. God, did we open up to each other! "You know everything!" "Well so do you!" Summertime! Spaghetti ... never again. Red faces. Howling & Conan, yeah?!? Football ... practices, scrimages, & games. "Need new blood at HHS!" Bonfire. The one you least expect. A mistake ... No, I don't think so. Round table. Being followed. Party in Chula Vista — Gonzo's. Mtg DB — giving approval. Always seem to be gone! Boo-hoo! Fair — Mr. Mister. M w/RH. I saw it coming. Fair — M.S. Machine. B w/CL — an "old friend", right? Movies every week. Dozing off. Tylenol does this? Sneaking in. Valhalla times. Oreos — on the car. Through the sunroof. Smiles-tears! 6th sense. Excuses. Monty Python — he left already? Booneyville. Depeche Mode concert. Look at him move. Owww! Chocolate shake/white rabbit — nice combo! Man was she scared. Snoopy again. Can I borrow? Escapades in stores, don't be embarrassed, but still never again! Planning, always planning. "Stand By Me" "Always Something There To Remind Me." Visits. Snobhalla. Tears on the 9th. Roses. Akdov — chug — fball game. Ugh! 2 falls. Nice dances! Swerving — racing — tag! Brights! Okfest-CD Mailman! Boogie Woogie too much! Slow truck — move! Calm down. Laughing & more laughing. Mirror. Mad truck on our tail. Qrtts. We're on senior level! Too much! Rolling. Don't throw up! Stuck — fireplace — MA. Get better! Takin! freebies. The Littles. Calling all. Flying. Headaches. ZZZ — doorbell. Nice & Innocent?!? Nah! Broomball — Henry. Scrounging money. Falling — not B. You didn't need those buns anyway did you? Driving round — getting pissed. No scamming. Side street. Too late. Oh well. Eyes start to go. Billy Joel concert. "It's Fryday!" Get me sick! Thanks a lot! B's ski trip to Utah. Randy — no place to go. Xmas Dance — Santa — what word? Davey — Bun's husband. Kris — their "baby." Getting lazy — senioritis! Presents — the jokes were the best! Uh, oh ... mom found 'em! No way! What a laugh! Calm yourself! "Horny Helpers" — much needed. End for now, but it'll last forever! Many guys involved. Ugh! M — TP, BS, KM, DH, TF, TC, TN, TA, RH, RH, DB, CD, BG, TS, BH, Davey. B — AP, EN, T, RR, DR, DC, SM, DB, JM, RT, ML, Viggie. We're so alike to us, but so different to others. Makes life interesting! Love you Bun! Love you Wads! Here's to the future ... Hasta!



# Fahrenheit 1470



Melissa Jones, Jessie Smith, Amber Allgaier, Tristan Mara Copley, Aileen Murphy, Yoshio Hall, Todd Sleet, Sware, Jason Rogers, Beth Weiss, Lara Slater, Kristy Julie Bobb, Courtney Mills, Kristin Shamordola, Erica-Selder, Julie Farrelly, Cricket Shaughnessy, Jeff McNeil, Sean Karimi, Donna Allsing, Heidi Wilson, Ed Gatt-McCreary, Jason Justeson, Jason Ohmstede, Wei Sun, ley. Craig Weeber, Chris Hamma, John Angione, Rich Taylor,



WARNING!!!! The Surgeon General has declared this utterance of a not fully sane person to cause cancer on laboratory rats, which were forced to read this article several thousand times!! These have been the greatest years (cough cough) in my life and I hope I have a heck of a lot more. Now that the prosperity bull is over with I have a chance to get down to some more senseless jargin. As for the intellectual value of my syat, I think a couple of synopsis have made some molecular bonds that will withstand the test of time. Oh my god — I think Brian watched Christine too many times. I would like to commend Mark on being the slowest person to understand a movie (he saw Alien so many times he wets his bed at the slightest noise). Hey, Robert, is that your car on top of the PE building? You better keep a close eye on your locker. David, let's celebrate; they didn't put a cap on State employees salaries! By the way, what does superform do? It's an orange! No, it's a peach! No, it's super pumpkin! To John, the true master of the convo. What's up! "on the telephone! What's he talking about on the telephone?" Did I get the required amount of minutes of school last year? Oh, wow, I think the clock is running slow. I don't feel tardy. I'll give this school a rating of 3B(eh?). What do you mean my shirt is on backwards? Oh, jeeze, that hoser floated an air biscuit. More On Nose Infections Causing Amnesia! Hey Brian? Philosophy corner. Greg say, "one who goes to sleep with irritated glutei will wake up with a smelly upper phalange." If the following was incoherent, offensive, or nauseating . . . wait a minute! Rock till you drop . . . or is that drop when you rock? Oh, well . . . what people will do to take up space. Greg (alias the Sun God) Scrib — Happy Trails (eh?).

Wouldn't cha know, right when I'm starting to get mentally adjusted to waking up at 6 am, they have to go and graduate me. It's gonna take some work to sleep in til 12. I know it's just some punishment for something I did in a former life. Maybe I sadistically blasted a squirrel or some other creature. Whatever it was, it WASN'T MY FAULT!! The suggestion that the suppliers of cerebral stimulants are gravitating towards the abodes of higher learning has not the least negative resistance within my cranium. Often times has my frontal lobe been reduced to a bubbling puddle, seeping through my nasal passages only to be readmitted intravenously at a later nonreality session. I'm not any the worse because of these actions. And to my knowledge, have not suffered any of the debilitating effects of Dain Bramage. I got past the third grade after only 2 yrs; I'm pretty near genius. The way I see it, Helix

was a figment of a deranged imagination. Some of my most endeared orations; Hey stupid. Hello, baaayby! If you put a bullet in a fire, it'll explode. Mental retardation due to oxygen deprivation. I don't have to take this kind of abuse from you. I've got people waiting in line to abuse me. It's becoming increasingly apparent to me tht you even know less than nothing. When I want your opinion, I'll beat it out of you. Like godless jesters at a feast, they gnashed at me with their teeth. We're on a mission of God. Too much is not enough. Say, Brian, what's this friendship thing about? Well, Greg, if I have \$\$\$, you have \$. If I find a beautiful girl at the game, you have food. John you don't know what you're talking about but it sure sounds convincing. Mark, what is it with you and aliens anyway? Linda, has Greg fixed that muffler, yet? Who needs Mexico when you've got Dr. Dean? Nobody told me there'd be days like these. Later, Helix . . . It's been an education. BVG G'day, eh? Well here we are at the end of our 4th wonderful year in High School and I would like to take the time to recognize all of the great times I've had: "You can't take it with you" and all of the other shows in Drama class; all the movies I saw with Brian, Len, and the rest of the L.O.A. — Aliens (the sneak preview and the special screening), The Fly, TCM2, FI3 p. 1-6, RHPS, FBDO, and Deadly Friend-along with both the Star Trek cons and the trip to the astral plane. Then there's all the memorable moments with Rich, Steve, Jimmy, Mike and the rest of the group in D&D: "Make a save" "love ya Fallin, I love ya" "Hanath and Gallows" "Sagwaifers" "No Baker, the Kobold can't fix your staff" "What did you say, *Paladin*" I would now like to acknowledge all of my friends in the way that made them special and unique: to Brian for finally taking that big step (a man who finally proved that he was more action than mouth, what a feat!). To Greg, our resident ladies' man (or man's lady), who cominated every conversation I ever heard him in, all three of them. To Mike for all the good times we've ever had. To Richard, for Blood Bath, Wrap, Death Shroud, and Ply-half, and for being the best DM I ever knew. To Baker and Pinky Lady, for the Jester he never and always played. To Jimmy, for all his characters. To Steve, and his naturally curly 18/00 strength. To Franz and his lack of J-tacos. To Jennifer, for the spirit of the 4-yr Drama student and finally to Len, whom everything and nothing can be said about. For all of my friends I wish peace, happiness, and prosperity, and that they may perform throughout life to the best of their ability (real heart-touching, eh?). Mark Stalnaker "Just remember, no matter where you go, there you are." BB



**THE FUTURE OF AMERICA RESTS  
IN THE HANDS OF THESE MEN  
(Weep for the future)**





TO THE GOOD OLE' DAYS! . . . Linda, Lara, Kathleen, Jenny, Jamie.



Coast-To-Coast  
"So to speak, OK?"





Well, Mouse, we aren't kids anymore. And, we still don't agree on things sometimes. And, even though you are a creep sometimes, you will always be my best friend. I wuv you. Now ... stop dressing like me and stay out a my classes. Just kidding!

*I love you, too, Kimmie!  
Good-bye, Helix!*

"\*"@#!? ... "One more picture and I will bite you with my new teeth."

"Oh! We just love having our picture taken!!!!"



"AA" (Airheads Anonymous) Meeting of the minds. Exclusive members: Tracy, Kym, Wendi, Kelley. Memos: That's me no doubt! Mmm, Hmm! Football games or was it parties? Or do we remember? Bowling, other alne! Hit the pins! It is now hitting me! Burger King! Homecoming weekend — we trust you! Just exactly where were you? Perpetual state of Leave It To Beaver. Bubbles Breezy, Malory, Chuckle. Beware of P.F. Good time in 20-10 Boy is Bob Big! Firetruck? Her purse is stuck — Chuckle Chuckle! Wilbur the Worm, like WHOA! The lost bonfire, full moons! Monkees! Fun X's crusin'. Bif & Skip-it. You horndog! Prom-Xmas Dance together w/friends! What's that on your head ... a WIIIIIG! (Jeanette E. nice hair!) Jack-in-the-? no Jacklyn Bacon soda! Like what's your point? Movies — Drive ins. I know that feeling, *can relate!* 4heads—I brain There's not enough words to show our friendship, but there is 1 thing we all share ... our underwear (?)!! "On a field, Sable, the letters AA, glues"

#### FRIENDS

A shoulder to cry on,  
An ear to bend,  
Money to borrow,  
Clothes to lend.  
Friday night movies,  
Afternoon walks,  
Being together,  
Our private talks.  
Mending our hearts,  
Planning our future,  
voicing our fears.  
Our memories together —  
May they never end,  
Always together,  
Forever friends!!!







Perry and Lori: Wienie Head, Lauda, Pear, Beaner

June 14, 1986 it's official. Together at Mex. Edwins? Nice room! Great summer. Beach, renting movies. 16 candles — Come on, I don't want to see it! Playing volleyball in pool, a dog bite, Thunderboat races — sleeping. Ice sliding, our late night talks. What pole? Prom nite at dance Inn w/Tac & Michael. Almost. Magic Mtn. Is Jim there? "Julio" OK, NO! "Secret Lovers" Playing Bingo w/Vic and Larry. Del Mar Fair — Why's Tac walking funny? Rocky IV. Sneaking over — tease! June 27 "I Love You." Sizzlers — What kind of steak do you like? X-Mas dance — How's the closet? Watch out for the dog! New Years Eve! 18th b-day party "surprise" Love those bike shorts. Winnie the pooh, Dumbo. Leaving at 4 am. Yeah that's the ticket. \*Aug. 7, 1992 or ? We'll make it! Joseph and Ashley ... more later. Taking naps. "Unselfish Lover" Thank you to all our friends who helped us out, and a very special thanks to the Almeida's and Gomez's for your love and support. "Your love to me is very serious." "You and me make a good combination." I love you Lori, I love you too, Perry. Thank you Lord for the memories and the special love we share, it'll last forever.

Diahnne and Jill. Two wks of freedom started a friendship that will last a lifetime. Burned the pizza, nicks in the table (wood expander). Steve, want to go to Swensens? Jacuzzi bubbles. Dominoes Pizza delivers!! Lights flickering. Secret meetings behind the dumpster. Driving first time at night in the Pinto at La Jolla. Bouncing driver, a lil' cloe to the window? Vivarin — lying sick in the grass. Mt. Soledad — those guys! Trampoline at Dad's. Obscene emergency brake. Balloons — Uh, oh ... One popped! Being chased by 1 headlight, knocking car into neutral. Accident drive into Mex., we got roses! T.A.'s car gone pile into Jill's! Car accident. Jumping over fence at Christian High football game. What's so funny about going to the bathroom? Shopping trips the car smells like smoke, Jill. Daybreak — the river, checking to see if we're awake. New cars, learning the clutch. Never stop on a hill!! Behind bathroom doors, we need some! (4th per.) Our secrets! So many memories and so many good times together. We have built a friendship to last forever. To all our friends, Good Luck! WE LOVE YOU!!!!!!



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Pediatric and  
Adolescent Dentistry

Preventive Dentistry  
for Young People





Jr. Hi, Gilligan's Island. "Who can it be now?" Beverly Hillbillies. I wanna be a "MOD!" The Great Gray Whale. Ziggy P.E. uniforms. School dances. Mike McCarthy. 'Ello! Don't turn around, uh oh, Trent's back in school. Mr. Christopher. Glenn, Erik, & Kevin. Proj. STOP, Leather Tassel Jacket. Nector guy! Proj. STOP camp — I can't believe you like a 6th grader! The Howling at H's 13th b-day party. Jask. Ernesto Horta brand tortillas! Bobby Porter — alert! COOP! SLAB! Joanna, Joanna. She's been gone, gone, tone. Step, Step, SLIP! Twinkle toes — CW. Tony Arnold. Jesus Joe (Hey Soos) Valley girl contest. Messy lockers. Locker checks. Friekdship pins. Jakarta. El Torol Espanol & T.P. Dog chow, dog chow (W.C.) Ma na ma na- do do dododo. Braces. Spaghetti. The miniskirts at A's 14th b-day. R.H., M.W. & J.L. K & E.G. in Uncle's car & H & B.S. in the woodlot. Jim Hunter. Journey thru inner space. Pirates of the Carribean. Marc Duggan & Kelly Bressler. Cherubs. Dork. Poseurs. Lezrab. Sealed with a knee. What's the deal, orange peel? D.K. Carbing arms. K cuts H's hair. Spikel Grad '83 — lots of tears ... lots of memories. 9th — Duran Duran concert. Mr. Spear — ugh! More dances. Male cheerleaders? Flat cat! Oh wow — phones on campus! My Mom is going away! Jay, Adam & Mike. Jay's toothpick. Robert Webster & Spike. Robert Sherman. Halloween — dressing up like Nick. Nice orange hair! New Zealand. Vick, Ian, Sean & Mike. Pip's cold soup. Walking to Jack's. Buying bags at Cal-Med. "H&K" A midnight snack? Its 3 am! Journey thru inner space again. Babysitting til 4 am — upset father! Oktoberfest. Big Olaf. Limahl and stolen beer. Cinnamon rolls & Buttermilk bars. GAS! The Antics. Pastel a lezbo! Disneyland for H's 15th. Mouth wired shut. Sexy & 17. 10th — Pleah! Motor Sheep. "My car is in the shop." Steve & timberline. Monadnock Penepplain. Talus Slump Creep. Shasta the Pig. Totem pole dance. K.H.'s dance — yuk! AWA! Us — boy crazy?! Chewy, chewy, chewy. Woodstock! HUBBA! Pineapple Crush. We hate undersexed college boys! Do you eat salt? We're taking a scientific survey ... Go dog go! Flesh for fantasy. H's b-day. Mike R. & Pat R. Grossmont Ctr. Dan is so strange! Leon Redbone & Spuds. Modern Dance with Mrs. Rhodes. Rain Reed(?) H's surprise 16th — CareBear. Winston Prints & Kilt! R.R., J.S. 11th — Mr. Conceited Eric. OOH Be be! What's a thesis? Massive mound of muscular meat! Seniors, huh? College Grove w/Peter & Pat. Candy Hearts. Fredrick's of Hollywood. K & H's Datsuns. Getting stuck in Joanne's driveway. The bathrooms at Sizzler. LEGEND! Write on the back of the paper. Turn into a furball. Put stuff in the truck. Novels! What's so funny back there? Mtn. Dew. Jalapeno & cottage cheese. Richard and Valentine's Day. SMACK! Paul G. and Paul W. Domestic Accident & Softie. Ernie! I eat crackers in bed. Screeech! If you don't like the way I drive, stay off the sidewalk. H. & J.C. Head. Sploog! The lunch cart. A small burrito & Dr. Pepper. Dana the m ooch. Pkwy. Plaza. @pus! I'm never going camping again! Eng. 5-6. Summe Fost. Remove the R's. Stop it you fiend!! Stories. K's heart tattoo. Dressing Pat at G.C. — J.C. moved and A.M. ignores us, but we always have each other. — 12th — Peace & Handcuffs. Penguins & Ron. N.B. on 8/16/86. Darrin & Blackie. Driving to Romona — runble, rubmle. Nice tie. Mickey Baloon & hats. Driving home 80 mph. The local AM/PM hangout. Oreo in car. Vons & 3l flavors. What are all those people doing by my truck? Ludo. Senior pics with the penguin. "My girlfriend to be." I love you Dan! H. use your brakes, the light is red. Let's see ... Coronal Wine Coolers & Bud Light. Darrin & Pat. The Beach! I'm in love again. Pints of ice cream. Pralines & Cream. Joe Boggs. The Monkees. Two truck guys. 4-day tire. Obet Bake ay Toys-R-Us. We love you Mr. B. Vern. Dale Snale the Male Whale. Xmas dance '86! Snickers. Ichad Taylo tries to make the moves on H. Snale, Pat & Fred. Snale gets sauce on his tails. Formal movie going. You be illin'! Dude! Mr. conceited Eric — not so conceited anymore. Our tree! Food fights — Trix down K's shirt! Adam the frosh. Shaz beats up on H. K beats up on Shaz. Go Snale Go! Do you think Dale has a big ... The Snow ... giggle, giggle. Tea rings on H's car. Trash can lid sleds. Hiking in Mission Trails Park — Ag! Mtn. Dew, string cheese & pringles. Party at Wei's — a drunk Snale!! The Corona Sign! Well, its finally over! Many thanks to our friends for all the good times. Many thanks to the teachers we've had over the years. Much love and thanks to our parents for all the support through the years. The Class of '87 is the best!!! Hilarious & KareBear — best of friends always! See ya later Helix. Its been fun, sort of!

KAREN DAVIS & HILARY GAUGHEN

Andrea Webb, Summer Frost, Leslie Aimone, Darcy Schoolcraft — (Dree, Sum, La, Dars). Our buds: DR, LP, AT, MC, CB, LB, JB, BD, DD, JK, BM (HB), KB, SK, VV, TB, KL, TW, J-JF.R luvs: ER, SB, SD, JJ, KL, CS, SP, SB, MB, KM, AF, VT, JA. Band, Long Beach, 95.8, Sum letter, tours (gym, Magic Mountain,) Pops. "Hello" crank calls, murder scene, Jill's parties, candles down University, breaking into Junior High, running through sprinklers. Good answer, good answer. Kippy, pumpkin car, aquarius. Lost it, Dree's possessed bed — Ken — driver's ed, no school for you! Party all summer. Stealing cookies from office, We Are The Wrold. Cornfield, Arkansas, Dial-a-ride, no dong. Tonidini. 2nd st. Joel's parties, college house, Dree with no clothes, Hairless Bob. KM's party, PK's party. Mt. Carmel, running away to HB's. Chiounz, bank kitty. Broken finger =, ditching PE. Ketsup/ Easy off locker. ISS. Ditching Taco lady. Stealing S's drinks. Live Aid in London, The Klan, D'lain's house after school. Gatehouse, rails VV's house, Godfather. NO!! Stealing lunch food, Tweezel! Mr. Boone per. l. Pizza at Dar's, Frisbee, MD's van. Dars & Eric, Dree and A Scott. LA's party. Sum met Ralph. Separated at Crown Point. Sum and La prom '86 (joke). Senior year! Scripps. Calling RK's dad! I tech you every-tink! Too much bigger! Shawwww!! THE WHO, JOURNEY, LED ZEP. Forever. we will cherish the memories we've amde together. Our friendship has given us strength through the hardest of times and companionship in the best of times. We'll always be together in our hearts.

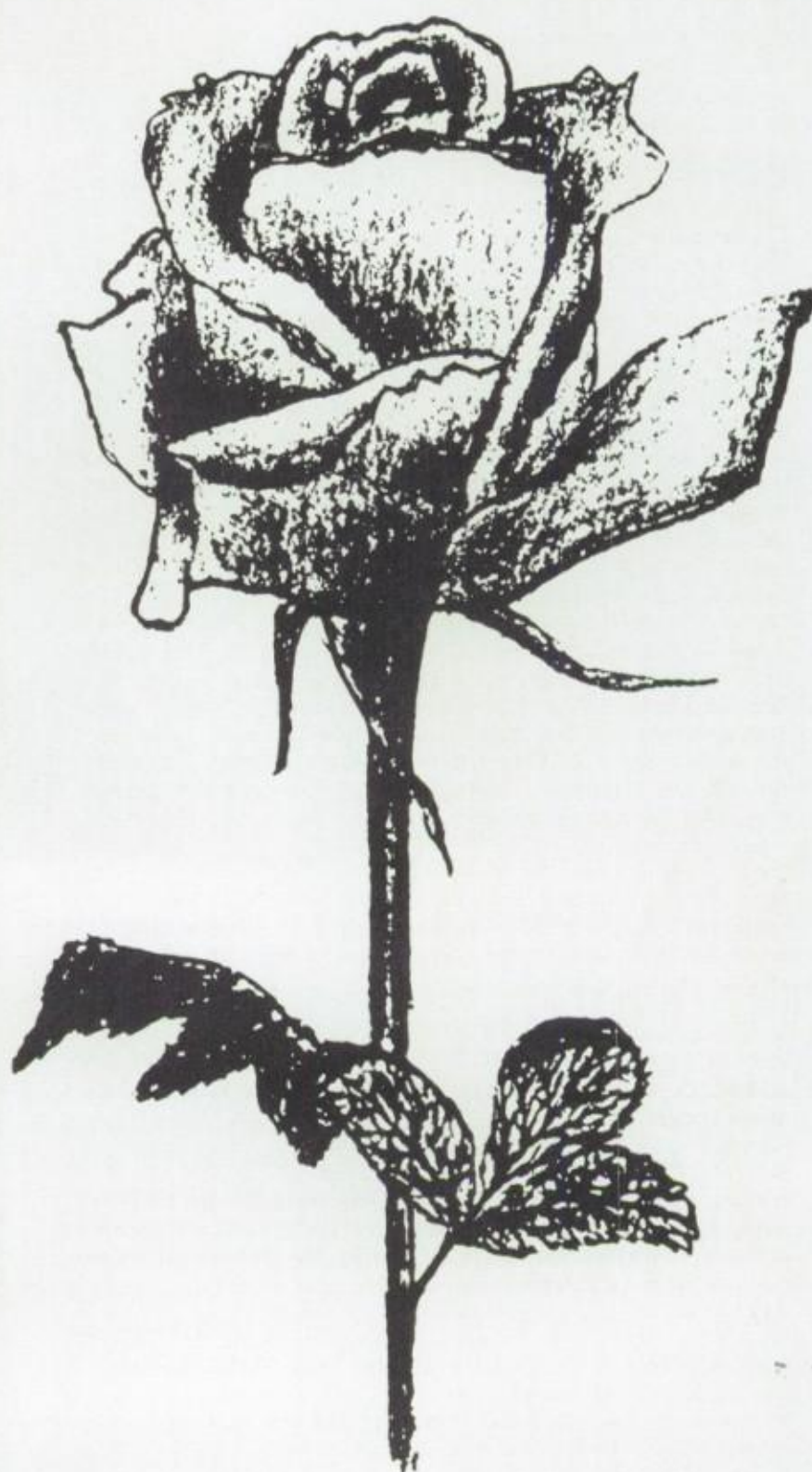


Special talks, Special guys: Chris, Ray, Brian, Scott. Family Fitness, Party animal, me?? No Way!! Life cycles and sit-ups, Cheer, Kathleen help me! Go team. I swear I didn't pinch him. Over-the-line. Do we have to wear bathing suits. Where is he, Scott? Bobby Day. Paula are you mad? Voooooom. He likes sophomores, watch out. I should have listened. Love em and leave em!! (No more!) I think I'll wait. Black Camero, University, no lights!! One way Christy. Debrand me!! Inmate to DB, GROSS!!! Good times, phone calls, special friends!! Best of luck to you, and to you. We're college bound!!!



People always ask if we're going to get married. After spending 4 years together, and still doing as well as your are, I'd like to think that marriage is a breeze. Yours is a face that I always find new parts that I've never seen before. You are definitely a person I could never tire of, whether it be 5 years or a lifetime. But it's not how much time, but rather the quality of it that I spend with you. It's the times I look at you, the light in your eyes, the shape of your face, that I realize I love you. The feeling of 10 different emotions all happening at the same time, all making me feel what it is that only we share. Always. The memories of things, places, and people will all fade with the passage of time, but never let us forget what we have. That's what this is really about. A monument to each other, a lasting reminder to what we mean to each other. Remember me, I'll not be forgotten.

I could never forget you, David. You'll always be a part of me. Always there to make me feel warm and happy. Thank you for making the past 4 years of my life the happiest. Tenderness, patience, understanding, honesty, trust, and communication. These are the things it takes to make a great relationship. And that is what we have. Your sense of humor, your faith in me, the kindness you show me, I'll make it easy for me to love you. I'll never forget all the wonderful times we've had, alone and without friends. With you I can always be my true self. It's amazing that after so many years together, without breaking up, even once, that whenever I see you, I still get a rush of excitement and happiness. My favorite place in the world is in your arms, looking into your beautiful eyes. Smiling back at your gorgeous smile. It is all these moments that I know you'll be there when I need you. Come what may, no matter if we decide to be just friends, if I really need you, you'll be there for me. And I'll always be there for you. You're the best friend I've ever had. I love you with all my heart and soul.



**Lisa**

**&**

**David**



*Mormon Seminary members* (freshmen, sophomores): R. Tremblay, S. Stewert, T. Sharp, S. Spangler, J. Jones, B. Zollinger, A. Phillips, T. Wynn, A. Allgaier, S. Cole, C. Greates, M. Konold, R. Gefrom, T. Siebenthal, C. Phillips,

N. Bonsteel, J. Shields, J. McGee, B. Konold, S. Antoniello, W. Gefrom, C. Pykles, P. McDonald and J. Zollinger. Their teacher was Jill Bassett.



4:30!! In the MORNING?! You've got to be kidding ... yes, there must be opposition in all things. We are the few, the proud, the 45 insane students who wrestle with the mattress every morning in an attempt to dissuade the alarm clock from its demand that, yes, it once again time for Cemetary — Oops, I mean Seminary again. B of M this year (John 10:16). Some may say that there is no way that a 6:00 am class can be "joy", but ... Glen A's Greatest Hits (solo w/ accom) made each of our days. Anybody have a devotional? Mrmn row (who needs Senior parking spaces). Cap USC: "what red light?" No Cop, No Stop. How does this apply to your life? (James 1:22) Dead branches, bad fruit, we are all beggars. Matt 5:14-16, D&C 115:5 "Happy half-birthday to you!" Breakfast — what is this we're eating? Is this beauty

hour? Jason have you bilt your spaceship yet? (You unbeliever, you) Our actors: Todd (Nephi), Robby (Lehi), Jerry (Angel) — wait a minute — Jerry, Angell? "Why do you come to Seminary?" ABINADI. Teacher never could pitch! Brent, turn it down! Scrip Chase '86-87 (Phi Turna Paga) 100 days. Thank you Sally! No one will ever forget you or your manner of dress (No more dressing in the dark! To be learned is good, BUT ... Thank you Mr. E. and Mrs. D for tolerating our crumbs — we are still working on perfection. Good luck to everyone, hold the rod (school, mission, T. Marriage, families (are forever). See you at the top (C.K.). Goodbye Seniors, thanks for all your effort, we'll miss you!! Moroni 1:4. I will go and do ... P.S. Future Freshmen: BE-WARE!! (ha,ha)



*Mormon Seminary members* (juniors, seniors): J. Richardson, B. Wooten, H. Poulson, D. Konold, S. Wynn, D. Glenn, J. Guffey, M. Bowser, B. Downey, J. Barnes, T. Howerton, H. Poulson II, A. Allgaier, S. Glenn, G. Carson, S. Davis,

R. Joyce, E. Webb, J. Spees, A. Amrine, R. Zollinger and Mr. Jones. Their teacher was Glen Allgaier.



Derrick — a.k.a. Pres.  
 2 GOOD 4 THESE PEOPLE.  
 Ist. clb mting T.J. elected in2 club.  
 Now I'm an assassin — (Finally!)  
 J.B. the V.P. (way to go!!)  
 Beach — What a trip.  
 All of thse balloons undr the snd (POP)  
 Y R U wring jeans?!  
 C&D, C&D, S&M, S&M!!!  
 Save the whales (Harpoon tish)  
 thanx 4 all thse P.E. photos! 2 bad no clu pic.  
 SHUT UP! ... UP&UP&UP&UP!!! Fire up!?!  
 V.K. all the way! Hpe you make it!  
 WE'LL MISS YOU! LUV YA!!!  
 The V.P. and the Assassin  
 (Hey, shtupid, had any bananas lately?)

## The Assassins



Name Plates  
 Name Badges  
 Engravable Gifts  
 Personalized License Frames

Business Cards  
 Awards & Signs  
 Rubber Stamps  
 Monogramming

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Congratulations & Good Luck in the future  
 to the Class of '87

Stephen & Joy Weiss

Jayne: "Most likely to die in a vw car accident." AKA's ( "The Official" Spot remover, fried chicken, generic driver, K-marts "King of the road") Julie: Most likely to die from inhalation of hairspray. AKA's (Miss Aqua, Coco Puff head) Memories: Hi ossifer, I was just hanging out the moonroof! No linkage in Leucadia = 7 Eleven. Billy Idol says Jayne and Julie are OWC buds! Michael and Lance: Our plans ... if they only knew! Whiplash, I wonder why. I see spots Calling 'The Official Spot Remover' to the immediate termination of this hallucination! It's an omen! I just know it! The gum under the table is Wrigley's (green pack) I just know it! Jamacha: Is Bud coming? OX, what a nightmare. *That's so cool! That's so hot!* Fried c. there's still time to get used to my "scum monster." Let your radiation field down! NEW SISTERS!! We owe each other for our lives. They ask: "What are friends for?" We say, to make sure you don't drive your closet ... and make sure you get the post along with the stop sign! We'll keep in touch, we'll "Reach out, reach out and touch someone, or maybe nag each other!" I love you my little egyptian honey! When we grow up we want to an "RCD Specialist" ... Oh, no ... Mr. Bill! Like, oh my god! When will we both like totally find 2 dudes that have a trippindicular vision of a gamma gnarley wave dream on the same like oh my god night?! Up all night having internal convulsions while appearing on the outside as images of primitive twinkies! \*One thing, always remember and don't ever forget how groovy and insane your

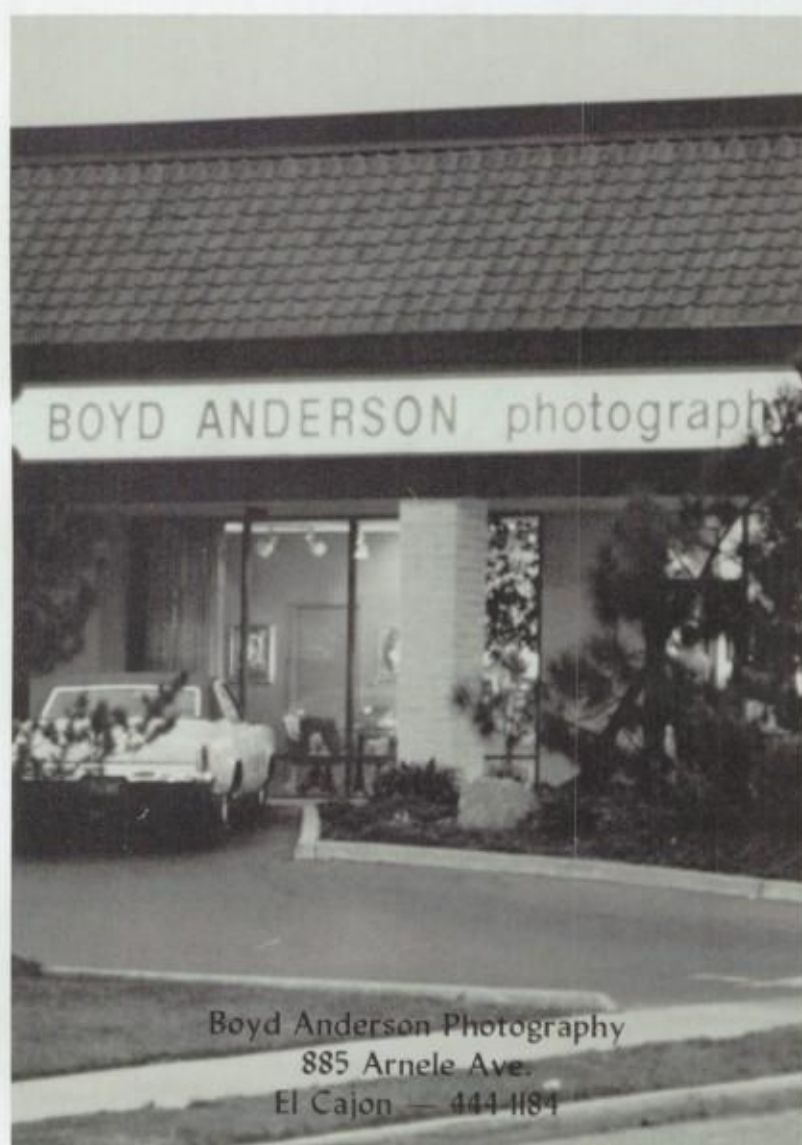
emotional being subjects its intense peaceful presence which makes Jayne and Julie what they are today ... FRIENDS!! Be aware.



Julie & Jayne



(A.K.A. P.T., Scruben & Gomzo, Jewells, Jen, hey Ruffer!) We fooled em all! Lsted thru h-school as B-friends. Lots of memries, 2 mny! Tnks 2 Mcky & Jry we dstnuishd a "Guy". Evn in our Freshmn yr. Soshmnt ddn't splt us up, it benftd us. U-Brana, Me wtrmln. 1st wk of h-schl. 16th nvr 4-gt dessrt after t.c. sld, or how mch it hrt 2 mke dsrt. OSKARR — dog lves on. Enuf Cndy? No, gt more!! LaPlya — we LUV la plya & mystry gys that com w/it!!! Mrning, non, and nte we wr thr. Til we got jbs! YUK!! Wht do U wana be wen U grw up? A vet. no an ocnogfr. Wht bout Math? Wht bout it? Long as I gt a D+, I'm hpy. Cn't frgt cacca kicker txn, tht cld rol grtrs off his i-lshs 10 ft awy frim the gls & stl mke it in w/addbl smrslt! Stl gng out w/Chse? Who? O Rbrt. Who? BoBy? I know it's "Dear". (trk). P.T. lvs Bob-ee 4-evr. 8l — Gnzol 8l — Scrbn! Whrs al prtes wen we go out? Mntry — Snta Crz, Itle Rendez-Vous. U-Mike, Me Paul. O yah!! How bout Drnn & Grg. We fld ths gys. Sry Jules, jst cn't gt long on a blind dte. (O-wll) Now I got Bob. How we luv 2 gssp. R-we gwna B in G-Mall 4-ever? No way, we'l hve the bst! Mxco B.B. sitng xpditns! J.R. lvd tht! Lt's go dancng. D'nt lke dncng. Snce wen? Snce I fnd out I cn't. Oh ... CVE Joey A. and Gary B. Wnt an easy \$300? We'll only tke 1/2 or so, ltr dudes! D.L. Mr. Fair "Up all ngt. oooh, styng up al ngt!" We nvr gtn in a fght! Our frndshp is strong motionlly. We no 2 mch bout l nother 2 ltr futr drems seprte our frndshp. So get MCI & "Rch out Rch out & jst say HI!! I luv U alwys Jnfr. Thnk U fr bng a frend. Jewells, Tanks fr being so understndng in my luv flngs, I luv U 2!!



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885 Arnele Ave.  
El Cajon — 444-1184

What are we going to get into this time? Eng. class our Soph. yr. We first met. Clue cards, donut woman, olive oil. Doing stats for guys B-ball. G-mont gym "Like a Virgin." Taking you home I ran over a curb. Going into boys locker room. Obsession w/triceps. Moms meet at GEMCO. Twinkies. Yum! Yum! '85 summer. San Francisco, Pier 39, Espirit w-house. Where's Winchester Mystery House? Guys at gas station. Where's the Post Office? Get some real Chinese food. Eat my eggs, please. Going to the beach. 7-4-85 Party at N.D. Choc chip cookie JJ. Junior year, Pacer-fever S-ball games. Santa Barbara Chris & Scott tar on pants & shoes. Do you know how to ride a bike ND? To kill over. B-bomb Lori. A. Sweet 16 Party, stripper, where's Nicole? 3 am leave. 11-23-85 ND sweet 16 Limo, Bobby McGees, dinner "salad" nice presents. Steve Al limo driver. Tea bag nice color. F-ball games w/Big Gulps w/spice, 12-21-85 X-mas Dance MR & JJ 1 month ND & RF 1-9-86 Ring ND. SMACK where's Nicole? Pop start car. 1-15-86 break up w/guys. STOP double stuff before school. Burn rubber in GEMCO parking lot 2-21-86 1st X ditch. Run into trailer ND. OUCH! 3-26-86 T.J. w/girls M.A. house Berry Aloha Club. 5-10-86 The infamous party at Nicoles. Party at Dana Inn. Tacie Jo's rm. OTL untouchables, ND, JJ, WL. Ensenada 9 am ticket. 6-13-86 Popper to DM. 1st time danced TJ Nicole and her sailor. 6-18 T.J. ND met Ric. up all night. JJ party at n-bors. 7-12-86 Swan lake, 1st X party w/DM 25c. Did you feel the earthquake? 7-13-86 ND 1st X met Pat. Sushi 1st X ND. Cruzin in rabbit. Talks at lake, feed ducks. Pty at Pats. Cruzin E.C. blvd. Lisa, Lisa blaring. Jacuzzi till all hrs. of night. Leaving notes for Pats mom. Senior year Oh No! Annual tradition Big Gulps! Yum yum! 9-20-86 Pats pty. 25c Shhh George!! Swensons cookies-n-cream. Nicole how do I get rid of him? DM did a Rambo. Nice sailboat, somebodys coming. 10-24-86 JJ 1st X w/DM Nice parking job Nicole. 25c PB, DM, JJ gets dogged. 11-22-86 ND & JJ fix dinner for PB, DM. Smooth futon JJ. ND B-day TQ & BJ we're gone. 12-13-86 X-mas dance w/Pat. 1st X. X-mas dance w/Darren. Catamaran. Fun! Fun! Someone is in the sewing room! 1-1-87 ND is blitzed. DM loves JJ. 1-9-87 ditch 1-4 breakfast cruzin. Where did you get that #34 shirt? '87 is a busy year so far. Sat. nights JJ watch out. Not on those "NO" days. Be carefull! Nice futon ND. 25c till 2:30 am talked to DM on phone. Suitcase. 1-29-87 1st org. ND. "Show-

er JJ" 1st X skiing together P.B., D.M. Fun X's. Lets see how many X's we can fall. D.M. fix dinner for JJ. ND = Vlampira, JJ = Mona. Want a 6 pack? E.T. face at stop light. P.B. church lady. DM PB. should go into the R.C. 6 pack co. Lets play horse shoes. ND needs u-ware. 2 wk long bruises. Cool corner Tartan. Todolah, thx for all your help. STRESS! Whats that funny looking thing? Pat & Nicole room for rent! Nicole is your hair supposed to turn grey? ONCE BITTEN. We still want you Jamie. MEN! We'll get caught one of these times ... No, never! Not us! We've had our ups and downs, more good than bad. "The friendship will last a lifetime."

P.B. thank you for being patientw/me. I know I've taken a long time, but its worth it. Thx for the special X's. You mean so much to me. Hopes for more fun X's in the future, because, if I'm with you I know I'll be happy. N.D.

D.M. thanks for caring and understanding. I'm glad I never gave up on you. It takes 2 and we have it. You mean a lot to me. I will never forget all the fun times we had and many more to come. I will always be happy with you. ILY always. JJ

Nicole and Janina





Thanks bud!  
 I'll miss you and  
 your craziness.  
 I ♥ u!  
 marisa ☺  
 Fun times and special  
 people make a unique  
 friendship...  
 I'll miss you! ☺ ♥ u! '87!  
 Heidi



Just clownin' around! Linda, Julie, Kathleen



Great times at Helix: V-ball, parties, wired to kill, r-skating after 6 yrs. 2-against-7 (we can do it), Bee Bee chuck that B-ball, watch out for old men driving. Don't ever forget your Gurus! Class of '87 will never be forgotten. — Ed Gatley

Try not to get killed while driving (Karmannghia), sorry about your pants, try to stand up in v-ball, fairy serve, X-mas dance, K.S., Key Club, seminar. Hope you go to MIT. 10 min. to Santee. Bobby McGees. Charthouse. Thanx for everything. — Andy Seales '88

Good times, a lot of secrets — giggle, giggle, giggle. We are the cheerleaders — we were the cheerleaders! Learning to drive, Christy you are on the wrong side of the road, no lights on Uni. Who are those guys? MBS whatawinner! No more weirdos for you! Ethan. Yeal Winter Camp ABAZABBA over the line do we have to wear bathing suits? Christmas dance w/JN AM TS EG LH & G? How many more days are we allowed to be absent? Hey, Patty doesn't want to be on film! "Great balls of fire!" SDSU, beach parties, what's BYOB? Here's to our future — Serorities vs Fraternities. Do we have to get serious now? — Beware — Here we come. Best of friends always ... Kathleen n' Christy





# Autographs





# Autographs



# General Index

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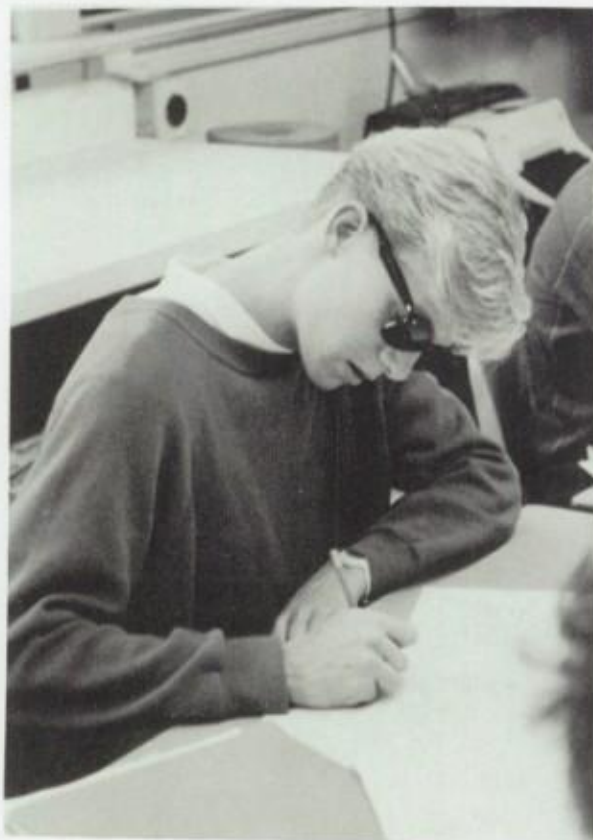
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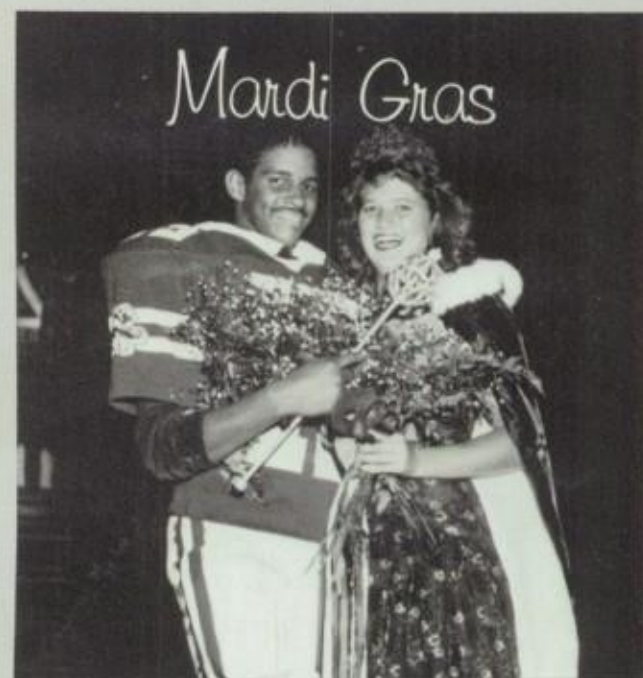
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# September 9, 1986 — June 17, 1987



HOW DID WE MAKE THIS YEAR SPECIAL?  
The Spirit! Many thanks to the cheerleaders and the rowdy fans, including the water polo team, who demonstrated their support at athletic events.  
Mardi Gras Homecoming! (10/31/86) This super night was a huge success, much to the delight of the crowd in their Halloween costumes. Thanks to ASB for all their hard work that went into organizing this event.  
A Mid-Winter Fantasy! (12/13/86) Doug Kriedeman and Courtney Mills received the honor of being named King and Queen of the 1986 Winter Semi-Formal, sponsored this year by the Class of '88.  
Air Band Contest! (1/22/87) The first of its kind at Helix, the Air Band Contest was a huge success, drawing a standing-room crowd to the cafeteria. Kristen Gatley, Lisa DelGato and Dena Serrano took first place with their rendition of "Leader of the Pack."  
Lunchtime Activities! ASB sponsored many activities aimed at getting everyone involved. The pie throw, with teachers as the targets, was a favorite. The theme of "Together We Are Better Than Ever" was brought out in these activities.

TOGETHER WE MADE THIS YEAR SPECIAL!!



